

Trinity Broadcasting Network

Quarterly Report

January, February, March 2010

WWRS

Mayville, Wisconsin

Ascertainment List

Leading Community Issues

Results of ascertainment from civic leaders, response by telephone from TBN viewers, printed media comprising newspaper and magazine publications whenever possible.

HEALTH

ECONOMY

EDUCATION/SCHOOLS

SUBSTANCE ABUSE

CIVIC AFFAIRS

HOUSING

POLITICAL AFFAIRS

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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HEALTH

PR10-001	30:00	15:00	L	PA/O	01/01/10	12:00 PM
					01/02/10	02:30 AM
					01/04/10	10:30 AM
					01/05/10	02:00 AM

Jane Hooper, the Administrator for Clearview Long Term Care & Rehabilitation and Host Jackie Kahlhamer discuss changes at Clearview. Clearview provides a wide diversity of services for the elderly, those with dementia, those with brain injuries, behavioral issues and developmental disabilities. It is operated by the county. A study was done and has shown the best option would be to build a new building. The current buildings are aging and were not designed for today's health care needs. A new building would have a more homelike setting. Jane talked about Innovations in Healthcare. Currently at least 19 different counties send residents to Clearview. Dodge County takes a daily loss on these residents and is trying to come up with an assessment fee to charge the other counties. Not all counties have a facility such as Clearview. Clearview also does provide advanced care that other counties do not have available. Putting new technology into an old building can be challenging. They do use an advanced clinical charting system.

PR10-004	30:00	15:00	L	PA/O	01/29/10	12:00 PM
					01/30/10	02:30 AM
					02/01/10	10:30 AM
					02/02/10	02:00 AM
					02/04/10	02:30 AM

Walter Nencka, Secretary of the National Alliance on Mental Illness (NAMI) of Washington County, and Host Jackie Kahlhamer talk about help and support for those with mental illness. It is important to have someone advocate for those with mental illness. Regarding the stigma of mental illness, people tend to be more understanding, but it still exists. This can affect funding and getting volunteers to help at their drop-in center. Walter talked about the Positive Image Center which is open 7 days per week. It is a place for those with mental illness to go to socialize, learn and get peer support. Family and community support are very important for the mental health consumer. Families also need support to and need to learn to take care of themselves. The lives of those with mental illness can be rebuilt. They need to have hope. Walter has seen people recover and no longer have need of the services provided by NAMI.

PR10-005	30:00	15:00	L	PA/O	02/04/10	03:00 AM
					02/05/10	12:00 PM
					02/06/10	02:30 AM
					02/08/10	10:30 AM
					02/09/10	02:00 AM

Mary Briggs, A Therapist at Christian Life Counseling LLC., and Host Jackie Kahlhamer discuss stress. Mary talked about what stress is- a flee or flight response. Everything in our body responds to it. Blood flow changes and digestion is affected. These should go back to normal when the stress is overcome. In modern times, we are exposed to more chronic stress. Stress triggers don't come back down. There are also psychological responses to stress. Signs of stress include: sleep disturbances, headaches, back pain, heart disease, anxiousness, restlessness, anger, etc. It is important to determine if the stress is caused by external or internal factors and what changes can be made. Responses to stress can be controlled and new behaviors can be learned. Making small changes can bring success. Mary talked about things that can be done: getting enough sleep, taking a deep breath, releasing what we have no control over, forgiveness, etc. Counseling and support may be needed. People should do the things they love, become more involved and do good things for others. Physical stressors can be relieved and mental health can be improved.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
PR10-012	30:00	15:00	L	PA/O	03/22/10 03/23/10	10:30 AM 02:00 AM

Host Jackie Kahlhamer talks with Kurt Schmelz, Beaver Dam Community Hospital Speech-Language Pathologist, about speech-language therapy. Speech therapy is a broad field, which can include swallowing and cognitive communication disorders, and speech and communication issues. Kurt discussed some of the ways individuals can be affected by strokes, traumatic brain injuries, cancer, etc. There needs to be an avenue found that will help the patients to speak. Some individuals may be not be able to speak and may need to use writing or a white board. Speech disorders can be congenital or acquired. Swallowing disorders were discussed. Beyond the physical aspects, as important are the social aspects of not being able to swallow food. A holistic view of the patient is used in the treatment process. It is important for the individual to be able to interact as usual.

Health/Mental Health

700 Club NewsWatch #031710	CBN	1:00:00	5:00	REC	PA/O/E	03/17/2010	2:00 PM
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Lori Johnson, CBN News Reporter , says that Mercury is a deadly poison inside every one of us. It's in things like fish, dental fillings, and vaccines. Scientists agree that a little bit is okay, but warn not to over-do it. So how much is too much? Fish does contain mercury, and therefore some caution should be taken when choosing your fish and deciding how often to eat it. Much of the mercury in fish comes from coal-fired power plants. The emissions fall to the ground and are then washed into the waterways. Then it's absorbed by tiny organisms which are eaten by small fish, so the mercury stores in their bodies. When larger fish eat smaller fish, mercury accumulates, and builds-up to high levels in the big fish. So the fish at the top When choosing tuna, canned light tuna - which is the darker, cheaper variety - is low in mercury, and can be eaten twice weekly. But white tuna, albacore or sushi tuna, has more mercury and should be eaten no more than once a week for the high-risk groups. But what about the mercury in fish you catch in your local lake or river? If there's reason for concern, health departments will post signs on the banks of certain waterways, warning fishermen to be careful when eating fish caught there. Most state health departments will also post warnings about specific waterways on their Web page. If you are uncertain, play it safe and eat only one meal a week of fish you catch and no other fish during that week. In addition to eating fish, many of us are also exposed to mercury here at the dentist's office when we get a filling. Amalgam fillings, also known as silver fillings, contain 50 percent mercury. But don't panic if you have them. The American Dental Association and the Food and Drug Administration say it's safe. So watch out if your dentist suggests replacing your silver fillings because of the mercury. Some vaccines contain mercury, but not nearly as many as in the past. Years ago, mercury was common as a preservative in vaccines. But it is largely gone now. Many parents believe mercury in vaccines causes autism. So mercury is a poison that is part of our daily lives, such as in fish, dental fillings and vaccines. But it's important to separate fact from fear

Doctor to Doctor #239		28:30	28:30	REC	PA/O/E	1/05/2010	11:30 AM
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Dr. Caroline Leaf talked about how emotions can impact the body. The body and the mind are interlinked. A person can become physically ill because they are overwhelmed and can't think straight. Suppressed emotions can come out emotionally, physically and behaviorally. It is important to deal with our emotions as they come to our attention. **Dr. Michael Tick** talked about Transdermal Infusion. It's important to get the root of health problems rather than treat the symptoms. The skin is connected to all vital components of the body. By using the skin, we can see which organs are having a problem and then apply herbs directly to the skin. **Dr. Denise Brady** talked about oral health. Healthy gums should be pale pink in color. Symptoms of unhealthy gum could be bleeding when flossing for more than a week and bad odor. The number one cause of gum disease is the level of good and bad bacteria in the mouth are out of balance. This can also lead to other problems like heart disease. It's important to your dentist twice a year.

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Doctor #240	to Doctor	28:30	28:30	REC	PA/O/E	1/12/2010 11:30 AM

Dr. Dale Peterson talked about high fructose corn syrup and the claims made about it. It is not naturally made because it is no where found in nature. It is ok in moderation but moderation is no more than 32 grams of sweeteners per day. There are no studies showing the long term affects of it. People should avoid it and other sweeteners. **Dr. Ace Anglin** talked about bunions being a deformity that happens in about 30% of people. It most often is a problem for women because of narrow length and high heels. It's important to wear proper shoes. Rest, ice, compression and elevation can help manage bunion pain. **Dr. Robert Gear** talked about Spinal Degeneration which happens in three phases. Phase one the alignment of the spin is altered but the disc space remains the same. Phase two alignment continues to deteriorate and disc space it narrowed. Phase three joint space is no longer visualized. Prevention is recommended but sometimes surgery is required.

Doctor #241	to Doctor	28:30	28:30	REC	PA/O/E	1/19/2010 11:30 AM
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Dr. Dino Prato talked about Cardio Vascular disease. Although it can be impacted by genetics, dietary health does play a critical role. Deficiencies in antioxidants, vitamin C, amino acids, proline and lysine can impact it as well. It's important to change your eating habits, clean out toxins in the body and then provide the nutrients needed to heal. **Dr. Randy Brinson** talked about ulcers. Often they impact people with Chronic Reflux Disease. Symptoms can be obstruction of the stomach, bleeding, pain and discomfort. Doctors can use an endoscope and directly inject medicine into the ulcer or they can clip the vessel and hold into place. **Dr. Doreen Lewis-Overtton** talked about the Adrenal Gland, which was designed to regulate the endocrine system. Stress can throw it off resulting in mood swings, light headed, belly fat and problems sleeping. It's important to eat healthy, moderate exercise, eliminate toxins and see a doctor about getting your Adrenal Gland tested.

Doctor #242	to Doctor	28:30	28:30	REC	PA/O/E	1/26/2010 11:30 AM
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Dr. Lavert Robertson talked about Chronic Systemic Inflammation that has been linked to cancer, obesity, arthritis and Alzheimer's' disease. It is a result of a diet high in refined, processed and chemical food. Systemic Detoxification and cleansing will help the body to get rid of the garbage and maintain optimal balance. **Dr. Randall Sapp** talked about eye exams, which should happen once a year. There is a misconception that they are painful or scary. Case history, visual activity, preliminary testings, phoropter, slit lamp, ophthalmoscope and retinascopes are all used in the exam. **Dr. Amando Pineda** talked about stress. The body was meant to endure stress by producing Cortizone and Adrenaline. Stress all the time can lead to high blood pressure, mood swings, lack of sleep and depression. It's important to learn to relax by exercising or drinking tea.

Doctor #243	to Doctor	28:30	28:30	REC	PA/O/E	2/2/2010 11:30 AM
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Dr. Rita Hancock talked about true hunger. There are a lot of reason why people eat before they feel hunger pains. The apple test can determine if you are truly hungry or have a craving. If you are hungry, then eat what you enjoy in moderation. If you have a craving, then look at your emotions and thoughts that caused it. **Dr. Martin Finkelstein** talked about how our thoughts can lead to healing and being healthy. Thoughts are powerful and are related to our beliefs which affect our emotions. It's important to change the way we think and believe. **Dr. Bettye Alston** talked about common sense approaches to dealing with hypertension. Reduce stress, eat healthy, rest, exercise and drink plenty of water. It's also important to monitor your blood pressure and be seen regularly by your doctor.

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Doctor to Doctor #244	28:30	28:30	REC	PA/O/E	2/9/2010	11:30 AM

Dr. Bob DeMaria talked about toxins in the body. We are exposed to toxins every moment of the day in the air, water and food. The liver acts as a filter to help eliminate the toxins in the body. It's important to drink pure water, eat whole foods including vegetables and to exercise daily. **Dr. Gary Myers** talked about cavities in young children. A cavity is a bacterial infection called Strep Mutans. Cavities appear over time and are affected by how much and how often sugar is consumed. It is important to limit sugar, brush, floss and visit the dentist regularly. **Dr. Carl Schmidt** talked about men's health. For the prostate gland, it is important to eat a high quality food with clean oils such as flax or grape seed oil. Eating salad and nuts will help to nourish the prostate gland as well. Exercise that includes muscle building will help the body as well.

Doctor to Doctor #245	28:30	28:30	REC	PA/O/E	02/16/2010	11:30 AM
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Dr. Mark & Kathleen Brown talked about obesity. 1,000 American die each day because of obesity related diseases. It's important to get the right amount of sleep to maintain energy. It's also important to eat the right kinds of food and not put harmful substances like alcohol or drugs into your body. **Dr. Scott Farhart** talked about women's emotional health. The brain produces chemicals that can get out of balance and lead to emotional issues. 85% of women have some form of premenstrual syndrome. That can result in mood changes, irritability, anger, depression, bloating, forgetfulness and confusion. It's important to eat right and exercise. **Dr. Craig Travis** talked about developing resilience. We all experience negative events such as a loss of job, medical issues, move, divorce or loss of a loved one. We can't hide from life, but we can choose how to deal with it. Be positive and helping others along with good relationships can help a person get through a difficult time.

Doctor to Doctor #246	28:30	28:30	REC	PA/O/E	02/23/2010	11:30 AM
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Dr. Gene James talked about protein power. It is an essential nutrient used by all the muscles and major organs. It helps to rebuild and repair muscle tissue. Most people are deficient in protein by consuming less than 50 grams per day. Some sources of protein are eggs, dairy/milk products, lean meats and grains. **Dr. Dale Peterson** talked about weight control. Some obstacles are crash diets, medications, vitamin/mineral deficiencies, sleep disturbance, chronic stress and substance addition. It may be helpful to examine all areas if not successful with eating less and exercising more. **Dr. Ace Anglin** talked about hammertoes. It is a deformity of the toe that has become more rigid and less flexible. It can rub against the shoe resulting in pain. Some treatments are to rest the area, ice, compression, elevation, medication, padding and if necessary surgery.

Doctor to Doctor #247	28:30	28:30	REC	PA/O/E	03/09/2010	11:30AM
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Dr. Eric Braverman talked about heart disease. The heart is responsible for circulating blood through the body and can be hindered by clogged arteries and damaged valves. People get clogged arteries from having high cholesterol and damaged valves from the heart swelling. Garlic, fish oil, Taurine, green teas, safflower and olive oils are all natural remedies that can help to create a healthy heart. **Dr. Dino Prato** talked about stress and insomnia. Stress can cause heart attacks, hormonal issues, fatigue, weight gain and tension in neck/shoulders. It can also cause insomnia. Take a nap, pray throughout the day, practice breathing/relaxation techniques, hot bath and have a routine before going to bed to help reduce stress. **Dr. Elaine Greer** talked about women's health. A woman's check up can be frightening and a nervous experience. It's important to find a health care provider that you are comfortable with and can ask questions. Self breast examines should happen monthly. First mammogram should happen between the ages of 35-40. Menopause symptoms can be hot flashes, sleeplessness and a feeling of being on edge.

Doctor to Doctor #248	28:30	28:30	REC	PA/O/E	03/16/2010	11:30AM
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Dr. Caroline Leaf talked about differences between the male and female brain. Only 1% of genes are different between males and females. Women have 11% more linguistic neurons. Men have bigger spatial and temporal lobes in the brain. Both are equally intelligent but process information differently. **Dr. Rolando Toulon** talked about how it's important to take care of the spine and spinal cord because it affects the nervous system. The nervous system is responsible for sending signals to all organs and throughout the body. It's important to have the spine checked to make sure everything is functioning properly. **Dr. Scott Morris** talked about the leading causes of life. It's important to identify ways to lead a gentler life, express compassion and experience patience on a daily basis. We also experience a better life when we are doing activities that bring us joy, love and purpose.

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Doctor to Doctor #249	28:30	28:30	REC	PA/O/E	03/23/2010	11:30AM

Dr. Lavert Robertson talked about natural remedies that can help to keep the heart healthy. Grapes, Red Peppers, Bananas, Garlic and Onions are beneficial for a health heart. **Dr. Terry Overton** talked about shoulder injuries. It is the most problematic joint in the body because most of the injuries involve soft tissue. There are four muscles around the rotator cuff that can be torn, sprained or strained. Test and MRI can determine which muscle is injured. **Dr. Clark Gerhart** talked about how good hand hygiene can help stop the spread of viruses. The skin is a major defense in stopping viruses from entering the body. It's important to wash our hands and use hand sanitizer as often as possible.

ECONOMY

PR10-001	30:00	15:00	L	PA/O	01/01/10	12:00 PM
					01/02/10	02:30 AM
					01/04/10	10:30 AM
					01/05/10	02:00 AM

Host Jackie Kahlhamer talks with Matt Hanson, Dodge County UW Extension Crops & Soils Agent, about farming in the current economy. Cash grain and dairy are the predominant types of agriculture in Dodge County, along with a diverse variety of other types. Farmers have been affected by a number of issues- 2007 saw the increase in the prices of fertilizer and fuel. Commodity prices are flat. In 2008 there was a tremendous amount of rainwater that reduced feed inventory. Recently milk prices have been depressed. High input prices can cause farmer's equity to erode away. All types of farming have been impacted. Some farmers are becoming part of the buying locally movement. They do direct marketing to the consumer. This provides a bigger premium, but also a bigger risk. Some farmers are going out of business, some are hoping for a turnaround. Agriculture accounts for 59 billion dollars of activity in the state. In Dodge County, 10% of employment is related to agriculture. Modern farming requires more financial management and marketing aspects. Technology is expensive but it can provide tremendous cost savings.

PR09-051	30:00	15:00	L	PA/O	01/07/10	02:30AM
					01/08/10	12:00 PM
					01/09/10	02:30 AM
					01/11/10	10:30 AM
					01/12/10	02:00 AM

Fred Hebert, Executive Director of the Central Wisconsin Community Action Council, and Host Jackie Kahlhamer discuss helping those affected by economic conditions. CWCAC provides a local food pantry and homeless shelter, needed services that are directly related to the state of the economy. They have seen a 30% increase in the number of people receiving assistance. Many have lost jobs and there is an increase in the number of people returning to live at home with their parents. There has been a 10% increase in homelessness. Fred discussed what is available through the homeless shelter, New Beginnings. They respond to crisis situations and there is a long term program. It is important to reduce homelessness and its causes as much as possible. Food for the food pantry comes from federal commodities and from community donations. Fred does not believe they have reached the top yet regarding the number of those needing the pantry. They are poised to assist more. At the pantry, they will try to identify needs of the people attending. Referrals can be made to other social service agencies to help meet those needs. He encourages people to reach out those in need and to reach out if you need help.

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PR09-051	30:00	15:00	L	PA/O	01/07/10	02:30AM
					01/08/10	12:00 PM
					01/09/10	02:30 AM
					01/11/10	10:30 AM
					01/12/10	02:00 AM

Host Jackie Kahlhamer talks with Terri Respalje, Director of the Waupun Area Food Pantry, about increased food pantry usage. The number of those served at the pantry has increased over the last several months. The increase is a bigger jump than normal. Unemployment, sometimes with both spouses being unemployed, has been a large part of the increase. People are in need of more help for their rent, vehicles, utilities, gas and clothing. Terri sees marriages being affected by economic stress. Some who were donators a year ago are now those needing help. The community churches have come together to offer a free meal to those in need. The purpose is to give a hot meal and to teach how to serve others with respect, dignity and joy. Community response to the needs has been awesome. For those in need, this helps to re-establish faith that people care, that there will be an end to these hard times. It is important for them to be able to leave the pantry with hope.

PR10-002	30:00	15:00	L	PA/O	01/14/10	02:30 AM
					01/15/10	12:00 PM
					01/16/10	02:30 AM
					01/18/10	10:30 AM
					01/19/10	02:00 AM
					01/21/10	02:30 AM

Host Jackie Kahlhamer talks with Chip Beckford, about how nonprofits are affected by the current economy. Chip is the Executive Director of the Washington County Historical Society. Nonprofits are especially affected by the economy. When there is less money to spend, nonprofits suffer. Nonprofits are limited to their revenue sources, but they still must use the same business principles as for-profits. Grants are available but there is more competition for them than previously. They are hard to get. The Historical Society adds quality of life to the community. When a business is considering moving to a community, they look at what is available culturally. It is important to get young adults engaged, as they will be the next generation of leaders in the community.

PR10-004	30:00	15:00	L	PA/O	01/29/10	12:00 PM
					01/30/10	02:30 AM
					02/01/10	10:30 AM
					02/02/10	02:00 AM
					02/04/10	02:30 AM

Patrice Hoeschele, the Executive Director of the Hartford Area Development Corporation and Host Jackie Kahlhamer discuss Hartford's economy. Hartford's economy is hurting, just like everywhere else. Patrice does see inklings of moving forward. Some jobs were lost. It is absolutely critical to support businesses currently in the city. It is harder to attract new businesses than to keep existing ones. Patrice talked about targeted marketing and business to business connections. She goes up to the national level to support businesses. It is important to get technologically savvy. It is inexpensive and cost effective. Hartford has many cultural assets, which is important to business owners. This fits in with the motto, "Live where you work." There is a local movement to shop and eat locally. Businesses must be on top of the game on quality and must have an understanding of the international business climate. Getting credit and stimulus money has been challenging. Planning strategically for the future is important. Business owners are cautiously optimistic. The current economy has been a great opportunity to learn to work much more efficiently.

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EDUCATION/SCHOOLS

PR10-002	30:00	15:00	L	PA/O	01/14/10	02:30 AM
					01/15/10	12:00 PM
					01/16/10	02:30 AM
					01/18/10	10:30 AM
					01/19/10	02:00 AM
					01/21/10	02:30 AM

Gary Berger, Horicon School District Superintendent, and Host Jackie Kahlhamer discuss Horicon School District issues. Mr. Berger talked about the district's long range planning. A formal, board authorized plan should be done every 10 years. A committee consisting of community, board and staff members having been meeting to put this plan together. An environmental scanning of the district was done to determine strengths and weaknesses and then to develop a mission and vision statement and then goals. A formal plan is needed to verify what is important, what should be accomplished and how to best get there. Adjustments can be made if deemed necessary, pending board approval. High priorities for the long range plan include: working to create a positive learning environment, to better utilize technology and looking at co-curricular programs to provide more student opportunities. The district must prioritize the needs of the students, but not compromise the needs.

PR10-003	30:00	15:00	L	PA/O	01/22/10	12:00 PM
					01/23/10	02:30 AM
					01/25/10	10:30 AM
					01/26/10	02:00 AM
					01/28/10	02:30 AM

Host Jackie Kahlhamer talks with Dr. Don Childs, Beaver Dam Unified School District Superintendent, about BDUSD issues. Dr. Childs gave an overview of the budget the district is operating under. There has been a rapid growth in the poverty rate of the district- 40% of the students are in poverty. This makes the district eligible for additional federal funds. They will be starting a hot breakfast program. Children who are in poverty are performing well academically. A wider academic gap exists with the special education students. There will be a large focus to close this gap. Dr. Childs discussed the SAGE program. There is a maximum of 15 students per class for certain courses, which presents space and dislocation issues. School staff and board members are doing an excellent job. There will be a continued focus on student achievement and opportunities. Literacy and math are high priorities.

PR10-003	30:00	15:00	L	PA/O	01/22/10	12:00 PM
					01/23/10	02:30 AM
					01/25/10	10:30 AM
					01/26/10	02:00 AM
					01/28/10	02:30 AM

Pete Rettler, West Bend and Online Campus & Community Partner for Moraine Park Technical College, and Host Jackie Kahlhamer discuss online learning. Online learning provides a way for students who may be place or time bound and cannot attend traditional classes. Early on, the number of students enrolled doubled every year. This has since leveled off. MPTC has worked to make sure the retention rate is high, which is not always the case for other's online courses. Online learning is not for everyone. It does take a lot of self-discipline. There is a program used that keeps MPTC aware of student's engagement, or lack of, in the courses. The demand for online learning is expected to remain strong.

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PR10-005	30:00	15:00	L	PA/O	02/04/10	03:00 AM
					02/05/10	12:00 PM
					02/06/10	02:30 AM
					02/08/10	10:30 AM
					02/09/10	02:00 AM

Annette VanHook Thompson, Superintendent of the Dodgeland School District, and Host Jackie Kahlhamer talk about the Dodgeland School District. One building houses the entire student body, which allows the district to maximize personnel and partner high school and elementary students. The district has initiatives for preparing students for the 21st century. Starting with 4-year old kindergarten, math and reading skills are introduced. It is a SAGE school, which limits class sizes. In the high school, learning is relevant to life after school. A GED option exists for credit deficient students to help them repair the break in their learning. Getting students to work together and collaborate is a foundational skill the district works on. The district will start a class that will teach students the legal and ethical use of social networking. Technology is key to providing services to students, such as long distance learning. They can offer classes that students want, but the district does not offer. Struggling readers can receive extra help with a reading program. Challenges for small rural districts include money. Things must be prioritized. But there are smaller classes and personal attention benefits. Students must be prepared to compete in a global economy.

PR10-008	30:00	15:00	L	PA/O	02/25/10	02:30 AM
					02/26/10	12:00 PM
					02/27/10	02:30 AM
					03/08/10	10:30 AM

Host Jackie Kahlhamer talks with Charles Reese, Program Coordinator for the I Have A Dream Foundation, about opening the doors to college. Children enrolled are mostly from low income neighborhoods. The IHADF enrolls children starting in elementary school. If they finish the program, they qualify for college tuition. To be in the program, there must be active participation in tutoring, enrichment programs and parental involvement. Parental involvement is a challenge, as it is all over the United States. Some parents have pursued education as a result of their child being in the program. Students in the program are called "dreamers." A college education is the most important way out of poverty for most of the students. The program has lost some kids. When there are family problems, homelessness, no food or employment, education becomes secondary- it is not part of the survival mode. It is necessary to keep up with the message that education is very important. Students have improved while being a part of IHADF. Students in the program have improved their attitude and behavior, and they are striving to be better students.

SUBSTANCE ABUSE

PR10-006	30:00	15:00	L	PA/O	02/11/10	02:30 AM
					02/12/10	12:00 PM
					02/13/10	02:30 AM
					02/15/10	10:30 AM
					02/16/10	02:00 AM
					02/18/10	02:30 AM

Washington County Sheriff Dale Schmidt and Host Jackie Kahlhamer discuss fighting substance abuse. Sheriff Schmidt talked about the Drug Unit and why it was formed. There are a number of local law enforcement agencies that work to together to combat drug abuse. A recent federal grant will allow the adding of a deputy to specifically fight prescription drug abuse. There has been a large increase in the problems associated with this type of substance abuse, such as residential burglaries. Prescription drug abuse can be more challenging to fight than other forms of illegal drug use. It is the abuse of a legal drug, so it must determined if this drug was used in an illegal manner. The county has had a number of deaths from drug overdose, many of those from narcotic use. Prescription drug abuse has probably displaced marijuana as being the gateway drug leading to other forms of drug abuse. Mixing the drugs with alcohol adds to the danger involved. Heroin use is rising- heroin and prescription drug abuse go hand in hand. Heroin is cheaper and is dangerous. Sheriff Schmidt believes that strong family support is very important in fighting drug abuse. But at times, it is not always enough. Using a multifaceted approach to combating drug use includes: keeping dealers on the run, using a K-9, keeping officers educated on current trends, etc. It is important to see if there are changes in drug abuse dynamics and change things accordingly.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
PR10-007	30:00	15:00	L	PA/O	02/18/10	03:00 AM
					02/19/10	12:00 PM
					02/20/10	02:30 AM
					02/22/10	10:30 AM
					02/23/10	02:00 AM

Molly Soblewski, Dodge County Patrol Dept. Captain, and Host Jackie Kahlhamer discuss drunk driving. Drunk driving is serious and widespread even with all the information and education about the dangers and costs of it. The number of arrests and injuries/deaths is still on the rise. A driver can be considered impaired even if they are below the .08 blood alcohol level. The can depend on a number of issues- if there has been a previous drunk driving charge, other drug use, tolerance, weight, etc. Captain Soblewski believes the current laws give people the impression that a drunk driving offense is tolerated on the same level as other traffic offenses. Act 100 will go into effect on July 1st, which will increase the consequences of drunk driving. She believes the state needs to look at the big picture of excessive alcohol use and the problems it causes. The best message is: if you are going to drink, don't drive. Alcohol use is ingrained in our culture, but people must clue in that they can not drink and drive. Captain Soblewski talked about how officers and other emergency workers are affected when they come upon a horrible accident scene. It is very difficult for them and also for the family members when the officers have to make a death notification. It is so negative and so preventable.

PR10-007	30:00	15:00	L	PA/O	02/18/10	03:00 AM
					02/19/10	12:00 PM
					02/20/10	02:30 AM
					02/22/10	10:30 AM
					02/23/10	02:00 AM

Host Jackie Kahlhamer and Mary Simon talk over how substance abuse affects families. Mary is the Executive Director of The Council on AODA of Washington County. Substance abuse does not affect only the one abusing- it affects at least 4 other people. Spouses and children are directly affected. Lots of promises are made that are broken because they cannot be kept. Children may be affected in school. Maybe they are really tired because they couldn't sleep due to their parents arguing. Their homework may go undone because they had to take care of an affected parent. They may be acting out in school. They often feel to blame for the problem. They need to talk about it and be assured it is not their fault. Extended family members are also affected. Sometimes the one abusing isolates themselves from the family. Family member may try to help by being enablers, which is not helping. They must allow the one who is abusing to feel the consequences. It is hard for family members to not call in sick for them, not make excuses or cover-up. Family members need to find a support system and take care of themselves. Mary has seen many recoveries from substance abuse.

PR10-008	30:00	15:00	L	PA/O	02/25/10	02:30 AM
					02/26/10	12:00 PM
					02/27/10	02:30 AM
					03/08/10	10:30 AM

Debra Gatzke, the Coordinator for the Dodge Jefferson Healthy Lifestyle Integration Pilot Project, and Host Jackie Kahlhamer discuss substance abuse and healthy lifestyles. A healthy lifestyle is one that promotes physical and mental well-being. Debra discussed the negative ways alcohol dependency and tobacco affect health. Alcohol dependency and tobacco use together magnify the negative health effects. Treatment for alcohol dependency should also include tobacco dependency treatment. It is a myth that only one needs to be stopped. Nicotine increases the desire for alcohol. Those who are dependent on alcohol and/or tobacco should see a healthcare provider for assessment and treatment options. Healthy eating and exercise are conscious decisions to improve the ability to make improvements and bring about a sense of self-care. Debra hopes future programs will be integrated to stop all addictions at one point.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
PR10-011	30:00	15:00	L	PA/O	03/19/10	12:00 PM
					03/25/10	02:30 AM
					03/29/10	11:00 AM

Mayville Police Officer Ryan Vossekuil and Host Jackie Kahlhamer talk about substance abuse and its effects. Officer Vossekuil is also a Drug Recognition Expert, one of only about 150 in the entire state. The most widely abused substances are alcohol, marijuana and prescription drugs. Prescription abuse is the most dangerous. Substance abuse has increased in these hard economic times, along with all types of crimes, especially property crimes. Crime is often a byproduct of substance abuse. Substance abuse is a serious problem in the community (just as it is in other communities.) It deeply affects families and friends of the one abusing. It puts a strain on law enforcement. Those with abuse issues need to get help. Education and awareness of addiction dangers are some of the best ways to combat abuse. Every police officer has sees the effects of substance abuse on a daily basis. Help is available for those with substance abuse issues and they should not be afraid to ask for help.

CIVIC AFFAIRS

PR10-006	30:00	15:00	L	PA/O	02/11/10	02:30 AM
					02/12/10	12:00 PM
					02/13/10	02:30 AM
					02/15/10	10:30 AM
					02/16/10	02:00 AM
					02/18/10	02:30 AM

Host Jackie Kahlhamer talks with Brian Esselman, President of the Village of Iron Ridge about the village. Brian talked about the budget- which is always tight. Energy and employee costs are the largest parts of the budget. The village did not raise taxes. Other taxing authorities raised their taxes, so tax bills did go up. Brian talked about how they were affected by shared revenue from the state. Of concern to him are the proposed green initiative mandates that would cause a sharp rise in energy costs. It would drastically affect the budget, and would mean substantial tax increases. Federal stimulus money has been very difficult to get to repair existing infrastructure. They are hoping to receive a grant for a sewer project.

HOUSING

PR10-009	30:00	15:00	L	PA/O	03/12/10	12:00 PM
					03/13/10	02:30 AM
					03/15/10	10:30 AM

Host Jackie Kahlhamer talks with Antonio Riley, the Executive Director of WHEDA, about affordable housing loans. Home ownership is often the first part of the journey towards the accumulation of assets and wealth. More housing transactions help create a bigger tax base. WHEDA requires potential homebuyers to take education classes. This reduces the chances of making a bad financial decision. Not more than 30% of gross income should go for housing costs. Mr. Riley discussed a new program that will make loans available. Any state resident can apply for WHEDA loans. There are income requirements. He has seen successes where people were able to afford a home.

PR10-009	30:00	15:00	L	PA/O	03/12/10	12:00 PM
					03/13/10	02:30 AM
					03/15/10	10:30 AM

Antonio Riley, the Executive Director of WHEDA, and Host Jackie Kahlhamer talk over housing and economic development- the two of them walk together. A company expanding in an area will need a workforce that can afford to live in the area. Jobs are created as a result of housing being built. This includes rental properties and the buying of foreclosed properties. There is a targeted strategy to reach into the communities and identify local businesses and employers. Mr. Riley explained the strategy to focus on creating opportunities for minority owned businesses. Home ownership helps alleviate other societal ills and supports the school system through the tax base.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
PR10-011	30:00	15:00	L	PA/O	03/19/10 03/25/10 03/29/10	12:00 PM 02:30 AM 11:00 AM

Barbara Hagedorn, the Executive Director of Dodge County Housing Authority, and Host Jackie Kahlhamer discuss affordable housing. DCHA provides housing that is safe, sanitary and decent for those with low income. The government standard for rental payment is not more than 30% of gross income for housing expenses. There are different types of housing rental helps available. The Authority has some rental buildings for seniors, disabled and families. Section 8 is HUD funded where payments are made directly to landlords. The Section 8 vouchers program has a waiting list. Applications are not accepted if the wait is expected to be more than 1 year. This is the case now. The need for affordable housing is growing. Barbara is seeing a greater number of people who never had to ask for help before. People often don't know how to reach out. Even if the waiting list is closed, people should still contact DCHA. They may be able to find other agencies to refer them to.

PR10-012	30:00	15:00	L	PA/O	03/22/10 03/23/10	10:30 AM 02:00 AM
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Melissa Bublitz, the Executive Director of the West Bend Housing Authority, and Host Jackie Kahlhamer converse about affordable housing. There has been a definite increase in the need for low income housing, particularly for young families. There is not sufficient housing to meet the need. There is a minimum 5 year waiting list in West Bend. Unemployment and underemployment have helped to fuel the need. There are also other area community agencies to help people. This is positive, but a negative aspect is that it is not one-stop shopping. Melissa discussed the different types of housing help available for seniors, the disabled and other persons with low-income. She encourages anyone who needs help to call. Sometimes things not available in a community, or through one agency, may be available through others. Family Promise is a newer organization that helps those who are homeless. Agencies stay in communication with each other to help find affordable housing for those needing it. Even if a list is long, people should apply because situations can change and they may move up on the list.

PR10-010	30:00	15:00	L	PA/O	03/26/10 03/27/10 03/29/10	12:00 PM 02:30 AM 10:30 AM
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Host Jackie Kahlhamer talks with Kelly Hoffmann, President of the Dodge County Board of Realtors, regarding the Dodge County real estate market. The market in Dodge County is better than in most counties and is very stable. Home values have fallen some. It is definitely a buyers market. There is a lot of inventory, good interest rates and government tax credits are incentives to buy a home. Foreclosure rates are stable and she doesn't see an end to them anytime soon. The foreclosure rates are much higher than in previous years. Sellers should be realistic when putting their home on the market, regarding the value of the house. Price, curb appeal and first impressions are important when selling. A house bought 5 years ago may not have gone up in value. Kelly discussed buying foreclosed property and what to consider when doing this.

POLITICAL AFFAIRS

PR10-010	30:00	15:00	L	PA/O	03/26/10 03/27/10 03/29/10	12:00 PM 02:30 AM 10:30 AM
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Karen Gibson, the Dodge County Clerk, and Host Jackie Kahlhamer discuss the Dodge County spring 2010 elections. Spring elections are non-partisan. Karen discussed what will be on the ballots- county supervisors, a court of appeals judge, village trustees, mayors, alderpersons, etc. Voters must be registered, but they can register at the polls. They must have their driver's license or state I.D. number and proof of residency. The process for obtaining an absentee ballot was discussed. Anyone can get an absentee ballot- they do not have to be out of the area. Local elections are just as important as national ones. Even so, a low voter turnout is expected. Voters were encouraged to exercise their city duty to vote. Voting is both a duty and a privilege.

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