

# WCKB 780-AM

## ISSUES / PROGRAMS

*January, February and March, 2010*

1. I--Listeners wanted information about area job openings.  
P--WCKB aired a 5 minute report of local job listings, provided by the Dunn office of the North Carolina Employment Security Commission, each Monday at 12:45pm.
2. I--Listeners needed information on Social Security benefits, services and requirements.  
P--WCKB aired a 5 minute report, provided by the Fayetteville office of the Social Security Administration, each Tuesday at 12:45pm. A topic listing is attached.
3. I--Listeners wanted to know about problems and issues faced by senior citizens.  
P--WCKB aired a 1 minute feature, "Elder Care Made Easier," each Wednesday at 12:45pm. A topic listing is attached.
4. I--Listeners needed information about personal and public health issues.  
P--WCKB aired a 5 minute report, provided by the Harnett County Department of Public Health, each Thursday at 12:45pm. A topic listing is attached.
5. I--Listeners wanted to hear about programs and services offered by the Extension Service.  
P--WCKB aired a 5 minute report, provided by the Harnett County Cooperative Extension Service, each Friday at 12:45pm. A topic listing is attached.
6. I--Listeners wanted advice on issues facing today's families.  
P--WCKB aired "James Dobson Family Minute," a 1 minute report provided by Focus on the Family, Monday through Friday at 1:30pm. A topic listing is attached.
7. I--Listeners wanted information on issues faced by home schooling families.  
P--WCKB aired "Home School Heartbeat," a 2 minute report provided by the Home School Legal Defense Fund, each Sunday at 7:57am. A topic listing is attached.
8. I--Listeners wanted information on issues faced by and services available to military personnel, veterans, and their families.  
P--WCKB aired "American Forces Press Services Podcasts," found at [www.pentagonchannel.mil](http://www.pentagonchannel.mil). These 6-8 minute segments aired each Sunday at 10:38am. A topic listing is attached.
9. I--Listeners wanted information on statewide employment trends and available services.  
P--WCKB aired a 1 minute report provided by the North Carolina Employment Security Commission each Sunday at 10:45am. A topic listing is attached.
10. I--Listeners wanted information about credit, budgeting and finance.  
P--WCKB aired "My Money Life," a 2 minute report provided by Crown Financial Ministries, each Sunday at 10:47am. A topic listing is attached.
11. I--Listeners wanted current information on medical research and recommendations.  
P--WCKB aired a report from "Johns Hopkins Health Newsfeed", each Sunday at 10:51am. A topic listing is attached.

12. I--Listeners wanted current information on consumer interest topics.  
P--WCKB aired "Consumer Time," a 3 minute report provided by the United States Department of Agriculture, each Sunday at 10:53am. A topic listing is attached.
13. I--Listeners needed information on current agricultural issues and trends.  
P--WCKB aired "Ag Update," a 2 1/2 minute report provided by the United States Department of Agriculture, each Sunday at 10:57am. A topic listing is attached.
14. I--Listeners expected station participation in local charities and events.  
P--WCKB aired remote broadcasts and special interviews and public service announcements, and participated in local events. A list of these events and broadcasts is attached.

**SOCIAL SECURITY REPORT** (January - March, 2010)

1/05/10	Brenda Brown	Resolve to reach a comfortable retirement
1/12/10	.....	Retirement estimator even better than before
1/19/10	.....	SS web services target needs of small business owners
1/26/10	.....	What you may not know about Medicare
2/02/10	.....	Patty Duke & Dr. David Kessler ask you to help stop the spread of influenza
2/09/10	.....	Questions & answers
2/16/10	.....	For you & your valentine
2/23/10	.....	Chubby Checker announces new "twist" in medicare law
3/02/10	.....	To tax or not to tax: a SS question
3/09/10	.....	SS showcases history in 75th year
3/16/10	.....	Divorced? You're not separated from SS
3/23/10	.....	Questions & answers
3/30/10	.....	March marches on

**ELDER CARE MADE EASIER**  
Dr. Marion Somers

*(January - March, 2010)*

- |         |                         |
|---------|-------------------------|
| 1/06/10 | Weight loss             |
| 1/13/10 | Moving your parents in  |
| 1/20/10 | Forgetfulness           |
| 1/27/10 | Be honest               |
| 2/03/10 | Parkinson's disease     |
| 2/10/10 | Social security         |
| 2/17/10 | Get organized           |
| 2/24/10 | Tasty beverages         |
| 3/03/10 | Paranoid schizophrenia  |
| 3/10/10 | Ask the right questions |
| 3/17/10 | Picky eaters            |
| 3/24/10 | Move the body           |
| 3/31/10 | Healthy aging tactics   |

**HEALTH DEPARTMENT REPORT**

*(January - March, 2010)*

1/07/10	Belinda Rayner	Medicine safety
1/14/10	*****	Resolutions for a healthier new year
1/21/10	*****	House Bill 2--the restaurant smoking ban
1/28/10	*****	Women & heart disease
2/04/10	*****	National Wear Red Day
2/11/10	*****	American Heart Month
2/18/10	*****	Heart attack warning signs
2/25/10	*****	Dental Health Month
3/04/10	*****	National Nutrition Month
3/11/10	*****	Healthy eating on a budget
3/18/10	*****	Eat more fruits & vegetables
3/25/10	*****	Physical activities & health

**COOPERATIVE EXTENSION SERVICE REPORT**

*(January - March, 2010)*

1/01/10	James Choate	Soil acidity & soil testing
1/08/10	*****	Weather
1/15/10	*****	Energy production & consumption
1/22/10	*****	Biodiesel
1/29/10	*****	Ethanol
2/05/10	Wanda Hardison	Preventing frozen pipes
2/12/10	*****	Weatherizing your home
2/19/10	*****	Preventing carbon monoxide poisoning
2/26/10	*****	The magic list of parenting
3/05/10	Emily Worrell	Healthy eating
3/12/10	*****	Giving & receiving praise
3/19/10	*****	Tips to stop thumb sucking
3/26/10	Debbie Byrd	Encourage kids to wait to have sex

## For Use in Promoting **James Dobson Family Minute®** Broadcasts

**Friday, January 1:** *Even in the Mystery*

Are you finding it hard to be thankful? On the next "**James Dobson Family Minute,**" Dr. James Dobson offers a prayer of encouragement. Find out more at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**" with Dr. Bill Maier!

**Monday, January 4:** *Like a Man*

A strong, loving father makes all the difference in a son's life. Find out how at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**" with Drs. James Dobson and Bill Maier!

**Tuesday, January 5:** *Why Fast?*

Want to know what fasting is all about? Find out more at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**" as Drs. James Dobson and Bill Maier discuss fasting as a spiritual discipline!

**Wednesday, January 6:** *Adult Children of Alcoholics*

Psychologists and family advocates Dr. James Dobson and Dr. Bill Maier address the struggles adult children of alcoholics face. Find out more at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**"!

**Thursday, January 7:** *Stability*

At (Time: \_\_\_\_\_) on "**James Dobson Family Minute,**" author Dr. James Dobson and colleague Dr. Bill Maier remind parents that children need permanent, long-term relationships.

**Friday, January 8:** *Men's Ministries*

Authors Dr. James Dobson and Dr. Bill Maier discuss why men are staying home from church. Find out more at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**"!

**Monday, January 11:** *Vitamin "M"*

At (Time: \_\_\_\_\_), with Dr. Bill Maier on "**James Dobson Family Minute,**" psychologist and author Dr. James Dobson explains that the marriage relationship is one that should build both partner's confidence and self-worth.

**Tuesday, January 12:** *Protracted Adolescence*

Is the right of passage delayed in our culture? Find out at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**" with Drs. James Dobson and Bill Maier!

**Wednesday, January 13:** *Close Neighbors*

Mind, body and spirit are all related. Find out more at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**" with Drs. James Dobson and Bill Maier!

**Thursday, January 14:** *Confronting Sassiness*

At (Time: \_\_\_\_\_) on "**James Dobson Family Minute**," psychologists Dr. James Dobson and Dr. Bill Maier provide insight on drawing boundaries which allow children to express their emotions without being disrespectful!

**Friday, January 15:** *Mid-Life Crisis: Buying Into the System*

On the next "**James Dobson Family Minute**" at (Time: \_\_\_\_\_) with Dr. Bill Maier, author and psychologist Dr. James Dobson offers insight into what can trigger a man's mid-life crisis.

**Monday, January 18:** *Resources for Christian College*

Next time on "**James Dobson Family Minute**," psychologist and author Dr. James Dobson offers ideas on affording a Christian college education for your kids! That's with psychologist Dr. Bill Maier at (Time: \_\_\_\_\_) on "**James Dobson Family Minute**"!

**Tuesday, January 19:** *A Candid Warning*

An interview with a serial killer confirms that pornography can be a catalyst for destructive behavior. Learn more at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**" with Drs. James Dobson and Bill Maier!

**Wednesday, January 20:** *Moving Too Fast*

At (Time: \_\_\_\_\_) with Dr. Bill Maier on "**James Dobson Family Minute**," speaker and psychologist Dr. James Dobson expresses concern for families that get so caught up in life's pressures that there is little emotional energy left for each other.

**Thursday, January 21:** *Parents Encouraging Newlyweds*

Next on "**James Dobson Family Minute**" at (Time: \_\_\_\_\_), psychologists Dr. James Dobson and Dr. Bill Maier illustrate how parents should respond when their child's marriage encounters problems.



**Friday, January 22:** *Little Boys Lost*

At (Time: \_\_\_\_\_) on "**James Dobson Family Minute**" with Dr. Bill Maier, psychologist Dr. James Dobson discusses how child development effects who we become as adults.

**Monday, January 25:** *A Stolen Right*

It's challenging to take an unpopular stance on an issue. Psychologist Dr. James Dobson encourages listeners who stand up for the right of the unborn child. Find out more at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**" with Dr. Bill Maier!

**Tuesday, January 26:** *Loved too Deeply*

At (Time: \_\_\_\_\_) on "**James Dobson Family Minute,**" psychologists Dr. James Dobson and Dr. Bill Maier discuss the necessity of learning to release grief.

**Wednesday, January 27:** *Time for Compassion*

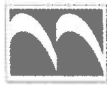
Do you have a troubled teen? Family advocate Dr. James Dobson asks "how would YOU respond to a crisis in her life?" Find out more at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**" with Dr. Bill Maier!

**Thursday, January 28:** *Euthanasia: A Gradual Deception*

Coming up at (Time: \_\_\_\_\_) on "**James Dobson Family Minute,**" Dr. Bill Maier and colleague psychologist Dr. James Dobson, warn against the deception of euthanasia.

**Friday, January 29:** *Ethical Alternatives*

Why all the controversy over embryonic stem cell research? Find out more at (Time: \_\_\_\_\_) on the next "**James Dobson Family Minute**" as Drs. James Dobson and Bill Maier discuss how supporting alternative methods may hopefully put the stem cell debate to rest.



BRIARGATE  
M E D I A

SPOT PROMOTION

Contact: Bill Abbeckle • P.O. Box 498 • Colorado Springs, CO 80901 • 719.534.3300

FOCUS ON THE FAMILY  
PROGRAMMING  
LIVE PROMOTIONAL COPY

James Dobson  
FAMILY  
MINUTE®

February 2010

"James Dobson Family Minute"  
Promos, February 2010

James Dobson  
FAMILY  
MINUTE

For Use in Promoting  
James Dobson Family Minute® Broadcasts

**Monday, February 1:** *No Moral Difference*

Need a little clarity? Author and psychologist Dr. James Dobson suggests there's no moral difference among different sexual sins. Find out more at (Time: \_\_\_\_\_) on the next "James Dobson Family Minute" with Dr. Bill Maier!

**Tuesday, February 2:** *Water Your Love*

At (Time: \_\_\_\_\_) on "James Dobson Family Minute" with Dr. Bill Maier, psychologist Dr. James Dobson presents a story from early in his marriage that emphasizes the need to spend quality time with your spouse!

**Wednesday, February 3:** *Atheism Repackaged*

Atheism has found new footing in current circles. Find out what this can mean for you and your faith at (Time: \_\_\_\_\_) on the next "James Dobson Family Minute" with Drs. James Dobson and Bill Maier!

**Thursday, February 4:** *Finding Areas of Strength*

At (Time: \_\_\_\_\_) on "James Dobson Family Minute," Drs. James Dobson and Bill Maier illustrate how sibling rivalry is often rooted in a child's desire to establish his own identity!

**Friday, February 5:** *A Father's Responsibility*

Hey, Dad — it's a boy — now what? Stay tuned to find out more at (Time: \_\_\_\_\_) on the next "James Dobson Family Minute" with Drs. James Dobson and Bill Maier!

**Monday, February 8:** *The Family Haven*

Coming up at (Time: \_\_\_\_\_) on "James Dobson Family Minute," best-selling author Dr. James Dobson, with colleague Dr. Bill Maier, shares how he taught his children to promote unity and a sense of refuge within the home!

**Tuesday, February 9:** *This Beautiful Design*

Random mutation? At (Time: \_\_\_\_\_) on "James Dobson Family Minute" with Dr. Bill Maier, psychologist Dr. James Dobson discusses the greatest example of intelligent design.

"James Dobson Family Minute"  
Promos, February 2010

James Dobson  
FAMILY  
MINUTE

**Wednesday, February 10:** *Adolescent Sexuality, The Fundamental Battle*

At (Time: \_\_\_\_\_) on "James Dobson Family Minute," psychologists Dr. James Dobson and Dr. Bill Maier explain why the battle for adolescent sexual purity is pivotal in the civil war of values!

**Thursday, February 11:** *Cancer Rollercoaster*

Cancer puts you on a roller coaster that never stops. Learn that God understands how this affects your faith. That's at (Time: \_\_\_\_\_) on the next "James Dobson Family Minute" with Drs. James Dobson and Bill Maier!

**Friday, February 12:** *Breathless Love*

Does the end of the honeymoon mean the end of your relationship? At (Time: \_\_\_\_\_) on "James Dobson Family Minute," psychologists Dr. James Dobson and Dr. Bill Maier discuss why marital love should be based on a decision, not a feeling.

**Monday, February 15:** *The Example of Wilberforce*

Next on "James Dobson Family Minute" at (Time: \_\_\_\_\_), psychologists Dr. James Dobson and Dr. Bill Maier discuss the incredible influence of an 18<sup>th</sup> Century abolitionist!

**Tuesday, February 16:** *A Deadly Combination*

At (Time: \_\_\_\_\_) on "James Dobson Family Minute," psychologists Dr. James Dobson and Dr. Bill Maier discuss how a teenager's deep-seated emotional distress can sometimes manifest itself.

**Wednesday, February 17:** *Hurting and Hurtful*

Life is hard and pain is inevitable. Learn about dealing with adversity at (Time: \_\_\_\_\_) on the next "James Dobson Family Minute" with Drs. James Dobson and Bill Maier!

**Thursday, February 18:** *When There Are Two Breadwinners*

Coming up at (Time: \_\_\_\_\_) on "James Dobson Family Minute," psychologist and family advocate Dr. James Dobson, with colleague Dr. Bill Maier, cautions husbands and wives who both work outside the home to spend quality time with each other.

**Friday, February 19:** *Carry Over*

At (Time: \_\_\_\_\_) on "James Dobson Family Minute," psychologists Dr. James Dobson and Dr. Bill Maier discuss the ramifications of a neglected or abusive childhood.

"James Dobson Family Minute"  
Promos, February 2010

James Dobson  
FAMILY  
MINUTE

**Monday, February 22:** *The Art of Conversation*

At (Time: \_\_\_\_\_) on "James Dobson Family Minute," psychologist Dr. James Dobson, with Dr. Bill Maier, offers some practical pointers to teens who may struggle with talking to the opposite sex!

**Tuesday, February 23:** *A Media Creation*

What do you think of today's media ideology? At (Time: \_\_\_\_\_) on "James Dobson Family Minute" with Dr. Bill Maier, psychologist Dr. James Dobson helps listeners make sense of it all.

**Wednesday, February 24:** *Be There for Your Kids*

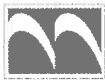
On the next on "James Dobson Family Minute" at (Time: \_\_\_\_\_), Drs. James Dobson and Bill Maier encourage husbands and wives to be TOGETHER with their kids.

**Thursday, February 25:** *The Power of the Picture*

At (Time: \_\_\_\_\_) on "James Dobson Family Minute," with Dr. Bill Maier, author and family advocate Dr. James Dobson explains how negative images seen in the media can influence the behavior of children!

**Friday, February 26:** *Cancer Neysayers*

Do you know someone struggling with cancer? At (Time: \_\_\_\_\_) on "James Dobson Family Minute" with Dr. Bill Maier, psychologist Dr. James Dobson talks about things some people say about cancer that are wrong.



**BRIARGATE**  
M E D I A

**SPOT PROMOTION**

Contact: Bill Arbockle • P.O. Box 754 • Colorado Springs, CO 80901 • (719) 531-3302

**FOCUS ON THE FAMILY  
PROGRAMMING  
LIVE PROMOTIONAL COPY**

**FOCUS ON THE  
FAMILY<sup>®</sup>  
MINUTE**

March 2010

"Focus on the Family Minute"  
Promos, March 2010

FOCUS ON THE  
FAMILY  
MINUTE

**For Use in Promoting  
Focus on the Family<sup>®</sup> Minute Broadcasts**

**Monday, March 1: Built or Broken**

At (Time: \_\_\_\_\_) on "Focus on the Family Minute, developmental psychologist Dr. Thomas Lickona [lith-CONE-uh] explains why character is an admired trait in any generation! That's at (Time: \_\_\_\_\_) on "Focus on the Family Minute"!

**Tuesday, March 2: How You Handle Conflict**

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," psychologist Dr. Scott Stanley identifies a defining factor of successful marriages!

**Wednesday, March 3: Embrace the Truth**

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," author and speaker Patsy Clairmont [CLARE-mont] points to the emotional help found in the light of truth!

**Thursday, March 4: Encouraging Our Kids**

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," author Joe White offers simple ideas that go a long way in encouraging your kids!

**Friday, March 5: Passing the Baton**

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," author and speaker Joe White stresses the importance of passing a Christian heritage along to your kids!

**Monday, March 8: The Closing Door**

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," international speaker and author Rob Parsons [PARR-sons] of Care For the Family illustrates the need to enjoy every moment of our kids' growing-up years!

**Tuesday, March 9: Online Intimacy**

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," speaker Sue Bohlin [BOW-lin] cautions women to use discernment when surfing the net!

"Focus on the Family Minute"  
Promos, March 2010

**Wednesday, March 10:** *Make Home More Attractive*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute" inner city youth worker Gordon McLean [mih-CLANE] advises parents on the best way to keep their kids out of gangs!

**Thursday, March 11:** *How We Face Death*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," Dr. Bill Maier and hospice physician Dr. Margaret Cottle [COTT-uh] reflect on death — and what it says about a person's life!

**Friday, March 12:** *Ninety or Twenty*

Do you have a healthy emotional connection with your spouse? On "Focus on the Family Minute," psychologist Dr. Cliff Penner explains the connection between emotional and physical communication in marriage. That's at (Time: \_\_\_\_\_) on "Focus on the Family Minute"!

**Monday, March 15:** *A Real Man*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," Promise Keepers founder, Bill McCartney [mih-CART-nee], defines what makes a "real" man!

**Tuesday, March 16:** *Common Sense Internet*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," author Jason Baker suggests the best way to monitor kids' internet activity is to make it a family affair!

**Wednesday, March 17:** *Best of Associations*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," author Dr. John Maxwell illustrates how his father encouraged him to pursue good relationships!

**Thursday, March 18:** *Common But Destructive*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," psychologist and author Dr. Scott Stanley identifies a common — but destructive — behavior in marriage!

**Friday, March 19:** *Turn it Around*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," youth specialist Joe White offers encouragement for parents who want to improve their relationship with their kids!

"Focus on the Family Minute"  
Promos, March 2010

**Monday, March 22:** *Bitterness Towards Marriage*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," youth culture specialist Amy Stephens [STEVE-ens] addresses the pessimistic view today's youth have about marriage!

**Tuesday, March 23:** *Good House Keeping*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," founder of *Messies Anonymous*, Sandra Felton, explains how the appearance of your home can affect your emotions!

**Wednesday, March 24:** *In Her Face*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," Promise Keepers founder Bill McCartney [mih-CART-nee] reveals one of the best ways to know a man's character — is to look at his wife!

**Thursday, March 25:** *Able to Communicate*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," author and mother Bobbie Wolgemuth [WOLE-guh-mooth] describes how a daughter's relationship with her dad greatly affects her marriage relationship!

**Friday, March 26:** *A Progressive Thing*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," author and speaker Patsy Clairmont [CLARE mont] offers insight into why God allows painful circumstances in life!

**Monday, March 29:** *Biblical Money Principles*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," financial expert Ron Blue covers four guiding money principles — that hold true in any economic or political situation!

**Tuesday, March 30:** *Family Road Trips*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," author Kathy Peel offers tips on how to make a family car trip a fun and pleasant experience!

**Wednesday, March 31:** *A Normal Part*

At (Time: \_\_\_\_\_) on "Focus on the Family Minute," author and father Robert Wolgemuth [WOLE-guh-mooth] encourages parents to make spiritual training a normal — and simple — part of everyday living!

## HOME SCHOOL HEARTBEAT

*(January - March, 2010)*

- 1/03/10 Helping through hardship
- 1/10/10 Why storytelling is important for children
- 1/17/10 Discover your family's grading philosophy
- 1/24/10 Parent-taught driver's education
- 1/31/10 Music education - Let's find an instrument
- 2/07/10 Husbands in homeschooling
- 2/14/10 Taking the next step
- 2/21/10 Nurturing a large family
- 2/28/10 Developing your child's work ethic
- 3/07/10 Answers for military families
- 3/14/10 Unseen service
- 3/21/10 Many hands
- 3/28/10 Spring into the arts

**1/03/10** (Thursday, December 31, 2009, 10:18:10 AM | Pentagon Channel)

The final AFPS podcast of 2009 includes news related to a foiled Christmas Day terror attack aboard a commercial jet; the Chairman of the Joint Chiefs of Staff updates a military guidance document; a look at progress in justice system in Iraq; U.S. Navy Vice Adm. James Winnefeld is nominated to head NORTHCOM and NORAD; technology advances underwater explorations by archaeologists with the U.S. Navy History and Heritage Command and tips on lifting financial burdens for a fresh start in 2010.

**1/10/10** (Wednesday, January 06, 2010, 4:21:38 PM | Pentagon Channel)

This podcast features stories about U.S. Forces Iraq, which is a new command that stood up in Iraq; new leadership for JIEDDO, an organization that counters improvised bombs; and U.S. Army Gen. David H. Petraeus, commander of U.S. Central Command puts the Al-Qaida threat in Yemen in perspective. This week, we also cover a new program, Operation Proper Exit, that's helping wounded veterans return to countries where they sustained injuries; voting while deployed, planning for separation from military service and carrying through on resolutions to stick to a budget this year.

**1/17/10** (Wednesday, January 13, 2010, 9:35:12 PM | Pentagon Channel)

For the AFPS News Roundup for Jan. 14, we will hear from U.S. Navy Adm. Mike Mullen, Chairman of the Joint Chiefs of Staff. Adm. Mullen underscores the role of cultural engagement in Afghanistan. And, also covered this week, a new study calls for changes to the intelligence gathering process in Afghanistan; Defense Secretary Robert Gates will remain in office for at least another year; a conference focuses attention on new measures to prevent suicide by active-duty troops and veterans; and the U.S. Olympic committee is set to host Warrior Games, a competition for wounded and ill servicemembers, in May. Plus naval scientists discount some theories espoused in a new television documentary about Japanese mini-submarines from World War II - and a reminder that January is National Blood Donor Month

**1/24/10** (Thursday, January 21, 2010, 1:53:00 PM | Pentagon Channel)

A summary of AFPS news coverage on Operation Unified Response, the U.S. military humanitarian aid mission to Haiti in the first week after earthquake. Also, Defense Secretary Robert Gates visits India; a preliminary report from a defense investigation into the November shootings at Fort Hood military base; and, tips for making charitable donations to aid the victims of the earthquake in Haiti.

**1/31/10** (Thursday, January 28, 2010, 11:07:00AM | Pentagon Channel)

This week the AFPS podcast updates U.S. military relief efforts in Haiti including plans to build a new hospital in Port-au-Prince. The news roundup also includes: coverage of remarks by Deputy Defense Secretary William Lynn in advance of the London Conference on Afghanistan; a recap of a recent trip by Defense Secretary Robert Gates to South Asia; a ceremony held to mark the ending of the U.S. Marine mission in Al Anbar province, Iraq; good news about the wartime injury survival rate from a military health conference; Navy trainers say playing video games improves some brain function; and the expansion of a free online tutoring service for servicemembers.

**2/07/10** (Thursday, February 04, 2010, 1:40:27 PM | Pentagon Channel)

Stories in the AFPS news recap include coverage of what President Obama said about Iraq, Afghanistan and nuclear proliferation in his state of the union message; details of the 2011 defense spending plan now under review in Congress; a recap of the recent international conference on Afghanistan; news of how top defense officials are preparing for changes to the policy that bans openly gay people from military service; an update on Operation Unified Response Haiti; and practical tips for maintaining heart health

**2/14/10**

(Thursday, February 04, 2010, 1:40:27 PM | Pentagon Channel)

Stories in the AFPS news recap include coverage of what President Obama said about Iraq, Afghanistan and nuclear proliferation in his state of the union message; details of the 2011 defense spending plan now under review in Congress; a recap of the recent international conference on Afghanistan; news of how top defense officials are preparing for changes to the policy that bans openly gay people from military service; an update on Operation Unified Response Haiti; and practical tips for maintaining heart health.

**2/21/10**

(Thursday, February 18, 2010, 12:51:19 PM | Pentagon Channel)

Recent AFPS news includes coverage of an Afghan-led mission to clear insurgents from the town of Marjah in Helmand province, Afghanistan; Chairman of the Joint Chiefs of Staff, Navy Adm. Mike Mullen commented on a recent uranium enrichment announcement made by Iran; Deputy Defense Secretary William Lynn was in Australia for talks on expanding the U.S. alliance with Australia with an emphasis on cyber-security; the Commandant of the Coast Guard, Adm. Thad Allen reviewed plans to replace aging ships and aircraft and he recognized the excellent response to the crisis in Haiti; Lt. Gen. Ken Keen, commander of Joint Task Force Haiti provided an update on the earthquake relief mission; and in time for tax season, a tip to visit the website [militaryonesource.com](http://militaryonesource.com) for free e-filing and phone consultation services.

**2/28/10**

(Thursday, February 25, 2010, 10:50:11 AM | Pentagon Channel)

In AFPS news this week, defense officials report slow but steady progress in Operation Moshtarak, a coalition and Afghan security force offensive in southern Afghanistan; defense officials respond to a NATO airstrike that accidentally killed more than 20 civilians on Feb. 21; the recent capture of a top Taliban commander by Pakistan is discussed; conditions in Iraq are reviewed two weeks ahead of parliamentary elections; U.S. Chairman of the Joint Chiefs of Staff, Navy Adm. Mike Mullen recaps his trip to the Middle East and his concerns over the Iranian nuclear program; U.S. Vice President Joe Biden explains White House goals for nuclear non-proliferation; Defense Secretary Robert Gates names Letitia Long to head the National Geospatial-Intelligence Agency; a 65 year anniversary ceremony to honor veterans of the World War II battle at Iwo Jima, Japan is covered; and news you can use offers easy tips to budget money wisely and build wealth.

**3/07/10**

(Thursday, March 04, 2010, 9:44:44 AM | Pentagon Channel)

In AFPS news this week, Operation Moshtarak in Southern Afghanistan transitions from a clearing to a holding phase; a multi-national training program for the Afghan army is discussed; U.S. defense officials call for reforms as NATO undergoes a ten-year review of its strategic concept; Defense Secretary Robert Gates meets with the Israeli defense minister to discuss security issues; a contracting process to obtain new aerial tankers is open for bids; a new defense policy opens access to social media sites from non-classified government computers; a website for wounded, ill and injured servicemembers and their families is upgraded; and, news you can use during tax season to avoid being victimized by phone and online scammers.

**3/14/10**

(Thursday, March 11, 2010, 10:21:41 AM | Pentagon Channel)

This AFPS news summary recaps parliamentary elections in Iraq; a visit to Afghanistan by Defense Secretary Robert Gates; the commissioning of a naval warship by Chairman of the Joint Chiefs of Staff, Navy Adm. Mike Mullen; an update on an aerial tanker contract as Northrup Grumman drops its bid; the latest military deployments to support earthquake relief efforts in Chile; the first hand transplant performed in a defense department hospital; the launch of the new [health.mil](http://health.mil) website; and, a tip on how to apply tax refunds to boost savings.



3/21/10

(Thursday, March 18, 2010, 1:07:15 PM | Pentagon Channel)

In this edition of the AFPS podcast, Army Gen. David H. Petraeus, commander of U.S. Central Command, updates the Senate Armed Services Committee on Iraq, Afghanistan, the Middle East and cyberspace; servicemembers support flood operations in N. Dakota; the relief mission in Haiti winds down and transitions to support for long term recovery; the director of the organization tasked with countering improvised explosive devices, JIEDDO, offers insights into the latest strategies; defense officials take measures to control costs and speed production of F35 joint strike fighters; and, an expert tax advisor says large tax refunds indicate the need to reconsider paycheck withholdings.

3/28/10

(Thursday, March 25, 2010, 2:41:46 PM | Pentagon Channel)

This news recap includes stories about: defense officials taking part in a U.S. delegation to Mexico to support the war on drugs; a meeting held at the Pentagon with the Canadian defense minister; a strategic dialogue to boost ties between the U.S. and Pakistan; a missile defense conference that covered offensive and defensive strategies; a new battlefield intelligence system called Valiant Angel that leverages Hollywood communications technology; guidelines for servicemembers related to the 2010 U.S. Census; a look at plans for extending dwell times between deployments; the scope of a new recuperation leave policy; a ceremony at the defense department in honor of womens history month; and, a checklist of documents needed when seeking help to prepare tax returns.

**NC EMPLOYMENT SECURITY COMMISSION REPORT**

*(January - March, 2010)*

1/03/10	Moses Carey (ESC Chairman)	Workforce Investment Act in NC
1/10/10	.....	Work Opportunity Tax Credit Program
1/17/10	.....	Remote services center
1/24/10	.....	Technological advances
1/31/10	.....	Career resource centers
2/07/10	.....	Employing disabled workers
2/14/10	.....	ESC/community college partnership
2/21/10	.....	Professional screening
2/28/10	.....	Work Opportunity Tax Credit Program
3/07/10	.....	ESC/community college partnership
3/14/10	.....	Professional Screening
3/21/10	.....	Remote services center
3/28/10	.....	Technological advances

**"MY MONEY LIFE"**

**Chuck Bentley**

*(January - March, 2010)*

- 1/03/10 Finding a career mentor
- 1/10/10 Scholarship search tips
- 1/17/10 Free online courses
- 1/24/10 Home improvement tax credits
- 1/31/10 Three ways to save big
- 2/07/10 New vs old car
- 2/14/10 The battle over beliefs about money
- 2/21/10 One bad "app" spoils your banking
- 2/28/10 Outlook on taxes
- 3/07/10 How to avoid bankruptcy
- 3/14/10 Loan modification scams
- 3/21/10 Select companies are hiring
- 3/28/10 Give your job search a boost

1/03/10	Asim Choudhri	iPhone diagnosis
1/10/10	Jean Kim	Polyp intervention
1/17/10	Pam Lipsett	Acinetobacter
1/24/10	Andrew Lane	Why sinus surgery?
1/31/10	Charles Rudin	Inflammation & cancer
2/07/10	Delphine Robotham	Texting helps
2/14/10	Elliott Haut	No backboard
2/21/10	Redonda Miller	Blood pressure & dementia
2/28/10	Roberto Salvatori	Taking growth hormone
3/07/10	Michelle Bellantoni	Co-pay impact
3/14/10	Kristin Reikert	Moms & kids' asthma
3/21/10	Dorry Segev	Using older kidneys
3/28/10	Roland Griffiths	Caffeine & alcohol

**CONSUMER TIME***(January - March, 2010)*

1/03/10	Gary Crawford, Ephriam Leibtag	Food price inflation almost nil in 2009 but could speed up in 2010
1/10/10	Rod Bain, Doug Petty	Frozen water pipes true or false
1/17/10	Gary Crawford, Ashley Osborne	What to do with old TVs & other electronics
1//24/10	Gary Crawford, Sandy Proctor	Making family meals happen on the fly
1/31/10	Gary Crawford, Sandy Proctor	Some breakfast is better than no breakfast
2/07/10	Gary Crawford, Elaine Johannes	More media use by young people causing concerns
2/14/10	Rod Bain, Karen Funkenbusch	Preventing cold weather injury to children
2/21/10	Rod Bain, Michelle Obama	Fighting child obesity
2/28/10	Gary Crawford, Karen Blakeslee	Weird food questions asked & answered
3/07/10	Gary Crawford, Dr. Joanne Bankston	Some free tax help
3/14/10	Rod Bain, Sheila Chaconas, Bill Schweitz	Focusing on ATV safety
3/21/10	Gary Crawford, Dr. Joanne Bankston	Choosing a tax preparer
3/28/10	Gary Crawford, Karen Blakeslee	Getting more "eggcersize"

**AG UPDATE***(January - March, 2010)*

1/03/10	Rod Bain, Joe Reilly	A decade's worth of horticulture industry information
1/10/10	Gary Crawford, Joe Glauber	A look ahead to the new year in agriculture
1/17/10	Rod Bain, George Patrick	Tax time means ag producers need information & advice
1/24/10	Susan Carter, Gerry Bange	2010 rice, wheat & cotton forecast
1/31/10	Rod Bain, Miles McElvoy	Study shows facets of market access for some organic farms
2/07/10	Rod Bain, Michael Harris	The changing farm operator debt landscape
2/14/10	Gary Crawford, Tom Vilsack, President Barack Obama	USDA releases fiscal year 2011 budget proposal
2/21/10	Gary Crawford, Tom Vilsack, Ann Veneman, Dr. John Clifford	New approach for animal ID & disease traceback
2/28/10	Rod Bain, Wilson Faircloth	Combining two conservation practices in southeastern crops
3/07/10	Rod Bain, Mitch Morehart	Net farm income forecast up in 2010
3/14/10	Gary Crawford, Max Fisher, Joel Greene, Jim Miller	Ag exports to recover as world economy does the same
3/21/10	Rod Bain, Peter Burr, Elizabeth Berry	2 in 1 deal through trade adjustment assistance
3/28/10	Rod Bain, Greg Johnson	CSP a model of payment for performance