



**Issues/Programs List**  
WDER-AM Derry, NH  
WDER-FM Peterborough, NH  
2023 Issues Reports - 2nd Quarter

**Life Changing Radio**  
**8 Lawrence Rd.**  
**Derry, NH 03038**  
**info@lifechangingradio.com**  
**P: 603.437.9337**  
**F: 603.434.1035**

WARV  
RHODE ISLAND  
1590 AM / 92.7FM

WBCI  
MAINE  
105.9 FM

WDER  
NEW HAMPSHIRE  
1320 AM / 92.1 FM

WFIF  
CONNECTICUT  
1500 AM / 101.9 FM

WILD  
MASSACHUSETTS  
1090 AM

WSDK  
CONNECTICUT  
1550 AM / 95.3 FM

WVNE  
MASSACHUSETTS  
760 AM / 101.5 FM

Issue: Emergency Preparedness

Program: Life Changing Radio's Weekend Magazine

Description: Interview with Dara Lieberman, Director of Government Relations with the Trust for America's Health. She related information regarding a new report from TFAH which stated that less than 50% of American states were highly prepared for a health disaster. Specifically, Ms. Lieberman highlighted the New England states and how they stand.

Date: April 2

Time: 12:30 pm

Duration: 11:00

Issue: Mental Health

Program: In the Market

Description: Guest Laurel Slade-Waggoner, a licensed mental health counselor and licensed marriage and family therapist, talked about narcissism, one of the most dangerous and abusive personal disorders affecting millions of people. She explained it is a dark form of abusive manipulation that leaves people with life-long trauma. She discussed the contents of her book, "Don't Let Their Crazy Make You Crazy: How to Stay Sane and Strong When the Narcissist in Your Life is Trying to Control or Abuse You."

Date: April 5

Time: 6:00 pm

Duration: 54:00

Issue: Family

Program: Family Life Today

Description: Interview with blended family expert Ron Deal, who helps parents with kids who spend time in two different homes that live under two different value systems.

Date: April 6

Time: 11:30 am

Duration: 25:00

Issue: Health

Program: Life Changing Radio's Weekend Magazine

Description: This program featured three New England Doctors who spoke about the latest advances in treatment for three diseases, Multiple Sclerosis, HIV and Psoriasis

Date: April 15

Time: 12:30 pm

Duration: 26:00



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Issue: Marriage

Program: Family Life Today

Description: Interview with Laurel Slade-Waggoner. She told of her time married to a narcissistic man, how that caused problems in her marriage and the steps she took to protect her children from his behavior.

Date: April 19

Time: 11:30 am

Duration: 25:00

Date: April 20

Time: 11:30 am

Duration: 25:00

Issue: Health

Program: Life Changing Radio's Weekend Magazine

Description: Interview with Holistic Nutritionist Danielle Pashko, who spoke about the uses of Holistic nutrition on overall health, but especially the treatment of Lyme disease and Long-Covid, both of which have seen a recent increase in reported cases.

Date: April 29

Time: 12:30 pm

Duration: 26:00

Issue: Security

Program: In the Market

Description: Journalist Bill Gertz, the National Security Columnist for The Washington Times, was the guest. He shared insights and ideas on protecting America from the Chinese Communist Party and the regime's clearly stated goal of global dominance.

Date: May 4

Time: 6:00pm

Duration: 54:00

Issue: Health

Program: Life Changing Radio's Weekend Magazine

Description: Allergy expert Dr. Cliff Han discussed how to treat symptoms, and a new and innovative natural remedy that doesn't have unwanted side effects. He also offered advice on an "anti-allergy" diet and the benefit from certain exercises.

Date: May 7

Time: 12:30 pm

Duration: 19:00

Issue: Pornography

Program: In the Market

Description: Guest David E Clark, PhD, is a psychologist, speaker, and author who has been in full-time private practice since 1986 where he has worked extensively with individuals, couples, and families in crisis. He explained the problems caused by the multi-billion dollar porn industry, which he calls a national epidemic, and looked at way individuals can battle against some of porn's harmful effects.

Date: May 10

Time: 6:00pm

Duration: 54:00



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Issue: Addiction

Program: In the Market

Description: Film producer and director Daniel Kooman has worked to restore hope to girls trafficked in Thailand. He explained how people get into the world of addiction. And discussed how people can find freedom from drug or alcohol abuse, gambling addictions, porn dependencies, workaholism, and internet addictions.

Date: May 18

Time: 6:00 pm

Duration: 54:00

Issue: Time Management

Program: Family Life Today

Description: Two part program with Jen Pollack Michael, author of the book *In Good Time*. She gives guidance and advice in the areas of managing time for job, family and faith.

Date: May 18

Time: 11:30 am

Duration: 25:00

Date: May 19

Time: 11:30 am

Duration: 25:00

Issue: Social Media

Program: Life Changing Radio's Weekend Magazine

Description: Film critic Adam Holz discussed Tik-Tok; the internet site that serves as a short-form video sharing app, frequented primarily by younger viewers. Holz discussed how Tik-Tok has influenced the culture, and the dangers of the negative effects it has on the millions who use it.

Date: May 21

Time: 12:30 pm

Duration: 18:00

Issue: Addiction

Program: In the Market

Description: Michael Heil joined the program to tell his story of being caught in the snare of addiction, enthralled with the pursuits of drugs, sex, and success. Michael described various cultural traps that he followed into addiction. And he explained how he was rescued from addiction and near death.

Date: May 23

Time: 2:05 pm

Duration: 54:00

Issue: US History

Program: Life Changing Radio's Weekend Magazine

Description: A look at the history of Memorial Day and a salute to those who lost their lives fighting for America through a collection of presidential speeches from Presidents Regan, Eisenhower and Lincoln.

Date: May 28

Time: 12:30 pm

Duration: 26:00



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Issue: Mental Health

Program: In the Market

Description: Guest Gillian Marchenko is an author, speaker, wife, mother and advocate for individuals with special needs. She also battles depression. Talk focused on her experience in learning to 'deal with depression,' which for her means learning to accept and treat it as a physical illness. She described her journey through various therapies and medications to find a way to live with depression.

Date: May 30

Time: 6:00pm

Duration: 54:00

Issue: Stress

Program: Life Changing Radio's Weekend Magazine

Description: Nutritional Expert Dr. Michael Garko appeared on the program to discuss the dangers Sociopolitical Stress, which can lead to feelings of anxiety in connection to events that are happening in the world. Dr. Garko offered tips and suggestions for ways to reduce or eliminate it from our lives.

Date: June 10

Time: 12:30 pm

Duration: 13:00

Issue: Parenting

Program: Family Life Today

Description: Three part interview with Jerrad Lopes, host of the podcast *Dad Tired*. These pre-Father's Day programs talked about the importance of fatherhood to all children and ways for fathers to connect with their kids

Date: June 14

Time: 11:30 am

Duration: 25:00

Date: June 15

Time: 11:30 am

Duration: 25:00

Date: June 16

Time: 11:30 am

Duration: 25:00

Issue: Anxiety

Program: Life Changing Radio's Weekend Magazine

Description: Counselor June Hunt spoke about anxiety, which skyrocketed during the pandemic and remains a major issue for millions of Americans. She explained how anxiety impacts a person, physically, mentally, emotionally, and spiritually, and offered some practical tips to control feelings of anxiety.

Date: June 17

Time: 12:30 pm

Duration: 16:16