



Fourth Quarter Issues & Programs 2023

WWFM/WWNJ/WWCJ/WWPJ

In this report **WWFM** refers to the whole network of stations.

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WWFM's public affairs program *A Tempo* with Rachel Katz airs Saturdays at 7 pm on The Classical Network. This is a half-hour interview program featuring members of our cultural and educational communities who speak with the host about various issues of interest/concern to our listeners. Given WWFM's *The Classical Network's* all classical music format, *A Tempo* explores issues of the arts community and issues of a cultural nature. Additional public affairs programming is presented by WWFM's JazzOn2, an HD2 station, and that programming is described below the *A Tempo* section of this report. MCCC refers to WWFM's parent organization, Mercer County Community College, its main campus located in West Windsor, NJ, with an additional campus in downtown Trenton, NJ, the partial studio home of JazzOn2.

### *A Tempo*: Guests, Issues and Program Narratives – Fourth Quarter 2023

**10/7/2023**

GUESTS: MEREDITH RAINEY, CHOREOGRAPHER, PHILADELPHIA, PA; MIRANDA SCRIPP, COMPOSER, NEW YORK UNIVERSITY, NEW YORK, NY.

Issue: A conversation with veteran choreographer Meredith Rainey and composition student Miranda Scripp about the upcoming premiere of their first work together, which will open the season this month for American Repertory Ballet.

Veteran choreographer Meredith Rainey has known Miranda Scripp since Scripp's days growing up as the daughter of a conductor at Pennsylvania Ballet. Now that Scripp is

studying composition, Rainey turned to her when he was commissioned to create a piece for American Repertory Ballet, and A Tempo this week features a conversation with them about their collaboration. Host Rachel Katz will speak with them about how they created both the music and the movement of the work, and what they learned through the process.

### **10/14/2023**

GUESTS: LORRAINE GOODMAN, EXECUTIVE DIRECTOR, WESTRICK MUSIC ACADEMY, WEST WINDSOR, NJ; LARA DOWNES, PIANIST/COMPOSER, LOS ANGELES, CA.

Issue: A conversation with the incoming executive director of Westrick Music Academy, which is comprised of the Princeton Girlchoir and Princeton Boychoir, and her plans to move the programs forward and make them more accessible.

Westrick Music Academy has named veteran stage singer and performer Lorraine Goodman as its next executive director, and A Tempo host Rachel Katz this week speaks with her about her plans, the importance of music education, and her vision for the programs, which include an intention to make the programs accessible to a broader population. The program also includes a rebroadcast of Rachel's interview last spring with pianist and composer Lara Downes about her new release of music about dreams, hopes and renewal.

### **10/21/2023**

GUESTS: ERIC JACOBSON, ARTISTIC DIRECTOR, THE KNIGHTS, NEW YORK, NY; COLIN JACOBSON, ARTISTIC DIRECTOR, THE KNIGHTS, NEW YORK, NY.

Issue: A look at a commissioning project by The Knights asking a diverse range of composers to write their own rhapsodies as a tribute or answer to George Gershwin's Rhapsody in Blue.

George Gershwin's Rhapsody in Blue, which fused classical and jazz traditions into an iconic American work, celebrates its 100th anniversary in 2024, and A Tempo this week looks at a commissioning project by New York-based ensemble The Knights that pays tribute to this work.

### **10/28/2023**

GUESTS: A. BRAD SCHWARTZ, AUTHOR AND PHD CANDIDATE, PRINCETON UNIVERSITY, PRINCETON, NJ; AYLIN GREEN, EXECUTIVE DIRECTOR, WEST WINDSOR ARTS COUNCIL,

WEST WINDSOR, NJ.

Issue: A look at an upcoming celebration marking the 85th anniversary of Orson Welles's War of the Worlds broadcast that includes a presentation on the relevance of that event to the concerns over "fake news" and trust in mass media being considered today.

Orson Welles's 1938 broadcast of his radio adaptation of H.G. Wells's "War of the Worlds" prompted various reactions, including concerns over the growing power of the media and its risks, many of which are still being faced with social media and other technological advances. As part of an 85th anniversary celebration marking the broadcast, the West Windsor Arts Council, will feature a talk by Princeton PhD Candidate and Author A. Brad Schwartz about these concerns, and A Tempo this week features a conversation with Schwartz. The program also includes an interview about the event with Aylin Green, executive director of the arts council, which located not far from Grovers Mill, the site chosen by Welles's as the center of his radio play.

**11/4/2023**

GUESTS: SARAH JOHNSON, CHIEF EDUCATION OFFICER AND WEILL MUSIC INSTITUTE DIRECTOR, CARNEGIE HALL, NEW YORK, NY; SEAN JONES, TRUMPETER AND HOST, GREAT MUSIC TEACHING PODCAST, NEW YORK, NY.

Issue: A look at Carnegie Hall's first ever podcast series, which focuses on music educators, their careers and stories, and the impact they have on their students.

The new podcast series Great Music Teaching, featuring conversations with music educators about their careers and impact on their students, is the first foray into that medium for Carnegie Hall, and A Tempo this week takes a closer look at the series, produced by Carnegie Hall's Weill Music Institute. Host Rachel Katz will speak with Carnegie Hall Chief Education Officer and Weill Music Institute Director Sarah Johnson and podcast host, Sean Jones, about the goals and themes of the podcast series.

**11/11/2023**

GUESTS: ELISE PASCHEN, POET, CHICAGO, ILL.

Issue: A conversation about ballet dancer Maria Tallchief, whose likeness appears on new U.S. quarters and dollar coins issued this year.

Maria Tallchief, the first Native American prima ballerina, is featured on both a dollar coin and a quarter that were issued by the U.S. Mint this year in separate series

celebrating U.S. women and Native Americans, and A Tempo looks at the significance of this recognition for both Tallchief's own legacy and for the Osage Nation of which she was a part. Host Rachel Katz will speak with Elise Paschen, Tallchief's daughter, about Tallchief's legacy, her connections with her Osage heritage, and some of the events that have taken place to celebrate this latest honor.

**11/18/2023**

GUESTS: SARAH JOHNSON, CHIEF EDUCATION OFFICER AND WEILL MUSIC INSTITUTE DIRECTOR, CARNEGIE HALL, NEW YORK, NY; DEBORAH PRESTON, PRESIDENT, MERCER COUNTY COMMUNITY COLLEGE, WEST WINDSOR, NJ

Issue: A look at Carnegie Hall's newly introduced "well-being concert series," and a chat with MCCC's president about her involvement in the arts.

Carnegie Hall recently announced the introduction of its Well-Being Concerts, which will combine musical performances with some aspect of mindfulness and wellness. This program joins a growing number of other wellness-oriented initiatives sponsored by venues or presenting organizations, and A Tempo this week follows up on this new program. Host Rachel Katz will speak with Carnegie Hall Chief Education Officer and Weill Music Institute Director Sarah Johnson about the new series. The program also features a conversation with Mercer County Community College President Deborah Preston, who is reaching back to her theater roots as she takes the stage in the latest production at the college's Kelsey Theatre.

**12/25/2023**

GUESTS: AUBREY BERGAUER, CONSULTANT AND CEO, CHANGE THE NARRATIVE, SAN FRANCISCO, CA; GABRIEL VAN AALST, PRESIDENT AND CEO, NEW JERSEY SYMPHONY, NEWARK, NJ

Issue: An updated look at the challenges facing orchestras in the post-Covid era, including a conversation with NJ Symphony President and CEO Gabriel van Aalst.

The lingering impacts of the Covid pandemic and resulting lock-down continue to present challenges such as smaller audiences and rising expenses to performing arts organizations. A Tempo host Rachel Katz this week speaks with New Jersey Symphony President and CEO Gabriel van Aalst about the orchestra's decision to drop several concert weekends, while adding extra performances to some remaining program weekends, and other ways in which the orchestra is retooling in light of post-Covid audiences and economic factors. The program also includes an interview with former

arts administrator Aubrey Bergauer, consultant and CEO of Change the Narrative, about the broader picture of orchestras' post-Covid realities.

**12/2/2023**

GUESTS: VICTORIA BOND, COMPOSER, NEW YORK, NY; PAUL BARNES, PIANIST AND GREEK ORTHODOX CHANTER, LINCOLN, NE

Issue: A discussion about the role of chant traditions in liturgical music, focusing on an upcoming concert of new music based on Greek Orthodox and Jewish chant.

A concert later this month at the Manhattan Greek Orthodox church that finally reopened after being destroyed during the 9/11 World Trade Center attacks will host a concert of contemporary piano and chamber works based on Greek Orthodox and Jewish chant traditions, and in the spirit of the holiday season, A Tempo this week takes the opportunity to explore the role of such traditions in Western music. Host Rachel Katz will speak with pianist and Greek Orthodox Chanter Paul Barnes, who will be performing in the concert, and composer Victoria Bond, one of whose works will be featured, about the concert and their interest in these traditions.

**12/9/2023**

GUEST: EVE GIGLIOTTI, MEZZO-SOPRANO, NEW YORK, NY; MARC SCORCA, PRESIDENT AND CEO, OPERA AMERICA, NEW YORK, NY

Issue: A look at a digital opera created during the pandemic that relied on radio drama techniques, instead of video.

While most of the digital opera projects born during the pandemic were created as video or multimedia productions, but one of the most recent to premiere went in an entirely audio direction. No One is Forgotten is based on a play by Winter Miller. Created by mezzo-soprano Eve Gigliotti, who also served as creative and executive producer, the opera uses techniques that hark back to old-fashioned radio dramas, such as sound effects, while incorporating modern audio technology that can create a three-dimensional, immersive effect. The production, commissioned by Dallas Opera, is now available online, and this week A Tempo host chats with Gigliotti about her idea for this project and how it was created. The program also includes an interview with Marc Scorca, President and CEO of Opera America, about its recently announced 2023 Digital Excellence in Opera awards.

**12/16/2023**

GUEST: COURTNEY BRYAN, COMPOSER, NEW ORLEANS, LA

Issue: A conversation with composer Courtney Bryan, one of this year's MacArthur "Genius" Fellows.

This year's group of MacArthur Fellows includes several musicians, and composer Courtney Bryan is among them. A Tempo host Rachel Katz this week chats with Bryan about receiving this award, often called a "Genius Grant," her music that bridges different styles, and her current position as composer-in-residence at Opera Philadelphia.

**12/23/2023**

GUESTS: EVA ROEBUCK, CELLIST, THE ORCHESTRA NOW, BARD COLLEGE, ANNENDALE-ON-HUDSON, NEW YORK; ROWAN PUIG DAVIS, DOUBLE BASS PLAYER, THE ORCHESTRA NOW, BARD COLLEGE, ANNENDALE-ON-HUDSON, NEW YORK; SARAH FRITZ, PHILADELPHIA SYMPHONIC CHOIR, PRINCETON, NJ.

Issue: A conversation with some of the young musicians who appear as performers in the new film "Maestro" about their experiences and thoughts on Leonard Bernstein's legacy.

For the musicians who appeared as various ensemble members in the new Leonard Bernstein biopic "Maestro," the experience of performing under the baton of lead actor and director Bradley Cooper is the closest they will ever come to playing with the great American conductor. Cooper was advised by Philadelphia Orchestra Music Director Yannick Nezet-Seguin, who was also on set during these filmings. A Tempo host Rachel Katz speaks with three of these musicians – two from The Orchestra Now, which performs in the masterclass scene towards the end of the film, and one from the Philadelphia Symphonic Choir, members of which sang "Candide" in the film – about the process of preparing and filming the scenes, and how they view Bernstein's legacy.

[WWFM JazzOn2 - Issues and Programs Report – Fourth Quarter 2023](#)

**10/01/2023 – Latino USA – 3:00pm – 4:00pm – 54:00**

**Issue:** Mary's Journey

**Description:** This episode aired Sept. 29, 2023 – Oct. 5, 2023.

One in four women in the United States have a family member in prison —and those carrying this financial and emotional burden are disproportionately women of color. Mary Estrada is one of them —she’s been taking care of her husband Robert for 40 years, as he’s gone in and out of prison throughout his adult life. Most Sundays, Mary wakes up at 3 a.m. and drives from Pomona, California to San Diego to visit her incarcerated husband. In this episode of Latino USA, we accompany Mary in one of her Sunday visits, and we learn about the true costs of supporting a loved one in prison.

**10/02/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** Inclusion on Purpose

**Description:** Thought leaders in our nationwide conversation about race and belonging, Ruchika Tulshyan and Ijeoma Oluo discuss Tulshyan’s book, *Inclusion on Purpose: An Intersectional Approach to Creating a Culture of Belonging at Work*.

**10/02/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Art And Infertility

**Description:** The World Health Organization says roughly 1 in 6 people grapples with infertility. On this week’s 51%, we speak with the editors of "Infertilities: A Curation," to broaden our perception and understanding of what is commonly called a “women’s issue.” With a collection of personal stories, poetry, and visual art, editors Elizabeth Horn, Maria Novotny, and Robin Silbergleid shed light on how the issue impacts people of all backgrounds as they try to create families of all kinds.

**10/03/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:30**

**Issue:** Skeptic Check: Near Death Experiences Can Science Explain Them?

**Description:** Near death experiences can be profound and even life changing. People describe seeing bright lights, staring into the abyss, or meeting dead relatives. Many believe these experiences to be proof of an afterlife. But now, scientists are studying these strange events and gaining insights into the brain and consciousness itself. Will we uncover the scientific underpinning of these near-death events?

**10/04/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** Exploring the role of women have played in music

**Description:** In this lively and music-rich episode, we explore the role of women in old time music from Dolly Parton and Loretta Lynn to Cathy Fink and Amythyst Kiah. Plus: Nationally renowned guitar and ukulele maker Jayne Henderson from her studio in Asheville, North Carolina describes the art and joy of crafting her prized instruments.

**10/06/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – TRT: 0:30:00**

**Issue:** Are You Stressed Out?

**Description:** Stress is a normal human reaction that happens to everyone. In fact, the human body is designed to experience stress and react to it. When you experience changes or challenges (stressors), your body produces physical and mental responses. That's stress. Stress when not managed properly can lead to physical and mental problems. Anjanette Thompson, Nurse Practitioner at the Bland Clinic joins Dr. Bland for a talk about stress and ways to avoid being stressed out.

**10/08/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** The Little Black Dress, A Hidden History

**Description:** Before it was the classic dress we all know and many still love today, the little black dress was mostly worn by working-class shopgirls and domestics. Monica Morales-Garcia began to research the origins of the L.B.D. to answer: How had so much changed, yet so much had stayed the same? Listen as Monica walks us through the decline of an industry and the rise of a garment. Poet and spoken word performer Denice Frohman has made a name for herself over the past 15 years. Now, she continues her mission to share the powerful stories of her queer, Latinx community.

**10/09/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** The Fight Over the Indian Child Welfare Act Is Not Just A Custody Battle

**Description:** We revisit two sites of indigenous resistance we've covered in the past: First we talk to Rebecca Nagle about the Supreme Court ruling upholding the Indian Child Welfare Act. Then, Amah Mutsun indigenous leader Valentin Lopez talks about the ongoing efforts to protect the sacred site Juristac near the Santa Cruz mountains.

**10/09/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Bravey

**Description:** On this week's 51%, we sit down with playwright Julianny Taveras for a preview of the new Children's Theatre Company production "Morris Micklewhite and the Tangerine Dress," based on the popular children's book of the same name by Christine Baldacchino. WAMC's Samantha Simmons also speaks with Olympic runner Alexi Pappas about how she went about adapting her book, "Bravey," for a younger audience.

**10/10/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:30**

**Issue:** Going Multicellular - From one to many

**Description:** Extreme heat is taking its toll on the natural world. We use words like "heat domes" and "freakish" to de-scribe our everyday existence. These high temperatures aren't only uncomfortable - they are lethal to hu-mans, animals, and crops. In search of an answer to our episode's question, we discuss the dilemma of an ever-hotter world with an author who has covered climate change for more than two years.

**10/11/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** What's on Your Plate? Will the real pigs please stand up?

**Description:** Since she was a child, Luz Lopes would help her mother prepare the altar for the Day of the Dead. This year, her go-to bakery shut down so she made her own pan de muerto. Plus: It seemed like quinoa just kind of came out of nowhere didn't it? Well, it kind of did. The story of how this afterthought crop become a commercial crop. And: Will the real pigs please stand up? An author recounts North Carolina's local farming efforts to produce real, local pork. Later in the show, the story of pasta in the U.S.

**10/13/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** Pediatric Dentistry: It's Time For Kids To Visit The Dentist

**Description:** It's Time For Kids To Visit The Dentist Guest: Dr. Constance Epps  
The American Dental Association and the American Academy of Pediatrics say that every child should visit a dentist by age 1 – or as soon as the first tooth appears. This “well baby visit” teaches parents and caregivers how to care for their children’s teeth and help them remain cavity-free. Dr. Constance Epps a Pediatric Dentist with more than thirty years of experience in public and private practice joins Dr. Bland to chat about keeping your child’s teeth well.

**10/15/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** Puerto Crypto

**Description:** This episode aired October 13, 2023 - October 19, 2023.  
In 2018 an eccentric group of cryptocurrency enthusiasts arrived in Puerto Rico. They came with big plans for the island, to help rebuild after hurricane Maria, and in the process create a high-tech cryptocurrency paradise. But not everyone in Puerto Rico was onboard with their vision to change everything. Latino USA follows the often-bizarre story of these Bitcoin pirates of the Caribbean, from crypto boom to crypto bust.  
Also on the show: For almost 20 years Austin’s Grupo Fantasma has been igniting dance parties across the world. We hear about one of their latest tracks: “The Wall.”

**10/16/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** Saltwater Soundwalk: Indigenous Audio Tour Od Seattle. (Encore)

**Description:** Travel with us to Seattle to hear indigenous voices and Coast Salish languages, and reflect on the importance of the Salish Sea and connecting waters, by immersing ourselves in an audio experience called “Saltwater Soundwalk.”

**10/16/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Defensive Living

**Description:** On this week's 51%, we sit down with "defensive living" experts Joy Farrow and Laura Frombach to discuss modern ways women are protecting themselves in the face of gender-based violence. Farrow is a retired deputy sheriff with 28 years of experience in policing and airport safety, while Frombach is a technologist and engineer who escaped a childhood plagued by domestic abuse. In their new book, *Street Smart Safety for Women*, Farrow and Frombach share tips on everything from how to spot a scammer to how to become "persuasion-proof."

**10/17/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:30**

**Issue:** Skeptic Check: Worrier Mentality - Perceived or Real Threats

**Description:** Imagine life without animals, trees, and fungi. The world would look very different. But while the first life was surely single-celled, we don't know just how it evolved to multicellular organisms. Two long-term experiments hope to find out, and one has been running for more than 35 years. Hear about the moment scientists watched evolution take off in the lab, and how directed evolution was used to create a multicellular organism. Also, how single embryonic cells become humans, and what all of this says about the possibility of life on other worlds.

**10/18/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** The Age Of AI As we enter into the age of AI, where do the humanities fit in?

**Description:** After watching movies like the Terminator, it's hard not to come away a little jaded about the future of AI. But AI boosters say it will be a huge boon to society, similar to the industrial revolution of the 18th century. And: As we enter into the age of AI, where do the humanities fit in? Rishi Jaitly created a one-of-a-kind fellowship that immerses rising tech leaders in all things humanities. Plus: While many teachers worry students will cheat with AI, others are teaching them how to use it wisely in the real world.

**10/20/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** Improving Our Health with Chiropractic Care

**Description:** Improving Our Health with Chiropractic Care Guest: Dr. Menika Bradly A chiropractor is a licensed healthcare professional who focuses on the

body's capability to heal itself. Dr. Menika Bradly the owner of Vibe Chiropractic joins Dr. Bland to discuss incorporating chiropractic care as part of a healthy lifestyle.

**10/22/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** Surfside Remembers

**Description:** One year ago on June 24, a small beachside town in South Florida was asleep. It was the summer, past 1 a.m., when the section of the Champlain Towers South collapsed. Ninety-eight people died; most of the victims were Latinos and Latinas. To mark the first anniversary of the collapse, we visit Surfside with producer Elisa Baena, who brings us a story about memory, community and how your relationship to a place can change after a tragic event.

Also on the show... Writer Kali Fajardo-Anstine talks about how she's honoring her ancestors from the American West through her writing.

**10/23/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** Whose Point Reyes?

**Description:** Dive into the history of Point Reyes National Seashore with us, an area in northern California known for rugged sweeping beaches and Tule elk. We'll recount the history of this land and the waves of colonization that violently upended the lives of the Coast Miwok peoples who lived there – and one Indigenous woman's struggle to preserve her family history. The story of Point Reyes is a story about how the forces of colonialism continue to shape the fate of public lands in the United States.

**10/24/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Cervical and Ovarian Cancer

**Description:** On this week's 51%, we speak with Dr. Elizabeth Lucal about how women can reduce their risk of cervical cancer — and why we still know so little about ovarian cancer. Dr. Lucal is an OB-GYN and the vice chair of women's health services at Nuvance Health in the Hudson Valley and western Connecticut.

**10/25/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:30**

**Issue:** Like Lightning - An electrifying episode

**Description:** Every second, lightning strikes 50 to 100 times somewhere. It can wreak havoc by starting wildfires and sometimes killing people. But lightning also produces a form of nitrogen that's essential to vegetation. In this episode, we talk about the nature of these dramatic sparks. Ben Franklin established their electric origin, so what do we still not know? Also, why the frequency of lightning strikes is increasing in some parts of the world. And, what to do if you find someone hit by lightning.

**10/26/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** After They've Served

**Description:** No matter how or when they served, veterans returning to civilian life experience culture shock. Marine Eric Hodges is researching what the homecoming was like for African American veterans in his small town to return from the Vietnam War. And: Alicia DeFonzo's grandfather was a big part of her life as a kid but his stories always left out the years he spent fighting in WWII, including landing at Normandy. Alicia finally asked her grandfather to tell those stories and their conversations gave rise to her new book, *The Time Left Between Us*.

**10/28/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** Ageism

**Description:** Ageism, which is bias against, discrimination towards, or bullying towards individuals and groups based on their age is real. AARP reports two out of three workers between ages 45 and 74 say they have seen or experienced age discrimination at work; job seekers over age 35 cite it as a top obstacle to getting hired. And if you happen to work in the high-tech or entertainment industries, your chances of experiencing age discrimination are even higher. Our guest today, Dr. Teresa L. Fry Brown teaches a class about ageism bringing the academic, personal, and professional lenses to the subject.

**10/29/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** My Uncle Juan, the Bracero

**Description:** THIS EPISODE TO AIR OCTOBER 20, 2023 - OCTOBER 26, 2023.

In this episode of Latino USA, historian Mireya Loza and her uncle and former bracero Juan Loza meet at his home in Chicago to reflect on the legacy of the long-running and controversial labor Bracero Program and its impact on their family.

We also hear from Luz Elena Mendoza Ramos, a Chicana artist and musician who has been playing under the name Y La Bamba for nearly 20 years. As the child of immigrant parents, Luz Elena struggled to feel seen in the music industry, but as they've continued making music, they have grown into their identity as an artist.

**10/30/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** Modern Parenting : The Latino Way

**Description:** How do you decide what kind of parent you want to be? Our friends at Pulso Podcast, Maribel Quezada Smith and Liz Alarcón, discuss ways they maintain their children's cultural identity as Latinos. They also touch on what they have changed from how their immigrant parents raised them. And, Liz sits down with Latinx parenting coach Leslie Priscilla to talk about her work using an antiracist, anticolonial and child-centered lens.

**10/30/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Healing Through Creativity

**Description:** On this week's 51%, we speak with artists who have found healing through creativity. Author Brittany Means comes to terms with her childhood growing up on the road in her new memoir "Hell if We Don't Change Our Ways," and pianist and composer Robin Spielberg meditates on resilience for her new symphonic record, "By Way of the Wind." WAMC's Josh Landes also speaks with the organizer of a Pittsfield, Massachusetts art show highlighting the work of breast cancer survivors.

**10/31/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:30**

**Issue:** Like Lightning - An electrifying episode

**Description:** Every second, lightning strikes 50 to 100 times somewhere. It can wreak havoc by starting wildfires and sometimes killing people. But lightning also produces a form of nitrogen that's essential to vegetation. In this episode, we talk about the nature of these dramatic sparks. Ben Franklin established their electric origin, so what do we still not know? Also, why the frequency of lightning strikes is increasing in some parts of the world. And, what to do if you find someone hit by lightning.

**11/01/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** Dragons and Creatives

**Description:** A leadership educator says the best leaders listen to and put their employees first and have deep caring for them. This creates a reservoir of compassion that workers borrow against when things go awry. And: Too often there's a kind of workplace culture that allows bullying. A psychologist calls the workplace bullies Dragons and their targets Creatives. Plus: The Great Resignation was really more like the Great Contemplation as American workers have discovered how much they value flexibility and choice in their work lives.

**11/03/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** Elder Law

**Description:** Elder Law GUESTS: Eileen McGuinness-Dementia Educator, Mike Casterlow-Elder Law Attorney "Elder Law" is the legal practice of counseling and representing older persons and persons with special needs and their representatives about the legal aspects of health and long-term care planning. Certified Dementia Educator Eileen McGuinness and Elder Law Attorney Mike Casterlow (both of The Elderlaw Firm) joins Dr. Veita J. Bland, MD to discuss the need for long term planning as we age.

**11/06/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** The Promise and Peril of Geo Engineering

**Description:** As we head into an ever warming world, some experts and politicians are embracing a possible solution to climate change called geoengineering. Theoretically geoengineering could slow down climate change, stop it, and maybe even remove carbon from the air. It sounds like the perfect

answer in for a global political system that just can't stop burning fossil fuels even if it kills us all. However, it might not be the easy fix we're hoping for.

We talk to scientists and activists about what geoengineering is and why it could actually be a dangerous way to tackle climate change. We also dive into the moral and ethical questions of testing geoengineering technology on indigenous lands.

**11/06/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Women In Global Press

**Description:** On this week's 51%, we speak with award-winning international reporter Amanda Sperber to learn how news outlets and foreign correspondents can better serve the communities they cover. We also sit down with the leader of one organization that's putting that message into practice: Global Press, founded by Cristi Hegranes, has been training women in countries around the world how to report on their communities since 2006.

**11/07/2023 – *Big Picture Science* – 11:00am – 12:00 - 54:30**

**Issue:** Extraordinary Ordinary Objects: Deceptively Modest Inventions

**Description:** "To live is to count and to count is to calculate." But before we plugged in the computer to express this ethos, we pulled out the pocket calculator. It became a monarch of mathematics that sparked a computing revolution. But it's not the only deceptively modest innovation that changed how we work and live. Find out how sewing a scrap of fabric into clothing helped define private life and how adding lines to paper helped build an Empire. Plus, does every invention entail irrevocable cultural loss?

**11/08/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** The Birthplace of Mac and Cheese

**Description:** You have Chef James Hemings, who cooked for Thomas Jefferson, to thank for the macaroni and cheese on your plate this Thanksgiving. Setting the Table's Deb Freeman tells us how the French dish became so baked into American cuisine. And: Across troubled waters, enslaved people brought with them benne seeds and grew them in a new land. Chef Amethyst Ganaway is snacking on benne wafers while thickening the Thanksgiving stew. Plus: Famed Gullah Geechee chef BJ Dennis honors the rice of the Lowcountry with his smoky tomato purloo.

**11/10/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** Medicare and Medicaid

**Description:** Medicare and Medicaid GUEST: Jeanie Schepisi, NC Dept of Insurance Medicare is the government provided health insurance plan for Americans aged 65 and older. Medicaid provides health insurance for adults and children with limited income and resources. Medicare open enrollment started in October and will end on December 7. Jeanie Schepisi, the Piedmont Area Regional Manager at North Carolina Department of Insurance joins Dr. Veita Bland, MD for a lively and informative discussion about Medicare and Medicaid.

**11/12/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** VP Kamala Harris discusses key issues of our time

**Description:** Maria Hinojosa and Latino USA producer Reynaldo Leafios Jr. join Vice President Kamala Harris aboard Air Force Two as the vice president makes her way to Miami, Florida as part of her “Fight For Our Freedoms” college tour. Later, Maria sits down with Vice President Harris for a one-on-one interview where they discuss young Latino voters’ participation, reproductive rights, immigration and more.

**11/13/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** Not Just Speed Traps: Alabama Community Fights For Profit Policing- A 70 Million Story.

**Description:** Brookside is a small town in Alabama, where the police used a civil war-era state loophole to create a traffic ticketing nightmare for residents—and generate piles of cash for the local government. After years of abuse, the people are fighting back.

**11/13/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Estate Planning

**Description:** On this week’s 51%, we speak with estate attorney Megan Harris-Pero about why having an estate plan is particularly important for women, and what they should keep in mind when putting a plan together.

**11/14/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:30**

**Issue:** Neanderthal in the Family - New respect for our relatives.

**Description:** Owls are both the most accessible and elusive of birds. Every child can recognize one, but you'll be lucky to spot an owl in a tree, even if you're looking straight at it. Besides their camouflage and silent flight, these mostly nocturnal birds, with their amazing vision and hearing, are most at home in the dead of night, a time humans find alien and scary. Ecologist Carl Safina got to know an injured baby screech owl well. Their relationship saved the owl's life and gave Safina insider's wisdom about these aerial hunters of the night.

**11/15/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** Black And Fine

**Description:** Some of America's first maestros of classical European music were enslaved and free people of African descent. Violinist David McCormick shares the music of the Black violinists of Monticello. Also: Justin Holland was a black man who was born free in 1819. He became one of America's first classical guitarists and was respected by European Classical Guitar Masters. Ernie Jackson discusses Justin Holland's music and Jackson's own life as a contemporary classical guitarist of African descent.

**11/17/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** Healthcare Social Workers

**Description:** Health Care Social Workers GUEST: Dr. Katheryn B. Davis According to the US Department of Labor America has over 173,000 social workers. They are found in schools, the military, working in nonprofits, transport, prisons, research institutes, child protection services, and in healthcare. As a healthcare professional, social workers help address many of the medical and non-medical needs of patients. We will discuss the impact of social workers in health care with our guest Dr. Katheryn B. Davis Assistant Professor Emerita, School of Social Work at The University of Georgia.

**11/19/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** Gustavo Dudamel's Harmony In Times Of Crisis

**Description:** Gustavo Dudamel, the music director of the Los Angeles Philharmonic, has been living up to his personal passion of finding creative ways to play and expand access to music, all while stressing the importance of staying in touch with his Venezuelan roots. In this episode of Latino USA, Dudamel talks about staying indoors during the COVID-19 pandemic, calling family home, and his belief that music will inspire a stronger future for all.

**11/20/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** Powerlands

**Description:** On this week's 51%, we speak with Dr. Sophia Choukas-Bradley about the impacts of social media on teens and young adults. According to the Centers for Disease Control and Prevention, 44 percent of teens reported persistent feelings of sadness or hopelessness in 2021, and one in five reported serious thoughts of suicide. Dr. Choukas-Bradley, a clinical psychologist and assistant professor at the University at Pittsburgh, breaks down how social media can be particularly harmful for teenage girls, and how parents can protect their children without isolating them from their peers.

**11/20/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Social Media and the Youth Mental Health Crisis

**Description:** On the latest 51%, we speak with Dr. Brooke Ellison, associate professor of health policy and medical ethics at Stony Brook University. After a car accident left her paralyzed from the neck down at just 11 years old, Ellison became the first quadriplegic to graduate from Harvard University, with degrees in cognitive neuroscience and public policy. She's also been a strong advocate for stem cell research and the disability community. In her latest memoir, "Look Both Ways," Ellison reflects on how her understanding of her disability has matured.

**11/21/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:00**

**Issue:** Night Flight: What Owls Know

**Description:** Owls are both the most accessible and elusive of birds. Every child can recognize one, but you'll be lucky to spot an owl in a tree, even if you're looking straight at it. Besides their camouflage and silent flight, these mostly

nocturnal birds, with their amazing vision and hearing, are most at home in the dead of night, a time humans find alien and scary. Ecologist Carl Safina got to know an injured baby screech owl well. Their relationship saved the owl's life and gave Safina insider's wisdom about these aerial hunters of the night.

**11/22/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** Dinner Theater

**Description:** You can walk up to a community fridge any time and get fresh produce for your Thanksgiving table--no questions asked. It all started because someone had a few extra tomatoes to spare. A fifth-generation black farmer shows us around his family farm where he says he's growing farmers, not crops--through a practice he calls Afri-culture. The famed colonial cookbook called "Virginia Housewife" did a lot for Mary Randolph's reputation, but she wasn't the one in the kitchen. Leni Sorensen is cooking the recipes and celebrating the enslaved men and women who actually threw it down in the kitchen.

**11/24/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** Climate Change and Mental Health

**Description:** It's A Matter Of Your Health Season 3 Show 11 Topic: Climate Change and Mental Health Guest: Elizabeth Bechard What's it like to wake up to the reality of climate change—while also trying to raise small children? Health professionals report an increase of mental health issues including anxiety, fear, and anger as the climate crisis continues. Elizabeth Bechard is a Senior Policy Analyst for Moms Clean Air Force and the author of Parenting in a Changing Climate: Tools for Cultivating Resilience, Taking Action, and Practicing Hope in the Face of Climate Change. She joins Dr. Veita Bland,

**11/26/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** Don't Let the Haters Divide Us

**Description:** Latino USA continues to celebrate 30 years of being on the air, as well as bringing you important conversations as part of our ongoing political coverage.

In this episode, Maria Hinojosa sits down with legendary labor leader and civil rights activist, Dolores Huerta. They speak about politics, the current state of organizing, sex, passion, and much more.

**11/27/2023 – Making Contact – 11:00am – 11:30noon – 29:00**

**Issue:** How Ollas Populares fed Buenos Aires through a Pandemic

**Description:** We travel to Buenos Aires with reporter Rosina Castillo who immerses us in the culture of a local community arts organization who saw a need in their community and took action during the height of the pandemic. La Casona de Humahuaca transformed their operations to host “ollas populares” or community kitchens to help support their community and make it through the toughest parts of COVID together, all the while learning more about their organization and purpose in the community. We follow that with a conversation with Belen Desmaison, an architect and urbanist who discusses the building of an innovative communal living space with modular food preparation areas in Lima, Peru.

**11/27/2023 – Fifty One Percent – 11:30am – 12:00noon – 30:00**

**Issue:** Silent Voices

**Description:** On this week’s 51%, we speak with psychiatrist and human rights advocate Dr. Robert Okin about the state of homelessness in the U.S., and the many obstacles faced by unhoused women and families. Dr. Okin spent two years interviewing and photographing unhoused individuals struggling with mental illness in San Francisco. The second edition of his 2014 book "Silent Voices: People with Mental Disorders on the Street" came out earlier this year. We also look back at some of the biggest lawsuits brought on by the Adult Survivors Act, and stop by a vigil for the Transgender Day of Remembrance.

**11/28/2023 – Big Picture Science – 11:00am – 12:00noon – 54:30**

**Issue:** The T-Rex Files: Tri-rannosaurus? A fight among paleontologists

**Description:** T-Rex is having an identity crisis. Rocking the world of paleontology is the claim that Rex was not one species, but actually three. It’s not the first time that this particular dino has forced us to revise our understanding of the past. The discovery of the first T-Rex fossil in the 19th century taught humanity a scary lesson: species eventually go extinct. If it happened to this seemingly invincible apex predator, it could happen to us too. Hear how the amateur fossil hunter Barnum Brown’s discovery of T-Rex changed our understanding of ourselves, and the epilogue to the dinosaur era: how our mammalian relatives survived the potential extinction bottleneck of an asteroid impact.

**11/29/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** Seeking Refuge

**Description:** Worldwide there are more than 35 million refugees who have fled their homes. And when other countries take in a huge influx of those refugees, there's a lot to consider. We explore ways host countries can help refugees and manage a refugee surge. And: When Kabul fell, communities across America welcomed families fleeing Afghanistan and seeking asylum. Plus: Poland has taken in the most Ukrainian refugees—and has done a good job of welcoming and resettling them.

**12/01/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** Have You Been Diligent About Your Health?

**Description:** Have you been diligent about your health? A HOUSECALL WITH DR. BLAND As we near the end of the year, Dr. Veita Bland, MD, makes a house call. On today's show Dr. Bland takes to the microphone solo to discuss the things we should be doing to stay health for the rest of 2-23 and beyond.

**12/03/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** By Right Of Discovery

**Description:** On Thanksgiving Day, hundreds of people gather on Alcatraz Island, the famous former prison and one of the largest tourist attractions in San Francisco, for a sunrise ceremony to honor Indigenous culture and history. In 1969, an intertribal group of students and activists took over the island for over 16 months in an act of political resistance. Richard Oakes, a young Mohawk from New York, was one of the leaders in this organization dubbed the "Red Power Movement." Latino USA tells the story of Richard Oakes, from his first involvement in activism to his untimely death at the age of 30.

**12/04/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** Gaza, Solidarity, and Movement for Palestinian Liberation

**Description:** For weeks people around the world have been witness to Israel's deadly assault on Gaza. Today, we uncover the military corporations profiting from the war, and highlight the activism in every corner of the world in support of

Palestinian liberation. We'll hear from Rami Almeghari, a Gaza-based journalist, to get insight on the conditions on the ground in Gaza before zooming out with Nora Barrows-Friedman to look at Israel's military industrial complex and how the United States is enabling this genocide, both through its policymaking and defense industry.

But activists are taking aim and taking action. We hear from Lara Kiswani, executive director of the Arab Resource and Organizing Center, about the Palestinian liberation movement from an abolitionist perspective.

**12/04/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Women vs. Wild

**Description:** On this week's 51%, we speak with science journalist and "Brave the Wild River" author Melissa Sevigny about the two women who risked their lives to botanize the Grand Canyon in the early 20th Century. Our associate producer, Jody Cowan, also reports back on an interesting art project showcased at the 2nd annual Soil Fest in New York's Hudson Valley, and we hear from mountaineer Jennifer Drummond, who just recently became the first woman to scale all seven second summits.

**12/05/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:30**

**Issue:** In Living Color

**Description:** The world is a colorful place, and human eyes have evolved to take it in – from vermilion red to bright tangerine to cobalt blue. But when we do, are you and I seeing the same thing? Find out why color perception is a trick of the brain, and why you and I may not see the same shade green. Or blue. Or red. Also, platypuses and the growing club of fluorescent mammals, and the first new blue pigment in more than two centuries.

**12/06/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** Winning NIL

**Description:** Winning NIL

Kim Whitley (University of Virginia)

NIL sent shockwaves through college athletics when it was signed into law in 2021. Now student-athletes could earn money off of their name, image, and

likeness. But there weren't any guide-rails to help student-athletes navigate the new NIL landscape. Enter Kim Whitler. She co-wrote *Athlete Brands: How to Benefit from Your Name, Image and Likeness*.

#### Anti-Doping Policy

Jo Morrison (Longwood University)

In 2020, Sha'Carri Richardson was barred from representing Team USA at the Tokyo Olympics because she tested positive for marijuana. Jo Morrison says there are many other elite athletes like Richardson who've had their reputations tarnished for taking banned substances that have little to no evidence of enhancing performance.

#### The Examined Run

Sabrina Little (Christopher Newport University)

For runners, there's nothing like the freedom of lacing up your shoes and putting foot to pavement, logging mile after mile in the open air. Sabrina Little is a Professor of Leadership Studies in the Department of Leadership and American Studies at Christopher Newport University. She studies how running can hone virtues that are beneficial to life outside of sports.

#### HBCU Golf

Carray Banks (Norfolk State University)

While golf might not be a high-octane contact sport like basketball or football, it's something you can play throughout your life and even into your later years. Carray Banks is on a mission to generate funding to field both women's and men's golf teams at all HBCU's in the Mid-Eastern Athletic Conference.

**12/08/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** The Gut

**Description:** The Gut is the Thing GUEST: Dr. Mark Cook Did you know that gut health affects literally everything in your body? From your nervous and immune systems to your mental health and digestive function, a healthy gut plays a pivotal role in your overall well-being Dr. Mark Cook, Associate Professor at North Carolina State University joins Dr. Bland for a discussion of the gastrointestinal system and how it serves as the body's communication center and disease fighter.

**12/10/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** An Oral History of Latino USA

**Description:** In honor of the late Maria Martin, the founding executive producer of Latino USA, we revisit the oral of the show. On May 5th, 1993, the first episode of Latino USA aired on more than 50 public radio stations across the U.S. Thirty years later, we look back at the creation of Latino USA, the struggle to showcase Latino voices in public media, and the show's transformations throughout a changing political landscape in the country. In this oral history of our show, three former Latino USA staff join Maria Hinojosa and go behind the scenes to reflect on what it took to keep Latino USA going over three decades.

**12/11/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** But Next Time, Part 1, California Wildfire and Protecting Our Farmworkers.(Encore)

**Description:** As fires ravaged California's wine country in 2017, farm and service workers, especially non-English speakers, were some of the hardest hit. Hear more from the community about the ever-looming wildfires and how next time can be different.

**12/11/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Silent Voices - Homelessness and mental health

**Description:** On this week's 51%, we speak with psychiatrist and human rights advocate Dr. Robert Okin about the state of homelessness in the U.S., and the many obstacles faced by unhoused women and families. Dr. Okin spent two years interviewing and photographing unhoused individuals struggling with mental illness in San Francisco. The second edition of his 2014 book "Silent Voices: People with Mental Disorders on the Street" came out earlier this year. We also look back at some of the biggest lawsuits brought on by the Adult Survivors Act, and stop by a vigil for the Transgender Day of Remembrance.

**12/12/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:30**

**Issue:** End of Eternity - What can destroy the universe?

**Description:** Nothing lasts forever. Even the universe has several possible endings. Will there be a dramatic Big Rip or a Big Chill – also known as the heat death of the universe – in trillions of years? Or will vacuum decay, which could theoretically happen at any moment, do us in? Perhaps the death of a tiny particle – the proton – will bring about the end. We contemplate big picture

endings in this episode, and whether one could be brought about by our own machine creations.

**12/13/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** Holiday Hand Me Downs

**Description:** As we age, we come to appreciate the holiday traditions of our youth. Ricky Mullins remembers receiving treat bags at his small church in Appalachia. The poke bags were stuffed oranges, peanuts, cracker jacks and sometimes even a chocolate bar. Now, he's passing the tradition along to the youth at the church that he pastors. And: Mary Lou Williams was a renowned jazz pianist and composer but few people know about her legacy. In her later career she brought sacred Black jazz music to Duke University's chapel every year.

**12/15/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** Winterize Your Hair

**Description:** WINTERIZING YOUR HAIR GUEST: FELICIA POLLARD, DUDLEY HAIR PRODUCTS Winter weather is harsh on all hair textures and types. Just like skin, hair needs protection from the cold to remain soft and healthy. Felicia Pollard, National Creative Artist for Dudley Hair Products joins Dr. Bland for a discussion about protecting your hair during the winter.

**12/17/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** Still Hopeful: Immigration Over 30 Years

**Description:** Latino USA continues to mark its 30th anniversary and look back at its reporting throughout the last three decades. On today's show, we look at immigration, then and now. Maria Hinojosa is joined by Camilo Montoya-Galvez, immigration, and politics reporter for CBS; Natalia Aristizabal, Deputy Director of Make the Road New York; and Lee Gelernt, Deputy Director of the ACLU's Immigrants' Rights Project. Together, they discuss immigration policies from the last 30 years.

**12/18/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** How Ollas Populares fed Buenos Aires through a Pandemic

**Description:** We travel to Buenos Aires with reporter Rosina Castillo who immerses us in the culture of a local community arts organization who saw a need in their community and took action during the height of the pandemic. La Casona de Humahuaca transformed their operations to host “ollas populares” or community kitchens to help support their community and make it through the toughest parts of COVID together, all the while learning more about their organization and purpose in the community. We follow that with a conversation with Belen Desmaison, an architect and urbanist who discusses the building of an innovative communal living space with modular food preparation areas in Lima, Peru.

**12/18/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Women On Stage

**Description:** On this week’s 51%, we hear from comedian, writer, and TV host Samantha Bee about her latest standup tour “Your Favorite Woman: The Joy of Sex Education.” Bee is best known for her previous roles as correspondent on “The Daily Show,” and host of the satirical late-night program “Full Frontal with Samantha Bee,” which ran for seven seasons on TBS. We also sit down with Erin Harkes, a rising comedian in New York’s Capital Region, about her new special and album “Uncle Ernie,” and how she workshops new material.

**12/19/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:30**

**Issue:** Skeptic Check: Naomi Klein - Disinformation and the mirror world

**Description:** Our information age is increasingly the disinformation age. The spread of lies and conspiracy theories has created competing experiences of reality. Facts are often useless for changing minds or even making compelling arguments. In this episode, author Naomi Klein and science philosopher Lee McIntyre discuss why the goal – not simply the byproduct - of spreading disinformation is to polarize society. They also offer ideas about how we might find our way back to a shared objective truth.

**12/20/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** Dinner Theatre

**Description:** You can walk up to a community fridge any time and get fresh produce for your Thanksgiving table--no questions asked. It all started because someone had a few extra tomatoes to spare. A fifth-generation black farmer shows us around his family farm where he says he's growing farmers, not crops--through a practice he calls Afri-culture. The famed colonial cookbook called "Virginia Housewife" did a lot for Mary Randolph's reputation, but she wasn't the one in the kitchen. Leni Sorensen is cooking the recipes and celebrating the enslaved men and women who actually threw it down in the kitchen.

**12/22/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** When the Doctor Becomes An Addict

**Description:**

When The Doctor Becomes An Addict The America Medical Association defines a drug addiction as a treatable, chronic medical disease characterized by compulsive drug seeking and use despite adverse consequences. Nearly 50% of the total population in the United States aged 12 and older have used illicit drugs at least once in their lives. But what happens when a physician becomes an addict? Dr. Louis Baxtor, Sr. MD, Director of Addiction Medicine Fellowship Program at Howard University joins Dr. Bland for a personal conversation about his struggles with addiction while being a trusted doctor.

**12/24/2023 – *Latino USA* – 3:00pm – 4:00pm – 54:00**

**Issue:** Unsafe In Foster Care

**Description:** After a domestic violence incident, Leah Garcia called the police looking for safety for her and her two children. But her calls triggered the involvement of LA's Department of Children and Family Services, the biggest child welfare agency in the country. Leah's 5-month-old baby, Joseph, was placed with a foster care family. What happened after became a mother's worst nightmare: the same system that was supposed to keep her child safe proved to be the biggest threat to his well-being.

Also on the show, we hear from Chilean-American singer-songwriter Francisca Valenzuela.

**12/25/2023 – *Making Contact* – 11:00am – 11:30noon – 29:00**

**Issue:** But Next Time, Part 3: The Fight For Fair Housing In The face Of Climate Change. (Encore)

**Description:** No matter where we come from, or how much money we make, we all deserve a safe and healthy place to call home. In this episode we meet Jamie, a mom who lives in subsidized housing in Houston, Texas, who joins with other moms to stand up to landlords and local officials whose policies have kept Black and brown families trapped in unsafe homes for years. Before and after Hurricane Harvey, Jamie and organizers in Houston came together to take collective action and push for change. Along the way they connected with leaders in Puerto Rico who have also been resisting and rebuilding in the wake of ongoing disaster. We hear from renowned Puerto Rican activist and former political prisoner Oscar Lopez Rivera, Luis O. Gallardo Rivera, director of Centro para la Reconstrucción del Hábitat and Adriana Godreau, director of Ayuda Legal Puerto Rico, who along with our host Chrishelle Palay engage in on the ground work and advocacy in their communities, in the halls of Congress, and beyond.

**12/25/2023 – *Fifty One Percent* – 11:30am – 12:00noon – 30:00**

**Issue:** Good Grief

**Description:** On this week's 51%, we speak with Claudia Coenen, a certified grief counselor and thanatologist, about how to cope with grief during the holiday season. We also hear from the executive director of No Kid Hungry New York about the state of food insecurity in the U.S., and the resources available to families.

**12/26/2023 – *Big Picture Science* – 11:00am – 12:00noon – 54:30**

**Issue:** The Ocean's Genome Craig Venter, Returns From The Sea

**Description:** After helping to sequence the human genome more than twenty years ago, biochemist Craig Venter seemed to recede from the public eye. But he hadn't retired. He had gone to sea and taken his revolutionary sequencing tools with him. We chatted with him about his multi-year voyage aboard the research vessel *Sorcerer II*, its parallels to Darwin's voyage, and the surprising discoveries his team made about the sheer number and diversity of marine microbes and their roles in ocean ecosystems.

**12/27/2023 – *With Good Reason* – 11:00am – 12:00noon – 54:00**

**Issue:** What A Makes A Place

**Description:** It's almost impossible to look back on family road trips without thinking of Cracker Barrel. Cracker Barrels have a distinct sense of place - like going home to your grandparents house. But they also look exactly the same wherever you go. We explore the paradox of the hominess of Cracker Barrel. And: Tim Baird and his young family recently moved into a new high tech college dorm with essentially 600 student housemates. He's young, but feels a little like Dumbledore. He's exploring how space becomes a place.

**12/29/2023 – *It's a Matter of Your Health* – 11:00am – 11:30noon – 30:00**

**Issue:** Being Happy - April Oglesby

**Description:** It's Time For Some Happy Talk. GUEST: April Oglesby Our guest today Marriage & Family Therapist April Oglesby LMFT, LPC, ACS describes happiness as a temporary moment that has long term benefits. Join us for some happy talk as Dr. Veita Bland, M.D. and Mrs. Oglesby discuss the benefits and explore some ways we can be "being happy."

End.