Quarterly Issues and Programs for station KNLX 01/01/24 - 03/31/24

Date: 01/01/24 Time: 07:30 Length: :34 Issue: Consumer Tips

Program: Bend Police Tip Bend Police EBike Rules

Date: 01/01/24 Time: 13:45 Length: 00:25 Issue: Consumer Tips

Program: Bend Police Tip

Move over law

Date: 01/01/24 Time: 10:58 Length: 00:51 Issue: Consumer Tips

Program: City of Bend Winter Tips

Residents are required to remove snow from sidewalks and remove snow around fire hydrants.

Date: 01/01/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion

Program: Breakpoint

What started as a routine (and, according to the preacher, "lackluster") chapel service at Asbury University became something remarkable. Instead of heading off to classes, students stayed. Services have continued ever since, with people traveling from near and far to join in prayer, repentance, and song. What is being called a "revival" by some and an "awakening" by others has now spread to other Christian colleges.

Date: 01/02/24 Time: 10:00 Length: 20:00 Issue: Family & Parenting Program: Family Life Today

How much should Christian parents protect their kids? Justin Brierley, a parent, shares tips on equipping us and our kids to face tough faith questions. Turn conversations into faith-building moments!

Date: 01/02/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

Like most parents of children born after 2010, Molly DeFrank embraced the new digital technologies of smart phones and tablets for her kids. But she grew increasingly alarmed as she observed detrimental effects of "zombified kids," emotional outbursts, loss of other interests, etc. And she discovered alarming research that the average child spends more than 7 hours per day on a screen for entertainment purposes!

Date: 01/02/24 Time: 09:59 Length: :34 Issue: Consumer Tips Program: Bend Police Tip

Bend Police EBike Rules

Date: 01/02/24 Time: 8:00&12:00 Length: 3:55 Issue: Family & Parenting Program: Breakpoint

The Apostle Paul's letters drop punchy and simple statements such as, "If anyone is not willing to work, let him not eat" or "If anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever" These statements have clear implications for husbands and fathers who abandon their spouses or children.

Date: 01/03/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues

Program: Family Talk

Dr. Ben Carson gives a stirring speech about our society today, and the responsibilities that Christians have been given by our Father in Heaven. Let your heart be inspired as Dr. Carson reminds us that we are all fearfully and wonderfully made in God's image.

Date: 01/03/24 Time: 10:59 Length: :34 Issue: Consumer Tips

Program: Bend Police Tip Bend Police EBike Rules

Date: 01/03/24 Time: 07:29 Length: :34 Issue: Consumer Tips

Program: Bend Police Tip Bend Police EBike Rules

Date: 01/03/24 Time: 09:00 Length: 25:00 Issue: Marriage

Program: Focus on the Family

Dave and Ashley Willis help husbands and wives rediscover God's design for a marriage that enables them to be emotionally, spiritually and physically vulnerable and transparent with each other. They share their own love story and describe how "love is not enough" to sustain a lifelong marriage; couples need to commit to serving and sacrificing for each other. (Part 1 of 2)

Date: 01/03/24 Time: 8:00&12:00 Length: 3:55 Issue: Religious Freedom Program: Breakpoint

In what has become a dark annual tradition, Islamic militants in Nigeria carried out targeted attacks on Christians on Christmas Eve. Up to 160 are confirmed dead and about 300 injured in the attacks that were carried out in 20 villages across the north-central state of Plateau. Islamic militants have carried out similar Christmas attacks for at least the last four years.

Date: 01/04/24 Time: 10:58 Length: 01:38 Issue: Consumer Tips

Program: Bend Police Tip

Tips to avoid thieves breaking into vehicles

Date: 01/04/24 Time: 09:00 Length: 25:00 Issue: Marriage

Program: Focus on the Family

Dave and Ashley Willis help husbands and wives rediscover God's design for a marriage that enables them to be emotionally, spiritually and physically vulnerable and transparent with each other. They share their own love story and describe how "love is not enough" to sustain a lifelong marriage; couples need to commit to serving and sacrificing for each other. (Part 2 of 2)

Date: 01/04/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

Dr. Ben Carson concludes his dynamic presentation about the state of our nation. We must realize that our enemy, Satan, is lurking around every corner, trying to convince us that hate is the way to win. Be encouraged as Dr. Carson reminds us that God has given us the ability to fight against hatred and fear, and instead to promote the love of Jesus.

Date: 01/04/24 Time: 8:00&12:00 Length: 3:55 Issue: Family & Parenting Program: Breakpoint

Recently in Vox, journalist Rachel Cohen attempted to explain how "millennials learned to dread motherhood." Noting the troubling drop in global fertility rates, Cohen spoke to dozens of women about whether they hoped to become or hoped to avoid becoming moms.?

Date: 01/05/24 Time: 10:59 Length: 00:33 Issue: Consumer Tips Program: Bend Fire Safety Tip Winter Fire Safety Information

Date: 01/05/24 Time: 07:58 Length: 00:51 Issue: Consumer Tips Program: City of Bend Winter Tips

Residents are required to remove snow from sidewalks and remove snow around fire hydrants.

Date: 01/05/24 Time: 10:00 Length: 20:00 Issue: Marriage Program: Family Life Today

Dave and Ann Wilson empathize with feeling unloved in your own marriage. Find ideas for stronger connection and deeper intimacy.

Date: 01/05/24 Time: 09:59 Length: 00:51 Issue: Consumer Tips Program: City of Bend Winter Tips Residents are required to remove snow from sidewalks and remove snow around fire hydrants.

Date: 01/05/24 Time: 8:00&12:00 Length: 3:55 Issue: Cultural Issues Program: Breakpoint 231 years ago this month, King Louis XVI of France lost his head. His execution by guillotine was a precursor of the Reign of Terror, a 10-month period from 1793 to 1794 when French Revolutionaries executed nearly 17,000 of their countrymen. The French Revolution, one of history's most profound examples of the power of ideas, erupted out of the Enlightenment.

Date: 01/08/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk
According to Gary Hamrick, senior pastor of Cornerstone Chapel in

Leesburg, VA, we are at war with the truth, which is God's Truth! Gary Bauer discusses with Pastor Hamrick the chaos and confusion that ensues when we trade biblical wisdom for the lies that many in our society would rather believe.

Date: 01/08/24 Time: 10:59 Length: 00:43 Issue: Consumer Tips Program: Bend Fire Safety Tip Winter Safety...know where your water shut off is

Date: 01/08/24 Time: 09:59 Length: 00:51 Issue: Consumer Tips Program: City of Bend Winter Tips Residents are required to remove snow from sidewalks and remove snow around fire hydrants.

Date: 01/08/24 Time: 07:58 Length: 00:33 Issue: Consumer Tips Program: City of Bend Winter Tips Move snow away from the base of the house after snow

Date: 01/08/24 Time: 14:14 Length: 00:24 Issue: Consumer Tips

Program: ODOT Safety Tip

Snow plow safety

Date: 01/08/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

Remember the honeymoon phase? (What's changed?) Authors Kevin & Marcia Myers help get back to where you started and rekindle the spark.

Date: 01/08/24 Time: 09:00 Length: 25:00 Issue: Marriage

Program: Focus on the Family

Filling Your Marriage With Joy. In a discussion based on their book The 4 Habits of Joy-Filled Marriages, Dr. Marcus Warner and Pastor Chris Coursey offer practical guidance for how a husband and wife can work together to experience greater joy in their relationship.

Date: 01/08/24 Time: 8:00&12:00 Length: 3:55 Issue: Education Program: Breakpoint

The challenges presented by AI. If in the end it is not clear what AI is helping us to achieve more efficiently, this emerging technology will be easily abused. AI's potential impact on education is a prime example.

Date: 01/09/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

Would your spouse say they feel "heard"? Authors Kevin & Marcia Myers help unearth a new level of intimacy through the skills of listening.

Date: 01/09/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

One in five households care for a child with a disability. Laura Wifler and Erin Smalley are included in this count as they are both mothers to daughters with special needs. Over the years they have learned how to navigate parenting through the lens of disabilities. Some days involve going to physical therapy or undergoing surgery, other days include coping with a school bully or a difficult diagnosis. Laura and Erin remind us that the smallest acts of in

Date: 01/09/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

In the Bible, you can read about prophets who confronted kings and attempted to influence the government for the sake of righteousness. Gary Bauer concludes his passionate discussion with Pastor Gary Hamrick about the role of pastors and the church in culture. Be reminded that these principles have not changed. If not the body of Christ, who will speak for truth and proclaim our responsibility to honor and glorify our great Creator?.

Date: 01/09/24 Time: 19:32 Length: 00:47 Issue: Consumer Tips

Program: Bend Fire Safety Tip Space Heater Safety Information

Date: 01/09/24 Time: 11:31 Length: 01:00 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow from roof after a big snow

Date: 01/09/24 Time: 15:32 Length: 00:37 Issue: Consumer Tips

Program: COIC Tip

Prepare for fire season

Date: 01/09/24 Time: 10:59 Length: 00:24 Issue: Consumer Tips

Program: ODOT Safety Tip

Snow plow safety

Date: 01/09/24 Time: 13:32 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 01/09/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion

Program: Breakpoint

Seventeen hundred years ago this year, Constantine defeated his co-emperor Licinius, ending a series of civil wars and consolidating power as sole emperor of Rome. At the time, Christians saw this as the defeat of old pagan ways and the triumph of a new Christian vision of Rome.

Date: 01/10/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

Authors Kevin and Marcia Myers believe confronting some big issues in your marriage can breathe new life into your connection. Here's how.

Date: 01/10/24 Time: 11:33 Length: 00:33 Issue: Consumer Tips

Program: City of Bend Winter Tips

Move snow away from the base of the house after snow

Date: 01/10/24 Time: 13:31 Length: 00:47 Issue: Consumer Tips

Program: Bend Fire Safety Tip Space Heater Safety Information

Date: 01/10/24 Time: 8:00&12:00 Length: 3:55 Issue: Education

Program: Breakpoint

A narrative pushed by many in the press aims at home schooling. As a Washington Post analysis found late last year, home schooling is America's fastest growing form of education. For Washington Post reporters, this is scary.

Date: 01/11/24 Time: 07:57 Length: 00:24 Issue: Consumer Tips

Program: ODOT Safety Tip

Snow plow safety

Date: 01/11/24 Time: 21:58 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 01/11/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion

Program: Breakpoint

In 2020, the Cultural Research Center at Arizona Christian University found that ?just 2% of millennials, have a biblical worldview. That is the lowest of any generation since surveys on the topic began. According to a

Lifeway Research report?, 2/3 of those who attend church as teenagers will drop out of church as adults. Simply put, many young people today leave the faith because they lack the necessary immunity from the bad ideas of our culture.

Date: 01/12/24 Time: 13:31 Length: 00:37 Issue: Consumer Tips

Program: COIC Tip

Prepare for fire season

Date: 01/12/24 Time: 05:15 Length: 00:37 Issue: Consumer Tips

Program: COIC Tip

Prepare for fire season

Date: 01/12/24 Time: 07:59 Length: 00:43 Issue: Consumer Tips

Program: Bend Fire Safety Tip

Winter Safety...know where your water shut off is

Date: 01/12/24 Time: 09:59 Length: 00:43 Issue: Consumer Tips

Program: Bend Fire Safety Tip

Winter Safety...know where your water shut off is

Date: 01/12/24 Time: 10:59 Length: 00:24 Issue: Consumer Tips

Program: ODOT Safety Tip

Snow plow safety

Date: 01/12/24 Time: 8:00&12:00 Length: 3:55 Issue: Gender

Program: Breakpoint

7 years ago, National Geographic published an issue that they now refer to as "historic." With a cover featuring a young boy with long pink hair and pink leggings, they announced a "Gender Revolution." Today>there are clear signs that this revolution is slowing. Finland, Sweden, the United Kingdom, and Norway have all drawn back from providing so-called "genderaffirming care" to young people because the science is not settled.

Date: 01/13/24 Time: 17:31 Length: 00:37 Issue: Consumer Tips

Program: COIC Tip

Prepare for fire season

Date: 01/13/24 Time: 07:15 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 01/13/24 Time: 11:46 Length: 00:37 Issue: Consumer Tips

Program: COIC Tip

Prepare for fire season

Date: 01/13/24 Time: 15:33 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 01/13/24 Time: 13:32 Length: 01:00 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow from roof after a big snow

Date: 01/13/24 Time: 03:32 Length: 01:00 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow from roof after a big snow

Date: 01/15/24 Time: 09:00 Length: 25:00 Issue: Race/Minorities

Program: Focus on the Family

Seeing God's Image in All Men. Pastor Miles McPherson challenges believers of all skin tones to consider the fact that grouping humans by skin color promotes racism, which hinders the gospel. He encourages us to treat every person like they truly were created in the image of God.

Date: 01/15/24 Time: 09:59 Length: 00:24 Issue: Consumer Tips

Program: ODOT Safety Tip

Snow plow safety

Date: 01/15/24 Time: 10:25 Length: 20:00 Issue: Family & Parenting Program: Family Talk

According to Dr. Tim Elmore, "Leaders are made, not born." Dr. James Dobson discusses with Dr. Elmore and his wife, Pam, the importance of teaching our children how to become leaders who will stand firm in their convictions, rather than being like sheep, who just follow the crowd. Be encouraged as Dr. Tim shares his belief that every child has the potential to be a great leader, regardless of his or her personality

Date: 01/15/24 Time: 10:00 Length: 20:00 Issue: Family & Parenting Program: Family Life Today

Teach kids about unity and diversity! Trillia Newbell, author of christian children's books, shares insights on helping children see God's love for all people.

Date: 01/15/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

Chuck Colson often described the importance of the life and legacy of Dr. Martin Luther King, Jr. In 2009, Chuck, along with fellow authors Dr. Timothy George and Dr. Robert George, cited Dr. King in the Manhattan Declaration, a statement of conscience regarding life, marriage, and religious liberty in the United States. Dr. Matt Daniels is concerned that the Christian underpinnings of Dr. King's legacy are being lost.

Date: 01/16/24 Time: 10:59 Length: 00:33 Issue: Consumer Tips

Program: City of Bend Winter Tips

Move snow away from the base of the house after snow

Date: 01/16/24 Time: 15:30 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 01/16/24 Time: 08:32 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 01/16/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting

Program: Focus on the Family

Homesteading: Embracing a Simpler Life. Author and homesteader Kathi Lipp offers insightful ideas on homesteading. Her practical tips include creative cooking, gardening, and getting through harsh weather. Even if you live in a busy city, you can simplify and use your resources intentionally.

Date: 01/16/24 Time: 19:32 Length: 00:37 Issue: Consumer Tips

Program: COIC Tip

Prepare for fire season

Date: 01/16/24 Time: 11:31 Length: 01:00 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow from roof after a big snow

Date: 01/16/24 Time: 8:00&12:00 Length: 3:55 Issue: Women's Issues Program: Breakpoint

-"In 2023, the Biden administration doubled down on its commitment to radical gender ideology. Federal agencies proposed a slew of regulations pushing the Biden administration's extreme pro-LGBT agenda in education, employment, and health care at the expense of children's interests and women's rights." - Rachel Morrison in an article at The Federalist. She says it will be back in 2024.

Date: 01/17/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

Investing in Your Child for the Teen Years. A panel of parents join with Jim Daly and John Fuller to discuss preparing their children for the teen years and adulthood, providing a biblical perspective on sexuality, peer relationships and technology.

Date: 01/17/24 Time: 10:25 Length: 20:00 Issue: Abortion Program: Family Talk

While Dr. Robert Jackson, Jr., was a second-year medical resident, he was asked to administer a drug to induce premature labor on a woman who was carrying a special needs baby in order to abort the pregnancy. He refused, but another doctor did so, prompting the woman to deliver a 22-week-old infant. Dr. Jackson recounts that the patient's little baby, born alive, was wrapped in a cold, wet towel, and abandoned to die in a metal basin.

Date: 01/17/24 Time: 8:00&12:00 Length: 3:55 Issue: Abortion Program: Breakpoint

On Meet the Press, Joe Biden's deputy campaign manager, Quentin Fulks, was asked what the president's top priority would be if reelected. His reply: "First of all: Roe. It is more than a little ironic to see the heightened emphasis on abortion, considering how often Christians were accused of being "one-issue" voters. Post-Roe, left-wing politicians are forced to be more honest about abortion's central role in their political project.

Date: 01/18/24 Time: 09:00 Length: 25:00 Issue: Marriage Program: Focus on the Family

Allowing Grace to Transform Your Marriage. . Brad and Marilyn Rhoads openly share their terrible first year of marriage and how God intervened to introduce the concept of grace in their relationship. You'll better

understand how marriage is a picture of the gospel and learn ways to honor your spouse in a more grace-filled, loving manner. (Part 1 of 2

Date: 01/18/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

Marriage different-way different-than you hoped? Author Debra Fileta thinks it's worth the beauty on the other side.

Date: 01/18/24 Time: 10:25 Length: 20:00 Issue: Abortion Program: Family Talk

Today, some pro-life advocates believe that abortion is acceptable if the woman has been victimized by rape or incest. Dr. Robert Jackson, Jr., author of The Family Doctor Speaks: The Truth About Life, declares that it is morally wrong to kill an unborn child for a misdeed or even a tragic event that has occurred in the mother's life. All unborn children are created in the image of God!

Date: 01/18/24 Time: 11:47 Length: 01:00 Issue: Consumer Tips Program: City of Bend Winter Tips

Remove snow from roof after a big snow

Date: 01/18/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion

Program: Breakpoint

Among the unexpected stories of 2023 was a renewed interest in all things extraterrestrial: from images of alien corpses; to retired high-ranking military officials claiming secret government programs launched to capture UFOs. But what would the existence of alien life mean for Christianity? Watch a new video on this.

Date: 01/19/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

Author Debra Fileta provides a fresh perspective in the struggle for compromise-and how the 'me, myself, and I' mindset can harm your marriage.

Date: 01/19/24 Time: 09:00 Length: 25:00 Issue: Marriage

Program: Focus on the Family

Allowing Grace to Transform Your Marriage. . Brad and Marilyn Rhoads openly share their terrible first year of marriage and how God intervened to introduce the concept of grace in their relationship. You'll better understand how marriage is a picture of the gospel and learn ways to honor your spouse in a more grace-filled, loving manner. (Part 2 of 2

Date: 01/19/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

According to Scott Klusendorf, the term "pro-life" is being redefined and changed in front of our very eyes, both within and outside of the church. Scott Klusendorf, who is president of Life Training Institute, shares with college students the importance of clarifying what's at stake within the pro-life message, and the crystal-clear difference between right and wrong.

Date: 01/19/24 Time: 8:00&12:00 Length: 3:55 Issue: Government

Program: Breakpoint

Seven hundred years ago, Italian scholar Marsilius of Padua helped lay the foundation for our modern ideas of popular sovereignty. In his book Defensor Pacis, written in the context of an ongoing battle in Churchstate relations, he anticipated the idea of separate spheres for Church and state.

Date: 01/22/24 Time: 09:00 Length: 25:00 Issue: Abortion Program: Focus on the Family

Priscilla Hurley shares about being recruited to work in the abortion industry before her heart was broken with the realization that precious lives were being taken. Melissa Ohden shares her story of surviving a saline abortion, against all odds, and later founding the Abortion Survivors Network. Both women now inspire and encourage thousands of people to champion life. (Part 1 of 2)

Date: 01/22/24 Time: 10:25 Length: 20:00 Issue: Women's Issues Program: Family Talk

Parenting is a demanding job that overwhelms many moms with the day-to-day tasks and responsibilities. Dr. James Dobson talks with the late Emilie Barnes, an author, speaker and time-management expert whose invaluable advice continues to help women get rid of stress, and better organize their families and homes.

Date: 01/22/24 Time: 10:58 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 01/22/24 Time: 23:28 Length: 00:37 Issue: Consumer Tips

Program: COIC Tip

Prepare for fire season

Date: 01/22/24 Time: 20:28 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 01/22/24 Time: 09:59 Length: 00:51 Issue: Consumer Tips

Program: City of Bend Winter Tips

Residents are required to remove snow from sidewalks and remove snow around fire hydrants.

Date: 01/22/24 Time: 8:00&12:00 Length: 3:55 Issue: Cultural Issues Program: Breakpoint

In the last few years, the credibility of science or, more accurately, scientists, has taken more than a few hits. For example, the American Academy of Pediatrics and the Endocrine Society have both issued guidelines for medically transitioning minors.

Date: 01/23/24 Time: 07:59 Length: 00:33 Issue: Consumer Tips

Program: Bend Fire Safety Tip Winter Fire Safety Information

Date: 01/23/24 Time: 09:00 Length: 25:00 Issue: Abortion

Program: Focus on the Family

Priscilla Hurley shares about being recruited to work in the abortion industry before her heart was broken with the realization that precious lives were being taken. Melissa Ohden shares her story of surviving a saline abortion, against all odds, and later founding the Abortion Survivors Network. Both women now inspire and encourage thousands of people to champion life. (Part 2 of 2)

Date: 01/23/24 Time: 10:00 Length: 20:00 Issue: Marriage Program: Family Life Today Struggling in marriage? JD and Veronica Greear offer real-life hope. Relearn the transformative power of the gospel in healing deep wounds.. Hosted by: Dave and Ann Wilson

Date: 01/23/24 Time: 09:29 Length: 00:25 Issue: Consumer Tips Program: Bend Police Tip Move over law

Date: 01/23/24 Time: 10:25 Length: 20:00 Issue: Women's Issues Program: Family Talk

When life gets busy, we often wish our days could be longer. No one understands that more than moms. Dr. James Dobson talks with Emilie Barnes. She was a popular author and speaker on the topic of organization and time management, and her books have stood the test of time and are very relevant today. Learn more as Emilie provides easy tips for moms to effectively run their homes, and still have quality time for their families..

Date: 01/23/24 Time: 8:00&12:00 Length: 3:55 Issue: Education Program: Breakpoint

Ideas tend to sprout up in academia, but the ones that matter do not stay there. Even when birthed in epistemology, ideas can have a major impact on culture. This is especially evident in the modern to postmodern shift from an objective and verifiable understanding of truth to a subjective & socially constructed understanding of truth. This shift has landed us in "standpoint epistemology."

Date: 01/24/24 Time: 10:58 Length: 00:44 Issue: Consumer Tips Program: ODOT Safety Tip Be sure you and your vehicle are ready before starting out

Date: 01/24/24 Time: 07:30 Length: 00:47 Issue: Consumer Tips Program: ODOT Safety Tip

Be careful using GPS...it may lead you onto roads that are not passable during winter

Date: 01/24/24 Time: 08:32 Length: 00:43 Issue: Consumer Tips Program: Bend Fire Safety Tip Winter Safety...know where your water shut off is

Date: 01/24/24 Time: 20:28 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 01/24/24 Time: 09:00 Length: 25:00 Issue: Marriage

Program: Focus on the Family

When Your Money and Marriage Clash. Money is one of the top reasons why couples experience conflict in marriage. Taylor and Megan Kovar believe the conflict isn't about money but about a lack of communication about money. They explain how to be more content with your financial situation and trust God for the future.

Date: 01/24/24 Time: 07:58 Length: 00:47 Issue: Consumer Tips Program: Bend Fire Safety Tip Space Heater Safety Information

Date: 01/24/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

JD and Veronica Greear offer 10 tips to feed healthy relationships and genuine community in your marriage.

Date: 01/24/24 Time: 10:25 Length: 20:00 Issue: Marriage

Program: Family Talk

Have you ever wondered what the man in your life is really thinking? Dr. James Dobson's timeless interview with Shaunti Feldhahn, author of the book, For Women Only. Through her detailed research, Shaunti identifies the feelings that may be buried deep within a man's soul, and explains to women why their husbands crave respect. Discover these crucial characteristics that may unlock the secrets that will lead to a much more intimate relationship.

Date: 01/24/24 Time: 8:00&12:00 Length: 3:55 Issue: Women's Issues Program: Breakpoint

One feature of American life for some time now is that women, as a group, tend to fall to the left of men politically. One factor behind this striking political divide between the sexes, is the Left's obsession with condemning "the patriarchy" and "toxic masculinity." Many young men hear this as a condemnation of their very existence. Similarly, the leftward lurch among women could have something to do with the perception that abortion is a women's issue

Date: 01/25/24 Time: 10:00 Length: 20:00 Issue: Marriage Program: Family Life Today

David and Meg Robbins explore the positive impact marriage brings the world--and the fulfillment a marriage on mission could bring the two of you.

Date: 01/25/24 Time: 10:25 Length: 20:00 Issue: Marriage Program: Family Talk

It's no secret that men and women were created drastically different from one another. For that reason, husbands and wives must intentionally communicate to maintain a healthy relationship. Dr. James Dobson continues his riveting discussion with author and social researcher, Shaunti Feldhahn. She breaks down and explains how the sexes approach intimacy, and emphasizes the struggle for purity in this highly sexualized society.

Date: 01/25/24 Time: 8:00&12:00 Length: 3:55 Issue: Government

Program: Breakpoint

According to a recent article in the Los Angeles Times, a record 4.2 billion people could vote in elections around the world this year. To be sure, too many of these elections will not be free, fair, or secure. Some view these failures as proof that democracy doesn't work. The corruption and dishonest elections we will likely witness around the globe this year do not prove that democracy is a bad idea.

Date: 01/26/24 Time: 10:00 Length: 20:00 Issue: Marriage Program: Family Life Today

Wonder how your spouse would react if they knew what you were really like? David & Meg Robbins get real about the challenges of vulnerability in marriage.

Date: 01/26/24 Time: 10:25 Length: 20:00 Issue: Marriage Program: Family Talk

Dr. James Dobson concludes his timeless interview with author Shaunti Feldhahn, revealing crucial information that women need to know about their husbands. Be enlightened as Shaunti and Dr. Dobson discuss the importance of romance in marriage, and why couples must intentionally carve out meaningful time for one another.

Date: 01/26/24 Time: 8:00&12:00 Length: 3:55 Issue: Gender Program: Breakpoint

Sascha Bailey, son of a world-renowned photographer father and a fashion model mother, appeared to "have it all." Instead, facing suicidal thoughts, recurring depression, and a difficult marriage, he became convinced that he was a woman. Today, Bailey regrets this flirtation with disaster. He is now calling out the transgender industry for its false promises and the wider society for pressuring people into confusion.

Date: 01/28/24 Time: 07:59 Length: 01:07 Issue: Consumer Tips Program: City of Bend Winter Tips Remove snow burms after street is plowed

Date: 01/29/24 Time: 07:58 Length: 00:25 Issue: Consumer Tips Program: Bend Police Tip

Move over law

Date: 01/29/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

Teaching Children to Celebrate Their Strengths. Lucille Williams equips you with ways you can nurture your child's strengths and help them learn to overcome their weaknesses. She shares her story of struggle and challenges as she discovered her own abilities. By building a strong identity in Christ, you can develop strategies to highlight their talents.

Date: 01/29/24 Time: 09:59 Length: 00:43 Issue: Consumer Tips Program: Bend Fire Safety Tip Winter Safety...know where your water shut off is

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Date: 01/29/24 Time: 8:00&12:00 Length: 3:55 Issue: Gender Program: Breakpoint

A common claim by those who advocate for so-called "gender-affirming care" is that the effects of puberty blockers, are reversible. 1 group that has

long made this claim is the World Professional Association for Transgender Health (WPATH). However, in a video recently leaked from WPATH's 9/2022 certification seminar, pediatric endocrinologist Dr. Daniel Metzger says puberty-blocking drugs aren't as reversible or noninvasive as advocates claim.

Date: 01/30/24 Time: 09:00 Length: 25:00 Issue: Health topics Program: Focus on the Family

Dr. Gregory Jantz, a leading authority on mental and behavioral health, shares encouragement and help for those overwhelmed by feelings of guilt and shame associated with depression. He tells success stories from patients who've found hope and healing for mind, soul and body, by developing healthy habits, growing spiritually in your faith community, and taking prescribed medication when appropriate. (Part 1 of 2)

Date: 01/30/24 Time: 07:29 Length: 01:07 Issue: Consumer Tips Program: City of Bend Winter Tips Remove snow burms after street is plowed

Date: 01/30/24 Time: 23:29 Length: 01:07 Issue: Consumer Tips Program: City of Bend Winter Tips Remove snow burms after street is plowed

Date: 01/30/24 Time: 13:43 Length: 00:37 Issue: Consumer Tips Program: COIC Tip Prepare for fire season

Date: 01/30/24 Time: 10:00 Length: 20:00 Issue: Marriage Program: Family Life Today

How do you paying a griof and remarriage? Pop Doal Dayou for

How do you navigate grief and remarriage? Ron Deal, Davey & Kristi Blackburn know the happiness of finding each other-amidst the reality of losing someone you love.

Date: 01/30/24 Time: 20:27 Length: 01:00 Issue: Consumer Tips Program: City of Bend Winter Tips Remove snow from roof after a big snow

Date: 01/30/24 Time: 05:13 Length: 01:00 Issue: Consumer Tips Program: City of Bend Winter Tips Remove snow from roof after a big snow

Date: 01/30/24 Time: 8:00&12:00 Length: 3:55 Issue: Abortion Program: Breakpoint

Drs. George Delgado and Matthew Harrison developed "abortion pill reversal" (APR) for mothers who, after taking the first pill in the chemical abortion regimen, change their minds. Pro-abortion groups generally claim that APR is ineffective and unsafe, an assertion often repeated across media outlets. The latest video in the What Would You Say Series? responds to this claim.

Date: 01/31/24 Time: 10:25 Length: 20:00 Issue: Health topics Program: Family Talk Cardiovascular disease and various types of cancer still top the charts as the major cause of death worldwide. Dr. James Dobson and Dr. Paul Reisser

discuss the vital importance of healthy living. Discover the difference you can make in your health and that of your family's by carving out time to eat right, exercise, get proper amounts of sleep, and see your doctor regularly.

Date: 01/31/24 Time: 09:59 Length: 00:25 Issue: Consumer Tips Program: Bend Police Tip

Move over law

Date: 01/31/24 Time: 09:00 Length: 25:00 Issue: Health topics Program: Focus on the Family

Dr. Gregory Jantz, a leading authority on mental and behavioral health, shares encouragement and help for those overwhelmed by feelings of guilt and shame associated with depression. He tells success stories from patients who've found hope and healing for mind, soul and body, by developing healthy habits, growing spiritually in your faith community, and taking prescribed medication when appropriate. (Part 2 of 2)

Date: 01/31/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

"Follow your heart" is a slogan popularized by Disney movies, pop psychology, and social media. Ultimately, it is just another version of the oldest lie in the world: That you and I can be our own god. In his new book Don't Follow Your Heart: Boldly Breaking the Ten Commandments of Self-Worship, Professor Thaddeus Williams of Biola University has exposed "the cult of self" behind these mantras.

Date: 02/01/24 Time: 10:58 Length: 01:38 Issue: Consumer Tips Program: Bend Police Tip Tips to avoid thieves breaking into vehicles

Date: 02/01/24 Time: 10:25 Length: 20:00 Issue: Marriage Program: Family Talk

Society today attempts to water down or trivialize adultery, but according to the Bible, it is not acceptable within the boundaries of any relationship, let alone marriage! Dr. James Dobson and best-selling author and speaker, Jerry Jenkins, discuss the vulnerability of every marital relationship unless the proper defenses are put in place.

Date: 02/01/24 Time: 09:00 Length: 25:00 Issue: Singles Program: Focus on the Family

Inviting God Into Your Dating Relationship. Debra Fileta discusses finding your identity before you make it your relationship, having emotional boundaries, and focusing on Christ as the true healing and fulfillment in your life. Her practical advice and fun stories are something you don't want to miss! (Part 1 of 2)

Date: 02/01/24 Time: 8:00&12:00 Length: 3:55 Issue: Men's issues Program: Breakpoint

Recently in The New York Times, pop culture critic Amanda Hess argued that the immensely popular Australian children's cartoon Bluey is problematic. According to Hess, the cartoon offers an over-idealistic portrayal of parenting, especially of fathers. Not only is Bluey's puppy dad Bandit "a

good father-he is a fantasy, one crafted to appeal to adults as much as to children." It's a positive portrayal of dad's.

Date: 02/02/24 Time: 09:00 Length: 25:00 Issue: Singles

Program: Focus on the Family

Inviting God Into Your Dating Relationship. Debra Fileta discusses finding your identity before you make it your relationship, having emotional boundaries, and focusing on Christ as the true healing and fulfillment in your life. Her practical advice and fun stories are something you don't want to miss! (Part 2 of 2)

Date: 02/02/24 Time: 10:00 Length: 20:00 Issue: Family & Parenting Program: Family Life Today

Jordan Raynor shares 5 strategies for modeling a purposeful work life to your child, demonstrating how to infuse life with God for extraordinary impact.

Date: 02/02/24 Time: 09:59 Length: 00:44 Issue: Consumer Tips

Program: ODOT Safety Tip

Be sure you and your vehicle are ready before starting out

Date: 02/02/24 Time: 10:25 Length: 20:00 Issue: Marriage

Program: Family Talk

Adultery and lust are deep-rooted sins that continue to plague marriages and families. Dr. James Dobson continues his discussion with popular author and speaker, Jerry Jenkins. He identifies specific "hedges" that must be intentionally built into a marital relationship if it is to remain intact, the way God intended. Hebrews 13:4 says, "Marriage should be kept pure, for God will judge the adulterer and all the sexually immoral."

Date: 02/02/24 Time: 8:00&12:00 Length: 3:55 Issue: Gender Program: Breakpoint

In the past decade, the idea that a person can be born in the wrong body has caused significant harm to many. Now we are learning just how much this idea, whether caught online, in school, or at a counselor's office, has preyed on the most vulnerable populations. "A growing body of research demonstrates that "the disability community has been disproportionately impacted by the gender revolution."

Date: 02/03/24 Time: 08:29 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 02/05/24 Time: 09:59 Length: 00:51 Issue: Consumer Tips

Program: City of Bend Winter Tips

Residents are required to remove snow from sidewalks and remove snow around fire hydrants.

Date: 02/05/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

Did you know that there are roughly 1.25 million frozen embryos, just waiting for a chance at life? Gary Bauer talks with John and Marlene Strege about their story of being the first couple to "adopt" a frozen, fertilized egg and carry it through a successful pregnancy. The result of

that endeavor was the birth of their daughter, Hannah, who is now a young adult with dreams of opening her own adoption counseling practice.

Date: 02/05/24 Time: 07:59 Length: 00:33 Issue: Consumer Tips

Program: City of Bend Winter Tips

Move snow away from the base of the house after snow

Date: 02/05/24 Time: 09:00 Length: 25:00 Issue: Marriage

Program: Focus on the Family

How to Avoid Bad Influences On Your Marriage. Dave and Ashley Willis encourage husbands and wives to share as much as possible, rather than have separate bank accounts, hobbies, and even friends. The risk is pursuing your own life rather than prioritizing your spouse.

Date: 02/05/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

In a TEDX talk years ago, Israeli historian Yuval Harari made the startling claim that human rights do not exist. [H]uman rights are just like heaven and like God: It's just a fictional story that we've invented and spread around. > It is not a biological reality, just as jellyfish and woodpeckers and ostriches have no rights, Homo sapiens have no rights. Last week the talk resurfaced and caused a debate.

Date: 02/06/24 Time: 10:58 Length: 00:44 Issue: Consumer Tips Program: ODOT Safety Tip

Be sure you and your vehicle are ready before starting out

Date: 02/06/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

John and Marlene Strege did more than become the first couple to adopt a frozen embryo and carry it through to the birth of their daughter, Hannah. Gary Bauer concludes his enlightening discussion with John, Marlene, and Hannah about how they stood firmly on God's biblical principles and fought for the rights of the unborn. Whether in the womb or as a frozen, fertilized egg, hear how Marlene testified boldly that embryos are human beings,

Date: 02/06/24 Time: 09:59 Length: 00:51 Issue: Consumer Tips Program: City of Bend Winter Tips Residents are required to remove snow from sidewalks and remove snow around fire hydrants.

Date: 02/06/24 Time: 20:27 Length: 01:00 Issue: Consumer Tips Program: City of Bend Winter Tips Remove snow from roof after a big snow

Date: 02/06/24 Time: 8:00&12:00 Length: 3:55 Issue: Cultural Issues Program: Breakpoint

Imagine a friend told you that her baby is sick & may die. You'd feel shock & grief & likely ask how you could help. You'd commit to pray for her child & the family. Would anything change if the friend then replied, "Thank you we're hoping Fluffy pulls through"? According to many it shouldn't. As fertility hovers around an all-time low & pet ownership at

an all-time high more Americans are not only talking about but treating furry companions like children

Date: 02/07/24 Time: 20:27 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 02/07/24 Time: 10:58 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 02/07/24 Time: 09:59 Length: 00:43 Issue: Consumer Tips

Program: Bend Fire Safety Tip

Winter Safety...know where your water shut off is

Date: 02/07/24 Time: 10:00 Length: 20:00 Issue: Men's issues

Program: Family Life Today

Why is prayer important? It's a battlefield! Brian Goins, Ed Uszynski, and Darrin Mabuni discuss prayer roles as a husband and ways to make it a superpower in marriage and daily life.

Date: 02/07/24 Time: 8:00&12:00 Length: 3:55 Issue: Marriage Program: Breakpoint

Back in 2004, a collection of voices warned of the consequences of normalizing homosexuality. They were often mocked and dismissed for predicting how so-called "same-sex marriage" would usher in all kinds of other perversions. Last month, after three national news publications ran stories praising polyamory, these critics now seem like prophets.

Date: 02/08/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

Pam Farrel (raised by a single mom) and PeggySue Wells (a single mom of seven!) offer guidance to single moms (and dads!) as they navigate life with their children. They examine some of the best decisions a single mom can make-things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways. It's an encouraging conversation for the single parent! (Part 1 of 2)

Date: 02/08/24 Time: 09:59 Length: 00:51 Issue: Consumer Tips

Program: City of Bend Winter Tips

Residents are required to remove snow from sidewalks and remove snow around fire hydrants.

Date: 02/08/24 Time: 21:58 Length: 01:00 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow from roof after a big snow

Date: 02/08/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

Ever wonder if your spouse is hiding something? Dave Wilson and Brian Goins host Ed Uszynski, and Darrin Mabuni to discuss why the dark parts of your marriage need the light.

Date: 02/08/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

Chuck Colson often said, "Christianity is more than a relationship with Jesus." It isn't less than that, to be sure. One of the most amazing things about God's posture toward us is that He not only reveals His will, but He reveals Himself, especially in Christ Jesus. I asked Michael Craven, Vice President of Equipping and Mobilization at the Colson Center, to describe what the Fellows program is like.

Date: 02/09/24 Time: 10:00 Length: 20:00 Issue: Men's issues Program: Family Life Today

Men, having other guy friends is key for successful marriages, parenting, and your overall well-being. But how do those kinds of relationships work?

Date: 02/09/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

Pam Farrel (raised by a single mom) and PeggySue Wells (a single mom of seven!) offer guidance to single moms (and dads!) as they navigate life with their children. They examine some of the best decisions a single mom can make-things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways. It's an encouraging conversation for the single parent! (Part 2 of 2)

Date: 02/09/24 Time: 10:59 Length: 00:33 Issue: Consumer Tips Program: Bend Fire Safety Tip

Winter Fire Safety Information

Date: 02/09/24 Time: 09:59 Length: 00:51 Issue: Consumer Tips Program: City of Bend Winter Tips

Residents are required to remove snow from sidewalks and remove snow around fire hydrants.

Date: 02/09/24 Time: 8:00&12:00 Length: 3:55 Issue: Gender Program: Breakpoint

Montana Child and Family Services (CFS) has removed a 14-year-old daughter, who goes by "Jennifer," from the custody of her father and stepmother. Todd and Krista Kolstad refused to affirm Jennifer's self-professed transgender identity.

Date: 02/12/24 Time: 09:00 Length: 25:00 Issue: Health topics Program: Focus on the Family

Research increasingly shows that our culture is in the midst of a mental health epidemic, especially among children and youth - persistent feelings of sadness and hopelessness, anxiety and even suicidal thoughts. But Dr. Danny Huerta believes parents can offset these issues by routinely initiating conversations with their children to assess their mental and emotional well-being. He encourages parents to establish a solid spiritual environment in the home

Date: 02/12/24 Time: 10:58 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 02/12/24 Time: 09:59 Length: 00:47 Issue: Consumer Tips

Program: Bend Fire Safety Tip Space Heater Safety Information

Date: 02/12/24 Time: 10:25 Length: 20:00 Issue: Marriage

Program: Family Talk

God intended sex to be reserved for and exclusive to a marital relationship. On today's classic edition of Family Talk, we'll learn why that divine purpose has been disregarded through Dr. James Dobson's interview with sex therapists, Dr. Clifford and Joyce Penner. They share how pornography and casual sex have warped our view of intimacy.

Date: 02/12/24 Time: 8:00&12:00 Length: 3:55 Issue: Cultural Issues Program: Breakpoint

Earlier this month, tech multi-millionaire and anti-aging obsessionist Bryan Johnson invited 2,500 people to apply for a spot in his latest endeavor. "Project Blueprint" is a 90-day, watered-down version of Johnson's extreme \$2-million-per-year anti-aging regimen. The project's goal is simply, "Don't die." The illusion that eventually, somehow, we will gain mastery over our mortality.

Date: 02/13/24 Time: 10:00 Length: 20:00 Issue: Cultural Issues Program: Family Life Today

When did it become so hard to know how to do friendship? Jared and Becky Wilson emphasize friendship's importance, sharing ideas on ways to start.

Date: 02/13/24 Time: 10:25 Length: 20:00 Issue: Marriage Program: Family Talk

Husbands and wives have a mutual responsibility laid out in Scripture to love and respect one another. Dr. James Dobson concludes his insightful discussion with featured guests, Dr. Clifford and Joyce Penner, as they share why those biblical concepts are foundational to a couple's sex life in a successful and fulfilling marriage.

Date: 02/13/24 Time: 09:00 Length: 25:00 Issue: Abortion Program: Focus on the Family

Discovering the Secrets to a Lifelong Romance. Popular guest Dr. Kevin Leman offers practical suggestions for maintaining a lasting, thriving marriage, including identifying your spouse's key needs, living a lifestyle of "24/7 intimacy," using feelings to strengthen your relationship, and more. Jim Daly's wife, Jean, joins the conversation to offer her insights from their marriage of over 30 years. (Part 1 of 2)

Date: 02/13/24 Time: 8:00&12:00 Length: 3:55 Issue: Gender Program: Breakpoint

Recently, The New York Times published an opinion column describing stories of people who, we've long been told, don't exist. According to transgender activists and their allies in media, those who "detransition" are either legends or are so rare that they're viewed as right-wing pawns and talking points. Many were surprised at this opinion piece.

Date: 02/14/24 Time: 10:25 Length: 20:00 Issue: Marriage

Program: Family Talk

Contrary to the claims of pop culture, true love is not just an emotional term, and not necessarily romantic. Biblically speaking, the cornerstone of marital love is an unflinching commitment to one's spouse and a Christlike posture of self-sacrifice. Dr. James Dobson discusses the real meaning of love with Bob Lepine, author of Love Like You Mean It.

Date: 02/14/24 Time: 10:00 Length: 20:00 Issue: Marriage Program: Family Life Today

Life is crazy. How do you stay close? President of FamilyLife, David Robbins and his wife Meg reveal practical ways to strengthen connection among busyness. Explore tangible approaches for building deeper intimacy.

Date: 02/14/24 Time: 09:00 Length: 25:00 Issue: Abortion Program: Focus on the Family

Discovering the Secrets to a Lifelong Romance. Popular guest Dr. Kevin Leman offers practical suggestions for maintaining a lasting, thriving marriage, including identifying your spouse's key needs, living a lifestyle of "24/7 intimacy," using feelings to strengthen your relationship, and more. Jim Daly's wife, Jean, joins the conversation to offer her insights from their marriage of over 30 years. (Part 2 of 2)

Date: 02/14/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

325A.D. the Council of Nicaea decided that Easter should be celebrated on the Sunday following the first full moon either on or after the spring equinox. The date upon which Christians celebrate the resurrection is essentially the result of a sort of astronomical convergence. This year there's another fascinating religious&cultural convergence on the calendar. Today is both Valentine's Day& Ash Wednesday. Could there be 2 more culturally different days?

Date: 02/15/24 Time: 10:59 Length: 00:47 Issue: Consumer Tips Program: Bend Fire Safety Tip Space Heater Safety Information

Date: 02/15/24 Time: 10:25 Length: 20:00 Issue: Marriage Program: Family Talk

Many people casually believe that marriage should be a 50/50 proposition. But we need to be careful that we're not mistakenly manifesting a performance-based marriage, where a husband and wife are always keeping score. Dr. James Dobson concludes his tough discussion with Bob Lepine on the biblical understanding of what real love is supposed to be

Date: 02/15/24 Time: 09:59 Length: 00:43 Issue: Consumer Tips Program: Bend Fire Safety Tip Winter Safety...know where your water shut off is

Date: 02/15/24 Time: 8:00&12:00 Length: 3:55 Issue: Morality Program: Breakpoint

Theologian Stanley Hauerwas once said that if in 100 years, Christians are known as those who do not kill their children or their elderly, we will have doing something right. His words are especially prophetic in light of a post-Christian West that has in many ways embraced killing. This month,

the Dutch government implemented a policy that permits terminally ill children up to 12 years old to be euthanized.

Date: 02/16/24 Time: 10:59 Length: 00:24 Issue: Consumer Tips

Program: ODOT Safety Tip

Snow plow safety

Date: 02/16/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

Our marriage feels...off. David & Meg Robbins recognize signs of strain, offering practical advice to strengthen your relationship.

Date: 02/16/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion

Program: Breakpoint
What is Colson Fellows?

Date: 02/19/24 Time: 09:00 Length: 25:00 Issue: Abortion

Program: Focus on the Family

Kristan Hawkins, the president of Students for Life of America, shares inspiring stories about the pro-life movement and will help you to speak up for the preborn and vulnerable women. She talks about what motivated her as a teenager to get involved in the pro-life movement, her work with Students for Life of America, and how to graciously deal with criticism, attacks, and misinformation from abortion advocates

Date: 02/19/24 Time: 07:58 Length: 00:51 Issue: Consumer Tips

Program: City of Bend Winter Tips

Residents are required to remove snow from sidewalks and remove snow around fire hydrants.

Date: 02/19/24 Time: 09:59 Length: 00:47 Issue: Consumer Tips

Program: Bend Fire Safety Tip Space Heater Safety Information

Date: 02/19/24 Time: 10:00 Length: 20:00 Issue: Health topics

Program: Family Life Today

Join Campbell Brown as she bravely shares her anorexia journey, and her mom Rachel discusses support on the road to recovery.

Date: 02/19/24 Time: 17:14 Length: 00:33 Issue: Consumer Tips

Program: City of Bend Winter Tips

Move snow away from the base of the house after snow

Date: 02/19/24 Time: 12:47 Length: 00:33 Issue: Consumer Tips

Program: Bend Fire Safety Tip Winter Fire Safety Information

Date: 02/19/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues

Program: Family Talk

Your voice matters! Never has there been a time when this powerful statement was more necessary to promote. Gary Bauer interviews Penny Young Nance, CEO and president of Concerned Women for America. Be inspired as you listen to Penny's bold resolve to stand in the gap and fight for

women's and children's rights and their religious freedoms. "If you can't stand when things are the hardest, what are you doing?".

Date: 02/19/24 Time: 8:00&12:00 Length: 3:55 Issue: Abortion Program: Breakpoint

Years from now, by God's grace, the world may look back with horror on the abortion holocaust that engulfed our nation and much of the world. When they do, people will discuss the movement that helped make this injustice unthinkable for civilized people. One of the people has been Scott Klusendorf, who is also the president of Life Training Institute.

Date: 02/20/24 Time: 10:58 Length: 00:47 Issue: Consumer Tips Program: ODOT Safety Tip

Be careful using GPS...it may lead you onto roads that are not passable during winter

Date: 02/20/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

Who would have thought there would ever be a need to ask the question, "What is a woman?" Gary Bauer concludes his in-depth discussion with Penny Young Nance about the state of our country. Penny and her organization, Concerned Women for America, are fighting for seven core issues, the family, the sanctity of human life, religious liberty, education, sexual exploitation, national sovereignty, and support for Israel.

Date: 02/20/24 Time: 05:31 Length: 00:25 Issue: Consumer Tips Program: Bend Police Tip Move over law

Date: 02/20/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

Practical Advice for Parenting Strong-Willed Children. . Educator and author Cynthia Tobias offers encouragement and practical advice for the difficult scenarios faced by frustrated parents of strong-willed children, ranging from very young to adult. (Part 1 of 2)

Date: 02/20/24 Time: 07:59 Length: 00:33 Issue: Consumer Tips Program: Bend Fire Safety Tip Winter Fire Safety Information

Date: 02/20/24 Time: 10:00 Length: 20:00 Issue: Health topics Program: Family Life Today

Campbell Brown opens up about overcoming her body image issues and eating disorder as she blends a Christian perspective on mental health.

Date: 02/20/24 Time: 09:59 Length: 00:43 Issue: Consumer Tips Program: Bend Fire Safety Tip

Winter Safety...know where your water shut off is

Date: 02/20/24 Time: 8:00&12:00 Length: 3:55 Issue: Family & Parenting Program: Breakpoint

Last year, the population of the nation of China dropped by at least two million people. That number is over double the nation's population decline in 2022. For context, this is like the U.S. losing the entire population

of the state of Nebraska or the city of Houston, Texas in a single year. What continues to drive China's drastic decline in population is a drop in births.

Date: 02/21/24 Time: 10:25 Length: 20:00 Issue: Marriage Program: Family Talk

Pastor Ted Cunningham, comedian on the "Date Night Comedy Tour," insists that you haven't started marriage until you end up with your parents' broken-in, worn-out mattress. Since the dip is already built in, you'll both roll to the center! On a serious note, Cunningham wisely counsels spouses to plug into God as their source of life instead of relying on their husband or wife to provide happiness and purpose.

Date: 02/21/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

Practical Advice for Parenting Strong-Willed Children. . Educator and author Cynthia Tobias offers encouragement and practical advice for the difficult scenarios faced by frustrated parents of strong-willed children, ranging from very young to adult. (Part 2 of 2)

Date: 02/21/24 Time: 10:00 Length: 20:00 Issue: Health topics Program: Family Life Today

Campbell Brown and therapist Sissy help you create a safe home for teens-addressing eating disorders, body image, and emotional well-being.

Date: 02/21/24 Time: 8:00&12:00 Length: 3:55 Issue: Cultural Issues Program: Breakpoint

In a rare moment of bipartisanship, senators on both sides of the aisle have agreed that social media is not safe for teens. Public concern about social media's ill effects, especially on the mental health of teenagers, has been growing for years.

Date: 02/22/24 Time: 09:00 Length: 25:00 Issue: Marriage Program: Focus on the Family

Restoring Your Marriage After an Affair. . Infidelity can rip a marriage apart - and it's hard to imagine a betrayal more painful than finding out your spouse is involved with someone else. Josh and Katie Walters share the story of Katie's affair with the husband of their good friend couple, and how Katie vacillated for quite a while, torn between doing the right thing (Part 1 of 2)

Date: 02/22/24 Time: 10:58 Length: 01:07 Issue: Consumer Tips Program: City of Bend Winter Tips Remove snow burms after street is plowed

Date: 02/22/24 Time: 8:00&12:00 Length: 3:55 Issue: Gender Program: Breakpoint

Recently on X, atheist Richard Dawkins called out the "once-great" Scientific American for denying that "sex is a true binary." His tweet was in response to a 2019 article entitled "Stop Using Phony Science to Justify Transphobia." The author, a male who insists on the pronouns "she/they," claimed that "the popular belief that your sex arises only from your chromosomal makeup is wrong.

Date: 02/23/24 Time: 09:59 Length: 00:25 Issue: Consumer Tips

Program: Bend Police Tip

Move over law

Date: 02/23/24 Time: 09:00 Length: 25:00 Issue: Marriage

Program: Focus on the Family

Restoring Your Marriage After an Affair. . Infidelity can rip a marriage apart - and it's hard to imagine a betrayal more painful than finding out your spouse is involved with someone else. Josh and Katie Walters share the story of Katie's affair with the husband of their good friend couple, and how Katie vacillated for quite a while, torn between doing the right thing (Part 2 of 2)

Date: 02/23/24 Time: 8:00&12:00 Length: 3:55 Issue: Cultural Issues Program: Breakpoint

In sci-fi and horror movies, the "mad scientist" rarely begins as a villain. Their plight is as familiar in real life as on screen, most recently with artificial intelligence. Though many predictions about AI are still more science-fiction than fact, it is advancing faster than many expected. The next Breakpoint Forum will bring some clarity to these issues and is appropriately entitled, "The Perils and Promise of Artificial Intelligence."

Date: 02/26/24 Time: 10:25 Length: 20:00 Issue: Marriage

Program: Family Talk

Divorce is a painful and discouraging end to nearly half of all marriages, but what if there were warning signs and techniques that could help couples avoid this heartache? Dr. James Dobson discusses these crucial details with Dr. Scott Stanley and the late Dr. Gary Smalley.

Date: 02/26/24 Time: 8:00&12:00 Length: 3:55 Issue: Cultural Issues Program: Breakpoint

Why should people exercise, eat better, or cut back on caffeine consumption? Yesteryear, the answer was simple: It would be good for them. Today, however, it's to fight climate change. Apparently, at least according to the mainstream press and government, the best way to sell behavior, policy, or technology is not by touting the obvious, it's to, possibly, help cool the planet.

Date: 02/27/24 Time: 09:00 Length: 25:00 Issue: Marriage

Program: Focus on the Family

When Lives Collide: Navigating Remarriage and Stepfamily. . In this broadcast, Sabrina Beasley McDonald will help couples and single adults prepare for remarriage and the formation of a stepfamily. She also talks about the unique challenges that couples face in remarriages and stepfamilies face. (Part 1 of 2)

Date: 02/27/24 Time: 10:58 Length: 00:47 Issue: Consumer Tips

Program: Bend Fire Safety Tip Space Heater Safety Information

Date: 02/27/24 Time: 10:25 Length: 20:00 Issue: Marriage

Program: Family Talk

Conflict is an uncomfortable but inevitable part of every relationship. How you and your spouse handle conflict will determine the quality of your marriage. Dr. James Dobson continues his discussion with marital experts, Dr. Scott Stanley and the late Dr. Gary Smalley.

Date: 02/27/24 Time: 8:00&12:00 Length: 3:55 Issue: Family & Parenting Program: Breakpoint

Fewer people today are raising children. Farmers "raise" crops and animals, activities vital for any society that hopes to have food. Of course, not everyone needs to farm. However, some percentage of the population must, or we will starve. In the same way, not everyone can or will choose to raise children, but many people must if a society is to continue.

Date: 02/28/24 Time: 10:25 Length: 20:00 Issue: Marriage Program: Family Talk

All marriages go through periods of discord, where it feels like all you do is argue. Couples must, however, remain faithful to their vows and fight for their relationship instead of waging war against it. Dr. James Dobson, along with Drs. Scott Stanley and Gary Smalley, answer questions from the audience about marital issues.

Date: 02/28/24 Time: 10:00 Length: 20:00 Issue: Cultural Issues Program: Family Life Today

Truth: Phones are designed to keep us scrolling and swiping at all costs. Jay Kim reveals eye-opening ways our phones can impact our souls and the church.

Date: 02/28/24 Time: 09:00 Length: 25:00 Issue: Marriage Program: Focus on the Family

When Lives Collide: Navigating Remarriage and Stepfamily. . In this broadcast, Sabrina Beasley McDonald will help couples and single adults prepare for remarriage and the formation of a stepfamily. She also talks about the unique challenges that couples face in remarriages and stepfamilies face. (Part 2 of 2)

Date: 02/28/24 Time: 8:00&12:00 Length: 3:55 Issue: Abortion Program: Breakpoint

A decision by the Supreme Court of Alabama, that the state's Wrongful Death of a Minor Act applies to "all unborn children, regardless of their location" including "extrauterine" embryos stored in a "cryogenic nursery," has resulted in at least three fertility clinics suspending in vitro fertilization (IVF) services.

Date: 02/29/24 Time: 10:00 Length: 20:00 Issue: Cultural Issues Program: Family Life Today

Feeling low after scrolling, but don't know why? Social media can cause low self-esteem and addiction. Jay Y. Kim examines how to to unplug--and increase contentment.

Date: 02/29/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

The reach of Marxist ideology has spread throughout our country's education system and its corporations, media and government. On today's

edition of Family Talk, Mark Levin, author of American Marxism, discusses with Dr. James Dobson that this God-hating, individual-despising worldview is often cloaked in deceptive labels such as "progressivism." The enemy is working 24/7 against all that we hold dear in America.

Date: 02/29/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

Throughout the Bible, for example in Galatians 4:4 or Paul's speech to the "Men of Athens" recorded in Acts 17, God is described as a God of historical precision. He is outside of but fully in control of time and place. Today, Leap Day, is an appropriate day to think about our relationship to time.

Date: 03/01/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

Teaching Kids to Love God and Serve Others Well. Monica Swanson shares a story about taking her son Jonah through "character training" when he was 13 to learn more about the importance of godly character in his life. She also shares why allowing kids to suffer and learn through adversity will help them become stronger and healthier adults

Date: 03/01/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

Dr. James Dobson concludes his powerful discussion with Mark Levin, author of American Marxism, as he describes the stark differences between Marxism and our founding fathers' vision for America. Some of these contradictions are repression vs. engagement; compliance vs. speech; conformity vs. independence; and subjugation vs. liberty. Make no mistake, America is long overdue for patriots to speak out.

Date: 03/01/24 Time: 09:59 Length: 00:43 Issue: Consumer Tips Program: Bend Fire Safety Tip Winter Safety...know where your water shut off is

Date: 03/01/24 Time: 8:00&12:00 Length: 3:55 Issue: Abortion Program: Breakpoint

GK Chesterton said, "The Christian ideal has not been tried and found wanting. It has been found difficult; and left untried." The same might be said of post-Roe America. In a recent interview with Shane Morris on the Colson Center's Upstream podcast, pro-life apologist Scott Klusendorf said something difficult out loud: There's something not right in the worldview structures that we had assumed all along were in our favor, and they're not.

Date: 03/04/24 Time: 09:00 Length: 25:00 Issue: Marriage Program: Focus on the Family

Embracing Your Role as a Spouse. Pastor Kevin Thompson explores three primary roles in marriage - friend, partner, and lover - and explains how spouses can live out those roles optimally by investing in their relationship mentally, emotionally, and physically.

Date: 03/04/24 Time: 10:00 Length: 20:00 Issue: Singles

Program: Family Life Today

Got a date tonight? What to wear, who's paying? Shelby guides with tips on communication, single life, and dating etiquette. Get ready to ace your game.

Date: 03/04/24 Time: 10:58 Length: 00:43 Issue: Consumer Tips

Program: Bend Fire Safety Tip

Winter Safety...know where your water shut off is

Date: 03/04/24 Time: 8:02&12:00 Length: 3:55 Issue: Gender

Program: Breakpoint

Several years ago, 16-year-old Yaeli Martinez was removed from her home by the state of California after her mother wouldn't affirm that she was a boy. After the state took over, Yaeli tragically ended her own life at age 19. In 2019, the son of Mary and Jeremy Cox of Indiana announced he was a girl. State officials, after learning that the Coxes would not use their son's "preferred pronouns," removed him from their care.

Date: 03/05/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

About to say "I do"--or new to this marriage thing? Skittish after a recent fight? David & Meg Robbins cover the must-have pre-marriage talks like money, sex and in-laws!

Date: 03/05/24 Time: 09:58 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 03/05/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

Dr. James Dobson interviews Donna Rice Hughes and discusses the early years of her life that culminated in betrayal and sexual exploitation. Donna proudly shares how God used those events to get her attention and reverse the trajectory of her life. Hear Donna's journey back to redemption, and all that she is doing as CEO of Enough is Enough, an organization dedicated to making the Internet safer for everyone.

Date: 03/05/24 Time: 10:58 Length: 00:47 Issue: Consumer Tips Program: ODOT Safety Tip

Be careful using GPS...it may lead you onto roads that are not passable during winter

Date: 03/05/24 Time: 07:59 Length: 00:33 Issue: Consumer Tips

Program: City of Bend Winter Tips

Move snow away from the base of the house after snow

Date: 03/05/24 Time: 09:00 Length: 25:00 Issue: Gender

Program: Focus on the Family

God's Amazing Grace in a Transgendered Person's Life. Laura Perry Smalts shares about her 7-year journey of transitioning and identifying as a male before realizing she was living a lie and then fully embracing her female gender. She tells about her painful experiences living with a self-created identity outside of God's design and incredible plan for her, revealed through her loving parents (Part 1 of 2)

Date: 03/05/24 Time: 8:00&12:00 Length: 3:55 Issue: Abortion Program: Breakpoint

Last month, in the Journal of American Medicine, the medical director of Planned Parenthood Montana claimed that 64,565 babies had likely been conceived in rape in the 14 states where abortion is restricted since the Supreme Court's Dobbs decision. The claim was put forth as the results of a formal study, though the authors admit that "no reliable state-level data > are available," and their numbers were "estimated." This study is misleading.

Date: 03/06/24 Time: 09:58 Length: 01:00 Issue: Consumer Tips Program: City of Bend Winter Tips Remove snow from roof after a big snow

Date: 03/06/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

As the big day nears, are you truly ready for marriage? David & Meg Robbins share insights they wish they'd had before marriage.

Date: 03/06/24 Time: 09:00 Length: 25:00 Issue: Gender Program: Focus on the Family

God's Amazing Grace in a Transgendered Person's Life. Laura Perry Smalts shares about her 7-year journey of transitioning and identifying as a male before realizing she was living a lie and then fully embracing her female gender. She tells about her painful experiences living with a self-created identity outside of God's design and incredible plan for her, revealed through her loving parents (Part 2 of 2)

Date: 03/06/24 Time: 08:58 Length: 00:37 Issue: Consumer Tips Program: COIC Tip

Prepare for fire season

Date: 03/06/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

Dr. James Dobson welcomes back to the studio, Donna Rice Hughes, CEO of Enough is Enough. Donna shares her organization's latest achievements in making the Internet safer, and their continued fight against pornography and cyberbullying.

Date: 03/06/24 Time: 10:58 Length: 01:07 Issue: Consumer Tips

Program: City of Bend Winter Tips

Remove snow burms after street is plowed

Date: 03/06/24 Time: 8:00&12:00 Length: 3:55 Issue: Education Program: Breakpoint

If actions speak louder than words & if this applies to science, then the idea of Intelligent Design is a lot more popular than many scientists let on. Atheist Richard Dawkins famously described biology as "the study of complicated things that give the appearance of having been designed for a purpose." Yet, as Jonathan Witt pointed out recently at Evolution News and Views, those "accidents" have a curious habit of upstaging human technology.

Date: 03/07/24 Time: 09:58 Length: 00:37 Issue: Consumer Tips

Program: COIC Tip

Prepare for fire season

Date: 03/07/24 Time: 10:25 Length: 20:00 Issue: Abortion

Program: Family Talk

Dr. James Dobson interviews pro-life advocate, Dr. William Lile. He shares his passion for defending the pre-born, as well as his research that will leave you wondering how anyone could believe that the unborn are not human beings. Tune in and learn of the science that points to life at conception.

Date: 03/07/24 Time: 09:00 Length: 25:00 Issue: Women's Issues Program: Focus on the Family

Never Perfect: Finding More Joy, and Less Guilt, As a Mom. Leslie and her husband Duncan have raised six kids on two remote islands in Alaska. She shares her journey from perfect mother, to fishing-crew mother, to embattled mother, to happy "good-enough" mother who discovers the power of true love.

Date: 03/07/24 Time: 10:00 Length: 20:00 Issue: Marriage Program: Family Life Today

Crave that forever love? David & Meg Robbins are here to support you with tips on tackling relationship hurdles and blending families. They've got some awesome Christian marriage resources to guide you through the twists and turns, helping you rediscover those sweet little things about your future spouse from the time you met.

Date: 03/07/24 Time: 10:58 Length: 01:07 Issue: Consumer Tips Program: City of Bend Winter Tips Remove snow burms after street is plowed

Date: 03/07/24 Time: 8:00 Length: 3:55 Issue: Women's Issues Program: Breakpoint

In his book How the Irish Saved Civilization, author Thomas Cahill described the outsized role the small island played in preserving literacy and learning between the fall of Rome & emergence of the medieval period. If a book on Ireland is written years from now, the title will be How the Irish Lost the Civilization It Saved. On March 8, International Women's Day, a referendum will be held on whether to erase the word "mother" from the Irish constitution.

Date: 03/08/24 Time: 10:00 Length: 20:00 Issue: Family & Parenting Program: Family Life Today

Stepparenting is hard, especially after loss of a family member. Ron Deal understands how blending a family can be hard, and in his book 'Preparing to Blend,' crafted for engaged or pre-engaged couples with kids from previous relationships, he guides you through the journey of combining loss and love, touching on wedding planning and communication.

Date: 03/08/24 Time: 10:25 Length: 20:00 Issue: Abortion Program: Family Talk

Dr. James Dobson welcomes back pro-life advocate, Dr. William Lile, to conclude their fascinating discussion. Dr. Lile shares tender stories of women who successfully reversed their abortions through revolutionary

medical intervention. Discover hope that may exist if women suddenly have a change of heart and want to keep their babies!

Date: 03/08/24 Time: 8:00&12:00 Length: 3:55 Issue: Gender Program: Breakpoint

Internal files leaked from the World Professional Association of Transgender Health (WPATH), the leading medical association pushing for the chemical & surgical "gender transition" of minors, were made public by journalist & thought leader Michael Shellenberger. The leaked "WPATH Files," however, reveal a different, more damning story. "Transitioning" can lead to painful complications, regret & even life-threatening conditions such as cancer.

Date: 03/11/24 Time: 10:00 Length: 20:00 Issue: Marriage Program: Family Life Today

Remember the days before kids, work, and pets, when it was just you and your spouse? Can you ever get that feeling back? Well, on our Love Like You Mean It Cruise, Ted and Amy Cunningham, celebrating 27 years together, are talking about how to keep laughing together and liking each other. Join us as we hear their stories and snag a few pointers.

Date: 03/11/24 Time: 09:00 Length: 25:00 Issue: Education Program: Focus on the Family Cynthia Tobias shares practical advice on how to best maximize your student's environment, attitude, time-management, learning style, organizational skills, and mental capacity. She will help parents understand the various schooling options so they can decide what method of education will be best for their child.

Date: 03/11/24 Time: 10:58 Length: 00:43 Issue: Consumer Tips Program: Bend Fire Safety Tip Winter Safety...know where your water shut off is

Date: 03/11/24 Time: 8:00&12:00 Length: 3:55 Issue: Religious Freedom Program: Breakpoint

Each year, the Colson Center presents the William Wilberforce Award to a Christian leader who has made a lasting difference in their sphere of influence, demonstrating similar principled courage as British abolitionist William Wilberforce. At this year's Colson Center National Conference, Hobby Lobby founders David and Barbara Green will be awarded the 2024 Wilberforce Award.

Date: 03/12/24 Time: 10:00 Length: 20:00 Issue: Marriage Program: Family Life Today

Maybe your husband's buried in his phone. Lost in work. Clueless about household chores. It's tempting to want to fix him, right? But what if all that nagging is doing more harm than good? Ann Wilson has been there, done that. She's got wisdom to share about the freedom that comes when we let go of the constant nagging.

Date: 03/12/24 Time: 09:59 Length: 00:25 Issue: Consumer Tips Program: Bend Police Tip

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Move over law

Date: 03/12/24 Time: 8:00&12:00 Length: 3:55 Issue: Youth Program: Breakpoint

H.L. Mencken famously defined Puritanism as "[t]he haunting fear that someone, somewhere, may be happy." However, judging by the mental and emotional condition of the children of secularism, it is not Christianity-Puritan or otherwise-that is making people unhappy. Last year, a Gallup poll found that just 41% of Generation Z feel as if they are thriving, compared with 60% of Millennials at the same age.

Date: 03/13/24 Time: 09:00 Length: 25:00 Issue: Marriage Program: Focus on the Family

Identifying Triggers in Your Marriage. Based on their book Marriage Triggers, Amber and Guy Lia discuss common, everyday things - from house cleaning and backseat driving to workaholism and lack of intimacy - which can provoke anger and tension in marriage. Our guests explain how couples can identify those 'triggers' and deal with them in a healthy way. (Part 1 of 2)

Date: 03/13/24 Time: 09:59 Length: 00:25 Issue: Consumer Tips

Program: Bend Police Tip

Move over law

Date: 03/13/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

What's it look like to keep the romance alive when it things are flaming out? Well, Ron & Nan Deal, Juli Slattery, and Michael R. Sytsma, PhD are here to help. They're talking about bringing back that love, having meaningful chats and noticing when things feel off.

Date: 03/13/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

More and more younger Christians have been encouraged to deconstruct their faith. Often, it begins with a well-known Christian author, pastor, musician, or public figure announcing that they are no longer a Christian. They make an announcement online. Thankfully, a new book, The Deconstruction of Christianity: What It Is, Why It's Destructive & How to Respond explains deconstruction for what it really is and helps Christians respond with grace & wisdom.

Date: 03/14/24 Time: 10:25 Length: 20:00 Issue: Religious Freedom Program: Family Talk

Roger Marsh interviews Jeremy Dys, senior counsel at First Liberty Institute. Learn how Jeremy, from as early as eighth grade, showed obvious skills that would lead him to become an attorney to defend religious freedom across the nation.

Date: 03/14/24 Time: 09:00 Length: 25:00 Issue: Marriage

Program: Focus on the Family

Identifying Triggers in Your Marriage. Based on their book Marriage Triggers, Amber and Guy Lia discuss common, everyday things - from house cleaning and backseat driving to workaholism and lack of intimacy - which can provoke anger and tension in marriage. Our guests explain how couples can identify those 'triggers' and deal with them in a healthy way. (Part 2 of 2)

Date: 03/14/24 Time: 09:59 Length: 00:53 Issue: Consumer Tips

Program: Bend Police Tip

Home security

Date: 03/14/24 Time: 8:00&12:00 Length: 3:55 Issue: Education Program: Breakpoint

Seven years ago, the news was grim. National Geographic reported that "Half of the Great Barrier Reef Is Dead" due to climate change. The Guardian solemnly pronounced, "Great Barrier Reef at 'Terminal Stage.'" The Washington Post agreed: "The Great Barrier Reef Is Dying." By now, given the alarm in those headlines, Australia's most famous natural treasure is surely lost, isn't it? Well, no.

Date: 03/15/24 Time: 10:25 Length: 20:00 Issue: Religious Freedom Program: Family Talk

Roger Marsh concludes his discussion with Jeremy Dys, senior counsel at First Liberty Institute, on the subject of America's religious freedoms. Jeremy boldly reminds us that the Bible is the foundation of our great country, and urges, "Go and do the ministry that God has called you to do without any fear of what the government may or may not say!"

Date: 03/15/24 Time: 10:59 Length: :34 Issue: Consumer Tips Program: Bend Police Tip

Bend Police EBike Rules

Date: 03/15/24 Time: 08:58 Length: 00:53 Issue: Consumer Tips

Program: Bend Police Tip

Home security

Date: 03/15/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

Becoming Screen Savvy As a Family. Adam Holz and Paul Asay from Focus on the Family's Plugged In team equips you to guide your family to make healthy media choices. They explain what the Bible says about entertainment and how to engage with and teach your kids discernment when it comes to what they are watching and playing.

Date: 03/15/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

Of the thousands of green-clad parade-goers, marchers, and partiers, few know about Patrick, the man for whom the holiday is named. Fewer still know of the man beyond the legend, who supposedly drove the snakes out of Ireland and certainly possessed an indomitable faith in Jesus Christ. In 2006, Chuck Colson told St. Patrick's story in a Breakpoint commentary.

Date: 03/18/24 Time: 10:58 Length: 00:41 Issue: Consumer Tips

Program: Bend Police Tip

Home security

Date: 03/18/24 Time: 07:58 Length: :34 Issue: Consumer Tips

Program: Bend Police Tip Bend Police EBike Rules Date: 03/18/24 Time: 8:00&12:00 Length: 3:55 Issue: Education Program: Breakpoint

According to a recent article in the Washington Post, some 65% of "teachers said that they limited their instruction because they were afraid of upsetting parents > and felt uncertain about whether their school or district leaders would support them if parents expressed concerns." To varying degrees, teachers in more progressive and in more right-leaning areas admitted as much.

Date: 03/19/24 Time: 10:59 Length: 00:41 Issue: Consumer Tips Program: Bend Police Tip Home security

Date: 03/19/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family Praying for Your Teen's Heart and Future. Parents often face the teen years with fear because we often don't fully understand what struggles

teens are dealing with. Jodie wants to equip parents of teens to pray with confidence about dating, peer pressure, social media, prodigals and more - using the power of God's Word. (Part 1 of 2)

Date: 03/19/24 Time: 8:00&12:00 Length: 3:55 Issue: Abortion Program: Breakpoint

Walgreens and CVS, the two largest U.S. pharmacy chains, recently announced that they will begin offering the abortion pill mifepristone at select stores this month. Walgreens plans to sell the pill at locations in New York, Pennsylvania, Massachusetts, California, and Illinois, with hopes to expand to other locations and states soon. CVS will offer the pill in Massachusetts and Rhode Island and then expand to other states.

Date: 03/20/24 Time: 10:00 Length: 20:00 Issue: Marriage Program: Family Life Today

Can you really keep that deep, real connection with your spouse when life's throwing a million things at you? Between work, dinner, kids, and endless scrolling on our phones, it feels like there's never a moment to just breathe, let alone - connect. But don't worry, Tim & Kathy Bush are here to teach how to keep the emotional connection even when life's busy. Let's dive in and learn how to make each other a priority when things get crazy!

Date: 03/20/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family

Praying for Your Teen's Heart and Future. Parents often face the teen years with fear because we often don't fully understand what struggles teens are dealing with. Jodie wants to equip parents of teens to pray with confidence about dating, peer pressure, social media, prodigals and more - using the power of God's Word. (Part 2 of 2)

Date: 03/20/24 Time: 8:00&12:00 Length: 3:55 Issue: Health topics Program: Breakpoint

The old saying goes..."To a hammer, everything looks like a nail." Among the hammers today is psychotherapy, and too many wielding it are convinced that every human problem is a nail. However, the unprecedented rise of mental health problems in Generation Z suggests that the overuse of this

tool has done as much harm as good. In a bold new book, Abigail Shrier confronts the idea of psychology as an all-consuming ideology.

Date: 03/21/24 Time: 10:58 Length: 00:53 Issue: Consumer Tips

Program: Bend Police Tip

Home security

Date: 03/21/24 Time: 09:59 Length: 00:33 Issue: Consumer Tips

Program: Bend Police Tip

Bicycle Safety

Date: 03/21/24 Time: 07:58 Length: 00:41 Issue: Consumer Tips

Program: Bend Police Tip

Home security

Date: 03/21/24 Time: 10:25 Length: 20:00 Issue: Abortion

Program: Family Talk

Did you know that the number of abortions in the U.S. since 1973 is over 66 million? That is six times greater than the total number of deaths due to the Civil War, World Wars I and II, the Korean War and the Vietnam War put together! Michele Bachmann interviews Allan Parker, Jr., president of The Justice Foundation and the author of the book, Reversing Roe v. Wade: My Journey with Roe, Doe and God.

Date: 03/21/24 Time: 8:00&12:00 Length: 3:55 Issue: Marriage Program: Breakpoint

Gallup polls say, 71% of Americans think same-sex "marriage" should be legal, and 64% believe gay or lesbian relationships are morally acceptable. These numbers are double from a generation ago. Among those who attend church weekly, 41% support same-sex "marriage," while 67% of those who attend church less frequently do. How is it that so many, including so many in the Church, now embrace a view of marriage that was unthinkable just a few decades ago?

Date: 03/22/24 Time: 10:25 Length: 20:00 Issue: Abortion Program: Family Talk

In 1973, the landmark case Roe v. Wade legalized abortion in America. Then in 2022, we saw the reversal of that evil law, leaving each state to decide independently the legalities surrounding abortion. Today on Family Talk, Michele Bachmann continues her riveting discussion with Allan Parker, Jr., about how God called him to represent the two women whose cases resulted in abortion in America.

Date: 03/22/24 Time: 09:00 Length: 25:00 Issue: Marriage Program: Focus on the Family

Bringing Laughter to Your Marriage. On this lighthearted broadcast, Pastor Ted Cunningham shares humorous stories from life with his spouse to illustrate how laughter is a key component for a thriving and lasting marriage. He explores the emotional, physical, and spiritual benefits of laughter, and encourages listeners to discover their "humor muscle" and flex it on a daily basis.

Date: 03/22/24 Time: 07:58 Length: 00:43 Issue: Consumer Tips

Program: Bend Police Tip

Construction Noise is allowed from 7A to 10P

Date: 03/22/24 Time: 10:58 Length: 00:43 Issue: Consumer Tips

Program: Bend Police Tip

Construction Noise is allowed from 7A to 10P

Date: 03/22/24 Time: 10:00 Length: 20:00 Issue: Marriage

Program: Family Life Today

Ever feel like you're constantly running on empty, struggling to find the energy to connect with your partner? Could be the feeling of being numb or snapping at them for no reason. Find out how to revive your marriage with Tim & Kathy Bush as they discuss the signs that a marriage needs recharging.

Date: 03/22/24 Time: 8:00&12:00 Length: 3:55 Issue: Abortion Program: Breakpoint

Last week, Kamala Harris became the first U.S. vice president in U.S. history to make a public visit to an abortion clinic. Though the Democratic party's support for abortion is nothing new, Harris' Planned Parenthood appearance does illustrate how that support has become a flagrant celebration of abortion as a public and personal good, essential to both "freedom" and to "healthcare."

Date: 03/25/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

Our imagination affects our ability to empathize with others. When we can imagine the lived experience of others, we tend to be more compassionate, gracious, and open to wonder. David Brooks lamented that our society is terrible at cultivating a healthy imagination which, he said, is "the faculty that we may need the most." Jesus is the perfect expression of the proper role imagination.

Date: 03/26/24 Time: 10:58 Length: 00:43 Issue: Consumer Tips

Program: Bend Police Tip

Construction Noise is allowed from 7A to 10P

Date: 03/26/24 Time: 12:59 Length: 00:33 Issue: Consumer Tips

Program: Bend Police Tip

Bicycle Safety

Date: 03/26/24 Time: 09:00 Length: 25:00 Issue: Marriage

Program: Focus on the Family

Creating a Shared Vision for Your Marriage. . Pastor Sean and Lanette Reed describe their marital journey and God's faithfulness. Although many wondered if their relationship would survive, the Reeds were proactive about creating a long-term plan and a godly legacy for future generations of their family. (Part 1 of 2)

Date: 03/26/24 Time: 8:00&12:00 Length: 3:55 Issue: Gender Program: Breakpoint

The evidence that "gender-affirming care" harms young people has been widely available for years. However, it has been widely suppressed by policymakers, medical professionals, and media outlets. That is now changing, largely because the stories of those harmed by these dangerous

ideas are being told. At the most recent Lighthouse Voices event, a series that is co-hosted by Focus on the Family and the Colson Center, Laura Perry Smalts told her story.

Date: 03/27/24 Time: 09:00 Length: 25:00 Issue: Marriage Program: Focus on the Family

Creating a Shared Vision for Your Marriage. Pastor Sean and Lanette Reed describe their marital journey and God's faithfulness. Although many wondered if their relationship would survive, the Reeds were proactive about creating a long-term plan and a godly legacy for future generations of their family. (Part 2 of 2)

Date: 03/27/24 Time: 10:25 Length: 20:00 Issue: Cultural Issues Program: Family Talk

Bob Waliszewski former director of PluggedIn.com for over twenty-seven years, joins Dr. James Dobson on today's edition of Family Talk. They discuss what to look for in today's movies, TV programs, video games, and more. Bob reveals that parents can't just hope their kids will make wise choices on their own when they're faced with peer pressure and temptation to consume media that celebrates worldly, sinful behavior.

Date: 03/27/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

On Holy Saturday 2007, cartoonist Johnny Hart died of a stroke while working at his drawing table. Hart was the award-winning creator of the popular comic strips The Wizard of Id and B.C. which, at one time, reached 100 million readers worldwide every day. In a 1999 Breakpoint commentary, Chuck Colson identified Hart as "the most widely read Christian of our time.

Date: 03/28/24 Time: 09:00 Length: 25:00 Issue: Family & Parenting Program: Focus on the Family Building Strong Father-Son Relationships. This father and son team describe the problem of disengaged dads - men who may be present physically but not emotionally with their families. The Beckers encourage dads and sons to be "tender lions" who will confront societal ills and yet remain tender and compassionate in their relationships.

Date: 03/28/24 Time: 10:00 Length: 20:00 Issue: Family & Parenting Program: Family Life Today

Surprised by your kids struggling with faith so early? Frustrated to see them drift away? Or could your child be doubting without you even knowing? Professor, author, and parent Jeremiah Johnston urges tackling those doubts head-on, leaning into their curiosity about faith. He's got valuable advice for busy parents on teaching our kids the love that can change their world.

Date: 03/28/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

When we think of Christ's work to bring salvation to the world, we rightly focus on how Jesus reconciles us to God by freeing us from the guilt we have because of our sin. We may overlook or even forget another crucial part of redemption that we each desperately need. By His work, Jesus not

only takes our guilt and exchanges it for His righteousness (2 Corinthians 5:21), but He also takes our shame and exchanges it for His honor.

Date: 03/29/24 Time: 8:00&12:00 Length: 3:55 Issue: Religion Program: Breakpoint

On Sunday morning, Christians will gather in houses of worship around the world-like they have since the very first century-and make a proclamation to one another. It's the central claim of the Christian faith: "Christ is risen! He has risen indeed!" This Easter, it won't just be American Christians who say, "Christ is risen! He has risen indeed!" Our brothers and sisters in various parts of the world who, by saying these words, risk great harm, will, too

The Dave Ramsey Show aired Monday - Friday from 11 A to 1P. Length is approximately 82 minutes. Dave takes listeners' calls and emails and answers their questions on the air. Dave's show is primarily about finances focusing on how to get out of debt and improve financial life.