COMMUNITY ISSUES PROGRAM LIST-KVLT(FM)
Fourth Quarter 2019 (October-December)

The following is a listing of some of the significant issues responded to by KVLT(FM), TEMPLE, TEXAS, for the period of October 1 – December 31, 2019. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific Standard Time.

1. MENTAL HEALTH
2. MILITARY & MENTAL HEALTH
3. HEALTH
4. COMMUNITY NEEDS
    - HUNGER & HOMELESS
5. FAITH & VALUES

Issue	Program	Date	Time	Duration	Description of Program
Military & Mental Health PTSD	Closer Look	Oct 6	7:00 pm	15 minutes	**Faith Office of V.A. Tackles Soldier Suicide** Every day dozens of soldiers who came home safe from war decide to end their own lives. The U.S. Dept. of Veterans Affairs officially recognizes the role that faith can play in recovering from PTSD. K-LOVE's Ed Lenane catches up with Conrad Washington, the Deputy Dir. of the Center for Faith and Opportunity Initiative for the VA. **Related Links:** Dept. of VA -- Center for Faith and Opportunity Initiative"541 military service members died by suicide in 2018" (CNN Newsource)
Military & Mental Health PTSD	Closer Look	Oct 6	7:15 pm	13 minutes	**PTSD Healing Possible Through 'Welcome Home Initiative'** Welcome Home Initiative retreats are entirely free for a veteran or their spouse to attend, meals and hotels provided. "One of the biggest things we do is to anoint the trigger finger of the veteran or the thumbs of a 50 cal gunner," says Rev. Nigel Mumford, a symbolic act he told K-LOVE's Ed Lenane has delivered many men from painful memories. **Related Links:** WELCOME HOME INITIATIVE

Military & Mental Health	Closer Look	Nov 10	7:00 pm	14 minutes	**VA Changes Improve Healthcare, Address Solider Suicide** U.S. Dept of Veterans Affairs has struggled with public trust after years of inefficient VA hospitals and slow response to a rising tide of soldier suicides. But comprehensive new laws seem to be making a difference in quality of care. K-LOVE'S Ed Lenane checks in with the VA's cabinet-level commander **Related Links:** "MISSION Act Strengthens VA Care" - VA.GOV
Military & Addictions	Closer Look	Nov 10	7:15 pm	15 minutes	**Vets Regain Brotherhood, Mission Through 'Celebrate Recovery'** When soldiers trade their uniforms for civvies, they lose access to the human bonds unique to military service. Vets are forging new friendships and finding new purpose through Christian-based Celebrate Recovery 'Welcome Home' groups. K-LOVE's Frank Hammond talks with Quint Pitts, Iraq war veteran and National Dir. of CR Welcome Home. **Related Links:** Celebrate Recovery: Welcome Home C.R. Welcome Home Info Sheets

Military Veterans	News	Nov 11	3:30 am 4:30 am 5:30 am 6:30 am 7:30 am	20 seconds	Today is Veteran's Day. Many celebrations taking place across the country, though extreme cold weather in some states could cause those to be cancelled or postponed. Many businesses offering free meals and special discounts today. Thank a veteran today for their service.
Mental Health	News	Oct 7	4:30 am 6:30 am	20 seconds	Mental Health Awareness Week. This year 1 in 5 will deal with mental illness and less than half of those who do get help.
Mental Health – Work Life Balance	News	Oct 29	4:30 am 7:30 am	20 seconds	Research is finding that "breaks" from make some feel more stressed than relieved (i.e. banned from looking at emails in the evening). Some say when you can check on work at home after hours it helps to manage the workload.
Mental Health – Stress	News	Oct 31	3:30 am 6:30 am	20 seconds	One of the best ways to deal with stress is with something that smells good. Baking not only improves your mood but gets rid of stress. Knitting also a stress reducer.

Mental Health – Loneliness	Closer Look K-LOVE’s Positive People	Dec 8	7:00 pm	13 minutes	**Young Adults Fighting Loneliness Need Face-To-Face Friends** An alarming number of college students report thoughts of suicide, as cellphones, social media and pressures of school or sports distract many from enjoying basic human connection. Concerned adults are teaching them how to live face-to-face. K-LOVE's Rafael Sierra talks with Greg Jao, Sr. Asst to the President of InterVarsity Christian Fellowship. **Related Links:** InterVarsity Christian Fellowship (official)
Mental Health – Men	Closer Look	Dec 22	7:00 pm	23 minutes	**Men at High-Risk For Depression, Suicide After Divorce** Women tend to have better support systems than men to help process the emotional trauma of divorce. In contrast, men tend to isolate. "The issue is really how we handle pain," says Dr. Dale Brown, pastor and chaplain who suffered and recovered the loss of his own marriage. K-LOVE'S Ed Lenane reports. **Related Links:** Dr. Dale Brown (LinkedIn)

Mental Health, Addictions, Immigration	Closer Look	Dec 29	7:00 pm	29 minutes	**U.S. Gov't Grants Churches Money For Migrant Kids, Opioid Addiction, Mental Illness** Uncle Sam actively partners with faith-based groups to help people in need, providing training and connecting them with taxpayer dollars. K-LOVE's Ed Lenane gets details from faith office directors Kevin Smith of Homeland Security (DHS) and Shannon Royce of Health and Human Services (HHS). **Related Links:** HHS Center for Faith and Opportunity Initiatives (Partnership Center)DHS Center for Faith & Opportunity Initiatives
Mental Health – Holidays	News	Dec 26	5:30 am	30 seconds	Do you have the post-Christmas Blues? It's a real thing and if you do…you are not alone. Mental health experts say millions of us experience some sadness and melancholy immediately after Christmas and suggest finding ways to serve and engage with others who may be in need. It's also strongly suggested that if you are experiencing these lows to reach out to pastors, family friends or professionals.
Work Life Balance	News	Nov 5	3:30 am 6:30 am	20 seconds	Microsoft is testing a 4-day work week – productivity has increased by 40%.
Health	News	Nov 7	3:30 am 6:30 am	20 seconds	1 in 3 people struggle with sleeping. If you deal with insomnia, you're more likely to have a stroke or hear attack.

Health Medication	News	Oct 1	3:30 am 6:30 am	20 seconds	Walgreens, Rite Aid and CVS will stop selling Zantac and some generic heart burn medications due to a possible connection to cancer. The FDA continues to investigate the products.
Health & Vaping	News	Oct 4	4:30 am 7:30 am	20 seconds	Now more than a thousand people have gotten sick from vaping. It shows no signs of slowing down. Experts are looking for answers.
Health & Vaping	News	Oct 8	3:30 am 5:30 am 7:30 am	20 seconds	Because of all the health concerns Kroger and Walgreens are now the latest stores to stop selling e-cigarettes.
Health & Vaping	News	Dec 9	3:30 am 6:30 am	20 seconds	The CDC reports that more than 6 million teenagers have used tobacco products in the past month. Vaping is behind the increase.
Health & Well-Being	News	Oct 8	4:30 am 6:30 am	20 seconds	To improve your health, women should go out with friends twice a week. It helps to build a stronger immune system, they are less stressed and are more generous.
Health & Flu	News	Oct 9	4:30 am 7:30 am	20 seconds	This flu season is expected to be one of the worst in years. Things could hit a little earlier. Flu season is usually late October to March.

Health & Flu	News	Nov 18	3:30 am 6:30 am	20 seconds	It’s early, but 30 states are already seeing flu activity which is the highest and earliest number in a decade. Typically when the flu starts early, it means it will be a tough flu season.
Health & Flu	News	Dec 18	4:30 am 7:30 am	20 seconds	There is a lot of the flu season left. It continues to spread across the nation, in particular throughout the South. If you feel sick, stay home and wash your hands often.
Health & Food Warnings	News	Nov 22	3:30 am 6:30 am	20 seconds	Some packaged salads are being recalled. They are sold in several states at stores such as Target and Walmart. There are concerns about e. coli.
Health Warning	News	Dec 5	3:30 am 6:30 am	20 seconds	New research is claiming that hair dye and chemical hair straighteners may increase your risk for breast cancer. Experts say don’t be alarmed, but just be aware.
Health Care Costs	News	Oct 3	4:30 am 7:30 am	20 seconds	A Texas church used donations to pay off more than $2 million dollars in medical bills for thousands of families. God is so generous with them that they wanted to be generous to others.

Community Needs	K-LOVE's Positive People	Nov	Weekly Feature	60 seconds Podcast 1:47	**Free Car Repairs Help Single Moms & Military Wives – Billie Branham** A garage in Texas is fixing women's cars for free. Pastor Chris Williams says he wants to help so those who need it don't end up at dishonest repair shops. God's Garage serves women from all over the area. He says the garage serves, "Single mothers with 16-year-old children or younger, living at home with them. Widows and wives of deployed military. And they're from every walk of life. We just want to help these ladies get a foot up in life." The garage is run by volunteers who not only fix vehicles, they restore donated ones. Women apply for the aid. Pastor Chris, known as PC to locals, says he doesn't want anyone to be taken advantage of by a dishonest repair shop.

Community Needs	Closer Look	Oct 13	7:18 pm	12 minutes	**Ministries Share 1-Roof To Streamline Services** Take a creepy ol' abandoned hospital and add a determined group of Christians and you get a co-op office space where charities and ministries set-up a "one-stop shop" for people in need. K-LOVE'S Felipe Aguilar talks with Sid Streebeck and Steve Reshetar of the MATT 25 Hope Center in Clovis, NM. **Related Links:** MATT 25 HOPE CENTER: One Stop Community Resource Center

Hunger & Food Needs	K-LOVE’s Positive People	Nov	Weekly Feature	60 seconds	**Ample Harvest, Challenging Food Waste – Susan Miller** Your mom may have told you to clean your plate, to avoid waste. But nationwide, there’s a definite problem: "In America, 40 percent of the food and half of the produce is never consumed - the numbers are huge, but it also means the opportunity is huge." Gary Oppenheimer is the founder of AmpleHarvest.org – they connect home and community gardeners with nearby food pantries to help get excess fresh food to those who need it. "I had learned a long time ago that there are only so many cucumbers you can give to friends and still have them call you a friend." As growing food at home increases, Gary and his team are committed to helping food waste DE-crease. "The idea behind AmpleHarvest.org was if you inform a gardener THAT they can donate food and WHERE they can donate food, they will then do that for the rest of their gardening life."

Hunger & Homeless	Closer Look	Dec 8	7:30 pm	20 minutes	**Feed My Sheep** A discussion about Food Insecurity and Homelessness and how Feed My Sheep (FMS) is addressing this issue.- The beginnings of Feed My Sheep.- How much of a concern are Homelssness and Food Insecurity in the City of Temple.- Overview of the meal/feeding programs that FMS has in place to mitigate food insecurity.- How FMS has expanded to provide and meet additional basic living and human services llike medical care for women and children, job skills and referral, day care, etc.- Vounteer opportunities and community support. - Future expansion plans.
Homeless	Closer Look	Nov 24	7:15 pm	14 minutes	**Grieving Mom Washes, Colors Hair For** **Women On Skid Row** When Shirley Raines lost her son to an accident, she struggled to regain a sense of purpose in life. She realized the only way out of her deep depression was to serve others. K-LOVE's Kindra Ponzio talks with Shirley about sparking hope for chronically homeless women through Beauty2theStreetz. **Related Links:**Beauty2theStreetz (official)Beauty2theStreetz on Instagram

Homeless Children	Closer Look	Dec 8	7:15 pm	12 minutes	**Scared Kids Get News Blankets, Stuffed Animals** Project Night-Night fills thousands of tote bags with cushy comfort for kids in homeless shelters. Each tote comes with a cuddly stuffed animal, a brand-new warm blanket and a new children's book for bedtime reading. K-LOVE's Billie Branham hears from PNN founder Kendra Stitt Robins about how they help kids have sweeter dreams. **Related Links:** Project Night Night (official)
Kids & Technology	News	Oct 30	3:30 am 6:30 am	20 seconds	Most teens are spending at least 7 hours a day on devices. This is double of what it was in 2015.
Kids & Technology	News	Nov 5	3:30 am 6:30 am	20 seconds	New research claiming that too much screen time could change the structure of a child's brain.
Technology & Security	News	Nov 5	4:30 am 7:30 am	20 seconds	New security concerns with smart speakers, phone, tablets is that laser pointers can apparently trick the devices into following voice commands such as opening doors or make purchases from hundreds of feet away. Companies are working to make changes to the devices to prevent this from happening.

Technology & Security	News	Dec 3	3:30 am 6:30 am	20 seconds	Continued concerns with technology in your home. A warning form the FBI about the newer smart TVs. There are concerns about security/hackers. They could be watching or listening through the microphones and built in cameras. Advice is to learn how to control features on these items.
Technology & Safety	News	Dec 6	4:30 am 7:30 am	20 seconds	Doctors are finding that face injuries from cell phones are on the rise. Head and neck most common. Broken nose from dropping phone on face, texting while walking. Most injuries are connected with being distracted by phone.

Technology & Car Safety	Closer Look	Dec 15	7:00 pm	15 minutes	**Self-Driving Cars Expected to Save Lives** Human error costs *40,000* lives every year on American roads. Safety and tech experts eagerly observe current tests of self-driving cars with hopes the vehicles will someday prevent deadly crashes. Kelly Nantel of the National Safety Council and automotive tech expert Tim Spell talk with K-LOVE'S Rafael Sierra about how autonomous vehicles work -- and how far away we are from trusting them. **Related Links:** National Safety Council GM's Development of New Driverless Model Brings Future Closer by Tim Spell (InsuranceQuotes.com, July 10, 2018)"Self-driving trucks have been hauling loads for UPS between Phoenix and Tucson since May," (KPNX TV)
Holiday Safety	News	Dec 12	3:30 am 6:30 am	20 seconds	Emergency Rooms are extra busy during the Christmas season. The main culprits: 1) Overindulgence – too much eating & drinking; 2) Outdoor activities in cold, icy weather; 3) Injuries in the kitchen while cooking. Be safe!

Child Safety	Closer Look	Nov 17	7:00 pm	18 minutes	**Put Kids in Right Car Seat, Birth To Teen** Car accidents are a leading cause of death for young children. From the moment you strap your baby into her first car seat -- to the day you let her sit behind the wheel -- experts encourage you to steer a strong course for safety. K-LOVE's Billie Branham talks with Lorrie Walker of SafeKids Worldwide and Catherine MacDonald, Senior Fellow at The Center for Injury, Research & Prevention at Children's Hospital of Philadelphia. **Related Links:** SafeKids WorldwideNHTSA.gove - Car Seats and Booster Seats
Public Safety	News	Dec 19	5:30 am 7:30 am	20 seconds	Keep yourself safe this Christmas and beware of scams. The big scams this season are packages stolen from porches, gift card scams and fake websites. Know who you're doing business with.
Addictions	Closer Look	Nov 3	7:00 pm	17 minutes	**Restaurant Staffed By Recovering Addicts** Rob Perez only hires cooks and servers working to beat drug or alcohol addiction. "*They have an opportunity to give great service, a smile, awesome food and impact the way the general public feels about recovery.*" K-LOVE'S Monika Kelly talks to the business owner about DV8 Kitchen in Lexington, KY. **Related Links:**DV8 Kitchen - Life Changing FoodDV8 Kitchen on Facebook

Addictions	Closer Look	Nov 24	7:00 pm	14 minutes	**Girls In Dark Places Have MERCY MULTIPLIED** FREE Christ-based residential treatment centers provide young women suffering addictions or eating disorders a place to live and heal. K-LOVE's Monika Kelly talks with founder Nancy Alcorn about Mercy Multiplied and their outreach to unwed mothers and victims of human trafficking. **Related Links:** Mercy Multiplied (official)
Gangs	Closer Look K-LOVE's Positive People	Nov 3	7:20 pm	10 minutes	**Gangs Now Turn Wrenches With Help Of Police** Policemen get greasy with local at-risk kids to teach automotive repair and restoration. D.R.A.G.G. (Drag Racing Against Gangs & Graffiti) offers high school credits and positive relationships with law enforcement. K-LOVE's Kindra Ponzio spoke with co-founder Police Sgt. Charles Woodruff, Oxnard Police Dept. **Related Links:** D.R.A.G.G. - Drag Racing Against Gangs & Graffiti

Faith & Values	Closer Look	Oct 27	7:00 pm	17 minutes	**Legendary NFL Coach & NASCAR Owner** **Remembers Son as Faith Hero** Barely a month after racing boss J.D. Gibbs died of a devastating neurological disease, his team made NASCAR history by finishing 1st-2nd-3rd at Daytona 500. His legendary dad, NFL Coach Joe Gibbs celebrates J.D. as one of his personal faith heroes. K-LOVE's Ed Lenane has that story. **Related Links:** J.D. Gibbs Legacy
Faith & Values	Closer Look K-LOVE's Positive People	Oct 27	7:20 pm	10 minutes	**50 Ways To Bless Your Pastor** 50% of pastors make less than $50K per year. More than half have no healthcare or money for retirement. Brian Kluth, a pastor once richly blessed by the kindness of his congregation founded a website for low-cost ideas that improve financial and family life for church leaders. K-LOVE's Billie Branham reports. **Related Links:** Bless Your Pastor.org
Faith & Values	Closer Look	Nov 17	7:20 ppm	10 minutes	**Promise Keepers "Reboot" Planned for 2020** After an extraordinary heyday years back, PK's new CEO Ken Harrison is enthused and ready to help men be all they can be for Christ. Ken shares his vision and the upcoming Texas mega-event with K-LOVE's Richard Hunt. **Related Links:** Promise Keepers (official)

Faith & Values	K-LOVE’s Positive People	Nov	Weekly Feature	60 seconds Podcast	**K-LOVE’s Positive People – The Bible Project Brings Scripture Understanding to Video – Billie Branham** The Bible is the very foundation of learning about God. And understanding the meaning of some scripture takes time. To make Bible accounts easier to grasp, a group called The Bible Project is doing something creative – free YouTube videos with animation, sound effects, and insight: And they clear-up misconceptions. For example, the Bible does not describe cherubim as little babies with wings. Mike McDonald with The Bible Project. The Portland-based animation team is committed to making the Bible come alive through videos.
Special Needs	Closer Look K-LOVE’s Positive People	Dec 15	7:15 pm	13 minutes	**Horses Help People With Disabilities** There’s a growing interest nationwide in the unique way that horses interact and assist people living with physical, emotional or neurological limitations. K-LOVE's Richard Hunt visits Ride To Walk in Lincoln CA to talk with Dr. Kristine Corn about equine therapy. **Related Links:** Ride To Walk, Lincoln CA Equine-Assisted Therapy (Goodtherapy.com)

Special Needs	K-LOVE’s Positive People	Nov	Weekly Feature	60 seconds Podcast 6:40	**K-LOVE's Positive People: Mission for Mobility - Bella's Bumbas – George Rath** If you have children you may have used a bumble seat. They are a softshell seat that supports a child on a chair. It helps them sit upright. When Marty Parzynski’s great niece, Bella, was diagnosed with spina bifida, he came up with an idea to use a bumble seat to build a mini wheelchair. He lovingly called it Bella’s Bumba. The design for the chair was found by Marty’s wife and he went to work. That first chair for his great niece was a success. As word spread, over the last 3 ½ years he has built Bella’s Bumba chairs for kids all over the United States and 26 different countries. He and his team say there’s no stopping now.

Youth – Finances	K-LOVE's Positive People	Sep	Weekly Feature	60 seconds Podcast 8:10	**Financial Reality Fairs – Teens Experience Money Lessons for Real Life - Richard Hunt** Understanding real life, real responsibilities, and real financial dangers. For young people, in the 'school of hard knocks,' these things might be learned over the years, but with significant stress. Now there's a more practical way. It's called a *Financial Reality Fair*, offered by many credit unions nationwide. Tena Lozano, executive director of the RMJ Foundation, says the events, "put the students in the role of an adult and we make them make adult decisions just to give them a real-life simulation of what it will be like to be an adult. So, we really focus on the importance of budgeting, wants vs. needs, the perils of credit card debt, and just generally speaking what it's like to live the month of an adult, having to make purchasing decisions." Each student is assigned a persona - including a job, a salary, a spouse, and a child – all available on the special *Bite of Reality* app. At the Reality Fair, they go from table-to-table to sign-up for housing, kid care, groceries and dining – along with everything else that normally appears in a family's monthly budget. But there are also 'temptations' at the various tables where participants get a taste of 'upselling.' They're encouraged to buy the most expensive thing available, much like all the 'you need this' advertising and sales pitches that really do take place in our instant gratification culture. "And what the kids ***don't know*** is we're actually

					setting them up to fail. You learn when you fail, and we want their first experience failing with money to be in our little world instead of out in the real world," shares Lozano. "And then when they do run out of money, the students are sent to the credit union table" where their buying decisions vs. income are analyzed, much like a financial counselor would do. "And they (the counselors) actually do allow our students to make returns…so they can return their car, they can return their house, their food, wherever they feel like they made a bad decision, they can correct that and then, ultimately, they succeed!"