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THIS IS THE FCC QUARTERLY REPORT TO BE INCLUDED IN THE STATION PUBLIC FILE. TYLER BROADCASTING CORPORATION, OKLAHOMA LAND COMPANY LLC, AND TYLER MEDIA LLC HAVE DETERMINED THAT THE FOLLOWING PROGRAMS AND PUBLIC SERVICE ANNOUNCEMENTS ADDRESSED IMPORTANT ISSUES FACING THE COMMUNITIES OF THE ABOVE SITED STATIONS AND CITIES.

POLITICS IMMIGRATION HEALTH CARE DRUG ABUSE EDUCATION EMPLOYMENT TERRORISM/CRIME

QUARTERLY ISSUES / PROGRAMS LISTS

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ISSUE	PROGRAM /SEGMENT	DATE	DESCRIPTION OF PROGRAM/SEGMENT
<u>TECHNOLOGY</u> : NET NEUTRALITY	DESPIERT A AMERICA	10/01/18	Trump administration sues California over tough net neutrality law. The Justice Department has hit back against California's attempt to restore net neutrality rules with a lawsuit that alleges state legislators are attempting to subvert the Federal Government's deregulatory approach" As the most populous US state and home to many of the world's largest tech companies, California's net neutrality rules, passed into law Sunday, hold significant sway. The DOJ lawsuit is likely to become a key test of the federal government's net neutrality legislation, establishing whether states have any right to enact their own rules that go against those imposed at the national level. California isn't the only state that's attempting to restore net neutrality.
<u>IMMIGRATION:</u> USCIS VISAS H1-B	DESPIERT A AMERICA	10/01/18	Thousands of recent grads awaiting H-1B visas are losing their jobs. Immigration attorneys expect thousands of recently graduated international students who've been hired by U.S. companies to be forced out of their jobs today due to delays in processing H-1B high-skilled worker visas and strict new policies imposed by the Trump administration. Recent grads are allowed to remain in the U.S. if they've applied for H-1B employment visas. But they are no longer allowed to work while their applications are pending, likely making it difficult to afford to stay.

IMMIGRATION: NEW US DEPORTATION POLICY	DESPIERT A AMERICA	10/02/18	From Monday, 1 October, the United States would start implementing a new rule which allows initiation of deportation process of people whose legal status to stay in America has expired for reasons such as denial of visa extension application or change in status, officials said. US Citizenship and Immigration Services (USCIS), tasked with granting visa or its extension to non-immigrants, said on Wednesday they will start taking an incremental approach to implement the new rule from 1 October. Under the new rule, they will issue notices to appear (NTA) to people whose applications regarding visa extension or changes in status have been denied.
HEALTH: TEEN SLEEP STUDY	DESPIERT A AMERICA	10/02/18	Teen sleep study shows link to risky behaviors. Teens who get less sleep are more likely to engage in risky and suicidal behavior, according to a new study. Researchers used data from the youth risk behavior survey from 2007 to 2015, which explored behaviors related to health risks in American youth. They found teens who slept for less than six hours per night were three times more likely to consider suicide, plan a suicide or attempt suicide, compared to teens who slept eight hours or more.
HEALTH: CDC ADULTS FAST FOOD	DESPIERT A AMERICA	10/03/18	Study: 1 in 3 US adults eat fast food each day: A government study has found that 1 in 3 US adults eat fast food on any given day. That's about 85 million people. It's the first federal study to look at how often adults eat fast food. An earlier study found a similar proportion of children and adolescents ate it on any given day. The Centers for Disease Control and Prevention released the numbers Wednesday. It's based on a survey of about 10,000 adults over four years. The study did not find a difference between men and women. But higher-income families ate fast food more often than lower-income families, and blacks ate it more than other racial or ethnic groups.
IMMIGRATION: STATE DEPARTMENT VISAS	DESPIERT A AMERICA	10/03/18	State Dept. Issues New Policy: No Visas for Same-Sex Spouses of UN Staffers. The Trump administration issued a new policy effective Monday, in which domestic partners of foreign diplomats and United Nations officials posted in the United States must show the State Department proof of marriage by December 31, or leave the country within 30 days. This means that same-sex partners of foreign staffers who are not legally married will no longer be eligible for a spousal visa allowing them to remain in the U.S. This reverses a State Department policy allowing for visas to be issued to same-sex partners put in place in 2009 under the Obama administration, when Hillary Clinton was Secretary of State.
IMMIGRATION: TPS VICTORY	DESPIERT A AMERICA	10/04/18	Judge Halts Termination of Temporary Protected Status for El Salvador, Haiti, Nicaragua, Sudan. California Federal Judge Edward M. Chen has issued a nationwide preliminary injunction in Ramos v. Nielsen, preventing the Administration from implementing its decisions to terminate Temporary Protected Status (TPS) for El Salvador, Haiti, Nicaragua, and Sudan, pending final resolution of the case. This may be particularly good news for Sudanese TPS beneficiaries whose status is scheduled to be terminated in less than a month, on November 2, 2018. The others are scheduled to terminate on January 5, 2019 (Nicaragua), July 22, 2019 (Haiti), and September 9, 2019 (El Salvador).
HEALTH: CALIFORNIA POOL SICKENS KIDS	DESPIERT A AMERICA	10/04/18	Authorities say 18 people including children have been sickened - seven critically - by exposure to chemicals at a Southern California swimming pool. The Ventura County Fire Department says authorities were called to Daland Swim School in Thousand Oaks Wednesday evening after several people reported they were having trouble breathing. Seven people were listed in critical condition and 11 were said to have been moderately affected. There's no word on the type of pool chemicals involved. A call to the swim school wasn't immediately returned.
HEALTH: FLU SEASON	DESPIERT A AMERICA	10/04/18	Flu killed more Americans last season than car crashes and drug overdoses. But Chicagoans can protect themselves. More than 80,000 people died from the flu last season in the United States, according to early estimates from the Centers for Disease Control and Prevention. Although it's far lower than the almost 700,000 people who died in the U.S. during the so-called Spanish flu pandemic that hit worldwide 100 years ago, last season was a "record-breaking" death toll, the highest since at least the late 1970s, according to the CDC.

HEALTH: BEEF RECALL	DESPIERT A AMERICA	10/05/18	Sanitary authorities remove 6 million and a half of pound of raw meat due to an outbreak of salmonella. The retirement includes a variety of products considered to be "not intact." The retirement comes out of after an processing plant in Arizona was the one that stated the spread in the bacteria. So far, 57 cases in 16 states have been reported.
HEALTH: HAND SANITIZER	DESPIERT A AMERICA	10/08/18	Young children inevitably have a lot of runny noses and sore throats, but how they clean their hands could cut back on how often they miss day care, according to a study published Monday in the journal Pediatrics. Researchers in Spain found that children who cleaned their hands with sanitizer instead of soap and water reduced their missed days of school, respiratory infections and antibiotic prescriptions. Researchers studied 911 children up to age 3 who attended 24 day care centers in Almería, Spain. They split the children, their families and their day care centers into three groups: One group used hand sanitizer to clean hands, and one used soap and water, both with strict protocols about hygiene. A third, the control group, followed its usual hand-washing routines.
HEALTH: SLEEP CONCEPTION	DESPIERT A AMERICA	10/09/18	A regular bedtime can help women get pregnant, a study claims. Those who hit the sack at roughly the same time each night were four times more likely to conceive within a year. Experts believe the body clock - linked to several diseases via disruptive sleep patterns - may play a role in fertility. US researchers asked 176 women -trying to get pregnant to wear a smartwatch that monitored activity levels. There was a four-fold rise in conception in a year for those who went to bed in the same hour timeframe each night. Women turning in within the same 90-minute period were more than twice as likely to get pregnant, according to the study from Washington University in St Louis.
IMMIGRATION: JUDGE ORDER HALTING DEPORTATION	DESPIERT A AMERICA	10/10/18	An order barring the federal government from deporting recently reunited parents and children who were separated at the border due to the Trump administration's "zero tolerance" policy on illegal immigration will remain in effect until further notice, a San Diego judge overseeing the case said Wednesday. U.S. District Judge Dana Sabraw, considering a request for a temporary restraining order in a case transferred from the District of Columbia, said an order he issued three weeks ago prohibiting the government from removing reunified families from the United States before they've had a chance to discuss their immigration status is still in effect for both cases.
IMMIGRATION: UNDOCUMENT ED ARMY	DESPIERT A AMERICA	10/12/18	Over the course of 12 months, the U.S. Army discharged more than 500 immigrant enlistees who were recruited across the globe for their language or medical skills and promised a fast track to citizenship in exchange for their service, The Associated Press has found. The decade-old Military Accessions Vital to the National Interest recruiting program was put on hold in 2016 amid concerns that immigrant recruits were not being screened sufficiently. The Army began booting out those enlistees last year without explanation.
HEALTH: TODDLERS VACCINATION	DESPIERT A AMERICA	10/12/18	A small but growing population of children are not getting vaccinated, according to federal health data. While most children are receiving recommended immunizations, the number of children who aren't being vaccinated by 24-months-old has been gradually increasing, a report released Thursday by the Centers for Disease Control and Prevention says. Uninsured and Medicaid-insured children were less likely to be vaccinated, according to the 2017 survey. The survey used data from the 2017 National Immunization Survey-Child and focused on children ages 19- to 35-months-old. Since 2001, the percentage of unvaccinated babies and toddlers quadrupled from 0.3 percent to 1.3 percent in 2015.
MONEY: SOCIAL SECURITY CHECKS	DESPIERT A AMERICA	10/12/18	Tens of millions of Social Security recipients and other retirees will get a 2.8 percent boost in benefits next year as inflation edges higher. Following a stretch of low inflation, the cost-of-living adjustment, or COLA, for 2019 is the highest in seven years. It amounts to \$39 a month for the average retired worker, according to estimates released Thursday by the Social Security Administration. The COLA affects household budgets for about one in five Americans, including Social Security beneficiaries, disabled veterans and federal retirees. That's about 70 million people, enough to send ripples through the

			economy.
<u>ECONOMY:</u> SEARS BANKRUPTCY	DESPIERT A AMERICA	10/15/18	Sears has filed for Chapter 11 bankruptcy protection, buckling under its massive debt load and staggering losses. The company once dominated the American landscape, but whether a smaller Sears can be viable remains in question. It joins a growing list of retailers that have filed for bankruptcy or liquidated in the last two years amid a fiercely competitive climate. But with its sheer colossal size, Sears' reorganization in court will have even wider ripple effects.
<u>ELECTIONS:</u> HISPANIC VOTE	DESPIERT A AMERICA	10/15/18	More than 29 million Hispanics will be eligible to vote in November midterm elections, making up 12.8 percent of all eligible voters, both all-time highs that could prove critical as Democrats try to win control of one or both chambers of Congress, according to a report released Monday. That overall increase is tempered, however, by the fact that Hispanics have historically underperformed on Election Day compared to white and black voters, according to the analysis by the Pew Research Center.
<u>HEALTH:</u> SUICIDES RATES	DESPIERT A AMERICA	10/15/18	Suicide rates rose in all but one state between 1999 and 2016, with increases seen across age, gender, race and ethnicity, according to a report released Thursday by the Centers for Disease Control and Prevention. In more than half of all deaths in 27 states, the people had no known mental health condition when they ended their lives.
<u>HEALTH:</u> MYSTERY OUTBREAK	DESPIERT A AMERICA	10/17/18	A mystery illness that attacks the nervous system, paralyzing some children, has many parents concerned across the country. Cases have been reported in 22 states, including some in our area. New Jersey has three confirmed, and three more are suspected. New York has none confirmed, but two are under investigation. Health officials urge parents to be vigilant, as there's a lot unknown about the syndrome and what causes it. Health experts say acute flaccid myelitis, or AFM, is a polio-like syndrome that affects the nervous system, specifically the spinal cord. Muscles and reflexes are weakened, and some patients are left paralyzed.
<u>HEALTH:</u> FLU SHOT	DESPIERT A AMERICA	10/17/18	Fall has arrived, and so has the annual flu season. While flu - or influenza - is most serious for older Americans and people with certain chronic conditions, influenza can affect people of all ages and lead to hospitalizations, significant health complications and even death. As many as 35 million flu cases are expected this year, starting in October and continuing into May, according to the Centers for Disease Control and Prevention (CDC). The peak months are December through February. Most people have likely had the flu at some point - with symptoms such as a constant cough, sore throat, a runny or stuffy nose, body aches, headaches and fatigue - yet many myths and misperceptions remain.

<p><u>HEALTH:</u> SALMONELLA RAW CHICKEN</p>	<p>DESPIERT A AMERICA</p>	<p>10/18/18</p>	<p>A drug-resistant form of salmonella has been linked to raw chicken products that caused infections in 92 people in 29 states. The most cases have been reported in Illinois, Ohio, North Carolina, Pennsylvania, New York, New Jersey, and Massachusetts, according to the CDC who is investigating the outbreak. The investigation has so far found that the contaminated chicken products have come from different brands and various locations, and is not linked to any specific company. There have been 21 reported hospitalizations, and zero deaths from the chicken, and the salmonella strain has been resistant to multiple antibiotics.</p>
<p><u>HEALTH:</u> FERTILITY RATES DROPPING</p>	<p>DESPIERT A AMERICA</p>	<p>10/19/18</p>	<p>Fertility rates in the U.S. have dropped significantly over the past decade as first-time mothers have grown older on average, according to the Centers for Disease Control and Prevention (CDC). The CDC's data also show differences between rural and metropolitan communities widened between 2007 and 2017. Fertility rates dropped by 12 percent in rural areas, 16 percent in small- or medium-sized metropolitan areas, and 18 percent in large cities, the CDC reported. Meanwhile, the mean age of first-time mothers rose by 1.3 years in rural areas and 1.8 years in large cities. The mean for first-time mothers in rural counties was 24.5 years old in 2017, compared to 27.7 in large cities. These findings track with research that shows rural areas tend to have higher fertility rates and younger mothers.</p>
<p><u>GENDER:</u> TRANSGENDE R RIGHTS</p>	<p>DESPIERT A AMERICA</p>	<p>10/22/18</p>	<p>The government of President Trump would be considering the proper definition for “the gender of a person” according to his sex at birth. This initiative would revoke the rights recognized by a federal law to almost 1 millions and a half of transgenders in the USA. “A report of the department of health, would indicate that the sex of men and woman is in-alterable, and that this. Would be determined by the genital. In case of dispute, an genetic exam should be done.</p>
<p><u>HEALTH:</u> SALAD RECALL</p>	<p>DESPIERT A AMERICA</p>	<p>10/22/18</p>	<p>Almost 2 thousand pounds of salad are taken out of markets like “whole foods” and “trader joe's” in an average of 12 states. The massive retirement is due to the possible contamination with Listeria and salmonella. It is speaked of at least 5 companies that distribute the salad. The vegetable in question- were packed between the 1st and the 18th of October.</p>
<p><u>HEALTH:</u> TACOS RECALL</p>	<p>DESPIERT A AMERICA</p>	<p>10/23/18</p>	<p>Nearly 2.5 million pounds of frozen taquitos recalled over possible salmonella contamination. Check your freezer for frozen taquitos. Ruiz Food Products, Inc. is recalling nearly 2.5 million pounds of taquitos nationwide due to possible salmonella and listeria contamination, according to the USDA Food Safety and Inspection Service. The problem was discovered on Oct. 16, 2018 when Ruiz Food Products, Inc. received notification that the diced onions used in the production of their beef and cheese taquitos were being recalled by their supplier due to Listeria monocytogenes and Salmonella concerns, said the USDA. In addition to its Dinuba headquarters, Ruiz Food Products also has facilities in Denison, Texas, and Florence, South Carolina.</p>
<p><u>ELECTIONS:</u> EARLY VOTING RECORD</p>	<p>DESPIERT A AMERICA</p>	<p>10/24/18</p>	<p>While election day is still just over two weeks away, more than 5 million people have already cast ballots in this year's midterm general election, with a number of states experiencing record levels of early voting. In Indiana, home to one of the most crucial U.S. Senate contests in the country, residents in centrally located Hamilton County are casting ballots at a rate equal to the 2016 presidential election. In Minnesota, which is hosting a trio of competitive U.S. House races, early voting statewide has thus far surpassed ballots returned in 2016. And in Georgia, which is featuring one of the most competitive governor's races of the year, ballots are being returned at three times the rate of the 2014 midterm. More than half the</p>

			country is already voting and experts say the surge ahead of Election Day leads to one likely conclusion: Overall turnout is going to spike.
HEALTH: ADENOVIRUS 6 DEATH	DESPIERT A AMERICA	10/24/18	Seven children have died as a result of adenovirus at the Wanaque Center for Nursing and Rehabilitation in Haskell, New Jersey. The Wanaque facility has been "instructed not to admit any new patients until the outbreak ends and they are in full compliance," according to the health department. The timing of the deaths is not clear. The health department was notified of respiratory illness at the center on October 9 and Wanaque sent parents of children at the facility letters about the infection on October 19 according to Nicole Kirgan at the New Jersey Department of Health. On Tuesday the New Jersey Department of Health announced the death of six pediatric residents at the center and the infection of 12 additional residents. Wednesday the department announced an additional pediatric death. The New Jersey Department of Health said it's an ongoing outbreak investigation and workers were at the facility Tuesday. A team at the facility on Sunday found minor handwashing deficiencies.
IMMIGRATION: AMAZON ICE	DESPIERT A AMERICA	10/25/18	At a time when Big Tech is under attack for cooperating with military and police, Amazon is facing scrutiny for marketing its surveillance software to U.S. immigration officials. Amazon has confirmed that it met with Immigration and Customs Enforcement in Silicon Valley over the summer to discuss Rekognition, its controversial facial recognition software. Emails obtained by a watchdog group show that Amazon followed up in an apparent attempt to close a sale of the technology.
HEALTH: FDA FLU DRUG	DESPIERT A AMERICA	10/25/18	For the first time in two decades, the U.S. Food and Drug Administration has approved a new type of antiviral flu drug. The single oral dose of Xofluza (baloxavir marboxil) is for the treatment of uncomplicated flu in patients aged 12 and older who have had symptoms for no more than 48 hours. When used within 48 hours of getting sick with the flu, antiviral drugs can reduce symptoms and duration of the illness, according to the FDA.
HEALTH: HONEY SMACKS SALMONELLA	DESPIERT A AMERICA	10/25/18	Kellogg's Honey Smacks is returning to shelves with a new recipe following a voluntary recall after salmonella infected 100 people in 33 states. The company announced on Monday the cereal will return next month in limited quantities with "a simpler, updated recipe." The company says production was moved to a "trusted and tested Kellogg-owned facility that has been reliably producing cereal for decades." The June recall prompted the Centers for Disease Control and Prevention to warn consumers "Do not eat this cereal." The agency said at least 30 of the people infected in the outbreak were hospitalized. Kellogg's said consumers should look for Honey Smacks marked with "New Recipe" in the top left corner on the

			front of the box.
<u>HEALTH:</u> NY FLU SEASON	DESPIERT A AMERICA	10/26/18	The city is reporting its first pediatric death this flu season, and doctors are urging flu vaccines for everyone 6 months of age and older. The Centers for Disease Control and Prevention says more than 180 children died from the flu nationwide last flu season and more than 80 percent of those deaths were in children who didn't receive a flu vaccine. Health officials say the flu vaccine doesn't give people the flu, but rather it stimulates the body to produce antibodies to fight the virus.
<u>HEALTH:</u> ADENOVIRUS	DESPIERT A AMERICA	10/29/18	A ninth child has died in a New Jersey rehabilitation facility that is currently suffering an adenovirus outbreak, according to officials. The child, whose name has not been released, died late Saturday night at the Wanaque Center for Nursing and Rehabilitation in Haskell, New Jersey. This latest death was a confirmed case of adenovirus, according to the New Jersey Department of Health. Twenty-five pediatric cases of adenovirus have been connected to the outbreak at this facility, officials said. A staff member at the facility also became ill, but has since recovered.
<u>IMMIGRATION:</u> TRUMP BIRTHRIGHT	DESPIERT A AMERICA	10/30/18	A person familiar with internal White House debate says the topic of birthright citizenship has come up various times over at least the last year. President Donald Trump tells "Axios on HBO" he wants to end birthright citizenship for babies born to non-citizens and immigrants not authorized to be in the U.S. White House lawyers expect to work with the Justice Department to develop a legal justification for the action. It's one of many immigration changes being discussed including asylum law changes and barring the migrant caravan from entering the U.S. Administration officials say there likely would be no decisions until after the midterms. Most scholars believe ending birthright citizenship would require a constitutional amendment.
<u>IMMIGRATION:</u> TRUMP ASYLUM	DESPIERT A AMERICA	10/30/18	President Donald Trump said Monday on Fox News that he planned to put any members of the migrant caravan who apply for asylum into new "tent cities" that would be "all over the place," sharpening his recent efforts to politicize the southern border ahead of next month's midterm elections. The president said he would order the construction of tent cities that'd be "very nice." But he said he wouldn't spend "hundreds of millions of dollars" on "structures" to house anyone detained while awaiting the outcome of an asylum application.
<u>IMMIGRATION:</u> TRUMP TROOPS	DESPIERT A AMERICA	10/30/18	The Pentagon says it is sending 5,200 troops to the Southwest border. It's an extraordinary military operation ordered up just a week before midterm elections in which President Donald Trump has put a sharp focus on Central American migrants moving north in slow-moving caravans that are still hundreds of miles from the U.S. The number of troops being deployed is more than double the 2,000 who are in Syria fighting the Islamic State group. Trump is eager to keep voters focused on illegal immigration in the lead-up to the Nov. 6 vote. Any migrants who complete the long trek to the southern U.S. border already face major physical and bureaucratic hurdles to being allowed into the United States.

<p>IMMIGRATION: TRUMP CITIZEN BIRTHRIGHT</p>	<p>DESPIERT A AMERICA</p>	<p>10/31/18</p>	<p>President Trump said he was preparing an executive order that would nullify the long-accepted constitutional guarantee of birthright citizenship in the United States, his latest attention-grabbing maneuver days before midterm congressional elections as he has sought to activate his base by vowing to clamp down on immigrants and immigration. In fact, at least 30 other countries, including Canada, Mexico and many others in the Western Hemisphere, grant automatic birthright citizenship, according to a study by the Center for Immigration Studies, an organization that supports restricting immigration and whose work Mr. Trump's advisers often cite.</p>
<p>HEALTH: HEALTHY LABELS</p>	<p>DESPIERT A AMERICA</p>	<p>10/31/18</p>	<p>The U.S. Food and Drug Administration is revamping its definition of healthy to reflect our changing understanding of nutrition science. The push is fueling debate about eating habits and what the new standard should say. Frozen food-makers are seeking special rules for "mini meals," citing little pizza bagels and dumplings as examples that might qualify. Chewing gum and bottled water companies say they should no longer be shut out from using the term just because their products don't provide nutrients. Advocacy groups and health professionals are also weighing in, raising concerns about ingredients like sugar. Some say the word healthy is inherently misleading when applied to a single product instead of an overall diet.</p>
<p>SOCIAL: SELFIE DEATH</p>	<p>DESPIERT A AMERICA</p>	<p>11/01/18</p>	<p>A study published this month in the Journal of Family Medicine and Primary Care said 259 people had died taking selfies between October 2011 and November 2017. The report, based on findings from researchers in India who scoured worldwide media reports, said the main causes of selfie deaths were drowning, usually involving people being washed away by waves or falling from a boat, followed by people killed while posing in front of a moving train, deaths involving falls from high places or while taking pictures with dangerous animals. More than 10 people have died at Yosemite this year, some from natural causes and others from falls, park spokesman Scott Gediman said.</p>
<p>IMMIGRATION: IMMIGRANTS WAITED</p>	<p>DESPIERT A AMERICA</p>	<p>11/01/18</p>	<p>100+ immigrants waited in line in 10 cities for court dates that didn't exist. More than 100 immigrants showed up to court carrying paperwork ordering them to appear before a judge, only to find out that their court dates hadn't actually been scheduled, according to the American Immigration Lawyers Association (AILA). Attorneys say the practice began after the US Supreme Court ruled in June that notices to appear -- the charging documents that immigration authorities issue to send someone to immigration court who's accused of being in the United States illegally -- must specify the time and place of proceedings in order to be valid. Since then, immigration lawyers across the country have reported that officials are increasingly issuing such notices with so-called "fake dates," ordering immigrants to appear at hearings that, it later turns out, were never scheduled in immigration courts.</p>
<p>HEALTH: NJ ADENOVIRUS 10TH CHILD</p>	<p>DESPIERT A AMERICA</p>	<p>11/01/18</p>	<p>Ten children have died and 18 others have become sick in connection with an adenovirus outbreak at a New Jersey health care facility, the state's Department of Health announced Thursday. The patients are children with serious medical issues, many of whom require assistance to breathe and function, at the Wanaque Center for Nursing and Rehabilitation in Haskell, New Jersey. The confirmed cases became ill between September 26 and October 30, according to the health department. The number of illnesses has risen from 18 cases, including six deaths, announced last week by the health department.</p>
<p>HEALTH: FDA FIRST CANNABIS BASED PILL</p>	<p>DESPIERT A AMERICA</p>	<p>11/02/18</p>	<p>Epidiolex, the first cannabis-based medication approved by the US Food and Drug Administration, is now available by prescription in all 50 states. The twice-daily oral solution is approved for use in patients 2 and older to treat two types of epileptic syndromes: Dravet syndrome, a rare genetic dysfunction of the brain that begins in the first year of life, and Lennox-Gastaut syndrome, a form of epilepsy with multiple types of seizures that begins in early childhood, usually between ages 3 and 5. Epidiolex was recommended for approval by an advisory committee in April and approved by the FDA in June. In September, the US Department of Justice and the Drug Enforcement Administration classified Epidiolex as a Schedule V substance, clearing the final hurdle for it to be legally prescribed by doctors in the United States.</p>

<u>ECONOMY:</u> JOB REPORT	DESPIERT A AMERICA	11/02/18	The economy added a healthy 250,000 jobs in October, the Labor Department said Friday in the last employment report before midterm elections that President Donald Trump has cast as a critical referendum on his stewardship of the economy. The unemployment rate was unchanged at a near 50-year low of 3.7 percent. Annual wage growth topped 3 percent for the first time in nine years.
<u>HEALTH:</u> STUDY HOT COFFEE	DESPIERT A AMERICA	11/02/18	A new study out of Thomas Jefferson University in Philadelphia compared the acidity and antioxidant activity of hot and cold brewed coffees in hopes of crowning a healthy coffee king. Researchers examined hot and cold versions prepared with the same "grind-to-coffee ratio" in light roast coffees from Brazil, two regions of Ethiopia, Columbia, Myanmar, and Mexico. Their findings suggest that — drum roll, please! — hot coffee has higher antioxidant activity than cold brew coffee, with benefits including cancer prevention and a lower risk of diabetes and heart disease. The pH values in each brew were found to be rather comparable. Health reports that cold brew has often been considered less acidic than hot brew coffee, and therefore gentler on the stomach. But the Jefferson study shows that the pH levels in both hot and cold fell in a range from 4.85 to 5.13.
<u>HEALTH:</u> PEDIATRICIAN S AGAINST SPANKING	DESPIERT A AMERICA	11/05/18	The American Academy of Pediatrics has hardened its stance against spanking children as a form of parental discipline. In a new policy statement, published in the journal Pediatrics on Monday, the pediatricians' group recommends that adults caring for children use "healthy forms of discipline" -- such as positive reinforcement of appropriate behaviors, setting limits and setting expectations -- and not use spanking, hitting, slapping, threatening, insulting, humiliating or shaming. The policy statement updates guidance published in 1998 that recommended "parents be encouraged and assisted in developing methods other than spanking in response to undesired behavior." The policy statement describes corporal punishment as "non injurious, open-handed hitting with the intention of modifying child behavior" and indicates that spanking is considered a form of such physical punishment.
	DESPIERT A AMERICA	11/06/18	NOTHING TO REPORT. ELECTION DAY
	DESPIERT A AMERICA	11/07/18	NOTHING TO REPORT. ELECTION RECAP
	DESPIERT A AMERICA	11/08/18	NOTHING TO REPORT. SHOOTING IN CALIFORNIA
<u>IMMIGRATION:</u> ASYLUM SEEKERS	DESPIERT A AMERICA	11/09/18	President Donald Trump fulfilled his midterm promise to crack down on undocumented immigrants crossing the Southwest border on Friday by signing a proclamation that will make it harder for immigrants to claim asylum if they are caught crossing the border between designated ports of entry. Starting just after midnight on Saturday morning, asylum-seekers who do not go through ports of entry will be apprehended, detained and deported unless they can meet a higher bar, such as proving they would be tortured if they were sent home. Within hours, the American Civil Liberties Union sued to block the new restrictions, calling it "the asylum ban."

<p>HEALTH: FDA RESTRICTIONS ON E-CIG</p>	<p>DESPIERT A AMERICA</p>	<p>11/09/18</p>	<p>Taking on epidemic levels of teen e-cigarette use, the US Food and Drug Administration is expected to announce new restrictions on the sale of e-cigarette products. The plan is to ban on the sale of most flavored e-cigarettes in convenience stores and gas stations. The agency will impose age-verification requirements for online sales. Flavored e-cigarette products would be available in vape and tobacco shops. Gottlieb is also expected to propose a ban on menthol in regular cigarettes. The convenience store ban on flavored e-cigarette sales would not include menthol. Because the FDA will continue to allow the sale of menthol in regular cigarettes, the agency doesn't want to give cigarettes an advantage over e-cigarettes. E-cigarette makers argue the devices help adult smokers give up cigarettes -- potentially saving them from related illnesses -- by giving a nicotine fix without the smoke and smell of combustible cigarettes. The scientific consensus is still out on the long-term health effects of vaping. About 6.9 million adults used e-cigarettes in 2017, according to a US Centers for Disease Control and Prevention report released Thursday.</p>
<p>IMMIGRATION: DETENTION CENTER OTAY</p>	<p>DESPIERT A AMERICA</p>	<p>11/12/18</p>	<p>Immigration officials stopped allowing a volunteer group to visit people at a local detention facility unless its members agreed not to talk with the press or other groups about conditions inside. Immigration and Customs Enforcement says that members of SOLACE, or Souls Offering Loving and Compassionate Ears, must sign the "Volunteer Code of Ethics" form to be in compliance with the agency's detention standards. The group so far has refused, arguing that detention standards don't require them to sign away their First Amendment rights in order to visit detainees. Beginning in 2012, SOLACE volunteers have made more than 1,450 visits to at least 800 immigrants at Otay Mesa. They tried to give detainees who don't have anyone to visit them a feeling of humanity, emotional support and hope. The new requirement took volunteers by surprise. They thought they had a good working relationship with ICE and had been told the agency appreciated their work. At recent meetings, volunteers speculated that either the current political climate or critical media coverage of conditions in immigration detention facilities may have led to the change, but they could not think of a specific report that might've triggered the forms' restrictive language. The confidentiality sections of the new forms require volunteers to agree not to share information they learn inside without written permission from the warden.</p>
<p>HEALTH: US EXERCISE GUIDELINES</p>	<p>DESPIERT A AMERICA</p>	<p>11/13/18</p>	<p>The U.S. Physical Activity Guidelines Have Been Updated for the First Time in 10 Years. The US Department of Health and Human Services (HHS) has released the second edition of the <i>Physical Activity Guidelines for Americans</i> at the American Heart Association's Scientific Sessions meeting. This document complements the <i>Dietary Guidelines for Americans</i>, which was released by the HHS and the US Department of Agriculture (USDA). The new edition was developed by the 2018 Physical Activity Guidelines Advisory Committee who conducted systematic reviews of available scientific literature. This guidance, updated for the first time since 2008, provides evidence-based recommendations for children (ages 3-17) and adults. Specifically, it includes new guidelines for children aged 3–5 years and updated recommendations for children and adolescents aged 6–17 years, adults, older adults, women during pregnancy and the postpartum period, and adults with chronic health conditions or disabilities. The second edition outlines the types and amounts of activity recommended for these various populations.</p>
<p>IMMIGRATION: 2018 IMMIGRATION DETENTION</p>	<p>DESPIERT A AMERICA</p>	<p>11/13/18</p>	<p>Immigration authorities have detained a record number of undocumented immigrants this past year, according to data obtained from Immigration and Customs Enforcement. ICE held an average of more than 42,000 people in custody each day throughout fiscal year 2018. The previous record high since ICE began tracking the data in 2001 was just over 38,000 last year. Over the past year, the monthly average numbers fluctuated between a low of 39,192 last October and a high of 44,699 in June. The agency did not provide a monthly average for October 2018, the first month of the new fiscal year. The Daily Beast was first to report the statistics. ICE, which was not formally created until 2003, provided data on detentions back to 2001 when the US Immigration and Naturalization Service handled immigration detentions. INS was dissolved in 2003 in the government restructuring that created ICE. Since taking office, President Donald Trump has made immigration enforcement one of his top priorities -- most recently</p>

			<p>sending thousands of active duty military troops to the US-Mexico border and issuing a proclamation to ban immigrants who cross the border illegally from seeking asylum.</p>
<p><u>SOCIAL:</u> CIA TRUTH SERUM</p>	<p>DESPIERT A AMERICA</p>	<p>11/14/18</p>	<p>A newly declassified report reveals that the CIA considered using a drug called "Versed" to interrogate high-level prisoners. The documents reveal that the CIA believed versed, which is typically used to treat anxiety could act like a Truth Serum to influence the state of mind of those being questioned. Ultimately, the CIA opted not to ask government lawyers to approve the use of versed. The agency would not comment on the documents.</p>
<p><u>IMMIGRATION:</u> IMMIGRATION ASYLUM</p>	<p>DESPIERT A AMERICA</p>	<p>11/14/18</p>	<p>A federal judge set a hearing for Monday to determine whether to temporarily halt the Trump administration's latest immigration policy change denying asylum to anyone caught crossing the border illegally. President Donald Trump issued a proclamation late last week. The regulations circumvent immigration law that states anyone who arrives to the U.S. can ask for asylum regardless of how they arrived. The American Civil Liberties Union filed a challenge in California arguing the rules were illegal. The lawsuit also asks that a judge put the changes on hold while the litigation progresses. The changes went into effect Saturday and apply to anyone at the U.S.-Mexico border. The hearing will be in San Francisco. The administration says about 70,000 people a year who cross illegally ask for asylum.</p>
<p><u>RECALL:</u> TURKEY GROUND MEAT</p>	<p>DESPIERT A AMERICA</p>	<p>11/15/18</p>	<p>The threat of infection with "Salmonella" forced the retirement from the market of more than 90-thousand pounds of grounded meat. More than 160 people are reported sick in 35 states, so the company "Jennie-O" collected 4 of their varieties based on turkey. Experts fear that it would be only the beginning of a larger preventive action group.</p>
<p><u>MARKET:</u> LOWER GAS PRICE</p>	<p>DESPIERT A AMERICA</p>	<p>11/16/18</p>	<p>Gas prices are drastically falling before the Thanksgiving holiday. The national cost per gallon is 2.69. This represent 20 cents less.</p>
<p><u>HEALTH:</u> BABY PACIFIERS</p>	<p>DESPIERT A AMERICA</p>	<p>11/16/18</p>	<p>Study reveals that licking your baby's pacifier might help him develop extra immunization. But always remember to ask your pediatrician for recommendations.</p>

<u>HEALTH:</u> PEANUT ALLERGIES	DESPIERT A AMERICA	11/19/18	New drug promises protection for people with peanut allergies. The drug AR101, made by Aimmune Therapeutics, Inc., contains small calibrated doses of peanut protein and desensitized people with allergies in a clinical trial. Peanut allergy is increasingly prevalent among children in the United States and other industrialized countries.
<u>IMMIGRATION:</u> DEPORTATION GUIDELINES	DESPIERT A AMERICA	11/19/18	Trump administration guidelines for summoning legal and undocumented immigrants before an immigration judge to start deportation procedures will expand on Nov. 19. The new measure will affect foreigners who entered the U.S. legally, and applied for an immigration benefit such as a visa. If their application gets turned down, their presence in the United States becomes immediately unlawful.
<u>IMMIGRATION:</u> JUDGE BLOCKS TRUMP'S ASYLUM RESTRICTIONS	DESPIERT A AMERICA	11/20/18	A federal judge on Monday ordered the Trump administration to resume accepting asylum claims from migrants no matter where or how they entered the United States, dealing at least a temporary setback to the president's attempt to clamp down on a huge wave of Central Americans crossing the border. Judge Jon S. Tigar of the United States District Court in San Francisco issued a temporary restraining order that blocks the government from carrying out a new rule that denies protections to people who enter the country illegally.
<u>IMMIGRATION:</u> TROOPS AUTHORITY AT THE BORDER	DESPIERT A AMERICA	11/20/18	President Donald Trump is expected to grant new authority to US troops on the Southwest border with Mexico to protect Customs and Border Protection personnel from migrants if they engage in violence. Currently troops do not have any authorities that would allow them to intervene if CBP personnel came under attack unless they need to act in their own self-defense.
<u>HEALTH:</u> CHICKEN POX OUTBREAK	DESPIERT A AMERICA	11/20/18	North Carolina is experiencing its worst chickenpox outbreak in decades as 36 children have been diagnosed at a private school where many families claim religious exemption from vaccines. It's the largest outbreak in the state since the varicella vaccine,
<u>IMMIGRATION:</u> TRUMP'S ASYLUM BAN BLOCKED	DESPIERT A AMERICA	11/20/18	A judge has ordered the U.S. government not to enforce a ban on asylum for people who cross the southern border illegally, another court setback for the Trump administration's efforts to impose new immigration restrictions without congressional approval. Monday's ruling remains in effect for one month, barring an appeal.
<u>HEALTH:</u> RECREATIONAL MARIJUANA	DESPIERT A AMERICA	11/20/18	Recreational marijuana sales began in Massachusetts. Customers waited in long lines, sometimes for hours, on a cold and rainy New England day to be among the first people to legally buy recreational marijuana on the U.S. East Coast.

<u>SOCIAL:</u> WARINGS HOLIDAY TRAVEL	DESPIERT A AMERICA	11/21/18	Fifty four million Americans expected to travel Wednesday ahead of the Thanksgiving holiday. Over 48 million people will be hitting the roads, the highest since 2005. A record number of people will also be flying this year. The TSA is expecting to screen 25 million people throughout the week.
<u>IMMIGRATION:</u> TROOPS AT THE BORDER	DESPIERT A AMERICA	11/21/18	President Donald Trump has signed a memorandum that grants new authority to US troops on the Southwest border to protect Customs and Border Protection personnel from migrants if they engage in violence, according to the Pentagon.
<u>HEALTH:</u> E. COLI OUTBREAK	DESPIERT A AMERICA	11/21/18	The Centers for Disease Control and Prevention is warning consumers not to eat romaine lettuce as officials investigate a new outbreak of E. coli. The outbreak has sickened at least 32 people from 11 states, including 13 who needed to be hospitalized. The advice applies to all types of romaine lettuce products including whole heads of romaine, hearts of romaine, and bags and boxes of pre-cut lettuce and salad mixes that contain romaine, including baby romaine, spring mix, and Caesar salad.
<u>HEALTH:</u> TURKEY SALMONELLA	DESPIERT A AMERICA	11/21/18	The Centers for Disease Control and Prevention (CDC) has announced that a year-long outbreak of salmonella linked to raw turkey products is now responsible for 164 illnesses, 63 hospitalizations, and one death across 35 states. The outbreak was first reported in July, but illnesses related to it have been identified as far back as November 2017.
<u>IMMIGRATION:</u> ASYLUM SEEKERS	DESPIERT A AMERICA	11/22/18	Central Americans who arrive at U.S. border crossings seeking asylum in the United States will have to wait in Mexico while their claims are processed under sweeping new measures the Trump administration is preparing to implement, according to internal planning documents and three Department of Homeland Security officials familiar with the initiative. According to DHS memos obtained by The Washington Post, asylum seekers who cannot establish a 'reasonable fear' of persecution in Mexico will not be allowed to enter the United States.
<u>RECALL:</u> MORE TURKEY WITH SALMONELLA	DESPIERT A AMERICA	11/22/18	Since the recall of Jennie-O Turkey products was announced last week, health investigators have added a fifth item. That raises the amount of recalled turkey to more than 147,000 pounds, from 91,000 pounds. The recall of raw ground turkey products is linked to an outbreak strain of Salmonella Reading.
<u>ECONOMY:</u> 164 MILLION SHOPPERS IN 'BLACK FRIDAY'	DESPIERT A AMERICA	11/22/18	Retailers are preparing for one of their biggest weekends of the year as an estimated 164 million people are already planning to go shopping Thanksgiving Day through Cyber Monday, according to the annual survey released today by the National Retail Federation and Prosper Insights & Analytics
<u>HEALTH:</u> E.COLI IN LETTUCE CAME FROM CALIFORNIA	DESPIERT A AMERICA	11/22/18	The investigation into the E. coli outbreak caused by tainted romaine lettuce suggests the produce likely came from California. Investigators are still determining the exact origin of the lettuce which has led to at least 32 cases of E. coli illness across 11 states. Thirteen people were hospitalized, including one person who developed a type of kidney failure

<u>ECONOMY:</u> RECORD SALES SHOPPERS	DESPIERT A AMERICA	11/23/18	Over 164 million people are forecasted to shop between Thanksgiving Day and Cyber Monday, with Black Friday remaining the busiest single day with 71% of consumers planning to shop, according to the National Retail Federation. Forty one percent of shoppers indicated they would hit stores on Small Business Saturday.
<u>IMMIGRATION:</u> TRUMP LETHAL FORCE AT THE BORDER	DESPIERT A AMERICA	11/23/18	President Donald Trump said Thursday he has authorized American troops on the US-Mexico border to use lethal force if necessary against an approaching group of migrants while also threatening to close the whole border. Trump also said there could be a government shutdown over border wall funding.
<u>HEALTH:</u> ALZHEIMER VACCINE	DESPIERT A AMERICA	11/26/18	Researchers at the University of Texas Southwestern Medical Center in Dallas have developed a vaccine that could protect the brain against Alzheimer's disease. According to a newspaper, the vaccine, which prevents the buildup of harmful proteins linked to the disease, has shown positive results in mice, rabbits and monkeys so far. Newsweek reported that researchers are hoping to move it to human trials soon. If the vaccine proves safe and effective during human trials, it could cut the number of dementia cases in half, the study's senior author.
<u>IMMIGRATION:</u> NEW PAGE USCIS	DESPIERT A AMERICA	11/26/18	USCIS recently launched a redesigned English data page that allows users to quickly and easily access the information they need to achieve success in their immigration petition. In an effort to simplify the search of data of people with open processes or interested in visas, green cards or citizenship, USCIS also provides substantial Spanish guides to clarify doubts according to the category of migratory benefits to which it aspires.
<u>HEALTH:</u> ROMAINE LETTUCE OUTBREAK	DESPIERT A AMERICA	11/27/18	The investigation into the E. coli outbreak involving romaine lettuce continues but the FDA said Monday that some romaine was safe to eat. Forty-three people from 12 states fell ill after eating romaine lettuce contaminated with E.coli. The last reported illness was on Oct. 31. The Centers for Disease Control said 16 individuals have been hospitalized but no deaths have been reported. The Food and Drug Administration's investigation determined that the romaine tied to the outbreak comes from "end of season" lettuce harvested in California, specifically in the Central Coast regions of central and northern California.
<u>HEALTH:</u> POLIO LIKE DISEASE CASES	DESPIERT A AMERICA	11/27/18	There have been 116 confirmed cases of acute flaccid myelitis, a polio-like illness mostly affecting children, in the U.S. this year, said the Centers for Disease Control and Prevention. The disease affects a person's nervous system and cause weakness in their arms and legs. Cases of the disease have been found in 31 states, according to an update Monday from the CDC. More than 90 percent of patients affected by AFM are children, said the agency. In most cases, patients had a mild respiratory illness before developing the disease. Symptoms include drooping face and eyelids, difficulty moving eyes and swallowing, and slurred speech. In severe cases, patients may have trouble breathing because of muscle weakness.
<u>ECONOMY:</u> GM CUTS	DESPIERT A AMERICA	11/28/18	President Donald Trump threatened Tuesday to cut U.S. subsidies to General Motors, describing its plans to close plants and cut workers as ingratitude to taxpayers. The automaker received large bailouts under both President George W. Bush and President Barack Obama. White House aides have argued that a pending trade deal with Canada and Mexico was also crafted to help the industry. President Trump threatens to go after General Motors.

IMMIGRATION: DOJ ASYLUM APPEALS	DESPIERT A AMERICA	11/28/18	The Justice Department's plans to appeal the restraining order blocking the US Government from denying asylum to entering the US from official ports of entry. DOJ lawyers have already informed the Federal Lower court judge who issued the order last week that they plan to take the matter to a federal appeals court. The DOJ also asked the judge to put the restraining order on hold while the appeal is filed. The judge says he will rule on that request by Friday. The appeal will be taken to the ninth US circuit court of appeals. That's the court president trump lashed out against last week. Trump has said he believes his administration will prevail in the case, and is willing to take it all the way to the supreme court.
IMMIGRATION: TEEN DETENTION	DESPIERT A AMERICA	11/28/18	The Trump administration has put the safety of thousands of teens at a migrant detention camp at risk by waiving FBI fingerprint checks for their caregivers and short-staffing mental health workers, according to an Associated Press investigation and a new federal watchdog report. None of the 2,100 staffers at a tent city holding more than 2,300 teens in the remote Texas desert are going through rigorous FBI fingerprint background checks, according to a Health and Human Services inspector general memo published Tuesday. In addition, the federal government is allowing the nonprofit running the facility -- BCFS Health and Human Services -- to sidestep mental health care requirements. Under federal policy, migrant youth shelters generally must have one mental health clinician for every 12 kids, but the federal agency's contract with BCFS allows it to staff Tornillo with just one clinician for every 100 children. That's not enough to provide adequate mental health care, the inspector general office said in the memo.
HEALTH: LIFE EXPECTANCY	DESPIERT A AMERICA	11/29/18	Life expectancy in the United States declined from 2016 to 2017, yet the 10 leading causes of death remained the same, according to three government reports released Thursday. Increasing deaths due to drug overdoses and suicides explain this slight downtick in life expectancy, the US Centers for Disease Control says. Overdose deaths reached a new high in 2017, topping 70,000, while the suicide rate increased by 3.7%, the CDC's National Center for Health Statistics reports.
	DESPIERT A AMERICA	11/30/18	NOTHING TO REPORT

SOCIAL: MAIL DELIVERY SUSPENDED	DESPIERT A AMERICA	12/04/18	Most mail delivery will be suspended and federal offices will close Wednesday, Dec. 5 for a "National Day of Mourning" marking the death of former President George H.W. Bush. A public funeral ceremony at the Washington National Cathedral is scheduled for that day. The United States Postal Services says it will close all post offices and suspend regular mail delivery, while providing "limited" package delivery.
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<u>HEALTH:</u> GROUND BEEF RECALL	DESPIERT A AMERICA	12/04/18	That's the advice of the U.S. Department of Agriculture's Food Safety and Inspection Service (FSIS), has recalled an additional 12 million pounds of ground beef announced Tuesday Dec. 4 for possible Salmonella Newport bacterial contamination. The FSIS is recommending that ground beef be safely cooked to 160 degrees and confirmed with a meat thermometer.
<u>HEALTH:</u> HIGIENE PUBERTAD NIÑAS	DESPIERT A AMERICA	12/05/18	Chemicals commonly found in personal care products could cause girls to reach puberty early, according to a new report. Researchers from the University of California at Berkeley recently conducted a trial, published in the Human Reproductive journal, to determine how early environmental exposures affect childhood development. For their assessment, they recruited pregnant women living in the farm-working, primarily Latino communities of Central California's Salinas Valley between 1999 and 2000. They then examined the mom's urine samples during their pregnancy and the urine samples of the 338 children born. After analyzing the results, they found daughters of mothers who had higher levels of diethyl phthalate and triclosan in their bodies while pregnant experienced puberty at younger ages.
<u>SOCIAL:</u> GOVERNMENT DUI	DESPIERT A AMERICA	12/05/18	Circumstances under which an alien may be deported for driving under the influence of substances, a violation known as dui will be reviewed. the acting attorney general, "matthew whitaker," seeks to clarify the impact that multiple dui convictions would have when determining a person's alleged "good morality. If current standards were changed, thousands of migrants, both legal and undocumented, would be at risk of deportation to their countries of origin.
<u>HEALTH:</u> TOO MUCH SLEEP RISK	DESPIERT A AMERICA	12/05/18	Resting too long would have fatal consequences. a study reveals that sleeping more than eight hours a night would increase the risk of heart problems, strokes, and even death. The research includes nearly 117,000 adults in 21 countries in seven regions of the planet. however, the research has at least two limitations: it does not take into account the conditions surrounding each participant, and they themselves reported the sleep periods.
	DESPIERT A AMERICA	12/06/18	NOTHING TO REPORT
<u>HEALTH:</u> E.COLI ROMAINE LETTUCE	DESPIERT A AMERICA	12/07/18	Health authorities insist that romaine lettuce harvested in coastal areas of central and northern california should not be eaten. The centers for disease control and prevention have confirmed at least nine new cases of infection with the bacteria "e-coli" since Nov. 26. In total, 52 patients in 15 states, of which 19 were hospitalized and two suffered kidney failure. fortunately, no deaths are reported.
<u>ECONOMY:</u> GIFT CARD SCAM	DESPIERT A AMERICA	12/07/18	Experts say that if the wrapper has been altered or the activation number or pin has been exposed, you should get another one. Researchers say scammers would be taking that information, waiting for you to buy and use the card and then keep the money. this holiday season, consumers will spend \$27.6 million using gift cards.

HEALTH: ALTERNATIVE EPIPEN	DESPIERT A AMERICA	12/07/18	An alternative drug is being announced to make up for a shortfall in the production of epipen injections, a drug used to treat allergic reactions caused by insect bites, as well as by the consumption of nuts and other foods. The pharmaceutical company "sandoz", would put syringes with this substance on the market at the beginning of next year, at a cost of \$250 per two units, without health insurance.
HEALTH: TEENS LESS SLEEP	DESPIERT A AMERICA	12/07/18	Less than six hours of sleep will increase the risk of harmful behavior among teenagers. research shows that young people who only sleep that long are twice as likely to use alcohol or drugs or get into fights. Experts stress that parents should explain to their children the importance of rest, which should be a minimum of eight hours per night among youth.
HEALTH: CHANGE SCHOOL MENU	DESPIERT A AMERICA	12/07/18	The "Trump" administration continues to reverse school feeding programmes implemented during the "obama era". noodles, biscuits and tortillas made from refined flours, as well as chocolate-flavoured milk, will return to the school lunch menu. a regulation aimed at reducing sodium consumption would also be abolished. in stark contrast, the american heart association calls for maintaining the standards adopted in 2012, during the previous administration.

UK-LUNG CANCER SCREENING TRIAL	PI	12/04/18	A NEW STUDY TO BE UNDERTAKEN IN 2019 BY UNIVERSITY COLLEGE LONDON HOSPITALS NHS FOUNDATION TRUST (UCLH) AND UCL, ACROSS PARTS OF LONDON, HOPES TO IMPROVE EARLY CANCER DIAGNOSIS, OUTCOMES AND CARE FOR PATIENTS. IT HAS TWO AIMS: TO DETECT LUNG CANCER EARLY AMONG AT RISK PATIENTS AND TO SUPPORT THE DEVELOPMENT OF A NEW BLOOD TEST.THE PROJECT ORGANISERS HOPE TO ESTABLISH A NATIONAL SCREENING PROGRAMME AND A NEW BLOOD TEST TO HELP DETECT LUNG CANCERS EARLIER AND TO SHOW IF AN EARLY DIAGNOSIS PROGRAMME COULD BE "ACHIEVABLE AND AFFORDABLE" ON THE NHS.
BIRTH MONTHS LINKED TO HIGHER RATES OF ADHD	PI	12/04/18	MANY COUPLES TRY TO PLAN THE PERFECT MONTH TO GET PREGNANT -AND A NEW STUDY FOUND AUGUST MAY NOT BE THE BEST MONTH TO GIVE BIRTH. IN STATES WHERE THE CUTOFF TO START KINDERGARTEN IS A SEPTEMBER FIRST BIRTHDAY.ARE MORE LIKELY THAN CHILDREN IN OTHER STATES TO BE DIAGNOSED AND TREATED FOR A-D-H-D...THAT'S ACCORDING TO A STUDY PUBLISHED IN THE NEW ENGLAND JOURNAL OF MEDICINE.
5 MILLION LBS OF BEEF ADDED TO SALMONELLA RECALL	PI	12/04/18	MORE THAN FIVE-MILLION POUNDS OF NON-INTACT RAW BEEF PRODUCTS HAVE BEEN ADDED TO THE INITIAL RECALL FROM BACK IN OCTOBER.ACCORDING TO THE U-S-D-A'S FOOD SAFETY AND INSPECTION SERVICE... THE RECALLED BEEF WAS PRODUCED AND PACKAGED BETWEEN JULY 26TH AND SEPTEMBER 7TH... AND DISTRIBUTED NATIONWIDE
STUDY-THE MORE SLEEP THE GREATER RISK OF DEATH	PI	12/05/18	A NEW STUDY IN THE EUROPEAN HEART JOURNAL RECOMMENDS NO MORE THAN EIGHT HOURS OF SLEEP.
INFANT IBUPROFEN RECALLED FROM CVS, FAMILY DOLLAR, WALMART	PI	12/06/18	THE MAKER OF THE STORE BRANDS OF INFANT IBUPROFEN ... FROM WALMART, C-V-S AND FAMILY DOLLAR... IS VOLUNTARILY RECALLING THREE LOTS OF THE MEDS.
SAFE TO EAT ROMAINE LETTUCE	PI	12/06/18	ONLY SIX COUNTIES IN CALIFORNIA ARE LINKED TO THE CURRENT OUTBREAK OF E. COLI.HERE'S WHAT YOU SHOULD LOOK FOR: IF THE LEAFY GREENS WERE HARVESTED IN MONTEREY, SAN BENITO, SAN LUIS OBISPO, SANTA BARBARA, SANTA CRUZ OR VENTURA, DON'T EAT THEM. BUT ROMAINE LETTUCE GROWN ANYWHERE ELSE IS BELIEVED SAFE, THE FDA SAYS.

IMMIGRATION SEGMENT	PI	12/07/18	<p>WE GO NOW TO LOS ANGELES WITH IMMIGRATION LAWYER JESSICA DOMINGUEZ WHO IS GOING TO ANSWER SOME QUESTIONS WE HAVE RECEIVED ON OUR DIGITAL PLATFORMS. GOOD AFTERNOON:</p> <ol style="list-style-type: none"> 1. OUR FIRST QUESTION COMES FROM A MEMBER OF OUR AUDIENCE WHO SAYS THAT SHE CAME TO THE US TWO YEARS AGO WITH A WORK VISA AND SHE IS ABOUT TO GET MARRIED WITH A US CITIZEN. SHE WANTS TO KNOW IF SHE CAN REQUEST HER RESIDENCY WHILE SHE IS HERE OR SHE WOULD HAVE TO GO BACK TO HER COUNTRY . 2. ANOTHER AUDIENCE MEMBER SAYS THAT HE HAS BEEN IN IN THIS COUNTRY FOR 10 YEARS, BUT HE HAS NOT BEEN ABLE TO ADJUST HIS STATUS. HE ASKS IF HIS EMPLOYER CAN HELP HIM GET HIS RESIDENT VISA. 3. ONE LAST QUESTION HAS TO DO WITH A WOMAN WHO WAS PETITIONED BY HER HUSBAND AND SHE GOT THE RESIDENCY ONLY FOR TWO YEARS. NO SHE WANTS TO RENEW HER VISA, BUT SHE GOT DIVORCED AND SHE ASKS IF SHE CAN BE DEPORTED.
CDC: 2 DOZEN MORE CASES OF AFM, POLIO-LIKE ILLNESS	PI	12/10/18	<p>THE CENTERS FOR DISEASE CONTROL HAS CONFIRMED TWO DOZEN MORE CASES OF A-F-M SINCE LAST WEEK. ACUTE FLACCID MYELITIS IS A RARE POLIO-LIKE ILLNESS THAT CAUSES PARALYSIS. THE AGENCY SAID, SO FAR THIS YEAR, THERE HAVE BEEN 158 CONFIRMED CASES IN 36 STATES. MOST ARE YOUNG CHILDREN. RIGHT NOW, THERE IS NO CURE OR VACCINE FOR AFM. EXPERTS SAY THE BEST WAY TO AVOID IT, IS TO WASH YOUR HANDS REGULARLY AND PROTECT AGAINST MOSQUITO BITES. THE CDC IS INVESTIGATING RISK FACTORS AND CAUSES.</p>
WOMEN WHO'VE GIVEN BIRTH MORE AT RISK FOR BREAST CANCER	PI	12/11/18	<p>ACCORDING TO A NEW STUDY PUBLISHED IN THE JOURNAL "ANNALS OF INTERNAL MEDICINE". THE STUDY LOOKED AT ABOUT 900-THOUSAND WOMEN WORLDWIDE WHO ARE YOUNGER THAN 55. IT SHOWS THAT THE INCREASED CANCER RISK PEAKS DURING THE FIRST FIVE YEARS AFTER GIVING BIRTH. THE HIGHER RISK STILL LINGERS FOR UP TO 23-YEARS AFTER HAVING A CHILD. BUT AFTER THE 23-YEAR-MARK, THINGS APPEAR TO CHANGE - AND A CHILDBIRTH THEN SEEMS TO MAKE WOMEN LESS LIKELY TO DEVELOP BREAST CANCER. EXPECTS STILL SAY THAT MOTHERS SHOULDN'T WORRY BECAUSE THE CANCER RISK INCREASE IS SMALL.</p>
CDC-FENTANYL IS THE DEADLIEST DRUG IN AMERICA	PI	12/12/18	<p>FENTANYL IS THE MOST DEADLY DRUG IN THE COUNTRY.THE SYNTHETIC OPIOID WAS LINKED TO NEARLY 29-PERCENT OF ALL OVERDOSES IN 20-16.THAT'S ACCORDING TO THE CENTERS FOR DISEASE CONTROL AND PREVENTION'S NATIONAL CENTER FOR HEALTH STATISTICS.THE DATA WAS BASED ON DRUG OVERDOSE DEATH CERTIFICATES FROM 20-11 THROUGH 20-16. FOR THREE OF THOSE YEARS....20-12 THROUGH 20-15, HEROIN WAS THE DRUG MOST OFTEN FOUND IN OVERDOSE DEATHS.</p>
DEL MONTE RECALLS FIESTA CORN IN 25 STATES, INCLUDING VIRGINIA AND N.C., OVER POSSIBLE CONTAMINATION	PI	12/13/18	<p>DEL MONTE FOODS INC. IS RECALLING 62,242 CASES OF FIESTA CORN SEASON WITH RED & GREEN PEPPERS AS A PRECAUTIONARY MEASURE AFTER THE FOOD WASN'T PROCESSED CORRECTLY - WHICH COULD LEAD TO DEADLY CONTAMINATION. THE RECALL EFFECTS 25 STATES AND 12 INTERNATIONAL LOCATIONS.THE POTENTIALLY UNDER-PROCESSED PRODUCTS ARE 15.25-OUNCE (432G) CANS WITH THE FOLLOWING UPC NUMBER PRINTED ON THE LABEL: 24000 02770. THE ITEM WILL ALSO HAVE ONE OF THE FOLLOWING "BEST IF USED BY" DATES STAMPED ON THE BOTTOM OF THE CAN:</p>

IMMIGRATION SEGMENT	PI	12/14/18	<p>JESSICA DOMINGUEZ WHO IS IN LOS ANGELES TALK ABOUT THE TOPIC OF IMMIGRATION AND WHAT'S GOING ON RIGHT NOW, WE HAVE IMMIGRATION LAWYER.GOOD AFTERNOON JESSICA:</p> <p>1- THE FIRST QUESTION COMES FROM A TELEVIDENT THAT TELLS US THAT TWO YEARS AGO, JOINED THE UNITED STATES WITH A WORK VISA AND IS ABOUT TO MARRY A US CITIZEN .SHE WANTS TO KNOW IF HE CAN APPLY FOR HER RESIDENCE FROM HERE, OR HAVE TO TRAVEL TO HER COUNTRY?</p> <p>2- OTHER TELEVIDENT ALLEGES WHO HAVE LIVED IN THIS COUNTRY FOR MORE THAN 10 YEARS, BUT HAVE NOT BEEN ABLE TO LEGALIZE YOUR IMMIGRATION STATUS AND ASK IF YOUR EMPLOYER CAN HELP YOU TO APPLY FOR YOUR RESIDENCE?</p> <p>3- OTHER QUESTION WAS CLAIMED BY HIS HUSBAND AND GRANTED HIS RESIDENCE ONLY FOR TWO YEARS, AND HE SHOULD ALREADY RENEW IT, BUT DIVORCED AND WANTED TO KNOW IF THEY COULD DEPORT IT?</p>
FDA-DECORATIVE PRODUCTS CAN BE UNSAFE	PI	12/14/18	<p>FDA WANTS YOU TO BE AWARE THAT SOME ADECORATIVE GLITTERS ND DUSTS PROMOTED FOR USE ON FOODS MAY, IN FACT, CONTAIN MATERIALS THAT SHOULD NOT BE EATEN. BUT CONSUMERS NEED TO BE AWARE THAT THESE MATERIALS MAY CONTAIN MATERIALS THAT SHOULD NOT BE EATEN.MANY DECORATIVE GLITTERS AND DUSTS ARE SOLD OVER THE INTERNET AND IN CRAFT AND BAKERY SUPPLY STORES UNDER NAMES SUCH AS LUSTER DUST, DISCO DUST, TWINKLE DUST, SPARKLE DUST, HIGHLIGHTER, SHIMMER POWDER, PEARL DUST, AND PETAL DUST. MOREOVER, A VARIETY OF ONLINE INSTRUCTIONAL VIDEOS, BLOGS, AND ARTICLES PROMOTE THE USE OF THESE GLITTERS AND DUSTS TO DECORATE FOODS SUCH AS CAKES, CUPCAKES, AND CAKE POPS.</p>
INCREASE IN VAPING DANGERS	PI	12/17/18	<p>VAPING IS NOW SECOND ONLY TO ALCOHOL, AS THE MOST FREQUENTLY-USED SUBSTANCE BY TEENS. THAT'S ACCORDING TO A NEW 'MONITORING THE FUTURE' REPORT PUBLISHED BY THE UNIVERSITY OF MICHIGAN'S INSTITUTE FOR SOCIAL RESEARCH.IT SAYS NEARLY 40 PERCENT OF HIGH SCHOOL SENIORS HAVE TRIED IT IN THE PAST YEAR.</p>
STUDY: HEART ATTACKS MOST LIKELY ON CHRISTMAS EVE	PI		<p>THE OBSERVATIONAL STUDY ANALYZED THE TIMING OF 283-THOUSAND HEART ATTACKS OVER 15 YEARS.RESEARCHERS FOUND SPECIFICALLY... AROUND TEN P-M ON CHRISTMAS EVE IS THE GREATEST RISK. THAT'S ABOUT THE TIME YOU'RE PRAYING YOUR KIDS ARE ASLEEP SO YOU CAN FINISH WRAPPING THE GIFTS AND GET THEM UNDER THE TREE. RESEARCHERS ALSO FOUND MORNINGS BEFORE EIGHT A-M AND MONDAY MORNINGS TO BE OTHER TIMES RELATED TO HIGH RISK OF HEART ATTACK.THEY SAY MORE RESEARCH NEEDS TO BE DONE TO FIND OUT WHAT EXACTLY CAUSES THE SPIKES.</p>

MORNING SICKNESS PILL LINK TO CLEFT RISK	PI	12/19/18	A STUDY OF AN OFF-LABEL MORNING SICKNESS PILL FOUND NO OVERALL INCREASED RISK OF BIRTH DEFECTS-- EXCEPT FOR A SMALL INCREASED RISK FOR ORAL CLEFTS. THE ANTI-NAUSEA MEDICATION ONDANSETRON IS SOLD UNDER THE BRAND NAME ZOFTRAN. IT MAY BE PRESCRIBED TO TREAT NAUSEA AND VOMITING DURING PREGNANCY, EVEN THOUGH IT'S NOT FORMALLY APPROVED FOR THAT PURPOSE. THERE'S BEEN SOME QUESTIONS ON WHETHER IT'S SAFE DURING PREGNANCY AND WHETHER IT INCREASES BIRTH DEFECT RISKS. THE STUDY FOUND NO ASSOCIATION BETWEEN THE DRUG AND AN INCREASED RISK OF HEART-RELATED MALFORMATIONS OR OTHER MALFORMATIONS IN NEWBORNS OVERALL. IT DID FIND A SMALL INCREASED RISK OF ORAL CLEFTS, INCLUDING CLEFT LIP AND CLEFT PALATE. THAT INCREASED RISK ACCOUNTED FOR ABOUT THREE ADDITIONAL CASES OF ORAL CLEFTS PER 10-THOUSAND WOMEN TAKING THE DRUG IN THE STUDY.
IN VITRO FERTILISATION GRANTS	PI	12/19/18	NEW HOPE FOR THE MILLIONS OF COUPLES STRUGGLING WITH INFERTILITY -- AND THE HIGH COST OF I-V-F. FERTILITY TREATMENTS ARE MORE EXPENSIVE IN AMERICA THAN ANYWHERE ELSE IN THE WORLD.
FDA WARNS SOME ANTIBIOTICS CAN CAUSE SERIOUS HEART DAMAGE	PI	12/21/18	FLUOROQUINOLONE ANTIBIOTICS MIGHT RAISE THE RISK OF AN AORTIC DISSECTION, AND PEOPLE WHO ARE ALREADY AT RISK SHOULD BE CAUTIOUS ABOUT TAKING THOSE ANTIBIOTICS, THE FDA SAID.
GUIDE SU BOLSILLO SEGMENT RENTING VS. BUYING A HOME	PI	12/21/18	RICARDO IN HIS SEGMENT GUIDE SU BOLSILLO OR TAKE CARE OF YOUR WALLET TALK ABOUT THE BENEFITS WHEN YOU RENT OR BUY A HOUSE. HE INTERVIEWS DIANA HEJEILE A REAL ESTATE AGENT. SHE EXPLAIN HOW FOR SOME PEOPLE, OWNING A RENTAL PROPERTY MIGHT BE A BRILLIANT PERSONAL FINANCIAL MOVE. IF THEY'RE IN GOOD FINANCIAL SHAPE ALREADY, THE IMPORTANT THING TO REMEMBER IS THAT INVESTING IN RENTAL PROPERTIES IS DEFINITELY ONE OF MANY OPTIONS ON THE TABLE, AND IT IS A GOOD OPTION FOR SOME PEOPLE. TAKE INTO CONSIDERATION YOUR OWN FINANCIAL STATE, YOUR PERSONAL STRENGTHS, AND YOUR INTERESTS AND MAKE UP YOUR OWN MIND ABOUT WHETHER RENTAL PROPERTY OWNERSHIP IS THE RIGHT MOVE FOR YOU.