

2017- Q4 October -December

During the fourth quarter of 2017, the following compliancy issues were covered on KRQR FM:

- Addiction
- Aging
- Agriculture
- Beauty
- Child Abuse
- Climate change
- Consumerism
- Crime/Justice System
- Developmental Disabilities
- Disease
- Discrimination
- Disorders
- Economics
- Education
- Elderly
- Emergency Preparedness
- Environmental issues
- Ethics
- Family Issues
- Federal Government
- Gender Issues
- Generational Conflict
- Health Care
- Hispanic and Latino Issues
- Immigration
- Labor and Employment
- Medicine
- Mental Health
- Modern Culture
- Natural Disasters
- Nutrition/Malnutrition
- Parenting
- Pop Culture
- Poverty
- Psychology
- Public Discourse
- Public Health
- Public Policy
- Substance Abuse
- Suicide and Prevention
- Technology
- Teen Pregnancy
- Women's Issues

## Youth at Risk

American History  
American issues  
Animals  
Art  
Business  
Calculus  
Capitalism  
Careers  
Charity  
Childhood Development  
Climate change  
Criminal Law  
Culture  
Disease  
Disorders  
Education  
Elderly  
Environmental issues  
Family  
Family Issues  
Film  
Finance  
Gender  
Geography  
Health  
History  
Holidays  
Hollywood  
Humanity  
Law Enforcement  
Leisure  
Literature  
Mathematics  
Media  
Mental Health  
Music  
Mythology  
Nature  
Parenting  
Philosophy  
Policy Making  
Politics  
Psychology

Public speaking  
Race  
Racism  
Self-help  
Sexual Assault  
Science  
Sleep  
Sociology  
Sports  
Student Issues  
Technology  
Television  
Terrorism  
Transportation  
Women's Issues  
Workplace issues

Radio Health Journal 30 minute program aired at 7:00a on the following dates  
(run sheets attached)

10/1  
10/8  
10/15  
10/22  
10/29  
11/5  
11/12  
11/19  
11/26  
12/3  
12/10  
12/17  
12/24  
12/31

Viewpoints 30 minute program aired at 7:30a on the following dates  
(run sheets attached)

10/1  
10/8  
10/15  
10/22

10/29  
11/5  
11/12  
11/19  
11/26  
12/3  
12/10  
12/17  
12/24  
12/31

Submitted By: \_\_\_\_\_

Date: \_\_\_\_\_

**2017-Q4 (October-December) Viewpoints Radio Quarterly Report  
Compliance Issues covered this quarter:**

Addiction	Hispanic and Latino Issues
Aging	Immigration
Agriculture	Labor and Employment
Beauty	Medicine
Child Abuse	Mental Health
Climate change	Modern Culture
Consumerism	Natural Disasters
Crime/Justice System	Nutrition/Malnutrition
Developmental Disabilities	Parenting
Disease	Pop Culture
Discrimination	Poverty
Disorders	Psychology
Economics	Public Discourse
Education	Public Health
Elderly	Public Policy
Emergency Preparedness	Substance Abuse
Environmental issues	Suicide and Prevention
Ethics	Technology
Family Issues	Teen Pregnancy
Federal Government	Women's Issues
Gender Issues	Youth at Risk
Generational Conflict	
Health Care	

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Program	17-40	Producers	Reed Pence & Libby Foster
Air Week	10/01/17-10/07/17	Production Director	Sean Waldron
Time	Segment		Dur.
2:03	SEGMENT 1: A POSSIBLE TREATMENT FOR FETAL ALCOHOL SYNDROME?		12:39
<p><b>Synopsis:</b> Fetal alcohol spectrum disorder affects around five percent of the US population with mental disabilities and behavioral problems. Researchers explain experiments on animals with a new treatment that could eliminate the disorder, perhaps even after birth.</p>			
<p><b>Host:</b> Reed Pence. <b>Guests:</b> Maggie, parent of son with fetal alcohol syndrome; Dr. Eva Redei, Prof. of Psychiatry and Behavioral Sciences, Northwestern Univ.; Dr. Joanne Rovet, Senior Scientists, Hospital for Sick Children, Toronto, and Senior Prof. of Psychology, Univ. of Toronto.</p>			
<p><b>Compliance issues covered:</b> youth at risk; parenting issues; alcohol abuse; technology; developmental disabilities</p>			
<p><b>Links for more information:</b> <a href="http://www.nuin.northwestern.edu/members-2/e-redei/">http://www.nuin.northwestern.edu/members-2/e-redei/</a>; <a href="http://www.sickkids.ca/AboutSickKids/Directory/People/R/Joanne-Rovet.html">http://www.sickkids.ca/AboutSickKids/Directory/People/R/Joanne-Rovet.html</a></p>			
15:44	SEGMENT 2: FERTILITY RATE DECLINES		7:18
<p><b>Synopsis:</b> Birth rates in the US are at an all time low, and fertility for all age groups under age 30 is dropping. Experts explain that it may not be as good a thing as we may think, and cite nations like Japan and Italy which are facing labor shortages and elderly populations as a result of less-than-replacement-level fertility.</p>			
<p><b>Host:</b> Nancy Benson. <b>Guests:</b> Richard Jackson, President &amp; founder, Global Aging Institute; Dr. Elise Berlan, Director, Young Women's Contraception Program, Nationwide Children's Hospital, Columbus, OH</p>			
<p><b>Compliance issues covered:</b> health care; teen pregnancy; labor and employment; economics; generational conflict</p>			

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Links for more information: <http://www.globalaginginstitute.org/about-gai/team.html>;  
<http://www.nationwidechildrens.org/elise-d-berlan>

Program	17-41	Producers	Reed Pence & Libby Foster
Air Week	10/08/17-10/14/17	Production Director	Sean Waldron
Time	Segment	Dur.	
1:57 12:48	SEGMENT 1: UNDOCUMENTED IMMIGRANTS SKIPPING HEALTHCARE		
<b>Synopsis: With the federal government's crackdown on undocumented immigrants, many of them are skipping going to the doctor or the emergency room for fear of deportation. Experts discuss.</b>			
<b>Host: Reed Pence. Guests: Dr. Evan Ashkin, Prof. of Family Medicine, Univ. of North Carolina, Chapel Hill; Dr. Elisabeth Poorman, primary care physician, Cambridge Health Alliance, Everett, MA</b>			
<b>Compliance issues covered: immigration; health care; public health; federal government; Hispanic and Latino issues; discrimination</b>			
<b>Links for more information:</b> <a href="http://www.med.unc.edu/fammed/news/unique-partnershipbrings-doctors-to-statesunderserved-areas">http://www.med.unc.edu/fammed/news/unique-partnershipbrings-doctors-to-statesunderserved-areas</a> ; <a href="https://www.facebook.com/elisabethpoorman/">https://www.facebook.com/elisabethpoorman/</a>			
15:47	SEGMENT 2: PICA: A STRANGE "EAT ANYTHING" DISORDER	7:05	
<b>Synopsis: Pregnancy and early childhood are the most common time for a strange disorder that prompts people to eat non-food items such as clay or ice. Experts discuss its mysterious history.</b>			

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<b>Host: Nancy Benson. Guests: Dr. Sera Young, Asst. Prof. of Anthropology and Global Health, Northwestern Univ.; Dr. Richard Kreipe, Prof. of Pediatrics and Director, Child and Adolescent Eating Disorder Program, Univ. of Rochester</b>
<b>Compliance issues covered: health care; youth at risk</b>
<b>Links for more information: <a href="https://www.nationaleatingdisorders.org">https://www.nationaleatingdisorders.org</a>; <a href="http://www.anthropology.northwestern.edu/people/faculty/sera-young.html">http://www.anthropology.northwestern.edu/people/faculty/sera-young.html</a>; <a href="https://www.urmc.rochester.edu/people/20022129-richard-e-kreipe/patients">https://www.urmc.rochester.edu/people/20022129-richard-e-kreipe/patients</a></b>

Program	17-42	Producers	Reed Pence & Polly Hansen
Air Week	10/15/17-10/21/17	Production Director	Sean Waldron
Time	Segment	Dur.	
2:05	SEGMENT 1: WHY THE OPPOSITION TO LATER SCHOOL START TIMES?		
12:02			
<p><b>Synopsis: Thirty years of research have shown that teenagers' biology prevents them from getting to sleep much before 11pm, and with most high schools starting classes around 8 am, they are chronically sleep deprived. Experts discuss how students and even the economy would benefit from later start times and the reasons many people and school districts still oppose the change.</b></p>			
<p><b>Host: Reed Pence. Guests: Dr. Wendy Troxel, Senior Behavioral and Social Scientist, Rand Corp. and Adjunct Asst. Prof. of Psychiatry and Psychology, Univ. of Pittsburgh; Dr. Terra Zipporyn Snider, Executive Director and co-founder, Start School Later organization</b></p>			
<p><b>Compliance issues covered: Youth at risk; education; public policy; parenting issues; economics</b></p>			
<p><b>Links for more information: <a href="https://www.rand.org/about/people/t/troxel_wendy_m.html">https://www.rand.org/about/people/t/troxel_wendy_m.html</a>; <a href="http://www.startschoollater.net">http://www.startschoollater.net</a></b></p>			

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<b>15:09</b>	<b>SEGMENT 2: CANCER &amp; BEAUTY</b>	<b>7:39</b>
<b>Synopsis: Women undergoing cancer treatment often suffer hair loss and other impacts on appearance. A noted beauty expert discusses best ways to deal with it.</b>		
<b>Host: Nancy Benson. Guest: Caitlin Keirnan, former fashion columnist &amp; beauty director, cancer survivor and author, <i>Pretty Sick: A Beauty Guide for Women With Cancer</i></b>		
<b>Compliance issues covered: women's issues; health care</b>		
<b>Links for more information: <a href="https://www.littlebrown.co.uk/books/detail.page?isbn=9780349417271">https://www.littlebrown.co.uk/books/detail.page?isbn=9780349417271</a></b>		

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Program	17-43	Producer	Reed Pence
Air Week	10/22/17-10/28/17	Production Director	Sean Waldron
Time	Segment		Dur.
2:05 12:40	SEGMENT 1: THE BIOLOGY OF ADDICTION		
<p><b>Synopsis:</b> Scientists are learning the specific workings of the brain when it is addicted to a substance or behavior, and showing that all addictions are similar. This gives hope of one day developing a drug to combat many addictions. However, the stigma of addictions—that they are a moral failing—still looms over the field.</p>			
<p><b>Host:</b> Reed Pence. <b>Guests:</b> Dr. Rita Goldstein, Prof. of Psychiatry and Neuroscience, Icahn School of Medicine at Mt. Sinai, New York; Dr. Anna Rose Childress, Research Prof. of Psychology in Psychiatry, Univ. of Pennsylvania School of Medicine</p>			
<p><b>Compliance issues covered:</b> drug addiction and treatment; alcohol addiction; public health</p>			
<p><b>Links for more information:</b> <a href="http://www.nationalgeographic.com/magazine/2017/09/the-addicted-brain/">http://www.nationalgeographic.com/magazine/2017/09/the-addicted-brain/</a>; <a href="http://www.mountsinai.org/profiles/rita-goldstein">http://www.mountsinai.org/profiles/rita-goldstein</a>; <a href="http://www.med.upenn.edu/csa/bios_faculty.html">http://www.med.upenn.edu/csa/bios_faculty.html</a></p>			
15:47	SEGMENT 2: PREPARING FOR DISASTER		
<p><b>Synopsis:</b> Many people will have to deal with a natural disaster at some point in their lives. Two civil defense experts discuss how to be ready before it comes.</p>			
<p><b>Host:</b> Nancy Benson. <b>Guests:</b> Jonathan Jones and Kyleene Jones, co-authors, <i>The Provident Prepper: A Common Sense Guide to Preparing for Emergencies</i></p>			
<p><b>Compliance issues covered:</b> natural disasters; emergency preparedness; public safety and public health</p>			
<p><b>Link for more information:</b> <a href="http://theprovidentprepper.org">http://theprovidentprepper.org</a></p>			

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Program	17-44	Producer	Reed Pence
Air Week	10/29/17-11/04/17	Production Director	Sean Waldron
Time	Segment	Dur.	
2:05 12:00	SEGMENT 1: INCLUDING FEMALES IN BASIC RESEARCH		
<p><b>Synopsis: Only about a third of research subjects in clinical studies are women. In basic research on animals and cells, female models are even more poorly represented. This results in poor understanding of how new drugs work on women and occasional drug recalls when major side effects are discovered after the fact. Experts discuss why such an imbalance occurs, its results, and how the problem is being addressed.</b></p>			
<p><b>Host: Reed Pence. Guests: Dr. Teresa Woodruff, Director, Women’s Health Research Institute, Northwestern Univ.; Dr. Melina Kibbe, Prof. of Surgery, Northwestern Univ.; Dr. Kathryn Sandburg, Director, Center for the Study of Sex Differences in Health, Aging &amp; Disease, Georgetown Univ.</b></p>			
<p><b>Compliance issues covered: health and medicine; women’s issues; gender issues; federal govt.; economics</b></p>			
<p><b>Links for more information: <a href="https://www.womenshealth.northwestern.edu">https://www.womenshealth.northwestern.edu</a> ; <a href="http://kibbelab.northwestern.edu">http://kibbelab.northwestern.edu</a> ; <a href="http://csd.georgetown.edu">http://csd.georgetown.edu</a></b></p>			
15:07	SEGMENT 2: “EXPLODING HEAD SYNDROME”	6:51	
<p><b>Synopsis: A sleep disorder strangely named "exploding head syndrome" may keep more than 10 percent of people awake at night by inflicting them with crashing sounds that only they can hear. A sufferer and an expert discuss.</b></p>			
<p><b>Host: Nancy Benson. Guests: Walter Michka, health blogger and exploding head syndrome sufferer; Dr. Brian Sharpless, Asst. Prof. of Psychology, Washington State Univ. and author, <i>Sleep Paralysis</i></b></p>			
<p><b>Compliance issues covered: health care; lifestyle issues</b></p>			

Links for more information: <http://www.briansharpless.com>

Program	17-45	Producer	Reed Pence
Air Week	11/05/17-11/11/17	Production Director	Sean Waldron
Time	Segment		Dur.
2:05 12:11	SEGMENT 1: MORE CARBON DIOXIDE, LESS NUTRITIOUS FOOD CROPS		
<p><b>Synopsis:</b> Rising levels of carbon dioxide in the atmosphere are making crops grow bigger &amp; faster. However, researchers have found that these crops contain significantly lower levels of protein, iron, zinc, and other important nutrients, potentially endangering nutrition for hundreds of millions of people. Experts explain the effect will get worse as CO2 levels continue to rise, and what might be done to combat the problem.</p>			
<p><b>Host:</b> Reed Pence. <b>Guests:</b> Dr. Sam Myers, Principal Research Scientist and Director, Planetary Health Alliance, Harvard Univ.; Dr. Kristie Ebi, Director, Center for Health and the Global Environment, Univ. of Washington</p>			
<p><b>Compliance issues covered:</b> environment; climate change; agriculture; malnutrition; poverty; public health</p>			
<p>Links for more information: <a href="https://planetaryhealthalliance.org/people/sam-s-myers-md-mph">https://planetaryhealthalliance.org/people/sam-s-myers-md-mph</a>; <a href="https://globalhealth.washington.edu/faculty/kristie-ebi">https://globalhealth.washington.edu/faculty/kristie-ebi</a></p>			
15:18	SEGMENT 2: BODY DYSMORPHIC DISORDER		7:28
<p><b>Synopsis:</b> Some people who seek repeated plastic surgery are afflicted with a mental illness, body dysmorphic disorder, which distorts their view of their own appearance. Experts discuss symptoms and how the disorder may be treated, though few with the disorder agree to psychological treatment.</p>			
<p><b>Host:</b> Nancy Benson. <b>Guests:</b> Dr. Elliot Hirsch, Los Angeles plastic surgeon; Dr. Angela Fang, Asst. Prof. of Psychology, Harvard Medical School and psychologist, Massachusetts General Hospital</p>			

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<b>Compliance issues covered: health and beauty; health care; mental illness; suicide and prevention</b>
<b>Links for more information: <a href="http://www.hirschplasticsurgery.com">http://www.hirschplasticsurgery.com</a>; <a href="https://mghocd.org/staff/angela-fang-ph-d/">https://mghocd.org/staff/angela-fang-ph-d/</a></b>

<b>Program</b>	<b>17-46</b>	<b>Producers</b>	<b>Polly Hansen &amp; Reed Pence</b>
<b>Air Week</b>	<b>11/12/17-11/18/17</b>	<b>Production Director</b>	<b>Sean Waldron</b>
<b>Time</b>	<b>Segment</b>	<b>Dur.</b>	
<b>2:01</b>	<b>SEGMENT 1: HANDSHAKE BANS &amp; HAND WASHING</b>		
<b>11:37</b>			
<b>Synopsis: Some hospital units have set up handshake bans because too few healthcare workers wash hands well enough to keep from spreading germs. The general public is even worse at washing hands, which has caused spread of serious disease. Some experts say handshakes foster important human connections and oppose bans. Experts discuss and describe what it takes to wash hands well enough to be “clean.”</b>			
<b>Host: Reed Pence. Guests: Dr. Mark Sklansky, Prof. and Chief, Division of Pediatric Cardiology, UCLA Mattel Children's Hospital and UCLA David Geffen School of Medicine; Donna Cardillo, registered nurse and inspirational speaker, “The Inspirational Nurse;” Dr. Pamala Marquess, Atlanta pharmacist; Dr. Wilma Wooten, Public Health Officer, County of San Diego (CA).</b>			
<b>Compliance issues covered: public health; health care</b>			
<b>Links for more information: <a href="https://www.uclahealth.org/mark-sklansky">https://www.uclahealth.org/mark-sklansky</a>; <a href="http://donnacardillo.com">http://donnacardillo.com</a>; <a href="https://www.cecocity.com/ncpa/tampa_2008/mtm_diabetes_insulin/marquess.htm">https://www.cecocity.com/ncpa/tampa_2008/mtm_diabetes_insulin/marquess.htm</a>; <a href="http://first5sandiego.org/wilma-j-wooten-m-d-m-p-h/">http://first5sandiego.org/wilma-j-wooten-m-d-m-p-h/</a></b>			

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<b>14:40</b>	<b>SEGMENT 2: "BIG CHICKEN"</b>	<b>7:49</b>
<b>Synopsis: Poultry farming has become heavily industrialized, in part through the use of antibiotics in feed. This contributes to the spread of antibiotic resistance, as an expert author describes.</b>		
<b>Host: Nancy Benson. Guest: Maryn McKenna, author, <i>Big Chicken: The Incredible Story of How Antibiotics Created Modern Agriculture and Changed the Way the World Eats</i></b>		
<b>Compliance issues covered: public health; environment; economics; agriculture</b>		
<b>Links for more information: <a href="http://marynmckenna.com/big-chicken/">http://marynmckenna.com/big-chicken/</a></b>		

Program	17-47	Producer	Reed Pence
Air Week	11/19/17-11/25/17	Production Director	Sean Waldron
Time	Segment		Dur.
<b>SEGMENT 1: NAVIGATING THE AGING PROCESS</b>			
<b>12:31</b>			
<b>Synopsis: As loved ones age, tough decisions need to be made on finances, housing, and other concerns, and these decisions need to be made far earlier than they typically are. This is especially true if a person does not have family to act as support and caregiver. Two experts discuss managing the transition from complete independence as we age.</b>			
<b>Host: Reed Pence. Guests: Melanie Merriman, author, <i>Holding the Net: Caring For My Mother On the Tightrope of Aging</i>; Joy Loverde, author, <i>Who Will Take Care of Me When I'm Old?</i></b>			
<b>Compliance issues covered: health care; aging and elderly; family issues; housing; economics</b>			

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Links for more information: <a href="http://greenwriterspress.com/book/holding-the-net/">http://greenwriterspress.com/book/holding-the-net/</a> ; <a href="http://www.elderindustry.com">http://www.elderindustry.com</a>	
<b>15:35</b>	<b>6:54</b>
<b>SEGMENT 2: "HELPFUL LIES"</b>	
Synopsis: Lies aren't always bad. Often, they're told to be polite, and compassionate people are most likely to tell whoppers. But as the stakes of lies rise, honesty trumps kindness. Yet few people are ever able to distinguish when they're being told lies. Experts explain.	
Host: Nancy Benson. Guests: Matthew Lupoli, social scientists, Univ. of California, San Diego; Dr. Paul Eckman, Prof. Emeritus of Psychology, Univ. of California, San Francisco.	
Compliance issues covered: ethics; public discourse	
Links for more information: <a href="https://matthewlupoli.wixsite.com/ucsd">https://matthewlupoli.wixsite.com/ucsd</a> ; <a href="http://www.paulekman.com/paul-ekman/">http://www.paulekman.com/paul-ekman/</a>	

<b>Program</b>	17-48	<b>Producer</b>	Reed Pence
<b>Air Week</b>	11/26/17-12/02/17	<b>Production Director</b>	Sean Waldron
<b>Time</b>	<b>Segment</b>	<b>Dur.</b>	
2:05 11:08	<b>SEGMENT 1: ALZHEIMER'S, SPOUSES, AND "CLOSE FRIENDS"</b>		
Synopsis: Spouses of Alzheimer's disease patients often struggle with depression while caregiving and are desperate for support. Some have started new relationships while their loved one is still alive but no longer recognizes them. Acceptance of such infidelity is highly individual. Experts and a woman involved in such a relationship discuss how it can benefit even the incapacitated spouse, as long as families find it acceptable.			

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Host: Reed Pence. Guests: Dr. William Uffner, board certified geriatric psychiatrist, Friends Hospital, Philadelphia and Clinical Asst. Prof. of Psychiatry, Drexel Univ.; Sharon B. Shaw, Licensed Clinical Social Worker and Certified Group Psychotherapist, New York; Tammi Reeves, author, <i>Bleeding Hearts: A True Story of Alzheimer's, Family, and the Other Woman</i>	
Compliance issues covered: health care; public health; elderly and senior citizens; family issues; ethics; mental health	
Links for more information: <a href="https://www.doximity.com/pub/william-uffner-md">https://www.doximity.com/pub/william-uffner-md</a> ; <a href="https://www.linkedin.com/in/sharon-b-shaw-lcsw-cgp-01b1a92/">https://www.linkedin.com/in/sharon-b-shaw-lcsw-cgp-01b1a92/</a> ; <a href="http://www.tamireeves.com/bleeding-hearts.html">http://www.tamireeves.com/bleeding-hearts.html</a>	
<b>14:15</b>	<b>SEGMENT 2: CHILDHOOD TRAUMA, LATER DISEASE</b> <span style="float: right;"><b>8:05</b></span>
Synopsis: Researchers have found that severe emotional trauma in childhood triggers physical disease later in life, and has a cumulative effect. An award-winning science writer who has researched the topic discusses findings.	
Host: Nancy Benson. Guest: Donna Jackson Nakazawa, author, <i>Childhood Disrupted: How Your Biography Becomes Your Biology, and How You Can Heal</i>	
Compliance issues covered: child abuse; mental health; public health	
Links for more information: <a href="https://donnajacksonnakazawa.com">https://donnajacksonnakazawa.com</a>	

<b>Program</b>	17-49	<b>Producer</b>	Reed Pence
<b>Air Week</b>	12/03/17-12/09/17	<b>Production Director</b>	Sean Waldron
<b>Time</b>	<b>Segment</b>	<b>Dur.</b>	
2:05	<b>SEGMENT 1: HUMAN TRAFFICKING: SLAVERY BY ANOTHER NAME</b>		
12:16			

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Synopsis: Millions of vulnerable low-wage workers are exploited and trapped, both in the US and around the world. Experts discuss why foreigners are especially at risk of being intimidated into forced labor and how they might be rescued.	
Host: Reed Pence. Guests: Melysa Sperber, Director, Alliance to End Slavery and Trafficking; Catherine Longkumer, Project Manager, Human Trafficking Initiative, Legal Aid Society of Metropolitan Family Services of Chicago	
Compliance issues covered: youth at risk; labor and employment issues; police, crime and justice system; immigration; economics	
Links for more information: <a href="https://humantraffickinghotline.org">https://humantraffickinghotline.org</a> ; <a href="https://endslaveryandtrafficking.org">https://endslaveryandtrafficking.org</a> ; <a href="https://www.metrofamily.org/legal-aid/">https://www.metrofamily.org/legal-aid/</a>	
15:23	<b>SEGMENT 2: PANCREATIC CANCER</b> <span style="float: right;">7:41</span>
Synopsis: Survival rates for pancreatic cancer remain extremely low due in part to the lack of screening tests for early detection. An advocate and a genetic counselor discuss the state of pancreatic cancer screening and the few alternatives available.	
Host: Nancy Benson. Guests: Jim Rolfe, President and co-founder, Rolfe Pancreatic Cancer Foundation; Jessica Stoll, certified genetic counselor and Assistant Director, Gastrointestinal Center Risk and Prevention Clinic, Univ. of Chicago Medicine	
Compliance issues covered: health care; public health	
Links for more information: <a href="http://www.rolfefoundation.org">http://www.rolfefoundation.org</a> ; <a href="https://cancergenetics.uchicago.edu/directory/jessica-stoll-ms-cgc">https://cancergenetics.uchicago.edu/directory/jessica-stoll-ms-cgc</a>	

<b>Program</b>	17-50	<b>Producer</b>	Reed Pence
<b>Air Week</b>	12/10/17-12/16/17	<b>Production Director</b>	Sean Waldron

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<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
1:59 12:38	<b>SEGMENT 1: MENTAL HEALTH TREATMENT FOR CHILDREN</b>	
Synopsis: Thirty-five percent of children receiving treatment for mental health issues are treated only by a primary care physician, due in part to a shortage in pediatric mental health care providers as well as a stigma in consulting them. Experts discuss readiness of pediatricians to treat mental illness in children and efforts to be sure they're prepared.		
Host: Reed Pence. Guests: Dr. Jeanne Van Cleve, Asst Prof. of Pediatrics, Harvard Medical School and Mass. General Hospital for Children; Dr. Douglas Tynan, clinical psychologist, American Psychological Assn.; Dr. Scott Benson, child and adolescent psychiatrist, Pensacola, FL		
Compliancy issues covered: youth at risk; health care; mental illness; education; consumerism		
Links for more information: <a href="https://www.sharecare.com/doctor/dr-jeanne-m-vancleave">https://www.sharecare.com/doctor/dr-jeanne-m-vancleave</a> ; <a href="http://www.apa.org">http://www.apa.org</a> ; <a href="https://www.aap.org">https://www.aap.org</a>		
15:39	<b>SEGMENT 2: SEASONAL AFFECTIVE DISORDER &amp; THE HOLIDAYS</b>	7:19
Synopsis: Some people, especially those in northern latitudes, may get the blues or worse as fall sets in and days get shorter. They suffer from seasonal affective disorder, a chemical change in the brain caused by decreased exposure to sunlight. Experts discuss causes and remedies.		
Host: Nancy Benson. Guests: Dr. Nicholas Forand, clinical psychologist, The Ohio State Univ. Wexner Medical Center; Jim LaValle, clinical pharmacist and author, <i>Your Blood Never Lies</i> and <i>Cracking the Metabolic Code</i>		
Compliancy issues covered: consumerism; health care; mental illness		
Links for more information: <a href="https://wexnermedical.osu.edu/neurological-institute/researchers/nicholas-forand-phd">https://wexnermedical.osu.edu/neurological-institute/researchers/nicholas-forand-phd</a> ; <a href="http://www.iimlavalle.com/bio.html">http://www.iimlavalle.com/bio.html</a>		

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Program	17-51	Producer	Polly Hansen and Reed Pence
Air Week	12/17/17-12/23/17	Production Director	Sean Waldron
Time	Segment	Dur.	
2:03 12:03	<b>SEGMENT 1: STAYING CALM IN STRESSFUL TIMES</b>		
Synopsis: Meditation and mindfulness could be in even more demand as civility declines and stress increases. An expert explains how it works.			
Host: Shel Lustig. Guest: Dr. Richard Davidson, Prof. of Psychology and Psychiatry and founder and director, Center for Healthy Minds, Univ. of Wisconsin-Madison, and co-author, <i>Altered Traits: Science Reveals How Medication Changes Your Mind, Brain, and Body</i>			
Compliance issues covered: health care; modern culture; pop psychology			
Links for more information: <a href="https://www.penguinrandomhouse.com/books/533719/altered-traits-by-daniel-goleman-and-richard-j-davidson/9780399184383/">https://www.penguinrandomhouse.com/books/533719/altered-traits-by-daniel-goleman-and-richard-j-davidson/9780399184383/</a>			
15:08	<b>SEGMENT 2: HICCUPS</b>	7:23	
Synopsis: Hiccups are annoying and uncomfortable, and doctors don't know why we (and most other species) get them. An expert explains what hiccups are and why most home remedies actually work.			
Host: Nancy Benson. Guest: Dr. Tyler Cymet, Chief, Clinical Education, American Assn. of Colleges of Osteopathic Medicine			
Compliance issues covered: consumerism; health care; pop culture			
Links for more information: <a href="http://www.aacom.org">http://www.aacom.org</a> ; <a href="https://en.wikipedia.org/wiki/Tyler_Cymet">https://en.wikipedia.org/wiki/Tyler_Cymet</a>			

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Program	17-52	Producer	Reed Pence
Air Week	12/17/17-12/23/17	Production Director	Sean Waldron
Time	Segment	Dur.	
2:03 12:09	<b>SEGMENT 1: LONG TERM PSYCHOLOGICAL DAMAGE OF NATURAL DISASTERS</b>		
Synopsis: Mega-storms such as Hurricanes Harvey, Irma and Maria disrupt uncounted lives and leave psychological scars that can last for decades and recur every hurricane season. Experts who have tracked survivors of Hurricane Katrina 12 years ago explain what survivors of new storms can expect in their lives.			
Host: Shel Lustig. Guests: Dr. Howard Osofsky, Chrmn., Dept of Psychiatry, Louisiana State Univ. Health Sciences Center; Dr. Thomas Hauth, Medical Director, Jefferson Parish Human Services Authority			
Compliancy issues covered: mental health; environment and natural disasters; emergency preparedness; alcohol and drug abuse			
Links for more information: <a href="https://www.medschool.lsuhscc.edu/neuroscience/faculty_detail.aspx?name=osofsky_howard">https://www.medschool.lsuhscc.edu/neuroscience/faculty_detail.aspx?name=osofsky_howard</a> ; <a href="https://www.healthcare6.com/physician/marrero-la/thomas-a-hauth-169256.html">https://www.healthcare6.com/physician/marrero-la/thomas-a-hauth-169256.html</a>			
15:14	<b>SEGMENT 2: ‘BROKEN HEART SYNDROME’</b>	7:37	
Synopsis: When a person suffers a severe emotional shock, they may suffer what looks like a heart attack but is actually what doctors call “stress cardiomyopathy.” Most patients recover but the condition can be fatal, confirming that it is possible to die of a broken heart. An expert explains.			
Host: Nancy Benson. Guest: Dr. Tracy Stevens, cardiologist, St. Luke’s Mid America Heart Institute, Kansas City, MO.			
Compliancy issues covered: health care; consumerism; pop culture			

Links for more information: [https://www.nlm.nih.gov/locallegends/Biographies/Stevens\\_Tracy.html](https://www.nlm.nih.gov/locallegends/Biographies/Stevens_Tracy.html)

Program	17-53	Producers	Reed Pence and Polly Hansen
Air Week	12/31/17-01/06/18	Production Director	Sean Waldron
Time	Segment		Dur.
2:05	SEGMENT 1: POLYCYSTIC OVARY SYNDROME		13:11
<b>Synopsis: Polycystic ovary syndrome affects about 10% of American women, but has such a wide variety of troubling symptoms that it's often misdiagnosed. Experts discuss the disorder and what women should know.</b>			
<b>Host: Reed Pence. Guests: Dr. Felice Gersh, Medical Director, Integrative Medical Group of Irvine, Irvine, CA; Dr. John Nestler, Prof. of Medicine and Chairman, Dept. of Internal Medicine, Virginia Commonwealth Univ.; Dr. Brie Turner-McGrievy, Assoc. Prof. of Health Promotion Education Behavior, Univ. of South Carolina; Dr. Frank Gonzalez, Assoc. Prof. of Obstetrics and Gynecology, Univ. of Illinois-Chicago.</b>			
<b>Compliance issues covered: health care; women's issues; consumerism</b>			
Links for more information: <a href="http://integrativemgi.com/doctors/dr-felice-gersh/">http://integrativemgi.com/doctors/dr-felice-gersh/</a> ; <a href="https://intmed.vcu.edu/about/leadership/nestler.html">https://intmed.vcu.edu/about/leadership/nestler.html</a> ; <a href="https://hospital.uillinois.edu/find-a-doctor/frank-gonzalez">https://hospital.uillinois.edu/find-a-doctor/frank-gonzalez</a> ; <a href="https://www.sc.edu/study/colleges_schools/public_health/faculty-staff/turner-mcgriev_y_brie.php">https://www.sc.edu/study/colleges_schools/public_health/faculty-staff/turner-mcgriev_y_brie.php</a> ;			
16:18	SEGMENT 2: DREAMS VS. REALITY FOR CHILDREN IN POVERTY		6:34
<b>Synopsis: Poor children often can't access healthcare or other needs in spite of decades of efforts. A pediatrician who has established clinics for the poor discusses the problem.</b>			
<b>Host: Nancy Benson. Guest: Dr. Irwin Redlener, Prof. of Pediatrics, Columbia Univ. School of Medicine and Mailman School of Public Health and co-founder, Children's Health Fund</b>			
<b>Compliance issues covered: health care; public health; youth at risk; poverty</b>			

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Links for more information: <https://www.mailman.columbia.edu/people/our-faculty/ir2110>;  
<https://www.childrenshealthfund.org>

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Program Log for *Viewpoints Radio*

**2017-Q4 (October-December) Viewpoints Radio Quarterly Report**  
**Compliance Issues covered this quarter:**

American History	Literature
American issues	Mathematics
Animals	Media
Art	Mental Health
Business	Music
Calculus	Mythology
Capitalism	Nature
Careers	Parenting
Charity	Philosophy
Childhood Development	Policy Making
Climate change	Politics
Criminal Law	Psychology
Culture	Public speaking
Disease	Race
Disorders	Racism
Education	Self-help
Elderly	Sexual Assault
Environmental issues	Science
Family	Sleep
Family Issues	Sociology
Film	Sports
Finance	Student Issues
Gender	Technology
Geography	Television
Health	Terrorism
History	Transportation
Holidays	Women's Issues
Hollywood	Workplace issues
Humanity	
Law Enforcement	
Leisure	



Program Log for *Viewpoints Radio*

Program	17-40	Producers	Reed Pence, Evan Rook, Pat Reuter
Air Week	10/1/2017	Production Director	Sean Waldron
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:51	<b>SEGMENT 1: Unconventional Vacation Destinations</b>		10:13
<p><b>Synopsis:</b> When Americans take vacations, it's often to places like theme parks, resorts, or national parks. Our guest says that there's a treasure trove of unique destinations around the world if you veer off the beaten vacation path. He talks about a few of the places you probably never heard about but which offer unique experiences, educational opportunities and a lot of fun.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Dylan Thuras, co-author of <i>Atlas Obscura: An explorer's guide to the world's hidden wonders</i></p>			
<p><b>Links for more info:</b> <a href="http://www.atlasobscura.com/">http://www.atlasobscura.com/</a></p>			
<p><b>Compliance Issues Covered:</b> Family Issues, Geography, Culture</p>			
13:41	<b>SEGMENT 2: Non-Traditional Students</b>		8:31
<p><b>Synopsis:</b> College is thought of as a ticket to a better life. Non-traditional students- those who go to college later in life- can face an uphill battle in their fight to obtain that ticket. We talk to Mike Rose from UCLA about accommodating these students.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Mike Rose, faculty member at the UCLA Graduate School of Education and Information Studies, and author of the book <i>Back to School: Why everyone deserves a second chance at education.</i></p>			
<p><b>Links for more info:</b> <a href="http://www.mikeroosebooks.com">www.mikeroosebooks.com</a></p>			
<p><b>Compliance Issues Covered:</b> Education, Policy Making, Student Issues</p>			
23:48	<b>Culture Crash: Peak TV and the Battle for Streaming Supremacy</b>		2:55
<p><b>Synopsis:</b> "Peak TV" is the choice term used to describe the current flood of options when it comes to what to watch. One thing this year's Emmys ceremony made very clear: Peak TV isn't going anywhere anytime soon.</p>			
<b>Host:</b> Evan Rook		<b>Compliance Issues Covered:</b> Television, Culture, Art	





Program Log for *Viewpoints Radio*

<b>Program</b>	<b>17-41</b>	<b>Producers</b>	<b>Reed Pence, Evan Rook, Polly Hansen, Pat Reuter</b>
<b>Air Week</b>	<b>10/8/2017</b>	<b>Production Director</b>	<b>Sean Waldron</b>
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:51	<b>SEGMENT 1: Mythology and Fairy Tales, Good and Evil</b>		<b>8:44</b>
<p><b>Synopsis:</b> We grow up hearing nursery rhymes and fairy tales that deal with good and evil. All of us fondly remember the cartoons of our youth and the stories we grew up with. We talk to Soman Chainani about authoring a new entry into the catalogue of mythology and his attempt to course-correct the lessons more modern stories have been teaching our children.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Soman Chainani, author of <i>The School for Good and Evil</i></p>			
<p><b>Links for more info:</b> <a href="https://schoolforgoodandevil.com/">https://schoolforgoodandevil.com/</a>, <a href="http://somanchainani.net/">http://somanchainani.net/</a></p>			
<p><b>Compliance Issues Covered:</b> Family Issues, Childhood Development, Culture, Mythology</p>			
13:40	<b>SEGMENT 2: Bats: Their value and their endangerment</b>		<b>9:56</b>
<p><b>Synopsis:</b> Bats are often thought of as scary or dangerous. But two experts tell us... they're actually very helpful! They eat the insects we so desperately try to rid our yards and neighborhoods of. We explore the benefits of bats, and why their numbers are decreasing in alarming numbers.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Jodi Sedlock, Associate professor of biology, Lawrence University; Don Mitchell, author of <i>Flying Blind: One man's adventures battling buckthorn, making peace with authority, and creating a home for endangered bats</i></p>			
<p><b>Links for more info:</b> <a href="http://www.lawrence.edu/academics/study/biology/faculty">http://www.lawrence.edu/academics/study/biology/faculty</a>, <a href="http://www.chelseagreen.com/flying-blind">http://www.chelseagreen.com/flying-blind</a></p>			
<p><b>Compliance Issues Covered:</b> Nature, Education, Animals</p>			
24:36	<b>Culture Crash: Netflix's Mindhunter</b>		<b>1:49</b>
<p><b>Synopsis:</b> This Friday the 13<sup>th</sup> comes in October. We discuss what to watch on the spookiest day of the year and explore Netflix's upcoming psychological thriller series "Mindhunter."</p>			
<b>Host:</b> Evan Rook		<b>Compliance Issues Covered:</b> Television, Culture, Art	



Program Log for *Viewpoints Radio*

Program	17-42	Producers	Reed Pence, Evan Rook
Air Week	10/15/2017	Production Director	Sean Waldron
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:50	SEGMENT 1: The Vital Role of Pre-Kindergarten		9:29
<p>Synopsis: Sending your child off to school can be tricky, especially in the years before kindergarten. But Dr. Sharon Bouffard, a developmental psychologist, says doing so can make a big difference in your child's education. We explore the importance of high-quality pre-k schooling, and tips for parents on how to spot a good program from a bad one.</p>			
<p>Host: Gary Price. Guests: Dr. Sharon Bouffard, author of <i>The Most Important Year: Pre-Kindergarten and the Future of Our Children</i></p>			
<p>Links for more info: <a href="https://www.amazon.com/dp/B06X8YCNZV/ref=dp-kindle-redirect?_encoding=UTF8&amp;btcr=1">https://www.amazon.com/dp/B06X8YCNZV/ref=dp-kindle-redirect?_encoding=UTF8&amp;btcr=1</a></p>			
<p>Compliance Issues Covered: Family Issues, Childhood Development, Parenting, Education</p>			
13:21	SEGMENT 2: The Appeal of Time Travel Stories		9:20
<p>Synopsis: For decades, we've loved stories where characters can travel through time. What is it about this seemingly straight-forward concept that draws us in and keeps us compelled all these years later? We talk to pop culture psychologist Dr. Travis Langley.</p>			
<p>Host: Marty Peterson. Guests: Dr. Travis Langley, author of <i>Doctor Who Psychology: A Madman with a Box</i></p>			
<p>Links for more info: <a href="http://www.travislangley.info/">http://www.travislangley.info/</a>, <a href="https://www.amazon.com/Travis-Langley/e/B006UXQOTC">https://www.amazon.com/Travis-Langley/e/B006UXQOTC</a></p>			
<p>Compliance Issues Covered: Pop Culture, Television, Literature, Movies, Ethics, Psychology</p>			
23:41	Culture Crash: James Cameron's <i>Avatar</i> Franchise and the Billion-Dollar Question		2:42
<p>Synopsis: In 2009, <i>Avatar</i> was released and smashed box office records worldwide. Eight years later, 20<sup>th</sup> Century Fox is producing four sequels simultaneously... but does that past success mean audiences really crave more from the land of Pandora?</p>			
Host: Evan Rook		Compliance Issues Covered: Film, Culture, Art, Finance	



Program Log for *Viewpoints Radio*

<b>Program</b>	<b>17-43</b>	<b>Producers</b>	<b>Reed Pence, Evan Rook</b>
<b>Air Week</b>	<b>10/22/2017</b>	<b>Production Director</b>	<b>Sean Waldron</b>
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:50	<b>SEGMENT 1: Memory Loss and Alzheimer's Disease</b>		9:29
<p><b>Synopsis:</b> As we get older, we all will suffer from some memory loss. The question becomes what memory loss is a normal byproduct of getting older and when is it a sign of a larger problem, like Alzheimer's Disease. We talk to experts about this question, and what, if anything, we can do to avoid losing their memories.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Martha Weinman Lear, author of <i>Where Did I Leave My Glasses?: The what, when, and why of normal memory loss</i>; Dr. Marwan Sabbagh, author of <i>The Alzheimer's Answer: Reduce your risk and keep your brain healthy</i></p>			
<p>Links for more info: <a href="https://www.amazon.com/Where-Did-Leave-My-Glasses/dp/B003P2VDYM">https://www.amazon.com/Where-Did-Leave-My-Glasses/dp/B003P2VDYM</a>,  <a href="http://www.marwansabbaghmd.com/the-alzheimers-answer/">http://www.marwansabbaghmd.com/the-alzheimers-answer/</a></p>			
<p><b>Compliancy Issues Covered:</b> Disease, Elderly, Family Issues</p>			
13:21	<b>SEGMENT 2: Narcissism: The manipulative, selfish disorder</b>		9:20
<p><b>Synopsis:</b> Narcissists are always thinking about themselves. While this takes a toll on their wellbeing, it also takes a big toll on the people around them. We talk about the disorder and tips for people who feel they're drowning in the orbit of a true narcissist.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Dr. Linda Martinez-Lewi, author of <i>Freeing Yourself from the Narcissist in Your Life</i></p>			
<p>Links for more info: <a href="http://thenarcissistinyourlife.com/">http://thenarcissistinyourlife.com/</a></p>			
<p><b>Compliancy Issues Covered:</b> Mental Health, Family Issues, Disorders</p>			
23:03	<b>Culture Crash: Blade Runner 2049</b>		2:42
<p><b>Synopsis:</b> <i>Blade Runner 2049</i> is a sequel worth watching at the theater, but there is some confusion about how best to see its predecessor, <i>Blade Runner</i>. We discuss the merits of each and where to best watch the films.</p>			
<b>Host:</b> Evan Rook		<b>Compliancy Issues Covered:</b> Film, Culture, Art, Finance	

<b>Program</b>	<b>17-44</b>	<b>Producers</b>	<b>Reed Pence, Evan Rook</b>
<b>Air Week</b>	<b>10/29/2017</b>	<b>Production Director</b>	<b>Sean Waldron</b>

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Program Log for *Viewpoints Radio*

Time	Segment	Dur.
1:50	<b>SEGMENT 1: Stutters, Stammers, and Vocal Blunders</b>	9:47
<p><b>Synopsis:</b> If you've had to speak in public, you know the nerves that come with public speaking. So you probably also know the pain of umming, uhing, or misspeaking. We explore where these vocal blunders come from and what they might mean.</p>		
<p><b>Host:</b> Gary Price. <b>Guests:</b> Michael Erard, author of <i>Um: Slips, Stumbles and Verbal Blunders and What They Mean</i></p>		
<p><b>Links for more info:</b> <a href="https://www.amazon.com/dp/B000VSPVLO/ref=dp-kindle-redirect? encoding=UTF8&amp;btkr=1">https://www.amazon.com/dp/B000VSPVLO/ref=dp-kindle-redirect? encoding=UTF8&amp;btkr=1</a>,</p>		
<p><b>Compliance Issues Covered:</b> Science, Psychology, Public speaking</p>		
13:42	<b>SEGMENT 2: American Borders: How our states got their shapes</b>	9:09
<p><b>Synopsis:</b> There are 48 states in the continental United States. Some of them have borders that make a lot of sense, like Illinois which is flanked by rivers. But what about Michigan, Rhode Island, and so many others? We talk to writer Mark Stein about the borders that we've come to take for granted.</p>		
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Mark Stein, author of <i>How the States Got Their Shapes</i></p>		
<p><b>Links for more info:</b> <a href="https://www.amazon.com/dp/B001NLL1I0/ref=dp-kindle-redirect? encoding=UTF8&amp;btkr=1">https://www.amazon.com/dp/B001NLL1I0/ref=dp-kindle-redirect? encoding=UTF8&amp;btkr=1</a></p>		
<p><b>Compliance Issues Covered:</b> History, Geography, American issues</p>		
23:51	<b>Culture Crash: Obsessive Compulsive Disorder and John Green's "Turtles All The Way Down"</b>	2:36
<p><b>Synopsis:</b> John Green is best-known for his 2012 hit novel <i>The Fault in Our Stars</i>. His latest book, <i>Turtles All The Way Down</i> chronicles the life of a teen with OCD. Drawing on Green's experiences with the disorder, the book offers a great story and pulls back the curtain on a misunderstood mental disorder.</p>		
<p><b>Host:</b> Evan Rook <span style="float: right;"><b>Compliance Issues Covered:</b> Literature, Culture, Art, Mental Health</span></p>		

<b>Program</b>	17-45	<b>Producers</b>	Reed Pence, Evan Rook
<b>Air Week</b>	11/5/2017	<b>Production Director</b>	Sean Waldron

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Program Log for *Viewpoints Radio*

Time	Segment	Dur.
1:50	<b>SEGMENT 1: Bumper Sticker Philosophy</b>	<b>9:04</b>
<b>Synopsis:</b> We've all been amused or annoyed by someone's bumper sticker, but have you ever stopped to think that these strips of adhesive paper with the pithy statements on them could actually mean something? We talk to a teacher and philosopher about the deeper meanings of popular bumper stickers.		
<b>Host:</b> Gary Price. <b>Guests:</b> Jack Bowen, philosopher and teacher at Menlo School in Atherton, CA and author, <i>If You Can Read This: The philosophy of bumper stickers</i>		
<b>Links for more info:</b> <a href="https://www.penguinrandomhouse.com/books/196584/if-you-can-read-this-by-jack-bowen/9780812981056/">https://www.penguinrandomhouse.com/books/196584/if-you-can-read-this-by-jack-bowen/9780812981056/</a>		
<b>Compliance Issues Covered:</b> Transportation, Culture, Politics, Media, Philosophy		
12:54	<b>SEGMENT 2: Gardening Differently</b>	<b>11:00</b>
<b>Synopsis:</b> Typically, we think of gardens as a place meant to look nice or grow some vegetables. But gardener and author Benjamin Vogt says he believes gardens can be about cultivating a better environment and reconnecting humans with the nature around us.		
<b>Host:</b> Marty Peterson. <b>Guests:</b> Benjamin Vogt, Garden Designer with Monarch Gardens and author, <i>A New Garden Ethic: Cultivating Defiant Compassion for an Uncertain Future</i>		
<b>Links for more info:</b> <a href="https://www.newsociety.com/Books/N/A-New-Garden-Ethic">https://www.newsociety.com/Books/N/A-New-Garden-Ethic</a>		
<b>Compliance Issues Covered:</b> Environmental issues, Leisure, Nature		
23:51	<b>Culture Crash: The Stretch Run of 2017 in Film</b>	<b>2:37</b>
<b>Synopsis:</b> With just two months left in the year, there remain so many must-see movies set to be released before the new year. We look into a few of the titles that seem especially worth seeing.		
<b>Host:</b> Evan Rook <b>Compliance Issues Covered:</b> Film, Culture		



Program Log for *Viewpoints Radio*

<b>Program</b>	<b>17-46</b>	<b>Producers</b>	<b>Reed Pence, Evan Rook</b>
<b>Air Week</b>	<b>11/12/2017</b>	<b>Production Director</b>	<b>Sean Waldron</b>
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:50	SEGMENT 1: Learning Math Simpler		9:23
<p><b>Synopsis:</b> It's no secret: American students are way down the international list when it comes to math scores. Why is this? Is there something we could be doing to make learning math a simpler task? Our guests say yes, and have suggestions for kids- and adults- struggling to master mathematics.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Bob Sun, inventor of <i>The 24 Game</i> and <i>First in Math</i>; Jason Wilkes, author, <i>Burn Math Class: and reinvent mathematics for yourself</i></p>			
<p><b>Links for more info:</b> <a href="http://www.24game.com/">http://www.24game.com/</a>, <a href="http://www.firstinmath.com/">http://www.firstinmath.com/</a>, <a href="http://www.basicbooks.com/">http://www.basicbooks.com/</a></p>			
<p><b>Compliance Issues Covered:</b> Education, Mathematics, Calculus</p>			
13:15	SEGMENT 2: Sleeping Soundly: How getting quality sleep can enhance our health		9:09
<p><b>Synopsis:</b> We all sleep, it's human evolution. But the amount of sleep we get and the quality of that sleep can vary greatly. We talk to Matthew Walker, a professor at California-Berkeley, who says sleep in the single biggest thing we can do to help our physical and mental health both in the short-term and long-term.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Matthew Walker, professor of neuroscience and psychology at the University of California-Berkeley and author, <i>Why We Sleep: Unlocking the power of sleep and dreams</i></p>			
<p><b>Links for more info:</b>  <a href="https://www.amazon.com/Why-We-Sleep-Unlocking-Dreams/dp/1501144316/ref=asap_bc?ie=UTF8">https://www.amazon.com/Why-We-Sleep-Unlocking-Dreams/dp/1501144316/ref=asap_bc?ie=UTF8</a></p>			
<p><b>Compliance Issues Covered:</b> Sleep, Mental Health, Health, Science</p>			
23:24	Culture Crash: Chicago's Own Chance the Rapper		3:01
<p><b>Synopsis:</b> Chance the Rapper has won three Grammys, headlined Lollapalooza, and given millions in charity to Chicago Public Schools. We talk about the impact he's made on his city.</p>			
<b>Host:</b> Evan Rook		<b>Compliance Issues Covered:</b> Culture, Music, Philanthropy	



Program Log for *Viewpoints Radio*

Program	17-47	Producers	Reed Pence, Evan Rook
Air Week	11/19/2017	Production Director	Sean Waldron
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:50	<b>SEGMENT 1: Terrorism in America, 1920</b>		<b>9:14</b>
<p><b>Synopsis:</b> Americans pride themselves on never forgetting the attacks and terrorism of our history, but somehow a 1920 attack on New York City has slipped through the cracks. Author Jed Rubenfeld talks about the first car bomb attack on Wall Street, the backdrop for one of his historical fiction novels.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Jed Rubenfeld, author of <i>The Death Instinct</i></p>			
<p><b>Links for more info:</b> <a href="https://www.amazon.com/dp/B003YL4A00/ref=dp-kindle-redirect?_encoding=UTF8&amp;btkr=1">https://www.amazon.com/dp/B003YL4A00/ref=dp-kindle-redirect?_encoding=UTF8&amp;btkr=1</a>, <a href="http://www.history.com/news/the-mysterious-wall-street-bombing-95-years-ago">http://www.history.com/news/the-mysterious-wall-street-bombing-95-years-ago</a></p>			
<p><b>Compliance Issues Covered:</b> History, US Issues, Terrorism</p>			
13:06	<b>SEGMENT 2: Developing Forensic Technology: New solutions for tracking and convicting criminals</b>		<b>9:30</b>
<p><b>Synopsis:</b> New gadgets and programs are constantly being invented. We talk to two leading experts on the subjects to highlight some of the software and hardware helping police and lawyers find the right criminals and get them convicted.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Lee Reiber, COO for Oxygen Forensics Inc.; Jerry Ropelato, CEO of White Clouds</p>			
<p><b>Links for more info:</b> <a href="http://www.oxygen-forensic.com/">http://www.oxygen-forensic.com/</a>, <a href="https://www.whiteclouds.com/#home2">https://www.whiteclouds.com/#home2</a></p>			
<p><b>Compliance Issues Covered:</b> Law Enforcement, Technology, Science, Criminal Law</p>			
23:36	<b>Culture Crash: Hollywood's Sexual Assault Scandals</b>		<b>2:50</b>
<p><b>Synopsis:</b> With sexual assault allegations coming against some of Hollywood's top producers, directors and stars, director Ridley Scott is taking a big step to distance his movie from Kevin Spacey's soiled reputation.</p>			
<b>Host:</b> Evan Rook		<b>Compliance Issues Covered:</b> Sexual Assault, Hollywood, Culture	



Program Log for *Viewpoints Radio*

<b>Program</b>	17-48	<b>Producers</b>	Reed Pence, Evan Rook
<b>Air Week</b>	11/26/2017	<b>Production Director</b>	Sean Waldron
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:45	SEGMENT 1: Giving Back This Holiday Season		9:23
<p><b>Synopsis:</b> During the holidays, many parents fret over the materialistic messages their children are exposed to. We talk to a mom and an author who together have created a children’s book and game designed to make giving back to others a fun pursuit.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Sarah Linden and Tyler Knott Gregson, co-authors, <i>North Pole Ninjas: Mission: Christmas</i></p>			
<p><b>Links for more info:</b> <a href="http://northpoleninjas.com/">http://northpoleninjas.com/</a></p>			
<p><b>Compliance Issues Covered:</b> Charity, Holidays, Parenting, Family Issues</p>			
13:18	SEGMENT 2: W.E.B. Du Bois’s Lasting Impact in Sociology		10:08
<p><b>Synopsis:</b> At the beginning of the 20<sup>th</sup> century, W.E.B. Du Bois revolutionized scientific sociology, but was denied accolades because of his race. Now, we talk to scholars about what exactly Du Bois did to improve the study of sociology and what his impact truly was.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Aldon D. Morris, professor of sociology and African-American studies at Northwestern University, author of the book, <i>The Scholar Denied: W.E.B. Du Bois and the birth of modern sociology.</i></p>			
<p><b>Links for more info:</b> <a href="http://www.ucpress.edu/">http://www.ucpress.edu/</a>, <a href="http://www.sociology.northwestern.edu/">http://www.sociology.northwestern.edu/</a></p>			
<p><b>Compliance Issues Covered:</b> Sociology, History, Race</p>			
24:32	Culture Crash: Greta Gerwig’s Fantastic Film <i>Lady Bird</i>		1:54
<p><b>Synopsis:</b> Greta Gerwig’s new film <i>Lady Bird</i> offers a fresh perspective on the coming-of-age story and seems bound to play a major role in this year’s awards season.</p>			
<b>Host:</b> Evan Rook		<b>Compliance Issues Covered:</b> Media, Literature, Film, Culture	





Program Log for *Viewpoints Radio*

Program	17-49	Producers	Reed Pence, Evan Rook, Pat Reuter
Air Week	12/3/2017	Production Director	Sean Waldron
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:50	<b>SEGMENT 1: Making an Impact as a Citizen Scientist</b>		9:51
<p><b>Synopsis:</b> We think of scientists as needing a lot of training before we can trust their findings. But for centuries, citizen scientists, not scientists by trade, have made some of the biggest discoveries. We talk to two experts about the need for average citizens to be the eyes and ears of big data collecting projects.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Mary Ellen Hannibal, author, <i>Citizen Scientist: Searching for heroes and hope in an age of extinction</i>; Geoff LeBaron, director of Audubon Society's annual Christmas Bird Count</p>			
<p><b>Links for more info:</b> <a href="http://www.maryellenhannibal.com/">http://www.maryellenhannibal.com/</a>, <a href="http://www.christmasbirdcount.org/">http://www.christmasbirdcount.org/</a></p>			
<p><b>Compliance Issues Covered:</b> Science, Humanity, Education, Climate change</p>			
13:43	<b>SEGMENT 2: Author Jack London's Writings and Social Activism</b>		10:30
<p><b>Synopsis:</b> Jack London is known for his rip-roaring adventure books, but he was also a social activist. We discover how London's own journey informed his writing, and how his books and stories reflect the plight of exploited workers and impoverished women and children.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Cecelia Tichi, William R. Kenan Jr. Professor of English and professor of American Studies at Vanderbilt University, author, <i>Jack London: A writer's fight for a better America</i>.</p>			
<p><b>Links for more info:</b> <a href="http://www.jacklondonbook.com/">http://www.jacklondonbook.com/</a></p>			
<p><b>Compliance Issues Covered:</b> Literature, American History, Capitalism</p>			
24:13	<b>Culture Crash: <i>The Simpsons</i>'s Apu Problem</b>		2:15
<p><b>Synopsis:</b> <i>The Simpsons</i> is a cultural institution. But one character, Apu, is a racist stereotype, and some Indian-American actors and comedians think it's past time for a re-evaluation.</p>			
<b>Host:</b> Evan Rook		<b>Compliance Issues Covered:</b> Hollywood, Culture, Racism	



Program Log for *Viewpoints Radio*

Program	17-50	Producers	Reed Pence, Evan Rook, Polly Hansen, Pat Reuter
Air Week	12/10/2017	Production Director	Sean Waldron
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:47	<b>SEGMENT 1: The Role of a Literary Editor</b>		10:07
<p><b>Synopsis:</b> You see authors thank their editors all the time in the acknowledgements section of a book. But exactly what does an editor do? We talk to an editor himself who explains to us what an editor does to get the book from a manuscript to the finished copy on store shelves.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Peter Ginna, literary editor and author, <i>What Editors Do</i></p>			
<p><b>Links for more info:</b> <a href="http://www.press.uchicago.edu/ucp/books/book/chicago/W/bo21439635.html">http://www.press.uchicago.edu/ucp/books/book/chicago/W/bo21439635.html</a></p>			
<p><b>Compliance Issues Covered:</b> Literature, Careers, Culture</p>			
13:56	<b>SEGMENT 2: Being the Newcomer: How to navigate new situations</b>		9:00
<p><b>Synopsis:</b> When you're the new person at the office, in the neighborhood or at a party it can be an awkward situation, especially if you're not the most gregarious person. Our guest discusses the issue and offers advice on how to navigate various situations when you're the newbie in the room.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Keith Rollag, Associate Professor of Management, and Chairman of the Management Division at Babson College, Wellesley, MA, and of author of <i>What to Do When You're New: How to be comfortable, confident and successful in new situations.</i></p>			
<p><b>Links for more info:</b> <a href="http://www.keithrollag.com/">http://www.keithrollag.com/</a>, <a href="http://www.whenyourenew.com/">http://www.whenyourenew.com/</a></p>			
<p><b>Compliance Issues Covered:</b> Sociology, History, Workplace issues, Psychology</p>			
22:56	<b>SPOTBREAK 3: Donate Cars/Going to Do PSA</b>	<b>OUTCUE:</b> seven-eight.	:60
23:56	<b>Culture Crash: Christmas Music</b>		2:31
<p><b>Synopsis:</b> It's all around us: the sounds of the holiday season. We explore some of the classics and modern hits that make December truly the most wonderful time of the year.</p>			
<p><b>Host:</b> Evan Rook</p>			
<p><b>Compliance Issues Covered:</b> Media, Music, Culture, Holidays</p>			



Program Log for *Viewpoints Radio*

Program	17-51	Producers	Reed Pence, Evan Rook, Polly Hansen
Air Week	12/17/2017	Production Director	Sean Waldron
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:47	<b>SEGMENT 1: America's Diner Waitresses</b>		10:11
<p><b>Synopsis:</b> Diners are an American staple. It's where you stop for a piece of pie and a cup of coffee from coast to coast. But diners are slowly disappearing to larger chains. We talk about the waitresses who make the diners function and the culture behind the career.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Candacy Taylor, author, <i>Counter Culture: The American Coffee Shop Waitress</i></p>			
<p><b>Links for more info:</b> <a href="https://www.amazon.com/dp/B00O08LDW2/ref=dp-kindle-redirect?_encoding=UTF8&amp;btkr=1">https://www.amazon.com/dp/B00O08LDW2/ref=dp-kindle-redirect?_encoding=UTF8&amp;btkr=1</a>, <a href="http://taylormadeculture.com/">http://taylormadeculture.com/</a></p>			
<p><b>Compliance Issues Covered:</b> American Issues, Careers, Culture, Business</p>			
14:00	<b>SEGMENT 2: Creating Great Teams with Diverse Thought</b>		8:38
<p><b>Synopsis:</b> It may seem like the best way to create a business is to only include the best and the brightest. But limiting your group to any standard, even Ivy League-education, can lead to groupthink. We talk to one expert about how cognitive diversity can improve the results for a school, business, or even an entire society.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Scott E. Page, Leonid Hurwicz Collegiate Professor at the University of Michigan and author, <i>The Difference: How the power of diversity creates better groups, firms, schools and societies.</i></p>			
<p><b>Links for more info:</b> <a href="https://sites.lsa.umich.edu/scottepage/research-2/diversity-research/">https://sites.lsa.umich.edu/scottepage/research-2/diversity-research/</a>, <a href="https://www.amazon.com/The-Difference-Diversity-Creates-Societies/dp/0691138540">https://www.amazon.com/The-Difference-Diversity-Creates-Societies/dp/0691138540</a></p>			
<p><b>Compliance Issues Covered:</b> Sociology, Workplace issues, Psychology, Diversity</p>			
23:38	<b>Culture Crash: 2017's "Little" Horror Movies</b>		2:42
<p><b>Synopsis:</b> This year, low-cost horror movies like "Get Out" made big noise at the box office and now, the awards conversation. We discuss one man responsible for the trend: producer Jason Blum.</p>			
<b>Host:</b> Evan Rook		<b>Compliance Issues Covered:</b> Media, Movies, Culture, Economics	



Program Log for *Viewpoints Radio*

Program	17-52	Producers	Reed Pence, Evan Rook, Pat Reuter
Air Week	12/24/2017	Production Director	Sean Waldron
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:47 10:11	<b>SEGMENT 1: Hitting the Off Switch: Going offline in a digital age</b>		
<p><b>Synopsis:</b> Smart phones and social media apps take up a lot of time for many Americans. We can't watch TV or sit at the dinner table without checking for notifications or scrolling Twitter simultaneously. That's what worried Christina Crook, who took a 31-day vacation from the internet to reconnect with her physical life.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Christina Crook, communications professional and author, <i>The Joy of Missing Out: Finding balance in a wired world</i></p>			
<p><b>Links for more info:</b> <a href="http://www.jomobook.com/">http://www.jomobook.com/</a></p>			
<p><b>Compliance Issues Covered:</b> American Issues, Internet, Technology, Social Issues</p>			
13:05	<b>SEGMENT 2: America's Pearl Harbor Christmas</b>		<b>8:38</b>
<p><b>Synopsis:</b> Christmas 1941 came just weeks after the devastating attack on Pearl Harbor dragged America into World War II. We talk to historian Stanley Weintraub about how America was getting ready for war while trying to celebrate the holiday season.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Stanley Weintraub, historian, author of <i>Pearl Harbor Christmas: A world at war 1941</i>.</p>			
<p><b>Links for more info:</b> <a href="https://www.amazon.com/dp/B005P1A46E/ref=dp-kindle-redirect?encoding=UTF8&amp;btkr=1">https://www.amazon.com/dp/B005P1A46E/ref=dp-kindle-redirect?encoding=UTF8&amp;btkr=1</a></p>			
<p><b>Compliance Issues Covered:</b> History, War, America, Politics, Holidays</p>			
24:08	<b>Culture Crash: <i>Black Mirror</i></b>		<b>2:42</b>
<p><b>Synopsis:</b> Netflix's <i>Black Mirror</i> is like <i>The Twilight Zone</i> for the digital age. We discuss the show, its technologies, and how the unsettling drama has found a foothold exploring the future of our world.</p>			
<b>Host:</b> Evan Rook		<b>Compliance Issues Covered:</b> Media, Television, Technology, Culture	



Program Log for *Viewpoints Radio*

<b>Program</b>	17-53	<b>Producers</b>	Reed Pence, Evan Rook, Pat Reuter
<b>Air Week</b>	12/31/2017	<b>Production Director</b>	Sean Waldron
<b>Time</b>	<b>Segment</b>		<b>Dur.</b>
1:47 11:07	<b>SEGMENT 1:</b> Lessons on Joy		
<p><b>Synopsis:</b> In a country that seems to be pulling away more and more every day, it can seem nearly impossible to find time for yourself to clear your mind and feel joy. We talk to Douglas Abrams about the week he spent learning from two of the world's spiritual leaders, His Holiness the 14<sup>th</sup> Dalai Lama and Archbishop Desmond Tutu. Abrams shares the joy practices and little things that the Dalai Lama and Archbishop Tutu do daily to experience joy regularly.</p>			
<p><b>Host:</b> Gary Price. <b>Guests:</b> Douglas Abrams, author of <i>The Book of Joy: Happiness in a Changing World</i></p>			
<p><b>Links for more info:</b> <a href="http://www.jomobook.com/">http://www.jomobook.com/</a></p>			
<p><b>Compliance Issues Covered:</b> Religion, History, Mental Health</p>			
13:05 10:08	<b>SEGMENT 2:</b> The State of Television		
<p><b>Synopsis:</b> The world of television has never been busier. With more than 500 scripted shows airing in 2017, it's never been harder to keep up with the medium. We talk to TV critic Alan Sepinwall about staying on top of things, the trends of TV, and one of the great shows of the century so far, <i>Breaking Bad</i>.</p>			
<p><b>Host:</b> Marty Peterson. <b>Guests:</b> Alan Sepinwall, TV critic for UPROXX.com and author of <i>Breaking Bad 101</i></p>			
<p><b>Links for more info:</b> <a href="https://www.amazon.com/dp/B005P1A46E/ref=dp-kindle-redirect?encoding=UTF8&amp;btkr=1">https://www.amazon.com/dp/B005P1A46E/ref=dp-kindle-redirect?encoding=UTF8&amp;btkr=1</a></p>			
<p><b>Compliance Issues Covered:</b> Television, Art, Criticism</p>			
24:08	<b>Culture Crash:</b> Netflix's <i>Dark</i>		1:59
<p><b>Synopsis:</b> Netflix has a new binge-worthy show called <i>Dark</i>. The German-language show involves time travel, family drama, a small town, and a lot of mind-bending sci-fi.</p>			
<b>Host:</b> Evan Rook		<b>Compliance Issues Covered:</b> Culture, Television, Media	