



## First Quarter Issues & Programs 2024

### WWFM/WWNJ/WWCJ/WWPJ

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In this report **WWFM** refers to the whole network of stations.

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WWFM's public affairs program *A Tempo* with Rachel Katz airs Saturdays at 7 pm on The Classical Network. This is a half-hour interview program featuring members of our cultural and educational communities who speak with the host about various issues of interest/concern to our listeners. Given WWFM's *The Classical Network's* all classical music format, *A Tempo* explores issues of the arts community and issues of a cultural nature. Additional public affairs programming is presented by WWFM's JazzOn2, an HD2 station, and that programming is described below the *A Tempo* section of this report. MCCC refers to WWFM's parent organization, Mercer County Community College. Its main campus is located in West Windsor, NJ, with an additional campus in downtown Trenton, NJ, the partial studio home of JazzOn2.

### *A Tempo: Guests, Issues and Program Narratives – First Quarter 2024*

**1/6/2024**

GUESTS: BETH MORRISON, CO-CURATOR, PROTOTYPE FESTIVAL, NEW YORK, NEW YORK; KRISTIN MARTING, CO-CURATOR, PROTOTYPE FESTIVAL, NEW YORK, NEW YORK; ILLIA RAZUMEIKO, COMPOSER, KYIY, UKRAINE

Issue: A look at the some of the operas that will be presented at this year's Prototype Festival in New York, including productions that touch on issues of the immigrant experience and identity.

This year's Prototype Festival is presenting a diverse series of opera and musical theatre works, including an outdoor production and some that combine on-stage and video scenes, and touch on issues including identity and the immigrant

experience, gender and identity. A Tempo host Rachel Katz speaks with its co-curators – Beth Morrison and Kristin Marting – and with composer Illia Razumeiko, co-creator of *Chornobyldorf: An Archaeological Opera in Seven Novels*, one of the works being presented.

**1/13/2024**

GUESTS: ALISON KARLIN, CO-FOUNDER, BACHTRACK, LONDON, US  
Issue: A deep-dive into the latest statistics on classical music performances in 2023, including the extent to which programs included contemporary music and works by women composers.

Bachtrack, a London-based website that lists a broad range of upcoming performances from around the U.S., Europe and worldwide, just released its 2023 classical music statistics report, which found contemporary works accounting for an increasing percentage of performance programs and slight gains by women composers. A Tempo host Rachel Katz speaks with Alison Karlin, who co-founded Bachtrack with her husband, about these findings, as well as other trends in orchestra, opera and ballet performances.

**1/20/2024**

GUESTS: LEONARD SLATKIN, CONDUCTOR, ST. LOUIS, MO; JORGE MESTER, CONDUCTOR, CA; JEFFREY BIEGEL, PIANIST, NEW YORK, NY; BILL MCGLAUGHLIN, COMPOSER AND RADIO HOST, NEW YORK, NY  
Issue: A tribute to composer, conductor and musical parodist Peter Schickele.

Peter Schickele, who entertained musical aficionados and novices alike through his alter-ego PDQ Bach, passed away at the age of 88, and A Tempo this week offers a tribute to his musical works, both serious and humorous. Host Rachel Katz speaks with several of his musical friends and collaborators over the years – conductors Jorge Mester, who conducted the first public PDQ Bach concert, and Leonard Slatkin, who has premiered some of his works; pianist Jeffrey Biegel, who commissioned a PDQ Bach piano concerto from him; and composer, conductor and radio host Bill McGlaughlin.

**1/27/2024**

GUEST: ORLI SHAHAM, PIANIST, NEW YORK, NY  
Issue: A conversation with pianist Orli Shaham about Mozart's enduring legend.

W.A. Mozart remains one of the towering figures in Western classical music, and A Tempo host Rachel Katz this week chats about his appeal and legacy with pianist Orli Shaham, who has just wrapped up the last albums in her cycle of Mozart Sontatas. Shaham talks about what continues to make his music popular, the ways in which he pushed boundaries in his day, and how she balances traditional works like Mozart's into her repertoire alongside new commissions and music by overlooked and marginalized composers.

**2/3/2024**

GUESTS: KHORI DASTOOR, GENERAL DIRECTOR AND CEO, HOUSTON GRAND OPERA, HOUSTON, TX; BONNA KOL, PRESIDENT, ASIA SOCIETY TEXAS, HOUSTON, TX; MEILINA TSUI, COMPOSER, ORLANDO, FL; MO ZHOU, DIRECTOR, ANN ARBOR, MI.

Issue: A look at a new opera commissioned by Houston Grand Opera to celebrate the Lunar New Year with the area's Asian residents and the whole community.

As Lunar New Year events become more widespread, Houston Grand Opera, in partnership with Asia Society Texas, commissioned a new opera to stage for this year's Lunar New Year celebration. Called The Big Swim, it brings together elements of Asian and Western musical styles into an updated take on a traditional folktale. A Tempo host chats with composer Meilina Tsui, director Mo Zhou, Houston Grand Opera CEO and General Director Khori Dastoor, and Asia Society Texas President Bonna Kol about the opera and their plans to make this an annual tradition for the entire community.

**2/17/2024**

GUEST: BRENDAN COOKE, GENERAL DIRECTOR, OPERA DELAWARE, WILIMINGTON, DE.

Issue: A look at Opera Delaware's "Pop-up Opera" productions, which brings opera to schools, community centers and other places around the state by staging them on a flat-bed truck.

During the pandemic, Opera Delaware began driving its artists out to outdoor performances, including in front of hospitals and in parks, to keep bringing opera to its community. The response was so positive that the company invested in equipment to keep performing these "pop-up" operas even once Covid subsided, performing them for schools, correctional facilities, and other groups. A Tempo host Rachel Katz this week chats with Opera Delaware General Director Brendan Cooke about the initiative and how it has strengthened the company's relationship with a diverse number of its community.

**3/2/2024**

GUEST: CHARLES AMIRKHANIAN, EXECUTIVE AND ARTISTIC DIRECTOR, OTHER MINDS

Issue: A look into efforts to preserve the history and current endeavors of contemporary and experimental musicians.

An archive of decades worth of audio and video recordings about 20th and 21st century experimental and contemporary 'classical' music just went live with a new website, and A Tempo this week looks at its breadth of materials. Host Rachel Katz speaks with Charles Amirkhanian, co-founder, and executive and artistic director Charles Amirkhanian about the history of the Other Minds

Archives, how it documents the development and evolution of experimental music, and his thoughts on the current state of contemporary music.

**3/9/2024**

GUESTS: LOUISE TOPPIN, PROFESSOR OF VOICE, UNIVERSITY OF MICHIGAN, ANN ARBOR, MI; JAMES BLACHLY, MUSIC DIRECTOR, EXPERIENTIAL ORCHESTRA, NEW YORK, NY.

Issue: A preview of the Julia Perry Festival, which is marking the centennial of the birth of the African-American composer with performances of her music and lectures about her life and legacy.

As musicians are reassessing the works of composers who were overlooked or marginalized in the past, one of the African-American artists who has been receiving greater attention is Julia Perry, the first African-American woman to have a work performed by the New York Philharmonic. A Tempo host Rachel Katz this week looks at an upcoming festival marking Perry's centennial with a conversation with James Blachly, music director of the Experiential Orchestra, and Louise Toppin, a voice professor at the University of Michigan and Director of Videmus, dedicated to projects that shine a light on African-American, women and other under-represented composers.

**3/16/2024**

GUESTS: JOHN WALTHAUSER, ARTISTIC DIRECTOR, PHILADELPHIA ORGAN FESTIVAL, PHILADELPHIA, PA.

Issue: A preview of the Philadelphia Organ Festival, which includes performances at a diverse range of venues, including schools, a synagogue, and a historic Black church.

Philadelphia has a wide array of schools, churches and other venues boasting pipe organs, and a new festival is designed to highlight these instruments and gain more attention for them and their venues among the public. A Tempo host Rachel Katz this week speaks with John Walthouser, the festival's artistic director, about the venues, the instruments and the performances by a diverse range of musicians.

**3/23/2024**

GUEST: SARAH HICKS, PRINCIPAL CONDUCTOR, LIVE AT ORCHESTRA HALL, MINNESOTA ORCHESTRA, MINNEAPOLIS, MN.

Issue: A conversation about Minnesota Orchestra's Music and Healing Series.

The Minnesota Orchestra is one of the latest ensembles to offer programs that draw connections between music and wellness. Last summer it presented a concert that included speakers about the connections between music and health – including some of its own musicians sharing their stories – and several newly commissioned works that reflected the theme. The orchestra has now released an online series that includes a recording of that broadcast and a series of more

in-depth conversations with the featured speakers. A Tempo host Rachel Katz speaks with Sarah Hicks, principal conductor of the orchestra's Live at Orchestra Hall program (and former Westminster Community Orchestra conductor) about the series, and how her own personal struggles informed that program.

**3/30/2024**

GUESTS: ROSSEN MILANOV, MUSIC DIRECTOR, PRINCETON SYMPHONY ORCHESTRA, PRINCETON, NJ; MARC UYS, EXECUTIVE DIRECTOR, PRINCETON SYMPHONY ORCHESTRA, PRINCETON, NJ.

Issue: A look ahead at this summer's Princeton Festival and the Princeton Symphony Orchestra's 2024-2025 season.

The Princeton Symphony Orchestra will celebrate the 60th birthday of Music Director Rossen Milanov with a program featuring his favorite works and artists, and A Tempo this week previews that season, and the line-up of its upcoming Princeton Festival. Host Rachel Katz will speak with Milanov and Executive Director Marc Uys about the Festival's diverse selection of musical ensembles, the mix of old and new during the orchestra season, and how these choices reflect the orchestra's mission and the community.

### [WWFM JazzOn2 - Issues and Programs Report – First Quarter 2024](#)

**1/01/2024** – Making Contact – 11:00am – 11:30noon – 29:00

Issue: But Next Time – Part 4 The Road to Rebuilding and Recovering, Better Black Wall Street

Description: In this final episode of four-part series, But Next Time, our guest hosts, Chrishelle Palay and Rose Arrieta take us to Houston to continue the story of the housing justice organizers fighting for a safer, stronger future. When communities face the aftermath of catastrophes, what does it take to ensure that the next time will be different?

In Houston, it takes a city council member who bicycles in her neighborhood to hear from constituents about what they need most. It takes 12 moms who organize to take legal action against the landlords that have kept their families in moldy, substandard apartments. And it takes a city official who blows the whistle on corrupt and dangerous practices related to housing policy. □

Travel to Texas with our hosts Chrishelle Palay and Rose Arrieta to meet these changemakers in our final episode of this limited-run series. They witness people power in action, as author and artist Adrienne Maree Brown describes it, "...bending the future, together, into something we have never experienced."

**1/01/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00

Issue: Good Grief

Description: . On this week's 51%, we speak with Claudia Coenen, a certified grief counselor and thanatologist, about how to cope with grief during the holiday season. We also hear from the executive director of No Kid Hungry New York about the state of food insecurity in the U.S., and the resources available to families.

**1/02/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30  
Issue: The Ocean's Genome Craig Venter, Returns From The Sea

Description: After helping to sequence the human genome more than twenty years ago, biochemist Craig Venter seemed to recede from the public eye. But he hadn't retired. He had gone to sea and taken his revolutionary sequencing tools with him. We chatted with him about his multi-year voyage aboard the research vessel Sorcerer II, its parallels to Darwin's voyage, and the surprising discoveries his team made about the sheer number and diversity of marine microbes and their roles in ocean ecosystems.

**1/03/2024** – With Good Reason – 11:00am – 12:00noon – 54:00  
Issue: What A Makes A Place

Description: It's almost impossible to look back on family road trips without thinking of Cracker Barrel. Cracker Barrels have a distinct sense of place - like going home to your grandparents house. But they also look exactly the same wherever you go. We explore the paradox of the hominess of Cracker Barrel. And: Tim Baird and his young family recently moved into a new high tech college dorm with essentially 600 student housemates. He's young, but feels a little like Dumbledore. He's exploring how space becomes a place.

**1/05/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – TRT: 0:30:00  
Issue: Being Happy

Description: It's Time For Some Happy Talk GUEST: April Oglesby Our guest today Marriage & Family Therapist April Oglesby LMFT, LPC, ACS describes happiness as a temporary moment that has long term benefits. Join us for some happy talk as Dr. Veita Bland, M.D. and Mrs. Oglesby discuss the benefits and explore some ways we can be "being happy."

**1/07/2024** – Latino USA – 3:00pm – 4:00pm – 54:00  
Issue: Unsafe In Foster Care Episode 2

Description: We continue our investigation into the Los Angeles Department of Children and Family Services (DCFS). While looking into what happened the night Joseph Chacón died, reporter Deepa Fernandes finds out that another baby, Draco Ford, had passed away in the same foster home two months earlier.

Why weren't the other foster children, including Joseph, immediately removed after Draco died?

Also on the show, we hear from Hector Rodriguez, the creator of El Peso Hero, a comic book superhero who fights Mexican cartels and corrupt officials and who advocates for migrants on the border.

Also on the show... The story of Kate Bustamante, a 20-year-old student who became her family's main breadwinner during pandemic times.

**1/08/2024** – Making Contact – 11:00am – 11:30noon – 29:00

Issue: The Rise Of the New Labor Movement

Description: On the forefront of the next labor revolution, we visit a coffee shop in Maine called Little Dog whose workers start to organize a union and we talk to Robert Chala from the UCLA Labor Center about the rise in unionization efforts among service workers.

**1/08/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00

Issue: The Best Of 2023

Description: On this week's 51%, we look back on some of our favorite conversations and stories from 2023. Hollywood speech coach Samara Bay teaches us how to embrace the power in our voices, Dr. Heather Hirsch discusses how women can unlock their "menopause type," and our associate producer Jody Cowan stops by the practice of a roller derby league rebuilding its ranks in New York's Capital Region.

**1/09/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30

Issue: Eclectic Company - Scintillating, sundry science subjects.

Description: Are we alone in the universe? Is there other intelligence out there? COSMIC, the most ambitious SETI search yet, hopes to answer that. We hear updates on this novel signal detection project being conducted on the Very Large Array in the desert of New Mexico. Also, we chat with award-winning science fiction writer Ted Chiang about how he envisions making contact with aliens in his stories, including the one that was the basis for the movie Arrival. And find out why some scientists don't want only to listen for signals, they want to deliberately transmit messages to aliens. Is that wise?

**1/10/2024** – With Good Reason – 11:00am – 12:00noon – 54:00

Issue: Replay Writing Through

Description: We present a grab bag of our favorite recent science stories – from how to stop aging to the mechanics of cooking pasta. Also, in accord with our eclectic theme – the growing problem of space junk.

**1/12/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00  
Issue: Hair Health

Description: Natural hair is hair that hasn't been altered by chemical straighteners, including relaxers and texturizers. A trichologist is a specialist who focuses on diseases or problems related to the hair and scalp and treatments. Trichologist Tarnistrera Dublin joins Dr. Veita Bland, MD for a discussion about hair health.

**1/14/2024** – Latino USA – 3:00pm – 4:00pm – 54:00  
Issue: Maria Martin, With Love and Light

Description: THIS EPISODE TO AIR JANUARY 12, 2024 - JANUARY 18, 2024. A special episode remembering Latino USA founder and pioneer public radio journalist Maria Emilia Martin, who passed away on December 2nd, 2023. After an almost 50-year career in public media, Maria left a mark as a journalist, educator, and tireless advocate for Latinos, Latinas, and Indigenous voices in journalism in the United States and Latin America. In this hour, we hear from journalists who knew and were mentored by Maria Martin, and we present some of the extraordinary and award-winning reporting she did throughout her career.

**1/15/2024** – Making Contact – 11:00am – 11:30noon – 29:00  
Issue: Denial Of The Funk: The Impact of Racism On Our Nation's Health

Description: On today's show, we hear from noted author, scholar, and self-described intellectual freedom fighter, Dr. Cornel West. In his discussions, West uses America's music legacy as a way to explore catastrophic conditions brought on by our denial of the funk, seen through the impacts of racism on the nation's health.

**1/15/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00  
Issue: Finding Your Strength

Description: On this week's 51%, we speak with trainer Tracy Norton-Fisher about how you can build (and maintain) a workout routine that fits your goals. Our associate producer Jody Cowan also sits down with writer and Strongman competitor Alyssa Ages to talk about her book, Secrets of Giants, and learn what motivates her to lift boulders and pull trucks.

**1/16/2024**– Big Picture Science – 11:00am – 12:00noon – 54:30  
Issue: Your Mind On Movies: How they shape brains and behavior.

Description: By one estimate we spend a fifth of our lives watching movies or TV. In fact, we consume entertainment almost as habitually as we eat or sleep, activities that receive scientific scrutiny and study. So why not consider the



effects that watching movies and TV have on our minds and bodies too? When we do, we find that they are not mere escapism. A data scientist reveals why we are what we watch, and how scientists and filmmakers work, often with competing agendas, to create sci-fi entertainment.

**1/17/2024** – With Good Reason – 11:00am – 12:00noon – 54:00  
Issue: Digging In

Description: When we dig deep underground, we get a chance to dig deeper into history. Dennis Blanton is unearthing artifacts from the expedition of a Spanish conquistador who was the first European in many parts of the Southeast. And: At “The Cove” along the Staunton River students have uncovered nearly 10,000 items that paint a picture of a thousand year old Sappony Indians fishing camp.

**1/19/2024** – It’s a Matter of Your Health – 11:00am – 11:30noon – 30:00  
Issue: High Blood Pressure: What Are We Doing About it?

Description: High blood pressure accounts for the second largest number of preventable heart disease and stroke deaths, second only to smoking. It’s known as the “silent killer” because often there are no symptoms, despite its role in significantly increasing the risk for heart disease and stroke. Our guest is Shawna D. Nesbitt, MD, MS, Professor in the Department of Internal Medicine at the University of Texas at Southwestern Medical Center, Dallas, Texas, and the Medical Director of the Hypertension Clinic at Parkland Hospital. She joins Dr. Veita Bland, MD to discuss the new high blood pressure guidelines developed by the American Heart Association, American College of Cardiology and nine other professional health organizations.

**1/21/2024** – Latino USA – 3:00pm – 4:00pm – 54:00  
Issue: A special episode remembering Latino USA founder and pioneer public radio journalist Maria Emilia Martin.

Description: A special episode remembering Latino USA founder and pioneer public radio journalist Maria Emilia Martin, who passed away on December 2nd, 2023. After an almost 50-year career in public media, Maria left a mark as a journalist, educator, and tireless advocate for Latinos, Latinas, and Indigenous voices in journalism in the United States and Latin America. In this hour, we hear from journalists who knew and were mentored by Maria Martin, and we present some of the extraordinary and award-winning reporting she did throughout her career.

**1/22/2024** – Making Contact – 11:00am – 11:30noon – 29:00  
Issue: Nuclear Colonialism, and The Story “Oppenheimer” Didn’t Tell

Description: 1945. Credit: United States Department of Energy

Oppenheimer swept the Golden Globes, reigniting public interest in the Manhattan Project, the WWII-era secret program to develop the atomic bomb and the impacts of nuclear power. But what the film leaves out alters our understanding about the real impacts of this advancement.

On today's encore episode, we hear about nuclear colonialism and how it has changed the course of the people and places of New Mexico with Myrriah Gómez, author of *Nuclear Nuevo México: Colonialism and the Effects of the Nuclear Industrial Complex on Nuevomexicanos*.

Then we dig into how nuclear testing during the Cold War led to dangerous and lasting contamination in the Marshall Islands and San Francisco's Bayview Hunters Point neighborhood.

The story in the second half of today's episode was created and reported by Rebecca Bowe. It was originally commissioned and produced by the nonprofit news organization *San Francisco Public Press* as part of an upcoming audio and text series called "Exposed," with editing by Michael Stoll; archival, audio and photographic research by Chris Roberts and Stacey Carter; engineering and sound design by Mel Baker; fact-checking by Ambika Kandasamy and support from the Fund for Environmental Journalism and the California Endowment. Today's excerpted version, from the "Sandblasted at the Shipyard" audio series, had additional audio engineering and sound design by Jacob Nasim, with support from the *Breathe Network for Racial, Environmental and Climate Justice*.

**1/22/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00  
Issue: Roe v. Wade's Anniversary

Description: On the latest 51%, we mark the would-be anniversary of Roe v. Wade by speaking with Dr. Felicia Kornbluh, historian and author of *A Woman's Life is a Human Life*. Kornbluh tells the story of how her mother and neighbor contributed to the movements to decriminalize abortion and fight sterilization abuse in New York state – and how the Supreme Court went from enshrining the constitutional right to an abortion in 1973, to overturning Roe in 2022. Kornbluh also shares a few lessons from her mother's story that today's abortion rights activists can lean on in a post-Dobbs landscape.

**1/23/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30  
Issue: Tech In Check

Description: Worried that AI will replace you? It may not seem like the Hollywood writers' strike has anything in common with the Luddite rebellion in England in 1811, but they are surprisingly similar. Today we use the term "Luddite" dismissively to describe a technophobe, but the original Luddites – cloth workers – organized and fought Industrial Revolution automation and the factory bosses who were replacing humans with cotton spinning machines and steam powered

looms. Find out what our age of AI can learn from textile workers of 200 years ago about keeping humans in the loop.

**1/24/2024** – With Good Reason – 11:00am – 12:00noon – 54:00  
Issue: The Next Pandemic

Description: From AIDS in the 1990s, SARS in 2003, the H1N1 pandemic in 2009 and the modern COVID-19 pandemic, public health crises reveal as much about the psychology of a nation as the quality of its medical system. And: 14% of the world's population either currently has Lyme disease or has had it in the past. We may soon finally have a rapid, at-home test for the tick-borne ailment.

**1/26/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00  
Issue: Have You Been Diligent About Your Health?

Description: Have you been diligent about your health? A HOUSECALL WITH DR. BLAND As we near the end of the year, Dr. Veita Bland, MD, makes a house call. On today's show Dr. Bland takes to the microphone solo to discuss the things we should be doing to stay health for the rest of 2-23 and beyond.

**1/28/2024** – Latino USA – 3:00pm – 4:00pm – 54:00  
Issue: Portrait Of: Jorge Drexler

Description: Uruguayan singer-songwriter Jorge Drexler knows what it's like to live different lives within one. An ENT doctor until his early 30's, he then decided to leave medicine behind, as well as his life in Uruguay, to pursue a musical career in Spain. In this episode of Latino USA, the multiple award-winning musician walks us through key moments in his career, including the creative process behind his latest album "Tinta y tiempo" — and drops a few gems about his personal life on the way.

Also on the show... Mexican chef and cookbook author Margarita Carrillo Arronte shares some of her favorite dishes across Mexico's diverse regions.

**1/29/2024** – Making Contact – 11:00am – 11:30noon – 29:00  
Issue: Introduction of new staff and year in review.

Description: This week's show features a conversation among the entire Making Contact production team. Long-time producers Anita Johnson and Salima Hamirani and interim Senior Producer Jessica Partnow introduce our newest members, Lucy Kang, Amy Gastelum, and Jina Chung. Together, the team reviews highlights from shows aired last year and previews what they are each working on for 2023 and beyond. Along the way, they discuss their collective vision for Making Contact and what makes it stand out in a vast and varied media landscape.

**1/29/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00

Issue: Twenty Dollars and Change

Description: On the latest 51%, we speak with Dr. Clarence Lusane about his latest book, "Twenty Dollars and Change: Harriet Tubman and the Ongoing Fight for Racial Justice and Democracy," on the lifelong activism of Harriet Tubman and the ongoing debate over the future of the \$20 bill. Our associate producer, Jody Cowan, also sits down with farmer and author Leah Penniman about her upcoming collection "Black Earth Wisdom: Soulful Conversations with Black Environmentalists."

**1/30/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30

Issue: Lady Parts - Overlooked medical science.

Description: The Supreme Court's ruling on Roe has ignited fierce debate about bodily autonomy. But it's remarkable how little we know about female physiology. Find out what studies have been overlooked by science, and what has been recently learned. Plus, why studying women's bodies means being able to say words like "vagina" without shame, a researcher who is recreating a uterus in her lab to study endometriosis, and an overdue recognition of medical pioneer Dr. Rebecca Lee Crumpler.

**1/31/2024** – With Good Reason – 11:00am – 12:00noon – 54:00

Issue: The Voyage of the USS Albatross

Description: In 1908, the U.S.S. Albatross set off on a research expedition to the newly acquired U.S. colony of the Philippines. Kent Carpenter is studying the more than 80,000 fish samples collected by the Albatross to uncover how over-fishing is actually changing fish genetics. And: The Chukar Partridge is a common ground-bird found in parts of Asia and the western United States. Scientists believe this species is the key to understanding the evolutionary link between dinosaurs and birds. Also: A look at "Toad ay"-- the one night that all toads in a single region mate.

**2/02/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00

Issue: Have You Been Diligent About Your Health?

Description: Have you been diligent about your health? A HOUSECALL WITH DR. BLAND As we near the end of the year, Dr. Veita Bland, MD, makes a house call. On today's show Dr. Bland takes to the microphone solo to discuss the things we should be doing to stay health for the rest of 2-23 and beyond

**2/04/2024** – Latino USA – 3:00pm – 4:00pm – 54:00

Issue: Notable Women in Music: Maria Grever

Description: In 1916, Maria Grever set foot in New York City with her 2 children in tow. She was a Mexican composer who allegedly was sent to the city by her

husband to escape political turmoil amidst the Mexican Revolution. But Maria Grever wasn't just any composer. She composed anywhere from 800 -1000 songs spanning from the early 20s until her death in 1951, yet many have never even heard her name. Today, Latino USA breaks down the amazing life and story of Maria Grever.

Also on the show... Brooklyn-based author Xochitl Gonzalez shares how having militant activist parents and being a wedding planner planted the seed for her bestselling debut novel, *Olga Dies Dreaming*.

**2/05/2023** – Making Contact – 11:00am – 11:30noon – 29:00

Issue: Uncovering The History Of The Massacre Of Black Wall Street.

Description: In the first of our 3 part series leading up to Black History Month, we focus in on how journalists and historians today are covering the Tulsa Race Massacre. KalaLea, producer and host of the podcast *Blindspot: Tulsa Burning*. She talks about how the series led coverage of the brutal 1921 attack on a prosperous Black Greenwood neighborhood in Tulsa, known as Black Wall Street. Then we'll hear from Tulsa's Tri-City Collective who continue to investigate the history.

**2/05/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00

Issue: "Dear Sister" and criminalized survivors.

Description: On this week's 51%, we speak with author Michelle Horton about the concept of "criminalized survivors," and her new memoir recounting her family's side of the high-profile murder case in which her sister was sentenced to prison in 2020. We also tune into a recent forum on violence against women, and our Associate Producer, Jody Cowan, checks in with a Palestinian college student speaking out about the Israel-Hamas war from her campus in east Jerusalem.

**2/06/2024** – Big Picture Science – 11:00am – 12:00 - 54:30

Issue: Hypnosis

Description: You are getting sleeeepy and open to suggestion. But is that how hypnotism works? And does it really open up a portal to the unconscious mind? Hypnotism can be an effective therapeutic tool, and some scientists suggest replacing opioids with hypnosis for pain relief. And yet, the performance aspect of hypnotism often seems at odds with the idea of it being an effective treatment. In our regular look at critical thinking, *Skeptic Check*, we ask what part of hypnotism is real and what is an illusion. Plus, we discuss how the swinging watch became hypnotism's irksome trademark.

**2/07/2024** – With Good Reason – 11:00am – 12:00noon – 54:00

Issue: Taking the Shot

Description: In mid-December, Dr. Taison Bell rolled up his sleeve to be one of the first people in his community to get a COVID-19 vaccine. Today he shares why he got the vaccine and how we can get it to as many Americans as possible. And: Navigating social lives in the time of Covid can be awkward. How do you tell your friends, "No, I won't be joining you at that restaurant, but yes, we can take a walk in the park together" without having to explain or excuse? A new "Covid Risk Scale" might help.  
Plus : A new effort to increase access to life-saving medications.

**02/09/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00  
Issue: Dr. Veita Bland Answers Your Questions

Description: Dr. Veita Bland Answers Your Questions

**2/11/2024** – Latino USA – 3:00pm – 4:00pm – 54:00  
Issue: Xavier Becerra on Health, Immigration and Latino Representation.

Description: The Department of Health and Human Services oversees several agencies: The Centers for Disease Control and Prevention, the Food and Drug Administration and the Office of Refugee Resettlement are just a few of them. But since its founding in 1953, HHS had never been led by a Latino, until now. In this episode Maria Hinojosa sits down with the first Latino to lead the department, Xavier Becerra. They discuss mental health, Latino representation in the Biden-Harris White House, immigration and much more. so on the show, a conversation with □comedian, actress, writer and activist□Aida Rodriguez.

**2/12/2024** – Making Contact – 11:00am – 11:30noon – 29:00  
Issue: Tulsa's Black History Saturday School.

Description: 2021 marked the centennial of the Tulsa Race Massacre – a horrific attack white people waged against Greenwood, a once prosperous Black neighborhood in north Tulsa, Oklahoma. Also in 2021, state legislators passed a law that limits how race is discussed in classrooms. □  
Tulsa activists say HB 1775 prevents descendants of those who built Greenwood from being able to acknowledge the attack, and also Greenwood's success. In response, activist Kristi Williams rallied her community to start Black History Saturdays, where 120 Black Tulsans are using an intergenerational model to learn their history.

**2/12/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00  
Issue: What Black Women Taught Us.

Description: On the latest 51%, we hear from Syracuse University professor and columnist Dr. Jenn M. Jackson about their new book, What Black Women Taught Us: An Intimate History of Black Feminism, underscoring the legacy of Black

women writers and leaders, and their contribution to America's modern social movements.

**2/13/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30

Issue: The Wrong Stuff, From self-sufficient primates to nonstop shoppers.

Description: By one estimate the average American home has 300,000 objects. Yet our ancient ancestors had no more than what they could carry with them. How did we go from being self-sufficient primates to nonstop shoppers? We examine the evolutionary history of stuff through the lens of archeology beginning with the ancestor who first picked up a palm-sized rock and made it into a tool.

**2/14/2024** – With Good Reason – 11:00am – 12:00noon – 54:00

Issue: Expanding Our Origin Story.

Description: Clint Smith (The Atlantic) is the author of the award-winning book, How the Word is Passed: A Reckoning with the History of Slavery Across America. He traveled to 9 historic sites to understand how slavery is remembered and taught. Also: The story of how descendants of enslaved workers gained structural parity at James Madison's plantation home, Montpelier.

**2/16/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00

Issue: Heart Health

Description: HEART HEALTH GUEST: DR. KARDIE TOBB, CARDIOLOGIST February is American Heart Month. Cardiologist Dr. Kardie Tobb, the Director Women's Heart Health /Cardio-Obstetrics Clinic, Clinical Integration officer Center for Health Equity at Cone Health join Dr. Bland to talk about how the adoption of healthy lifestyles can help prevent heart disease, which is the leading cause of death in the United States.

**2/18/2024** – Latino USA – 3:00pm – 4:00pm – 54:00

Issue: Reclaiming Our Homes.

Description: In March of 2020, Martha Escudero and her two daughters became the first of over a dozen families to occupy vacant properties owned by the California Department of Transportation in Los Angeles. Some call them squatters, but they call themselves the Reclaimers. This is the story of how these houses came to be empty.

**2/19/2024** – Making Contact – 11:00am – 11:30noon – 29:00

Issue: Building Back Black Wall Street.

Description: Black Wall Street, or the historically Black neighborhood Greenwood, Oklahoma is the site of a once prosperous, thriving, Black community. It is also the site of the 1921 Tulsa Race Massacre, a violent attack

waged by white supremacists, killing hundreds of residents and leveling homes and businesses.□

In the second episode of our three part Black History Month series, we talk about how the community built back. In fact, Greenwood's economic heyday came 20 years later, in the 1940s. Then came the 1950s-60s, when Urban Renewal projects gave the city of Tulsa federal funds to buy out Black land owners. This loss of ownership undercut Greenwood's very existence. Now Greenwood Okies, pulling from their history, are building Tulsa's future, despite continued discrimination.

**2/19/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00

Issue: HBCU Made

Description: On this week's 51%, we hear from NPR Weekend Edition Host Ayesha Rascoe about how her experience at Howard University shaped her into the reporter she is today. Rascoe is the editor behind a new collection of essays called HBCU Made: A Celebration of the Black College Experience, with contributions from alumni like Oprah Winfrey, Stacey Abrams, and more. Our Associate Producer, Jody Cowan, also catches up with Deshanna Wiggins – another HBCU grad, and CEO of the Albany Black Chamber of Commerce. And we remember disability rights advocate and professor Brooke Ellison, who died last week at the age of 45.□

**2/20/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30

Issue: Alien Says What?

Description: Whales are aliens on Earth; intelligent beings who have skills for complex problem-solving and their own language. Now in what's being called a breakthrough, scientists have carried on an extended conversation with a humpback whale. They share the story of this remarkable encounter, their evidence that the creature understood them, and how the experiment informs our Search for Extraterrestrial Intelligence. After all, what good is it to make contact with ET if we can't communicate?

**2/21/2024** – With Good Reason – 11:00am – 12:00noon – 54:00

Issue: Selfish

Description: Imagine if everyday you went to work and pretended to be someone else. That's life for professional actors. Drama professor Robyn Berg self care is essential for acting professionals to stay themselves while pretending to be other people. And: Self care is often conflated with selfishness. But teachers and healthcare workers are so overworked they're being encouraged to say no when they need to practice self care. Plus: A new finding that women experience PTSD different than men.

**2/23/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00



Issue: Loneliness

Description: LONELINESS GUEST: Dr. Nannette Smith Funderburk, Ph.D Some people describe loneliness as the feeling we have when our need for social contact and relationships isn't met. But loneliness isn't the same as being alone. You may feel content without much contact with other people. But others may find this a lonely experience. Some people may only feel lonely at certain times. Join Dr. Bland as she welcomes guest Dr. Nannette Smith Funderburk, Ph.D., LCMHC-S from the Social and Emotional Learning Group, PLLC, to discuss loneliness..

**2/24/24** – Latino USA – 3:00pm – 4:00pm – 54:00

Issue: The Matter Of Castro Tum, Puerto Rican experimental band Buscabulla

Description: In 2018, a young Guatemalan man named Reynaldo Castro Tum was ordered deported even though no one in the government knew where he was. More than two years later, his unusual journey through the United States' immigration system sucked Roland Sylvain, a Haitian American man who came to the United States legally almost four decades ago, back into a legal quagmire he thought that he'd escaped. On this episode of Latino USA we reveal how the Castro Tum case has upended tens of thousands of immigrants' lives. Also on the show, "How I Made It," with Puerto Rican experimental band Buscabulla.

**2/26/2024** – Making Contact – 11:00am – 11:30noon – 29:00

Issue: Giving Baynard Ruskin His Flowers.

Description: Today, we continue celebrating Black history and heritage with a special encore episode honoring an often-forgotten civil rights leader. We take a look at the life and legacy of Bayard Rustin, a central figure in the and organizer of the 1963 March on Washington. Rustin was a trusted advisor to labor leader A. Phillip Randolph and Dr. Martin Luther King, Jr.

Rustin's methodology for challenging racial inequality and imperialism centered on his intersectional perspective on race, class, gender, and sexuality. This episode combines film excerpts, insightful interviews and speeches from this important figure of the civil rights movement who envisioned and organized for the best future.

Special Thank You to Nancy Kates and Bennett Singer the producers/directors of Brother Outsider: The Life of Bayard Rustin and Sam Pollard, the executive director. And to the Pacifica Radio Archives for use of the Bayard Rustin archival materials.

**2/26/2023** – Fifty One Percent – 11:30am – 12:00noon – 30:00

Issue: Carol Chummy

Description: On this week's 51%, we speak with former Tennessee state legislator and judge Carol Chumney about the lessons she's learned from her long-running political career, and the barriers that often keep women from the political arena. We also hear from the founder of a Florida nonprofit supporting homeless youth, and learn about a new financial literacy initiative in Vermont aimed at helping survivors of domestic violence.

**2/26/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30  
Issue: Lithium Valley - culture, technology, environment, batteries.

Description: The discovery of a massive amount of lithium under the Salton Sea could make the U.S. lithium independent. The metal is key for batteries in electric vehicles and solar panels. But the area is also a delicate ecosystem. We go to southern California to hear what hangs in the balance of the ballooning lithium industry, and also how we extract other crucial substances – such as sand, copper and iron– and turn them into semiconductors, circuitry and other products upon which the modern world depends.

**2/27/2024** – With Good Reason – 11:00am – 12:00noon – 54:00  
Issue: Life Without Borders.

Description: Victorian poet Alice Meynell, a mother of eight children, described motherhood as “life without boundaries.” We explore the poet's complicated feelings on mothering. And: The 2003 Haitian novel, *The Infamous Rosalie*, tells the stories of generations of women who are enslaved on a plantation. For these women mothering was a particularly complicated act. Plus: The experiences of postpartum depression that used to be whispered about are now shouted on tik tok and instagram. Maternal depression changes how mothers parent.

**3/01/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00  
Issue: Hypertension

Description: Hypertension, also known as high blood, is defined as blood pressure above 140/90 and is considered severe if the pressure is above 180/120. High blood pressure often has no symptoms. Over time, if untreated, it can cause health conditions, such as heart disease and stroke. With nearly four decades of experience in treating people with hypertension Dr. Veita J. Bland, M.D. has a wealth knowledge on the prevention and treatment of hypertension. She shares her knowledge on this episode.

**3/03/2024** – Latino USA – 3:00pm – 4:00pm – 54:00  
Issue: Javier Zamora on the Role of a Writer in Today's World, Myriam Gurba Unmasks the Creeps.

Description: Javier Zamora comes from a tradition of writers in El Salvador who used poetry to denounce injustices, the 'Generación Comprometida.' In his work,

Javier has shared some of the most intimate and difficult moments of his own history in the award-winning poetry collection 'Unaccompanied' and in the New York Times best-selling memoir 'Solito'. In this conversation, Javier shares what it was like to return to those painful moments in his writing, the complicated relationship he has with El Salvador, and more.

Mexican singer and song-writer Julieta Venegas talks about her new album, "Tu historia," and her decision to simplify her life by moving to Buenos Aires.

**3/04/2024** – Making Contact – 11:00am – 11:30noon – 29:00

Issue: The Feminist Birth Of The Home Pregnancy Test.

Description: In 1965 Margaret Crane was a young designer creating packaging for a pharmaceutical company. Looking at the rows of pregnancy tests she thought, "Well, women could do that at home!" and so she made it a reality for potentially pregnant people to be able to know about and take control of their own lives and bodies. □

But while the design of the prototype was simple, Crane faced the issues we continue to fight when it comes to reproductive rights and the health and autonomy of people who give birth: an uphill battle to convince the pharmaceutical companies, the medical community and conservative social leaders that at-home pregnancy testing was safe and necessary. After all this, Crane is only now receiving credit for her contributions to the industry.

**3/04/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00

Issue: Wild Women

Description: On the latest □51%, it's Women's History Month! We speak with the directors and flight attendants behind PBS' new American Experience film □Fly With Me, about how the first female flight attendants in the U.S. fought for equal labor protections — and contributed to the broader feminist movement in the process. Author Shelley Fraser Mickle also dives into the fascinating life of first daughter Alice Roosevelt in □White House Wild Child. □

**3/05/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30

Issue: British archaeologist Howard Carter

Description: A century ago, British archaeologist Howard Carter opened the only surviving intact tomb from ancient Egypt. Inside was the mummy of the boy king Tutankhamun, together with "wonderful things" including a solid gold mask. Treasure from King Tut's crypt has been viewed both in person and virtually by many people since. We ask what about Egyptian civilization so captivates us, thousands of years later. Also, how new technology from modern physics allows researchers to "X-Ray" the pyramids to find hidden chambers.

**3/06/2024** – With Good Reason – 11:00am – 12:00noon – 54:00

Issue: Mere Difference

Description: Living with a disability can be hard. But it doesn't have to lead to a life less lived. Elizabeth Barnes says her own diagnosis of early onset Parkinson's Disease made her confront the reality of finding the unexpected joys in disability. And: Without access to sign language with others at a very early age, deaf kids are at a disadvantage and often delayed in their development. But many parents don't have the resources to become fluent in sign language. Plus: A woman who was diagnosed with MS lived in dread of telling her boss about it in case she was fired.

**3/08/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00

Issue: Ageism

Description: Ageism, which is bias against, discrimination towards, or bullying towards individuals and groups based on their age is real. AARP reports two out of three workers between ages 45 and 74 say they have seen or experienced age discrimination at work; job seekers over age 35 cite it as a top obstacle to getting hired. And if you happen to work in the high-tech or entertainment industries, your chances of experiencing age discrimination are even higher. Our guest today, Dr. Teresa L. Fry Brown teaches a class about ageism bringing the academic, personal, and professional lenses to the subject.

**3/10/2024** – Latino USA – 3:00pm – 4:00pm – 54:00

Issue: Latino Hustle: Oscars 2024

Description: THIS EPISODE TO AIR MARCH 1, 2024 - MARCH 7, 2024.

The 96th Oscars ceremony is a new opportunity for Latinos and Latin Americans in the moviemaking business to be recognized for excellence in cinema. America Ferrera has earned her first Oscar nomination and Colman Domingo has become the first Afro-Latino nominated for best actor.

There are several Latinos and Latin Americans nominated who you may not have heard about yet. We spoke to Andes survivor Roberto Canessa and actor Matias Recalt from "The Society of the Snow;" director Maite Alberdi from "The Eternal Memory;" and producer Phil Lord from "Spider-Man: Across the Spider-Verse."

**3/11/2024** – Making Contact – 11:00am – 11:30noon – 29:00

Issue: The Ethical Dilemma of Geoengineering & Global Warming

Description: Geoengineering is defined as some emerging technologies that could manipulate the environment and partially offset some of the impacts of climate change. Seems like the perfect solution for a consumerist society that lives on instant gratification and can't stop polluting even at the risk of our futures, right? □

Well, let's slow down. Today we'll discuss the dangers of geoengineering and the ethics of the fact that these new technologies are being tested on Indigenous lands. □

**3/11/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00

Issue: Krystale Littlejohn and Rickie Solinger on "Fighting Mad"

Description: On the latest 51%, we speak with the editors of Fighting Mad, a new book of essays reimagining the abortion rights — or rather, reproductive justice — movement. WAMC's Samantha Simmons also brings us to a public hearing on the proposed closure of Burdett Birth Center in Troy, New York, and we learn about the life and career of American photographer Rollie McKenna. Guests: Krystale E. Littlejohn, Associate Professor of Sociology at the University of Oregon, author, and editor of the Reproductive Justice book series from University of California Press; Rickie Solinger, historian, curator, author and editor of the Reproductive Justice book series from University of California Press. You can find Fighting Mad: Resisting the End of Roe v. Wade here. □

**3/12/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30

Issue: Skeptic Check: The Body Electric - Can electricity replace medications?

Description: Electricity plays an important role in our everyday lives, including allowing our bodies to communicate internally. But some research claims electricity may be used to diagnose and treat disease? Could electric pulses one day replace medications? We speak with experts about the growing field of bioelectric medicine and the evidence for electricity's healing abilities. Their comments may shock you.

**3/13/2024** – With Good Reason – 11:00am – 12:00noon – 54:00

Issue: Destroying the Soul

Description: The brutal state-run political prisons in the Arab world are meant to instill fear and destroy the soul. They have roots in colonialism. And: The death of Mahsa Amini following her arrest by the Iranian morality police for not wearing her head scarf properly sent convulsions throughout Iran. The government has responded in brutal fashion. Also: China recently brokered a truce between Saudi Arabia and Iran over their proxy war in Yeman. One analyst says China's emergence in the region may actually be a good thing for the U.S.

**3/15/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00

Issue: Are Measles Back?

Description: Are Measles Back? GUEST: Dr. Cynthia Snider, At least 41 cases of measles have been reported in the U.S. across 16 states so far this year, according to new weekly figures published by the Centers for Disease Control and Prevention. Dr. Cynthia Snider, MD, MPH, and the medical director of infection prevention at Cone Health in Greensboro, NC joins Dr. Veita Bland, MD, to discuss measles, COVID, and other infectious diseases.

**3/17/2024** – Latino USA – 3:00pm – 4:00pm – 54:00

Issue: Toñita's Club Fights Erasure

Description: THIS EPISODE TO AIR MARCH 8, 2024 - MARCH 14, 2024. When you enter the Caribbean Social Club, or 'Toñita's', it feels like you could be in your grandmother's living room, and that's exactly what its owner, Maria Antonia Cay, —better known as Toñita—was aiming for when she opened the club in the 1970s. Over the years, Toñita has faced ever greater challenges to stay open. In this episode, we follow Toñita through her latest hurdle and learn how the Puerto Rican community in Los Sures has kept culture alive.

Also on the show, Argentine writer Samanta Schweblin shares her fascination with the blurry lines between what's normal and what's strange.

**3/18/2024** – Making Contact – 11:00am – 11:30noon – 29:00

Issue: The Ethical Dilemma of Geoengineering & Global Warming

Description: Geoengineering is defined as some emerging technologies that could manipulate the environment and partially offset some of the impacts of climate change. Seems like the perfect solution for a consumerist society that lives on instant gratification and can't stop polluting even at the risk of our futures, right? □

Today we'll discuss the dangers of geoengineering and the ethics of the fact that these new technologies are being tested on Indigenous lands. □

**3/18/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00

Issue: Far Out

Description: On this week's 51%, our associate producer Jody Cowan catches up with NASA astronaut, engineer, and chemist Tracy Caldwell Dyson ahead of her third mission to the International Space Station later this month. During her six-month stay, Dyson will help maintain station equipment and contribute to a number of ongoing science experiments. WAMC's Ian Pickus also speaks with NPR science correspondent Nell Greenfieldboyce about her new book, *Transient and Strange*.

**3/19/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30

Issue: Feet Don't Fail Me, Bipedalism and what makes us human.

Description: Standing on your own two feet isn't easy. While many animals can momentarily balance on their hind legs, we're the only critters, besides birds, for whom bipedalism is completely normal. Find out why, even though other animals are faster, we're champions at getting around. Could it be that our upright stance made us human? Plus, why arches help stiffen feet, the argument for bare-

footin', and 12,000-year old footprints that tell a story about an Ice Age mother, her child, and a sloth.

**3/20/2024** – With Good Reason – 11:00am – 12:00noon – 54:00

Issue: United We Stand: Telling Our Story

Description: Enya Cid moved from Mexico to the U.S. as a three-year-old. She says this country is her home, but her right to stay here never feels certain. Enya and Nataly Montano, who immigrated to the U.S. from Bolivia, and other first-generation immigrants in a writing workshop share their stories and essays. Their teacher, playwright Isaiah Stavchansky, explains how the writing workshop empowers immigrants as Americans.

**3/22/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00

Issue: Colorectal Cancer

Description: March is Colorectal Cancer Awareness Month Guest: Dr. Rahda Menon Colorectal cancer is the second deadliest cancer in the United States. Yet it's one of the few cancers that's preventable thanks to screening. March is Colorectal Cancer Awareness Month, and Dr. Radha Menon a Board-Certified Gastroenterologist with Bethany Medical, joins Dr. Veita Bland, MD to share the good news that colorectal cancer is preventable and, if detected early, is highly curable.

**3/24/2024** – Latino USA – 3:00pm – 4:00pm – 54:00

Issue: Alex Padilla, From California To Capitol Hill

Description: THIS EPISODE TO AIR MARCH 15, 2024 - MARCH 22, 2024. It was an anti-immigrant initiative in his home state of California that pushed Alex Padilla into politics, now he is making history as the first Latino to represent California in the U.S. Senate. In this extended interview with Padilla, Maria Hinojosa asks the senator about Prop 187, the controversial 1994 ballot measure that politicized Padilla and many other Latinos of his generation. They also discuss the Senator's career-long focus on voting rights and the threats they face today.

Also on the show, we meet some of the Latinos working on the most recent and historic mission to Mars.

**3/25/2024** – Making Contact – 11:00am – 11:30noon – 29:00

Issue: Who's Afraid Of DEI? Interrogating Gender and Race In the Workplace.

Description: "There was not a moment that I came into the workplace and thought that I would belong or be treated properly or equally." □ Ruchika Tulshyan, □ a workplace inclusion expert, □ paraphrases an interview with □ Ijeoma

Oluo, a thought leader on race in America, for Tulshyan's book, Inclusion on Purpose.

In the conversation featured in this episode, these two women talk about Ruchika's misassumptions about race and gender in the workplace in her first book, and the intersection of race and gender as it differently and more severely impacts women of color. They discuss the immigrant experience, the subtle and overt ways immigrants and non-Black people of color are encouraged to hold up white supremacy and propagate anti-Blackness, and how we work to dismantle these and build workplaces where women of color feel safe, respected, and supported.

**3/25/2024** – Fifty One Percent – 11:30am – 12:00noon – 30:00  
Issue: Underestimated

Description: On this week's 51%, public speaker and mentor Chelsey Goodan provides insight on the wisdom and power of teenage girls. For years, Goodan has been working with girls one-on-one and speaking with them about mental health, body image, social media, boys, friendships, and parents. In her new book Underestimated, Goodan explores why we, as a society, so often restrict and belittle girls at an age when they're supposed to be gaining independence. Goodan also shares how parents can empower their daughters in this crucial moment.

**3/26/2024** – Big Picture Science – 11:00am – 12:00noon – 54:30  
Issue: Asteroid Mining, How Feasible is it?

Description: Asteroids are rich in precious metals and other valuable resources. But mining them presents considerable challenges. We discuss these, and consider how these spinning, rocky resources might be the key to a space-faring future. But an economist points out the consequences of bringing material back to Earth, and a scientist raises an ethical question; do we have an obligation to keep the asteroids intact for science?

**3/28/2024** – With Good Reason – 11:00am – 12:00noon – 54:00  
Issue: Understanding Child Trauma

Description: Childhood Trauma GUEST: Dr. Nannette Smith Funderburk Child trauma occurs more than you think. More than two thirds of children reported at least one traumatic event by age 16. Dr. Nannette Smith Funderburk, Ph.D., LCMHC-S with The Social and Emotional Learning Group, PLLC joins Dr. Bland for a wide-ranging discussion about the causes and solutions to child trauma

**3/30/2024** – It's a Matter of Your Health – 11:00am – 11:30noon – 30:00  
Issue: Social Determinants of Health



Description: The Social Determinants Of Health Guest: Dr. Ruth Phillips Social determinants of health are the conditions in which people are born, grow, live, work and age. They include factors like socioeconomic status, education, neighborhood and physical environment, employment, and social support networks, as well as access to health care. Dr. Ruth Phillips, health equity director and Tribal Liaison for United Healthcare joins Dr. Bland to discuss the social determinants of health and how health insurance can help fill the gap.

**END Quarter One 2024.**