



# **CHICAGO'S CLASSIC ROCK**

## **QUARTERLY LISTING OF COMMUNITY ISSUES AND PROGRAMS**

**WDRV-WWDV**

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**October 1, 2023 – December 31, 2023**

**Placed in the Public File – January 2, 2024**

**Elizabeth A. Luptak**

**Public Affairs Manager**

## Section I. Issues

WDRV-WWDV have identified these significant issues facing our community in this quarter.

- A. Women's Healthcare:** Cancer, infertility, and autoimmune disease are just three of the health issues facing women today
- B. Animals:** Experts discuss the wild animals invading our habitat, best healthcare for your pets and no-kill shelters
- C. Mental Health:** The wide-ranging toll of mental illness. How it is often misdiagnosed, left untreated and can affect anyone. And an organization that inspires people with to reclaim their lives.
- D. Non-Profits:** Various organizations that enrich the lives of children
- E. Cancer:** Supporting revolutionary research; Protecting ourselves from radiation rays; Stressing the importance of medical checkups and screenings.
- F. Psychology:** Grief and sadness can take many forms - a loss of a spouse, to the feelings of isolation & loneliness and even a common seasonal affective disorder

## Section II. Responsive Programs

WDRV-WWDV has broadcast programming dealing with each of the above referenced issues. Details about said programming is set out below.

### **A. Women's Healthcare:**

#### **1. "Radio Health Journal": Everyone Has Lumps & Bumps – Make Sure Yours Aren't Deadly**

***11/12/23; 6:15 AM CT; 07:40 Minutes***

The US Preventive Services Task Force has recently updated its guidelines for breast cancer screenings to help curb the 42,000 yearly deaths. Our experts explain these changes, how to perform at-home exams, and why aggressive breast cancer may no longer be a death sentence. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Katharine Yao, Chair of the National Accreditation Program, Breast Centers of the American College of Surgeons; Dr. Peter Schmid, Medical Oncologist & Director of the Breast Cancer Center, St. Bartholomew's Hospital

#### **2. "Radio Health Journal": The Infertility Causing Disease That May Not Be As Rare As We Thought**

***11/26/23; 6:02 AM CT; 10:39 Minutes***

Lisa McCarty experienced four miscarriages before finally being diagnosed with Asherman's Syndrome, a condition where scar tissue forms in the uterus or cervix. She and Dr. Sigal Klipstein, a reproductive endocrinologist, explain the signs of Asherman's – and when you should see a specialist. Host: Elizabeth Westfield. Producer: Polly Hansen. Guests: Dr. Sigal

Klipstein, Reproductive Endocrinologist and Infertility Specialist, Invia Fertility; Lisa McCarty, Asherman's Syndrome Patient

**3. "Viewpoints": Could IUD's & Other Contraceptives Increase Your Risk of Developing Autoimmune Disease?**

***12/03/23; 5:41 AM CT; 10:00 Minutes***

Of the 24 million Americans with autoimmune diseases, about 80 percent are women. A 2020 paper in the American Journal of Nursing estimates that nearly 90 percent of women ages use contraception – which may worsen a preexisting disease. Our experts breakdown this research and why more research is needed in this case. Host: Marty Peterson.

Producer: Reed Pence. Guests: Dr. Lisa Sammaritano, Professor of Clinical Medicine, Weill Cornell Medical College; Dr. Kristen Demoruelle, Rheumatologist, Associate Professor of Medicine, University of Colorado School of Medicine; Kristy Griffin, patient

**B. Animals**

**1. "Radio Health Journal": What To Do When Animals Invade Our Habitat?**

***10/08/23; 6:16 AM CT; 06:19 Minutes***

In a world where deforestation and environmental pollution runs rampant, it's no surprise that wild animals have started to creep into our backyards and – in some cases – inside our homes. Mary Roach, a science author, dives into the reasons behind this steady rise of wildlife lawbreakers. Host: Nancy Benson. Producer: Kristen Farrah. Guests: Mary Roach, Science Author, *Fuzz*

**2. "Viewpoints": Is Your Pet The Healthiest It Can Be?**

***11/26/23; 5:32 AM CT; 07:31 Minutes***

As pet owners, many of us are guilty of sometimes treating our furry friends with too many treats - especially during the holidays. We speak with Dr. Carol Osborne, an integrative veterinarian, to get some insightful tips on what foods owners should avoid feeding their pets this holiday season and how you can maintain and best care for the health of your pet. Host: Gary Price. Producer: Amirah Zaveri. Guest: Dr. Carol Osborne, integrative veterinarian, owner, Chagrin Falls Veterinary Center & Pet Clinic.

**3. "Hubbard Helps": Red Door Animal Shelter**

***11/05/23; 6:30 AM CT; 11:12 AM Minutes***

The Red Door Animal Shelter is a no-kill shelter committed to helping animals in need, with the focus being on cats, dogs and rabbits - the most popular pets in the U.S. Through education, rescue, sheltering and adoption, the Red Door Shelter promotes respect for all animals. With us this morning to talk more about The Red Door Animal Shelter and the work they are doing for animals is Marcia Coburn, President of the no-kill shelter. Interviewee: Marcia Coburn [marciafcoburn@gmail.com](mailto:marciafcoburn@gmail.com). Contact: Marcia Coburn

## **C. Mental Health**

### **1. “Viewpoints”: A Family Forever Changed: Rachel’s Struggle With Schizophrenia 10/08/23; 5:32 AM CT; 07:00 Minutes**

Deborah Kasdan’s sister, Rachel, had a bright future ahead of her. She was a natural creative, a talented student and loved to travel and meet new people. However, this future dimmed when Rachel was diagnosed with schizophrenia during her mid-twenties. The diagnosis forever impacted both Rachel and the family. She sadly passed away at age 59, but Deborah Kasdan joins us this week to share her sister’s story and the wide-ranging toll of mental illness. Host: Gary Price. Producer: Amirah Zaveri. Guest: Deborah Kasdan, writer, author, *Roll Back the World: A Sister’s Memoir*.

### **2. “Hubbard Helps”: Thresholds 10/29/23; 6:30 AM CT; 14:36 Minutes**

Thresholds is fighting to transform the lives of people living with mental illnesses and substance use disorders. Through care, employment, advocacy, and housing, Thresholds assists and inspires people with mental illnesses to reclaim their lives. With us this morning to talk more about Thresholds and the work they are doing for people dealing with mental health issues is Mark Ishaug, the CEO of the organization. Interviewee: Mark Ishaug. Contact: Emily Moen [emily.moen@thresholds.org](mailto:emily.moen@thresholds.org)

### **3. “Radio Health Journal”: ‘Everyone Can Be Made Psychotic’ – The Truth Behind Schizophrenia 12/03/23; 6:14 AM CT; 08:42 Minutes**

Hollywood often portrays schizophrenia in its most extreme form, but the disorder’s progression is much more complicated. Dr. Christoph Correll, a schizophrenia expert, pulls back the curtain on this condition. He explains why it’s often misdiagnosed, left untreated, and can affect anyone – including you. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Christoph Correll, Professor of Psychiatry, Zucker School of Medicine, Medical Director of the Recognition and Prevention Program, Zucker Hillside Hospital

## **D. Non-Profits**

### **1. “Hubbard Helps”: Boy Scouts of America 10/08/23; 6:30 AM CT; 13:13 Minutes**

Trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent. These are the qualities instilled in those who join the Boy Scouts of America, Northeast Council. Through outdoor adventures, leadership training, and mentorship, scouts are equipped with the skills and values needed to make a positive impact on society. With us this morning to talk more about Boy Scouts of America is Nick Roberts, the Scout Executive and CEO, and Beth Micksch, the Northeast Council President. Interviewee: Nick Roberts [nick.roberts@scouting.org](mailto:nick.roberts@scouting.org). Interviewee: Beth Micksch. Contact: Rebecca Minsley [rebecca.minsley@scouting.org](mailto:rebecca.minsley@scouting.org)

**2. “Hubbard Helps”: Camp I Am Me**

***12/03/23; 6:30 AM CT; 15:46 Minutes***

Camp I Am Me by Illinois Fire Safety Alliance brings support, strength, and happiness to so many children, adults and families that have been affected by burn-related injuries. Their mission is to provide safe, non-judgmental environments for burn survivors to have the opportunity to build their self-esteem and self-confidence as they experience the various programs and activities offered. With us this morning to talk more about Camp I Am Me is Phil Zaleski, the Executive Director of the organization. Interviewee: Phil Zaleski. Contact: Philip Zaleski pzaleski@ifsa.org financial

**3. “Hubbard Helps”: Ronald McDonald House**

***12/10/23; 6:30 AM CT; 12:41 Minutes***

Every day, families face the emotional and economic toll of having a child in the hospital. No sick child should be alone, and no family should be apart. With the help of dedicated volunteers and generous donors, the Ronald McDonald House Charities of Chicagoland & Northwest Indiana provides housing to keep families together. With us this morning to talk more about Ronald McDonald House is Ruth-Anne Renaud, the Chief Marketing Officer of the organization. Interviewee: Ruth-Anne Renaud. Contact: Ruth Anne Renaud rarenaud@rmhccni.org

**E. Cancer**

**1. “Hubbard Helps”: Lynn Sage**

***10/15/23; 6:30 AM CT; 10:29 Minutes***

The Lynn Sage Breast Cancer Foundation was established to preserve Lynn Sage’s memory while supporting state-of-the-art patient care, exceptional educational outreach programs and the kind of revolutionary research that brings us closer to a cure for breast cancer. With us this morning to talk more about the Lynn Sage Breast Cancer Foundation and the work they are doing for breast cancer, patients, and survivors is Laura Sage, the Co-Founder of the organization and daughter of Lynn Sage. Interviewee: Laura Sage laura@lynnsage.org Contact: Sara Fisher sara@2momsmedia.com

**2. “Radio Health Journal”: Oppenheimer’s Legacy: Rising Cancer Risks Due To Ionizing Radiation**

***11/12/23; 6:02 AM CT; 11:54 Minutes***

Researchers have been studying the lasting health effects of the atomic bomb for decades – but there’s a new type of radiation scientists are worried about. Nuclear workers, medical physicians, and the public are all being exposed to low-dose, long-term ionizing radiation. It causes cancer, radiation cataracts, and impaired cognition. Experts explain how we can protect ourselves from these dangerous rays. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. David Richardson, Professor of Environmental and Occupational Health, University of California, Irvine, Internationally Recognized Expert in Occupational Health; Dr. Mina Makary, Interventional Radiologist, The Ohio State University Wexner Medical Center

**3. “Viewpoints”: 40% Of People Will Get Cancer In Their Lifetime: A Former Olympian’s Story**

**12/17/23; 5:32 AM CT; 07:51 Minutes**

Shannon Miller holds many titles. Former Olympic gymnast. Seven-time Olympic medalist. Mother. Wife. But she also has another, unexpected title: ovarian cancer survivor. Miller joins Viewpoints this week to share her experience and perspective after she was diagnosed with cancer at just 33 years old. She hopes her story - and the challenges she went through - will help raise awareness around the importance of keeping up to date on medical checkups and screenings as you age. Host: Gary Price. Producer: Amirah Zaveri. Guest: Shannon Miller, former American gymnast, seven-time Olympic medalist, cancer advocate & ovarian cancer survivor.

**F. Psychology**

**1. “Viewpoints”: How Do We Deal With Loss? Speaking With Two People Who’ve Lost Spouses**

**10/22/23; 5:43 AM; 08:13 Minutes**

Is there a right or wrong way to grieve the loss of someone you love? We speak with two adults who’ve dealt with the loss of a spouse to get a better sense of the grieving process and what people do & don’t need to hear during this difficult time. Host: Marty Peterson. Producer: Grace Galante. Guests: Megan Devine, psychotherapist. Michael Korda, former editor-in-chief, Simon & Schuster, author, *Passing: A Memoir of Love and Death*.

**2. “Viewpoints”: A Mounting Loneliness Epidemic: Where Have Our Communities Gone?**

**10/22/23; 5:32 AM; 09:12 Minutes**

Even before the pandemic hit, more than half of U.S. adults responded that they struggle with feelings of loneliness and isolation. Fast forward four years and this problem has only grown worse. Millions of children, teens and adults feel completely disconnected from their neighbors, towns, and local organizations. We talk about what’s fueled this decline in recent decades and how listeners can take steps to start forming new connections where they live. Host: Gary Price. Producer: Amirah Zaveri. Guest: Seth D. Kaplan, lecturer, Johns Hopkins University, senior advisor, Institute for Integrated Transitions, author, *Fragile Neighborhoods: Repairing American Society, One Zip Code at a Time*.

**3. “Viewpoints”: Do You Feel Sad? Us, Too.**

**11/12/23; 5:42 AM; 08:34 Minutes**

Experts estimate that about 10 million Americans deal with seasonal affective disorder, or SAD, each year. Interestingly, women are four times more likely to be diagnosed than men. And this number is also thought to be higher than reported since many adults go undiagnosed. We cover just how much SAD (and lesser variations like the winter blues) can affect your life during the colder, gloomier winter months and how some easy lifestyle changes can help ease symptoms each year. Host: Marty Peterson. Producer: Amirah Zaveri. Guests: Carrie Ditzel, clinical psychologist, Baker Street Behavioral Health.