

## ISSUES AND PROGRAMS LIST

STATION: WLSB 98.5 FM Augusta, IL

DATE: July 1, 2020

During the past quarter, we broadcast the programs listed below to address community issues.

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ISSUE: Anxiety and Stress caused by COVID19

PROGRAM TITLE: Disclosure

Date: 4/4/20 + 4/5/20

Time of day: 8:00 AM

Duration: 58 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Host Shawn Boonstra interviewed Licensed Professional Counselor J.J. Schwirzer about strategies to cope with COVID19-related stress, including calming techniques, focus exercises, human connection, and mindfulness. Podcast: <https://www.voiceofprophecy.com/disclosure/episode/2015>

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ISSUE: Coronavirus + High Blood Pressure

PROGRAM TITLE: American Indian Living

Date: 4/13/20

Time of day: 4:00 PM

Duration: 58 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Dr. David DeRose, MD, shared best practices for strengthening the immune system, preventing disease, and lowering blood pressure with lifestyle choices. Resources: [compasshealth.net](http://compasshealth.net). Books: *Preventing Ebola, 30 Days to Natural Blood Pressure Control*, by David DeRose, MD. Program podcast: [www.LifeTalk.net/podcasts](http://www.LifeTalk.net/podcasts)

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ISSUE: Business Fear in a Struggling Economy

PROGRAM TITLE: American Indian Living

Date: 4/21/20

Time of day: 4:00 PM

Duration: 58 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Dr. David DeRose interviewed business expert Steve Baker, VP of The Great Game of Business, about practical solutions and strategies to avoid fear during a struggling economy. Resources: [Greatgame.com/Steve](http://Greatgame.com/Steve). Program podcast: [LifeTalk.net/podcasts](http://LifeTalk.net/podcasts). Book: *Get in the Game: How to Create Rapid Financial Results and Lasting Change*.

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ISSUE: Finances during Crisis

PROGRAM TITLE: Moneywise

Date: 5/14/20

Time of day: 2:30 PM

Duration: 28 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Ron Blue, author of the book *Simplifying the Money Conversation*, discussed how to make a spending plan that includes reserves for a crisis. Program podcasts and resources at: [www.Moneywise.org](http://www.Moneywise.org).

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ISSUE: Elder Care & Financial Crisis Management

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PROGRAM TITLE: American Indian Living

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Date: 5/19/20

Time of day: 4:00 PM

Duration: 58 Minutes

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Brief Description of Program: (Format, participants, content, etc.):

The COVID-19 pandemic has brought many health and financial challenges. Dr. David DeRose, MD, spoke about financial crisis management and strategies for elder care with financial consultant/CEO, Ande Frazier, who authored *Financially Free*. Podcast: [lifetalk.net/coronavirus-covid19/](http://lifetalk.net/coronavirus-covid19/)

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ISSUE: Childhood Sexual Abuse Effects

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PROGRAM TITLE: Family Life Today

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Date: 6/08/20

Time of day: 8:05 AM + 9:05 PM

Duration: 28 Minutes

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Brief Description of Program: (Format, participants, content, etc.):

One-in-four women or more have been sexually abused and suffer long-lasting trauma. Hosts interviewed Pamela and Bill Ronzheimer, author of *Help! My Wife is a Survivor of Sexual Abuse: Answers to Your Most Important Questions*, about the journey to healing. Program podcast and resources at [FamilyLife.com](http://FamilyLife.com)

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ISSUE: Health Concerns from Toxic Water & Fish consumption

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PROGRAM TITLE: Health and Longevity

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Date: 6/14/20

Time of day: 2:05 PM

Duration: 28 Minutes

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Brief Description of Program: (Format, participants, content, etc.):

Dr. John Westerdahl interviewed Brian Clement, PhD, director of Hippocrates Health Institute and author of *Killer Fish*. Program podcast at [www.LifeTalk.net](http://www.LifeTalk.net). Resources: [HippocratesInstitute.org](http://HippocratesInstitute.org)

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ISSUE: Heart Disease, Cancer, Diabetes, Stress, Overcoming Addictions

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PROGRAM TITLE: Take Charge of Your Health

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Dates: 6/22-28/20

Time of day: 7:05 PM

Duration: 28 Minutes

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Brief Description of Program: (Format, participants, content, etc.):

Host John Bradshaw interviewed medical experts on how to prevent or overcome top health threats with lifestyle strategies, and achieve optimal physical, mental and spiritual health. Resources + Podcasts: [TakeCharge.life](http://TakeCharge.life)

Douglas E. Carr

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Signature of licensee

July 1, 2020

Date