### KIKR-AM Quarterly Report 2023 Q4

### **OCTOBER**

### 10/06/23 6:00am 30 Mins Cumulus Cares - Breast Cancer Awareness

One of our favorite guests was back on the air with us to discuss Breast Cancer Awareness Month. Regina Rogers CEO and founder of Gift Of Life program spoke to us on the ongoing mission.

10/13/23 6:00am 30 Mins Cumulus Cares - Sister To Sister International Back on the air this week with with Cheryl Brannan, founder and President of the Sister To Sister Foundation. She gave us an update & the latest of this nonprofit organization that links women, girls, and families to African descents globally.

### 10/20/23 6:00am 30 Mins Cumulus Cares - Veteran Job Fair

Dr. Harris, retired, a Veteran and retired president of the local TexVet Center, was in to talk about the upcoming annual Veterans Job Fair with the SETX Workforce..

## 10/29/23 6:00am 30 Mins Cumulus Cares - Legacy Community Health

Back with one of our re-occurring guests to talk about the latest and new strings o the Covid variant. Dr.St. Armand also shared with us the differences between the flu and Covid 19. Furthermore, he reminded everyone that we should all still be vigilant and mindful when it comes to large crowds in social settings.

### **NOVEMBER**

11/05/23 6:00am 30 Mins Cumulus Cares - Southeast Texas Food Bank

This week we were visited by the President of the Southeast Texas Food Bank, Barb Newhouse. They discussed the ongoing need for help all across SETX when it comes to assistancing families needing food during the upcoming holiday season.

**11/12/23 6:00am 30 Mins Cumulus Cares - Port Arthur Alumni Community Group** Talked to Kayla Jacobs briefly this week about the Port Arthur Community Group. This is an organization that helps families all across the Port Arthur area. This is a non-profit that was started by Mrs. Jacobs and her siblings.

# 11/19/23 6:00am 30 Mins Cumulus Cares - ChildCareGroup Spoke with returning guest Kim Purnell this week with thew SETX Workforce

Spoke with returning guest Kim Purnell this week with thew SETX Workforce. Ms.Purnell discussed the free child care that's available for parents, and how you can qualify for this program that will pay for childcare for a year.

# 11/26/23 6:00am 30 Mins Cumulus Cares - 21 Ways To Survive The Holidays

Practicing dentist Dr. Odiatu was with us to to talk about how to avoid over indulging during the holiday season. There are many ways to accomplish this, while still enjoying your time with family & friends.

## **DECEMBER**

# 12/03/23 6:00am 30 Mins Cumulus Cares - SETX Workforce

The director of the SETX Workforce Pamela Wise sat down with us to discuss the annual upcoming virtual job fair, as well as where we are here in 2023 with the unemployment rate in Southeast Texas.

# 12/10/23 6:00am 30 Mins Cumulus Cares - The Money Coach

Spent some time this week with "The Money Coach" Lynnette Khalfani Cox. She shared several different ways someone can begin to prepare for retirement. She spoke of what "tools" are generally needed for a successful savings for retirement.