

KTMW, Salt Lake City, Utah

4th Quarter Issues/Programs List – 2009

ISSUES:

1. Bullying
2. Mental Health
3. Family Relationships
4. Health Education

PROGRAMS

ISSUE:

Bullying

PROGRAM TITLE:

Aspiring Women

AIR DATES/TIME:

October 7, 2009 – 12:30 pm

October 9, 2009 – 7:30 pm

DURATION:

Each broadcast was 30 minutes

SYNOPSIS:

Elle Reyes' son was bullied as a young kid. In response, he also became a bully. After Elle convinced her son James to channel his emotions into writing instead of fighting, he won a national contest with his book, "Superheroes Don't Have Dads." Now James explains to other youth how he created a successful next chapter of his life as he helps them handle the issue of bullying in their lives.

ISSUE:

Mental Health

PROGRAM TITLE:

Aspiring Women

AIR DATES/TIME: November 4, 2009 – 12:30 pm

November 6, 2009 – 7:30 pm

DURATION: Each broadcast was 30 minutes

SYNOPSIS:

This program focuses on the example of Chrystal Hansen as one who overcame mental illness. She was a pastor's wife and mother of three children. She loved her life and had energy to spare. But then in a day that she will never forget, a severe anxiety attack left her incapable of performing even the most basic tasks. Chrystal shared on this episode what life has been like since being diagnosed as bi-polar. During the program she helped many other people who suffer from this ailment how to cope with mental illness.

ISSUE: Family Relationships

PROGRAM TITLE: Aspiring Women

AIR DATES/TIME: November 18, 2009 – 12:30 pm

November 20, 2009 – 7:30 pm

DURATION: Each broadcast was 30 minutes

SYNOPSIS:

This program explored the circumstances and emotions that take teens to a place of rage and despair so deep that they strike out at anything....even themselves. This interview with Linda Mintle, author of "Kids, Killing Kids," reveals the causes and danger signs to watch out for.

ISSUE: Health Education

PROGRAM TITLE: Aspiring Women

AIR DATES/TIME: December 2, 2009 – 12:30 pm
December 4, 2009 – 7:30 pm

DURATION: Each broadcast was 30 minutes

SYNOPSIS:

This episode dealt with the growing concern over Alzheimer's disease. During the program we saw how one large extended American family coped with the gradual loss of their patriarch to the disease. Author Sande Donahue shared the difficult lessons she learned through fourteen years as caretaker of a family member with Alzheimer's.
