

WIOX Quarterly Program/Issues Report

4th Quarter 2020

Submitted

January 6, 2021

WIOX is an NCE first service broadcast licensee serving a rural, mountainous region of upstate New York. Regularly scheduled programming is live, locally produced, community oriented, and serves diverse public interests.

The region's economic development, culture and cultural events, experiential learning and education; housing, insurance, food pantries; public health, healthcare and wellness; tourism and regional economics; the environment, farming, forestry, agriculture, local news, NOAA alerts and local emergency broadcasts are significant aspects of regular programming on WIOX.

In addition to the below issues-related long-form programs, WIOX broadcasts include daily short-form programming such as local real-time weather reports, local writers, performance artists, and other locally focused content that reflect and respond to local issues, needs, and interests, including COVID-19 news and information from local and state authorities. WIOX also serves the public interest by providing training and public access to the local airwaves.

Thursday, 10/1/20

Catskill Mountain Dreamers (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Topic: birthday celebration.

Friday, 10/2/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: rethinking major league baseball; “Munson” lessons from the late Yankee captain; Malika Andrews – exploding star of NBA bubble.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Vantage Point (1pm – 2pm): News and interviews with emphasis on local and regional politics and Central Catskills events. Guest: Andrea Bernstein discusses topics from her book *American Oligarchs: the Kushners, the Trumps and the Marriage of Money and Power*. Guest: Musicologist Mitch Cohn discusses music from the past and its relation to the current state of political affairs.

Saturday, 10/3/20

Unidos por las Montanas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española. Topic: Covid-19 vaccine.

Sunday, 10/4/20

Evening Tickler (6pm—7pm): Exploration, conversation on life's mysterious questions while dining on locally sourced foods.

Monday, 10/5/20

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Michael Goodwin – journalist.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Gary Meyer, artist.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: Manhattan Country School.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 10/6/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary. Guest: Diana Mason.

Liberal Arts Audio (1pm – 2pm): Sound art and local interviews with artists, curators, and other arts professionals. Guest: one local artist.

Talk Of The Town (6pm – 7pm): Interviews with local leaders and educators. Guest: Nick Costa.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 10/7/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Deb Krol, Keala Kelly, Lori Jump, and Cody Coyote.

Wellness Wednesday (2pm – 3pm): Health and Wellbeing. Topics: Alzheimer's disease.

Latin Quarters (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: forester.

Thursday, 10/8/20

Poetry, Religion & Basketball (1pm – 2pm): Local SUNY professor considers connections between diverse populations. Guest: Diamonté D. Zarba.

Friday, 10/9/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: "Remember the Titans" 25th anniversary of the film; Bob Gibson baseball pitching great.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities.

Saturday, 10/10/20

Unidos por las Montanas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Español. Topic: Dia Mundial de la Salud Mental; Dia de la Raza (World Mental Health Day; Native American Day).

Sunday, 10/11/20

Evening Tickler (6pm—7pm): Exploration, conversation on life's mysterious questions while dining on locally sourced foods. Guest: Peter Smith.

Monday, 10/12/20

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Michael Kane – NY teachers.

Breath Nation (1pm – 2pm): *Breathe Nation (1pm – 2pm)*: Live meditation and breath awareness. An approach to mindfulness and collective healing, energy balancing resources. Topic: breathwork meditation

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Guest: State Senator Jen Metzger.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 10/13/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

The Writer's Voice (1pm – 2pm): Writers and the written word with a local perspective. Planet Poet – Guest: Paul Muldoon.

Know Your Watershed (6pm – 7pm): Geology professor discusses geological formations in the Catskills. Topic: Geology.

Catskill Folk (7pm – 8pm): Folkways of the diverse cultures of the Catskill Mountains region. Topic: Fiddlers!27ish.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 10/14/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Matthew O'Neill, Mario Marillo.

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topic: mental health services & harm reduction.

Latin Quarters (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: forest economies.

Thursday, 10/15/20

Catskill Mountain Dreamers (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guests: Kevin Jenkins on the topic of informed consent and Robyn Van Zeilen on the topic of thermography breast health.

Friday, 10/16/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: athletic trainers save high school football player; lessons on life and baseball from Willie Mays; baseball loves Willie Mays & Joe Morgan.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Vantage Point (1pm – 2pm): News and interviews with emphasis on local and regional politics and Central Catskills events. Guests: Prof. Brad Hinze, Catholic theologian from Fordham University; musicologist Mitch Cohn.

Saturday, 10/17/20

Unidos por las Montañas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española. Topic: Día Internacional para la Erradicación de la Pobreza (International Day for the Eradication of Poverty).

Sunday, 10/18/20

Evening Tickler (6pm–7pm): Exploration, conversation on life's mysterious questions while dining on locally sourced foods. Guest: Daniel Friedman.

Monday, 10/19/20

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Topic: a voice for choice.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Topic: loneliness.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: farmers markets, hemp.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary. Guest: student Nick Vajtay.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 10/20/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

Liberal Arts Audio (1pm – 2pm): Sound art and local interviews with artists, curators, and other arts professionals. Topic: music – Spencer Hutchinson.

Talk Of The Town (6pm – 8pm): show featuring a special radio-television simulcast production of “A Wing and A Prayer,” a production of the Open Eye Theater.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 10/21/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Chief Paul & Antonia Perre.

Wellness Wednesday (2pm – 3pm): Health and Wellbeing. Guest: Tracy Reiter, Northern Catskills Occupational Center.

Latin Quarters (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Gary Mead.

Thursday, 10/22/20

Poetry, Religion & Basketball (1pm – 2pm): Local SUNY professor considers connections between diverse populations. Guest: Stephen Greenfield.

Friday, 10/23/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Special sports/election show. Steph Curry interviews Dr. Anthony Fauci. Toronto Raptors coach urges Canadian-Americans to vote.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topic: local elections.

Saturday, 10/24/20

Unidos por las Montanas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española. Topic: el voto latino (the Latino vote).

Sunday, 10/25/20

Evening Tickler (6pm—7pm): Exploration, conversation on life's mysterious questions while dining on locally sourced foods.

Monday, 10/26/20

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Andrew Wakefield.

Breath Nation (1pm – 2pm): *Breathe Nation (1pm – 2pm)*: Live meditation and breath awareness. An approach to mindfulness and collective healing, energy balancing resources. Topic: “Be the Land.”

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: organic farm & food purchasing data; Deysenroth Farm interview.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 10/27/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

The Writer's Voice (1pm – 2pm): Writers and the written word with a local perspective. Playtime: where does a play come from and where does it go. Guest: Amie Brockway.

Gender Blender (2pm – 4pm): Music created by the queer community. Join local transgender musician host for a journey into the overlooked, under-booked, and fabulous.

Know Your Watershed (6pm – 7pm): Geology professor discusses geological formations in the Catskills. Topic: Hudson River School.

Catskill Folk (7pm – 8pm): Folkways of diverse cultures of the Catskill Mountains region.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 10/28/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Mark Tilsen & Cary Marin.

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topics: Covid-19, housing.

Latin Quarters: (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: managing a family woodlot.

Thursday, 10/29/20

Catskill Mountain Dreamers (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music.

Friday, 10/30/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Texas school battles to play football during pandemic; Willie Mays and the story of The Catch and The Glove; Major League Baseball and player reactions to pandemic.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Vantage Point (1pm – 2pm): News and interviews with emphasis on local and regional politics and Central Catskills events. Guests: Prof. Brad Hinze, Catholic theologian from Fordham University; musicologist Mitch Cohn.

Saturday, 10/31/20

Unidos por las Montañas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española. Topics: colegio electoral (electoral college); Día de Muertos (Day of the Dead).

Sunday, 11/1/20

Evening Tickler (6pm–7pm): Exploration, conversation on life’s mysterious questions while dining on locally sourced foods. Guest: Doug Clark.

Monday, 11/2/20

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Topics: Covid-19 and the election.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Barbra Alyn.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: Daylight Savings Time, election, and tractors.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 11/3/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

Liberal Arts Audio (1pm – 2pm): Sound art and local interviews with artists, curators, and other arts professionals.

Talk Of The Town (5pm – 7pm): Interviews with local leaders and educators. Guests: Dennison Joyce & Peter Meyer.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 11/4/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples.

Wellness Wednesday (2pm – 3pm): Health and Wellbeing.

Latin Quarters (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: venison.

Thursday, 11/5/20

Poetry, Religion & Basketball (1pm – 2pm): Local SUNY professor considers connections between diverse populations.

Friday, 11/6/20

Tip Off (8am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Eerie and spooky baseball stories; Division I college sports cut during the pandemic; image of a young baseball guy; issue with NHL draft.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities.

Saturday, 11/7/20

Unidos por las Montañas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española.

Monday, 11/9/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Barbara Loe Fisher.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 11/10/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

The Writer's Voice (1pm – 2pm): Writers and the written word with a local perspective. Planet Poet – Guest: Nina Shengold.

Gender Blender (2pm – 4pm): Music created by the queer community. Join local transgender musician host for a journey into the overlooked, under-booked, and fabulous.

Know Your Watershed (6pm – 7pm): Geology professor discusses geological formations in the Catskills. Topic: geology.

Catskill Folk (7pm – 8pm): Folkways of the diverse cultures of the Catskill Mountains region.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 11/11/20

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Pedro Paoa & Manuel Rosenthal.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: opossum.

Thursday, 11/12/20

Catskill Mountain Dreamers (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guests: Howard Lichtman, The Thick Red Line; Mary Holland, Children's Health Defense.

Friday, 11/13/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Friday the 13th black cat baseball stories; baseball in Binghamton saved; Boston Celtic legend Tommy Heinsohn dies; England soccer star lends effort to feed hungry kids.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Vantage Point (1pm – 2pm): News and interviews with emphasis on local and regional politics and Central Catskills events. Guests: State Senator Jim Seward, retiring after 32 years in Albany, discussing a wide variety of state and federal political topics; musicologist Mitch Cohn discussing music and relationships.

Saturday, 11/14/20

Unidos por las Montanas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española.

Monday, 11/16/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Dr. Richard Lindzen.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: James Evans. Topic: civic discourse.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: seeds (Fruition Seeds & Kitazawa Seed Company).

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary. Guest: Dave Arehart, general manager of SUNY Delhi Golf Course.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 11/17/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

Liberal Arts Audio (1pm – 2pm): Sound art and local interviews with artists, curators, and other arts professionals.

Talk Of The Town (6pm – 7pm): Interviews with local leaders and educators. Guests: David McNamara of Samadhi and Shannon Hayes of Sap Bush Farm.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 11/18/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary. Guest: Diana Mason.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Robert Jensen. Topic: John Trudell.

Wellness Wednesday (2pm – 3pm): Health and Wellbeing. Topics: food pantries, thankfulness, and thanatology.

Latin Quarters (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Gary Mead. Topic: trees.

Thursday, 11/19/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Friday, 11/20/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Kim Ng, Major League Baseball's first woman general manager; Shane Bieber, 2020 American League Cy Young Award Winner; Serendipity Golf Course.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities.

Saturday, 11/21/20

Unidos por las Montañas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española. Estrellas de la bandera US (stars of the American flag); Accion de Gracias (Thanksgiving Day).

Monday, 11/23/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Topic: Lisa Pease.

Breath Nation (1pm – 2pm): *Breathe Nation (1pm – 2pm)*: Live meditation and breath awareness. An approach to mindfulness and collective healing, energy balancing resources. Topics: business of birth, doula.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: turkeys and Catskills regional harvest.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary. Guest: student Nick Vajtay.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 11/24/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

Gender Blender (2pm – 4pm): Music created by the queer community. Join local transgender musician host for a journey into the overlooked, under-booked, and fabulous. Thanksgiving (indigenous artists).

Catskill Folk (6pm – 8pm): Folkways of the diverse cultures of the Catskill Mountains region.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 11/25/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Anastasia Gupta, Adele Vrana, Tash Terry.

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topics: Covid-19 update, vaccines, elections.

Latin Quarters: (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topics: maple & oak.

Thursday, 11/26/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Friday, 11/27/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. College basketball in the Covid world; most bizarre high school basketball game; 17 year old soccer phenom plays for professional team; perfect baseball – Keith Hernandez analyzes game pitch by pitch.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Vantage Point (1pm – 2pm): News and interviews with emphasis on local and regional politics and Central Catskills events. Guests: State Assemblyman Chris Tague, State Senator James Skoufis, and teacher and musicologist Mitch Cohn.

Saturday, 11/28/20

Unidos por las Montanas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española.

Monday, 11/30/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Jennifer Cabrera.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Anne Shea. Topic: Volunteerism.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: farm tour, Cornell Extension Storage carrots.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary. Guest: Nick Vajtay.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 12/1/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Liberal Arts Audio (1pm – 2pm): Sound art and local interviews with artists, curators, and other arts professionals.

Talk Of The Town (6pm – 7pm): Interviews with local leaders and educators. Guest: Allen Hinkley, Roxbury Town Supervisor.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 12/2/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary. Guest: Kent Garrett.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Max Wilbert, Christine McCleave.

Wellness Wednesday (2pm – 3pm): Health and Wellbeing. Topic: how is school going?

Latin Quarters (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: flying squirrels.

Thursday, 12/3/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Poetry, Religion & Basketball (1pm – 2pm): Local SUNY professor considers connections between diverse populations. Guests: Tristan Olson & Michael Griswold.

Friday, 12/4/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: coronavirus haunts professional and college football; Justin Williams, black cyclist diversifying the sport; New York Giants coach Joe Judge.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Guest: State Senator Mike Martucci.

Saturday, 12/5/20

Unidos por las Montanas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española.

Sunday, 12/6/20

Evening Tickler (6pm–7pm): Exploration, conversation on life's mysterious questions while dining on locally sourced foods. Guest: Lisa Wisely.

Monday, 12/7/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Tyler Hollinger.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: James Kruger.

The Farm Hour (5pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: locusts, budget.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary. Guests: Nick Vajtay, Max Worda.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 12/8/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary. Guest: Diana Mason.

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Guests: Anique Taylor (poet), Matt Jared.

Gender Blender (2pm – 4pm): Music created by the queer community. Join local transgender musician host for a journey into the overlooked, under-booked, and fabulous.

Catskill Folk (6pm – 8pm): Folkways of the diverse cultures of the Catskill Mountains region. Topic: folklore archiving.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 12/9/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary. Guest: Allan Hinkley, Roxbury Town Supervisor.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Brian Nummerger, Mark Telsler.

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topics: Covid-19, Addictions Summit II.

Latin Quarters (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: health risks of lead in venison.

Thursday, 12/10/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Catskill Mountain Dreamers (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guest: Dafna Tachover, Esq. Topic: radiation sickness.

Friday, 12/11/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topic: baseball great Dick Allen passes.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Vantage Point (1pm – 2pm): News and interviews with emphasis on local and regional politics and Central Catskills events. Guests: Lieutenant Governor Kathy Hochul on the distribution of Covid-19 vaccine in New York State; State Assemblyman Chris Tague on the election, the right to speedy trials, the role of the legislature in dealing with Covid-19, and Governor Cuomo's actions during the pandemic; Andrew Peter talks about life in the Twelve Tribes, a commune in Oneonta, NY; Mitch Cohn, teacher and musicologist.

Saturday, 12/12/20

Unidos por las Montanas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española.

Sunday, 12/13/20

Evening Tickler (6pm–7pm): Exploration, conversation on life's mysterious questions while dining on locally sourced foods. Guest: King Mott.

Monday, 12/14/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: update on Covid-19 in New York; New York's Electoral College delegates to gather in Albany to cast their votes.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Dr. Sucharit Bhakdi.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Thomas Wittick, MBSR.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: worldcrops.org; feeding immigrant communities; Spiral Path Farm.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary. Guests: Nick Vajtay, Max Worda.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 12/15/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: updates on Covid-19 in Otsego, Ulster, and Delaware Counties; Zoom meeting of the Delaware County police reform and review committee.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

Liberal Arts Audio (1pm – 2pm): Sound art and local interviews with artists, curators, and other arts professionals.

Talk Of The Town (6pm – 7pm): Interviews with local leaders and educators.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 12/16/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: update on Covid-19 in New York; report on Oneonta's Common Council action; presidential pardon of Susan B. Anthony; Governor Cuomo writing a book about fighting coronavirus and other subjects.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary. Guest host: Nick Vajtay.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Leya Hale, Karyn Pugilese.

Wellness Wednesday (2pm – 3pm): Health and Wellbeing. Guests: Anne Rogan discusses nutrition; Ann Shae.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: grading timber.

Thursday, 12/17/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: Covid-19 increases in New York forcing the closure of many local courts and the postponement of proceedings; courts had been closed beginning in March by order of the state Office of Court Administration.

Poetry, Religion & Basketball (1pm – 2pm): Local SUNY professor considers connections between diverse populations.

Friday, 12/18/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topic: a larger-than-expected, major overnight winter storm caused a big dig out yesterday, including the declaration of a state of emergency by Governor Cuomo across the local four county region.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Billy Wagner; Cleveland major league baseball team drops "Indians" from its name; Negro League players now considered major league players for record purposes.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topic: local non-profits.

Saturday, 12/19/20

Unidos por las Montanas (United for the Mountains) (8am – 10am): Co-hosts Francisco Duque and Raul Silva Rosas discuss relevant social issues featuring music and guests. In Española. Topic: Navidad la Razon Jesus. (Jesus is the reason for the season).

Sunday, 12/20/20

Evening Tickler (6pm–7pm): Exploration, conversation on life's mysterious questions while dining on locally sourced foods. Guest: Steve Jewett.

Monday, 12/21/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Dr. Bob Lahita.

Breath Nation (1pm – 2pm): Live meditation and breath awareness. An approach to mindfulness and collective healing, energy balancing resources. Topic: power of love.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: cob construction, seeds, appropriations.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary. Guests: Nick Vajtay, Max Worda.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 12/22/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary. Guest: Danielle Vajtay, Plattekill

Gender Blender (2pm – 4pm): Music created by the queer community. Join local transgender musician host for a journey into the overlooked, under-booked, and fabulous.

Catskill Folk (6pm – 8pm): Folkways of the diverse cultures of the Catskill Mountains region. Topic: Christmas traditions. Guest: Madelyn Warren on kimchi.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 12/23/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary. Guest host: Nick Vajtay.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Ukumbwa Sauti, Cody Coyote.

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topics: Covid-19 update & vaccine; addiction.

Latin Quarters (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topics: firewood and wood heating.

Thursday, 12/24/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Catskill Mountain Dreamers (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guests: Tina Marie, Brandy Vaughan.

Friday, 12/25/20

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Negro Leagues star Turkey Stearnes; sports-themed holiday songs Christmas show.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Vantage Point (1pm – 2pm): News and interviews with emphasis on local and regional politics and Central Catskills events. Topics: Christmas special broadcast featuring childhood Christmas memories; Perry Como's nativity story; Raphael Lapin and Linus Van Pelt reading Saint Luke's story of the birth of Jesus; the Reverend Marti Sords-Horrell, pastor of the First Methodist Church in Oneonta, talking about what Christmas means to her; a reading from President Jimmy Carter's book *Christmas in Plains*; and seasonal music from teacher, musicologist and regular contributor Mitch Cohn.

Saturday, 12/26/20

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discuss relevant social issues featuring music and guests. In Español. Topic: Navidad y año nuevo (Christmas and New Year).

Sunday, 12/27/20

Evening Tickler (6pm—7pm): Exploration, conversation on life's mysterious questions while dining on locally sourced foods.

Monday, 12/28/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Dr. Brian Hooker.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Denise Munoz – Dynamic Healing.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: regional grains, 2020 farm news.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 12/29/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

Liberal Arts Audio (1pm – 2pm): Sound art and local interviews with artists, curators, and other arts professionals.

Talk Of The Town: (6pm – 7pm): Interviews with local leaders and educators. Guests: Julia Reischel, Joyce St. George.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 12/30/31

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary. Guest host: Nick Vajtay.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Karli Moore, A. Kantu.

Wellness Wednesday (2pm – 3pm): Health and Wellbeing. Topic: bees; Margaretville Hospital Auxiliary.

Latin Quarters (4pm – 5pm): Cultural and musical enrichment programs of various styles of Spanish language music from all over the Spanish-speaking world. Program is communicated in the English language but songs are in Spanish.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: river otter.

Thursday, 12/31/20

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Poetry, Religion & Basketball (1pm – 2pm): Local SUNY professor considers connections between diverse populations. Guest: Brook Denison.

