

# FOURTH QUARTER 2022

- **Issues / Program List**

WFAX found during this quarter issues of concern to our community and broadcast the following programs in response:

**Program:** United We Dream  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** October 3, 2022  
**Issues:** Diversity  
**Content:** Interview with Gersun Quinteros, expert in Latino cultural influence in US to talk about the assimilation of Spanish speaking emigrants into the North American society. What are the main barriers that Latinos would have to overcome in the process of assimilation and which the most important advances achieved now, at a time when they are the largest minority in the United States.  
**Organization:** **United We Dream.org (202) 706-8123**  
**Interviewer:** Pedro Biaggi.

**Program:** Preventive Medicine  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** October 10, 2022  
**Issues:** Health/Nutrition  
**Content:** Interview and discussion with Dr. Fabian Sandoval about health problems affecting Americans. Looking to the list of the Top Ten causes of death in US, illness related to overweight, lack of physical exercise and tobacco abuse, are killing people under 50 years old.  
Also, deep analysis on the problems of malnutrition among the elderly, in addition to the lack of sufficient low-cost centers where they can live during his retirement, when they are not homeowners.  
**Organization:** **Emerson Clinical Research Institute. (202) 239-0777**  
**Interviewer:** Pedro Biaggi.

**Program:** Community Health  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** October 17, 2022  
**Issues:** Health Insurance  
**Content:** A discussion and interaction with the audience to respond to the most frequent questions about different health insurance programs and government plans. How to identify the insurance company that offers the plan most suitable for the individual or family needs. How to get good coverage at affordable price and what is the government contribution to help people with problems to pay a health insurance to protect their families.  
**Organization:** **Reference < Health Insurance Market Place – Benefits.gov Website >**  
**Hosted By:** Pedro Biaggi.

**Program:** Professional Training Center  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** October 24, 2022  
**Issues:** Education  
**Content:** Conversation with Ana Carolina Ozuna from The Professional Training Center (Centro de Capacitación Profesional), an academic institution in Maryland and Virginia that has been serving for more than 20 years offering intensive courses with the purpose of teaching Hispanics, job skills focused on the current economy. The courses include electrical, plumbing, blueprint and building code reading; air conditioning and heating, air conditioning certifications, auto mechanics, English (all levels), and computers, combining theoretical and practical classes for better teaching.  
**Organization:** **Centro de Capacitación Profesional. (703) 931-9887**  
**Interviewer:** Pedro Biaggi.

**Program:** Eye Health Care  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** October 31, 2022  
**Issues:** Blindness  
**Content:** Dr. Alberto Martinez, from The Foundation to Fight Blindness, giving an informative conversation. Recommendations about how to prevent blindness.  
Dr. Martinez gave a complete information on eye and vision problems, how identify and deal with everyday eye problems, including UV radiation, and protection about bacterial, viral and fungal eye infections. Also, how to deal with corneal scratches.  
**Organization:** **Visionary Eye Doctors (202) 896-0890**  
**Interviewer:** Pedro Biaggi.

**Program:** What is “Dia de los Muertos?”  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** November 7, 2022  
**Issues:** Culture  
**Content:** Día de los Muertos translated means “Day of the Dead.” It sounds scary, but this holiday is filled with wonderful and happy celebrations and traditions. Is both, a time to remember those who have passed on and also a time to celebrate life. The origins of Día de los Muertos can be traced back 3,000 years to an Aztec festival that was celebrated during the entire 9th month of the Aztec calendar. When Spanish Conquistadores arrived in modern-day Mexico, they tried to stop the celebration by moving the date to coincide with two holidays at the beginning of November: All Saint’s Day and All Soul’s Day. Over time, parts of both traditions blended together to become what we call Day of the Dead. Though it is around the same time as Halloween, Día de los Muertos is a different celebration entirely.  
**Organization:** **WFAX history investigation**  
**Hosted by:** Ary Mondragon.

**Program:** Violencia Domestica  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** November 14, 2022  
**Issues:** Domestic Violence  
**Content:** The purpose of this program is to present the current panorama of domestic violence. Conversation with Tatiana Ochoa of the organization Mil Mujeres (One Thousand Women) emphasizing placed on the association between domestic violence and women’s mental health expressed through different symptoms like depression, anxiety, post-traumatic stress disorder, drugs, alcohol abuse, as well as suicide and homicide. The final proposal is that professional training be included to health workers so they can help with these issues.  
**Organization:** **Mil Mujeres. (202) 808-3311**  
**Interviewer:** Pedro Biaggi.

**Program:** Self Improvement  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** November 21, 2022  
**Issues:** Eating behavior  
**Content:** Community-based interventions aiming to improve cooking skills are a popular strategy to promote healthy eating. We interviewed Madelaine Jordan to talk about current evidence on the effectiveness of cooking skill interventions, how can have a positive effect, particularly in improving confidence on cooking and fruit and vegetable consumption with vulnerable, low-socioeconomic groups gaining more benefits. Consistency across study designs, delivery and evaluation of outcomes both at short and long terms are warranted to draw clearer conclusions on how cooking programs are contributing to improve diet and health.

**Organization:** **Cooking With Madelaine.**  
**Interviewer:** Pedro Biaggi.

**Program:** Community Resources  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** November 28, 2022  
**Issues:** Diabetic Retinopathy  
**Content:** This interview summarizes the clinical features of diabetic retinopathy and its risk factors. Dr. Fabian Sandoval describes details of retinal pathology and how advances in the understanding of pathogenesis have led to identification of new therapeutic targets. He emphasize that although there have been significant advances, there is still a pressing need for a better understanding to identify patients at highest risk, and to intervene effectively before vision loss occurs.

**Organization:** **Emerson Clinical Research Institute. (202) 239-0777**  
**Interviewer:** Pedro Biaggi.

**Program:** Multidimensional Sexuality Question  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** December 5, 2022  
**Issues:** Human Sexuality  
**Content:** The program was designed to measure psychological tendencies associated with sexual relationships. Dr. Claudia Campos respond a listener questions and results indicated that women and men responded in unique ways to the MSQ, with women reporting greater sexual-fear and men reporting greater sexual-esteem, sexual-preoccupation, sexual-motivation, sexual-assertiveness, and external-sexual-control. Additional evidence for the effects of partner love attitudes, sex attitudes, and self-esteem.

**Organization:** **WFAX investigation**  
**Hosted by:** Pedro Biaggi & Dr. Claudia Campos.

**Program:** TAXES  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** December 12, 2022  
**Issues:** Tax Preparation  
**Content:** Conversation to explain listener about what should be included in a tax preparation checklist. If there were not yet a tax preparer, now's the time to find one. That person must have a Preparer Tax Identification Number (PTIN) showing that he or she is authorized to prepare federal income tax returns. Also inquire about the fees are appropriate, which likely will depend on the complexity of the return; steer clear of anyone taking a percentage of your refund.  
**Organization:** **WFAX investigation**  
**Interviewer:** Pedro Biaggi & Ary Mondragon.

**Program:** Why Recycling?  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** December 19, 2022  
**Issues:** Recycling  
**Content:** People tend to mentally classify environmental behaviors like recycling within the domain of morality. Intentions in this area are not based on a thorough calculation (conscious or unconscious) of the balance of costs and benefits but are a function of beliefs in what is right or wrong. Altruistic behavior offers a more satisfying starting point for understanding recycling behavior in affluent industrial societies. The process of converting waste materials into new materials and objects.  
As an alternative to conventional waste disposal to prevent the waste of potentially useful materials and reduce the consumption of fresh raw materials, thereby reducing: energy usage, air pollution (from incineration), and water pollution (from landfilling).  
**Organization:** **WFAX investigation**  
**Interviewer:** Pedro Biaggi.

**Program:** New Year Resolutions  
**Length:** 30 minutes  
**Time:** 9:00AM-9:30AM  
**Date:** December 26, 2022  
**Issues:** Culture  
**Content:** In an exploratory investigation listener were asked to report any resolutions made for the New Year. Many were resolved to lose weight, establishment of effective self-instruction, self-control procedures in personal behavior problems, self-monitoring on smoking behavior. Everybody wants to start the year 2023 with the hope of making personal, work and country wishes and purposes come true. Once again they are committed to improving, to making things come true that

they have been dreaming about and that for one reason or another they have not achieved.

**Organization:**

**WFAX investigation**

**Interviewer:**

Pedro Biaggi and Ary Mondragon.