

Section I. Issues

- Parent/Teen Relationships	- Grandparent/Teen Relationships
- Honesty/Trust	- Sex/Sexuality
- Crisis Management	- Mental Health/Self Harm
- Conflict Management	- Substance Abuse
- Responsibility	- Teens & Technology
- Anger Management	

Section II. Responsive Programs

Date	Issues	Program	Time	Duration	Notes
7/1/2023	Parent/Teen Relationship	Parenting Today's Teen	11 AM CT	25 MIN	Wouldn't it be nice to have a close and healthy relationship with your teen? That's what every parent wants! But what would that even look like? This weekend on Parenting Today's Teens, Mark Gregston shares five important ways you can create a strong, lasting bond with your child, in every stage of life.
7/8/2023	Honesty/Trust	Parenting Today's Teen	11 AM CT	25 MIN	When your teen has lied and deceived you more times than you can count, it's hard to believe a single word they say. Is there any hope of ever rebuilding the trust in your relationship? This weekend on Parenting Today's Teens, Mark Gregston shares which responses to dishonesty are helpful—and which responses you need to avoid.
7/15/2023	Crisis Management	Parenting Today's Teen	11 AM CT	25 MIN	Are you experiencing helplessness, hopelessness, or fear regarding your teen? You don't have to do this alone. It's okay to ask for help! This weekend on Parenting Today's Teens, Mark Gregston encourages parents to take action when their family is in crisis and outlines a three-step plan for intervention.
7/22/2023	Conflict Management	Parenting Today's Teen	11 AM CT	25 MIN	Does every confrontation with your teen end in a yelling match? Do you feel like you're living in a constant war zone? There are better ways to handle conflict! This weekend on Parenting Today's Teens, Mark Gregston teaches parents how to control their anger and resolve conflict in a healthy way.
7/29/2023	Responsibility	Parenting Today's Teen	11 AM CT	25 MIN	Do you struggle to get your teen to do his homework, help with chores, or get out of the house? You can't know how to help him until you know what's behind the behavior. This weekend on Parenting Today's Teens, Mark Gregston helps parents identify the reasons behind their teens' lack of motivation and provides action steps for each type of scenario.
8/5/2023	Parent/Teen Relationship	Parenting Today's Teen	11 AM CT	25 MIN	Parents have a lifetime of experience and wisdom to share with their teens. Sometimes it's tempting to say everything that comes to mind! But that's not always helpful. This weekend on Parenting Today's Teens, Mark Gregston cautions parents that if your child rolls her eyes when you open your mouth, you may be talking too much!
8/12/2023	Anger Management	Parenting Today's Teen	11 AM CT	25 MIN	Teenaged anger can explode like a bomb in a family. And the fallout hurts everyone in the home. This weekend on Parenting Today's Teens, Mark Gregston helps parents understand what's motivating their teen's outbursts—and what they can do to defuse their anger and restore peace at home.
8/19/2023	Grandparent/Teen Relationships	Parenting Today's Teen	11 AM CT	25 MIN	Everyone "oohs and aahs" over grandbabies. But these precious little ones can be more challenging during the teen years. And yet this can be the time when grandparents make the most significant impact. This weekend on Parenting Today's Teens, Mark Gregston shares practical ways grandparents can stay connected and make a difference in the lives of their teenaged grandchildren.
8/26/2023	Sex/Sexuality	Parenting Today's Teen	11 AM CT	25 MIN	Today's teens are growing up in a sex-saturated society. And it's imperative for all parents to understand why some teens become sexually active. This weekend on Parenting Today's Teens, Mark Gregston coaches parents about what to do and what not to do if they find out their teen is sexually active.
9/2/2023	Conflict Management	Parenting Today's Teen	11 AM CT	25 MIN	Whether they're pushing back against house rules, avoiding tension with Mom and Dad, or seeking freedom elsewhere, some teens avoid being at home. This weekend on Parenting Today's Teens, Mark Gregston gives parents helpful ways to make home a place your teen wants to be!
9/9/2023	Mental Health	Parenting Today's Teen	11 AM CT	25 MIN	Is your teen uninterested in the things he used to love? Does he make up excuses to avoid going places and doing just about anything? If your teen just doesn't care, then there's something else going on! This weekend on Parenting Today's Teens, Mark Gregston helps parents understand what's behind their teen's apathetic attitude.
9/16/2023	Substance Abuse	Parenting Today's Teen	11 AM CT	25 MIN	The popular view of marijuana is changing and the stigmas surrounding pot are falling away. Parents need to come to grips with the reality that pot is more permissible, accessible, and available to teens today. This weekend on Parenting Today's Teens, Mark Gregston shares the top reasons teens are smoking pot and how to respond.
9/23/2023	Mental Health/Self Harm	Parenting Today's Teen	11 AM CT	25 MIN	Teenagers with unexplained marks and cuts on their bodies are crying out for help. And while it's hard to imagine why anyone might want to cause themselves pain, parents need to recognize the signs of self-harm. This weekend on Parenting Today's Teens, Mark Gregston coaches parents on how to get help for teens involved in self harm.
9/30/2023	Teens & Technology	Parenting Today's Teen	11 AM CT	25 MIN	Cell phones have become our teens' primary connection to friends and family. But every parent knows that these mobile devices are both a blessing—and a curse! This weekend on Parenting Today's Teens, Mark Gregston shares his views on cell phones and coaches parents on how to set up house rules to safeguard their teen.