

## 2020 Q3 July-September

During the third quarter of 2020, the following compliancy issues were covered on KRQR FM:

### **Radio Health Journal:**

- Aging
- Animal Health
- Alcohol and Substance Abuse & Treatment
- Autism
- Business & Industry
- Climate Change
- Communications
- Consumerism & Consumer Safety
- Disabilities
- Disasters & Preparedness
- Discrimination
- Eating Disorders
- Economics
- Education
- Elderly & Senior Citizens
- Elected Officials
- Employment & Workplace Issues
- Environment & Outdoors
- Ethics
- Family & Parenting Issues
- Federal Government
- 
- Flooding
- Health Care
- Infectious Disease
- Individual Rights
- Interpersonal Relations
- Labor Issues
- Mental Health Issues
- Minority Issues
- National Defense
- Obesity
- Organ Donors
- Pets & People
- Pollution
- Poverty
- Public Health
- Public Safety
- Sports & Recreation

- Technology
- Terrorism
- Vaccination
- Violence & Threats
- Youth at Risk

**Viewpoints:**

- Addiction
- Animal Welfare
- Architecture
- Arts
- Business
- Career
- Child Development
- Climate Change
- Communication
- Companionship
- Creativity
- Crime
- Culture
- Cybersecurity
- Death
- Design
- Divorce
- Education
- Engineering
- Environment
- Ethnicity & Race
- Film
- Food Production
- Gender Equality
- Genocide
  
- Government
- Health & Medicine

- History
- Homelessness
- Housing
- Identity Theft
- Information Technology
- International Relations
- Invention
- Labor Issues
- Law
- Law Enforcement
- Literature
- Mathematics
- Marriage
- Mental Health
- Minorities
- Music
- Natural Disasters
- Natural Resources
- Nonprofit Organization
- Online Learning
- Pandemic
- Parenting
- Personal Finance

- Photography
- Politics
- Poverty
- Production
- Psychology
- Race Relations
- Relationships
- Religion
- Research
- Science
- Science Fiction

- Social Media
- Social Movements
- Spiritual Studies
- Sports
- Streaming
- Stress
- Sustainability
- Technology
- Television
- Transportation
- Trauma
- Travel
- Urban Planning
- Violence

**Additionally, KRQR aired PSAs for the following:**

Organization: Doug LaMalfa Congressional Office

Issue: Blood Donation

PSAs: 12

Run Dates: 7/3 - 7/5

Organization: Results Radio/CDC/CDPH/BCPH

Issue: COVID-19 Prevention/Masks

PSAs: 80

Run Dates: 7/6 – 8/2

Organization: American Lung Association

Issue: COVID-19 Prevention/Treatment

PSAs: 60

Run Dates: 7/20 – 8/30

Organization: Results Radio/CDC/CDPH/BCPH

Issue: COVID-19 Prevention

PSAs: 210

Run Dates: 7/20 – 8/30

Organization: Results Radio/CDC/CDPH/BCPH

Issue: COVID-19 Prevention/Masks vs. Gaiters

PSAs: 118

Run Dates: 8/17 – 9/30

Organization: Results Radio

Issue: Voter Registration

PSAs: 90

Run Dates: 8/31 – 9/30

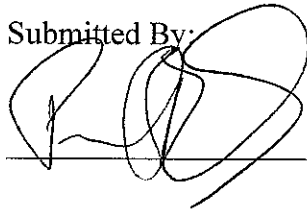
**Radio Health Journal**- a 30 minute program-  
aired at 7:00a on the following dates:  
(run sheets attached):

7/5  
7/12  
7/19  
7/26  
8/2  
8/9  
8/16  
8/23  
8/30  
9/6  
9/13  
9/20  
9/27

**Viewpoints**-a 30 minute program-  
aired at 7:30a on the following dates:  
(run sheets attached):

7/5  
7/12  
7/19  
7/26  
8/2  
8/9  
8/16  
8/23  
8/30  
9/6  
9/13  
9/20  
9/27

Submitted By:

A handwritten signature in black ink, consisting of several overlapping loops and a long horizontal stroke at the bottom, positioned above a horizontal line.

Date:

10/5/2020

## **Quarterly Report of Compliancy Issues & Programs List 2020-Q3 (July - September) – Radio Health Journal**

- Aging
- Animal Health
- Alcohol and Substance Abuse & Treatment
- Autism
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- Public Health
- Public Safety
- Sports & Recreation
- Technology
- Terrorism
- Vaccination
- Violence & Threats
- Youth at Risk





**Program:** 20-28  
**Air Week:** 7/12/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
1:50	<b>SEGMENT 1: ORTHOREXIA: OVERDOING A GOOD THING</b>	12:50

**Synopsis:** Therapists report an increase in orthorexia, a not-yet recognized eating disorder where people become fixated on eating only healthy things and/or exercising hours per day. It can take over an afflicted person's life and result in physical symptoms much like anorexia. Experts discuss diagnosis and treatment.

**Host & Producer:** Reed Pence.

**Guests:**

- Claire Mysko, Chief Executive Officer, National Eating Disorders Association
- Dr. Jennifer Carter, Clinical Associate Professor of Psychiatry and Behavioral Health, Ohio State University Wexner Medical Center
- Dawn White, Registered, Licensed Dietician, Timberline Knolls Residential Treatment Center, Lemont, IL

**Compliance issues covered:** eating disorders; mental health issues; health care; consumerism; youth at risk

**Links for more information:**

- <https://wexnermedical.osu.edu/find-a-doctor/jennifer-carter-phd-22765>
- <https://www.eatingdisorderhope.com/virtual-conference-3/claire-mysko>
- <https://www.globenewswire.com/news-release/2020/02/19/1987163/0/en/Timberline-Knolls-Celebrates-National-Eating-Disorders-Awareness-Week.html>
- National Eating Disorders Association Hotline 800-931-2237

15:42	<b>SEGMENT 2: TICK PARALYSIS: WHEN A TICK BITE CAN BE FATAL</b>	7:15
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**Synopsis:** Summer is tick season, and tick bites are common. However, bites from a couple of types of ticks can produce paralysis and even death if the tick is not removed quickly. An expert discusses.

**Host:** Nancy Benson.

**Guests:**

- Dr. Mark Dworkin, Infectious disease specialist, University of Illinois at Chicago School of Public Health

**Compliance issues covered:** health care; public health; youth at risk; outdoors and environment

**Links for more information:**

- <https://publichealth.uic.edu/global-health-program/mark-s-dworkin>

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**Program:** 20-30  
**Air Week:** 7/26/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
1:46	<b>SEGMENT 1: PUBLIC HEALTH OFFICIALS RESIGNING UNDER PRESSURE</b>	12:31

**Synopsis:** State and local public health officials have been under pressure like never before in the COVID-19 pandemic, as citizens and elected officials push back against tough restrictions designed to curb the virus. Some officials have even been threatened. Feeling their bosses don't have their backs, a higher proportion of officials are quitting than normal, and these essential jobs will be hard to fill with qualified health experts.

**Host & Producer:** Reed Pence.

**Guests:**

- Dr. Marcus Plescia, Chief Medical Officer, Association of State and Territorial Health Officials
- Lori Freeman, CEO, National Association of County and City Health Officials; Theresa Anselmo, Executive Director, Colorado Association of Local Public Health Officials

**Compliancy issues covered:** health care; public health; public safety; violence and threats; elected officials; infectious disease

**Links for more information:**

- <https://www.astho.org/StatePublicHealth/ASTHOs-New-CMO-Brings-Clinical-Perspective-to-Public-Health/01-04-18/>
- <https://www.naccho.org/about/chief-executive-officer-lori-tremmel-freeman-mba>

15:19	<b>SEGMENT 2: PTSD IN CHILDREN</b>	7:09
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**Synopsis:** Mental health experts once believed that children were too young to remember traumas well enough to suffer much from post-traumatic stress disorder. Now they know that children as young as 2 or 3 can be affected, often for the rest of their lives. An expert discusses PTSD in children and its treatment.

**Host:** Nancy Benson.

**Producer:** Ariana Kraft.

**Guests:**

- Dr. Michael Scheeringa, Professor of Child Psychiatry and Associate Professor of Clinical Pediatrics, Tulane University School of Medicine

**Compliancy issues covered:** youth at risk; mental health; family and parenting issues

**Links for more information:**

- <http://www.infant institute.org/faculty-member/michael-s-scheeringa/>

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**Program:** 20-31  
**Air Week:** 8/2/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
1:47	<b>SEGMENT 1: PUBLIC HEALTH OFFICIALS RESIGNING UNDER PRESSURE</b>	12:07

**Synopsis:** Electroconvulsive therapy still has a stigma, with the reputation of being a painful, disturbing procedure that wipes out memories and, if movies are to be believed, even creates zombies. Experts explain the reality—that ECT is a quiet procedure that provokes a short brain seizure, releasing huge amounts of neurotransmitters to reset the brain in what is the quickest and most dependable treatment for severe and often suicidal depression.

**Host:** Reed Pence.

**Producer:** Ariana Kraft.

**Guests:**

- Dr. Sarah Lisanby, Director, Translation Research, National Institute of Mental Health and Director, NIMH Non-Invasive Neuro-Modulation Unit
- Dr. Dan Maixner, Associate Professor of Psychiatry, University of Michigan

**Compliance issues covered:** mental illness; health care; public health; technology

**Links for more information:**

- <https://www.nimh.nih.gov/news/science-news/2015/lisanby-chosen-to-lead-nimh-division-of-translational-research.shtml>
- [https://www.mlive.com/news/ann-arbor/index.ssf/2016/07/u-m\\_hospital\\_finds\\_new\\_home\\_fo.html](https://www.mlive.com/news/ann-arbor/index.ssf/2016/07/u-m_hospital_finds_new_home_fo.html)

14:56	<b>SEGMENT 2: LUNG TRANSPLANTS: THE LEAST-TRANSPLANTED MAJOR ORGAN</b>	8:03
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**Synopsis:** Lung transplants are the least done of all major organ transplants because the lungs are so easily damaged in the death process. A lung transplant surgeon explains, using one particularly difficult case as an example.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guests:**

- Dr. Abbas Ardehali, Professor of Surgery and Medicine and Director, Heart, Lung, and Heart and Lung Transplantation, UCLA David Geffen School of Medicine

**Compliance issues covered:** organ donors; health care; public health

**Links for more information:**

- <https://www.uclahealth.org/abbas-ardehali>

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**Program:** 20-32  
**Air Week:** 8/9/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
1:47	SEGMENT 1: BACK TO SCHOOL 2020: CAN KIDS ATTEND, OR WILL REMOTE LEARNING RULE?	13:03

**Synopsis:** Many school districts are delaying decisions on whether students will attend in person or will be taught remotely once again to reduce the risk of COVID-19 to children and staff. Experts discuss the methods under consideration to lower risks and whether that will be enough to open for classes.

**Host & Producer:** Reed Pence.

**Guests:**

- Dr. Nathaniel Beers, President HSC Health Care System and pediatrician, Children's National Hospital
- Keith Gambill, President, Indiana State Teachers Association

**Compliance issues covered:** public health; children & youth at risk; education; labor issues; parenting issues; education

**Links for more information:**

- <https://hschealth.org/about/leadership/board/nathaniel-beers>
- <https://www.ista-in.org/get-to-know-keith-gambill-ista-president>

15:52	SEGMENT 2: WORK-AT-HOME BURNOUT AND "ZOOM FATIGUE"	6:59
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**Synopsis:** People working at home may have no commute and can work in their pajamas, but they may find themselves more exhausted than when they worked at the office. Two experts discuss reasons for this fatigue—patterns of working at home and the surprising stress of virtual meetings.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guests:**

- Dr. Greg Hammer, Professor of Pediatrics and Anesthesiology, Stanford University Medical School and author, *Gain Without Pain: The Happiness Handbook for Healthcare Professionals*
- Dr. Priti Shah, Professor of Psychology, University of Michigan

**Compliance issues covered:** employment; workplace issues; technology

**Links for more information:**

- <https://profiles.stanford.edu/gregory-hammer>
- <https://sites.lsa.umich.edu/shah-lab/people/>

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**Program:** 20-35  
**Air Week:** 8/23/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
1:47	<b>SEGMENT 1: PLANNING FOR THE NEXT PANDEMIC</b>	13:03

**Synopsis:** The next pandemic is only a matter of “when and what,” according to health security experts, who here discuss what’s needed to be ready for a variety of possible pandemics and infectious threats, both natural and terror.

**Host & Producer:** Reed Pence.

**Guests:**

- Dr. Dennis Hruby, Chief Scientific Officer, SIGA Technologies
- Dr. Phil Gomez, CEO, SIRI Technologies

**Compliance issues covered:** public health; public safety; federal government; disasters and preparedness; health care; terrorism; national defense; infectious disease

**Links for more information:**

- <https://www.siga.com/about-siga/>

15:52	<b>SEGMENT 2: THIRD WORLD MEDICINE</b>	6:54
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**Synopsis:** Medicine in the Third World is vastly different than in the US, and American doctors sometimes run into unexpected hurdles when they try to bring modern medicine to impoverished nations. One such doctor describes his efforts.

**Host:** Nancy Benson.

**Producer:** Polly Hansen.

**Guests:**

- Dr. Aaron Berkowitz, Director of Global Health, Kaiser Permanente School of Medicine and author, *One By One By One: Making a Small Difference Amid a Billion Problems*

**Compliance issues covered:** health care; public health; poverty

**Links for more information:**

- <https://naturemicrobiologycommunity.nature.com/posts/changing-lives-one-by-one-by-one>

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**Program:** 20-36 **Writers/Producers:** Reed Pence  
**Air Week:** 9/6/2020 **Studio Production:** Jason Dickey

Time	Segment	Dur.
1:47	SEGMENT 1: THE LOOMING “HOTHOUSE EARTH”	12:48

**Synopsis:** Rising global temperatures have produced extreme weather and a rising sea level. Climate scientists fear we may soon reach the point of no return, resulting in a hothouse with large portions of the planet uninhabitable. Authors of a major report on this phenomenon explain.

**Host & Producer:** Reed Pence.

**Guests:**

- Dr. Diana Liverman, Professor of Geography and Development, University of Arizona
- Dr. Katherine Richardson, Professor of Biological Oceanography and leader, Sustainability Science Center, University of Copenhagen
- Dr. Kristina Dahl, Senior Climate Scientists, Union of Concerned Scientists

**Compliance issues covered:** environment; pollution; climate change; flooding; federal government; economics

**Links for more information:**

- <https://www.environment.arizona.edu/diana-liverman>
- <https://www.ecsj2017.com/profile/katherine-richardson>
- <https://www.ucsusa.org/bio/kristina-dahl-.W5Khv1KZPOY>

15:37	SEGMENT 2: IMPOSTER SYNDROME	7:05
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**Synopsis:** Many people who are smart, talented and successful still believe they are incompetent on the inside and that others will eventually find out. This “imposter syndrome” can undermine careers and lead to psychological distress. Two noted experts in the field discuss origins and how to deal with the phenomenon.

**Host:** Nancy Benson.

**Producer:** Ariana Kraft.

**Guests:**

- Dr. Valerie Young, founder, impostersyndrome.com and author, *The Secret Thoughts of Successful Women: Why Capable People Suffer from the Imposter Syndrome and How to Thrive In Spite of It*
- Dr. Pauline Rose Clance, Professor Emeritus, Georgia State University

**Compliance issues covered:** mental health; business and industry; education; parenting issues

**Links for more information:**

- <https://impostorsyndrome.com/valerie-young/>
- [http://paulineroseclance.com/prc\\_biography.html](http://paulineroseclance.com/prc_biography.html)

**Program:** 20-37  
**Air Week:** 9/13/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
1:43	<b>SEGMENT 1: OVERWORKED PHARMACISTS: MISTAKES WAITING TO HAPPEN?</b>	11:15

**Synopsis:** Pharmacists are often asked to do more work in less time than they need, and some experts worry it's causing medication mistakes. A pharmacist specializing in medication safety discusses pressures on pharmacists and what consumers can do to protect themselves.

**Host & Producer:** Reed Pence.

**Guests:**

- Michael Gaunt, Medication Safety Analyst and Editor, Institute for Safe Medication Practices

**Compliancy issues covered:** consumer safety and consumerism; health care; economics; business and industry

**Links for more information:**

- <https://www.ismp.org/staff/michael-j-gaunt-pharmd>

14:00	<b>SEGMENT 2: THE ANGER EPIDEMIC</b>	7:54
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**Synopsis:** Many people who are smart, talented and successful still believe they are incompetent on the inside and that others will eventually find out. This “imposter syndrome” can undermine careers and lead to psychological distress. Two noted experts in the field discuss origins and how to deal with the phenomenon.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guests:**

- Dr. Jean Kim, Assistant Professor of Psychiatry, George Washington University
- Dr. Ray Novaco, Professor of Psychological Sciences, University of California at Irvine

**Compliancy issues covered:** mental health; interpersonal relations

**Links for more information:**

- <https://www.psychologytoday.com/us/experts/jean-kim-md>
- <https://faculty.sites.uci.edu/novaco/>

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**Program:** 20-38 **Writers/Producers:** Reed Pence  
**Air Week:** 9/20/2020 **Studio Production:** Jason Dickey

Time	Segment	Dur.
1:48	SEGMENT 1: MORE PETS IN THE PANDEMIC	12:36

**Synopsis:** Pets are a comfort in difficult times, and the pandemic is no exception. Animal shelters report a surge in pet adoptions, especially puppies, in the last six months, and veterinarians are having to adopt procedures such as telemedicine to deal with the increase while still staying safe. Experts explain how adopting and training a new pet has changed in the pandemic.

**Host & Producer:** Reed Pence.

**Guests:**

- Christina Morrison, Director of Development, West Suburban Humane Society, Downers Grove, IL
- Dr. Katie Stover, veterinarian and owner, Red Barn Animal Hospital, Hampshire and Gilberts, IL
- Dr. Douglas Kratt, veterinarian, LaCrosse, WI, and President, American Veterinary Medical Assn.

**Compliance issues covered:** consumerism; pets and people; animal health; public health; infectious disease

**Links for more information:**

- <https://wshs-dg.org/about-us/who-we-are>
- <https://redbarnpetvet.com/>
- <https://www.avma.org/about/avma-staff-leadership/douglas-kratt-dvm>

15:26	SEGMENT 2: KIDS' QUESTIONS ABOUT COVID-19	7:01
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**Synopsis:** Children are living through a scary time right now and often have little understanding of why their world has been turned upside down. A noted public health expert explains what he's found about children's concerns of the pandemic and how parents can answer their questions.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guests:**

- Dr. William Haseltine, Chairman and President, Access Health International and author, *A Family Guide to Covid: Questions and Answers for Parents, Grandparents and Children and A Covid Guide to Back to School: Questions and Answers for Parents and Students*

**Compliance issues covered:** children and youth at risk; education; family issues; infectious disease; parenting

**Links for more information:**

- <https://www.williamhaseltine.com/>

**Program:** 20-39  
**Air Week:** 9/27/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
1:49	<b>SEGMENT 1: OBESITY BIAS IN MEDICINE</b>	13:15

**Synopsis:** Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Experts explain the problem, results, and what might be done about it.

**Host & Producer:** Reed Pence.

**Guests:**

- Dr. Rebecca Puhl, Professor of Human Development and Family Studies, University of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity
- Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale University and Founder, True Health Initiative
- Kathy Kater, psychotherapist specializing in body image, eating and weight issues

**Compliance issues covered:** health care; public health; discrimination; obesity; education

**Links for more information:**

- <http://www.uconnruddcenter.org/faculty-and-staff-rebecca-puhl>
- <https://davidkatzmd.com/>
- <http://bodyimagehealth.org/about-the-author>

16:06	<b>SEGMENT 2: RHEUMATOID DISEASES</b>	6:52
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**Synopsis:** Rheumatoid diseases number around 100, though arthritis is the most well known. They can be crippling and sometimes even fatal, but good treatments exist. The key is early detection, as an expert explains.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guests:**

- Dr. Kanika Monga, rheumatologist, University of Texas-Health Science Center, Houston

**Compliance issues covered:** health care; public health

**Links for more information:**

- <https://www.doximity.com/pub/kanika-monga-md>

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- Animal Welfare
- Architecture
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- Design
- Divorce
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- Engineering
- Environment
- Ethnicity & Race
- Film
- Food Production
- Gender Equality
- Genocide
- Government
- Health & Medicine
- History
- Homelessness
- Housing
- Identity Theft
- Information Technology
- International Relations
- Invention
- Labor Issues
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- Photography
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- Poverty
- Production
- Psychology
- Race Relations
- Relationships
- Religion
- Research
- Science
- Science Fiction
- Social Media
- Social Movements
- Spiritual Studies
- Sports
- Streaming
- Stress
- Sustainability
- Technology
- Television
- Transportation
- Trauma
- Travel
- Urban Planning
- Violence

Program 20-27		Written & Produced: Amirah Zaveri, Annie Krall & Evan Rook	
<b>Air Week:</b>	<b>Studio Production:</b>	<b>Jason Dickey</b>	
7/5/20			
<b>SEGMENT 1:</b>	<b>THE GOOD AND THE BAD: A BRIEF HISTORY OF THE TEXAS RANGERS</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	The Texas Rangers (no, not the baseball team) but the western law enforcement agency dating back to 1823 is known for patrolling the rugged Texas terrain. For almost 200 years, its members have protected tiny towns along the border and have helped solve numerous crimes and corruption throughout the state. However, the valiant group also has a darker history filled with corruption, murder and violence against minorities. Author and journalist Doug Swanson joins Viewpoints this week to share the full picture of the famed Texas Rangers.	1:48	10:04
<b>Host:</b>	Gary Price		
<b>Guests:</b>	Doug Swanson, journalist, author, <i>Cult of Glory: The Bold and Brutal History of the Texas Rangers</i> .		
<b>Issues Covered:</b>	History, Government, Law Enforcement, Race, Crime, International Relations		
<b>Links:</b>	<a href="https://www.texasranger.org/">https://www.texasranger.org/</a> <a href="https://www.thestoryoftexas.com/discover/campfire-stories/texas-ranger">https://www.thestoryoftexas.com/discover/campfire-stories/texas-ranger</a> <a href="https://www.nytimes.com/2020/06/09/books/review/cult-of-glory-texas-rangers-doug-j-swanson.html">https://www.nytimes.com/2020/06/09/books/review/cult-of-glory-texas-rangers-doug-j-swanson.html</a> <a href="https://www.amazon.com/Cult-Glory-Brutal-History-Rangers/dp/1101979860">https://www.amazon.com/Cult-Glory-Brutal-History-Rangers/dp/1101979860</a> <a href="https://www.writing.pitt.edu/people/faculty/doug-swanson">https://www.writing.pitt.edu/people/faculty/doug-swanson</a>		
<b>SEGMENT 2:</b>	<b>IS INSTAGRAM THE NEW ONLINE DIARY FOR GENERATION Z?</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	While some of us still prefer pen and paper, many younger people are shifting to everything digital. And it's not just for to-do lists or communication, but also using platforms like Instagram, Twitter or Facebook as a daily, reflective 'online diary'. However, sometimes this vulnerability in such a public setting can lead down a slippery slope. We discuss the pros and cons of candidly sharing your life on social media.	13:55	8:23
<b>Host:</b>	Marty Peterson		
<b>Guests:</b>	Lilia Buckingham, social influencer, actress, producer, author, Influence; Dr. Jimmy Sanderson, assistant professor of kinesiology and sports management, Texas Tech University.		
<b>Issues Covered:</b>	Social Media, Mental Health, Technology, Psychology, Writing, Culture		
<b>Links:</b>	<a href="https://www.instagram.com/lilia/">https://www.instagram.com/lilia/</a> <a href="https://twitter.com/Jimmy_Sanderson">https://twitter.com/Jimmy_Sanderson</a> <a href="https://www.depts.ttu.edu/ksm/contact/pages/JSanderson.php">https://www.depts.ttu.edu/ksm/contact/pages/JSanderson.php</a> <a href="https://twitter.com/BuckinghamLilia">https://twitter.com/BuckinghamLilia</a> <a href="https://positivelysocial.com/">https://positivelysocial.com/</a> <a href="https://www.nytimes.com/2020/01/17/business/instagram-likes.html">https://www.nytimes.com/2020/01/17/business/instagram-likes.html</a>		
<b>CULTURE CRASH:</b>	<b>REWINDING BACK TO OUR HIGH SCHOOL SELVES</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	There's a certain amount of nostalgia when we revisit our favorite music, show and movies from those young, teenage years. This week on Viewpoints we discuss how many Americans cling to the hot pop culture of their generation.	23:18	3:08
<b>Host:</b>	Evan Rook		
<b>Issues Covered:</b>	Culture, Television, Music, Film		

**Program 20-28      Written & Produced: Amirah Zaveri & Evan Rook**

**Air Week:**                      **Studio Production:**    **Jason Dickey**  
 7/12/20

SEGMENT 1: <b>POKER: A GAME OF SKILL &amp; LUCK</b>	<b>Time</b>	<b>Duration</b>
<p><b>Synopsis:</b>                      Texas Hold ‘Em is the most popular poker game in the U.S. today. It’s a game of strategy, psychology and quick decision-making. Writer and professional poker player Maria Konnikova joins Viewpoints to share how she was able to use her background to master the game and amass more than \$300,000 in winnings in just three years.</p> <p><b>Host:</b>                          Gary Price</p> <p><b>Guests:</b>                      Maria Konnikova, journalist, author, <i>The Biggest Bluff: How I Learned to Pay Attention, Master Myself, and Win.</i></p> <p><b>Issues Covered:</b>            Career, Psychology, Mathematics, History, Gender Equality, Education</p> <p><b>Links:</b>                        <a href="https://upswingpoker.com/history-of-poker-origins/">https://upswingpoker.com/history-of-poker-origins/</a>  <a href="https://www.ncpgambling.org/">https://www.ncpgambling.org/</a>  <a href="https://twitter.com/mkonnikova?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor">https://twitter.com/mkonnikova?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor</a>  <a href="https://www.mariakonnikova.com/">https://www.mariakonnikova.com/</a>  <a href="https://www.amazon.com/Biggest-Bluff-Learned-Attention-Master/dp/052552262X">https://www.amazon.com/Biggest-Bluff-Learned-Attention-Master/dp/052552262X</a></p>	1:47	10:29

SEGMENT 2: <b>THE BUSINESS OF LAB-GROWN MEAT</b>	<b>Time</b>	<b>Duration</b>
<p><b>Synopsis:</b>                      Millions of Americans have embraced plant-based meat like the Impossible Burger, but how do you feel about real meat that’s grown in a petri dish in a lab? If the taste, texture and smell exactly resembled meat that was traditionally farmed outside, would you eat it? Lab-grown, cell-cultured chicken, beef and pork is set to hit the mass market in just a few years. What’s the science and process behind this new technology?</p> <p><b>Host:</b>                          Marty Peterson</p> <p><b>Guests:</b>                      Chase Purdy, journalist, author, <i>Billion Dollar Burger: Inside Big Tech’s Race for the Future of Food.</i></p> <p><b>Issued Covered:</b>            Food Production, Business, Environment, Climate Change, Health, Technology, Animal Welfare, Government, Politics, Food Science</p> <p><b>Links:</b>                        <a href="https://www.sciencemag.org/news/2020/04/lab-grown-meat-starting-feel-real-deal">https://www.sciencemag.org/news/2020/04/lab-grown-meat-starting-feel-real-deal</a>  <a href="https://www.nytimes.com/2020/07/02/opinion/lab-grown-meat.html">https://www.nytimes.com/2020/07/02/opinion/lab-grown-meat.html</a>  <a href="https://www.amazon.com/Billion-Dollar-Burger-Inside-Future/dp/0525536949">https://www.amazon.com/Billion-Dollar-Burger-Inside-Future/dp/0525536949</a>  <a href="https://www.chasepurdy.com">https://www.chasepurdy.com</a>  <a href="https://www.ju.st/en-us">https://www.ju.st/en-us</a></p>	14:19	8:32

<b>CULTURE CRASH:</b> <b>THE PASSING OF DIRECTOR JOEL SCHUMACHER</b>	<b>Time</b>	<b>Duration</b>
<p><b>Synopsis:</b>                      Prominent Hollywood director Joel Schumacher died on June 22, 2020 at the age of 80. We discuss his legacy and some of the films he’s best remembered for.</p> <p><b>Host:</b>                          Evan Rook</p> <p><b>Issues Covered:</b>            Culture, Film, Career</p>	23:51	2:36

**Program 20-29      Written & Produced: Amirah Zaveri, Polly Hansen, Annie Krall & Evan Rook**
**Air Week:**                      **Studio Production:**    **Jason Dickey**  
 7/19/20

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**SEGMENT 1:    THE MANY FACES OF HOMELESSNESS**
**Time    Duration**


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**Synopsis:**                      On a single night in the U.S. there are more than 550,000 people homeless – and this number is only set to rise as COVID-19 has put millions out of work and shattered the stability of the U.S. economy. As a child or teen who has to deal with homelessness at a young age, it can be a tough road of shifting from temporary housing to another shelter. Giselle Burgess and her five kids were in this position in New York City, so Burgess decided to start a Girl Scout Troup named Troop 6000 to help her girls and others in this situation. We cover the inspiring story of Troop 6000 this week on Viewpoints.

1:48    8:04

**Host:** Gary Price

**Guests:** Nikita Stewart, reporter at The New York Times, author, *Troop 6000: The Girl Scout Troup That Began in a Shelter and Inspired the World.*
**Issues Covered:** Homelessness, Poverty, Education, Child Development, Housing, Nonprofit Organization, Parenting

**Links:** <https://www.nytimes.com/by/nikita-stewart>  
<https://twitter.com/kitastew?lang=en>  
[https://www.hud.gov/program\\_offices/comm\\_planning/affordablehousing/](https://www.hud.gov/program_offices/comm_planning/affordablehousing/)  
<https://endhomelessness.org/>  
<https://www.girlscoutsnyc.org/en/whatgirlsdo/gs-troop-6000.html>  
<https://www.amazon.com/Troop-6000-Scout-Shelter-Inspired/dp/1984820753>


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**SEGMENT 2:    THE WORLD OF CULTS**
**Time    Duration**


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**Synopsis:**                      When you think of a cult, what image pops into your head? Is it one of violence or extremism? Is it people in all white praying and worshipping a guru? What exactly defines a cult? We answer these questions and more this week on Viewpoints.

11:54    10:32

**Host:** Marty Peterson

**Guests:** Dr. Janja Lalich, professor emerita, sociology, University of California State University & founder, Center for Research on Influence and Control; Dr. Robert Jay Lifton, professor, psychiatry, Columbia University and author, *Losing Reality: On Cults, Cultism, and the Mindset of Political and Religious Zealotry.*
**Issues Covered:** Social Movements, Religion, Violence, Culture, History, Psychology, Youth at Risk

**Links:** <http://cultresearch.org/about/>  
[https://twitter.com/janja\\_lalich?lang=en](https://twitter.com/janja_lalich?lang=en)  
[https://en.wikipedia.org/wiki/Robert\\_Jay\\_Lifton](https://en.wikipedia.org/wiki/Robert_Jay_Lifton)  
<https://www.amazon.com/Losing-Reality-Political-Religious-Zealotry/dp/1620974991>


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**CULTURE CRASH:    THE LATEST BLOCKBUSTER FROM CHRISTOPHER NOLAN**
**Time    Duration**


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**Synopsis:**                      Tenet, the newest movie from acclaimed director Christopher Nolan, is set to release next month. We take a look back at some of Nolan's biggest film triumphs including the star-filled thriller, Inception.

23:26    3:00

**Host:** Evan Rook

**Issues Covered:** Film, Culture



Program 20-30		Written & Produced: Amirah Zaveri & Evan Rook	
<b>Air Week:</b> 7/26/20	<b>Studio Production:</b> Jason Dickey		
<b>SEGMENT 1:</b>	<b>A SHIFT TOWARDS SUSTAINABLE CONSTRUCTION &amp; DESIGN</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Glass, wood, stone. These are some of the natural materials that are on the forefront of construction. Today, a greater number of architects and developers are not only thinking about profit and supply, but the additional - sometimes invisible - factors at play when it comes to new buildouts. These include the true benefits to humans, the environmental toll and the most practical designs that are symbiotic with nature. We uncover the modern perspective of ‘conscious construction’ this week on Viewpoints.	1:48	10:42
<b>Host:</b>	Gary Price		
<b>Guests:</b>	Teresa Coady, architect, founding partner, former president, B+H Bunting Coady, author, <i>Rebuilding Earth: Designing Eco-Conscious Habitats for Humans</i> .		
<b>Issues Covered:</b>	Environment, Architecture, Sustainability, Technology, Business, Construction, Urban Planning, Design, Engineering, Natural Resources		
<b>Links:</b>	<a href="https://www.usgbc.org/people/teresa-coady/0000051251">https://www.usgbc.org/people/teresa-coady/0000051251</a> <a href="https://www.amazon.com/Rebuilding-Earth-Designing-Ecoconscious-Habitats-ebook/dp/B07VJCCH6P">https://www.amazon.com/Rebuilding-Earth-Designing-Ecoconscious-Habitats-ebook/dp/B07VJCCH6P</a> <a href="https://parispropertygroup.com/blog/2015/rise-paris-city-center-skyscrapers/">https://parispropertygroup.com/blog/2015/rise-paris-city-center-skyscrapers/</a>		
<b>SEGMENT 2:</b>	<b>THE CHURCH OF SCIENTOLOGY</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Scientology – is it a religion, spiritual group, business organization? The group was created in the 1950’s and is headquartered in Los Angeles. There’s been much mixed media coverage about Scientology, but, still, most people know little about the claimed religion. We speak with a former member about her involvement and the people who commit their faith, time and money to Scientology.	14:32	7:48
<b>Host:</b>	Marty Peterson		
<b>Guests:</b>	Sands Hall, author, <i>Reclaiming My Decade Lost in Scientology</i> .		
<b>Issues Covered:</b>	Spiritual Studies, Religion, Culture, History, Psychology, Literature		
<b>Links:</b>	<a href="https://www.amazon.com/Flunk-Start-Reclaiming-Decade-Scientology-ebook/dp/B071P44P9R">https://www.amazon.com/Flunk-Start-Reclaiming-Decade-Scientology-ebook/dp/B071P44P9R</a> <a href="https://sandshall.com/">https://sandshall.com/</a> <a href="https://www.scientology.org/what-is-scientology/">https://www.scientology.org/what-is-scientology/</a> <a href="https://www.sciencedirect.com/science/article/pii/B9780081003701000056">https://www.sciencedirect.com/science/article/pii/B9780081003701000056</a> <a href="https://wholetrees.com/">https://wholetrees.com/</a>		
<b>CULTURE CRASH:</b>	<b>FILM HIGHLIGHTS SO FAR IN 2020</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	This year has forced the film industry – like many other industries – to adapt and do things a little differently. This means a new resurgence of drive-in theatres or the option to buy new releases straight from your home TV. We go through some of our favorite films and upcoming releases set for fall.	23:20	3:07
<b>Host:</b>	Evan Rook		
<b>Issues Covered:</b>	Film, Business, Streaming, Culture		

**Program 20-31      Written & Produced: Amirah Zaveri, Annie Krall & Evan Rook**
**Air Week:**                      **Studio Production:**    **Jason Dickey**  
 8/2/20

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**SEGMENT 1:    BETTER UNDERSTANDING TRAUMA**
**Time    Duration**


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**Synopsis:**                      Trauma comes in many shapes and forms throughout life. Viewpoints speaks with psychiatrist, Dr. James S. Gordon in order to better understand a person’s reaction to trauma and the body’s resilience in dealing with these stressful events and situations. 1:47    10:23

**Host:** Gary Price

**Guests:** Dr. James S. Gordon, psychiatrist, clinical professor, Georgetown Medical School, founder, executive director, Center for Mind-Body Medicine, author, *The Transformation: Discovering Wholeness and Healing After Trauma*.

**Issues Covered:** Trauma, Stress, Psychology, Medicine, Psychiatry, Mental Health

**Links:**                      <https://cmbm.org/>  
<https://jamesgordonmd.com/about/>  
<https://www.amazon.com/Transformation-Discovering-Wholeness-Healing-Trauma/dp/0062870718>

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**SEGMENT 2:    A DIFFERENT CAREER PATH: THE LIFE OF A PROFESSIONAL CUDDLER**
**Time    Duration**


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**Synopsis:**                      Thousands of Americans are certified cuddlers. You might be asking - what does it mean to be a ‘certified cuddler’? Christina Hepburn joins Viewpoints this week to talk about this relatively new niche and how she’s working to dissolve the stigmas associated with the industry. 14:12    8:56

**Host:** Marty Peterson

**Guests:** Christina Hepburn, professional cuddler.

**Issues Covered:** Career, Wellness, Companionship, Mental Health, Psychology

**Links:**                      <https://twitter.com/chrihepburn?lang=en>  
<https://www.washingtonpost.com/news/inspired-life/wp/2018/04/24/i-went-to-get-hugged-by-a-professional-cuddler-heres-how-it-felt/>  
<https://cuddlist.com/faq/>

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**CULTURE CRASH:    EXPLORING THE INDIE BAND & ALBUM "RED HEARSE"**
**Time    Duration**


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**Synopsis:**                      The band “Red Hearse” is made up of acclaimed artists Jack Antonoff, Sam Dew and producer Sounwave. We explore the group’s indie releases and what the musical trio brings to the table. 24:08    3:07

**Host:** Evan Rook

**Issues Covered:** Culture, Music, Production

**Program 20-32      Written & Produced: Amirah Zaveri, Pat Reuter & Evan Rook**
**Air Week:**                      **Studio Production:**    **Jason Dickey**  
 8/9/20

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**SEGMENT 1:    MODERN CONTRACTS FOR NONTRADITIONAL RELATIONSHIPS**
**Time    Duration**


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**Synopsis:**                      There are millions of Americans who live together as husband and wife, but never become formally “married.” What are their rights? Who gets the house, the car and the bank accounts if the relationship ends or one of them passes away? We speak with a contract and family law attorney who has written extensively on the subject to find out how society and the courts views co-habitation relationships. We also cover what steps co-habiting couples should take to still be recognized by the law. 1:47    10:56

**Host:** Gary Price

**Guests:** Martha Ertman, Professor of Law specializing in contract and family at the Carey School of Law, University of Maryland, and author of the book, *Love’s Promises: How formal and informal contracts shape all kinds of families.*

**Issues Covered:** Divorce, Relationships, Personal Finance, Marriage, Law, Government, Death

**Links:** <https://www.law.umaryland.edu/Directory/profile.asp?id=543>  
<https://www.amazon.com/Loves-Promises-Informal-Contracts-Families/dp/0807033669>

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**SEGMENT 2:    THE INVENTION OF INSTANT PHOTOGRAPHY**
**Time    Duration**


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**Synopsis:**                      In the early to mid 1900’s, capturing a picture was cumbersome and complicated and took weeks to process the film. Then, Edwin Land, the creator of the Polaroid camera, came along and revolutionized the industry. Viewpoints speaks with author Ron Fierstein who profiles Land in his book, *A Triumph of Genius: Edwin Land, Polaroid, and the Kodak Patent War.* 14:46    8:34

**Host:** Marty Peterson

**Guests:** Ron Fierstein, author of the book, *A Triumph of Genius: Edwin Land, Polaroid, and the Kodak Patent War.*

**Issues Covered:** Photography, Technology, Business, History, Literature

**Links:** <http://www.triumphofgenius.com/>  
<https://www.acs.org/content/acs/en/education/whatischemistry/landmarks/land-instant-photography.html>  
<https://twitter.com/ronfierstein?lang=en>  
<https://www.amazon.com/Triumph-Genius-Edwin-Polaroid-Patent/dp/1627227695>

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**CULTURE CRASH:    A FATHER-SON HORROR NOVELLA**
**Time    Duration**


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**Synopsis:**                      Viewpoints speaks with father-son duo, Richard and Billy Chizmar about the combined process of writing the popular horror story, *Widow’s Point.* 24:21    2:06

**Host:** Evan Rook

**Issues Covered:** Literature, Culture, Writing

<b>Program 20-33</b>	<b>Written &amp; Produced: Amirah Zaveri, Polly Hansen &amp; Evan Rook</b>		
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**Air Week:** 8/16/20  
**Studio Production:** Jason Dickey

SEGMENT 1:	THE HOLOCAUST: SURVIVING THE GERMAN OCCUPATION OF THE NETHERLANDS	Time	Duration
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**Synopsis:** When Dutch forces surrendered to the Germans in May of 1940, the Nazis gained control of the Netherlands and set in action a plan to exterminate hundreds of thousands of Jews and minorities. Arguably, the most famous voice from that region is Anne Frank – the young teenage girl who wrote of her daily life in hiding until she was discovered in 1944 and died in the Bergen-Belsen concentration camp. While Anne Frank is a prominent voice, there are many other stories of those who hid out for years, evading capture and awaiting freedom.

1:47 10:21

**Host:** Gary Price

**Guests:** Daphne Geismar, teacher, author, *Invisible Years: A Family's Collected Account of Separation and Survival During the Holocaust in the Netherlands*.

**Issues Covered:** History, War, Literature, Genocide, Race, Ethnicity, Minorities

**Links:** <http://daphnegeismar.com/>  
<https://www.ushmm.org/>  
<https://www.amazon.com/Invisible-Years-Collected-Separation-Netherlands/dp/1567926592/>  
<https://jfr.org/bureau-of-speakers/robert-jan-van-pelt/>  
<https://www.annefrank.org/en/anne-frank/go-in-depth/netherlands-greatest-number-jewish-victims-western-europe/>

SEGMENT 2:	DOT CON: PRANKING THE AUTHORS OF SPAM EMAILS	Time	Duration
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**Synopsis:** We've all received spam calls and fishy-looking emails that promise us a free vacation or a great bargain that's too good to pass up. Sometimes they even come from a phone contact or your boss asking for help or to download an attachment. Author and comedian, James Veitch has made a name for himself by replying to these scams and continuing the conversation, effectively wasting the scammers time as much as they waste ours. We speak with him about his trade and the major telltale signs to look out for in a scam.

14:07 8:49

**Host:** Marty Peterson

**Guests:** James Veitch, comedian, author, *Dot Con: The Art of Scamming a Scammer*.

**Issues Covered:** Cybersecurity, Identity Theft, Technology, Communication, Literature

**Links:** <https://veitch.me/>  
[https://www.youtube.com/watch?v=\\_QdPW8JrYzQ](https://www.youtube.com/watch?v=_QdPW8JrYzQ)  
[https://twitter.com/veichtweets?ref\\_src=twsrc%5Egoogle|twcamp%5Eserp|twgr%5Eauthor](https://twitter.com/veichtweets?ref_src=twsrc%5Egoogle|twcamp%5Eserp|twgr%5Eauthor)  
<https://www.ftccomplaintassistant.gov/-/crmt&panel1-1>  
<https://www.consumer.ftc.gov/articles/how-recognize-and-avoid-phishing-scams>  
<https://www.amazon.com/Dot-Scamming-Scammer-James-Veitch/dp/184949651X>

CULTURE CRASH:	A COLLECTION OF SCIENCE FICTION	Time	Duration
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**Synopsis:** The Forward is a new science fiction series of six short novellas written by prominent authors in the genre. We discuss the appeal and if the new release is worth the purchase.

23:56 2:31

**Host:** Evan Rook

**Issues Covered:** Science Fiction, Literature, Culture

**Program 20-34      Written & Produced: Amirah Zaveri, Polly Hansen, Cate Novak & Evan Rook**

**Air Week:**                      **Studio Production:**    **Jason Dickey**  
 8/23/20

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<b>SEGMENT 1: HOW TO TRAVEL ONCE WE CAN ALL TRAVEL AGAIN</b>	<b>Time</b>	<b>Duration</b>
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**Synopsis:** For most people this year, traveling seems like a distant memory. Getting on a plane, taking a train or even using public transport on a daily basis has been largely abandoned with COVID-19. But once it is safe to travel again – where’s the first place you’d like to go? Acclaimed travel guide, writer and TV host, Rick Steves joins Viewpoints this week to share how you can get the most out of your travels and fully immerse yourself in the local culture, people and history. 1:47    9:36

**Host:** Gary Price

**Guests:** Rick Steves, travel writer, television show host, travel guide, author, *For the Love of Europe: My Favorite Places, People, and Stories*.

**Issues Covered:** Travel, Culture, History, Food, Writing, Literature

**Links:** <https://www.ricksteves.com/>  
<https://www.theguardian.com/travel/2020/jun/18/end-of-tourism-coronavirus-pandemic-travel-industry>  
<https://www.amazon.com/Love-Europe-Greatest-Hits-Steves/dp/1641711310/>

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<b>SEGMENT 2: MURDER ON THE HERBERT FULLER</b>	<b>Time</b>	<b>Duration</b>
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**Synopsis:** Rewind back to 1896 aboard the voyager ship, the Herbert Fuller. Just a week into the journey, three people aboard were murdered and there were multiple suspects. The murder trial that follows is historic and helped shape modern law today. 13:22    9:28

**Host:** Marty Peterson

**Guests:** Gerard Koepfel, historian & author of *Not a Gentleman’s Work: The Untold Story of a Gruesome Murder at Sea and the Long Road to Truth*.

**Issues Covered:** History, Law, Government, Literature, Law Enforcement, Crime

**Links:** <http://gerardkoepfel.com/>  
<https://twitter.com/koepfelg?lang=en>  
<https://www.amazon.com/Not-Gentlemans-Work-Gruesome-Justice/dp/0306903385>  
<https://crimereads.com/the-high-seas-murder-that-shocked-and-baffled-the-world/>

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<b>CULTURE CRASH: TAYLOR SWIFT'S SURPRISE ALBUM</b>	<b>Time</b>	<b>Duration</b>
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**Synopsis:** The new summer release, Folklore, by artist Taylor Swift heads in a stylistically different direction than what she’s largely known for. We discuss the new album and some of our favorite songs. 23:50    2:35

**Host:** Evan Rook

**Issues Covered:** Music, Indie, Culture, Songwriting

**Program 20-35      Written & Produced: Amirah Zaveri & Evan Rook**
**Air Week:**                      **Studio Production:**    **Jason Dickey**  
 8/30/20

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**SEGMENT 1:    REHABILITATION WHILE IN PRISON: GETTING TO THE ROOT OF THE PROBLEM**
**Time    Duration**


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**Synopsis:**                      The U.S. has the largest prison population in the world with more than 2.3 million inmates. Each year, prisons cost taxpayers 80 billion dollars. But with two thirds of those incarcerated returning back behind bars within a few years, clearly something is broken. We discuss how some popular reforms do more harm than good and what needs to change within the system. 1:47    9:14

**Host:** Gary Price

**Guests:** Maya Schenwar, editor-in-chief, Truth Out, co-author, *Prison by Any Other Name: The Harmful Consequences of Popular Reforms*.

**Issues Covered:** Criminal Justice, Crime, Government, Mental Health, Addiction, Psychology, Race, Poverty, Politics

**Links:** <https://www.themarshallproject.org/>  
<https://www.aclu.org/other/aclu-policy-priorities-prison-reform>  
<https://www.mayaschenwar.com/>  
<https://www.amazon.com/Prison-Any-Other-Name-Consequences/dp/1620973103/>  
<https://truthout.org/articles/in-the-age-of-abolition-many-reforms-constitute-incarceration-by-another-name/>  
[https://twitter.com/MayaSchenwar?ref\\_src=twsrc%5Egoogle|twcamp%5Eserp|twgr%5Eauthor](https://twitter.com/MayaSchenwar?ref_src=twsrc%5Egoogle|twcamp%5Eserp|twgr%5Eauthor)

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**SEGMENT 2:    SLEEPING SOUNDLY: THE INTERCONNECTED BENEFITS OF GETTING GOOD REST**
**Time    Duration**


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**Synopsis:**                      All humans need some amount of rest – whether that’s five hours or eight. But how we sleep and the quality of that slumber can vary widely. We speak with sleep expert, Matthew Walker, a professor at California-Berkeley, who says getting restful sleep each night is the single biggest thing we can do to vastly improve both our mental and physical health. 13:03    9:01

**Host:** Marty Peterson

**Guests:** Matthew Walker, professor of neuroscience and psychology at the University of California-Berkeley and author, *Why We Sleep: Unlocking the power of sleep and dreams*.

**Issues Covered:** Health, Medicine, Stress, Technology, Research, Literature

**Links:** [https://www.amazon.com/Why-We-Sleep-Unlocking-Dreams/dp/1501144316/ref=asap\\_bc?ie=UTF8](https://www.amazon.com/Why-We-Sleep-Unlocking-Dreams/dp/1501144316/ref=asap_bc?ie=UTF8)  
<https://newsinhealth.nih.gov/2013/04/benefits-slumber>  
<https://health.gov/myhealthfinder/topics/everyday-healthy-living/mental-health-and-relationships/get-enough-sleep>  
<https://www.health.harvard.edu/sleep/8-reasons-why-youre-not-sleeping>

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**CULTURE CRASH:    EXPLORING THE WORKS OF CHARLIE KAUFMAN**
**Time    Duration**


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**Synopsis:**                      Writer & director Charlie Kaufman is known for several hit movies including *Eternal Sunshine of the Spotless Mind* and *Synecdoche, New York*. We explore some of his biggest career triumphs and the upcoming release of his new Netflix original, *I’m Thinking of Ending Things* that’s based off the novel written by Iain Reid. 23:04    3:23

**Host:** Evan Rook

**Issues Covered:** Film, Culture

Program 20-36		Written & Produced: Amirah Zaveri, Polly Hansen & Evan Rook	
<b>Air Week:</b>	9/6/20	<b>Studio Production:</b>	Jason Dickey
<b>SEGMENT 1:</b>	<b>A VIOLENT WILDFIRE SEASON IN THE WEST</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	It's only September and this year's wildfires in California are already worse than last year with still months left in peak fire season. We explore the growing challenges facing Californians and what the future holds for The Golden State.	1:47	9:35
<b>Host:</b>	Gary Price		
<b>Guests:</b>	Stephen Pyne, fire expert, emeritus professor, School of Life Sciences, Arizona State University; Kendra Atleework, writer, author, <i>Miracle Country: A Memoir</i> .		
<b>Issues Covered:</b>	Climate Change, Natural Disasters, Pandemic, Science, Literature		
<b>Links:</b>	<a href="https://www.fire.ca.gov/">https://www.fire.ca.gov/</a> <a href="https://twitter.com/kendraatleework?lang=en">https://twitter.com/kendraatleework?lang=en</a> <a href="https://www.workman.com/products/miracle-country">https://www.workman.com/products/miracle-country</a> <a href="https://datebook.sfchronicle.com/books/review-in-miracle-country-kendra-atleework-pays-tribute-to-her-rural-california-roots">https://datebook.sfchronicle.com/books/review-in-miracle-country-kendra-atleework-pays-tribute-to-her-rural-california-roots</a> <a href="https://twitter.com/StephenJPyne?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor">https://twitter.com/StephenJPyne?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor</a> <a href="http://www.stephenpyne.com/">http://www.stephenpyne.com/</a>		
<b>SEGMENT 2:</b>	<b>THE CURRENT SCOPE OF SURVEILLANCE IN THE U.S.</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Today, ex-government employee, Edward Snowden is recognized around the world for his role in leaking highly classified information about government mass surveillance. We explore the benefits and consequences of modern surveillance and how both private business entities and governments are acquiring information from millions of Americans.	13:24	9:31
<b>Host:</b>	Marty Peterson		
<b>Guests:</b>	Barton Gellman, journalist, The Atlantic, author, <i>Dark Mirror: Edward Snowden and the American Surveillance State</i> ; Dr. Marcus Rogers, professor, executive director, Cybersecurity Programs, Purdue Polytechnic Institute at Purdue University.		
<b>Issues Covered:</b>	Cybersecurity, Technology, Government, Politics, Information Technology		
<b>Links:</b>	<a href="https://twitter.com/bartongellman?lang=en">https://twitter.com/bartongellman?lang=en</a> <a href="https://polytechnic.purdue.edu/profile/rogersmk">https://polytechnic.purdue.edu/profile/rogersmk</a> <a href="https://twitter.com/Snowden?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor">https://twitter.com/Snowden?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor</a> <a href="https://www.barnesandnoble.com/w/dark-mirror-barton-gellman/1122928803">https://www.barnesandnoble.com/w/dark-mirror-barton-gellman/1122928803</a>		
<b>CULTURE CRASH:</b>	<b>THE SOOTHING SOUNDS OF FRANK OCEAN</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	It's no surprise that many of us are always looking for new ways to de-stress and relax this year. Whether you're cooking, driving or just relaxing, the music of Frank Ocean is a fantastic choice.	23:55	2:32
<b>Host:</b>	Host: Evan Rook		
<b>Issues Covered:</b>	Music, Culture		

<b>Program 20-37</b>	<b>Written &amp; Produced: Amirah Zaveri &amp; Evan Rook</b>
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**Air Week:** 9/13/20  
**Studio Production:** Jason Dickey

SEGMENT 1: <b>PEAK HURRICANE SEASON 2020</b>	Time	Duration
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**Synopsis:** Hurricane Laura ramped up to a Category 4 hurricane late last month and was the strongest storm to hit the Louisiana coast in more than a hundred and sixty years. Each year, the most powerful storms during the Atlantic hurricane season typically form between the end of August and early October. We speak with two experts to better understand the history of hurricanes and the destruction they wreak each year. 1:48 11:14

**Host:** Gary Price

**Guests:** Eric Jay Dolin, author, *Furious Sky: The Five Hundred Year History of America's Hurricanes*; Dr. Barry Keim, Louisiana state climatologist, professor, Department of Geography & Anthropology.

**Issues Covered:** Meteorology, Science, Climate, Natural Disasters, Government, History

**Links:** <https://www.nhc.noaa.gov/breakpoints/>  
[https://twitter.com/NHC\\_Atlantic?ref\\_src=twsrc%5Egoogle|twcamp%5Eserp|twgr%5Eauthor](https://twitter.com/NHC_Atlantic?ref_src=twsrc%5Egoogle|twcamp%5Eserp|twgr%5Eauthor)  
<https://www.redcross.org/about-us/our-work/disaster-relief/hurricane-relief.html>  
<https://lsu.edu/ga/people/faculty/barry-d-keim/>  
<https://www.ericjaydolin.com/>  
<https://www.amazon.com/Furious-Sky-Five-Hundred-Year-Americas-Hurricanes/dp/1631495275/>

SEGMENT 2: <b>FUELING CREATIVITY: FUNDING MODERN, INDEPENDENT INVENTION</b>	Time	Duration
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**Synopsis:** Without inventors like Benjamin Franklin or visionaries like Elon Musk, the world would look a bit different. Both of these people and countless others followed their passion, but sometimes it can be hard to slow down and take a risk. Do you enjoy writing? Tinkering with tech? Creating music? Art? It's never too late to forge a different career path or side hobby. We speak with Kickstarter co-founder, Yancey Strickler about some of the barriers to entry creatives face today and how to find support within a community. 15:04 7:19

**Host:** Marty Peterson

**Guests:** Yancey Strickler, co-founder, Kickstarter, author, *This Could Be Our Future: A Manifesto for a More Generous World*.

**Issues Covered:** Invention, Career, Business, Technology, Music, Arts, Creativity, Literature

**Links:** <https://www.kickstarter.com/>  
<https://twitter.com/ystrickler?lang=en>  
<https://www.penguinrandomhouse.com/books/591594/this-could-be-our-future-by-yancey-strickler/>

<b>CULTURE CRASH:</b>	<b>THE LASTING LEGACY OF ACTOR CHADWICK BOSEMAN</b>	Time	Duration
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**Synopsis:** Chadwick Boseman passed away from cancer at the age of 43 on August 28. We honor his legacy and his many contributions to film from starring in Black Panther to his portrayal of baseball player, Jackie Robinson in the 2013 movie 42. 23:23 3:04

**Host:** Host: Evan Rook

**Issues Covered:** Film, Culture, Death, Race Relations



**Program 20-38**      **Written & Produced: Amirah Zaveri & Evan Rook**

**Air Week:**      **Studio Production:**      **Jason Dickey**  
9/20/20

**SEGMENT 1: BACK TO SCHOOL 2020: LEARNING THROUGH TECH**      **Time**      **Duration**

**Synopsis:** Navigating back to school this year has been challenging to say the least. With switching policies and protocols, everyone is just trying to get through the fall one day at a time. Viewpoints speaks with two education experts about the biggest barriers to learning and what online education technology can really offer students.      1:47      10:15

**Host:** Gary Price

**Guests:** Justin Reich, assistant professor, Massachusetts Institute of Technology, director, MIT Teaching Systems Lab, author, *Failure to Disrupt: Why Technology Alone Can't Transform Education*; Dr. Sanjay Sarma, professor, Massachusetts Institute of Technology, vice president, Open Learning at MIT, co-author, *Grasp: The Science Transforming How We Learn*.

**Issues Covered:** Education, Technology, Online Learning, Parenting, Child Development

- Links:** <https://tsl.mit.edu/>  
<https://openlearning.mit.edu/>  
<https://www.pbslearningmedia.org/>  
<https://www.khanacademy.org/>  
<https://www.coursera.org/>  
<https://www.edx.org/>  
<https://twitter.com/bjfr?lang=en>  
<https://cmsw.mit.edu/profile/justin-reich/>  
<https://www.hup.harvard.edu/catalog.php?isbn=9780674089044>  
<https://openlearning.mit.edu/about/our-team/sanjay-sarma>  
<https://www.amazon.com/Grasp-Science-Transforming-How-Learn/dp/0385541821/>  
<https://www.weareteachers.com/free-online-learning-resources/>

**SEGMENT 2: THE HIDDEN GEMS ACROSS CHICAGO AND EVERY U.S. TOWN**      **Time**      **Duration**

**Synopsis:** Suffering from a travel bug that can't be quenched this year? Chicago writer, Jessica Mlinaric believes that if you look hard enough you don't have to leave your town or city to experience something new. We cover some of the interesting, historical sights around Chicago and how you can explore your own area.      14:03      8:18

**Host:** Marty Peterson

**Guests:** Jessica Mlinaric, writer, author, *Secret Chicago: A Guide to the Weird, Wonderful, and Obscure*

**Issues Covered:** Travel, Community, Music, Education, History, Sports, Arts

- Links:** <https://www.secretechicagobook.com/>  
<https://jessica-mlinaric.square.site/>  
<https://blog.ihg.com/chicago-hidden-gems>

**CULTURE CRASH: THE THEATRE RELEASE OF "TENET"**      **Time**      **Duration**

**Synopsis:** The blockbuster release, "Tenet" by prominent director Christopher Nolan is one of the first major films to make a theatre release in several months. Is it worth the watch?      23:20      3:06

**Host:** Host: Evan Rook

**Issues Covered:** Film, Culture, Revenue

<b>Program 20-39</b>	<b>Written &amp; Produced: Amirah Zaveri &amp; Evan Rook</b>
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<b>Air Week:</b> 9/27/20	<b>Studio Production:</b> Jason Dickey
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<b>SEGMENT 1: INSIDE THE GROCERY INDUSTRY</b>	<b>Time</b>	<b>Duration</b>
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<b>Synopsis:</b>	Americans spent 700 billion dollars on groceries in 2018. Across the U.S., there are more than 38,000 supermarkets, each stocking thousands and thousands of distinct products. But what is the human cost of this mass consumerism? Well, the burden largely falls on low-paid workers at each level of food production and distribution - and the pandemic has only exacerbated many of these problems.	1:47	11:49
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**Host:** Gary Price

**Guests:** Benjamin Lorr, writer, author, *The Secret Life of Groceries: The Dark Miracle of the American Supermarket*; Jerry Nash, co-founder, Prairie Food Co-op.

**Issues Covered:** Business, Food Production, Pandemic, Transportation, Labor Issues

**Links:** <https://www.nytimes.com/2020/09/08/books/review/the-secret-life-of-groceries-benjamin-lorr.html>  
<https://www.onegreenplanet.org/lifestyle/reasons-to-buy-local/>  
<http://www.prairiefood.coop/>  
[http://www.prairiefood.coop/jerry\\_nash](http://www.prairiefood.coop/jerry_nash)  
[https://twitter.com/BenjaminLorr?ref\\_src=twsrc%5Egoogle|twcamp%5Eserp|twgr%5Eauthor](https://twitter.com/BenjaminLorr?ref_src=twsrc%5Egoogle|twcamp%5Eserp|twgr%5Eauthor)  
<https://www.penguinrandomhouse.com/books/253715/the-secret-life-of-groceries-by-benjamin-lorr/>

<b>SEGMENT 2: YOUNG LEARNERS &amp; THEIR DEVELOPMENT DURING COVID</b>	<b>Time</b>	<b>Duration</b>
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<b>Synopsis:</b>	The 2020 school year feels a bit different for the millions of students ‘back to school’ in whatever form that may be. We speak with two child development experts, Dr. Irene Koolwijk and Lindsay Jones, about some of the available resources and methods that parents can use to keep their young ones on track.	15:38	7:32
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**Host:** Marty Peterson

**Guests:** Dr. Irene Koolwijk, developmental behavioral pediatrician, UCLA Medical Center; Lindsay Jones, president & CEO, National Center for Learning Disabilities.

**Issues Covered:** Education, Parenting, Child Development, Health, Mental Health, Technology

**Links:** <https://www.uclahealth.org/irene-koolwijk>  
<https://www.vox.com/2020/8/6/21353154/schools-reopening-covid-19-special-education-disabilities>  
<https://www.nclد.org/checklist/>  
<https://www2.ed.gov/about/inits/ed/earlylearning/inclusion/resources-for-families.html>  
<https://www.nclد.org/about/team/lindsay-e-jones-esq/>

<b>CULTURE CRASH: REVISITING OUR FAVORITE FILMS &amp; BOOKS</b>	<b>Time</b>	<b>Duration</b>
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<b>Synopsis:</b>	2020 has not been as full of new releases as in previous years due to the pandemic, so we’re rewinding back to some of our favorite selections from a few writers and directors.	24:10	2:16
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**Host:** Host: Evan Rook

**Issues Covered:** Culture, Film, Literature