

Trinity Broadcasting Network

Quarterly Report

April, May, June 2023

KNMT

Portland, OR

Pacific Time

Leading Community Issues

The issues are comprised from ascertainties from civic leaders, telephone calls and responses from TBN viewers, and/or a review of print, broadcast, and online media.

Civic

Economy

Health / Mental Health

Immigration

Unemployment

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point Special Report: Election 2024 #230523	57:01	57:01	REC	PA/O/E	5/23/2023	5:00 PM
					5/23/2023	8:00 PM
					5/31/2023	12:00 AM

On this CenterPoint Special Report: Our nation is facing a leadership crisis. It's true in politics. It's true in the church. It's true in business. Allen Jackson, Senior Pastor of World Outreach Church, is on a journey to find men and women who are leading with their faith. Today, he's standing in front of the White House in Washington, D.C. He talks to two men who recently declared their candidacy for the presidency of the United States, Senator Tim Scott from South Carolina, and Robert F. Kennedy, Jr.

Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230526	27:00	5:00	LIVE	PA/O/E	5/26/2023	4:30 PM
					REC	5/26/2023

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews James Fenelon Author of "Angels Against the Sun" and Former Paratrooper, to discuss honoring our fallen service members, experiences of paratroopers, and remembering WWI heroes.

Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230529	27:00	13:00	REC	PA/O/E	5/29/2023	4:30 PM
					REC	5/29/2023

Tonight on CenterPoint on this Memorial Day, the race for the White House. Pastor Allen Jackson, Senior Pastor of World Outreach Church, talks with Senator Tim Scott on his quest for the GOP nomination, his battle against government spending, and what he says about the role people of faith can have in American politics.

Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230529	27:00	10:00	REC	PA/O/E	5/29/2023	4:30 PM
					REC	5/29/2023

Tonight on CenterPoint on this Memorial Day Correspondent Joe Gumm interviews David Barton, Founder of WallBuilders, to discuss Honoring fallen service members and elevating biblical values.

Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #700	25:49	25:49	REC	PA/O/E	4/18/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Logan Sekulow, Director of Media at ACLJ, Jay Sekulow, Chief Counsel at ACLJ, and Jenny Beth Martin discuss election interference, and President Trump's next court date that is right before the 2024 vote actually begins.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #701	25:39	25:39	REC	PA/O/E	4/25/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Andy Ekonomou, Senior Counsel at ACLJ, and Logan Sekulow, Director of Media at ACLJ, discuss election interference, and President Trump's next court date, which is right before the 2024 vote actually begin.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #702	26:30	26:30	REC	PA/O/E	5/2/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, and Logan Sekulow, Director of Media at ACLJ, discuss the Tucker Carlson interview with Elon Musk about A.I. and an election warning.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #704	25:17	25:17	REC	PA/O/E	5/16/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Logan Sekulow, Director of Media at ACLJ, and Ric Grenell, Senior Advisor for National Security and Foreign Policy at ACLJ discuss Secretary of State Anthony Blinken caught lying about contact with Hunter Biden.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #705	25:40	25:40	REC	PA/O/E	5/23/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Jay Sekulow, Chief Counsel at ACLJ, and Ric Grenell, Senior Advisor for National Security and Foreign Policy at ACLJ discuss the bombshell email revealing intelligence community's interference in the 2020 election.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #706	24:06	24:06	REC	PA/O/E	5/30/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Logan Sekulow, Director of Media at ACLJ, Jay Sekulow, Chief Counsel of ACLJ, and CeCe Heil, ACLJ Senior Counsel, discuss ACLJ filing a lawsuit against the Smithsonian for the actions that occurred at the National Air and Space Museum in Washington D.C., the harassing of pro-life students who had the beanies on. Another lawsuit was filed on behalf of a mother and daughter, who were part of a Catholic high school group, a Liberty law student at Liberty University of Law, and another Illinois activist who was with one of their relatives, who visited the National Archives Museum and were also harassed for wearing pro-life attire.

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Jay Sekulow Live #707	26:30	26:30	REC	PA/O/E	6/6/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Ben Sisney, Senior Counsel at ACLJ, and Logan Sekulow, Director of Media at ACLJ, discuss the ACLJ filing a major lawsuit against President Biden and his administration regarding the violation of the First Amendment of the U.S. Constitution in a FOIA (Freedom of Information Act) case because of a lack of response.

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Jay Sekulow Live #708	24:14	24:14	REC	PA/O/E	6/13/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, and Logan Sekulow, Director of Media at ACLJ, discuss the City University of New York School of Law graduation speaker, Fatima Mousa Mohammed, and her hatred towards America, Jews, capitalists, and law itself.

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Jay Sekulow Live #709	24:07	24:07	REC	PA/O/E	6/20/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ and Logan Sekulow, Director of Media at ACLJ, discuss the ACLJ representing two pro-life sidewalk counselors, in their seventies, who were brutally attacked outside an abortion clinic in Baltimore, MD.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #710	24:57	24:57	REC	PA/O/E	6/27/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ and Jay Sekulow, Chief Counsel at ACLJ, discuss the formal arraignment of President Trump, the first time in history a former president has been arraigned and charged in a federal court.

Civic

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Takeaways with Kirk Cameron #30	53:50	53:50	REC	PA/O/E	5/29/2023	6:00 PM
					5/29/2023	9:30 PM

Today on Takeaways with Kirk Cameron: Each year in the United States of America we set aside several holidays to celebrate freedom, and reflect, remember, and recognize the sacrifices of veterans, active-duty members, and their families. Memorial Day, Independence Day, Veteran’s Day. Today we’re going to discuss the significance of each of these days by flipping through the pages of history with historian David Barton then we’ll talk with veteran Ben Peterson, about his first-hand experiences on the ground and how we can best support those who have given so much to protect the freedoms that we enjoy each day.

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Taking Care of Business #TCOB-1914	27:30	27:30	LCL	PA	4/26/2023	8:30 PM
					4/28/2023	1:30 AM

Nearly 50% of adults in the U.S. don't have enough cash to cover a \$400 emergency and most can't pass a financial literacy test. With mounting debt from credit cards and student loans, there is a need for a better understanding of basic financial principles. Find out why Financial Literacy is such an important topic in our society on this episode of Taking Care of Business.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business #TCOB-1902	27:30	27:30	REC	PA	6/7/2023	8:30 PM
					6/9/2023	1:30 AM

Is America's infrastructure "crumbling?" Driving down the street every day, hitting potholes or getting stuck in traffic, it's easy to believe. What about the quality and safety of our water? Is the power grid reliable? Can we trust what politicians, or the experts tell us? On this episode of Taking Care of Business, we're going to take a look at the reliability and safety of America's infrastructure, including transportation, water and power.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #62223	55:20	55:20	REC	PA/O/E	6/22/2023	5:00 PM
					6/22/2023	8:00 PM
					6/29/2023	12:00 AM

Tonight on Praise: Join Matt Crouch as he takes a tour through a Hobby Lobby store with CEO and Founder of Hobby Lobby, David Green, and Author and Speaker, Bill High, to discuss the history of the company and what it means to fully surrender the business and family legacy to God. David talks about his job as a merchandiser, the operations, products, and shopping experience, having 1,000 stores, building the company for 150 years, ownership vs stewardship, having a calling on our lives, and something more important than Hobby Lobby, having time for your marriage and for your children. David and Bill share many business concepts in their books "A Generous Life 10 Steps to Living a Life Money Can't Buy" and "Leadership Not by the Book."

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Behind The Scenes #233	27:30	27:30	REC	PA/O/E	4/08/2023	1:00 AM
					4/28/2023	1:00 AM
					5/16/2023	1:30 AM
					5/21/2023	11:00 PM
					6/15/2023	11:00 PM

Today on *Behind the Scenes*: Tom Newman is joined by Mike Huckabee, Former Governor of Arkansas, and Host of "Huckabee" on TBN; and Karen Conrad, Director of Donor Development, to discuss end of life planning. The writer of Proverbs reminds us that a person of wisdom and foresight leaves an inheritance for their children's children. Karen tells us about TBN Living Legacy; charitable gift annuities, wills, trusts, stock gifts, life insurance, probate, real estate, donor advised funds, and unique gifts to benefit Trinity Broadcasting Network.

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<i>Economy</i> Behind The Scenes #230	25:30	25:30	REC	PA/O/E	4/10/2023	10:30 PM
					4/17/2023	12:30 AM
					5/01/2023	1:00 AM
					5/29/2023	1:30 AM
					6/13/2023	1:00 AM
					6/22/2023	1:30 AM

Today on Behind the Scenes: Matt and Laurie Crouch are joined by Governor Mike Huckabee to discuss legacy giving or estate planning. Mike Huckabee explains how wills, trusts, unique gifts, and lifetime charitable gift annuities work, and the importance of estate planning.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> Center Point #230403	27:00	5:00	LIVE	PA/O/E	4/3/2023	4:30 PM
					REC	4/3/2023

Tonight on CenterPoint: Correspondent Rob Astorino interviews Doug Holtz-Eakin, President of The American Action Forum, Director of Congressional Budget Office, and Chief Economic Policy Adviser for McCain 2008, to discuss balancing the budget, tax day looming, and de-dollarization gaining momentum.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> Center Point #230405	27:00	6:00	LIVE	PA/O/E	4/5/2023	4:30 PM
					REC	4/5/2023

Tonight on CenterPoint: Correspondent Rob Astorino interviews Brandon Arnold, EVP at National Taxpayers Union, to discuss American energy independence and battling high energy prices.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> Center Point #230411	27:00	7:00	LIVE	PA/O/E	4/11/2023	4:30 PM
					REC	4/11/2023

Tonight on CenterPoint: Correspondent Rob Astorino interviews Stephen Moore, Distinguished Fellow in Economics at The Heritage Foundation, to discuss the rising tax burden, debt ceiling debate, an optimistic job market, and the Biden admin approach to energy.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> Center Point #230418	27:00	5:00	LIVE	PA/O/E	4/18/2023	4:30 PM
					REC	4/18/2023

Tonight on CenterPoint: Correspondent Rob Astorino interviews George Seay, CEO at Annandale Capital LLC, Chairman of Texas-Israel Chamber of Commerce, and Former Finance Chairman for Gov. Rick Perry's Presidential Campaign, to discuss national tax day, anticipating IRS expansion, negotiating income taxes, tax burden on Americans, and looming fears of recession.

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Center Point #230419	27:00	4:00	LIVE	PA/O/E	4/19/2023	4:30 PM
			REC		4/19/2023	7:30 PM

Tonight on CenterPoint: Correspondent Rob Astorino interviews David Nelson, Belpointe Chief Strategist and Co Chief Investment Officer, and Founder of DC Nelson Asset Management, to discuss federal interest rate hikes, the looming recession fears, the debt ceiling debate, and the economic impact of working from home.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230425	27:00	6:00	LIVE	PA/O/E	4/25/2023	4:30 PM
			REC		4/25/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Rep. Buddy Carter (R-GA) House Energy and Commerce Committee, House Budget Committee, and Co-Chair of Community Pharmacy Caucus, to discuss the debt ceiling debate, cutting back government spending, National Crime Victims' Rights Week, and the fentanyl crisis at the border.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230427	27:00	5:00	REC	PA/O/E	4/27/2023	4:30 PM
			REC		4/27/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Michael Faulkender, Chief Economist at America First Policy Institute, Dean's Professor of Finance at University of Maryland, and Former Assistant Secretary for Economic Policy at U.S. Dept of Treasury, to discuss 1.1% GDP growth in March, the economic outlook, efforts to cool inflation, and GOP House passes debt bill.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230501	27:00	7:00	LIVE	PA/O/E	5/1/2023	4:30 PM
			REC		5/1/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Rep. Michael Cloud (R-TX), House Appropriations Committee and House Subcommittee on Homeland Security, to discuss the economic outlook, Fed interest rate hikes, controlling government spending, the GOP House passed debt ceiling bill, rebuilding U.S. energy dominance, and the debt ceiling debate.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230501	27:00	7:00	LIVE	PA/O/E	5/1/2023	4:30 PM
			REC		5/1/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Gordon Change, Author of "The Coming Collapse of China" and "The Great U.S. – China Tech War," Distinguished Senior Fellow at Gatestone Institute, to discuss tensions with China, defending Taiwan against Chinese conflict, Biden approach to foreign policy, and destabilization of the U.S. Dollar.

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Center Point #230501	27:00	5:00	LIVE	PA/O/E	5/1/2023	4:30 PM
			REC		5/1/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Erin Sykes, Chief Economist at Nest Seekers International, to discuss Biden mortgage law, high-risk borrowers getting lower fees, higher fees for borrowers with good credit, and the housing market outlook.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230504	27:00	5:00	REC	PA/O/E	5/4/2023	4:30 PM
			REC		5/4/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Kenneth Rogoff, Former Chief Economist at the International Monetary Fund, Chair of International Economics at Harvard University, to discuss the outlook on the economy, the debt ceiling debate, and stability of the economy.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230509	27:00	6:00	LIVE	PA/O/E	5/9/2023	4:30 PM
			REC		5/9/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Michael Faulkender, Chief Economist at America First Policy Institute, Dean's Professor of Finance at University of Maryland, and Former Member of U.S. Dept. of Treasury, to discuss the debt ceiling debate.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230510	27:00	6:00	LIVE	PA/O/E	5/10/2023	4:30 PM
			REC		5/10/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Sen. Kevin Cramer (R-ND) Armed Services Committee, Environment and Public Works Committee, Veterans Affairs Committee, and Budget Committee, to discuss the debt ceiling debate and the state of the economy.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230511	27:00	3:00	LIVE	PA/O/E	5/11/2023	4:30 PM
			REC		5/11/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Doug Collins, Former Congressman (R-GA), Former Judiciary Committee Ranking Member, Former Senior Pastor of Chicopee Baptist Church, and Air Force Veteran, to discuss the debt ceiling debate.

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Center Point #230515	27:00	5:00	LIVE	PA/O/E	5/15/2023	4:30 PM
			REC		5/15/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Rep. Ron Estes (R-KS) House Budget Committee, House Ways and Means Committee, and House Education & The Workforce Committee, to discuss the debt ceiling debate, reaching consensus on the debt, the GOP budget plan, and Durham faults FBI in Trump-Russia probe.

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Center Point #230523	27:00	6:00	LIVE	PA/O/E	5/23/2023	4:30 PM
			REC		5/23/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Stephen Moore, Distinguished Fellow in Economics at The Heritage Foundation, and Senior Economic Contributor at Freedom Works, to discuss resolving the debt limit crisis, and the Biden-McCarthy spending standoff.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230524	27:00	7:00	LIVE	PA/O/E	5/24/2023	4:30 PM
			REC		5/24/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Don Bramer, Former George H.W. Bush Administration Official, Former Naval Intelligence Officer, and President, Bramer Group LLC, to discuss the threat from China, China military capabilities, and defense budget spending.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230525	27:00	4:00	LIVE	PA/O/E	5/25/2023	4:30 PM
			REC		5/25/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Rep. Warren Davidson (R-OH) House Freedom Caucus, and House Financial Services Committee, to discuss debt ceiling negotiations and resolving the debt crisis.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230526	27:00	9:00	LIVE	PA/O/E	5/26/2023	4:30 PM
			REC		5/26/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Rep. Andy Ogles (R-TN) House Freedom Caucus, and Financial Institutions and Monetary Policy Subcommittee, to discuss debt ceiling negotiations, reaching a solution on spending, and the crisis at the border.

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Center Point #230530	27:00	6:00	LIVE	PA/O/E	5/30/2023	4:30 PM
			REC		5/30/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Rep. Chuck Fleischmann (R-TN) House Committee on Appropriations, and House Committee on Science, Space, and Technology, to discuss settling the debt deal and the proposed debt ceiling deal.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230531	27:00	5:00	LIVE	PA/O/E	5/31/2023	4:30 PM
			REC		5/31/2023	7:30 PM

Tonight on CenterPoint: CenterPoint Contributor Sen. Scott Brown, Former Senator of Massachusetts, Former Ambassador to New Zealand, interviews Gov. Nikki Haley, Former Governor of South Carolina, Former U.S. Ambassador to the United Nations, to discuss looking ahead to 2024, crisis at the border, resolving debt, and cutting back on spending.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230605	27:00	5:00	LIVE	PA/O/E	6/5/2023	4:30 PM
			REC		6/5/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews David Nelson, Belpointe Chief Strategist, and Host of The Money Runner Podcast, to discuss the debt ceiling deal fallout, if the deal is resolving the debt crisis, and the economic outlook.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230620	27:00	4:00	LIVE	PA/O/E	6/20/2023	4:30 PM
			REC		6/20/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Stephen Moore, Distinguished Fellow in Economics at The Heritage Foundation, Former Trump Economic Advisor, to discuss the state of the economy and fighting inflation.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230620	27:00	4:00	LIVE	PA/O/E	6/20/2023	4:30 PM
			REC		6/20/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Rep. Ro Khanna (D-CA) House Oversight and Accountability Committee, House Armed Services Committee, Congressional Caucus on India, to discuss the state of the economy and action on the economy.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230627	27:00	5:00	LIVE	PA/O/E	6/27/2023	4:30 PM
			REC		6/27/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews John Lonski, President of Thru The Cycle, to discuss the economic recovery plan, inflation watch, the state of the economy, and the economic outlook.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Eric Metaxas Show #138	24:15	24:15	REC	PA/O/E	6/2/2023	3:00 PM
					6/3/2023	4:30 PM
					6/4/2023	7:00 PM

Today on the Eric Metaxas Show: Father Robert Sirico, President of Acton Institute, and author of "The Economics of the Parables," talks about socialism, wealth, and morals in economy and economic themes that run through the New Testament.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Family Matters with Allen Jackson Father's Day #7062	53:27	53:27	REC	PA/O/E	6/18/2023	12:00 AM

Family Matters with Allen Jackson Father's Day: In celebration of Father's Day join us for a TBN Special Family Matters featuring conversations with Ryan Dobson, Dave Ramsey, and Pastor Gary Frost. We'll talk about biblical perspectives on family, finances, strength, and leadership.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230403	49:43	49:43	REC	PA/O/E	4/3/2023	2:00 PM

Today on The Ramsey Show: George Kamel and Jade Warshaw answer questions about paying off debt while focusing on a career, having buyers' remorse after buying a home, keeping a car lease given by parents, start saving for a house or start giving more, how much to spend on a minivan, saving too much, and buying a house without a credit score.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230405	50:00	50:00	REC	PA/O/E	4/5/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and Dr. John Delony answer questions about preparing to take care of mother, a husband and wife disagree on what house to get, the "Baby Steps," how soon to pay off a mortgage, paying off solar panels before moving, and a lease back loan. Stacy and Eric from Colorado Springs, Colorado do their debt-free scream after paying off \$140,000 in 43 months.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230406	50:00	50:00	REC	PA/O/E	4/6/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Rachel Cruze answer questions about struggling with a budget, what to do with an old 401(K), a wife not wanting to move for husband's new job, investing or paying off a home, affording a second house, cashing out an inherited IRA, parents investing for their kids, whether or not a 3% mortgage rate is possible again, and what we need to know about the housing market if we're wondering whether to buy or sell a home this year.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230407	50:00	50:00	REC	PA/O/E	4/7/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about concerns regarding the national debt, using paid off land as a down payment, using savings to start a business, investing or saving for a house, keeping a whole life insurance policy, how can the FDIC insure everyone, paying yourself from your business, and the feeling of never-ending debt. They discuss "The Financial Literacy Crisis in America 2023 Report" which focuses on the lack of personal finance education in America. The Ramsey Solutions Foundations in Personal Finance is taught in 48% of high schools. This is Financial Literacy Month and to celebrate teachers are honored through the Ramsey Teacher Appreciation Give Away sponsored by the Army National Guard. No purchase necessary. Register at ramseysolutions.com.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230411	50:00	50:00	REC	PA/O/E	4/11/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and George Kamel answer questions about buying whole life insurance for kids, selling rental property, negotiating medical bills, buying a house so roommates will pay mortgage, and how much to use as a down payment.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230412	50:00	50:00	REC	PA/O/E	4/12/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about becoming a millionaire by 50, what's next when upside down on vehicle, becoming intense during Baby Steps 4-6, starting a business debt free, selling house to get out of debt, and using an investment account to pay off house. They also discuss the federal tax return deadline, extension, payment due date, changes in IRS deductions and the difference between tax deductions, tax credits, and tax refunds. April is financial literacy month where teachers and students in classrooms across America are talking about making good money skills. They discuss what to do if you don't get scholarships.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230413	50:00	50:00	REC	PA/O/E	4/13/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Dr. John Delony answer questions about how to help parents with money, how to stay focused on paying off debt (ADHD, behaviors, choice), not agreeing on how to pay off debt, saving for college vs paying off the house, and making a side hustle the main job. They discuss questions for human cards and the lost skill of being present, listening and engaging in real dialogue. They also discuss the student loan crisis and the upheaval of the education system.</p>						

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230414	50:00	50:00	REC	PA/O/E	4/14/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Rachel Cruze answer questions about making too much money to contribute to a Roth, how to best help kids financially, where to keep an emergency fund, finding an apartment with no credit score, how to factor in military retirement, and how to start saving for a house. It's Financial Literacy Month! To celebrate teachers that help with Foundations in Personal Finance Curriculum for high school students in 48% of high schools, in-class teachers can receive a Ramsey Teacher Appreciation Give Away sponsored by the Army National Guard. No purchase necessary. They also hear from a teacher who shares a story about his former student learning the power of compound interest.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230418	50:00	50:00	REC	PA/O/E	4/18/2023	2:00 PM
<p>Today on The Ramsey Show: Dr. John Delony and George Kamel answer questions about using emergency fund to pay off house, why they should pay off a vehicle, buying a house they can't afford, selling husband's car, pausing retirement to save for a house, renting a house to family or college students, and paying off car vs student loans. Chuks and Virginia from Dallas, Texas are here to do their debt-free scream after paying off \$418,500 in 58 months and their house.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230420 / #230504	50:00	50:00	REC	PA/O/E	4/20/2023 5/04/2023	2:00 PM 2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about how to prepare for vehicle repairs, cancellation of homeowners insurance, how to best combine finances, what to do with money in savings, borrowing against rental to buy another property, having no retirement, and retirement savings going down. They also discuss LendTable.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230424	50:00	50:00	REC	PA/O/E	4/24/2023	2:00 PM
<p>Today on The Ramsey Show: George Kamel and Jade Warshaw answer questions about how to move forward when unable to afford rent, pausing investing to pay for son's college, using savings to pay off house, fear of having a \$1,000 emergency fund, and borrowing money to pay other debts.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230425	50:00	50:00	REC	PA/O/E	4/25/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about pausing paying off debt to buy a car, cancelling whole life insurance policy, paying off debt vs saving for retirement, paying off house vs investing. They share that personal finance is eighty-percent behavior and twenty-percent knowledge and encourage listeners to spend less than they make, to get out of debt and stay out of debt, devise a plan and follow it, and find a reason why.</p>						

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230427 / #230530	50:00	50:00	REC	PA/O/E	4/27/2023	2:00 PM
					5/30/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and George Kamel answer questions about paying off home, preparing for upcoming expenses, continuing to invest 25%, and saving for grad school while paying off debt. They discuss the recent mortgage rate changes are irrelevant. Brook from Pittsburg, Pennsylvania is here to do her debt-free scream! She paid off \$78,000 in 48 months including student loans and a car.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230428	50:00	50:00	REC	PA/O/E	4/28/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and Ken Coleman answer questions about keeping or selling rental property, A.I. financial advice, getting a student loan for flight school, investing 401K in gold, putting money in investments vs savings, and a debt consolidation loan as an option. Jennifer and Randy from Tampa, Florida are here to do their debt-scream. Paid off \$122,000 in 26 months including student loans, credit cards, and cars.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230501	50:00	50:00	REC	PA/O/E	5/1/2023	2:00 PM

Today on The Ramsey Show: Jade Warshaw and George Kamel answer questions about how to get ahead while on Baby Steps, buying a car next year, paying off current lease or selling vehicle, and getting a HELOC to add on to home. They discuss the current state of personal finance.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230502	50:00	50:00	REC	PA/O/E	5/2/2023	2:00 PM

Today on The Ramsey Show: Jade Warshaw and Rachel Cruze answer questions about how to start a budget, affording a "fun" car, borrowing to buy a rental, trying to move while paying off debt, and barely making ends meet supporting children. They discuss buying now and paying later.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230503	50:00	50:00	REC	PA/O/E	5/3/2023	2:00 PM

Today on The Ramsey Show: Rachel Cruze answers questions about updating father's house vs saving for own home, budgeting money from surrogacy, which debt to tackle next, and debt consolidation. Rachel shares money tips when buying food. Ken Coleman addresses money and what it means to your job in this economy. Real Estate Expert and Rachel's husband, Winston Cruze, joins the show to answer the question: Why is a Quad-plex a bad investment?

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230508	50:00	50:00	REC	PA/O/E	5/8/2023	2:00 PM

Today on The Ramsey Show: George Kamel and Rachel Cruze answer questions about feeling guilty about line of work, selling their house and living in a camper, selling rental property to pay off house, paying student loans vs investing savings, handling debt collections, and building a house now or continue saving. They discuss student loans. They also discuss the housing market and millennials and Gen Zs feeling defeated, and share tips for purchasing a home.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230509	50:00	50:00	REC	PA/O/E	5/9/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and George Kamel answer questions about saving for a house while doing Baby Steps, going a family trip while paying off debt, is it fair to ask wife to help pay his debt, should we undo how mom has her estate, how to budget commission checks, investing in mutual funds vs real estate, and what do you spend "fun" money on. They discuss the Fed raising interest rates for the tenth time and inflation.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230510	50:00	50:00	REC	PA/O/E	5/10/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about what to do when \$900K in debt, affording to buy a third rental, investing in employer 401(K) vs Roth IRA, underwater on car and how to get out, selling condo to save for a house, taking out a loan to get by for next two years, and refinancing a mortgage. Dave explains how interest is calculated on a mortgage.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230511	50:00	50:00	REC	PA/O/E	5/11/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about buying a second home to live closer to son, disagreeing on buying a new car, what we should do with extra money, and handling debt in collections. They discuss bank collapse.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230512	50:00	50:00	REC	PA/O/E	5/12/2023	2:00 PM

Today on The Ramsey Show: George Kamel and Dr. John Delony answer questions about moving back in with parents to go to school, paying off loans or waiting for government forgiveness, making passive income while in creative arts, getting wife on board with the Baby Steps, getting out of a bill in collections, and pursuing pharmacy school. The discuss guilt tipping at self-checkout.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230523	50:00	50:00	REC	PA/O/E	5/23/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and George Kamel answer questions about continuing to repair old car or by new, throwing birthday parties for our kids while in debt, is it too late to invest in mutual funds, and keeping whole life insurance on our son. They discuss car payments which average six hundred dollars in America right now. Dr. Jordan Peterson, Author, Psychologist and Online Educator, talks about vision and the psychology of handling money.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230524	50:00	50:00	REC	PA/O/E	5/24/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and Rachel Cruze answer questions about how much to save for a future home, disagreement on what to do with tax return, opening a food truck vs a brick and mortar, pulling from 401(K) to pay off credit card debt, how to save for home down payment, what to do with savings, and how to budget as a new college graduate. They discuss the housing bubble, housing trends, and interest rates.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230525	50:00	50:00	REC	PA/O/E	5/25/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and Ken Coleman answer questions about what to do after selling a rental, 16-year-old making \$46K, how to use a bonus check, where to keep an emergency fund, and selling a house to pay off debt. They discuss debt-free assessment for high school students.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230526	50:00	50:00	REC	PA/O/E	5/26/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and Dr. John Delony answer questions about fiancée's father putting a lien on her car, saving for retirement on inconsistent income, what to do with unexpected income, pulling stocks to pay off house, how to get out of debt with current salary, using emergency fund to pay off house, and feeling embarrassed living below my means. They discuss anchoring our values with our identity and having contentment and peace with our decisions. They also discuss the "National Bureau of Economic Research" showing beneficiaries of the federally funded student loan pause incurred additional debt averaging 5% more household debt.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Ramsey Show #230601	50:00	50:00	REC	PA/O/E	6/1/2023	2:00 PM

Today on The Ramsey Show: George Kamel and Dr. John Delony answer questions about how to stay out of debt, how to start feeling financially secure, selling house to pay off debt, not making ends meet as a single mom, and how to begin investing for the future.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230602	50:00	50:00	REC	PA/O/E	6/2/2023	2:00 PM
<p>Today on The Ramsey Show: Jade Warshaw and George Kamel answer questions about a wife quitting her job to stay at home, taking out a 401(K) loan to consolidate debt, getting back on track with Baby Steps, what to do with extra college savings, and how soon to pay off house. They discuss an article about GenZs ditching credit cards for cash stuffing. They also discuss Turbo Tax sending out checks to 4.4 million customers as part of a \$141 million dollar settlement.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230606	50:00	50:00	REC	PA/O/E	6/6/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and George Kamel answer questions about how debt in collections is different from other debt, paying off car with home profits, opening a savings account for a baby, selling off rentals to pay off home, lowering 401(K) to pay off the house, pausing the Baby Steps for a wedding, and what it means to be "house poor."</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230607	50:00	50:00	REC	PA/O/E	6/7/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about pulling money out of retirement, withholding more while paying off debt, paying mortgage off with life insurance money, how to become a millionaire, paying off debt with low income, buying a second property, and pausing Baby Steps to move. They discuss student loan payments resuming and the impact of the payment pause.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230608	50:00	50:00	REC	PA/O/E	6/8/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Dr John Delony answer questions about how to buy siblings out of an inherited home, what to do about being upside down on a car, how much to put down on a house, withdrawing from 401(K) to pay off debt, and a wife wanting to go into debt for MLM training.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230609	50:00	50:00	REC	PA/O/E	6/9/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about setting up a prenupe, how to become a millionaire, selling car to pay off debt, investing in retirement on Baby Step 2, used cars keep breaking down, and student loans holding me back.</p>						

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i>						
The Ramsey Show #230613	50:00	50:00	REC	PA/O/E	6/13/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Dr. John Delony answer questions about staying with boyfriend, selling car to get out of debt, taxes on gift to a 529, how to plan for building a house, 20-year-old inheriting house money, and why an ARM is a bad choice. They discuss more people now live together than are married, the unintended consequences and the "marriage advantage."</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i>						
The Ramsey Show #230616	50:00	50:00	REC	PA/O/E	6/16/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and George Kamel answer questions about paying off student loans and hurting credit, why a Roth is better than traditional, moving out on my own to be closer to work, and it being practical to live on half of my income. They discuss the NPR Report about a lack of credit history creating obstacles for immigrants. Andrea and Reuben from English, Indiana are here to do their debt-free scream! They paid off \$252,852 in 48 months including student loans, medical and their house.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i>						
The Ramsey Show #230619	50:00	50:00	REC	PA/O/E	6/19/2023	2:00 PM
<p>Today on The Ramsey Show: Dr. John Delony and Rachel Cruz answer questions about in-laws wanting reimbursement for a parent plus loan, not wanting to go back into debt for a house, paying off house if potentially moving, where school falls into the Baby Steps, how much should be saved for retirement, and pausing investing to pay off debt. They discuss couples sharing bank accounts vs having separate accounts.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i>						
The Ramsey Show #230626	50:00	50:00	REC	PA/O/E	6/26/2023	2:00 PM
<p>Today on The Ramsey Show: Ken Coleman and Rachel Cruz answer questions about selling stocks to pay off car, saving for a house while paying off debt, feeling stuck on how to move up in career, buying a house when potentially moving. They discuss car loans, inflation and interest rates and how it affects consumers, and unemployment.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i>						
The Ramsey Show #230627	50:00	50:00	REC	PA/O/E	6/27/2023	2:00 PM
<p>Today on The Ramsey Show: Ken Coleman and Rachel Cruz answer questions about how to best budget on irregular income, paying off \$60K of debt, moving closer to family, and Baby Step zero feeling so exhausting. They discuss feeling safe "until" and student loan payments restarting in October.</p>						

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230628	50:00	50:00	REC	PA/O/E	6/28/2023	2:00 PM

Today on The Ramsey Show: Ken Coleman and Rachel Cruz answer questions about pausing Baby Steps while changing careers, budgeting to buy a car while on Baby Step 1, taking out student loans to go to graduate school, investing a lump sum of money, what to do if upside down on a car, and waiting until we have kids to start Baby Step 5. They discuss an article about the downsides of paying off all debt which turn out to be momentary inconveniences.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> The Ramsey Show #230629	50:00	50:00	REC	PA/O/E	6/29/2023	2:00 PM

Today on The Ramsey Show: Ken Coleman and Rachel Cruz answer questions about how to budget on an irregular income, where to keep savings, and buying a vacation home and renting it out. They discuss the trend to buy now and pay later and the F.I.R.E. movement (Financially Independent Retire Early).

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Economy

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
What is the Great Reset with Erick Stakelbeck #7120	55:59	55:59	REC	PA/O/E	4/17/2023	5:00 PM
					4/17/2023	8:00 PM
					4/22/2023	10:30 AM
					4/25/2023	12:00 AM
					5/03/2023	12:00 AM

What is the Great Reset with Erick Stakelbeck: Welcome to the Great Reset. What would you say if I told you that by the year 2030, you'll own nothing, have no privacy, and be happy, that you'll live in a cashless society where all currency is digital, that everyone on earth will require a digital ID to travel freely, that maintaining a decent job, using the bank of your choice, or running a thriving business will depend upon your approach to climate change? The end game is a one world government all supposedly in the name of diversity, equity, inclusion, and the environment. Today, some very powerful global players, led by the World Economic Forum and with the enthusiastic backing of western leaders, major corporations, and the U.N., are promoting this radical transformation of society. They call it the great reset, which would see power wielded by an elite few that would dictate to the rest of us. So what would this great reset mean for Christians? What role does the United States play? How far along is the plan and does the Bible have anything to say about it? Over the next hour I'll be joined by a group of experts who studied this disturbing movement in depth. They say it's all too real and that it's not a conspiracy theory if the people behind it are saying out loud what they intend to do. Imagine a world with no paper money or coinage where all currency is digital, and transactions can be made with the wave of a hand. That's the vision of the great reset. It all sounds very convenient, but what happens if you oppose the policies of the powers that be, whether on say climate change, human sexuality, or abortion? In a world of digital currency, could your ability to buy and sell be cut off if you don't fall in line? From Pharaoh to Rome, from Napoleon to Hitler. Many empires have tried to impose their will on the world, but none of them had the advanced technology that we have today. With everything from the internet to A.I. it's technology that in many cases is used for good but can easily be misused by those who have an obsession with control. For supporters of the great reset, China serves as a model. The communist regime in Beijing has imposed a surveillance state where every move is tracked. Every citizen is given a social credit score based on their loyalty to the regime and its agenda. Reggie Littlejohn is an expert on China's one child policy of forced abortions. She's seen the tyranny of China's government up close and she's sounding the alarm that it could come here courtesy of the great reset. Amid all the sweeping changes that the World Economic Forum and other proponents of the great reset have put forward, one name is never mentioned God. How should Christians view this great reset, and does it seek to place man above the Almighty? A one world government and uniting mankind under one all-powerful regime is an idea that's as old as time itself. The Bible tells the story of the tower of Babel of Nimrod and his attempts to subjugate the world under his rule and build a tower that would reach to heaven. God had other plans. Yet that still hasn't stopped a long line of tyrants throughout history from driving towards the same goal. Could the great reset be laying the groundwork for a future tyranny where technology enables a group of global elites to wield the kind of power and control that tyrants of the past could only dream of? The Bible says the one final leader will arise to rule the world. At least for a short time until God directly intervenes, just as He did in the time of Nimrod. Because while earthly kingdoms come and go, God still sits on the throne. The architects of the great reset would be wise to remember that and as followers of Jesus that fact should give us encouragement and the strength to face whatever the future may bring. Guests include Marc Morano, Author & Founder of ClimateDepot.com, The Kwak Brothers: Daniel Kwak and Sam Kwak, Authors & Entrepreneurs, Victor Davis Hanson, Senior Fellow at Hoover Institution, Reggie Littlejohn, Founder & President of Women's Rights Without Frontiers, and Jack Hibbs, Senior Pastor of Calvary Chapel Chino Hills.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club CBN NewsWatch #04132023	52:30	1:00	REC	PA/O/E	4/13/2023	12:00 PM

Economy

CBN Reporter Wendy Griffith Reports: Inflation is easing due to lower food and gas prices and that's giving some much-needed relief to consumers, but it looks like the Fed is still on track to raise interest rates at least once more. March numbers show the rate of inflation slowing, dropping from a whopping 6 percent from this time last year to 5 percent this year. It's the ninth consecutive month it's fallen, but inflation is still way above normal. Grocery prices fell for the first time in two-and-a-half years, down three-tenths of a percent from February to March. Beef, milk, fruits, vegetables, and eggs all came down a bit. Gas prices also fell 4.6%. E.J. Antoni, an economist with the Heritage Foundation told CBN's Faith Nation that's a good sign. However, Antoni says people's paychecks are still not going as far because incomes aren't going up as fast as inflation – and partly due to higher borrowing costs. Still, prices in the service industry continue to rise. Businesses and consumers are doing the best they can to cope. The Fed is expected to continue raising interest rates to bring inflation down, but that's also hurting consumers and so the FED may take a pause after another hike next month.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> 700 Club CBN NewsWatch #04142023	52:30	2:00	REC	PA/O/E	4/14/2023	12:00 PM

CBN Reporter Matt Galka Reports: With Tax Day around the corner, the fear of an audit looms for some Americans. A recent report by Stanford University shows that some Americans are being targeted for audits more than others. Stanford report showed black taxpayers might have more to stress about come tax time. The report found the Internal Revenue Service (IRS) audits black taxpayers about three to five times more than non-black taxpayers. Financial advisor Camari Ellis says part of the problem could be about tax refunds. The study found a big disparity with the earned income tax credit, a rule that typically helps low to moderate-income families. Ellis believes some tax preparers might be trying to take advantage by promising big returns, and then audit could be triggered. Senators grilled new IRS Commissioner Daniel Werfel about the apparent racial bias at the agency during his confirmation hearing in February. Government agencies typically use algorithms to drive decisions like audits. User experience researcher Kamaya Jones, who crunches numbers with her firm Theory Research + Insights, says that even though data may be blind to race, the circumstances surrounding the numbers the IRS is using are not. The new IRS commissioner pledged to the U.S. senators that he'd get back to them in 60 days about the discrimination and how the IRS will correct it.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i> 700 Club CBN NewsWatch #05172023	52:30	3:00	REC	PA/O/E	5/17/2023	12:00 PM

CBN Reporter Dale Hurd Reports: The U.S. dollar has been the world's reserve currency since the Bretton Woods agreement in 1944, yet some economists believe the dollar's reign could be in jeopardy. If the dollar falls from its "throne," you will feel it in your pocketbook. There's been plenty of talk lately that the U.S. dollar could lose its reserve currency status. A growing number of nations are turning away from the greenback as a payment currency. But that is a separate issue from whether the dollar will lose its reserve currency status. If the dollar were dethroned as the world's reserve currency, some have warned that we would see "soaring inflation" and a catastrophic drop in the American standard of living. Other economists, however, believe the effect would not be nearly that dramatic. Experts not only fail to agree on whether the dollar is doomed to lose its reserve currency status, they also differ on what the economic fallout would be. Pete Earle at the American Institute of Economic Research is one of many economists who say there is no short-term threat to the dollar's reserve currency status because there just aren't better options. He also believes there is no reason to be worried that the dollar will be replaced by the Chinese Yuan. The reason? China won't do what it takes to become a reserve currency. It won't allow the yuan's value to float. It pegs the yuan to the dollar. And its capital markets are largely closed to investors. The US has the deepest capital markets in the world. Talk of a "Brics" currency, bringing together Brazil, Russia, India, China, and South Africa, is still just talk. America's share of the reserve currency market has fallen mostly because of the creation of the Euro. If the Dollar were replaced as the world's reserve currency, your money would be worth less, foreign goods would cost more, inflation would increase, and the US government would have to rein in its runaway spending because fewer nations would be buying US treasuries and financing our huge federal debt. Nations currently ditching the dollar as a payment currency is a more pressing issue. Some nations are dropping the dollar to simply "cut out the middleman." They want to use their own currency when trading. Others are afraid of a "weaponized" dollar after the US froze hundreds of billions of dollars in Russian reserves because of its invasion of Ukraine. Others have a political objective: they want to see America's economic dominance weakened. This is a potential near-term threat to the dollar's value. But economists say any threat to the dollar's reserve currency status is many years, if not decades away.

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Economy

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club CBN NewsWatch #05232023	52:30	6:00	REC	PA/O/E	5/23/2023	12:00 PM

CBN Reporter Caitlin Burke Reports: Disruptions in key supply chains throughout the pandemic exposed a serious vulnerability: One of America’s greatest adversaries basically controls the needs of key U.S. industries. The elements needed for some of the most commonly used technologies in the world today are relatively abundant in the earth’s crust, including here in the United States, but when it comes to the global supply chain, it’s almost entirely controlled by China. As the relationship between Beijing and Washington seems to crumble, demand for tech that relies on rare earth elements is only building. Relying on the country seen as the greatest threat to both U.S. prosperity and national security is an obvious problem, and experts believe the solution is even more obvious. In 2017, the owners of MP Materials bought an abandoned mine in the Mojave Desert. Their goal: use it to create a complete magnetic supply chain. In less than a decade, they’ve almost accomplished it with the Mountain Pass Mine, now the largest rare earth mine in the United States. Matt Sloustcher, Senior Vice President of Communications and Policy at MP Materials, says the company is moving full steam ahead on the final steps of this supply chain. The project has the support of both the public and private sectors. Back in 2021, General Motors agreed to buy the magnets produced for use in their electric vehicles. The Department of Defense is also interested, investing \$10 million in 2020, and another \$35 million in 2022. Creating this kind of supply chain here has bipartisan support. Frank Fannon, CEO of Fannon Global Advisors and former Assistant Secretary of State for Energy Resources, says the Trump administration also backed the project. Fannon sees China essentially operating as a cartel when it comes to its control over the rare earth industry. Case in point, recently moving toward banning exports. These materials will also play a significant role in the U.S. clean energy transition, with demand expected to triple over the next decade. Fannon says both the federal government and the corporate sector must stop undermining U.S. strength and security by continuing to turn to China for cheap, clean energy goods. Fannon says it’s imperative the U.S. fully commit now to building the clean, secure, and resilient supply chains needed in the future, a future that must not rely on China.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

Taking Care of Business #TCOB-1923	28:30	28:30	LCL	PA	4/5/2023 4/7/2023	8:30 PM 1:30 AM
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Public Health is more than clean air and water. Public health includes our schools, our available medical facilities and resources, reducing violence and crime. On this edition of Taking Care of Business see the efforts being made to create safe and healthy communities where we live, work and play.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

Taking Care of Business #TCOB-1903	27:30	27:30	LCL	PA	4/19/2023 4/21/2023	8:30 PM 1:30 AM
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Abortion. It’s a health issue that effects over 900,000 lives each year. On this program, we’ll hear stories from people who have suffered traumatically while dealing with the consequences of abortion. Including, one woman who will tell how she personally profited from the life-altering circumstances of others.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

Taking Care of Business #TCOB-1919	27:30	27:30	LCL	PA	5/3/2023 5/5/2023	8:30 PM 1:30 AM
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Every year, more than a quarter of a million children come into foster care in this country. As a result of the nation’s opioid epidemic, this number is growing faster than the system can accommodate. More and more often, there simply aren’t enough families to meet the need, and these children must wait in a residential setting for a family to become available. Child welfare advocates are calling us all to learn more about how to help these children in need. Join us for this episode of Taking Care of Business and learn more about how foster care is a way of providing a family life for children who cannot live with their own parents, granting them a family life and a chance at stability that they desperately need.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business	27:30	27:30	LCL	PA	5/24/2023	8:30 PM
#TCOB-1918					5/26/2023	1:30 AM

Although the teen pregnancy rate is the lowest in history, 3 out of 10 young girls will become pregnant before the age of 20. Each pregnancy represents a young woman with hopes and dreams. On this program, see the stories of young mothers who are overcoming adversity with a spirit to succeed and to achieve their personal best.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business	27:30	27:30	LCL	PA	6/14/2023	8:30 PM
#TCOB-1906					6/16/2023	1:30 AM

Since the global warming topic first arose, the terms "go green" and "carbon footprint" have been thrown around so often that they now are bland and empty, lacking the fiery inspiration they were coined with. But the fact remains that we all make an impact on the world we live in. The systems that we employ and the choices that we make today do have an enduring effect. Join us for this episode of Taking Care of Business and learn how personal environmental responsibility is more than taking care of the earth - it is taking care of those we love.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise Presents	56:15	56:15	REC	PA/O/E	4/06/2023	1:00 AM
Jordan Rubin					4/06/2023	10:30 PM
Multi-Collagen					4/09/2023	11:00 PM
#16					4/11/2023	1:00 AM
					4/17/2023	10:30 PM
					4/20/2023	1:00 AM
					4/22/2023	2:30 AM
					4/29/2023	3:00 AM
					5/06/2023	2:30 AM
					5/07/2023	11:00 PM
					5/14/2023	10:00 PM
					5/22/2023	10:30 PM
					5/29/2023	11:00 PM
					5/30/2023	1:00 AM
					6/07/2023	11:00 PM
					6/18/2023	11:00 PM
					6/20/2023	1:00 AM
					6/22/2023	10:30 PM

Tonight on Praise: Jordan Rubin, America's Biblical Health Coach, and Dr. Josh Axe, Chiropractic Physician and Nutritionist, Co-Founders of Ancient Nutrition and Best-Selling Authors, discuss the nutrient, collagen, that virtually everyone is missing from their daily diet.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Praise #41323	55:30	55:30	REC	PA/O/E	4/13/2023	5:00 PM
					4/13/2023	8:00 PM
					4/20/2023	12:00 AM

Tonight on Praise: The Saturday morning social media post that shocked the nation. Former President Donald Trump wrote on his truth social account on March 18th "The far and away leading Republican candidate and former president of the United States of America will be arrested. Mr. Trump's social media post had immediate impact; around the clock coverage in media ensues. All eyes turned to Trump's home in Mar-a-Lago, Trump Tower in New York, and the Manhattan District Attorney Office. On April 3rd, Trump and the Secret Service motorcade head to the airport to fly to New York, the city with tall buildings that bear his name, to face criminal charges. The next day, in a Manhattan courtroom, for the first time in U.S. history, a former president surrendered to law enforcement and was placed under arrest. The former president denies all wrongdoing in connection to the case. Is this justice? Is this political persecution? Or could it be something much deeper than that? There is a spiritual battle underway in our nation. As we head toward the elections next year, is there room for Judeo-Christian values to be represented through the candidates running for office? Our nation is in desperate need for a return to biblical values. There was another mass shooting Monday at a bank in Louisville, Kentucky. The shooter was employed at the bank. One bank manager described him as extremely intelligent. On March 27, 2023, a mass shooting occurred at the Covenant School, a private Christian school in Nashville. The shooter, a former student, had planned out the massacre well in advance. How do we address the violence breaking out? Is gun reform the answer? And what about the mental health crisis in our nation? Meanwhile major corporations are embracing the woke agenda. The popular kids toy company Build a Bear has come out with a new drag queen bear. Brands like Bud Light and Nike have recently featured transgender influencers in their marketing. Where is America headed spiritually? There is a battle for the soul of our nation and the time to stand up for faith values is now. What pivotal role do we as Christians play in this season? As Christians how do we discern the times? Join Bobby Schuller and Shawn Bolz now as they discuss the pressing matters of our day from a Christian worldview.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Praise #32123	51:48	51:48	REC	PA/O/E	4/14/2023	12:00 AM
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Tonight on Praise: Matt and Laurie Crouch host Sheila Walsh as they welcome her to the TBN family. Sheila shares powerful testimony of her early childhood to now and how God has used her personal challenges and journey to reach others with mental illness.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

Praise Presents Jordan Rubin Bone Broth Savory Vitality #24	56:59	56:59	REC	PA/O/E	4/15/2023	1:00 AM
					4/24/2023	12:30 AM
					5/13/2023	3:00 AM
					5/27/2023	2:30 AM
					6/03/2023	2:30 AM
					6/10/2023	1:00 AM
					6/15/2023	1:00 AM

Tonight on Praise: Tom Newman hosts guest Jordan Rubin, America's Health Coach, New York Times Best-Selling Author, and Co-Founder of Ancient Nutrition, to share the latest on the health benefits of savory bone broths and vitality supplements for men and women. They're joined by special guests Dove Award-winning Singer and Songwriter Nicole C. and Gold Medal Olympic figure skater champion Scott Hamilton.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise Presents Scott Hannen Nano Nutrients #25	54:59	54:59	REC	PA/O/E	4/18/2023	1:00 AM
					4/23/2023	8:00 PM
					4/26/2023	6:00 PM
					5/06/2023	10:30 PM
					5/13/2023	9:30 AM
					5/14/2023	8:00 PM
					5/15/2023	10:30 PM
					5/27/2023	9:30 AM
					6/06/2023	5:00 PM
					6/06/2023	8:00 PM
6/11/2023	8:00 PM					
6/11/2023	10:30 PM					
6/24/2023	9:30 AM					

Tonight on Praise: Matt and Laurie Crouch host Dr. Scott Hannen, Chiropractic Physician, Best-Selling Author, TV Host and Pastor, to introduce and discuss a new life changing breakthrough in healthcare that will assist in improving energy, decreasing inflammation and pain, as well as get your body feeling refreshed, repaired, and revived.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise A.R. Bernard Renewal #42023	53:50	53:50	REC	PA/O/E	4/20/2023	5:00 PM
					4/20/2023	8:00 PM
					4/27/2023	12:00 AM

Tonight on Praise: Matt and Laurie Crouch sit down with Reverend A.R. Bernard, Founding Pastor of Christian Cultural Center in New York, to discuss the spiritual renewal and revival in our country. Reverend A.R. Bernard's definition of renewal is the reawakening of passion, fervor, and creativity towards purpose. He explains that renewal begins with the individual, works through the family, then the community, and out into society at large. God ordained renewal impacts in five ways: personal renewal, relational renewal, renewal of purpose, structural renewal, and cultural renewal.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise Presents Jordan Rubin CBD Capsules #1	56:15	56:15	REC	PA/O/E	4/23/2023	10:30 PM
					5/01/2023	11:00 PM
					5/20/2023	1:00 AM
					5/22/2023	12:30 AM
					6/04/2023	10:30 PM
6/28/2023	10:30 PM					

Tonight on Praise: America's Biblical Health Coach, Jordan Rubin and Chiropractic Physician and Nutritionist, Dr. Josh Axe, Co-Founders of Ancient Nutrition, talk about the hemp plant, originally called cannabis sativa, focusing on CBD or Cannabidiol, which does not have intoxicating or hallucinogenic effects. They share its benefits to help with stress, its impact on the entire body, and nutritional benefits. They present the first to market certified organic CBD hemp supplements combined with powerful botanicals, US grown, and USDA certified organic by the United States Department of Agriculture.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Praise #42723	58:35	58:35	REC	PA/O/E	4/27/2023	5:00 PM 8:00 PM 12:00 AM

Tonight on Praise: Sheila Walsh is joined by Lysa Terkeurst who shares her powerful testimony of how God uses pain for purpose. Lisa talks about the discovery of her husband's affair, reconciliation, helping children be resilient, counseling, mental health, boundaries, consequences, self-control, access, responsibility, being the best version of herself, having people to speak truth into her life, and the end of her marriage. She shares this journey in her new book, *"Good Boundaries and Goodbyes: Loving Others Without Losing the Best of Who You Are."* Lysa started "Therapy and Theology with Lysa Terkeurst" along with a theologian and her personal therapist, Jim Cress, a podcast to help people who may not have access to a friend who can give Bible answers to deep questions or who not have a therapist.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Praise #50423	54:59	54:59	REC	PA/O/E	5/04/2023 5/04/2023 5/11/2023 6/06/2023	5:00 PM 8:00 PM 12:00 AM 12:00 AM

Join Matt and Laurie Crouch as they sit down with Dr. James Merritt, Pastor of Cross Pointe Church, Author, Teacher, and Host of *"Touching Lives,"* as he shares how we can better understand God's guidance for handling difficult emotions. Dr. Merritt shares that as a pastor he sees so many fractured families because of bitterness, unresolved anger, guilt, jealousy, depression, and fear. He tells us the best evidence for Christianity ought to be a Christian. If you have a personal relationship with Jesus, then you need to learn how to put feelings in their proper place. God has spoken. Get into the word of God. Is there any word from the Lord? That's the question nobody is asking today about some of these great issues. Jesus is the source of joy.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Health</i>						
Praise Scott Hannen Stop the Pain #70821	54:25	54:25	REC	PA/O/E	5/7/2023	9:00 PM

Tonight on Praise: Dr. Scott Hannen, Chiropractic Physician, TV Host, and Author of *"Stop The Pain The Six to Fix"* talks about stopping the pain, disease processes, and recovery protocols to help restore health.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise Presents Jordan Rubin Brain Boost/Trinity #18	54:29	54:29	REC	PA/O/E	5/08/2023	1:00 AM
					5/18/2023	10:30 PM
					6/10/2023	9:30 AM
					6/12/2023	10:30 PM
					6/17/2023	3:00 AM
					6/26/2023	12:30 AM

Tonight on Praise: Jordan Rubin, Founder of Ancient Nutrition, America’s Biblical Health Coach and "New York Times" Best-Selling Author, introduces Multi-Collagen Protein Brain Boost available in powder and capsule form. We learn our body is made up of thirty percent collagen, which is a connective tissue protein. However, many people are getting only zero to five percent collagen in their diet. Jordan also introduces Ancient Probiotic Trinity an innovation in gut health combining prebiotics, parabiotics, and postbiotics. Jordan talks about gut health and explains that probiotics are beneficial microorganisms or bacteria that protect our gut and aid digestion, elimination, and the immune system. He also talks about what destroys probiotics in the body and symptoms associated with its depletion.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise Presents Joseph Prince Healing Scriptures #20	54:15	54:15	REC	PA/O/E	5/10/2023	10:30 PM
					5/21/2023	9:00 PM
					6/08/2023	1:00 AM
					6/18/2023	9:00 PM

Tonight on Praise: Joseph Prince, Dynamic Teacher of Grace, Senior Pastor of New Creation Church, and Best-Selling Author of his latest book, "Healing Scriptures," talks about God’s heart for his people. His heart is that He wants us well. Joseph shares the significance of the healing scriptures for us today. He talks about the power of meditating on God’s word and speaking God’s word. He tells us how gratefulness is connected to our overall health and healing.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #51823	55:29	55:29	REC	PA/O/E	5/18/2023	5:00 PM
					5/18/2023	8:00 PM
					5/20/2023	9:30 AM
					5/21/2023	8:00 PM
					5/25/2023	12:00 AM

Tonight on Praise: Matt Crouch is joined by O.S. Hawkins, Bestselling Author and Pastor, and Ilan Sobel, CEO of Bioharvest Sciences, one of the most advanced biotech companies in the world. In Israel they are developing breakthrough technology to leverage the power of the plants for the overall health and wellness of people. Their latest product, VINIA Red Grape Powder, provides the benefits of one bottle of red wine with no sugar, no calories, and no alcohol in each capsule. After taking VINIA every single day for three months in clinical trials they’ve been able to demonstrate the ability to significantly increase the dilation of arteries, and more dilation of your arteries means increased blood flow. O.S. Hawkins shares that he has been using this product for two years with great results. Ilan shows a portion of the manufacturing process and shares why he does what he does and his deep sense of responsibility to return improved health and vitality to the world and the importance of the partnership between evangelical Christians and Israel.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i> Praise Presents Rick Warren Purpose Driven Life #7	54:15	54:15	REC	PA/O/E	5/25/2023	5:00 PM
					5/25/2023	8:00 PM
					6/01/2023	12:00 AM
					6/04/2023	9:00 PM
					6/19/2023	12:30 AM
					6/26/2023	11:00 PM

Tonight on Praise: Rick Warren, Founder of Saddleback Church, Pastor, and "New York Times" Best-Selling Author of "The Purpose Driven Life: What on Earth Am I Here For?" tells us there is no more fundamental question than 'why am I alive?' He asks the question of existence (why am I alive?) significance (does my life matter?) and purpose (what am I here for?). He explains God's five purposes for our lives: 1. You're planned for God's pleasure. 2. You're formed for God's family. 3. You're created to become like Christ. 4. You're shaped to serve God. 5. You're made for a mission. To fulfill these five purposes love God with all your heart, soul, mind, and strength (worship) and love your neighbor as yourself (service). Let God love you because we were created for God to love. Pastor Rick shares his personal pain when his wife, Kay, had cancer, and when his son, Matthew, struggled with mental illness and committed suicide. Out of their greatest pain, Pastor Rick and his wife, Kay, began ministering to families with mental illness and families struggling with the suicide of a family member. Pastor Rick expresses the importance of recognizing the deeper the pain the fewer words should be used. Simply show up and shut up; this is the ministry of presence. Pastor Rick encourages viewers to use their pain to help others.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Health</i> Praise #62623	58:00	58:00	REC	PA/O/E	6/26/2023	5:00 PM
					6/26/2023	8:00 PM

Tonight on Praise: Sheila Walsh sits down with Jordan Rubin and Todd Vincent to discuss the creation and purpose of their superfood products Ancient Nutrition. Jordan and Todd share how they connected and began the new venture of the Ancient Nutrition Center for Regenerative Agriculture. Organic truly means a way of raising and growing food that doesn't involve pesticides, herbicides, or fungicides. Regenerative is quite literally leaving the land better than you when found it. Regenerative Organic Certified is a new standard on foods, beverages, skincare, and now supplements. Organic Superfruits & Organic Superveggies are the first ever Regenerative Organic Certified supplements and are packaged in biodegradable packaging. Jordan shares that the vegetables in their formulation are perennial plants, which means you plant a seed once and for decades, if not generations, you reap a harvest. Todd shares how his farming is different and that they are using water buffalo, cattle, sheep, and goats on their farm and do not use fertilizer. The animals provide the fertilizer. Jordan shares his mission to end food waste. They work with twenty restaurants, health food stores, groceries, even hotels, to pick up all of their food scraps, to feed their chickens, ducks, and turkeys exclusively with those food scraps, then they make eggs that are donated to vulnerable populations. The birds follow the ruminant animals, buffalo, cows, goats, and sheep, and they build soil. They're almost through year one of a fourteen-year program. These animals will graze in a program fashion for six years, and the seventh year they will let the land go fallow, as the Bible says. And all the while scientists are on site measuring the results, so that they can share this information with the world. Jordan talks about the variety of fruits and vegetables contained in the products and the benefits of the compounds found in them. He also talks about the relation between gut health and brain health. Ancient Nutrition has a great partnership with Sprouts. They were the first retailer to launch their first Regenerative Organic Certified products, and TBN is the first to offer these products across the globe. To heal the planet, feed the world, and transform health, is their mission. What Ancient Nutrition exists to do as a founder and farmer-led company is bring information, hope, and tools to transform lives.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Praise #62723	52:14	52:14	REC	PA/O/E	6/27/2023	5:00 PM
					6/27/2023	8:00 PM

Tonight on Praise: Matt and Laurie sit down with Sheila Walsh in Israel as she brings her new first-time perspective to the Holy Land. We take a sneak peek at her brand-new series called "My First Trip to Israel with Sheila Walsh." Matt and Laurie talked about his mother's depression, how she was delivered and testified about it for the rest of her life and was so joyful. Sheila talks about growing up with a profound sense of shame because of her father's violence before his death by suicide, and her suicide attempt later in life. They discuss the acts of faith and miraculous healings as told in the Bible when Jesus told the disciples to go to the other side of the Sea of Galilee, the deliverance of the man filled with demons, the woman with the issue of blood, Jairus' daughter, and the centurion. Sheila tells viewers that although we may feel overlooked, forgotten, anonymous, or unworthy, Jesus not only sees us but seeks us out. That has never been clearer to her than since she set her feet on the soil of Israel. Although we think we know the stories, when we set our feet where Jesus set his feet, it changes everything. She will not be the same again. She invites viewers to come to Israel.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Better Together #754/1079	51:00	51:00	REC	PA/O/E	4/13/2023	10:29 AM
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Today on Better Together: Laurie Crouch, Lisa Harper, Jackie Hill Perry, Kirsten Watson, and Debra Fileta address: How can we protect ourselves mind, body, and soul? God loves us so much that He made a way for us to guard our hearts and renew our minds with His Word. Changing our lives starts with changing our hearts.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Better Together #706/1046R	51:00	51:00	REC	PA/O/E	5/29/2023	10:29 AM
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Today on Better Together: Laurie Crouch, Nicole Binion, Dr. DeeDee Freeman, Robyn Wilkerson, and Amie Dockery address: Don't let worry waste your time! God created us to walk in His power and love with a sound mind. His supernatural peace overcomes fear and carries us through even the most difficult storms of life.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Better Together #707/1047	48:18	48:18	REC	PA/O/E	5/30/2023	10:29 AM
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Today on Better Together: Laurie Crouch, Nicole Binion, Dr. DeeDee Freeman, Robyn Wilkerson, and Amie Dockery address: Say goodbye to negative thinking! When we renew our minds with the Word of God, we are empowered to walk in His truth and freedom.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Better Together #708/1048	51:00	51:00	REC	PA/O/E	5/31/2023	10:29 AM
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Today on Better Together: Laurie Crouch, Nicole Binion, Dr. DeeDee Freeman, Robyn Wilkerson, and Amie Dockery address: Freedom looks good on you! We are fully known and loved by God! When we believe His truth about us, we find our true identity and walk in freedom.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Better Together #709/1049	51:00	51:00	REC	PA/O/E	6/1/2023	10:29 AM
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Today on Better Together: Laurie Crouch, Nicole Binion, Dr. DeeDee Freeman, Robyn Wilkerson, and Amie Dockery address: We can overcome insecurity! Living for an audience of One and renewing our minds with God's truth sets us free from comparison and offense.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Better Together #710/1050r	51:00	51:00	REC	PA/O/E	6/2/2023	10:29 AM
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Today on Better Together: Laurie Crouch, Nicole Binion, Dr. DeeDee Freeman, Robyn Wilkerson, and Amie Dockery address: Mindset matters! Faith is the most powerful antidote to fear. When we learn how to believe well, we can walk through any season knowing that God is with us and for us!

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

Center Point #230418	27:00	8:00	LIVE	PA/O/E	4/18/2023	4:30 PM
			REC		4/18/2023	7:30 PM

Tonight on CenterPoint: Correspondent Rob Astorino interviews Jenna Ellis, Attorney and Host at American Family Radio, to discuss the abortion battle in the states, the fight for life, and protecting the unborn.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

Center Point #230426	27:00	7:00	LIVE	PA/O/E	4/26/2023	4:30 PM
			REC		4/26/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Allen Jackson, Senior Pastor of World Outreach Church, Allen Jackson Ministries, and Author of "Big Trouble Ahead," to discuss the pro-life battle and polarizing abortion debate.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

Center Point #230428	27:00	7:00	LIVE	PA/O/E	4/28/2023	4:30 PM
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Tonight on CenterPoint: Correspondent Marc Lotter interviews Janet Morana, Co-Founder of Silent No More Awareness Campaign, and Frank Pavone, Pro-Life Leader, to discuss the pro-life battle and the Heartbeat International Annual Conference.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Center Point #230522	27:00	11:00	LIVE	PA/O/E	5/22/2023	4:30 PM
			REC		5/22/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Former Vice President Mike Pence to discuss life, abortion, mass shooting violence, and mental health care.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230628	27:00	5:00	LIVE	PA/O/E	6/28/2023	4:30 PM
			REC		6/28/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Dr. Amesh Adalja, Infectious Disease Doctor, Senior Scholar at Johns Hopkins Center for Health Security, to discuss bird flu defense, bird flu poultry infections, preparing for bird flu, and first U.S. malaria outbreak in decades.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

Center Point #230630	27:00	5:00	LIVE	PA/O/E	6/30/2023	4:30 PM
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Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Jim Karas, Lifestyle Expert, and Author of "The Business Plan for the Body," to discuss making healthy choices and having a healthier summer.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

The Eric Metaxas Show #174	24:15	15:00	REC	PA/O/E	5/26/2023	3:00 PM
					5/27/2023	4:30 PM
					5/28/2023	7:00 PM

Today on the Eric Metaxas Show: O.S. Hawkins, Bestselling Author and Pastor, introduces Ilan Sobel, CEO of BioHarvest Sciences, the global leaders in plant cell technology. They discuss a new product called Vinia that helps increase blood flow. Ilan explains the technology across a lineup of critical polyphenols that can have a dramatic impact on our bodies as we look to experience a better, more holistic life as we age. He shares that we are at the crossroads of three very important trends: health and wellness, the power of technology, and sustainability. Given what the world has experienced in the last two years, health and wellness has never been more on people's minds than ever before. Breakthrough technology is going to drive that quality of longevity in our lives, and as global citizens, we must make sure we leave the world in a better state for our children and our grandchildren.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

The Eric Metaxas Show #162	24:29	24:29	REC	PA/O/E	6/23/2023	3:00 PM
					6/24/2023	4:30 PM
					6/25/2023	7:00 PM

Today on The Eric Metaxas Radio Show: Chad Robichaux, Founder of Mighty Oaks Foundation, talks about being a Mixed Martial Arts Champion, his military background, his faith, his struggle with severe anxiety, depression, panic attacks, and diagnosed PTSD, his attempt to take his life, and the restoration of his life and family. His desire to share what he discovered with others led he and his wife to start the Mighty Oaks Foundation. They speak to active-duty troops based around the world, write books, give away books, provide a week-long recovery program called The Legacy Program at five different ranches around the country, provide free programs for our troops and even pay for travel for active-duty veterans, first responders, and their spouses. Visit mightoaksprograms.org for more information. Chad talks about the US withdrawal from Afghanistan and how Aziz became his teammate. He shares this story in his brand-new book, "Saving Aziz How the Mission to Help One Became a Calling to Save Thousands" and how he put together a team of former operations veterans to rescue one family: Aziz, his wife and six children. Another team member brought up 3,500 orphans that were left behind of former Afghan national army soldiers who had died in combat. They decided to help as many Americans, interpreters, their families, women, and children as they could. When God put the burden upon their hearts, all of them were obedient to that call and they witnessed a divine miracle and a series of events over the next three days that made it possible to rescue these 17,000 people. His team chose to stay, which led to a coalition effort with other organizations such as Mercury One, Might Oaks, Save Our Allies and Task Force Argo, and Samaritan's Purse, and over two months they got another 5,000 people out.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

2ND Chance: Restoring Hope to America's Prisons #7121	57:30	57:30	REC	PA/O/E	4/28/2023	5:00 PM
					4/28/2023	8:00 PM
					5/05/2023	12:00 AM

2ND Chance: Restoring Hope to America's Prisons: California, about 120,000 inmates are crowded into state prisons. California seems to be a leader in "Get Tough on Crime." That jammed up our prisons. A violent facility, assaults between inmates and on officers are frequent. It's not good for the inmates. It's not good for the taxpayers, and it's not good for the folks that work in the Sheriff's department. We're going to have to come to a resolution on this, and we're going to have to do it by working together. Verdict as to penalty, count one, murder, we the jury recommend and fix the penalty as death. Gun crime is surging here, driven by gang turf wars. Inmates not only showed off drugs they had in their prison cell, but somehow, they obtained a handgun, defiantly waving it around for the camera. The state of Louisiana has the highest incarceration rate in the entire country, twice the U.S. average. Packed prisons have had limited success at rehabilitation. Sixty-three percent of released felons in the state are back behind bars within three years. So it shows that locking people up isn't the answer. It is not. The system is still ridden with problems. Thousands of inmates are held in isolation for years, or in some cases, for decades. Isolation breeds hostility. The war on drugs has failed. Dangerously overcrowded jail, costing the county millions of dollars, criminal justice reform to pursue bold change that will offer our fellow citizens a second chance. Long before Burl accepted Governor Tate's offer to serve as the head of the Mississippi Department of Corrections, he was leading revival within the Alcatraz of the South, the Louisiana State Penitentiary, Angola. Angola became a state-owned prison at the turn of the twentieth century. These 18,000 acres encircled by miles of dense bayou and barbed wire, held the title of "America's bloodiest prison." Here, morality was non-existent. Stabbings, riots, and assaults were commonplace, and convicts were labeled "worthless" and "irredeemable." Then in the mid-nineties, the lockup welcomed a new warden, Burl Cain, a former teacher, and good praying believer. Quickly, Burl recognized the system was broken and resolved to rebuild it by launching an initiative of reform that shifted the focus from punishment to rehabilitation. Burl helped to bring hope, respect, and trust to the incarcerated. Quite dramatically, conditions improved, violence declined, recidivism decreased. With every educational class and trade program, the inmates received what they had too long been denied, opportunity. They now had a chance to prove to others and themselves that they were more than the crime they committed. They now had a chance to hone a skill, discover a talent, excel at a job, or, in many cases, learn how to read and write. They were no longer just a felon, they became a student with potential, a tradesman with a future, a teacher with influence, a man with value and responsibility. What was once the bloodiest prison in the U.S. is a beacon of redemption, a testament to what could happen when we choose to see people, no matter their offenses, through the eyes of God. And today, the very same reformation that changed Louisiana, is happening amongst the men and women within the Central Mississippi Correctional Facility. Through the conviction of men like Burl and George, prisons throughout the south are seeing reform. Because of God's grace, America's most forsaken and dejected are transforming. It's true radical change. A spiritual awakening that proves revival can exist in confinement. No person is ever too lost or too broken and even the incarcerated can find freedom through Jesus Christ.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Takeaways with Kirk Cameron #71	51:15	51:15	REC	PA/O/E	4/10/2023	6:00 PM
					4/10/2023	9:30 PM

Today on Takeaways with Kirk Cameron: Fear. It's a common struggle in today's culture. We lose sleep over the 'what ifs' 'the worse-case scenarios,' 'what we think other people are thinking about us,' and those are just a few examples. You may also know that several times in scriptures we're commanded to fear not. So what does it look like for the family of faith to honor God when fear comes our way? What does it actually mean to be fearless? Is it possible and how can we stand boldly for God's truth when it is less than popular? Join us as we talk about this and more with Ray Comfort, Author and Filmmaker, who shares his struggle with agoraphobia and what helped him get over this sense of anxiety and fear to become an evangelist, and Author, Scarlet Hiltibidal, who talks about some of the most common fears people have and shares practical tips on how to overcome our fears and help loved ones overcome their fears as well.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Takeaways with Kirk Cameron #74	53:30	53:30	REC	PA/O/E	5/8/2023	6:00 PM
					5/8/2023	9:30 PM

Today on Takeaways with Kirk Cameron: Life has its ups and downs. It's no surprise that Jesus warns us that trials will, not might, come, but how do we build an enduring faith that can withstand even the darkest nights? How can we get unstuck when things aren't working out? What is the secret that can cause me to say, "It is well with my soul even when sorrows like sea billows roll?" During COVID we were isolated, sedentary, alone in our struggles and were told to wait, and Gen Z hadn't really known what real adversity, physically looked like. Author Rebekah Lyons and Pastor Kyle Idleman join us today to show us the pathway of resilience and lasting joy. It's about our communal health and our communal flourishing as we stay connected to Jesus.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

700 Club CBN NewsWatch #04042023	52:30	3:00	REC	PA/O/E	4/4/2023	12:00 PM
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CBN Medical Reporter Lorie Johnson Reports: Some Christian men have found a unique way to serve God and improve their health at the same time. It's called Garage Gym Church and it represents a different take on Christian fellowship and grassroots evangelism. During the height of the COVID-19 pandemic, Chris Reardon found himself working out alone in his garage. As a Christian, he started combining those workouts with his personal worship time by listening to high-energy praise music and fiery sermons about things like overcoming adversity while he pumped iron and praying and reading scripture while resting between sets. When the pandemic subsided, Chris invited a handful of Christian friends to join him, and called it Garage Gym Church. It was such a positive experience Reardon is now partnering with "Faith & Fitness magazine" to encourage others to develop similar ministries. Brad Bloom, president of the Christian-based Lifestyle Media Group, which publishes "Faith & Fitness magazine," told CBN News Garage Gym Church could help men make Christ the center of their fitness and can be the venue that helps them lead others to Jesus. Seth Doherty, who participates in Garage Gym Church, said it's a good place for men to let down their guard and be honest about what's going on in their lives, including their spiritual lives. The Garage Gym Church implements a fast-paced, proactive format. What makes it even easier, Doherty said, is that many men already have home gyms. Marine Francis Edquid said his garage gym serves as a way to minister to people in his life who either don't know Jesus or who may have strayed from their faith. Edquid said most people like the idea of getting in shape in the private setting of a home. Garage Gym Church could be the missing link to connect to a never-before-reached segment of the population.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Health

700 Club CBN NewsWatch #04102023	52:30	2:00	REC	PA/O/E	4/10/2023	12:00 PM
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CBN Reporter Brody Carter Reports: Loneliness is rampant among nursing home residents nationwide after COVID-19 restrictions and lockdowns left a big hole in the quality of life for so many senior citizens. In the U.S., CDC data shows more than 200,000 long-term care residents and staff died from COVID-19. Many of them would have likely been banned from seeing family or visitors for months. Today, faith-based organizations like God Cares Ministry are responding to an overwhelming sense of loneliness left in the wake of the pandemic. Chaplain Bill Goodrich has been serving elderly communities for nearly 40 years. His non-profit, God Cares Ministry, seeks to find those who've been forgotten – and breathe life into them. The hidden health crisis of isolation reared its ugly head at the height of COVID. CDC mandates in long-term care facilities were put in place to protect the elderly but confinement took its toll. Unable to go inside during the pandemic, Chaplain Goodrich brought the church to them, teaching them from windowsills with big print scripture. They even have a ministry book called, "God Cares for You." As these homes open up, Bill's ministry is guiding and training volunteers across the nation, readying anyone with a heart for the elderly to help fight the isolation crisis. He understands more than a million people live in nursing homes nationwide and another million in assisted living facilities. Goodrich also believes there's a difference between providing care and genuine care. It can start by simply visiting a nursing home and sharing time with those who are alone or forgotten.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i> 700 Club CBN NewsWatch #04112023	52:30	2:00	REC	PA/O/E	4/11/2023	12:00 PM

CBN Medical Reporter Lorie Johnson Reports: Perhaps you’ve noticed all the messages on social media, or the numerous products at the store, suggesting mothers of young children need to drink alcohol, and lots of it, to cope with the pressures of raising children. If you yourself are a young mom, chances are you’re being pressured to drink as part of the role. It’s called “Mommy Wine Culture,” and while it’s pervasive throughout American society, a growing number of mothers are pushing back against it. The troubling messages often try to be humorous and appear on merchandise like baby clothes saying, “Mommy Drinks Because I Cry,” wine glasses with the phrase “Mommy’s Sippy Cup” written on them, and adult t-shirts with “Coffee, Hocky Mom, Wine, Repeat” emblazoned on the front. Then there are all the memes like “The Most Expensive Part of Having Kids is All the Wine You Have to Drink.” As it turns out, the messaging reflects reality. Moms with young children are turning to alcohol, like Kelley Manley, who always felt “Mommy Wine Culture” was problematic, but drank with other mothers anyway, as a way to fit-in with them. Manley said she was shocked to discover mothers drinking around their children at nearly every conceivable occasion. Wine doesn’t take center stage only at in-person events like a child’s birthday party or play date, but young moms even bond over booze online, such as the “Moms Who Need Wine” Facebook group. Psychotherapist Ann Dowsett Johnston, best-selling author of “Drink: The Intimate Relationship Between Women and Alcohol,” told CBN News today’s young mothers are under an enormous amount of pressure, as they shoulder much of the family’s emotional labor, what she calls “the third shift.” She points out that while the struggles of mothers of growing children are very real, the idea that alcohol is the remedy, is a lie. Johnston said decades ago, moms drinking together while caring for their children was practically unheard of, but things began to change in the 1990s when the alcohol industry ushered in what she calls the “pinking of the market,” by manufacturing and advertising booze aimed specifically at women. Historically, men consumed the most alcohol, but now, women are catching up, with serious consequences. In the last 15 years, the greatest increase in consumption has been among women in their thirties and forties. Biological differences between the sexes cause women to absorb more alcohol and take longer to metabolize it than men. That means the same amount of alcohol typically damages a woman’s body more than a man’s. According to the CDC, after drinking the same amount of alcohol, women tend to have higher blood alcohol levels than men, and the effects usually occur more quickly and last longer in women. Alcohol also makes women more susceptible than men to liver disease, heart disease, cancer, cognitive decline, and sexual violence. U.S. health officials recommend women should drink no more than five ounces of wine a day. Canadian health officials go further, saying only two five-ounce glasses per week. In addition to the physical risks, there are psychological ones, as well, which is why Kelley Manley stopped drinking. She’s not alone. More moms are rejecting Mommy Wine Culture and turning to groups like Sober Mom Squad founded by Emily Paulson. Paulson said Sober Mom Squad is an online place where moms can meet online, and it sometimes connects people who live near each other so they can get together in person. Manley said rejecting Mommy Wine Culture can sometimes lead to a social shift. Some mothers take issue with Mommy Wine Culture because they’re concerned about the culture’s impact on a child’s self-esteem. So while pop culture and Big Alcohol try to convince new moms that life is better with booze, a growing number are rejecting that message for the sake of their own health as well as their family’s.

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Mental Health

700 Club CBN NewsWatch #05032023	52:30	5:00	REC	PA/O/E	5/3/2023	12:00 PM
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CBN Medical Reporter Lorie Johnson Reports: Mental health experts and Christian parents are sounding the alarm about the negative impact social media is having on our younger generation. Teenagers are experiencing a mental health crisis that is likely linked to time spent on sites like TikTok, YouTube, Instagram, and more. The CDC reports more than 44 percent of U.S. high school students surveyed reported feeling hopeless almost every day for at least two weeks in a row. More than half of teenage girls reported feeling persistently sad, a 10-year high, according to government data. At the same time, teens are spending increasing amounts of time on social media, with nearly half reporting being "almost constantly" online, according to Pew Research Center. Daniel Amen, M.D., adult and child psychiatrist, told CBN News while the statistics are frightening, they are not surprising, considering the very nature of social media. This desire of social media companies to want consumers to spend more brain time on their platforms happens even though they know, in some cases, that can be damaging, according to former Facebook executive-turned-whistleblower Frances Haugen who testified before a Senate committee. Mental health experts blame social media overuse for many of the psychological challenges kids face today. Licensed psychologist Carolyn Rubenstein, PhD, told CBN News she counsels young people who are suffering the ill effects of this technology, as are many of her peers. Dr. Rubenstein said too many teens feel bad about themselves compared to other people they see on social media, people who seem to be a lot happier and better looking, when in reality, they are neither. Cyber-bullying is another major source of teen angst. She said another cause for concern is the all-too-common activity known as "doomscrolling," which is compulsively seeking-out disturbing content that deepens a person's already existing feelings of fear, depression, and hopelessness. In addition to poor mental health, some Christians believe too much time spent on social media sites can lead to poor spiritual health, especially among teenagers. Kelly Newcom, author of *Managing Media, Creating Character: Using the Technology Kids Crave to Develop the Character God Desires*, and founder of Brave Parenting, an organization dedicated to helping parents manage their children's online activity, told CBN News that social media is harmful to Christian teens than most parents realize. She said Christian values contradict the foundations of social media, such as embracing idolatry. She said the nature of social media is deceptive, which is the opposite of Christianity. While it can be difficult for young people to reduce the amount of time they spend on social media, research shows it can help kids feel better. In one such study, teenage girls who cut their use by half for just a few weeks reported significantly improved mental health. Parents can help their kids cut back by first setting a good example. Experts recommend creating boundaries regarding what a child can do online and for how long. Parental control apps like Bark and Net Nanny can help enforce the rules parents set for their children. Frank Fox, group chief executive officer at SafeToNet told CBN News how Net Nanny works. In addition to limiting time spent on social media, experts say it helps if parents talk to the parents of their children's friends and agree to setting the same limits. On top of that, parents can help fill the time their children no longer spend on social media by arranging in-person gatherings for their teens.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

700 Club CBN NewsWatch #05042023	52:30	5:00	REC	PA/O/E	5/4/2023	12:00 PM
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CBN Reporter Charlene Aaron Reports: May is National Mental Health Awareness Month. While that recognition is important, for many adoptive families it is an awareness they must live with year-round. That's because statistics show adoptees are at a higher risk for mental health issues than other kids. And Christian families are stepping up to meet the need. When it comes to adopting, Christians are twice as likely to bring a child into their home than other Americans. According to research by the Barna study group, five percent of Christians have adopted compared to two percent of all Americans. Many parents feel they have a biblical mandate to offer love and hope – including to those bearing scars from past traumas. Michael and his wife Libby of Luckey, OH felt led to become foster parents after hearing a sermon about the biblical admonition to care for orphans. The Romanins have three biological children, and over the years they have also fostered 17 kids. In 2022, they adopted two more, explaining that abuse, neglect, and drug use are all reasons kids can end up in foster care. These are issues that make parenting more difficult. It is a wrong the Romanins have found that even love has trouble overcoming. Jedd Medefind is president of Christian Alliance for Orphans (CAFO) which works to help believers care for orphans and vulnerable children. He admits that while adoption can be a wonderful experience, there are exceptions. Dr. Stephen Grcevich is the president and founder of Key Ministry, a nonprofit that focuses on the church's role in ministering to families and children with disabilities. Grcevich points out that children in foster care and adoption are more likely to suffer mental and behavioral problems. According to Medefind, this is why ongoing support for adoptive families is vital. Thanks to the work of organizations like CAFO and Key Ministry, many congregations are now filling the void. While the Romanin family welcomes such help, they are quick to point out the greater need for more education and counseling. Grcevich adds that while many churches have established adoption and foster care ministries, some now are approaching the issue with mental health programs in mind. Despite those challenges, Medefind believes the benefits of adoption outweigh the negatives. Meanwhile, the Romanins are relying on that hope as they continue their adoption journey. In the end, Medefind offers words of wisdom to those thinking about adopting a child.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club CBN NewsWatch #05192023	52:30	4:00	REC	PA/O/E	5/19/2023	12:00 PM

CBN National Security Correspondent Eric Philips Reports: Suicides are reaching epidemic proportions, and the numbers in the US military are up for the fifth year in a row. It's reaching generations affecting current troops, veterans, and families. Kim Ruocco knows this from personal experience. Her husband took his life while at the height of his military career. Major John Ruocco served as a Marine Corps pilot for 15 years. A really good one according to his wife, Kim, and the accolades don't stop there. It's a battle he lost in 2005. A social worker by profession, Kim often sensed subtle changes in her husband's behavior during phone calls. John became part of a growing statistic of active military and veterans who have committed suicide. The latest Pentagon research shows increases over the last five years with more than 500 military suicides in 2018 alone. A Veterans Administration report indicates some 6,000 veteran suicides each year between 2005 and 2017. Dr. Heather Kelly is director of military and veterans' health policy at the American Psychological Association. But there is help. After her husband's death, Ruocco started the Assistance Program for Survivors or TAPs. On the prevention side, the American Bible Society has rolled out the "God Understands Campaign" to help service members who are battling depression and other mental health challenges. It includes testimonies from people like Bryan Flanery who attempted suicide while in the army. Gordon Groseclose, a retired Army Chaplain who works with the God Understands Campaign, says social distancing in these times only magnifies feelings of isolation, and that could cause the already growing suicide numbers among service members to spike. He says the campaign provides a unique human and divine connection. In fact, experts say faith is what's called a "protective factor" when it comes to suicide. In other words, those who identify with all faiths are at a lower risk for suicide.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club CBN NewsWatch #05252023	52:30	2:00	REC	PA/O/E	5/25/2023	12:00 PM

CBN Medical Reporter Lorie Johnson Reports: With Memorial Day, the unofficial start to summer, just around the corner, doctors are warning against getting too much sun exposure in the months ahead. Skin cancer is the most common cancer in the United States. An estimated one in five Americans will develop skin cancer in their lifetime. There are three types of skin cancer. Basal cell carcinoma and squamous cell carcinoma are the two most common types and are rarely fatal. Melanoma is the third type of skin cancer and is far more aggressive than the other two. While comprising less than two percent of all skin cancers, melanoma leads to most skin cancer deaths. That's because melanoma is more likely to metastasize or spread to other parts of the body. Melanoma usually begins as an abnormal mole, that if left untreated, can grow deep into the body and enter the lymphatic system or the blood stream, where it can travel to distant parts of the body and form new tumors in critical organs like the brain, liver, or lungs. U.S. cases of melanoma have been steadily increasing over the last few decades, to about 100,000. Still, deaths have been on the decline, down to about eight percent of all melanoma cases, or approximately 8,000 deaths annually. David. M. Pariser, a dermatologist with Pariser Dermatology Specialists told CBN News if more patients understood how to recognize suspicious moles on their body, and if more people had regular, yearly, "mole checks" with a qualified, medical professional, more people would have problematic moles identified and treated before they metastasize. That means being able to tell the difference between a normal mole and an irregular one. One way to remember how to spot a suspicious mole is by becoming familiar with red flags, also known as the ABCDEs of melanoma.

A-Symmetry: Melanoma lesions are often irregular. One half looks different than the other half. Regular benign moles are usually symmetrical.

B-Border: Typically, non-cancerous moles have smooth, even borders. Melanoma lesions usually have irregular borders that are difficult to define.

C-Color: The presence of more than one color, such as blue, black, brown, or tan, or the uneven distribution of color can sometimes be a warning sign of melanoma.

D-Diameter: Melanoma lesions are often greater than 6 millimeters in diameter, approximately the size of a pencil eraser.

E-Evolution: If a mole has gone through recent changes in color, size, bleeding, or itching, this could be an indication of melanoma.

When a suspicious mole is identified, a doctor will likely perform a biopsy to determine whether it is melanoma. If it tests positive, the mole and some surrounding tissue is often surgically removed. New York-based dermatologist Dr. Whitney Bowe told CBN News she's passionate about sun protection for her patients, as well as for her own young daughter. Dr. Bowe recommends using a broad-spectrum sunscreen, which protects against both UVA and UVB rays, that has a sun protection factor (SPF) of 30 or higher. There are two main types of sunscreens, mineral, and chemical. Studies show some ingredients in chemical sunscreens were absorbed into the bloodstream and need further evaluation to determine if they pose health risks. One ingredient in particular, oxybenzone, has been shown in studies in animals and in human cells in laboratories to interfere with how some hormones work. Because of these concerns, some chemical sunscreen manufacturers omit oxybenzone and other questionable ingredients. Chemical sunscreens absorb into the skin and then absorb UV rays, converting them into heat, and releasing them from the body. Mineral sunscreens are actual physical blockers, acting as a shield. They sit on the surface of the skin and reflect UV rays. The key ingredients in mineral sunscreens are zinc oxide and titanium dioxide. They can leave a white cast on the skin and can be difficult to remove from the skin and clothing. Most dermatologists say using any type of sunscreen is safer than not using one at all. A survey conducted by the American Academy of Dermatology revealed many people do not use sunscreens correctly by, among other things, not using enough of the product, and not re-applying it often enough. Experts recommend using 1/2 teaspoon for the face and neck. If a person needs to put it on most of their body, such as when they are at the pool or the beach, an entire ounce is recommended. Sunscreen should be re-applied every two hours, or more often than that if the person is swimming or sweating. Dermatologists recommend other forms of sun protection such as wide-brimmed hats, sunglasses, protective clothing, and shade, especially during the hours when the sun's rays are the strongest, between the hours of 10:00 and 2:00.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club CBN NewsWatch #06012023	52:30	4:00	REC	PA/O/E	6/1/2023	12:00 PM

CBN Medical Reporter Lorie Johnson Reports: Doctors say regular exercise is key to overall good health. However, if you're someone who thinks working out is boring and lonely, you might want to consider pickleball. It's now the fastest-growing sport in America, especially among older people who are looking for exercise they are able to do, that's good for not only the body, but also the mind. Players are thrilled to discover something so healthy is also really fun. Although pickleball looks like tennis, it's easier on the body. For example, there's less wear and tear on the joints. Pickleball is a slower game and much easier to grasp compared to tennis. Lessons are not needed. Like all sports, injuries are possible. Strains or tears in the feet, back, and shoulder are the most common, especially among older folks. Experts recommend people talk to their doctor before starting a new activity and warming up before hitting the court. Pickleball was invented in 1960s Seattle when two men wanted to play badminton but only had the net. So they improvised using equipment from other sports – a wiffle ball and ping-pong paddles. The name pickleball comes from the "pickle boat" in the rowing sport called crew, which instead of utilizing a designated team, uses various oarsmen from other boats. Pickleball surged in popularity during the COVID-19 pandemic, as people searched for ways to exercise outside, while keeping their distance. Health experts like Ashley Gorman, Ph.D., Board Certified Clinical Neuropsychologist with Atlas Neuropsychology, say pickleball offers many of the same brain benefits as ping-pong, and sport doctors recommend it to help reduce cognitive decline, largely due to the constant hand-eye coordination. Pickleball can also improve reflexes. Many players say the social element is what keeps them coming back for more. This element is also good for the brain. Exercise can help us sleep better, and vitamin D from sun exposure can improve our mood. So while trying a new sport can be intimidating, especially if you've been on the bench for a while, pickleball can be easy, fun, and very healthy.

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Health

700 Club CBN NewsWatch #06232023	52:30	5:00	REC	PA/O/E	6/23/2023	12:00 PM
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CBN Medical Reporter Lorie Johnson Reports: For many people, going to the hospital can make for an uneasy experience. First, patients and families worry about the illness or test they're facing. On top of that, there's the possibility of acquiring an infection during their stay. Armando Nahum knows what it's like for a loved one to become infected in a healthcare setting while being treated for a different reason. Sadly, he's probably seen it more than most. It began when Armando's father came down with pneumonia while hospitalized for bypass surgery. Then, during a stay for a different type of surgery, Armando's wife Victoria developed a staph infection. While those two survived their infections, Armando says his 27-year-old son did not recover, due to a sepsis infection he contracted after being admitted and treated for skydiving injuries. On any given day, one of every 31 patients has a healthcare-associated infection, according to the U.S. Department of Health and Human Services. These infections lead to tens of thousands of deaths each year. Patients can acquire several different types of infections, such as viral, fungal, and bacterial while staying at hospitals or other healthcare settings including medical rehabilitation centers or nursing homes. Bacterial infections are the most common. According to the U.S. Centers for Disease Control Prevention, urinary tract infections, bloodstream infections, and pneumonia are often associated with invasive devices such as catheters or central lines, and ventilators. Surgical sites can also become infected. In addition to the damage to the patient, these infections cost the healthcare system billions of dollars, according to Tracey Odachowski, Director of Infection Prevention and Control at Sentara Health. Hospitals, such as Suffolk, Virginia's Sentara Obici, constantly look to reduce the risk. For example, after disinfecting rooms, advanced technology helps ensure they got rid of the bacteria. Workers take a surface sample by swabbing the area just cleaned, then inserting the swab into a reader that immediately analyzes the level of pathogens detected in the surface sample. Another disinfection practice involves saturating the room with ultraviolet C (UVC) light, which studies show can reduce by one-third, the transmission of three antibiotic-resistant bacterial infections, methicillin-resistant staphylococcus aureus (MRSA), C. difficile, and Acinetobacter. Some hospitals now use copper to help fight infections, on hard surfaces like copper-infused over-bed tables, and even in linens, like bed sheets that have copper woven into them. Most healthcare workers understand the sooner a medical device is removed, the lower the risk of infection. Therefore, they regularly, sometimes daily, evaluate patients to determine how quickly a device can safely be taken out. They also closely watch patients for symptoms of an infection, like fever or diarrhea, and whether patients need to be tested for infection. The sooner one is identified, the sooner the patient can be isolated to stop the spread. While hospitals and other healthcare settings are taking steps to reduce infections, there's actually a lot of patients and their families can do, both ahead of time and during the stay. The healthier a patient is before entering the hospital, the lower their risk. Experts say a big part of overall good health involves a robust gut microbiome. That means having good bacteria in the intestines, which can often fight off the bad bugs encountered at the hospital, especially those resistant to antibiotics, like C. diff. Patients are advised to ask their doctor whether antibiotics are truly needed, because these drugs tend to kill all bacteria in the gut, including the good. Odachowski advises family members who are taking a patient home from a healthcare setting to resist the temptation to ask for a urinary catheter for the patient. Sometimes family members prefer this device because it often saves them trouble of cleaning the patient, but urinary catheters are often the source of infection. Armando's experience with hospital infections motivates him to help others as the co-founder of the Safe Care Campaign, an organization dedicated to working on early prevention and detection of all types of infections, whether they occur in a healthcare setting, in the community, or at home. People who visit someone in a healthcare setting should also wash their hands to help prevent the spreading of disease. Some hospitals have lower infection rates than others. If you have a choice, talk to your doctor about which facility is best for you, or consult "Hospital Compare" on the Medicare website.

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Immigration

Praise #51123	55:20	55:20	REC	PA/O/E	5/11/2023	5:00 PM
					5/11/2023	8:00 PM
					5/18/2023	12:00 AM

Tonight on Praise: The expanding immigration crisis at the U.S.-Mexico border. Cities near the U.S.-Mexico border brace for the end of Title 42, the Trump era immigration policy which barred migrants from crossing U.S. borders to prevent COVID-19 from spreading in holding facilities. The end of Title 42 is expected to lead to a massive surge in migrant asylum seekers streaming across the border, adding to an already desperate problem. The El Paso City Council this week unanimously approved extended a disaster declaration due to a state of emergency to assist in transporting and sheltering migrant asylum seekers. Some schools in the El Paseo area notified parents about precautions they are taking to ramp up security to make sure people who aren't supposed to be there aren't able to get on the school campus. An El Paseo City official said that there are now thousands of migrants camped out around the local church and near the cities' homeless shelter. The humanitarian crisis is staggering, especially for the children. Nearly 130,000 migrant children entered the U.S. Government's shelter system in fiscal year 2022, an all-time high driven by record arrivals of unaccompanied minors along the southern border. Who is caring for these children? Where are they now? How do we balance the need for security with the need to show compassion. Can government provide all the answers or is there room for Christ-centered solutions that Christians can provide at this critical time? While the crisis at the southern border continues another crisis is looming in D.C. Treasurer-Secretary Janet Yellen notified Congress this month that the U.S. could default on its debt as early as June 1st if legislators do not raise or suspend the nations' borrowing authority before then. Forecasters warn a default would likely send the U.S. economy into deep recession with soaring unemployment. President Joe Biden and top Republicans and Democrats from Congress sat down this week to try to resolve a three-month standoff over the 31.4 trillion-dollar U.S. debt ceiling. The banking industry is experiencing turbulence as well. Earlier this month, First Republic became the second largest U.S. bank by assets to collapse. This follows the collapse of Silicon Valley Bank and Signature Bank last month. How secure are our financial institutions? Can the government be trusted to find lasting solutions? Will our politicians set aside their political differences for the financial wellbeing of our nation? With all the shaking and instability in our once trusted institutions, people are feeling the emotional impact. Uncertainty about the future, loss of income, inability to pay bills and repay debts, and unemployment can take a toll on mental health. Studies indicate that even the Christian community is experiencing a mental health crisis. As Christians, how do we discern the times? Join Bobby Schuller and Shawn Bolz now as they discuss the pressing matters of our day from a Christian worldview.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Immigration

Center Point #230403	27:00	6:00	LIVE	PA/O/E	4/3/2023	4:30 PM
			REC		4/3/2023	7:30 PM

Tonight on CenterPoint: Correspondent Rob Astorino interviews Brandon Judd, President of National Border Patrol Council, to discuss the posing northern border threat, exploitation of the northern border, and the brutal reality at the border.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Immigration

Center Point #230410	27:00	6:00	LIVE	PA/O/E	4/10/2023	4:30 PM
			REC		4/10/2023	7:30 PM

Tonight on CenterPoint: Correspondent Rob Astorino interviews Ron Vitiello, Former Chief of U.S. Border Patrol, Former ICE Director, to discuss the crisis at the southern border, military resources to protect the border, taking action at the border, anticipating the end of Title 42, and the surge of migrants at northern border.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230417	27:00	5:00	LIVE	PA/O/E	4/17/2023	4:30 PM
			REC		4/17/2023	7:30 PM

Tonight on CenterPoint: Correspondent Rob Astorino interviews Art Del Cueto, and Vice President of National Border Patrol Council, to discuss the looming end of Title 42, border agents overwhelmed by influx, safety hazards of mass immigration, addressing the border crisis, and battling the human trafficking crisis.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230425	27:00	4:00	LIVE	PA/O/E	4/25/2023	4:30 PM
			REC		4/25/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Chris Cabrera, U.S. Customs and Border Patrol Agent, Spokesperson for National Border Patrol Council, and Co-Host of "The Green Line," to discuss the crisis at the border and Biden's approach to the border.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230502	27:00	8:00	LIVE	PA/O/E	5/2/2023	4:30 PM
			REC		5/2/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Sen. Marsha Blackburn, Senator (R-T), Senate Judiciary Committee, Senate Finance Committee, Senate Veterans' Affairs Committee, and Host of "Un-Muted with Marsha," to discuss the 'Kids Online Safety Act', protecting children online, safety on social media, the crisis at the border, the looming end of Title 42, and Biden sending 1,500 troops to the border.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230503	27:00	4:00	LIVE	PA/O/E	5/3/2023	4:30 PM
			REC		5/3/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Jaco Booyens, Founder of Jaco Booyens Ministries, Former Advisor to the Trump White House Anti-Trafficking Council, and Speaker and Consultant on Combatting Human Trafficking, to discuss the human trafficking crisis, protecting children from traffickers, and saving lives from traffickers.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230504	27:00	5:00	REC	PA/O/E	5/4/2023	4:30 PM
			REC		5/4/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Dr. Dawn Buckingham, Land Commissioner of Texas, to discuss the crisis at the border, the looming expiration of Title 42, and defending the southern border.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230508	27:00	6:00	LIVE	PA/O/E	5/8/2023	4:30 PM
			REC		5/8/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Brandon Judd, President of National Border Patrol Council, to discuss the crisis at the border, looming end of Title 42 and the migrant influx ahead of Title 42 expiration.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230509	27:00	5:00	LIVE	PA/O/E	5/9/2023	4:30 PM
			REC		5/9/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Sen. Tommy Tuberville, Senator of Alabama, and Former Auburn University Head Football Coach, to discuss the looming expiration of Title 42, the crisis at the border, and taxpayer dollars funding abortion.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230510	27:00	4:00	LIVE	PA/O/E	5/10/2023	4:30 PM
			REC		5/10/2023	7:30 PM

Tonight on CenterPoint: Correspondent: Joe Gumm interviews Jonathan Fahey, Former Acting Director of ICE, Former Assistant United States Attorney, and Former Special Assistant United States Attorney, to discuss the expiration of Title 42 and border chaos on eve of Title 42 end.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230511	27:00	6:00	LIVE	PA/O/E	5/11/2023	4:30 PM
			REC		5/11/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Art Del Cueto, Vice President of National Border Patrol Council, to discuss the border in chaos, Mayorkas insists border "not open," and the final hours of Title 42.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230511	27:00	5:00	LIVE	PA/O/E	5/11/2023	4:30 PM
			REC		5/11/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Lora Ries, Border Security & Immigration Center at The Heritage Foundation, and Senior Research Fellow at The Heritage Foundation, to discuss the border in chaos, the final hours of Title 42, Biden admin proposes new border policy, and Mayorkas insists border "not open."

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230512	27:00	7:00	LIVE	PA/O/E	5/12/2023	4:30 PM

Tonight on CenterPoint: Correspondent Doug McKelway interviews Mike Huckabee, Former Governor of Arkansas and Host of Huckabee on TBN, to discuss the end of Title 42 and the crisis at the border.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230515	27:00	9:00	LIVE	PA/O/E	5/15/2023	4:30 PM
			REC		5/15/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Reverend Sam Rodriguez, President of National Hispanic Christian Leadership Conference, to discuss the crisis at the border, the humanitarian crisis at the border, immigration reform, and the end of Title 42.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230516	27:00	6:00	LIVE	PA/O/E	5/16/2023	4:30 PM
			REC		5/16/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Ron Vitiello, Former Chief of U.S. Border Patrol, Former ICE Director, to discuss the crisis at the border and securing the southern border.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230517	27:00	6:00	LIVE	PA/O/E	5/17/2023	4:30 PM
			REC		5/17/2023	7:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Chad Wolf, Executive Director of America First Policy Institute, Former Acting DHS Secretary, and Former Chief of Staff at TSA, to discuss the crisis at the border and dealing with the migrant crisis.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Center Point #230530	27:00	5:00	LIVE	PA/O/E	5/30/2023	4:30 PM
			REC		5/30/2023	7:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Art del Cueto, Vice President of National Border Patrol Council, to discuss the humanitarian crisis at the border and resources for the overwhelmed border.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #698	25:10	25:10	REC	PA/O/E	4/4/2023	10:00 PM

Today on Jay Sekulow Live: Jay Sekulow, Chief Counsel at ACLJ, Jordan Sekulow, Executive Director at ACLJ, and CeCe Heil, Senior Counsel at ACLJ, discuss the cover-up of two Yemeni individuals on the FBI's Terrorism Watch List caught at the southern border and a new report from the DEA warning Americans about 'zombie fentanyl' seized in 48 out of the 50 states that eats your flesh.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Immigration</i>						
Jay Sekulow Live #699	24:53	24:53	REC	PA/O/E	4/11/2023	10:00 PM

Today on Jay Sekulow Live: Jay Sekulow, Chief Counsel at ACLJ, Jordan Sekulow, Executive Director at ACLJ, CeCe Heil, Senior Counsel at ACLJ, and Former Acting Director of National Intelligence, Ric Grenell, Senior Advisor for National Security and Foreign Policy at ACLJ continue in part two of the discussion on the cover-up of two Yemeni individuals on the FBI's Terrorism Watch List caught at the southern border.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Immigration</i>						
700 Club CBN NewsWatch #04042023	52:30	3:00	REC	PA/O/E	4/4/2023	12:00 PM

CBN National Security Correspondent Caitlin Burke Reports: The U.S. northern border is experiencing a surge in migrants. With resources strained, states along the U.S. border with Canada are now demanding more federal assistance or permission to defend the border themselves. Commissioner of the New Hampshire Department of Safety, Robert Quinn told lawmakers his state's troopers are ready and able to step in to help support border security. To date, the Biden administration has rejected the states' requests. New Hampshire is part of the Swanton Sector of the northern border, which also includes parts of Vermont and New York. That sector alone has experienced a nearly 850 percent increase in migrant crossings over the last year, and many of its border patrol agents have been diverted to the South. Homeland Security experts say much of the movement at the northern border is being driven by Mexican cartels and other criminal organizations. Dr. Donell Harvin, former chief of Homeland Security and Intelligence for the District of Columbia, said an unsecured northern border also makes the U.S. susceptible to terrorism. U.S. Customs and Border Protection said it's assigned an additional 25 agents to the northern border to help with the current surge. A majority of the agency's resources are still tied up in the South.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
Taking Care of Business #TCOB-1925	27:30	27:30	LCL	PA	4/12/2023 4/14/2023	8:30 PM 1:30 AM

Every night in America, over 500,000 people sleep on the streets without a roof over their head. Millions more are homeless without a place to call their own. While homelessness is caused by many factors, in a nation where home ownership should be attainable by any citizen, this is not the case. Many people have given up on the American dream of owning a home. The reasons are many and complicated. Taking Care of Business examines our nation's housing dilemma.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
Taking Care of Business #TCOB-1901	27:30	27:30	LCL	PA	5/31/2023 6/02/2023	8:30 PM 1:30 AM

Hunger in the USA is a very real health and economic problem. When a person does not know from where their next meal is going to come, we call that Food Insecurity. In this episode of Taking Care of Business, we take an honest look at how Poverty and Food Insecurity are impacting people of all ages in our society and discover the alarming fact that hunger and food insecurity is not just a problem caused by poverty.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i> Taking Care of Business #TCOB-1908	26:59	26:59	LCL	PA	6/21/2023	8:30 PM
					6/23/2023	1:30 AM

Over half a million people in the U.S. identify as being homeless. In this episode of Taking Care of Business, follow the unique stories of people who do not have stable living conditions. Beyond highlighting the widespread problem of homelessness, this episode speaks to community experts about where we can begin to find and provide solutions.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i> Praise #51623	53:30	53:30	REC	PA/O/E	5/16/2023	5:00 PM
					5/16/2023	8:00 PM
					5/24/2023	12:00 AM

Tonight on Praise: From Ramsey Solutions in Franklin, TN, Sheila Walsh talks with Personal Finance Expert, Radio Talk Show Host and Best-Selling Author, Davey Ramsey. We take a sneak peek of his radio talk show "The Ramsey Show," which now airs weekdays on TBN at 5pm ET. Dave explains how marketing, technology, and a lack of emotional and spiritual maturity have increased consumption and consumer debt. He shares his story of financial failure and recovery, explains the steps to get out of debt and personal finance taught through Financial Peace University, and the common threads of millionaires. He announces the "America's Labor Crisis with Dave Ramsey & Mike Rowe" which airs Friday, May 19th at 8pm ET on TBN. He talks about the labor crisis with 70 million able-bodied males choosing not to work with a shortage of 4 million jobs unable to fill in America, as well as the anxiety, depression, and suicide associated with it. Dave gives several causes of money success or failure: relationships, character, addiction, divorce, physical health and gives advice for parents to raise money-smart kids.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i> Center Point #230427	27:00	7:00	REC	PA/O/E	4/27/2023	4:30 PM
					4/27/2023	7:30 PM

Tonight on CenterPoint: Correspondent Marc Lotter interviews Linda McMahon, 25th Administrator of the U.S. Small Business Administration and Chair of the Board at America First Policy Institute, to discuss struggling small businesses, debating occupational licensing, and AFPI encouraging reform.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i> Jay Sekulow Live #703	24:44	24:44	REC	PA/O/E	5/9/2023	10:00 PM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, and Logan Sekulow, Director of Media at ACLJ, discuss the whistleblower's report that U.S. government is shipping unaccompanied children that cross our borders illegally to work in factories.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Unemployment

The Ramsey Show #230404	50:00	50:00	REC	PA/O/E	4/4/2023	2:00 PM
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Today on The Ramsey Show: Dave Ramsey and Ken Coleman answer questions about purchasing rental property, having more than the FDIC will insure, how to teach our kids about money, if a match counts toward 15% savings, what to do with an inheritance, creating a budget for inconsistent income. April is National Financial Literacy Month. They discuss that all month-long teachers and students in classrooms across American are taking the time to talk about the importance of money skills, the anti-work movement and financial responsibility. They also discuss an article stating it could take three months to find a new job in the recent wave of layoffs.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Unemployment

The Ramsey Show #230410	50:00	50:00	REC	PA/O/E	4/10/2023	2:00 PM
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Today on The Ramsey Show: Dr. John Delony and George Kamel answer questions about looking for a new career while paying off debt, how to handle bills in collections, selling a house to pay off debt, best retirement options while self-employed, how to prepare for a future family, and how to protect family if uninsurable. They also discuss gaslighting in relationships, separate finances, money fights are leading cause of divorce, combining finances when married, and article about credit card reward programs.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Unemployment

The Ramsey Show #230417	50:00	50:00	REC	PA/O/E	4/17/2023	2:00 PM
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Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about opening a brokerage account, selling a lake house to pay off home, what to do with a settlement, husband wanting to use a HELOC to buy a rental property, using savings to pay off rentals, how to start looking for a new career, taking out a HELOC and under budgeting, and setting up a will to protect daughter who struggles with opioid addiction.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Unemployment

The Ramsey Show #230419	50:00	50:00	REC	PA/O/E	4/19/2023	2:00 PM
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Today on The Ramsey Show: Dave Ramsey and Ken Coleman answer questions about post college plans falling part, when to make the side hustle a full-time job, how to plan to inherit parent's home, splitting property taxes with family members, getting ahead with finances, using employee stock options to pay off house, and millionaires renting. It's Financial Literacy Month! They discuss whether high schools should teach financial literacy. Ramsey has a high school curriculum called Foundations in Personal Finance taught in 48% of the high schools in America. They also discuss the unemployment rate and America's labor crisis.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Unemployment

The Ramsey Show #230421	50:00	50:00	REC	PA/O/E	4/21/2023	2:00 PM
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Today on The Ramsey Show: Dave Ramsey and Dr. John Delony answer questions about moving to a new state after losing job, taking out a HELOC to use as a down payment, when to do urgent vehicle repairs, making a life with boyfriend, using all savings to pay off debt, and moving closer to kids. Rebecca and Tod from Scottsbluff, Nebraska are here to do their debt-free scream after paying off \$62,000 in 13 months including student loans, credit cards, and more.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i> The Ramsey Show #230426	50:00	50:00	REC	PA/O/E	4/26/2023	2:00 PM
<p>Today on The Ramsey Show: George Kamel and Ken Coleman answer questions about what to do for a career, how to change spending habits, pulling from TSP to invest elsewhere, quitting a job that is paying for workers comp, the best way to pay for flight school, which international stocks to invest in, and getting family on board with the Baby Steps. They discuss making ends meet in response to a TikTok video gone viral. Ken shares four qualifying questions for a career choice from his book "From Paycheck to Purpose." 1. Education: What do I need to learn? 2. Experience: What do I need to do? 3. Economic: What is it going to cost me? 4. Expectation: How long will all of this take based on my financial reality?</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i> The Ramsey Show #230505	50:00	50:00	REC	PA/O/E	5/5/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about taking a lump sum when retiring, selling or keeping home, feeling guilty spending money although debt-free, moving due to long commute, and best options to grow wealth. They discuss the labor market, the Department of Education issued guidance to student loan companies to begin collecting payments in September, and HELOCs.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i> The Ramsey Show #230515	50:00	50:00	REC	PA/O/E	5/15/2023	2:00 PM
<p>Today on The Ramsey Show: Dr. John Delony and George Kamel answer questions about being \$24K in debt and just lost job, what to do when house is a money pit, accepting student loan forgiveness, using a HELOC to expand home, putting \$40K into house, having no retirement at age 59, and the best way to build a new home.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i> The Ramsey Show #230516	50:00	50:00	REC	PA/O/E	5/16/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about being a stay-at-home mom with debt, employer requiring me to have a credit card, how to make it as a single mother, feeling guilty for spending money on fun things, how much (money) to throw at our mortgage, and wife doesn't think we should buy a new car. They discuss listener feeling it's not worth living on rice and beans. They also discuss Ramsey study showing top five careers among millionaires: engineer, accountant, teacher, management, and attorney.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i> The Ramsey Show #230517	50:00	50:00	REC	PA/O/E	5/17/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Rachel Cruz answer questions about how to handle bills post-engagement break-up, working the Baby Steps after getting laid off, what should fiancé and I do with our homes, going to a destination wedding while still in debt, pausing investing while saving for a house, staying at a company with bad leadership, and the best thing to invest in right now. They discuss recession and inflation.</p>						

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230518	50:00	50:00	REC	PA/O/E	5/18/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and Rachel Cruze answer questions about how to start investing, changing jobs to spend more time with family, paying for wife's grad school, how to get of debt and build wealth, using an employee stock purchase plan, building back credit after filing bankruptcy. They discuss record high debt and rising delinquency rates becoming normalized.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230519	50:00	50:00	REC	PA/O/E	5/19/2023	2:00 PM

Today on The Ramsey Show: George Kamel answers questions about how to prepare to move out on my own, should we pause Baby Step 2, how to financially prepare for marriage, paying off debt before buying a house, is it worth taking a job with a long commute, and how to pay debts that are in collections. George reads an article about GenZs having side jobs as money fears take over and shares creative ways to create income.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230522	50:00	50:00	REC	PA/O/E	5/22/2023	2:00 PM

Today on The Ramsey Show: George Kamel and Dr. John Delony answer questions about quitting a high paying job that requires travel, what to do if I spent too much on a car, talking to my wife about taking another job, what to do after Baby Steps 2, and what to do with a work bonus.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230529	50:00	50:00	REC	PA/O/E	5/29/2023	2:00 PM

Today on The Ramsey Show: Ken Coleman and Dr. John Delony answer questions about going to school if already owns a business, paying off debt while expecting another baby, getting on the same page about buying a car, buying a car or rental property, and not affording rent after roommate moves. They discuss twenty-five high paying jobs that don't require a four-year degree. Dr. Delony addresses the mental health required for certain work and dealing with stress.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230531	50:00	50:00	REC	PA/O/E	5/31/2023	2:00 PM

Today on The Ramsey Show: Jade Warshaw and Dr. John Delony answer questions about how to plan to live off one income, getting married on different Baby Steps, pursuing a new career, selling a business, going back into debt after being on Baby Step 4, and making the right choice to pay off debt.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230605	50:00	50:00	REC	PA/O/E	6/5/2023	2:00 PM
<p>Today on The Ramsey Show: George Kamel and Jade Warshaw answer questions about moving from RV to a home, saving for retirement when self-employed, how to save for home repairs, having \$80K in debt and feeling lost, and quitting a job. They discuss the cost of subscriptions and student loan payments resuming in August. Jade explains how to understand what percentage of a student loan payment is going toward interest.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230612	50:00	50:00	REC	PA/O/E	6/12/2023	2:00 PM
<p>Today on The Ramsey Show: Ken Coleman and George Kamel answer questions about how to budget for extra income, how to retire early, what to do with new raise, how to make first real estate purchase, and pursuing a commission-based career. They discuss poll concerning credit card users and the biggest thing holding them back from getting rid of the cards, which is fear.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230614	50:00	50:00	REC	PA/O/E	6/14/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about taking advantage of credit card points, preparing for a job loss, changing companies for a raise, setting boundaries with mom, giving money to a friend, focusing on loans vs increasing income, navigating a family tragedy, and pausing Baby Steps to save for a funeral. They discuss trauma and its impact on the brain.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230615	50:00	50:00	REC	PA/O/E	6/15/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Rachel Cruze answer questions about taking out a car loan to keep a work allowance, putting kids on payroll for side hustle, selling house to pay off debt, the goal of wealth being realistic at 70 years old, buying rental property before paying off house, and how to best do finances together.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230620	50:00	50:00	REC	PA/O/E	6/20/2023	2:00 PM
<p>Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about focusing on paying off house, not making enough money, building an emergency fund vs paying off debt, and how to best pay off student loans. They discuss smart money habits and the difference between a bear and a bull market. Danielle and Daniel from Brunswick, Georgia are here to do their debt-free scream! They paid off \$237,000 in eight years including student loans and their house.</p>						

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<i>Unemployment</i>						
The Ramsey Show #230621	50:00	50:00	REC	PA/O/E	6/21/2023	2:00 PM

Today on The Ramsey Show: Ken Coleman and Jade Warshaw answer questions about how to zero in on finding a job, paying off debt vs saving up for a down payment, being unethical to use G.I. bill to go to school, keeping or selling duplex, and how to pursue passion while still providing. Sam Warshaw, Jade's husband, joins the show to discuss his side hustle of flipping Jordans.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230622	50:00	50:00	REC	PA/O/E	6/22/2023	2:00 PM

Today on The Ramsey Show: George Kamel and Ken Coleman answer questions about working on budget with husband, selling house to pay off debt, staying at a job that paid for MBA, and wiping out debt for good. Catherine and Mohamed from Fort Worth, Texas are here to do their debt-free scream! They paid off \$313,339 in forty-four months including student loans, credit cards and their house.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230623	50:00	50:00	REC	PA/O/E	6/23/2023	2:00 PM

Today on The Ramsey Show: Dave Ramsey and George Kamel answer questions about how to best refinance student loans, how to get finances back on track, affording to move out of parent's house, and staying home with the kids vs finding a new job. Alex Hormozi, Founder of Acquisition.com joins the show to talk about investing. Jen and Tim from Cleveland, Ohio are here to do their debt-free scream! They paid off \$177,400 in twelve months.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Unemployment</i>						
The Ramsey Show #230630	50:00	50:00	REC	PA/O/E	6/30/2023	2:00 PM

Today on The Ramsey Show: Ken Coleman and Rachel Cruz answer questions about paying the minimum on loans, getting husband excited about giving, the age a teenager should start investing, and taking a pay cut to pursue a different career. They discuss millennials turning \$1,000 per month side hustles to make ends meet and financial freedom providing margin.

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Unemployment 700 Club CBN NewsWatch #05182023	52:30	3:00	REC	PA/O/E	5/18/2023	12:00 PM

CBN Reporter Brody Carter Reports: In a surprise move, OpenAI CEO Sam Altman called for lawmakers to regulate artificial intelligence technology before it's too late. Altman spoke before the Senate Committee on Commerce, Science, and Transportation on Wednesday, where he warned that AI could pose a serious threat to society if it's not properly controlled. It's been less than a year since ChatGPT was released to the world – and A.I. technology can already do so much more. From speech writing and tutoring to machine learning, it can create new content such as music and art. It can even create "deep fake" videos and audio. Altman's comments were echoed by U.S. Sen. Richard Blumenthal (D-CT) who chairs the Senate committee. Blumenthal said he was "deeply concerned" about the potential dangers of AI and that he was committed to working with Altman and other experts to develop effective regulations. Blumenthal opened the hearing with an AI-generated greeting and audio app that impersonated his voice based on Senate floor speeches. Calls for regulation come at a time when AI technology is rapidly advancing. In recent years, AI has been used to develop new medical treatments, create self-driving cars, and even write poetry. However, as AI becomes more powerful, technology experts like Burton Kelso say it could become dangerous. Other fears include AI replacing millions of jobs. It could even falsify information for malicious gain or be used to erase key moments from history. However, one of the biggest concerns deals with national security. Rapid advances in AI technology are complicating efforts here and abroad to agree on laws that govern emerging technologies. China has already drafted regulations that could shape the future. The debate over the regulation of AI is likely to continue for many years. However, Altman's comments have helped to raise awareness of the potential dangers of this powerful technology. It's unclear when or what kind of measures will be implemented to regulate AI and ensure it is used for good.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Unemployment 700 Club CBN NewsWatch #06132023	52:30	3:00	REC	PA/O/E	6/13/2023	12:00 PM

CBN Reporter Gary Lane Reports: In the artificial intelligence industry, 350 top executives are warning future advancement could one day become dangerous to humankind. That's why groups like the Center for A.I. Safety warn we should take steps now to develop the technology responsibly. The executives fear that a rapid advance in A.I. may lead to the loss of millions of jobs, and quantum leaps in language technology like ChatGPT could be used maliciously to spread propaganda and disinformation. Christian groups believe that development poses major risks to missionaries. For instance, Jon Hirst, Innovation Officer at SIL International, suggests Christian adversaries could use A.I. to harm or embarrass ministries and their workers. Hirst urges ministries to work together on systems and processes to validate identities. Ted Esler is president of Missio Nexus an association of U.S. and Canadian agencies and churches. He believes A.I. is here to stay and sees tremendous potential. That could mean limitless opportunities for Christian ministry. For example, Bible translators already use A.I. in their work on scripture translations, thus speeding up that overall process. Online chatbots could also direct people to the Bible and Christian resources in more than 4,000 languages, helping overcome cross-cultural communication obstacles. And that's why Hirst and other ministry leaders believe it is important for Christians to keep their focus on who's behind the controls of the A.I. revolution.

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