



Issues and Programs Report for WMNX-FM
Cumulus Broadcasting LLC
3rd Quarter, 2021
07/01/21 through 09/30/21



Quarterly Report of Compliancy Issues & Programs List 2021-Q3 (July - September) Viewpoints Radio

- Agriculture
- Addiction
- Adolescent Health
- Agriculture
- American History
- Architecture
- Arts
- Behavioral Health
- Biology
- Business
- Career
- Child Development
- Climate Change
- Comedy
- Communication
- Construction
- Consumerism
- Cooking
- Corporate Interests
- COVID-19 Pandemic
- Creativity
- Crime
- Culture
- Customs
- Dance
- Development
- Diet
- Disease
- Editing
- Education
- Entrepreneurship
- Environment
- Exploration
- Fashion and Fashion Trends
- Film
- Government
- Happiness

- Harassment
- Health
- Health Education
- Healthcare
- Healthcare Management
- History
- Human Rights
- Inequality
- Innovation
- Insurance
- International Affairs
- Justice System
- Labor
- Law
- Literature
- Local Economy
- Marriage
- Mass Incarceration
- Media Business
- Medicine
- Mental Health
- Mental Illness
- Migration
- Mining
-
- Money
- Music and Music Industry
- Natural Resources
- Nonprofit Organization
- Nutrition
- Paleontology
- Parenting
- Patient Advocacy
- Performance and Performance Arts
- Personal Finance
- Policy
- Politics

- Poverty
- Prison Reform
- Psychology
- Public Health
- Public Service
- Publishina
- Racial Issues
- Remote Learning
- Savings
- Science
- Self-Confidence
- Sleep Disorders
- Small Business
- Social Media
- Space and Space Exploration
- Species Extinction
- Sports
- Streaming
- Sustainability and Sustainable Design
- Teaching
- Technology
- Terrorism
- Tourism
- Traditions
- Trauma
- Travel
- TV
- Wage Theft
- Wealth
- Wildlife Management
- Women's Rights
- Workers Rights
- Writing
- Youth Development



This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, July 4, 2021

Program 21-27	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 7/4/21	Studio Production: Jason Dickey		
SEGMENT 1:	FAIR LABOR: THE IMPORTANCE OF WORKER CENTERS	Time	Duration
Synopsis:	Physician burnout is still a very real problem in the U.S. – and the pandemic has only exacerbated these feelings in some of the hardest hit hospitals across the country. We speak with Dr. Greg Hammer at Stanford University about the pandemic's lasting effects on mental health and systems that have been created to better support people working in medicine or in medical school.	1:47	11:25
Host:	Gary Price		
Guests:	Dr. Celeste Monforton, lecturer, Texas State University, author, On the Job: The Untold Story of Worker Centers and the New Fight for Wages, Dignity, and Health; Laura Garza, worker center director, Arise Chicago.		
Issues Covered:	Wage Theft, Harassment, Inequality, Labor Rights, Nonprofit, Workers Rights, Law, Career, Poverty		
Links:	Arise Chicago		
	Worker Centers: Resources for Employees		
SEGMENT 2:	HOW TO MAKE YOUR KID MONEY-SAVVY	Time	Duration
Synopsis:	About 60 percent of Americans don't yet have a written will in place. People spend a lifetime working hard, saving money, building assets, but often never think about what would happen in case they suddenly passed away. Viewpoints speaks with life planning expert, Abby Schneiderman, about the importance of organizing your life both on paper and online.	15:39	8:26
Host:	Marty Peterson		
Guests:	Beth Kobliner, financial expert and author, Make Your Kid A Money Genius (Even if you're not).		
Issued Covered:	Personal Finance, Parenting, Child Development, Money, Savings, Consumerism		
Links:	<u>Learn more about Beth - BethKobliner.com</u>		
CULTURE CRASH:	WHAT'S SO FUNNY ABOUT DAVE?	Time	Duration
Synopsis:	The Hulu comedy, Dave, is a fictional story about the sensationalized rapper, Lil Dicky. The show look like many other comedies at first but is actually jam-packed with well-thought out jokes and plots. Dave is now streaming on Hulu and FXX.	25:05	1:51
Host:	Evan Rook		
Issues Covered:	Culture, TV, Comedy		



This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, July 11, 2021

Program 21-28	Writers & Producers: Amirah Zaveri, Bridget Killian, Polly Hansen & Evan Rook		
Air Week:	Studio Production: Jason Dickey		
7/11/21			
SEGMENT 1:	LONG-TERM YOUTH INCARCERATION	Time	Duration
Synopsis:	The U.S. prison population has decreased during the pandemic, but the number of people behind bars is still close to two million. Some of these inmates have been in prison for decades and at a young age were deemed by the justice system to be 'unfixable'. This week, we shed light on the cycle of youth incarceration in this country and why people like Ian Manuel, a former inmate, were sentenced to life in prison without the possibility of parole at age 13.	1:48	9:34
Host:	Gary Price		
Guests:	lan Manuel, former inmate, author, My Time Will Come: A Memoir of Crime, Punishment, Hope, and Redemption; Riya Saha Shah, lawyer, managing director, Juvenile Law Center; Beth Schwartzapfel, journalist, The Marshall Project.		
Issues Covered:	Crime, Justice System, Prison Reform, Mental Health, Law, Government, Poverty, Mass Incarceration, Youth Development		
Links:	Equal Justice Initiative: Ian Manual		
	The Marshall Project: Many Juvenile Jails Are Now Almost Entirely Filled With Young People of Color		
SEGMENT 2:	A BETTER WAY TO GET AWAY	Time	Duration
Synopsis:	It seems like lately almost everyone is heading to the airport. Whether you're flying, driving or taking a train, vacations are a highly anticipated time to get away from everyday life. Everyone deserves relaxation, but is there a way to make sure that you're traveling more consciously? Are you booking excursions with local, independent companies? Supporting small shops? Does the place you're staying at or traveling with use sustainable practices?	12:44	10:26
Host:	Marty Peterson		
Guests:	Maile Meyer, Hawaii resident, owner, Native Books; Brian Mullis, sustainable tourism expert.		
Issues Covered:	Tourism, Travel, Sustainability, Traditions, Customs, History, Wildlife Management, Consumerism, Environment, Local Economy, Small Business		
Links:	Sustainability Leaders Project		
	The World Counts		
	FORTUNE: How eco-travelers are fueling hotel industry's sustainability drive		
	<u>Viator</u>		
	Pu'uhonua Society		
CULTURE CRASH:	ACCESSING FILM CLASSICS	Time	Duration
Synopsis:	The Criterion Channel makes it easy to watch older movies that are often forgotten on mainstream streaming platforms like Netflix. We discuss some of our favorite picks from the old Hollywood days.	24:10	2:16
Host:	Evan Rook		
Issues Covered:	Culture, Film		



Viewpoints Radio Program Log Quarterly Report / 2021-Q3 (Jul. - Sep.)

This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, July 18, 2021

Program 21-29 Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: Studio Production: Jason Dickey

7/18/21

SEGMENT 1:	NEGOTIATING THE HIGH COST OF HEALTHCARE	Time	Duration
Synopsis:	Millions of Americans put off going to a doctor or hospital because they're afraid of the high cost of care. Depending on your insurance, one MRI scan can cost upwards of a thousand dollars. One trip to the emergency room can mean thousands of dollars in charges that people can't afford to pay. So, what's driving these sky-high prices? How can people negotiate down these hefty bills?	1:17	11:48
Host:	Gary Price		
Guests:	Lisa Rossi, patient; Marshall Allen, investigative journalist, ProPublica, author, Never Pay the First Bill: And Other Ways to Fight the Health Care System and Win.		
Issues Covered:	Healthcare, Insurance, Medicine, Patient Advocacy, Personal Finance, Healthcare Management		
Links:	Fair Health Consumer: Estimate your healthcare expenses		
	National Patient Advocate Foundation		
	Twitter: @marshall_allen		
	Amazon: Never Pay the First Bill: And Other Ways to Fight the Health Care System and Win		
SEGMENT 2:	THE DATED TRADITION OF DAYLIGHT SAVING TIME	Time	Duration
Synopsis:	Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints.	15:22	7:12
Host:	Marty Peterson		
Guests:	Dr. Beth Malow, professor, neurology & pediatrics, Vanderbilt University Medical Center, director, Vanderbilt Sleep		
	Division.		
Issues Covered:	Division. Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health		
Issues Covered:			
	Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health		
	Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health National Society of High School Scholars		
	Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health National Society of High School Scholars TIME: The Real Reason Why Daylight Saving Time Is a Thing	Time	Duration
Links:	Health, Disease, History, Policy, Sleep Disorders, Adolescent Health, Behavioral Health National Society of High School Scholars TIME: The Real Reason Why Daylight Saving Time Is a Thing VUMC: Department of Neurology	Time 23:34	Duration 2:52

Issues Covered: Culture, Social Media



This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, July 25, 2021

Program 21-30 Writers & Producers: Amirah Zaveri & Evan R	lool	K
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Air Week: Studio Production: Jason Dickey

7/25/21

Synopsis:

Synopsis:

SEGMENT 1: **PUBLISHING 101: BEHIND EVERY WRITER IS A GREAT EDITOR** Time Duration

10:20

1:47

In 2019, the book publishing industry in the U.S. generated more than \$25 billion dollars in revenue and

employed close to 70,000 people. It's a massive industry that publishes and generates publicity for many

thousands of physical and e-books each year. Literary editor Peter Ginna joins us this week to breakdown the

business and the crucial role that editors play in crafting a successful book.

Gary Price Host:

Peter Ginna, literary editor and author, What Editors Do: The Art, Craft, and Business of Book Editing. Guests:

Issues Covered: Writing, Editing, Publishing, Literature, Business, Career

University of Chicago Press – What Editors Do: The Art, Craft, and Business of Book Editing

Penguin Random House - How to Get Published: The world of publishing: a guide for writers

SEGMENT 2: THE ENTREPRENEUR INSIDE THE MUSICIAN Time Duration

There's much more to being a professional musician than the practice and performance aspect of the career.

For independent artists, there's an entire side of entrepreneurship to handle, including money management, marketing, networking and more. Debra Silvert, the flutist of the orchestral ensemble, Duo Sequenza, highlights

the challenges and rewards of carving out a career in the competitive classical music space.

14:09 8:30

Marty Peterson Host:

Guests: Debra Silvert, flutist, Duo Sequenza, executive director, Sequenza Chamber Music Incorporated.

Issues Covered: Music, Career, Business, Nonprofit Organization, Entrepreneurship, Music Industry

Links: Duo Sequenza

Debra Silvert Bio

Majoring In Music: Music & Entrepreneurship

CULTURE CRASH: THE APPLE TV SPORTS COMEDY, "TED LASSO"

Time Duration

 $Funny\ man\ Jason\ Sudeikis\ plays\ Ted\ Lasso\ in\ Apple's\ TV's\ new\ series.\ The\ show\ follows\ Lasso,\ a\ small-time$ Synopsis:

23:39 2:47 coach, as he moves to England to lead a professional soccer team despite having little knowledge of the sport.

Host: Evan Rook

Issues Covered: Culture, Streaming, Media Business



This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, August 1, 2021

Program 21-31	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week:	Studio Production: Jason Dickey		
8/1/21			
SEGMENT 1:	THE ITEMS THAT SYMBOLIZE THE COVID-19 PANDEMIC	Time	Duration
Synopsis:	Wondering what to do with the dozens of face masks and all of those unused yeast packets? Us too. There are several items that Americans sought after during the height of the Covid-19 pandemic that help to showcase what this period in time was like. Once the pandemic is fully over, how will we look back and remember this time? How are museum curators and everyday people remembering this important part of history? This week on Viewpoints.	1:48	11:13
Host:	Gary Price		
Guests:	Alexandra Lord, chair, curator, Division of Medicine and Science, Smithsonian National Museum of American History; Kevin Mitchell Mercer, professor, Valencia College; Natalie Nguyen, college student, University of Central Florida.		
Issues Covered:	COVID-19 Pandemic, Public Health, History, Career, Education, Science, Medicine		
Links:	The New York Times: A New Year's Climate Diet		
	twitter: @4fishgreenberg		
	Amazon: The Climate Diet: 50 Simple Ways to Trim Your Carbon Footprint		
SEGMENT 2:	FOREVER FASHION: THE HISTORY OF TIMELESS TRENDS	Time	Duration
Synopsis:	In 2017, Sara Dykman biked more than 10,000 miles, following the path of the annual Monarch migration. Along her route, she stopped to educate and raise awareness about the beauty and fragility of the butterfly. Dykman joins us this week to teach us about the insect's unique migration patterns across North America and how individuals can help this dwindling species.	15:00	8:23
Host:	Marty Peterson		
Guests:	Lauren Cochrane, senior fashion writer, The Guardian, author, The Ten: How and Why We Wear the Fashion Classics.		
Issues Covered:	Fashion, History, Fashion Trends, Consumerism, Film, Culture, Literature		
Links:	The Guardian - Lauren Cochrane Profile		
	Amazon: The Ten: How any why we wear the fashion classics		
	Vogue: The Story Behind That Little Black Dress Worn by Audrey Hepburn In 'Breakfast At Tiffany's		
	Levi Strauss & Co: We have been innovating since the birth of the blue jean in 1873		
	Lauren Cochrane on Instagram		
CULTURE CRASH:	PIG – STARRING NICHOLAS CAGE	Time	Duration
Synopsis:	We had mixed feelings heading to see the new film, Pig, featuring actor Nicholas Cage. Listen to why this feature film ended up blowing our expectations out of the water.	24:23	2:03
Host:	Evan Rook		
Issues Covered:	Culture, Film		



This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, August 29, 2021

Program 21-32	Writers & Producers: Amirah Zaveri, Bridget Killian & Evan Rook		
Air Week: 8/8/21	Studio Production: Jason Dickey		
SEGMENT 1:	THE PRIVATE SECTOR SPACE RACE	Time	Duration
Synopsis:	The cryptocurrency that started it all, Bitcoin, is now valued at around 1.6 trillion dollars. And in just the last month, another, newer form of crypto, Dogecoin has skyrocketed in popularity across the Internet, sharply driving up the price per token. We explore the fascinating and fast-evolving world of cryptocurrency and the future of traditional financial systems as digital currency gains ground across the globe.	1:47	9:32
Host:	Gary Price		
Guests:	Dr. David Yermack, professor, finance, NYU Stern School of Business		
Issues Covered:	Space Exploration, Travel, Technology, Business, Science, Wealth, History, Tourism		
Links:	TIME: Why Richard Branson's Spaceflight Is a Very Big Deal		
	McKinsey & Company: Wall Street to Mission Control: Can space tourism pay off?		
	twitter: @ieffreykluger		
SEGMENT 2:	THE WOMEN OF THE OLD WEST	Time	Duration
Synopsis:	When most people imagine the early West, they picture wide open landscapes, lawlessness and sweaty men working away in mines and on farms. While this is part of the narrative, the other lesser known side is the unique opportunities the West held for women of the 19th and early 20th centuries. Author Winifred Gallagher joins us this week to share how the ladies of this region fought for greater equality and recognition.	12:11	11:20
Host:	Marty Peterson		
Guests:	Winifred Gallagher, author, New Women in the Old West: From Settlers to Suffragists: An Untold American Story.		
Issues Covered:	American History, Women's Rights, Travel, Migration, Marriage, Politics		
Links:	Penguin Random House: New Women in the Old West		
	PBS: Women of the Wild West		
	TIME: Women and the Myth of the American West		
CULTURE CRASH:	"Elite" is a foreign language teenage drama series that does not disappoint. It's edgy, entertaining and fast-paced.	Time	Duration
Synopsis:	The show is now streaming on Netflix with four seasons out and another one on the way.	23:21	3:05
Host:	Evan Rook		
Issues Covered:	Culture, TV		



This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, August 15, 2021

Program 21-33	Writers & Producers: Amirah Zaveri, Bridget Killian & Evan Rook		
Air Week: 8/15/21	Studio Production: Jason Dickey		
SEGMENT 1:	THE LESSONS LEARNED FROM THE PANDEMIC	Time	Duration
Synopsis:	It's that time of year already: back to school. After eighteen months of kids and teens learning remotely or on a hybrid schedule between in-person and remote, millions are returning back to classrooms full-time. While this may change as COVID-19 cases rise due to the Delta variant, for now, many schools are moving forward with plans to welcome students back with the caveat of requiring face masks while indoors. We discuss the highly anticipated return back to class and how some educators have changed their perspectives on learning over the past year.	1:48	10:16
Host:	Gary Price		
Guests:	Colleen Peluso, high school teacher, Valparaiso High School; Ron Chaluisan, former teacher, executive director, Newark Trust for Education.		
Issues Covered:	Education, Teaching, Career, Remote Learning, Parenting, Child Development, Technology, COVID-19 Pandemic		
Links:	TIME: Schools Expected to Leave Virtual Learning Behind in the Fall, but the Delta Variant Is Forcing a Change in Plans		
	<u>NewarkTrust.org</u>		
	Valparaiso High School		
SEGMENT 2:	WHY DOES KETO CONTINUE TO PERSIST	Time	Duration
Synopsis:	Every year it seems like there's a new diet or health trend that captures people's attention. The keto diet, which mainly cuts out carbohydrates, has seen a sustained rise in popularity. Originally used as a treatment for kids with epilepsy, today, thousands of ordinary people follow this regimen as well. This week – we're joined by registered dietician, Kristen Sedler, and two people who tried the keto diet and both had entirely different experiences.	12:55	8:27
Host:	Marty Peterson		
Guests:	Kristen Sedler, registered dietician; Isabelle Fiedler, college student; Carolyn Ketchum, food blogger, cookbook author, Easy Keto Breakfasts.		
Issues Covered:	Diet, Nutrition, Health, Disease, Personal Finance, Cooking		
Links:	Amazon: The Ultimate Guide to Keto Baking: Master All the Best Tricks for Low-Carb Baking Success		
	Amazon: Easy Keto Breakfasts: 60+ Low-Carb Recipes to Jump-Start Your Day		
	Healthline: 10 Health Benefits of Low-Carb and Ketogenic Diets		
CULTURE CRASH:	OUR FAVORITE FILMS OF 2011	Time	Duration
Synopsis:	What were some of the best movies if we rewind back one decade? We highlight some of our top picks from the year 2011, including the documentary, Jiro Dreams of Sushi and the baseball sports hit, Moneyball.	23:21	3:05
Host:	Evan Rook		
Issues Covered:	Culture, Film		



This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, August 22, 2021

Program 21-34	Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook		
Air Week: 8/22/21	Studio Production: Jason Dickey		
SEGMENT 1:	SLUMBERING IN SPACE	Time	Duration
Synopsis:	Have you ever had trouble falling or staying asleep? If you have, you'll know that not getting good rest can have a big impact on how you feel physically and mentally. For astronauts in space, sleeping in a zero-gravity environment surrounded by loud fans, bright lights and cramped quarters can be an issue. We talk through some of the bodily systems behind sleep and how astronauts in space for months on end deal with these challenges.	1:47	8:39
Host:	Gary Price		
Guests:	Dr. Fred Turek, professor, biology, Northwestern University, director, Center for Sleep and Circadian Biology, Northwestern University; Dr. Emmanuel Urquieta, chief medical officer, Translational Research Institute for Space Health, assistant professor, Center for Space Medicine, Baylor College of Medicine.		
Issues Covered:	Space, Biology, Health, Mental Health, Science, Technology, Exploration		
Links:	NASA: Sleeping in Space		
	Wired: The Surprisingly Cozy Truths of Sleeping in Space		
SEGMENT 2:	FIGHTING FOR THE FUTURE OF CLEAN WATER	Time	Duration
Synopsis:	Gold mining has been a lucrative business for many generations. Today, it's still a booming industry with global mining companies expanding into new markets each year. This week – we highlight the incredible story of activists in northern El Salvador who stood up to mining company, OceanaGold and won.	12:27	10:07
Host:	Marty Peterson		
Guests:	John Cavanagh, senior advisor, Institute of Policy Studies, co-author, The Water Defenders: How Ordinary People Saved a Country From Corporate Greed.		
Issues Covered:	Mining, Development, Natural Resources, Corporate Interests, Inequality, Policy, Law, Government, Environment		
Links:	Smithsonian Magazine: The Environmental Disaster That is the Gold Industry		
CULTURE CRASH:	THE POETRY BEHIND THE TUNES	Time	Duration
Synopsis:	We highlight the podcast, Dissect, which takes a look at the poetic lyrics behind some of the biggest songs in rap and hip-hop.	23:33	2:54
Host:	Evan Rook		
Issues Covered:	Culture, Music, Arts		



This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, August 29, 2021

Program 21-35	Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook		
Air Week: 8/29/21	Studio Production: Jason Dickey		
SEGMENT 1:	THE TALIBAN TAKEOVER: WHAT DOES IT MEAN?	Time	Duration
Synopsis:	The news of the Taliban regaining control of Afghanistan has swept news headlines this month. Hundreds of thousands of Afghan citizens have already fled the country, but how will everyday life change for those who remain? We discuss the precarious situation in the region and the reversal of modern freedoms and economic stability for millions of men, women and children.	1:48	9:42
Host:	Gary Price		
Guests:	Dr. Marvin Weinbaum, director, Afghanistan and Pakistan Studies, Middle East Institute, professor emeritus, political science, University of Illinois at Urbana-Champaign.		
Issues Covered:	International Affairs, Politics, Government, Human Rights, Women's Rights		
Links:	Women for Afghan Women – WAW's Work in Afghanistan		
	ICRC: Donate to Afghanistan		
	Miles 4 Migrants		
	GoFundMe: Women Globally Working to Protect Afghan Women		
SEGMENT 2:	REVISITING THE DEMISE OF THE DINOSAURS	Time	Duration
Synopsis:	There's something special about dinosaurs. These majestic creatures walked the Earth more than 230 million years ago, yet, even today, they capture our wildest imaginations. Most us have heard the familiar narrative that an asteroid collided with Earth and this catastrophic event led to their downfallbut is there more to the story? Would dinosaurs still be around today if the asteroid flew past Earth? This week on Viewpoints.	13:32	8:24
Host:	Marty Peterson		
Guests:	Michael Benton, professor, vertebrate paleontology, University of Bristol.		
Issues Covered:	History, Species Extinction, Paleontology, Science, Climate Change		
Links:	Amazon: Dinosaurs: New Visions of a Lost World		
	Nature World News: Dinosaurs Were Already Dying Off Due to Climate Change Even Before Asteroid Hit		
CULTURE CRASH:	FALL READS	Time	Duration
Synopsis:	We discuss some of our favorite non-fiction reads as the weather turns cooler and the season of pumpkin everything is soon upon us.	23:59	2:28
Host:	Evan Rook		
11036			



Viewpoints Radio Program Log Quarterly Report / 2021-Q3 (Jul. - Sep.)

This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, September 5, 2021

Program 21-36 Writers & Producers: Amirah Zaveri, Scarlett O' Hara & Evan Rook

Air Week:

Studio Production: Jason Dickey

9/5/21

Synopsis:

SEGMENT 1: ARE YOU ADDICTED TO YOUR PHONE? Time Duration

1:47

13:56

7:54

10:07

The average American checks their phone about 90 times a day, according to a 2019 survey from tech research

firm, Asurion. How often would you say you check? Every hour? Once every 20 minutes? Do you ever panic

when your phone isn't right next to you? This 'attached at the hip' mentality is severely affecting happiness and quality of life for millions of people. So, what can be done to break this all-consuming cycle? Addiction expert Dr.

Anna Lembke joins us to break down the widespread problem and offer up some solutions.

Host: Gary Price

Guests: Dr. Anna Lembke, professor, medical director, addiction medicine, Stanford University School of Medicine,

author, Dopamine Nation: Finding Balance in the Age of Indulgence.

Issues Covered: Mental Health, Health, Technology, Addiction, Happiness, Career, Communication

Links: Amazon: Dopamine Nation: Finding Balance in the Age of Indulgence

SAMHSA

Healthline: Is cell phone addiction really a thing?

Internet and Technology Addicts Anonymous

SEGMENT 2: THE MANY SIDES OF BALLERINO, JAMES WHITESIDE Time Duration

Ballet requires athleticism, artistry and decades of grueling practice. It's an extremely competitive field and few dancers manage to become principal dancers at major theatres. This week on Viewpoints – James Whiteside, a

principal dancer at the American Ballet Theatre, shares his professional ballet journey and what he's learned

about himself along the way.

Host: Marty Peterson

Synopsis:

James Whiteside, principal dancer, American Ballet Theatre, author, Center, Center: A Funny, Sexy, Sad, Almost-

Memoir of a Boy in Ballet.

Issues Covered: Career, Dance, Self-Confidence, Performance Arts, Creativity

Links: ABT: James Whiteside

Instagram: @jamesbwhiteside

The Washington Post: James Whiteside isn't a typical ballet star, and his memoir isn't a typical ballet story

Penguin Random House: Center Center A Funny, Sexy, Sad Almost-Memoir of a Boy In Ballet

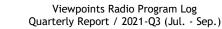
CULTURE CRASH: ARTISTS' SHARED INSPIRATION Time Duration

Synopsis: How do artists find inspiration for a new song on an album, or a new idea for a movie? We discuss how great art in more interconnected than you may think.

is more interconnected than you may think.

Host: Evan Rook

Issues Covered: Culture. Arts





This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, September 12, 2021

Program 21-37	Writers & Producers: Amirah Zaveri & Evan Rook
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Air Week: 9/12/21	Studio Production: Jason Dickey		
3/12/21			
SEGMENT 1:	CANDID CONVERSATIONS WITH KIDS: GETTING BACK TO SCHOOL	Time	Duration
Synopsis:	The 2021-2022 school year is officially in full swing. But, it's not the return that many were hoping for as COVID-19 cases spread, and outbreaks pop up in classrooms across the U.S. While there are barriers and challenges just like last year, school must go on. We speak with education expert, Julie King, to get some tips on how to navigate the hectic back to school season and how parents can communicate with their kids so they feel heard and supported.	1:47	10:08
Host:	Gary Price		
Guests:	Julie King, parent educator, mother, co-author, How to Talk When Kids Won't Listen: Whining, Fighting, Meltdowns, Defiance, and Other Challenges of Childhood.		
Issues Covered:	Education, Communication, Parenting, Psychology, Health, Child Development, COVID-19 Pandemic		
Links:	CDC: Mental health in childhood means reaching developmental and emotional milestones, and learning healthy social skills and how to cope when there are problems		
	CDC: COVID-19 pandemic: Helping young children and parents transition back to school		
	Amazon: How to Talk When Kids Won't Listen: Whining, Fighting, Meltdowns, Defiance, and Other Challenges of Childhood (The How To Talk Series)		
SEGMENT 2:	THE 20 YEAR ANNIVERSARY OF 9/11	Time	Duration
Synopsis:	'Today, there are many young adults who were mere babies when 9/11 happened. They learn about the terrorist attacks from history books, television segments and documentaries as well as the firsthand stories of people who lived through the experience. Former FDNY Battalion Chief Joseph Pfeifer joins us this week to share his story from that morning. Pfeifer was the first firefighter chief on the scene at the World Trade Center complex and lost his brother, Kevin, who was also a firefighter.	13:57	7:55
Host:	Marty Peterson		
Guests:	Joseph Pfeifer, Former FDNY Battalion Chief, author, Ordinary Heroes: A Memoir of 9/11.		
Issues Covered:	History, Terrorism, Public Service, Trauma, Government, Mental Health		
Links:	Combating Terrorism Center - Chief (Ret.) Joseph Pfeifer		
	Penguin Random House - Ordinary Heroes		
	National Geographic - 9/11: One Day in America		
CULTURE CRASH:	IS THE "DONDA" HYPE REAL?	Time	Duration
Synopsis:	Kanye West just released his latest album, "Donda" late last month. We sift through the hype and offer our take on the new creative release.	22:52	3:34
Host:	Evan Rook		
Issues Covered:	Culture, Music		



This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, September 19, 2021

Program 21-38	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 9/19/21	Studio Production: Jason Dickey		
SEGMENT 1:	WORKING IN INTENSIFYING HEAT	Time	Duration
Synopsis:	Many Americans stay home and crank up the air conditioning once temperatures reach 80 degrees. Imagine working for hours on end outside in temperatures exceeding 90 or 100 degrees. On top of this, there's little shade, minimal breaks and often not enough water. This is the reality for millions of laborers who work in agriculture, construction and other industries. Why aren't there more legal guidelines protecting these essential workers?	1:47	9:33
Host:	Gary Price		
Guests:	Dr. Rachel Licker, senior climate scientist, Union of Concerned Scientists; Kate Suisman, attorney, Northwest Workers' Justice Project.		
Issues Covered:	Labor, Career, Workers Rights, Health, Agriculture, Construction, Poverty, Climate Change, Environment		
Links:	Union of Concerned Scientists USA - Dr. Rachel Licker		
	More about the Northwest Workers' Justice Project		
	NBC News - Why are workers in the U.S. still dying from heat exhaustion?		
	California Office of Environmental Health Hazard Assessment (OEHHA) - Heat-related mortality and morbidity		
SEGMENT 2:	DESIGNING A GREENER BUILDING LANDSCAPE	Timo	Duration
JEGIVIEIVI Z.	DESIGNING A GREENER BOILDING LANDSCAFE	Time	Duration
Synopsis:	Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste.	13:22	9:37
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This Public Affairs Program Aired on this station from 6:00AM-6:30AM on Sunday, September 26, 2021

Program 21-39	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 9/26/21	Studio Production: Jason Dickey		
SEGMENT 1:	A DEEPER EXPLANATION OF OCD	Time	Duration
Synopsis:	Like many other mental illnesses, Obsessive Compulsive Disorder (OCD) is often misunderstood and clumped into a stereotypical category. Many people believe that the disorder is just physical behaviors, such as persistent organization, washing one's hands all the time, or checking the lock on the door constantly. But what people don't realize is that OCD is a lot more than just these behavioral actions. David Adam, who has OCD and has extensively studied the disorder, joins us this week to help dispel any myths and preconceived perceptions.	1:47	9:55
Host:	Gary Price		
Guests:	David Adam, freelance journalist, author of The Man Who Couldn't Stop: OCD and the True Story of a Life Lost in Thought.		
Issues Covered:	Health, Mental Illness, Behavioral Health, Health Education, History		
Links:	Obsessive-Compulsive Disorder - National Alliance on Mental Illness (NAMI)		
	How to Find the Right Therapist - International OCD Foundation		
	Man Who Couldn't Stop: OCD and the True Story of a Life Lost in Thought - Available on Amazon		
SEGMENT 2:	DIVERSITY DILEMMAS IN OPERA	Time	Duration
SEGMENT 2: Synopsis:	Opera is a beloved art form, but its racial history is as flawed as the rest of our culture. We talk to Naomi Andre, a professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times.	Time	Duration 8:52
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Issues Covered:

Culture, Film, Media Business, COVID-19 Pandemic

3rd Quarter: July 1 - September 30, 2021 Cumulus Broadcasting LLC, Wilmington, NC - WMNX-FM - Quarterly Issues Report									
PROGRAM NAME: Shaper Speaks - AIRS SUNDAY'S: 6:30am-7:00am									
HOST: TRAVIS CORPENING Issue Program Summary Run Date Length Quarter									
Gun Violence and Help	Spoke with Frankie Roberts from LINC, Inc. about the rise in gun violence in the City and how LINC plays a part in the prevention of gun violence with the Manhood program	4-Jul-21	30:00:00	3					
G is for Gigs	Talked with Linda Thompson about the New Hanover County Job Fair and the opportunities available for Teens as well as they begin the world of work.	11-Jul-21	30:00:00	3					
Stop the Killing Film	Area Film Director Nakia Hamilton debuts his film Stop the Killing sponsored by the Wilmington Police Department. He discussed the actual steps that happen when a homicide happens and how families deal with it in the film and in real life.	18-Jul-21	30:00:00	3					
Northside Co-Op Saturday Market	Evelyn Bryant discusses the Northside Food Co-Op and the beginning of the Saturday Market for Northside residents to pick up fresh produce and other items for nearly free every Saturday through November.	25-Jul-21	30:00:00	3					
NSea Swim	Dr. Phillip Brown and Coach Eugene Gause speak about the NSea Swim program for the beginning of the new school year. Additionally, scholarships are available for those residing in the Northside community as well as DC Virgo Students.	8-Aug-21	30:00:00	3					
Community Health Needs	Vance Williams the Program Director of Sokoto House talks Community Health Assessments and the things needed in low-income neighborhoods to meet Community Health Needs and Prevention.	15-Aug-21	30:00:00	3					
Back to School Community Drive	Pastor Robert Campbell jumped on air to explain the major collaboration with the area churches, NOVANT Health, and other community leaders to offer 3500 free book bags with supplies, free produce, clothing, and hair cuts for kids going back to school in-person this year.	22-Aug-21	30:00:00	3					

SKI Dog Foundation	Danielle Williams form the Ski Dog Foundation announces the winners of the Scholarship Fund and the Shoe Drive for students beginning elementary school. The mission of the Foundation and the importance of supporting the Shoe Drive	29-Aug-21	30:00:00	3
Healing your Almond/Mental Health Series	Franchon Frances talked about the Healing Your Almond Mental Health services avail be to youth for free of charge in 2021 based on a Youth and Mental Health grant they received from Coastal Horizons and NOVANT Health.	5-Sep-21	30:00:00	3
A Marginalized Voice	Reginald Williams the Author of a Marginalized Voice speaks on the reasoning behind Critical Race Theory and why many do not want it taught in schools as to some who feel that all history should be taught.	12-Sep-21	30:00:00	3
Wilmington Hall of Fame Nominee	Spoke with MC Cha Rock of the Funky Four Plus one More. She is considered the first female Hip Hop MC and a native of Wilmington NC. The first Female MC to perform on Saturday Night Live and in a motion picture. She talks about her Wilmington roots and the need for more women in the music industry.	19-Sep-21	30:00:00	3
40 Under 40	Interviewed Jarret Gattison and Rashaad Gattison brothers who are Directors of both Boys and Girls Clubs in Wilmington, NC. They speak on the importance of the Village raising children and how important having a safe place to learn, play, and grow is a need in Wilmington NC.	26-Sep-21	30:00:00	3