

## 2020 Q2 April-June

During the second quarter of 2020, the following compliancy issues were covered on KRQR FM:

### **Radio Health Journal:**

Alcoholism

Business & Industry

Charitable & Volunteer Organizations

Consumerism

Coronavirus Pandemic

Crime

Criminal Justice System

Culture & Fine Arts

Diet & exercise

Disabilities

Discrimination

Domestic Violence

Economics

Education

Elderly & Senior Citizens

Employment & Unemployment

Ethics

Exercise & Fitness

Federal Government

Food Insecurity & Hunger

Gender Issues

Genetics

Health care

Human Development

Media

Medical System

Mental Health

Mental Illness & Treatment

Minority Issues

Parenting

Police & Law Enforcement

Poverty

Privacy

Public Health

Public Safety

Racism & Discrimination

Recreation & Performing Arts

Science

Social Change

Stress Management

Technology

Vaccine Development

Women's Issues

Youth At Risk

**Viewpoints:**

African American History

Aging & Retirement  
Aircraft &  
Aviation  
Alcoholism  
Archaeology  
Art  
Business  
Career  
Child Development  
City Zoning  
Civil Rights  
Climate Change  
Coffee  
Comedy  
Communism  
Construction  
Consumer  
Creative Arts  
Critical Acclaim  
Culture  
Death  
Democracy  
Diversity  
DNA Testing  
Documentary

Drug Addiction/UseDisorder  
Economics  
Education  
Engineering  
Excessive Force  
Family & Parenting  
Fantasy  
Film  
Fine Dining  
Food Processing  
Food Production  
Food Science  
Food Security  
Foreign Relations  
Gardening  
Gender  
Genealogy  
Global  
Economy  
Government  
Grief  
Health & Wellness  
History  
Hobby  
Hospitality

Housing

Independent Film

Inequality

Infectious Disease

Invention

Investing

Jobs & Labor

Law

Lifestyle

Literature

Manufacturing

Marriage

Mental Health

NASA

Nonprofits

Pandemic

Parenting

Personal Finance

Photography

Poetry

Police & Law Enforcement

Politics

Poverty

Privacy

Protest

Psychology  
Public Health & Safety  
Race & Identity  
Racial Tensions  
Relationships  
Restaurant Industry  
Revenue  
Salary  
Science  
Security  
Social  
Media  
Software  
Engineering  
Space  
Sports  
Streaming  
Systemic Racism  
Technology  
Travel  
Trivia  
TV  
Videogames  
Violence  
Virus

Wealth

Writing

**Additionally, KRQR aired PSAs for the following:**

CDC/CDPH/BCPHD

Issue: Prevention/Awareness/Informational COVID-19 PSAs

These PSAs aired 139 times on KRQR in the second quarter of 2020.

Boy Scouts of America

Issue: National Camp-In Family Event PSAs

These PSAs aired 2 times on KRQR in the second quarter of 2020 on 4/30 & 5/01

Local Business Directory

Issue: Essential Business Awareness PSAs

These PSAs aired 140 times on KRQR in the second quarter from 4/13-5/31.

**Radio Health Journal-** a 30 minute program-  
aired at 7:00a on the following dates:  
(run sheets attached):

4/05

4/12

4/19

4/26

5/03

5/10

5/17

5/24

5/31

6/07

6/14

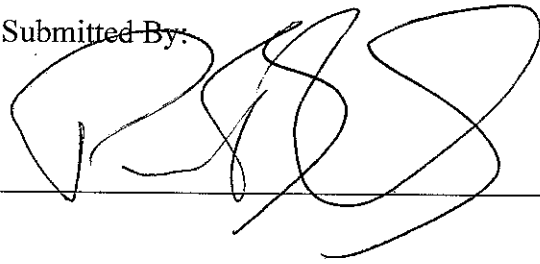
6/21

6/28

**Viewpoints**-a 30 minute program-  
aired at 7:30a on the following dates:  
(run sheets attached):

4/05  
4/12  
4/19  
4/26  
5/03  
5/10  
5/17  
5/24  
5/31  
6/07  
6/14  
6/21  
6/28

Submitted By:

A handwritten signature in black ink, consisting of several loops and a long horizontal stroke, positioned above a horizontal line.

Date:

7/8/2020



## **Quarterly Report of Compliancy Issues & Programs List 2020-Q2 (April-June) Radio Health Journal**

- Alcoholism
- Business & Industry
- Charitable & Volunteer Organizations
- Consumerism
- Coronavirus Pandemic
- Crime
- Criminal Justice System
- Culture & Fine Arts
- Diet & exercise
- Disabilities
- Discrimination
- Domestic Violence
- Economics
- Education
- Elderly & Senior Citizens
- Employment & Unemployment
- Ethics
- Exercise & Fitness
- Federal Government
- Food Insecurity & Hunger
- Gender Issues
- Genetics
- Health care
- Human Development
- Media
- Medical System
- Mental Health
- Mental Illness & Treatment
- Minority Issues
- Parenting
- Police & Law Enforcement
- Poverty
- Privacy
- Public Health
- Public Policy
- Public Safety
- Racism & Discrimination
- Recreation & Performing Arts
- Science
- Social Change
- Stress Management
- Technology
- Vaccine Development
- Women's Issues
- Youth at Risk



**Program:** 20-15  
**Air Week:** 04/12/20

**Executive Producer:** Reed Pence  
**Studio Production:** Jason Dickey

<i>Time</i>	<i>Segment</i>	<i>Dur.</i>
1:51	<b>SEGMENT 2: DOMESTIC ABUSE AND THE PANDEMIC</b>	
	12:03	

**Synopsis:** With hundreds of millions of Americans sheltering at home due to the COVID-19 pandemic, the odds and fear of domestic abuse are rising. The leader of a noted shelter and counseling program discusses the increase, the difficulty of counteracting it during a national lockdown, and what people can do to cope.

**Host & Producer:** Reed Pence.

**Guest:** Irene Lindsey Brantley, Program Director, Women In Transition, Philadelphia

**Compliancy issues covered:** women's issues; youth at risk; public health and safety; charitable and volunteer organizations; domestic violence; intervention & harm reduction; coronavirus pandemic

**Links for more information:**

- Women in Transition – <https://www.helpwomen.org/> & 215-751-1111
- National Domestic Violence Hotline, 800-799-7233

14:56	<b>SEGMENT 2: FOREIGN ACCENT SYNDROME</b>	
	7:10	

**Synopsis:** People who suddenly speak with what sounds like a foreign accent often have a brain injury due to a stroke or other trauma. Experts discuss the syndrome and chances of recovery.

**Host:** Nancy Benson. **Producer:** Reed Pence.

**Guests:** Dr. Sheila Blumstein, Professor Emerita of Cognitive Linguistics and Psychological Sciences, Brown University; Dr. Jack Ryalls, Professor of Communication Sciences and Disorders, University of Central Florida

**Compliancy issues covered:** health care; disabilities

**Links for more information:**

- <https://www.brown.edu/Departments/CLPS/people/sheila-blumstein/>
- <https://www.cohpa.ucf.edu/directory/john-ryalls/>

**Program:** 20-16      **Executive Producer:** Reed Pence  
**Air Week:** 04/19/20      **Studio Production:** Jason Dickey

**Time**      **Segment**      **Dur.**

**1:50**      **SEGMENT 1: WILL COVID-19 BANKRUPT THE HEALTHCARE SYSTEM?**

**12:25**

**Synopsis:** Hospitals are scrambling to get extra equipment and outfit more beds and ICU units for COVID-19 patients. Their treatment is time-consuming and expensive. At the same time, hospitals' lucrative elective procedure business has largely been eliminated. Will the combination bankrupt hospitals? Two experts who have studied the crisis discuss.

**Host & Producer:** Reed Pence.

**Guests:** Dr. Vivian Ho, Chair, Health Economics, and Director, Center for Health and Biosciences, Rice University and Professor of Medicine, Baylor College of Medicine; Dr. Heidi Russell, Associate Professor, Baylor College of Medicine

**Compliancy issues covered:** health care system; public health; economics; public safety; federal government

**Links for more information:**

- <https://www.bakerinstitute.org/experts/vivian-ho/>
- <https://www.sharecare.com/doctor/dr-heidi-v-russell>

**15:17**      **SEGMENT 2: STAYING FIT WHILE STAYING HOME**

**7:42**

**Synopsis:** The national effort to shelter in place has closed gyms and led many people to complain of weight gain. Two exercise experts discuss how people can maintain fitness at home with no equipment.

**Host:** Nancy Benson. **Producer:** Polly Hansen.

**Guests:** Sabrina Wescott, nutrition health coach and Director of Marketing, Maxpro Fitness; Erin Sampson, yoga instructor on YouTube "Five Parks Yoga" channel

**Compliancy issues covered:** exercise & fitness; coronavirus pandemic; public health

**Links for more information:**

- <https://maxprofitfitness.com/>
- <https://www.youtube.com/watch?v=kNDpnNsoCwU>

**Program:** 20-17      **Executive Producer:** Reed Pence  
**Air Week:** 04/26/20      **Studio Production:** Jason Dickey

**Time**      **Segment** **Dur.**

**1:50**      **SEGMENT 1: OPENING AMERICA AGAIN: WHEN IS IT SAFE?**  
**12:23**

**Synopsis:** Many Americans are impatient with social distancing as a result of COVID-19 despite the success of the tactic. However, reopening the country too quickly could allow the virus to come roaring back, resulting in thousands more deaths and even more economic damage. Two experts explain how the rollout should happen to get us back to work safely.

**Host & Producer:** Reed Pence.

**Guests:** Dr. William Schaffner, Professor of Preventive Medicine and Infectious Diseases, Vanderbilt University School of Medicine; Dr. Gary Slutkin, CEO, Cure Violence Global

**Compliancy issues covered:** public health; public safety; health care; economics; education; public policy

**Links for more information:**

- <https://www.vumc.org/health-policy/person/william-schaffner-md>
- [https://www.who.int/violenceprevention/about/participants/cure\\_violence/en/](https://www.who.int/violenceprevention/about/participants/cure_violence/en/)

**15:15**      **SEGMENT 2: RULES FOR WHO LIVES, WHO DIES IN THE PANDEMIC**  
**7:44**

**Synopsis:** A lack of ventilators potentially puts doctors in the position of deciding which of their COVID-19 patients get a ventilator and live, and which ones don't get one and die. New rules for making such decisions have been released which are designed to be fair and independent. The designer of the rules explains.

**Host:** Nancy Benson. **Producer:** Reed Pence.

**Guest:** Dr. Douglas White, Professor of Critical Care Medicine and Director, Program on Ethics and Decision Making In Critical Illness, University of Pittsburgh.

**Compliancy issues covered:** health care; public health; ethics; minority issues; infectious disease; coronavirus pandemic; medical system

**Links for more information:**

- <https://ccm.pitt.edu/node/454>

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Guest information, segment podcasts and the latest health news are available at [radiohealthjournal.org](http://radiohealthjournal.org)

**Program:** 20-18      **Executive Producer:** Reed Pence  
**Air Week:** 05/03/20      **Studio Production:** Jason Dickey

**Time**      **Segment**      **Dur.**

**1:50**      **SEGMENT 1: MAINTAINING MENTAL HEALTH DURING THE LOCKDOWN**  
**12:11**

**Synopsis:** Mental health is difficult to maintain when people are required to stay inside at home. In fact, we're asked to engage in activities that normally would indicate mental distress. A noted psychologist with the NIH discusses ways to stay mentally healthy during the pandemic lockdown.

**Host:** Reed Pence. Producer: Polly Hansen.

**Guest:** Dr. Krystal Lewis, clinical psychologist, National Institute of Mental Health

**Compliancy issues covered:** public health; health care; mental health; media; mental illness & treatment; coronavirus pandemic; stress management

**Links for more information:**

- <https://potomacpsychiatry.com/krystal-m-lewis>

**15:03**      **SEGMENT 2: NURSING HOMES TRY TO FEND OFF COVID-19**  
**8:06**

**Synopsis:** Nursing homes have been a hotbed of fatal COVID-19 infections. The virus was loose in many of them before they could even know it. An industry expert discusses what nursing homes are doing now to keep the virus out and their patients safe.

**Host:** Nancy Benson. Producer: Reed Pence.

**Guest:** Dan Stockdale, certified nursing home administrator and consultant

**Compliancy issues covered:** health care; public health; public safety; elderly and senior citizens; infectious disease; coronavirus pandemic

**Links for more information:**

- <https://danstockdale.com/about-dan/>

**Program:** 20-19      **Executive Producer:** Reed Pence  
**Air Week:** 05/10/20      **Studio Production:** Jason Dickey

**Time**      **Segment**      **Dur.**

**1:53**      **SEGMENT 1: THE ECONOMY AFTER THE PANDEMIC**  
**11:35**

**Synopsis:** The COVID-19 pandemic has caused a quicker economic crash than we've ever seen. Opening the nation too fast will likely trigger a "W" shaped recovery with wide swings of growth then decline. Either way, the effects will last for years. Experts discuss likely scenarios.

**Host & Producer:** Reed Pence.

**Guests:** Dr. Martin Andersen, Assistant Professor of Economics, Bryan School of Business and Economics, University of North Carolina at Greensboro; Dr. Mark Muro, Senior Fellow, Metropolitan Policy Program, Brookings Institution

**Compliancy issues covered:** public health; economics; employment and unemployment; business and industry; federal government; coronavirus pandemic; public policy

**Links for more information:**

- <https://bryan.uncg.edu/faculty-and-staff/andersen-martin-s/>
- <https://www.brookings.edu/experts/mark-muro/>

**14:30**      **SEGMENT 2: TELEMEDICINE FINALLY GETS ITS CHANCE**  
**7:54**

**Synopsis:** Doctor's appointments via smartphone have been available for some time but were little used except in remote areas due to insurance reluctance. Now telemedicine has been forced on us and on insurers by COVID-19 restrictions, and many providers swear by them. Three experts discuss.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guests:** Dr. Franziska Ringpfeil, Assistant Professor of Dermatology, Thomas Jefferson University; Dr. Brian Cole, Professor of Orthopedic Surgery, Rush University & Managing Partner, Midwest Orthopedics at Rush; Brian Slusser, CEO, Health In Motion Network

**Compliancy issues covered:** health care; public health; technology; coronavirus pandemic; insurance

**Links for more information:**

- <https://hospitals.jefferson.edu/find-a-doctor/r/ringpfeil-franziska.html>
- <https://www.briancolemd.com>

**Program:** 20-20      **Executive Producer:** Reed Pence  
**Air Week:** 05/17/20      **Studio Production:** Jason Dickey

<i>Time</i>	<i>Segment</i>	<i>Dur.</i>
1:47	<b>SEGMENT 1: WOMEN, ALCOHOL, AND ISOLATION</b>	
	12:32	

**Synopsis:** The COVID-19 lockdown has triggered increased alcohol use in many people, and an alcohol use disorder in some. Help can be difficult to access, as face-to-face counseling and group sessions have been halted. For women, it can be even more difficult, as they are much more comfortable in more rare single-sex sharing situations. Two experts discuss today’s dangerous alcohol triggers and how to seek help.

**Host & Producer:** Reed Pence.

**Guests:** Jessica Foody, certified professional recovery coach; Dr. Kathleen Brady, Distinguished University Professor of Psychiatry, Medical University of South Carolina

**Compliancy issues covered:** public health; alcoholism, substance use disorder and treatment; women’s issues; mental health; mental illness & treatment; coronavirus pandemic

**Links for more information:**

- <https://www.jessicafoody.com>;
- <https://muschealth.org/MUSCApps/ProviderDirectory/Brady-Kathleen>

15:21	<b>SEGMENT 2: THE LOSS OF RITUALS</b>	7:13
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**Synopsis:** Spring is the season of rituals—prom, graduation, commencement and weddings. Social distancing has taken most of these rituals away. An expert discusses the importance of rituals in our mental health and why it’s OK to grieve their loss. She also discusses how changing rituals can be successful save for the tragic loss of funerals.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guests:** Dr. Maribel Alvarez, Associate Research Professor of Anthropology, University of Arizona

**Compliancy issues covered:** mental health; consumerism; public health; coronavirus pandemic; social change

**Links for more information:**

- <https://anthropology.arizona.edu/user/maribel-alvarez>



**Program:** 20-21      **Executive Producer:** Reed Pence  
**Air Week:** 05/24/20      **Studio Production:** Jason Dickey

**Time**      **Segment**      **Dur.**

**1:50**      **SEGMENT 1: THE SHRINKING HUMAN JAW**

**12:08**

**Synopsis:** Over the last 8,000 years, the human jaw has been getting smaller due to an increasingly soft diet and a lack of jaw exercise. The result is an epidemic of crooked teeth and serious health consequences, as two experts explain.

**Host:** Reed Pence.

**Guests:** Dr. Paul Erlich, Professor Emeritus of Population Studies, Stanford University and co- author, Jaws: The Story of a Hidden Epidemic; Dr. Sandra Kahn, orthodontist and co-author, Jaws: The Story of a Hidden Epidemic

**Compliancy issues covered:** youth at risk; human development; public health; diet and nutrition

**Links for more information:**

- <https://www.sup.org/books/title/?id=29626>

**15:00**      **SEGMENT 2: ANDROGENS AND COVID-19**

**7:26**

**Synopsis:** For people under about age 70, covid-19 is much harder on men than on women, especially those with strong male characteristics like scalp balding and plentiful body hair. A group of researchers has a theory as to why—that male hormones provide the virus with an entry into the cell. One of the researchers discusses what that could mean in terms of treatment.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guest:** Dr. Carlos Wambier, Assistant Professor of Dermatology, Brown University Warren Alpert Medical School

**Compliancy issues covered:** consumerism; public health; research & development; vaccine development;

**Links for more information:**

- <https://brownderm.org/doctor/carlos-gustavo-wambier-md-phd/>

**Program:** 20-22      **Executive Producer:** Reed Pence  
**Air Week:** 05/31/20      **Studio Production:** Jason Dickey

<i>Time</i>	<i>Segment</i>	<i>Dur.</i>
1:50	<b>SEGMENT 1: COVID AND CHOIRS</b>	
	11:47	

**Synopsis:** Scientists have discovered that singing is an exceptionally effective way to spread viruses through the aerosolized particles it expels, which may travel much farther than the six foot safety zone many people follow. This means choruses and choirs may not get back to “normal” after the covid-19 pandemic until much later than most activities, and only with rapid, effective testing or a vaccine. Experts explain.

**Host:** Reed Pence.

**Guests:** Dr. Robert Russell, Music Director, CHORALART, Portland, ME and Professor Emeritus of Music, University of Southern Maine; Dr. Lucinda Halstead, Medical Director, Evelyn Trammel Institute for Voice and Swallowing, University of South Carolina and President, Performing Arts Medicine Assn.

**Compliancy issues covered:** health care; public health and safety; culture and fine arts; recreation and performing arts; economics; infectious disease; coronavirus pandemic

**Links for more information:**

- <https://www.choralart.org/music-director/>
- <https://www.rider.edu/faculty/lucinda-halstead>

14:39	<b>SEGMENT 2: WHY WOMEN ARE GENETICALLY STRONGER</b>	
	7:38	

**Synopsis:** Women may have been known through the centuries as the weaker sex, but researchers have learned that they are anything but weak. Their 2 X chromosomes are both active and cooperate with each other, especially in immune response. An expert discusses new findings on their genetic superiority.

**Host:** Nancy Benson. Producer: Reed Pence.

**Guest:** Dr. Sharon Moalem, author, The Better Half: On the Genetic Superiority of Women

**Compliancy issues covered:** women’s issues; gender issues; health; genetics; research & development

**Links for more information:**

- <http://sharonmoalem.com>

**Program:** 20-23      **Executive Producer:** Reed Pence  
**Air Week:** 06/07/20      **Studio Production:** Jason Dickey

<i>Time</i>	<i>Segment</i>	<i>Dur.</i>
1:49	<b>SEGMENT 1: GENETIC TESTING AND LIFE INSURANCE</b>	12:03

**Synopsis:** It's illegal for health insurers to use genetic testing to discriminate against policyholders. However, life insurers can and do discriminate on that basis if the test is in your medical file. Private testing lets patients know their risk for many diseases without landing in health files. Advocates want to make it illegal for life insurers to also discriminate on this basis, but it may end up with higher costs for everyone. Experts explain.

**Host:** Reed Pence.

**Producer:** Polly Hansen.

**Guests:** Anya Prince, Associate Professor of Law, University of Iowa; Dr. Patricia Born, Professor and Payne H. and Charlotte Hodges Midyette Eminent Scholar in Risk Management and Insurance, Florida State University; Lisa Schlager, Vice President of Public Policy, Facing Our Risk of Cancer Empowered (FORCE)

**Compliancy issues covered:** health care; insurance; economics; ethics; privacy; public policy; genetics; technology

**Links for more information:**

- <https://law.uiowa.edu/anya-prince>
- <https://business.fsu.edu/person/patricia-born>
- <https://www.facingourrisk.org/about-us/about/staff.php>

14:54	<b>SEGMENT 2: WHAT EVERY PARENT SHOULD KNOW: "IT DOESN'T LOOK LIKE DROWNING"</b>	7:25
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**Synopsis:** Seven hundred children under age 15 drown in the US each year, most within sight of a parent or other adult. Experts discuss one major reason: drowning doesn't look like most people picture it, and so are unaware the child is in trouble.

**Host:** Nancy Benson.

**Guests:** Dr. Francesco Pia, water safety educator; Mario Vittone, Retired Marine Safety Specialist, US Coast Guard.

**Compliancy issues covered:** public health; public safety; youth at risk; water safety; consumerism

**Link for more information:**

- <http://poolsafely.gov>
- <https://www.youtube.com/watch?v=-dmYkaZ>

**Program:** 20-24      **Executive Producer:** Reed Pence  
**Air Week:** 06/14/20      **Studio Production:** Jason Dickey

**Time**      **Segment**      **Dur.**  
**1:43**      **SEGMENT 1: MISUNDERSTANDING STUTTERING**  
**11:39**

**Synopsis:** Stuttering is an extremely misunderstood disability. Many stutterers go to great lengths to avoid the words or phrases that trip them up, and are often successful in keeping their disability hidden. Yet then it may be mistaken for other problems. Experts explain, using former Vice President Joe Biden as an example.

**Host & Producer:** Reed Pence.

**Guests:** Jane Fraser, President, Stuttering Foundation of America; Dr. Eric Jackson, Assistant Professor of Communicative Sciences and Disorders, New York University

**Compliancy issues covered:** disabilities; youth at risk; education

**Links for more information:**

- <https://www.stutteringhelp.org>
- <https://www.stutteringhelp.org/content/jane-fraser>
- <https://steinhardt.nyu.edu/people/eric-s-jackson>

**14:24**      **SEGMENT 2: DISEASE RISK AND INHERITANCE**      **7:31**

**Synopsis:** Scientists have learned that the habits and environments of our parents and grandparents can have a strong effect on our health and longevity as a result of imprinting on egg and sperm cells. An expert explains.

**Host:** Nancy Benson.

**Guest:** Judith Finlayson, author, *You Are What Your Grandparents Ate: What You Need to Know About Nutrition, Experience, Epigenetics, and the Origins of Chronic Disease*

**Compliancy issues covered:** public health; health care; poverty; food insecurity & hunger

**Link for more information:**

- <https://youarewhatyourgrandparentsate.com/-/bios>

**Program:** 20-25      **Executive Producer:** Reed Pence  
**Air Week:** 06/21/20      **Studio Production:** Jason Dickey

<i>Time</i>	<i>Segment</i>	<i>Dur.</i>
1:50	<b>SEGMENT 1: PROTESTS AMID THE PANDEMIC</b>	12:37

**Synopsis:** With thousands of people demonstrating in the streets after the death of George Floyd, health experts are concerned that the crowds, shouting, and lack of masks may contribute to a spike in COVID-19 cases. However, with many locations also “opening up,” they say a spike is inevitable, to be made worse by protests, but teasing out what’s responsible becomes more difficult. Experts discuss.

**Host & Producer:** Reed Pence.

**Guests:** Dr. Julie Swann, Dept. Head and Allison Distinguished Professor, Fitts Dept. of Industrial and Systems Engineering, North Carolina State Univ; Dr. Pinar Keskinocak, Professor of Industrial and Systems Engineering and Director, Center for Health and Humanitarian Systems, Georgia Tech University

**Compliancy issues covered:** public health; racism and discrimination; crime, police & law enforcement; public safety; infectious disease; coronavirus pandemic; social change

**Links for more information:**

- <https://www.ise.ncsu.edu/people/jlswann/>
- <https://www.isye.gatech.edu/users/pinar-keskinocak>

15:29	<b>SEGMENT 2: PROTECTING YOUR EYES FROM SUMMER UV RAYS</b>	7:17
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**Synopsis:** Summer is when people want to spend as much time outdoors as possible. Skin protection and sunscreen are something most of us consider, but overexposure to UV rays is extremely dangerous to the eyes as well. An expert discusses.

**Host:** Nancy Benson.

**Producer:** Hannah Swarm.

**Guest:** Dr. Rachel Bishop, ophthalmologist, National Eye Institute

**Compliancy issues covered:** public health; consumerism

**Links for more information:** <https://nei.nih.gov/pressroom/bishop>

**Program:** 20-26      **Executive Producer:** Reed Pence  
**Air Week:** 06/28/20      **Studio Production:** Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
1:50	<b>SEGMENT 1: LONG-SUFFERING COVID SURVIVORS</b>	
	12:27	

**Synopsis:** While most people who contract COVID-19 survive, those who suffer often-changing symptoms for months on end can only wonder when they'll get well. A survey of members of a long-haul survivors support group find that many who don't have "textbook" symptoms suffer poor medical care and discrimination as a result. Two women who operate the support group discuss the issues.

**Host & Producer:** Reed Pence.

**Guests:** Fiona Lowenstein, founder, Body Politic Wellness Collective; Hannah Davis, researcher, Body Politic Support Group

**Compliancy issues covered:** public health; medical system; discrimination; mental illness and treatment; consumerism; research & development

**Links for more information:**

- <https://www.wearebodypolitic.com/covid19>

15:19	<b>SEGMENT 2: Face Masks and Breathing</b>	7:22
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**Synopsis:** Some people insist that wearing a face mask smothers them and makes them feel like they're not getting enough air. An expert discusses what might be going wrong and lays out the basics on how to wear a mask without needing to come up for air.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guest:** Dr. Bill Carroll, Adjunct Professor of Chemistry, Indiana University and former President, American Chemical Society; Dr. Lucinda Halstead, Medical Director, Evelyn Trammel Institute for Voice and Swallowing, University of South Carolina

**Compliancy issues covered:** public health; consumerism

**Links for more information:**

- <https://www.chem.indiana.edu/faculty/bill-carroll/>

## 2020-02 (April-June) Viewpoints Radio

### Quarterly Report of Compliancy Issues & Programs List

#### *Overview of Topics Addressed*

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- African American History
- Aging & Retirement
- Aircraft & Aviation
- Alcoholism
- Archaeology
- Art
- Business
- Career
- Child Development
- City Zoning
- Civil Rights
- Climate Change
- Coffee
- Comedy
- Communism
- Construction
- Consumer
- Creative Arts
- Critical Acclaim
- Culture
- Death
- Democracy
- Diversity
- DNA Testing
- Documentary
- Drug Addiction/Use Disorder
- Economics
- Education
- Engineering
- Excessive Force
- Family & Parenting
- Fantasy
- Film
- Fine Dining
- Food Processing
- Food Production
- Food Science
- Food Security
- Foreign Relations
- Gardening
- Gender
- Genealogy
- Global Economy
- Government
- Grief
- Health & Wellness
- History
- Hobby
- Hospitality
- Housing
- Independent Film
- Inequality
- Infectious Disease
- Invention
- Investing
- Jobs & Labor
- Law
- Lifestyle
- Literature
- Manufacturing
- Marriage
- Mental Health
- NASA
- Nonprofits
- Pandemic
- Parenting
- Personal Finance
- Photography
- Poetry
- Police & Law Enforcement
- Politics
- Poverty
- Privacy
- Protest
- Psychology
- Public Health & Safety
- Race & Identity
- Racial Tensions
- Relationships
- Restaurant Industry
- Revenue
- Salary
- Science
- Security
- Social Media
- Software Engineering
- Space
- Sports
- Streaming
- Systemic Racism
- Technology
- Travel
- Trivia
- TV
- Videogames
- Violence
- Virus
- Wealth
- Writing

**Program 20-14 Writers/Producers: Amirah Zaveri, Pat Reuter & Evan Rook**

**Air Week:** 4/5/2020  
**Studio Production:** Jason Dickey

**SEGMENT1: OVERCOMING UNCERTAINTY IN THE MIDST OF COVID-19** **Time** **Duration**

**Synopsis:** With many unknowns hanging above our heads during this global pandemic, it's vital to stay present and positive. We discuss small steps you can take each day to find structure and the importance of looking at the long-term picture. 1:48 8:00

**Host:** Gary Price

**Guests:** Dr. Laura Schopp, professor, chair, department of health psychology, University of Missouri; Jessica Byrne, software engineer, founder, The Financial Mechanic

**Compliancy issues covered:** Mental Health, Wellness, Psychology, Personal Finance, Economy, Disease, Business, Pandemic, Investing

**Links for more info:** <https://healthprofessions.missouri.edu/health-psychology/personnel/laura-schopp/>  
<https://healthprofessions.missouri.edu/health-psychology/2020/03/14/five-ways-to-maintain-community-during-covid-19/>  
<https://financialmechanic.com/>  
<https://financialmechanic.com/how-i-stay-sane-working-from-home/>

**SEGMENT2: DREW BARRYMORE ON LIFE, LOVE & FAMILY** **Time** **Duration**

**Synopsis:** Everyone remembers little Gertie from the movie E.T. the Extra-Terrestrial and the actress who played the part: Drew Barrymore. However, a lot has changed since then. Today, Barrymore is mother of two, accomplished actress, businesswoman and now, author. In her new memoir she opens up about growing up in Hollywood, fending for herself at age 14 and what she's learned over 11:51 10:37

**Host:** Marty Peterson

**Guests:** Drew Barrymore, actress, director, producer, businesswoman, author, Wildflower

**Compliancy issues covered:** Sports, Social Media, Mental Health, Technology, Education, Career

**Links for more info:** <https://www.amazon.com/Wildflower-Drew-Barrymore/dp/1101983817>  
<https://www.instagram.com/drewbarrymore/?hl=en>  
<https://twitter.com/drewbarrymore?lang=en>

**CULTURE CRASH: HOLLYWOOD HITTING PAUSE ON BUSINESS** **Time** **Duration**

**Synopsis:** Coronavirus has affected nearly every industry across the globe, including the entertainment biz. We discuss how several facets of Hollywood, from production to movie theatres, have adapted to the new reality. 23:29 2:58

**Host & Producer:** Evan Rook

**Compliancy issues covered:** Film, Revenue, Streaming, Culture, Pandemic, Disease

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<b>Program 20-15</b>		<b>Writers/Producers: Amirah Zaveri, Polly Hansen &amp; Evan Rook</b>		
<b>Air Week:</b>	<b>Studio Production:</b>	<b>Jason Dickey</b>		
4/12/2020				
<b>SEGMENT 1:</b>	<b>DEPLOYING SCHOOL MEALS TO THOSE WHO NEED THEM MOST RIGHT NOW</b>		<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	On a typical day, the National School Lunch Program serves 20.2 million free lunches to students in need, according to the USDA. With sweeping school closures across the U.S. in response to the COVID-19 pandemic, millions of students are going hungry. Viewpoints discusses the new reality foodservice workers face and the balance between staying safe and serving meals.		1:48	11:40
<b>Host:</b>	Host: Gary Price			
<b>Guests:</b>	Dan Giusti, founder, Brigaid; Betsy Zorio, vice president, U.S. programs and advocacy, Save the Children			
<b>Compliancy issues covered:</b>	Food Security, Disease, Public Health, Poverty, Education, Nonprofits			
<b>Links for more info:</b>	<a href="https://www.chefsbrigaid.com/">https://www.chefsbrigaid.com/</a> <a href="https://www.instagram.com/brigaid/?hl=en">https://www.instagram.com/brigaid/?hl=en</a> <a href="https://www.savethechildren.org/">https://www.savethechildren.org/</a> <a href="https://twitter.com/SavetheChildren?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/SavetheChildren?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a> <a href="https://www.fns.usda.gov/disaster/pandemic/covid-19/cn-waivers-flexibilities">https://www.fns.usda.gov/disaster/pandemic/covid-19/cn-waivers-flexibilities</a>			
<b>SEGMENT 2:</b>	<b>WHY DO CROSSWORDS NEVER GO OUT OF STYLE?</b>		<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	The first published crossword was created in 1913 by journalist Arthur Wynne. Since then, the timeless puzzle has stayed in style and graces newspapers from the New York Times to USA Today. Self-acclaimed lovers of crosswords are known as ‘cruciverbalists’ and compete online as well as create these puzzles for publishing. We speak with crossword expert, Adrienne Raphael to find out more about this beloved word game.		15:30	7:36
<b>Host:</b>	Marty Peterson			
<b>Guests:</b>	Adrienne Raphael, author Thinking Inside the Box: Adventures with Crosswords and the Puzzling People Who Can’t Live Without Them			
<b>Compliancy issues covered:</b>	Writing, Trivia, Education, Mental Health, Health, Hobby, Literature			
<b>Links for more info:</b>	<a href="https://twitter.com/AdrienneRaphael?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/AdrienneRaphael?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a> <a href="https://www.penguinrandomhouse.com/books/561343/thinking-inside-the-box-by-adrienne-raphel/">https://www.penguinrandomhouse.com/books/561343/thinking-inside-the-box-by-adrienne-raphel/</a> <a href="https://www.nytimes.com/crosswords">https://www.nytimes.com/crosswords</a> <a href="https://www.boatloadpuzzles.com/playcrossword">https://www.boatloadpuzzles.com/playcrossword</a>			
<b>CULTURE CRASH:</b>	<b>TAKING THE TIME TO TUCK INTO A GOOD BOOK</b>		<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	During this period of social distancing, the constant screen time while working from home and watching Netflix can get to be a bit overwhelming. Viewpoints discusses some of our favorite classic reads by prominent authors.		24:08	2:18
<b>Host &amp; Producer:</b>	Evan Rook			
<b>Compliancy issues covered:</b>	Literature, Culture			

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**Program 20-16 Writers/Producers: Amirah Zaveri, Polly Hansen & Evan Rook**

**Air Week:** 4/19/2020  
**Studio Production:** Jason Dickey

<b>SEGMENT1:</b>	<b>MODERN-DAY DRONES AND THE IMPLEMENTATION OF REMOTE IDENTIFICATION</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Drones are already a multi-billion-dollar business and only set to grow in revenue over the next five years, reaching an estimated 63 billion by 2025. The unmanned aircraft systems can be applied to a wide breadth of tasks and are an essential resource during war, rescue and public health crises, including the COVID-19 pandemic. Viewpoints speaks with two drone experts about innovation and security challenges facing the industry.	1:48	10:49
<b>Host:</b>	Gary Price		
<b>Guests:</b>	Brendan Schulman, vice president of policy and legal affairs, DJI; Dan Gettinger, co-director, center for the study of the done, Bard College		
<b>Compliancy issues covered:</b>	Technology, Photography, Aircraft, Privacy, Law, Security, Public Health		
<b>Links for more info:</b>	<a href="https://dronecenter.bard.edu/">https://dronecenter.bard.edu/</a> <a href="https://www.dji.com/">https://www.dji.com/</a> <a href="https://www.forbes.com/sites/bernardmarr/2020/03/18/how-robots-and-drones-are-helping-to-fight-coronavirus/#ebd515a2a12e">https://www.forbes.com/sites/bernardmarr/2020/03/18/how-robots-and-drones-are-helping-to-fight-coronavirus/#ebd515a2a12e</a> <a href="https://markets.businessinsider.com/news/stocks/global-drone-service-market-report-2019-market-is-expected-to-grow-from-usd-4-4-billion-in-2018-to-usd-63-6-billion-by-2025-at-a-cagr-of-55-9-1028147695">https://markets.businessinsider.com/news/stocks/global-drone-service-market-report-2019-market-is-expected-to-grow-from-usd-4-4-billion-in-2018-to-usd-63-6-billion-by-2025-at-a-cagr-of-55-9-1028147695</a>		

<b>SEGMENT2:</b>	<b>A DORMANT FAMILY SECRET UNCOVERED THROUGH DNA TESTING</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Imagine finding out at 54-years-old that the father who raised you wasn't actually your biological dad. Novelist Dani Shapiro found herself in this position after she and her husband sent in an at-home DNA test to Ancestry.com and it came back with some unexpected results.	14:39	8:19
<b>Host:</b>	Marty Peterson		
<b>Guests:</b>	Dani Shapiro, author, Inheritance: A Memoir of Genealogy, Paternity and Love & creator, host, podcast Family Secrets		
<b>Compliancy issues covered:</b>	DNA Testing, Family, Genealogy, Public Health, Technology, Science		
<b>Links for more info:</b>	<a href="https://danishapiro.com/">https://danishapiro.com/</a> <a href="https://www.iheart.com/podcast/105-family-secrets-30131253/">https://www.iheart.com/podcast/105-family-secrets-30131253/</a> <a href="https://www.ancestry.com/">https://www.ancestry.com/</a> <a href="https://www.amazon.com/Inheritance-Memoir-Genealogy-Paternity-Love/dp/0525434038/">https://www.amazon.com/Inheritance-Memoir-Genealogy-Paternity-Love/dp/0525434038/</a>		

<b>CULTURE CRASH:</b>	<b>GETTING LOST IN THE WORLD OF VIDEOGAMES</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Videogames are a great way to pass time. As many of us are trying to do exactly that these days, we delve into the fantasy world and discuss some of our favorite classic and new release picks.	23:58	2:26
<b>Host &amp; Producer:</b>	Evan Rook		
<b>Compliancy issues covered:</b>	Videogames, Fantasy, Sports, Pandemic		

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Program 20-17		Writers/Producers: Amirah Zaveri, Polly Hansen & Evan Rook	
<b>Air Week:</b>	<b>Studio Production:</b>	Jason Dickey	
4/26/2020			
<b>SEGMENT 1:</b>	<b>THE SLOW-LOOMING, INVISIBLE CRISIS OF CLIMATE CHANGE</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	With billions across the world staying home right now due to coronavirus, air pollution in many major cities has cleared making way for blue skies and new views of nature. This week, Viewpoints speaks with journalist and author Thomas Kostigen about the role of geoengineering in tackling another approaching global crisis: climate change.	1:47	9:24
<b>Host:</b>	Gary Price		
<b>Guests:</b>	Thomas Kostigen, journalist, author, Hacking Planet Earth: How Geoengineering Can Help Us Reimagine the Future.		
<b>Compliancy issues covered:</b>	Climate Change, Science, Engineering, Technology		
<b>Links for more info:</b>	<a href="https://geoengineering.environment.harvard.edu/geoengineering">https://geoengineering.environment.harvard.edu/geoengineering</a> <a href="https://en.wikipedia.org/wiki/Climate_engineering">https://en.wikipedia.org/wiki/Climate_engineering</a> <a href="https://www.penguinrandomhouse.com/books/589023/hacking-planet-earth-by-thomas-m-kostigen/">https://www.penguinrandomhouse.com/books/589023/hacking-planet-earth-by-thomas-m-kostigen/</a>		
<b>SEGMENT 2:</b>	<b>THE DIRE STATE OF AFFORDABLE HOUSING IN AMERICA</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	The COVID-19 pandemic has exacerbated the housing crisis as many millions of Americans can no longer afford to pay rent or their monthly mortgage. Viewpoints speaks with two housing experts about why so many people struggle to find affordable housing in the U.S. and one possible solution to the problem.	13:13	9:37
<b>Host:</b>	Marty Peterson		
<b>Guests:</b>	Conor Dougherty, New York Times economic reporter, author, Golden Gates, Fighting for Housing in America; Patricia Foreman, tiny homeowner, author, A Tiny Home to Call Your Own, Living Well in Just-Right Houses		
<b>Compliancy issues covered:</b>	Housing, Inequality, Wealth, Construction, City Zoning, Government		
<b>Links for more info:</b>	<a href="https://www.nytimes.com/2020/04/08/business/economy/coronavirus-rent.html">https://www.nytimes.com/2020/04/08/business/economy/coronavirus-rent.html</a> <a href="https://twitter.com/ConorDougherty?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/ConorDougherty?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a> <a href="https://www.amazon.com/Golden-Gates-Fighting-Housing-America/dp/0525560211">https://www.amazon.com/Golden-Gates-Fighting-Housing-America/dp/0525560211</a> <a href="https://www.amazon.com/Tiny-Home-Call-Your-Own-ebook/dp/B07FDR2J48/ref=sr_1_1?dchild=1&amp;keywords=a+tiny+home+to+call+your+own&amp;qid=1587142490&amp;s=digital-text&amp;sr=1-1">https://www.amazon.com/Tiny-Home-Call-Your-Own-ebook/dp/B07FDR2J48/ref=sr_1_1?dchild=1&amp;keywords=a+tiny+home+to+call+your+own&amp;qid=1587142490&amp;s=digital-text&amp;sr=1-1</a>		
<b>CULTURE CRASH:</b>	<b>FINDING INDIE FILMS</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Older films are hard to find these days on mainstream streaming platforms like Netflix and Hulu. We delve into how to track down some of the best indie, classic and foreign films to watch from your home sofa.	23:50	2:36
<b>Host &amp; Producer:</b>	Evan Rook		
<b>Compliancy issues covered:</b>	Film, History, Independent Film, Streaming		

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<b>Program 20-18</b>	<b>Writers/Producers: Amirah Zaveri &amp; Evan Rook</b>
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**Air Week:** 5/3/2020  
**Studio Production:** Jason Dickey

SEGMENT1:	FROM LUXURY INGREDIENTS TO FOOD STYLING: THE QUIRKY INNER WORKING OF THE FOOD BIZ	Time	Duration
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**Synopsis:** Could you ever imagine that some imported white asparagus could cost upwards of \$250? Neither did we. This week on Viewpoints, we delve into the niche world of luxury and on-trend ingredients as well as roles in the food industry you've probably never heard of. 1:47 9:33

**Host:** Gary Price

**Guests:** Carrie Nahabedian, executive chef, co-owner, Brindille, Kostali; Susan Spungen, food stylist, cookbook author, Open Kitchen: Inspired Food for Casual Gatherings

**Compliancy issues covered:** Food, Restaurant Industry, Business, Culture, Fine Dining, Food Production

**Links for more info:** <https://www.thechicagonetwork.org/members/carrie-nahabedian/>  
[https://twitter.com/cnaha?ref\\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor](https://twitter.com/cnaha?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor)  
[https://en.wikipedia.org/wiki/Carrie\\_Nahabedian](https://en.wikipedia.org/wiki/Carrie_Nahabedian)  
<https://www.susanspungen.com/> <https://www.instagram.com/susanspungen/?hl=en>  
<https://www.amazon.com/Open-Kitchen-Inspired-Casual-Gatherings/dp/0525536671>

SEGMENT2:	TO EAT OR NOT TO EAT? THE PROCESSED FOOD CONUNDRUM	Time	Duration
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**Synopsis:** Complex ingredients like maltodextrin and ferrous sulfate can seem scary, but are they actually bad for you in the long-term? We speak with chemist and author, George Zaidan about how food processing took hold in early human history and what to keep in mind when it comes to keeping a healthy diet. 13:23 9:32

**Host:** Marty Peterson

**Guests:** George Zaidan, chemist, journalist, author, Ingredients: The Strange Chemistry of What We Put In Us and On Us

**Compliancy issues covered:** Food Science, Food Processing, Health, History, Science, Literature

**Links for more info:** [https://www.ted.com/talks/george\\_zaidan\\_the\\_bug\\_that\\_poops\\_candy](https://www.ted.com/talks/george_zaidan_the_bug_that_poops_candy)  
<https://www.ingredientsthebook.com/about>  
[https://twitter.com/georgezaidan?ref\\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor](https://twitter.com/georgezaidan?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor)

CULTURE CRASH:	EXPLORING THE TECH SHOW "HALT AND CATCH FIRE"	Time	Duration
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**Synopsis:** Have you pretty much watched everything on your list at this point? All four seasons of the AMC series Halt and Catch Fire are now available on Netflix. While you've probably never heard of the show, it's definitely a binge-worthy watch. 23:55 2:32

**Host & Producer:** Evan Rook

**Compliancy issues covered:** Culture, Television, Technology, Streaming

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Program 20-19		Writers/Producers: Amirah Zaveri & Evan Rook	
<b>Air Week:</b>	5/10/2020	<b>Studio Production:</b>	Jason Dickey
<b>SEGMENT 1:</b>	<b>AN ESSENTIAL INDUSTRY: CONSTRUCTION IN THE U.S.</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	In most states, construction is deemed an essential service during the COVID-19 pandemic. With roadways fairly clear and schools temporarily closed, crews are getting to work while still adhering to social distancing rules. In effect, construction spending was up 4.7 percent in March 2020 compared to March 2019. Viewpoints speaks with two people working in the industry to get an inside view on growth and job opportunities as well as current challenges facing the sector.	1:47	10:53
<b>Host:</b>	Gary Price		
<b>Guests:</b>	Paul Robinson, CEO & Founder, ConstructReach; Jocelyn Lipscomb, carpenter		
<b>Compliancy issues covered:</b>	Construction, Jobs, Economy, Business, Career, Diversity, Gender, Health		
<b>Links for more info:</b>	<a href="https://www.census.gov/construction/c30/pdf/release.pdf?CID=CBSM+EI">https://www.census.gov/construction/c30/pdf/release.pdf?CID=CBSM+EI</a> <a href="https://constructreach.com/">https://constructreach.com/</a> <a href="https://www.usa.skanska.com/">https://www.usa.skanska.com/</a> <a href="https://www.careersinconstruction.ca/en/careers/getting-started">https://www.careersinconstruction.ca/en/careers/getting-started</a> <a href="https://www.liuna.org/about">https://www.liuna.org/about</a>		
<b>SEGMENT 2:</b>	<b>THE RISE OF COFFEE CAPITALISM</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Even as Americans shelter-in-place, coffee consumption is up in the first four months of 2020. Why is coffee a drink that is so popular across the globe? The drink was first consumed by Sufi monks in the fifteenth century as part of a religious ceremony, but quickly gained popularity across the Middle East where it then eventually spread to Europe. Viewpoints discusses the complicated history of coffee production and American's reliance on this caffeine-packed drink.	14:42	8:08
<b>Host:</b>	Marty Peterson		
<b>Guests:</b>	Augustine Sedgewick, author, Coffeeland: One Man's Dark Empire and the Making of Our Favorite Drug		
<b>Compliancy issues covered:</b>	Coffee, Labor, History, Business, Food Production, Global Economy		
<b>Links for more info:</b>	<a href="https://www.fastcompany.com/90491248/everyone-is-drinking-coffee-during-coronavirus-but-make-sure-to-order-local">https://www.fastcompany.com/90491248/everyone-is-drinking-coffee-during-coronavirus-but-make-sure-to-order-local</a> <a href="https://www.darkmattercoffee.com/">https://www.darkmattercoffee.com/</a> <a href="https://www.augustinesedgewick.work/">https://www.augustinesedgewick.work/</a> <a href="https://www.amazon.com/Coffeeland-Mans-Empire-Making-Favorite/dp/1594206155">https://www.amazon.com/Coffeeland-Mans-Empire-Making-Favorite/dp/1594206155</a>		
<b>CULTURE CRASH:</b>	<b>THE FATE OF THE OSCARS</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	How will the upcoming award's season be affected by COVID-19? We discuss the state of the film industry and how the Academy is changing its rules during this unprecedented time.	23:50	2:36
<b>Host &amp; Producer:</b>	Evan Rook		
<b>Compliancy issues covered:</b>	Film, Culture, Revenue, Critical Acclaim		

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Program 20-20	Writers/Producers: Amirah Zaveri & Evan Rook		
<b>Air Week:</b> 5/17/2020	<b>Studio Production:</b> Jason Dickey		
<b>SEGMENT 1:</b>	<b>THE INNER TOLLS OF WORKING IN DINNING - A FEATURE WITH CHE ILIANA REGAN</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Iliana Regan has worked in the restaurant industry for more than two decades in almost every position imaginable. From fast service to high-end fine dining, she's a self-taught, Michelin-starred chef that's known for her ability to create masterful dishes using naturally sourced and foraged ingredients. As her career has skyrocketed up, she's also had several low points in her life that have impacted who she is today.	1:47	9:46
<b>Host:</b>	Gary Price		
<b>Guests:</b>	Iliana Regan, Michelin star chef, owner, Elizabeth, Milkweed Inn & author, Burn the Place		
<b>Compliancy issues covered:</b>	Career, Alcoholism, Drug Addiction, Mental Health, Hospitality, Business		
<b>Links for more info:</b>	<a href="http://www.elizabeth-restaurant.com/">http://www.elizabeth-restaurant.com/</a> <a href="https://www.milkweedinn.com/">https://www.milkweedinn.com/</a> <a href="https://www.instagram.com/elizabethrestaurant_and_co/?hl=en">https://www.instagram.com/elizabethrestaurant_and_co/?hl=en</a> <a href="https://www.bustle.com/p/chef-iliana-regan-on-closing-her-restaurant-learning-to-cook-from-home-22810570">https://www.bustle.com/p/chef-iliana-regan-on-closing-her-restaurant-learning-to-cook-from-home-22810570</a> <a href="https://www.nytimes.com/2020/01/21/dining/iliana-regan-milkweed-inn.html">https://www.nytimes.com/2020/01/21/dining/iliana-regan-milkweed-inn.html</a> <a href="https://www.amazon.com/Burn-Place-Memoir-Iliana-Regan/dp/1572842679">https://www.amazon.com/Burn-Place-Memoir-Iliana-Regan/dp/1572842679</a> <a href="https://www.nationalbook.org/books/burn-the-place-a-memoir-agate-midway-agate-publishing-">https://www.nationalbook.org/books/burn-the-place-a-memoir-agate-midway-agate-publishing-</a>		
<b>SEGMENT 2:</b>	<b>MILLENNIAL MONEY: LEVERAGING YOUR WORTH</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Jessica Byrne is a 26-year-old software engineer from Portland that's saved more than \$300,000 in a very short span of time. We speak with Byrne about how she grew her skill base in order to up her salary and then quickly save thousands through compounding interest, investing and maintaining a frugal lifestyle.	13:35	9:20
<b>Host:</b>	Marty Peterson		
<b>Guests:</b>	Jessica Byrne, software engineer, founder, blog, Financial Mechanic; Ashley Feinstein Gerstley, money coach, author, 30-Day Money Cleanse, founder, blog, The Fiscal Femme		
<b>Compliancy issues covered:</b>	Personal Finance, Software Engineering, Salary, Career, Retirement, Lifestyle		
<b>Links for more info:</b>	<a href="https://financialmechanic.com/">https://financialmechanic.com/</a> <a href="https://twitter.com/fimechanic?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauth">https://twitter.com/fimechanic?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauth</a> <a href="https://financialmechanic.com/i-lost-70k-in-one-month-should-i-give-up-on-fire/">https://financialmechanic.com/i-lost-70k-in-one-month-should-i-give-up-on-fire/</a> <a href="https://www.thefiscalfemme.com/">https://www.thefiscalfemme.com/</a> <a href="https://www.cNBC.com/2020/05/06/personal-finance-books-that-helped-one-millennial-earn-six-figures.html">https://www.cNBC.com/2020/05/06/personal-finance-books-that-helped-one-millennial-earn-six-figures.html</a>		
<b>CULTURE CRASH:</b>	<b>THE ATHLETE, THE LEGEND: MICHAEL JORDAN</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	The sports documentary, Save the Last Dance, has received high praise over the last several weeks. We discuss the 10-part docuseries now streaming on the ESPN app.	23:55	2:32
<b>Host &amp; Producer:</b>	Evan Rook		
<b>Compliancy issues covered:</b>	Documentary, Sports, History, Culture		

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<b>Program 20-21</b>		<b>Writers/Producers: Amirah Zaveri &amp; Evan Rook</b>		
<b>Air Week:</b>	<b>Studio Production:</b>	<b>Jason Dickey</b>		
5/24/2020				
<b>SEGMENT1:</b>	<b>75 YEARS AFTER WWII: THE MEN OF THE 44TH BOMB GROUP</b>		<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Memorial Day is on Monday, May 25 this year. It is a day that we remember those who have served and lost their lives protecting this country. To honor our veterans, we highlight a unique story from World War II about the heroic men of the U.S. Air Force 44th Bomb Group.		1:48	8:27
<b>Host:</b>	Gary Price			
<b>Guests:</b>	Mara Truslow, management consultant, applied researcher			
<b>Compliancy issues covered:</b>	War, History, Aviation, Technology, Mental Health, PTSD, Veterans			
<b>Links for more information:</b>	<a href="https://ww2truslow.com/">https://ww2truslow.com/</a> <a href="https://medium.com/@maratruslow/the-air-war-wally-fought-my-research-sabbatical-75-years-later-5a731d35a589">https://medium.com/@maratruslow/the-air-war-wally-fought-my-research-sabbatical-75-years-later-5a731d35a589</a> <a href="https://www.44thbombgroup.org/">https://www.44thbombgroup.org/</a>			
<b>SEGMENT2:</b>	<b>THE STORY OF APOLLO 8</b>		<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	When we think back to the biggest space accomplishments in history, many of us instantly remember Apollo 11 – the mission that landed humans on the moon. However, we seldom talk about Apollo 8 when astronauts successfully orbited the moon. Author and historian, Jeffrey Kluger joins Viewpoints to discuss why Apollo 8 was a vital foundational mission for space travel and what it meant to the future of NASA.		12:17	10:34
<b>Host:</b>	Marty Peterson			
<b>Guests:</b>	Richard Cahan, co-author, River of Blood: American Slavery From the People Who Lived It			
<b>Compliancy issues covered:</b>	Space, NASA, Travel, Technology, History, Aviation, Literature, Government			
<b>Links for more information:</b>	<a href="https://www.nasa.gov/mission_pages/apollo/apollo-8.html">https://www.nasa.gov/mission_pages/apollo/apollo-8.html</a> <a href="https://www.youtube.com/watch?v=Wfd0oC3eFWw">https://www.youtube.com/watch?v=Wfd0oC3eFWw</a> <a href="https://www.amazon.com/Apollo-Thrilling-Story-First-Mission/dp/1627798323">https://www.amazon.com/Apollo-Thrilling-Story-First-Mission/dp/1627798323</a>			
<b>CULTURE CRASH:</b>	<b>PARKS AND RECREATION: QUARANTINE EDITION</b>		<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	The popular show, Parks and Recreation has returned for a special, one-time-only episode featuring the original cast. We discuss if the new release is a flop or worth the watch.		23:52	2:34
<b>Host &amp; Producer:</b>	Evan Rook			
<b>Compliancy issues covered:</b>	TV, Streaming, Comedy			

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Program 20-22		Writers/Producers: Amirah Zaveri & Evan Rook	
<b>Air Week:</b>	<b>Studio Production:</b>	Jason Dickey	
5/31/2020			
<b>SEGMENT 1:</b>	<b>LOSING A PART OF YOUR HEART: DEALING WITH LOSS</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Losing someone you love – whether that’s a partner, friend or a part of your family – can be devastating. Is there a way to ‘correctly’ deal with the process of death and grieve after the person has passed? This week on Viewpoints.	1:48	11:52
<b>Host:</b>	Gary Price		
<b>Guests:</b>	Michael Korda, author, <i>Passing: A Memoir of Love and Death</i> ; Megan Devine, psychotherapist		
<b>Compliancy issues covered:</b>	Grief, Death, Relationships, Aging, Psychology, Mental Health, Health		
<b>Links for more info:</b>	<a href="https://www.apa.org/topics/grief">https://www.apa.org/topics/grief</a> <a href="https://www.mhanational.org/bereavement-and-grief">https://www.mhanational.org/bereavement-and-grief</a> <a href="https://www.huffpost.com/entry/10-things-i-learned-while-b-5923558">https://www.huffpost.com/entry/10-things-i-learned-while-b-5923558</a> <a href="https://www.amazon.com/Passing-Memoir-Death-Michael-Korda/dp/1631494643">https://www.amazon.com/Passing-Memoir-Death-Michael-Korda/dp/1631494643</a> <a href="https://en.wikipedia.org/wiki/Michael_Korda">https://en.wikipedia.org/wiki/Michael_Korda</a> <a href="https://refugeingrief.com/">https://refugeingrief.com/</a>		
<b>SEGMENT 2:</b>	<b>SERVED UP: POETRY WITH A SIDE OF DARK HUMOR</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	1,000,000 animal and plant species now face the threat of extinction. As more than 80 percent of all global biodiversity lives on private land, what is the role of corporations when it comes to protecting these endangered species? Viewpoints speaks with Margaret O’Gorman, president of the Wildlife Habitat Council, about the creative and adaptive policies companies can take to make a difference.	15:42	7:15
<b>Host:</b>	Marty Peterson		
<b>Guests:</b>	John Kenney, poet, author, <i>Love Poems for Married People</i> , <i>Love Poems for People with Children</i> , <i>Love Poems for Anxious People</i>		
<b>Compliancy issues covered:</b>	Poetry, Art, Mental Health, Writing, Literature, Relationships, Creative Arts		
<b>Links for more info:</b>	<a href="https://www.newyorker.com/contributors/john-kenney">https://www.newyorker.com/contributors/john-kenney</a> <a href="https://www.byjohnkenney.com/">https://www.byjohnkenney.com/</a> <a href="https://www.masterclass.com/articles/how-to-write-poetry">https://www.masterclass.com/articles/how-to-write-poetry</a> <a href="https://www.youtube.com/watch?v=z0BUYzMyPi8">https://www.youtube.com/watch?v=z0BUYzMyPi8</a>		
<b>CULTURE CRASH:</b>	<b>THE LIFE OF WRITER &amp; DIRECTOR LYNN SHELTON</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Lynn Shelton passed away earlier this month at age 54. We discuss some of her biggest achievements and legacy in Hollywood.	23:57	2:27
<b>Host &amp; Producer:</b>	Evan Rook		
<b>Compliancy issues covered:</b>	Film, TV, History, Culture		

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Program 20-23		Writers/Producers: Amirah Zaveri & Evan Rook	
<b>Air Week:</b>	<b>Studio Production:</b>	Jason Dickey	
6/7/2020			
<b>SEGMENT 1:</b>	<b>ONE COUNTRY, TWO SYSTEMS: THE DEEPENING POLITICAL CRISIS IN HONG KONG</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Tensions between the people of Hong Kong and the Chinese communist government are quickly escalating in recent months. With the proposal of a new national security law in late May further tightening the grip on the semi-autonomous territory of Hong Kong, the city is a tipping point as protesters risk their lives to fight for political democracy and civil liberties.	1:48	10:45
<b>Host:</b>	Gary Price		
<b>Guests:</b>	Antony Dapiran, lawyer, writer, author, City on Fire: The Fight for Hong Kong		
<b>Compliancy issues covered:</b>	Politics, Government, Democracy, Communism, Civil Rights, Foreign Relations, Law, Violence, Pandemic, Protest		
<b>Links for more info:</b>	<a href="https://www.nytimes.com/2020/05/27/world/asia/hong-kong-protest-china-anthem.html">https://www.nytimes.com/2020/05/27/world/asia/hong-kong-protest-china-anthem.html</a> <a href="https://www.newyorker.com/news/daily-comment/amid-the-pandemic-is-hong-kong-facing-a-different-kind-of-death">https://www.newyorker.com/news/daily-comment/amid-the-pandemic-is-hong-kong-facing-a-different-kind-of-death</a> <a href="https://www.cnn.com/videos/business/2020/05/29/hong-kong-us-trade-china-security-law.cnnbusiness">https://www.cnn.com/videos/business/2020/05/29/hong-kong-us-trade-china-security-law.cnnbusiness</a> <a href="https://twitter.com/antd?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/antd?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a> <a href="https://www.theatlantic.com/international/archive/2019/09/hong-kongs-protest-movement-getting-darker/597649/">https://www.theatlantic.com/international/archive/2019/09/hong-kongs-protest-movement-getting-darker/597649/</a> <a href="https://www.amazon.com/City-Fire-fight-Hong-Kong-ebook/dp/B07YM45KNB">https://www.amazon.com/City-Fire-fight-Hong-Kong-ebook/dp/B07YM45KNB</a>		
<b>SEGMENT 2:</b>	<b>THE MANY FIRSTS THROUGHOUT HISTORY</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Imagine finding a rough, circular rock-like object and spending many minutes, if not hours, trying to pry it open to see what's inside. Once you finally cracked it open, who would slurp down the slimy, raw interior of an oyster, praying that it wouldn't kill them? We discuss the many firsts throughout history and the bold civilizations who uncovered these discoveries.	14:35	8:20
<b>Host:</b>	Marty Peterson		
<b>Guests:</b>	Cody Cassidy, freelance writer, author, Who Ate the First Oyster?		
<b>Compliancy issues covered:</b>	Invention, Science, History, Archaeology, Literature, Food, Manufacturing		
<b>Links for more info:</b>	<a href="https://twitter.com/codycassidy?lang=en">https://twitter.com/codycassidy?lang=en</a> <a href="https://www.wired.com/story/who-invented-wheel-how-did-they-do-it/">https://www.wired.com/story/who-invented-wheel-how-did-they-do-it/</a> <a href="https://slate.com/human-interest/2020/05/leavened-bread-yeast-invention-history.html">https://slate.com/human-interest/2020/05/leavened-bread-yeast-invention-history.html</a> <a href="https://www.amazon.com/Who-Ate-First-Oyster-Extraordinary/dp/014313275X">https://www.amazon.com/Who-Ate-First-Oyster-Extraordinary/dp/014313275X</a>		
<b>CULTURE CRASH:</b>	<b>REMAKING THE JUSTICE LEAGUE</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Zack Snyder's version of the movie The Justice League will premiere on streaming service HBO Max in 2021. We discuss the new release set to be a great improvement from the 2017 Warner Brothers version that was a blockbuster flop.	26:26	2:31
<b>Host &amp; Producer:</b>	Evan Rook		
<b>Compliancy issues covered:</b>	Film, Streaming, Comics, Culture		

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<b>Program 20-24</b>		<b>Writers/Producers: Amirah Zaveri &amp; Evan Rook</b>		
<b>Air Week:</b>	<b>Studio Production:</b>	<b>Jason Dickey</b>		
6/14/2020				
<b>SEGMENT 1:</b>	<b>THE MURDER OF GEORGE FLOYD: A DEEPENING PUBLIC HEALTH CRISIS</b>		<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	George Floyd was 46 years old when he was murdered on the street by ex-Minneapolis police officer Derek Chauvin. The father of five moved to the Midwest city in 2014 where he worked driving a truck and providing security at a local restaurant. Due to the COVID-19 pandemic, Floyd lost his security job. On May 25, Floyd was suspected of using a counterfeit \$20 bill at a local store and officers were called to the scene. The question remains: how can a simple police call lead to the killing of an unarmed and unresisting man? For weeks, protests and outrage have spread across the U.S. and internationally as the killing of Floyd brings racial inequality and police brutality into focus once again. Even in the midst of a pandemic, people are showing up to say they're fed up with the lack of equal justice, rights and opportunities for all.		1:47	10:12
<b>Host:</b>	Gary Price			
<b>Guests:</b>	Gary Walker, cinematographer; Dr. Lauren Powell, social epidemiologist, executive director, Time's Up Healthcare			
<b>Compliancy issues covered:</b>	Race & Identity, Civil Rights, Protest, Poverty, Health, Police & Law Enforcement, Excessive Force, Government, Racial Tensions, Systemic Racism			
<b>Links for more info:</b>	<a href="https://www.joincampaignzero.org/">https://www.joincampaignzero.org/</a> <a href="https://www.reclaimtheblock.org/home/#about">https://www.reclaimtheblock.org/home/#about</a> <a href="https://www.pnas.org/content/116/34/16793">https://www.pnas.org/content/116/34/16793</a> <a href="https://mappingpoliceviolence.org/">https://mappingpoliceviolence.org/</a> <a href="https://www.theguardian.com/us-news/2015/jun/09/the-counted-police-killings-us-vs-other-countries">https://www.theguardian.com/us-news/2015/jun/09/the-counted-police-killings-us-vs-other-countries</a> <a href="https://www.statnews.com/2020/06/02/my-nightmare-covid-19-meets-racism-meets-george-floyd-killing/">https://www.statnews.com/2020/06/02/my-nightmare-covid-19-meets-racism-meets-george-floyd-killing/</a> <a href="https://twitter.com/DrLaurenP?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eautho">https://twitter.com/DrLaurenP?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eautho</a> <a href="https://timesupfoundation.org/">https://timesupfoundation.org/</a>			
<b>SEGMENT 2:</b>	<b>NAVIGATING PEAK WEDDING SEASON DURING A PANDEMIC</b>		<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	The white hair, rosy cheeks and stark complexion are what we often picture when we think of our first president. But behind his looks and historic accomplishments, what are some facts that are not as well publicized? Viewpoints' speaks with history buff and author, Alexis Coe to learn more about the man, the myth: George Washington.		14:01	9:06
<b>Host:</b>	Marty Peterson			
<b>Guests:</b>	Erika Hernandez-Fullerton, owner, The Greatest Adventure Weddings & Elopements			
<b>Compliancy issues covered:</b>	Business, Marriage, Health, Personal Finance, Pandemic, Technology			
<b>Links for more info:</b>	<a href="https://thegreatestadventureweddings.com/">https://thegreatestadventureweddings.com/</a> <a href="https://thegreatestadventureweddings.com/our-wedding-during-coronavirus-isle-of-whidbey/">https://thegreatestadventureweddings.com/our-wedding-during-coronavirus-isle-of-whidbey/</a> <a href="https://betweenthepine.com/blog/how-to-elope-during-coronavirus">https://betweenthepine.com/blog/how-to-elope-during-coronavirus</a> <a href="https://www.theknot.com/content/covid19-help">https://www.theknot.com/content/covid19-help</a>			
<b>CULTURE CRASH:</b>	<b>THE VOICES OF AFRICAN AMERICAN AUTEHORS</b>		<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Reading the works of black authors is an important part to better understanding why racial inequities still plague our country. We offer up some recommendations to add to your reading list.		24:07	2:17
<b>Host &amp; Producer:</b>	Evan Rook			
<b>Compliancy issues covered:</b>	Literature, Diversity, Race & Identity, African American History			

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Program 20-25		Writers/Producers: Amirah Zaveri & Evan Rook	
<b>Air Week:</b>	<b>Studio Production:</b>	Jason Dickey	
6/21/2020			
<b>SEGMENT 1:</b>	<b>SHAKEUPS IN THE SALON &amp; SKINCARE INDUSTRY</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Business owners have had an extremely stressful year as COVID-19 forced millions of shops to close their doors for two plus months. Now, as much of the country is reopen, some salon, spa and wellness owners are still anxious about if many customers will return and the current changes to operations to protect both staff and clientele. We speak with three owners about adapting to this new reality and the challenges they're facing.	1:47	10:09
<b>Host:</b>	Gary Price		
<b>Guests:</b>	Chi Taylor, owner, FlutterFab Boutique; Emma Graves, aesthetician and co-owner, Brooklyn Herborium; Dr. Carlos Charles, dermatologist and owner, Derma Di Colore		
<b>Compliancy issues covered:</b>	Wellness, Business, Personal Finance, Virus, Government, Public Health		
<b>Links for more info:</b>	<a href="http://www.flutterfabboutique.com/">http://www.flutterfabboutique.com/</a> <a href="https://brooklynherborium.com/">https://brooklynherborium.com/</a> <a href="https://www.forbes.com/sites/angelinavillaclarke/2020/05/18/feeling-positive-how-the-spa-and-wellness-industry-is-reacting-now-and-planning-for-the-future/#79f21b51c3a5">https://www.forbes.com/sites/angelinavillaclarke/2020/05/18/feeling-positive-how-the-spa-and-wellness-industry-is-reacting-now-and-planning-for-the-future/#79f21b51c3a5</a> <a href="http://www.dermadicolore.com/">http://www.dermadicolore.com/</a>		
<b>SEGMENT 2:</b>	<b>EXPLORING THE WORLD OF WINE ONE GLASS AT A TIME</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	Finding the right wine is intimidating. Strolling through the wine aisle, it can sometimes be easier to give up and choose a bottle based off whether you like the label or not. Wine is complex. However, if you're interested in finding out more about the refreshment, you have to start somewhere. Sommelier Elizabeth Schneider joins Viewpoints this week to give us an introduction to all things wine.	13:58	8:44
<b>Host:</b>	Marty Peterson		
<b>Guests:</b>	Elizabeth Schneider, certified sommelier, author, Wine for Normal People: A Guide for People Who Like Wine, But Not the Snobbery That Goes With It & podcast host, Wine for Normal People		
<b>Compliancy issues covered:</b>	Literature, Food & Drink, History, Consumer Interests		
<b>Links for more info:</b>	<a href="https://www.winefornormalpeople.com/">https://www.winefornormalpeople.com/</a> <a href="https://winefolly.com/">https://winefolly.com/</a> <a href="https://www.winepaths.com/articles/editorial/wine-guide/the-ultimate-beginners-guide-to-wine">https://www.winepaths.com/articles/editorial/wine-guide/the-ultimate-beginners-guide-to-wine</a> <a href="https://www.amazon.com/Wine-Normal-People-Guide-Snobbery/dp/1452171343">https://www.amazon.com/Wine-Normal-People-Guide-Snobbery/dp/1452171343</a>		
<b>CULTURE CRASH:</b>	<b>THE ROLLOUT OF HBO MAX</b>	<b>Time</b>	<b>Duration</b>
<b>Synopsis:</b>	The new streaming service, HBO Max can be a bit confusing. What does it cover that's not already on HBO Go or HBO Now? We discuss the differences and the hottest shows and films on the	23:42	2:45
<b>Host &amp; Producer:</b>	Evan Rook		
<b>Compliancy issues covered:</b>	TV, Film, Streaming, Business		

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**Program 20-26 Writers/Producers: Amirah Zaveri & Evan Rook**
**Air Week:** **Studio Production: Jason**

SEGMENT	THE CALMING NATURE OF TENDING TO A GARDEN	Tim	Duratio
<b>Synopsi</b>	Getting started gardening can seem like an overwhelming task, especially if you have keeping a houseplant alive. But with some research and a small investment for tools, seeds and soil, the rewards of tending to a garden are huge. Fresh produce, flowers and herbs, renewed connection to nature are just some of the benefits of this increasingly popular outdoor Gary Price	1:47	10:0
<b>Host</b>			
<b>t: Guests:</b>	BrookeMorgan, urban gardener; Amy Enfield, horticulturist,		
<b>Compliancy issues covere</b>	Bonnie Plants Gardening, Food Production, Health, Food Supply, Personal Finance <a href="https://www.instagram.com/brookesays/">https://www.instagram.com/brookesays/</a> <a href="https://greatist.com/connect/beginners-guide-to-gardening#7">https://greatist.com/connect/beginners-guide-to-gardening#7</a>		

SEGMENT	IS YOUR CHILD FEELING ANXIOUS RIGHT NOW? GIVING SUPPORT WITHOUT SHIELDING THEM FROM THE WORLD	Tim	Duratio
<b>Synopsi</b>	The days when election and campaign news dominated the news cycle seem so distant. It's safe to say that no one could've imagined this year would be such a curveball. Learning's been disrupted, many parents are continuing to work from home and fears over COVID-19 are still very much present. We speak with a family trauma expert, Dr. Abigail Gewirtz, about dealing with these anxieties as an adult and how to have important conversations with your child or teen if you're sensing that they're more irritable, worried or anxious lately.	13:5	9:2
<b>Host</b>			
<b>:</b>	Marty Peterson		
<b>Compliancy issues covere</b>	Dr. Abigail Gewirtz, professor, Department of Family Social Science, director, Institute for Translational Research in Children's Mental Health at the University of Minnesota Mental Health, Parenting, Psychology, Child Development, Virus, Education <a href="https://www.cehd.umn.edu/people/agewirtz/">https://www.cehd.umn.edu/people/agewirtz/</a> <a href="https://www.bostonmagazine.com/health/2020/06/16/children-anxiety-depression-parenting-tips/">https://www.bostonmagazine.com/health/2020/06/16/children-anxiety-depression-parenting-tips/</a> <a href="https://www.nytimes.com/2020/04/01/parenting/coronavirus-help-anxious-kid.html">https://www.nytimes.com/2020/04/01/parenting/coronavirus-help-anxious-kid.html</a> <a href="https://abigailgewirtz.com/blog/talking-to-your-children-about-covid19">https://abigailgewirtz.com/blog/talking-to-your-children-about-covid19</a> <a href="https://abigailgewirtz.com/blog/will-i-get-shot">https://abigailgewirtz.com/blog/will-i-get-shot</a>		

CULTURE	THE DIFFICULTY OF PLACING MEDIA & LITERATURE INTO DISTINCT GENRES	Tim	Duratio
<b>Synopsi</b>	Star Wars is labeled as a space opera – but what exactly does that mean? Viewpoints discusses these conundrums.	24:1	2:0
<b>Host &amp; Producer:</b>	Evan Rook		
<b>Compliancy</b>	Art, Film, Literary Culture		

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