

**QUARTERLY LIST
OF
COMMUNITY ISSUES
AND
RESPONSIVE PROGRAMS**

July 1, 2020 through September 30, 2020

In an ongoing effort to serve the public interest, KXLS-FM and its owner, Chisholm Trail Broadcasting Inc., offer a variety of programming responsive to the issues of concern to the listening audience. Below is a list of the station's most significant programming treatment of those issues for the period of July 1, 2020 through September 30, 2020

During the third quarter of 2020 the following compliancy issues were covered:

Aging	Flooding
Animal Health	Health Care
Alcohol and Substance Abuse & Treatment	Infectious Disease
Autism	Individual Rights
Business & Industry	Interpersonal Relations
Climate Change	Labor Issues
Communications	Mental Health Issues
Consumerism & Consumer Safety	Minority Issues
Disabilities	National Defense
Disasters & Preparedness	Obesity
Discrimination	Organ Donors
Eating Disorders	Pets & People
Economics	Pollution
Education	Poverty
Elderly & Senior Citizens	Public Health
Elected Officials	Public Safety
Employment & Workplace Issues	Sports & Recreation
Environment & Outdoors	Technology
Ethics	Terrorism
Family & Parenting Issues	Vaccination
Federal Government	Violence & Threats
First Responders	Youth at Risk

See weekly logs below for segment dates, titles, topics, guests & duration.

Program:	20-27	Writers/Producers:	Reed Pence
Air Week:	7/5/2020	Studio Production:	Jason Dickey
Time	Segment	Dur.	
1:50	SEGMENT 1: AUTISM AND SUBSTANCE ABUSE	12:20	
Synopsis: Studies show that people with autism are twice as likely as others to engage in substance abuse, contrary to previous belief that they are extremely unlikely to use drugs or alcohol. An expert and an author who has used alcohol to cope with his autism discuss the developments and their impact.			
Host & Producer: Reed Pence.			
Guests: <ul style="list-style-type: none">Elizabeth Kunreuther, Clinical Instructor, University of North Carolina Wakebrook Addiction Treatment Center and co-author, <i>Drinking, Drug Use and Addiction in the Autism Community</i>Matthew Tinsley, Asperger syndrome patient and co-author, <i>Asperger Syndrome and Alcohol: Drinking to Cope</i>			
Compliance issues covered: autism; disabilities; alcohol and substance abuse and treatment; education			
Links for more information: <ul style="list-style-type: none">https://www.med.unc.edu/psych/directories/faculty/elizabeth-kunreutherhttp://www.asperger-training.com/matthew-tinsley/			
15:12	SEGMENT 2: CONTRACT TRACING AND QUARANTINE: HOW FAR CAN WE GO?	7:45	
Synopsis: The next step in beating the COVID-19 pandemic may be stepped up contact tracing and quarantine of people who've had contact with COVID-positive individuals. However, many people see that as too expensive and intrusive to be practical. An expert discusses how it might work, and how it might not.			
Host: Nancy Benson.			
Guests: <ul style="list-style-type: none">Dr. Lauren Childs, Assistant Professor of Mathematics, Virginia Tech University			
Compliance issues covered: public health; consumerism; economics; individual rights; infectious disease			
Links for more information: <ul style="list-style-type: none">https://sinews.siam.org/Details-Page/choosing-intervention-strategies-during-an-emerging-epidemic			

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Program: 20-28		Writers/Producers: Reed Pence
Air Week: 7/12/2020		Studio Production: Jason Dickey
Time	Segment	Dur.
1:50	SEGMENT 1: ORTHOREXIA: OVERDOING A GOOD THING	12:50
Synopsis: Therapists report an increase in orthorexia, a not-yet recognized eating disorder where people become fixated on eating only healthy things and/or exercising hours per day. It can take over an afflicted person's life and result in physical symptoms much like anorexia. Experts discuss diagnosis and treatment.		
Host & Producer: Reed Pence.		
Guests: <ul style="list-style-type: none"> Claire Mysko, Chief Executive Officer, National Eating Disorders Association Dr. Jennifer Carter, Clinical Associate Professor of Psychiatry and Behavioral Health, Ohio State University Wexner Medical Center Dawn White, Registered, Licensed Dietician, Timberline Knolls Residential Treatment Center, Lemont, IL 		
Compliance issues covered: eating disorders; mental health issues; health care; consumerism; youth at risk		
Links for more information: <ul style="list-style-type: none"> https://wexnermedical.osu.edu/find-a-doctor/jennifer-carter-phd-22765 https://www.eatingdisorderhope.com/virtual-conference-3/claire-mysko https://www.globenewswire.com/news-release/2020/02/19/1987163/0/en/Timberline-Knolls-Celebrates-National-Eating-Disorders-Awareness-Week.html National Eating Disorders Association Hotline 800-931-2237 		
15:42	SEGMENT 2: TICK PARALYSIS: WHEN A TICK BITE CAN BE FATAL	7:15
Synopsis: Summer is tick season, and tick bites are common. However, bites from a couple of types of ticks can produce paralysis and even death if the tick is not removed quickly. An expert discusses.		
Host: Nancy Benson.		
Guests: <ul style="list-style-type: none"> Dr. Mark Dworkin, Infectious disease specialist, University of Illinois at Chicago School of Public Health 		
Compliance issues covered: health care; public health; youth at risk; outdoors and environment		
Links for more information: <ul style="list-style-type: none"> https://publichealth.uic.edu/global-health-program/mark-s-dworkin 		

Program: 20-29		Writers/Producers: Reed Pence
Air Week: 7/19/2020		Studio Production: Jason Dickey
Time	Segment	Dur.
1:49	SEGMENT 1: DEALING WITH THE RISE IN OSTEOPOROSIS	12:33
Synopsis: Osteoporosis is increasing as America ages. However, fewer people are being tested for bone density and are agreeing to treatment because of side effects of osteoporosis medications. Experts discuss the devastating effects of increased broken bones and what can now be done to prevent them.		
Host & Producer: Reed Pence.		
Guests: <ul style="list-style-type: none"> Dr. Sundeep Khosla, Professor of Medicine, Mayo Clinic College of Medicine Dr. Ether Siris, Director, Toni Stabile Osteoporosis Center, New York Presbyterian Hospital and Columbia University Medical Center 		
Compliance issues covered: health care; public health; aging; elderly and senior citizens; consumerism		
Links for more information: <ul style="list-style-type: none"> http://maryroach.net 		
15:24	SEGMENT 2: DOCTOR BURNOUT: IT STARTS EARLY	7:19
Synopsis: Doctors already say they're burned out, but the COVID-19 pandemic is making it worse. A noted physician educator discusses how burnout starts with the way future doctors are taught.		
Host: Nancy Benson.		
Guests: <ul style="list-style-type: none"> Dr. Saul Weiner, Professor of Medicine, Pediatrics and Medical Education, University of Illinois at Chicago; Director, Center of Innovation for Complex Chronic Health Care, US Dept of Veterans Affairs and author, <i>On Becoming A Healer: The Journey From Patient Care to Caring About Your Patients</i> 		
Compliance issues covered: health care; public health; education; infectious disease		
Links for more information: <ul style="list-style-type: none"> https://chicago.medicine.uic.edu/departments/academic-departments/medicine/academic-internal-medicine-and-geriatrics/people/name/saul-weiner/ 		

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Program: 20-30	Writers/Producers: Reed Pence
Air Week: 7/26/2020	Studio Production: Jason Dickey

Time	Segment	Dur.
1:46	SEGMENT 1: PUBLIC HEALTH OFFICIALS RESIGNING UNDER PRESSURE	12:31

Synopsis: State and local public health officials have been under pressure like never before in the COVID-19 pandemic, as citizens and elected officials push back against tough restrictions designed to curb the virus. Some officials have even been threatened. Feeling their bosses don't have their backs, a higher proportion of officials are quitting than normal, and these essential jobs will be hard to fill with qualified health experts.

Host & Producer: Reed Pence.

Guests:

- Dr. Marcus Plescia, Chief Medical Officer, Association of State and Territorial Health Officials
- Lori Freeman, CEO, National Association of County and City Health Officials
- Theresa Anselmo, Executive Director, Colorado Association of Local Public Health Officials

Compliance issues covered: health care; public health; public safety; violence and threats; elected officials; infectious disease

Links for more information:

- <https://www.astho.org/StatePublicHealth/ASTHOs-New-CMO-Brings-Clinical-Perspective-to-Public-Health/01-04-18/>
- <https://www.naccho.org/about/chief-executive-officer-lori-tremmel-freeman-mba>
- <http://www.calpho.org/about-us.html>

15:19	SEGMENT 2: PTSD IN CHILDREN	7:09
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Synopsis: Mental health experts once believed that children were too young to remember traumas well enough to suffer much from post-traumatic stress disorder. Now they know that children as young as 2 or 3 can be affected, often for the rest of their lives. An expert discusses PTSD in children and its treatment.

Host: Nancy Benson.

Producer: Ariana Kraft.

Guests:

- Dr. Michael Scheeringa, Professor of Child Psychiatry and Associate Professor of Clinical Pediatrics, Tulane University School of Medicine

Compliance issues covered: youth at risk; mental health; family and parenting issues

Links for more information:

- <http://www.infantininstitute.org/faculty-member/michael-s-scheeringa/>

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Program: 20-31	Writers/Producers: Reed Pence
Air Week: 8/2/2020	Studio Production: Jason Dickey

Time	Segment	Dur.
1:47	SEGMENT 1: "ELECTROSHOCK THERAPY:" NOT WHAT YOU SEE IN THE MOVIES	12:07

Synopsis: Electroconvulsive therapy still has a stigma, with the reputation of being a painful, disturbing procedure that wipes out memories and, if movies are to be believed, even creates zombies. Experts explain the reality—that ECT is a quiet procedure that provokes a short brain seizure, releasing huge amounts of neurotransmitters to reset the brain in what is the quickest and most dependable treatment for severe and often suicidal depression.

Host: Reed Pence.

Producer: Ariana Kraft.

Guests:

- Dr. Sarah Lisanby, Director, Translation Research, National Institute of Mental Health and Director, NIMH Non-Invasive Neuro-Modulation Unit
- Dr. Dan Maixner, Associate Professor of Psychiatry, University of Michigan

Compliance issues covered: mental illness; health care; public health; technology

Links for more information:

- <https://www.nimh.nih.gov/news/science-news/2015/lisanby-chosen-to-lead-nimh-division-of-translational-research.shtml>
- https://www.mlive.com/news/ann-arbor/index.ssf/2016/07/u-m_hospital_finds_new_home_for.html

14:56	SEGMENT 2: LUNG TRANSPLANTS: THE LEAST-TRANSPLANTED MAJOR ORGAN	8:03
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Synopsis: Lung transplants are the least done of all major organ transplants because the lungs are so easily damaged in the death process. A lung transplant surgeon explains, using one particularly difficult case as an example.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. Abbas Ardehali, Professor of Surgery and Medicine and Director, Heart, Lung, and Heart and Lung Transplantation, UCLA David Geffen School of Medicine

Compliance issues covered: organ donors; health care; public health

Links for more information:

- <https://www.uclahealth.org/abbas-ardehali>

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Program: 20-32	Writers/Producers: Reed Pence
Air Week: 8/9/2020	Studio Production: Jason Dickey

Time	Segment	Dur.
1:47	SEGMENT 1: BACK TO SCHOOL 2020: CAN KIDS ATTEND, OR WILL REMOTE LEARNING RULE?	13:03

Synopsis: Many school districts are delaying decisions on whether students will attend in person or will be taught remotely once again to reduce the risk of COVID-19 to children and staff. Experts discuss the methods under consideration to lower risks and whether that will be enough to open for classes.

Host & Producer: Reed Pence.

Guests:

- Dr. Nathaniel Beers, President HSC Health Care System and pediatrician, Children's National Hospital
- Keith Gambill, President, Indiana State Teachers Association

Compliance issues covered: public health; children & youth at risk; education; labor issues; parenting issues; education

Links for more information:

- <https://hschealth.org/about/leadership/board/nathaniel-beers>
- <https://www.ista-in.org/get-to-know-keith-gambill-ista-president>

15:52	SEGMENT 2: WORK-AT-HOME BURNOUT AND "ZOOM FATIGUE"	6:59
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Synopsis: People working at home may have no commute and can work in their pajamas, but they may find themselves more exhausted than when they worked at the office. Two experts discuss reasons for this fatigue—patterns of working at home and the surprising stress of virtual meetings.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. Greg Hammer, Professor of Pediatrics and Anesthesiology, Stanford University Medical School and author, *Gain Without Pain: The Happiness Handbook for Healthcare Professionals*
- Dr. Priti Shah, Professor of Psychology, University of Michigan

Compliance issues covered: employment; workplace issues

Links for more information:

- <https://profiles.stanford.edu/gregory-hammer>
- <https://sites.lsa.umich.edu/shah-lab/people/>

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Program: 20-33	Writers/Producers: Reed Pence
Air Week: 8/16/2020	Studio Production: Jason Dickey

Time	Segment	Dur.
1:50	SEGMENT 1: WHO GETS A VACCINE?	13:08

Synopsis: Development of a Coronavirus vaccine is proceeding at a breakneck pace. What needs to happen to make sure it's safe and effective? And if a vaccine is successfully made, who should get it first? Will enough people opt-in to get back to normal life, or will COVID-19 be with us for years? Experts discuss.

Host & Producer: Reed Pence.

Guests:

- Lawrence Gostin, University Professor of Health Law and Director, O'Neill Institute of National and Global Health Law, Georgetown University
- Dr. Jacob Appel, Director of Ethics Education in Psychiatry, Icahn School of Medicine, Mt. Sinai, New York

Compliance issues covered: public health; public safety; federal government; economics; first responders; minority issues; ethics; vaccination; infectious disease

Links for more information:

- <https://oneill.law.georgetown.edu/faculty/Lawrence-Gostin/>
- <https://www.mountsinai.org/profiles/jacob-m-appel>

16:00	SEGMENT 2: STRESS AND TYPE 2 DIABETES	6:55
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Synopsis: A new study shows that people who have type 2 diabetes and are under chronic stress are more likely to have high blood sugar. The study's lead author and a patient discuss how stress can make diabetes worse and what people can do to counteract it.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Janice Harris, diabetes patient
- Dr. Joshua Joseph, Assistant Professor of Medicine, The Ohio State University Wexner Medical Center

Compliance issues covered: health care; public health

Links for more information:

- <https://medicine.osu.edu/find-faculty/clinical/internal-medicine/joshua-joseph-md>

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Program:	20-34	Writers/Producers:	Reed Pence
Air Week:	8/23/2020	Studio Production:	Jason Dickey
Time	Segment	Dur.	
1:50	SEGMENT 1: READING OUR MASKED FACES	12:52	
Synopsis: With faces hidden behind masks for COVID-19, we are losing some of the visual information we depend on for smooth communication. Experts discuss the awkward encounters and specific looks we're likely to misinterpret when we can't see other people's mouths.			
Host & Producer: Reed Pence.			
Guests: <ul style="list-style-type: none">• Dr. David Matsumoto, Professor of Psychology, San Francisco State University and Director, Humintell• Dr. Rebecca Brewer, Senior Lecturer in Psychology, Royal Holloway University of London			
Compliance issues covered: interpersonal relations; communications; infectious disease			
Links for more information: <ul style="list-style-type: none">• https://www.humintell.com/dr-david-matsumoto/• https://pure.royalholloway.ac.uk/portal/en/persons/rebecca-brewer(65862865-a25e-49c0-8b14-1ad2c4d39aef).html			
15:42	SEGMENT 2: LISFRANC INJURIES: NOT JUST A SPRAINED FOOT OR ANKLE	7:19	
Synopsis: People who injure their foot often think they have a mere sprained foot or ankle when they actually have an injury that is potentially much more severe and disabling if not treated. Experts explain the Lisfranc joint and injuries that can hurt it.			
Host: Nancy Benson.			
Producer: Ariana Kraft.			
Guests: <ul style="list-style-type: none">• Dr. Mark Hardy, Balance Foot and Ankle Wellness Center, Lakewood, OH• Dr. Bryan Waxman, orthopedic surgeon, Illinois Bone and Joint Institute			
Compliance issues covered: health care; sports and recreation; disabilities			
Links for more information: <ul style="list-style-type: none">• http://www.balancecele.com/balance-foot-and-ankle/staff/dr-mark-hardy-dpm-facfas/• https://www.ibji.com/doctors/waxman-bryan-md/			

Program: 20-35		Writers/Producers: Reed Pence
Air Week: 8/30/2020		Studio Production: Jason Dickey
Time	Segment	Dur.
1:47	SEGMENT 1: PLANNING FOR THE NEXT PANDEMIC	12:03
Synopsis: The next pandemic is only a matter of “when and what,” according to health security experts, who here discuss what’s needed to be ready for a variety of possible pandemics and infectious threats, both natural and terror.		
Host & Producer: Reed Pence.		
Guests: <ul style="list-style-type: none"> • Dr. Dennis Hruby, Chief Scientific Officer, SIGA Technologies • Dr. Phil Gomez, CEO, SIRI Technologies 		
Compliance issues covered: public health; public safety; federal government; disasters and preparedness; health care; terrorism; national defense; infectious disease		
Links for more information: <ul style="list-style-type: none"> • https://www.siga.com/about-siga/ 		
15:52	SEGMENT 2: THIRD WORLD MEDICINE	6:54
Synopsis: Medicine in the Third World is vastly different than in the US, and American doctors sometimes run into unexpected hurdles when they try to bring modern medicine to impoverished nations. One such doctor describes his efforts.		
Host: Nancy Benson.		
Producer: Polly Hansen.		
Guests: <ul style="list-style-type: none"> • Dr. Aaron Berkowitz, Director of Global Health, Kaiser Permanente School of Medicine and author, <i>One By One By One: Making a Small Difference Amid a Billion Problems</i> 		
Compliance issues covered: health care; public health; poverty		
Links for more information: <ul style="list-style-type: none"> • https://naturemicrobiologycommunity.nature.com/posts/changing-lives-one-by-one-by-one 		

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Program: 20-36	Writers/Producers: Reed Pence
Air Week: 9/6/2020	Studio Production: Jason Dickey

Time	Segment	Dur.
1:47	SEGMENT 1: THE LOOMING "HOTHOUSE EARTH"	12:48

Synopsis: Rising global temperatures have produced extreme weather and a rising sea level. Climate scientists fear we may soon reach the point of no return, resulting in a hothouse with large portions of the planet uninhabitable. Authors of a major report on this phenomenon explain.

Host & Producer: Reed Pence.

Guests:

- Dr. Diana Liverman, Professor of Geography and Development, University of Arizona
- Dr. Katherine Richardson, Professor of Biological Oceanography and leader, Sustainability Science Center, University of Copenhagen
- Dr. Kristina Dahl, Senior Climate Scientists, Union of Concerned Scientists

Compliance issues covered: environment; pollution; climate change; flooding; federal government; economics

Links for more information:

- <https://www.environment.arizona.edu/diana-liverman>
- <https://www.ecsj2017.com/profile/katherine-richardson>
- <https://www.ucsusa.org/bio/kristina-dahl-.W5Khv1KZPOY>

15:37	SEGMENT 2: IMPOSTER SYNDROME	7:05
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Synopsis: Many people who are smart, talented and successful still believe they are incompetent on the inside and that others will eventually find out. This "imposter syndrome" can undermine careers and lead to psychological distress. Two noted experts in the field discuss origins and how to deal with the phenomenon.

Host: Nancy Benson.

Producer: Ariana Kraft.

Guests:

- Dr. Valerie Young, founder, impostorsyndrome.com and author, *The Secret Thoughts of Successful Women: Why Capable People Suffer from the Imposter Syndrome and How to Thrive In Spite of It*
- Dr. Pauline Rose Clance, Professor Emeritus, Georgia State University

Compliance issues covered: mental health; business and industry; education; parenting issues

Links for more information:

- <https://impostorsyndrome.com/valerie-young/>
- http://paulineroseclance.com/prc_biography.html

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Program:	20-37	Writers/Producers:	Reed Pence
Air Week:	9/13/2020	Studio Production:	Jason Dickey
Time	Segment		Dur.

1:43 SEGMENT 1: OVERWORKED PHARMACISTS: MISTAKES WAITING TO HAPPEN? 11:15

Synopsis: Pharmacists are often asked to do more work in less time than they need, and some experts worry it's causing medication mistakes. A pharmacist specializing in medication safety discusses pressures on pharmacists and what consumers can do to protect themselves.

Host & Producer: Reed Pence.

Guests:

- Michael Gaunt, Medication Safety Analyst and Editor, Institute for Safe Medication Practices

Compliance issues covered: consumer safety and consumerism; health care; economics; business and industry

Links for more information:

- <https://www.ismp.org/staff/michael-j-gaunt-pharmd>

14:00 SEGMENT 2: THE ANGER EPIDEMIC 7:54

Synopsis: Psychologists say there's more anger in our society than ever. But they say that should be no surprise, since anger is often a reaction to uncertainty and fear. Two experts discuss the genesis of anger, how it serves a purpose, and how it can be controlled.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. Jean Kim, Assistant Professor of Psychiatry, George Washington University
- Dr. Ray Novaco, Professor of Psychological Sciences, University of California at Irvine

Compliance issues covered: mental health; interpersonal relations

Links for more information:

- <https://www.psychologytoday.com/us/experts/jean-kim-md>
- <https://faculty.sites.uci.edu/novaco/>

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Program: 20-38 **Writers/Producers:** Reed Pence

Air Week: 9/20/2020 **Studio Production:** Jason Dickey

Time Segment **Dur.**

1:48 SEGMENT 1: MORE PETS IN THE PANDEMIC 12:36

Synopsis: Pets are a comfort in difficult times, and the pandemic is no exception. Animal shelters report a surge in pet adoptions, especially puppies, in the last six months, and veterinarians are having to adopt procedures such as telemedicine to deal with the increase while still staying safe. Experts explain how adopting and training a new pet has changed in the pandemic.

Host & Producer: Reed Pence.

Guests:

- Christina Morrison, Director of Development, West Suburban Humane Society, Downers Grove, IL
- Dr. Katie Stover, veterinarian and owner, Red Barn Animal Hospital, Hampshire and Gilberts, IL
- Dr. Douglas Kratt, veterinarian, LaCrosse, WI, and President, American Veterinary Medical Association

Compliance issues covered: consumerism; pets and people; animal health; public health; infectious disease

Links for more information:

- <https://wshs-dg.org/about-us/who-we-are>
- <https://redbarnpetvet.com/>
- <https://www.avma.org/about/avma-staff-leadership/douglas-kratt-dvm>

15:26 SEGMENT 2: KIDS' QUESTIONS ABOUT COVID-19 7:01

Synopsis: Children are living through a scary time right now and often have little understanding of why their world has been turned upside down. A noted public health expert explains what he's found about children's concerns of the pandemic and how parents can answer their questions.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. William Haseltine, Chairman and President, Access Health International and author, *A Family Guide to COVID: Questions and Answers for Parents, Grandparents and Children* and *A COVID Guide to Back to School: Questions and Answers for Parents and Students*

Compliance issues covered: children and youth at risk; education; family issues; infectious disease; parenting

Links for more information:

- <https://www.williamhaseltine.com/>

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Program:	20-39	Writers/Producers:	Reed Pence
Air Week:	9/27/2020	Studio Production:	Jason Dickey
Time	Segment		Dur.

1:49 SEGMENT 1: OBESITY BIAS IN MEDICINE 13:15

Synopsis: Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Experts explain the problem, results, and what might be done about it.

Host & Producer: Reed Pence.

Guests:

- Dr. Rebecca Puhl, Professor of Human Development and Family Studies, University of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity
- Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale University and Founder, True Health Initiative
- Kathy Kater, psychotherapist specializing in body image, eating and weight issues

Compliance issues covered: health care; public health; discrimination; obesity; education

Links for more information:

- <http://www.uconnruddcenter.org/faculty-and-staff-rebecca-puhl>
- <https://davidkatzmd.com/>
- <http://bodyimagehealth.org/about-the-author>

16:06 SEGMENT 2: RHEUMATOID DISEASES 6:52

Synopsis: Rheumatoid diseases number around 100, though arthritis is the most well-known. They can be crippling and sometimes even fatal, but good treatments exist. The key is early detection, as an expert explains.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. Kanika Monga, rheumatologist, University of Texas-Health Science Center, Houston

Compliance issues covered: health care; public health

Links for more information:

- <https://www.doximity.com/pub/kanika-monga-md>

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KXLS – FM 3RD QUARTER 2020

THIS STATION GIVES OVER \$5,000 A MONTH IN ADVERTISING TIME TO THE OKLAHOMA ASSOCIATION OF BROADCASTERS FOR FOUR DIFFERENT STATE AGENCIES AND THE PROMOTING OF THEIR WORK. THOSE AGENCIES INCLUDE THE OKLAHOMA DEPARTMENT OF HUMAN SERVICES, THE OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES, THE OKLAHOMA SECONDARY SCHOOLS ACTIVITIES ASSOCIATION, AND THE OKLAHOMA ARMY NATIONAL GUARD.

THE OKLAHOMA DEPARTMENT OF HUMAN SERVICE RUNS 30 SECOND ANNOUNCEMENTS FOR A WIDE VARIETY OF PROGRAMS UNDER THEIR CARE. AMONG THOSE RECEIVING AIRTIME INCLUDE THE STATE'S FOSTER CARE PROGRAM AND BEING A FOSTER PARENT FOR TEENAGE CHILDREN.

THE OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES RUNS 30 SECOND ANNOUNCEMENTS FOR VISUAL SERVICES AND REHABILITATION PROGRAMS THAT WORK WITH THE DISABLED TO HELP THEM BECOME EMPLOYABLE AND OTHER EMPLOYMENT ASSISTANCE PROGRAMS AS WELL AS PROMOTING THE OKLAHOMA SCHOOL FOR THE DEAF AND THE BLIND.

THE OKLAHOMA SECONDARY SCHOOLS ACTIVITIES ASSOCIATION RUNS A SERIES OF SPOTS PROMOTING THE CHILDHOOD BENEFITS OF PARTICIPATING IN EXTRACURRICULAR ACTIVITIES AND HOW THESE ACTIVITIES LEAD TO TOMORROW'S INDUSTRY LEADERS.

THE OKLAHOMA ARMY NATIONAL GUARD RUNS SPOTS PROMOTING THE BENEFITS OF ENLISTMENT AND THE HELP THAT THAT THE CORPS DOES IN TIME OF NEED.

THIS STATION ALSO REGULARLY RUNS A 60 SECOND FEATURE FROM THE OKLAHOMA DEPARTMENT OF TOURISM DETAILING UPCOMING LOCAL EVENTS IN THE STATE AND A HOTLINE TO FIND OUT MORE ABOUT THOSE EVENTS AS WELL AS STATE TOURISM OPPORTUNITIES AND FACILITIES AVAILABLE THROUGH THE AGENCY.

THIS STATION ALSO RUNS NUMEROUS ANNOUNCEMENTS OF VARYING LENGTHS FOR SEVERAL NATIONAL AND STATE PUBLIC SERVICE ORGANIZATIONS. THE NATIONAL PARKS PROGRAM AND THE U.S. FOREST SERVICE, THE AMERICAN CANCER SOCIETY, WORLD VISION, NHTSA, TODAY'S MILITARY, THE D.A.V., GOODWILL, THE AMERICAN HUMANE SOCIETY, THE L.L.S., THE FOUNDATION FIGHTING BLINDNESS, AL-ANON, AMERICAN WATER WORKS ASSOCIATION, AND MANY MORE ORGANIZATIONS. ISSUES COVERED INCLUDE THE DANGERS OF TEXTING WHILE DRIVING, SHELTER PET ADOPTION, CHILD PASSENGER SEAT SAFETY, COMMUNITY INVOLVEMENT, BUZZED DRIVING, AWARENESS OF THOSE WITH DISABILITIES, HELP FOR RETURNING VETERANS, ASSISTANCE TO CAREGIVERS, WILDLIFE CONSERVATION, CHILDHOOD MENTORING PROGRAMS, AND MANY OTHER DIFFERENT ORGANIZATIONS PROMOTING MEDICAL CONDITIONS AND THEIR PREVENTION, AS WELL AS MANY OTHER NATIONAL AND REGIONAL ORGANIZATIONS THAT RAISE AWARENESS AND ASK FOR SUPPORT OF PUBLIC ISSUES.

THIS STATION ALSO DONATES THOUSANDS OF DOLLARS OF AIRTIME TO THE AREA BY PROMOTING AND ENCOURAGING LOCAL ORGANIZATIONS TO COME IN AND PRODUCE A 30 SECOND PROMOTIONAL ANNOUNCEMENT FOR THEIR GROUP'S UPCOMING FUNDRAISER OR EVENT. THIS STATION THEN RUNS THE ANNOUNCEMENT IN ROTATION WITH OTHER LOCAL ORGANIZATION'S ANNOUNCEMENTS NUMEROUS TIMES THROUGHOUT THE BROADCAST DAY.