

WEST MICHIGAN COMMUNITY FORUM

Jan Feb March 2024

This is a 2 minute program that airs Saturday and Sunday mornings on WQXC-FM and WZUU-FM that discusses issues relevant to the communities and helps meet the needs of Van Buren, Kalamazoo and Allegan Counties.

Jan 6-7, 2024 We discussed National Donor Month, which is in January. Blood donations are important to help people around the country on a daily basis. The Red Cross needs all types of blood. We talked about how someone can help, and what is done with donated blood.

Jan 13-14, 2024

We discussed the latest information regarding the Corona Virus in the state of Michigan. We gave information on cases, deaths, recoveries, vaccines, testing rates, and how people can get more information on the virus in Michigan.

Jan 20-21, 2024

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Jan 29-30, 2024

We discussed Glaucoma. More than 3 million people in the US have it. It is the leading cause of irreversible blindness. For more information go to glaucoma.org.

Feb 3-4, 2024

We discussed human trafficking in America. The Department of Homeland Security has taken up the task of trying to reduce this problem. For more information go to dhs.org.

Feb 10-11, 2024

It is Burn Awareness Week. Make sure you have a plan if your home is on fire. There are plenty of things you can do to make sure your warning systems are in place, and that you and your family have an escape route planned. Go to cdc.gov/safechild/burns for more information.

Feb 17-18, 2024

March is National Kidney Month and the NKF is urging all Americans to give their kidneys a second thought and a well-deserved checkup.

Feb 24-25, 2024

February is American Heart Month. Heart disease doesn't happen just to older adults. It's happening to younger adults more and more often. Make sure to get your heart checked on a regular basis. Go to cdc.com for more information and tips.

March 2-3, 2024

We discussed National Children's Dental Health Month. It is important to be aware of your child's teeth. Tooth decay is the most common chronic disease in children. For more information go to nidcr.nih.gov.

March 9-10, 2024

March is National Sleep Deprivation Month. According to the CDC, insufficient sleep has been linked to the development and management of a number of chronic diseases and conditions, including diabetes, cardiovascular disease, obesity, and depression. Go to SleepFoundation.org/SAW for more details.

March 16-17, 2024

We discussed kidney problems in the US. Kidney disease often has no symptoms, and it can go undetected until very advanced. For more information go to kidney.org.

March 23-24, 2024

We discussed Cerebral Palsy Awareness Month. CP is a group of permanent movement disorders that appear in the early childhood, affecting body movement and muscle coordination.

March 30-31, 2024

April is National Autism Awareness Month. There is no known single cause of autism, but increased awareness and early diagnosis leads to significantly improved outcomes. Autism is treatable.