

KSKA
Anchorage, Alaska
Quarterly Program Topic Report (Q4)
10/01/2022 – 12/31/22

During this quarter, this station gave particular attention to the issues listed in the following report. These issues are not listed in order of importance and it should be noted that the station may have also aired other programming that was responsive to the community's informational needs.

Issue	Program	Date	Time	Duration
Health	Outdoor Explorer	10/06/22	10AM & 8PM	60 min

Description: On the next Outdoor Explorer we'll hear from Daniel Lieberman, author of "Exercised: Why something we never evolved to do is healthy and rewarding." Dr. Lieberman is a professor of human evolutionary biology at Harvard University. If you are familiar with the book "Born to Run," you'll recognize his name as one of the foundational researchers on humans and running.

Issue	Program	Date	Time	Duration
Health	Line One: Your Health Connection	10/05/22	10AM & 8PM	60 min

Description: Hormones are messages that travel through the bloodstream to relay instructions to the body. They are often prescribed in situations where our bodies are not providing enough for us to function at our best. Hormones also naturally decline as we age which may poorly affect our overall quality of life and health. Men also experience a decline in testosterone and other hormones, and replacement is just as important for them as it is for women.

Issue	Program	Date	Time	Duration
Health	Line One: Your Health Connection	10/12/22	10AM & 8PM	60 min

Description: Around 22 million Americans suffer from obstructive sleep apnea. The treatment often involves wearing a mask to sleep at night. Inspire is a new technology that eliminates the need for a mask by implanting a small device in the chest to stimulate breathing while you sleep. It is similar to a pacemaker and is now being offered in Alaska. Join host Dr Justin Clark as he explores this new device on Line One.

Issue	Program	Date	Time	Duration
Culture	Hometown, Alaska	10/10/22	10AM & 8PM	60 min

Description: On the next Hometown Alaska host Justin Williams is joined by two Alaska Native advocates for a discussion about what it means to be Indigenous and how to celebrate Indigenous People's Day all year. We'll also hear from the first Native American poet laureate, Joy Harjo.

Issue	Program	Date	Time	Duration
Culture	Hometown, Alaska	10/24/22	10AM & 8PM	60 min

Description: On the next Hometown Alaska, meet Svaya Worthington of Chugiak. When she was just a young girl, her family fled Lithuania on foot to avoid Russian brutality, events that echo in Ukraine today. Worthington preserved those stark memories, along with her great pride for an independent Lithuania, in a small public museum she curates in Chugiak.

Issue	Program	Date	Time	Duration
Culture	Hometown, Alaska	11/07/22	10AM & 8PM	60 min

Description: In the 90s, the Alaska Museum of Science and Nature first opened their doors in Eagle River. These days, it's in Anchorage and is a community staple in Mountain View. This week on Hometown Alaska we hear from executive director Elizabeth Whitney about the Museum's exhibits, legacy, and impact.

Issue	Program	Date	Time	Duration
Civil Rights	Talk of Alaska	10/18/22	10AM & 8PM	60 min

Description: Every 10 years, Alaskans vote on whether or not to hold a constitutional convention. The state constitution has been amended many times, but Alaskans have always voted down a second convention in the past. This year there are active campaigns on both sides and on a special edition of Talk of Alaska, we'll air a recent debate that was held in Anchorage on the pros and cons of reopening the entire constitution to potential change.

Issue	Program	Date	Time	Duration
Civil Rights	Talk of Alaska	10/25/22	10AM & 8PM	60 min

Description: This year, Alaskans are deciding whether or not to hold another constitutional convention, but how do you decide if you want to change the constitution if you don't understand the current one? On this week's Talk of Alaska, ask questions of constitutional experts about Alaska's constitution and the foundational laws of the state.

Issue	Program	Date	Time	Duration
Civil Rights	Hometown, Alaska	10/31/22	10AM & 8PM	60 min

Description: With Election Day in less than two weeks and early voting already underway, we want to answer any of your last minute questions about this year's election. On the next Hometown, Alaska, join us for a live call-in with the director of the state's Division of Elections, learn about election security, and make sure you are ready to head to the polls.

Issue	Program	Date	Time	Duration
Mental Health	Line One: Your Health Connection	10/26/22	10AM & 8PM	60 min

Description: Trauma is defined as an event or a series of events that threatens physical injury or death and causes feelings of extreme terror and helplessness. Feelings of panic and fear, depression, and substance abuse problems are common outcomes for people experiencing PTSD. On the Next Line One, Trauma survivor Michael Baldwin, and Dr. Deborah Korn Will join Line one Host, Prentiss Pemberton to discuss their new book "Every Memory Deserves Respect".

Issue	Program	Date	Time	Duration
Mental Health	Line One: Your Health Connection	11/09/22	10AM & 8PM	60 min

Description: As mental health needs in Alaska and the nation increase it has become harder to find resources for care, particularly for children and teens. Issues with inpatient care in Alaska have made headlines. However, there are newer intensive outpatient programs that help to bridge this gap.

Issue	Program	Date	Time	Duration
Mental Health	Line One: Your Health Connection	11/23/22	10AM & 8PM	60 min

Description: Difficulty sleeping has affected all of us at one time or another. Lack of sleep or inadequate sleep can have drastic consequences for our day to day functioning as well as our overall health and happiness. What is insomnia? What is seasonal affective disorder or SAD? What is the difference between snoring and sleep apnea? Join us as we revisit an episode from earlier this year discussing these and other sleep-related issues.

Issue	Program	Date	Time	Duration
Economy	Talk of Alaska	11/08/22	10AM & 8PM	60 min

Description: Safety, international cooperation, economic opportunity and environmental protection are all part of the White House's new 10 year National Strategy for the Arctic. The plan was released in October amid heightened concerns for future stability and security in the region. As Russia and China lay claim to future arctic resources, what is the U.S. plan for maintaining peace? We'll discuss the way forward with the nation's new arctic ambassador on the next Talk of Alaska.

Issue	Program	Date	Time	Duration
Economy	Talk of Alaska	11/15/22	10AM & 8PM	60 min

Description: Inflation in the United States is at a 40-year high, driving up the already-inflated prices of food around Alaska. Low salmon runs in parts of the state and wide-scale natural disasters have also affected subsistence living, leaving many Alaskans struggling to feed their families. What is the current state of food insecurity in Alaska, and what resources are available. We'll talk with folks working to get food to those who need it, on the next Talk of Alaska.

Issue	Program	Date	Time	Duration
Economy	Hometown, Alaska	12/05/22	10AM & 8PM	60 min

Description: Alaska's statewide affordable housing crisis has many causes and many solutions. This week on Hometown Alaska, host Anne Hillman speaks with experts who are working to make housing accessible for everyone, and from one new homeowner who helps us understand why it matters so much.

Issue	Program	Date	Time	Duration
Environment	Talk of Alaska	10/04/22	10AM & 8PM	60 min

Description: Dozens of different minerals are required to make everyday items like cell phones and batteries. Now new federal climate legislation includes a provision that could spur efforts to develop more of these critical minerals right here in Alaska. But what are those minerals? And what does the growing global demand for them mean for mining in the state? We'll discuss the future of critical minerals on the next Talk of Alaska.

Issue	Program	Date	Time	Duration
Environment	Outdoor Explorer	10/27/22	10AM & 8PM	60 min

Description: On the next Outdoor Explorer, my guests are Laura Marcus and Zach Brown, the founders of the Tidelines Institute. On two campuses along Icy Strait in Southeast, Tidelines Institute offers a variety of immersive courses centered around environmental leadership and science education.

Issue	Program	Date	Time	Duration
Environment	Hometown, Alaska	11/14/22	10AM & 8PM	60 min

Description: This week on Hometown Alaska, host Kathleen McCoy dives into the fascinating and sometimes mysterious lives of owls. Join her for a conversation with biologists who have devoted their own lives to researching and rehabilitating the animals as well as a photographer who loves to document wildlife.