WEST MICHIGAN COMMUNITY FORUM April May June 2023

This is a 2 minute program that airs Saturday and Sunday mornings on WQXC-FM and WZUU-FM that discusses issues relevant to the communities and helps meet the needs of Van Buren, Kalamazoo and Allegan Counties.

April 1-2

April is National Autism Awareness Month. There is no known single cause of autism, but increased awareness and early diagnosis leads to significantly improved outcomes. Autism is treatable.

April 8-9

April is National Distracted Driving Month. Every day at least nine Americans die and hundreds are injured due to distracted driving. The biggest problems that cause distracted driving are cell phones and drugs and alcohol.

April 15-16

Earth Day is celebrated each April. The goal is to change human attitude and behavior about our earth and how to keep it in good shape. This year the main focus was on how plastics are hurting our planet.

April 22-23

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We discussed Alcohol abuse Awareness Month. Alcoholism is a major issue in America. There are many ways to determine if you think you, or someone you know needs help.

April 29-30

We talked about National Pet Month. It's important to know ways to adopt and care for your pets. You can save an animal by adopting. Then you can help the cause by donating to those agencies that handle adoption. You can also educate others, share your information, and volunteer your time.

May 6-7

We gave information about National Foster Care Month. It is designed to give foster parents the recognition they deserve for opening their homes to foster children in need, and caring for them.

May 13-14

Discussed Bone Marrow matching to help leukemia patients. Talked about Stem Cell Research and gave information on how people can lep with "The Gift of Life".

May 20-21

May is Military Appreciation Month. Not only do we pause on Memorial Day to remember the sacrifice and service of those who gave all, but the month also holds several other military anniversaries and events, including Military Spouse Appreciation Day and Armed Forces Day.

May 27-28

Motorcycle Safety Awareness Month is coming in May. We discussed how you can help motorcycles be safer on the road. Sometimes they are hard to see, so drivers need to take more time, caution, and be aware of their surroundings to insure motorcycles are safe on the road.

June 3-4

We discussed Mens Health Month – The purpose of Mens Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys.

June 10-11

Discussed Alzheimers and Brain Awareness Month. Gave warning signs of Alzheimers, and what can be done if you suspect Alzheimers. Also gave information on websites where you can find more information.

June 17-18

We discussed Chronic Migraines for Migraine Month in the US. There are many new cures and things to do for someone who gets chronic migraines on a regular basis.

June 24-25

Discussed National HIV Testing Day, which is June 27 of every year. Talked about the reason for early detection, and testing. Discussed what HIV is, and why it's important to know about it. Gave information on where you can be tested.