| Туре | Time | Date | Description |
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| News | 6:30/7:30/8:30 AM | 3-Apr-23 | Residents across the South and Midwest assessed the destruction from storms that dropped dozens of tornadoes and took the lives of at least 26. The storms spanned more than 8 states destroying homes and businesses. The Portsmouth based Mercy Chefs is on location in Arkansas to provide victims and first responders with meals. |
| News | 7:00/8:00 AM | 3-Apr-23 | In central Virginia heavy winds left several without power. Appalachian Power reported more than 20,000 customers without power after storms brought heavy winds throughout the Commonwealth. There were several tree-related damages to electrical facilities across much of Appalachian Power's service area. |
| News | 6:30/7:30/8:30 AM | 3-Apr-23 | Liberty University in Lynchburg announced their sixth president and the university's third Chancellor. Major General Dondi Costin, was selected as sixth President along with the Pastor of Thomas Road Baptist Church, Jonathan Falwell as the university's third Chancellor. Both leaders will assume their duties ahead of the 2023-24 school year. |
| News | 7:00/8:00 AM | 3-Apr-23 | A Lynchburg woman has been crowned the ultimate biscuit maker in Bojangles' Biscuit Baking Competition. Bojangles invited the top 12 out of 4,500 Biscuit Makers to its headquarters for a bake-off. First-place received \$1,000. Mary Thompson works at the Forest Bojangles location. |
| News | 6:30/7:30/8:30 AM | 3-Apr-23 | A chipper-sounding Pope Francis was discharged over the weekend from the Rome hospital where he was treated for bronchitis. Francis, 86, was hospitalized following his weekly public audience in St. Peter's Square after reportedly experiencing breathing difficulties. The pontiff received antibiotics and seems to be doing much better. |
| News | 7:00/8:00 AM | 3-Apr-23 | It's an announcement that marks the next step toward mankind's next giant leap. At 11 a.m. today NASA will livestream the naming of the four astronauts set to ride in the Orion space capsule for the Artemis II mission around the moon and back. The mission is scheduled to blast off in November of 2024. |
| News | 6:30/7:30/8:30 AM | 3-Apr-23 | The former H&O Auto Sales on South Boston Road in Danville will soon become the Danville Life Saving Crew's third station. One of the buildings will become a 911 crew station with three truck bays and living quarters for first responders. The other will be home to a Community Paramedicine Center. The new location will help better serve the eastern area of Danville where 25% of their calls come from. |

| News | 7:00/8:00 AM | 3-Apr-23 | |
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| | | | Construction has commenced on Atlantic Park in Virginia Beach. At roughly \$350 million, it's the largest public-private partnership in the City of Virginia Beach's history. Plans call for a new indoor/outdoor concert venue, apartments, office space, restaurants, and retail space all anchored by a first-of-its-kind surf park. The hope is to open in the summer of 2025. |
| News | 6:30/7:30/8:30 AM | 4-Apr-23 | NASA has named the four astronauts who will fly around the moon next year, including the first woman and the first African American. This is the first moon crew in 50 years, and they will not land or go into lunar orbit but fly around the moon and head straight back to Earth. If it goes well, NASA aims to land two astronauts on the moon by 2025. |
| News | 7:00/8:00 AM | 4-Apr-23 | The Chinese surveillance balloon that flew over the U.S. earlier this year was able to gather intelligence from sensitive military sites. China received the information immediately from electronic signals and the Biden administration's work to limit the balloon's ability to pick up those signals likely prevented much more sensitive intelligence from being gathered. |
| News | 6:30/7:30/8:30 AM | 4-Apr-23 | McDonald's has closed its U.S. offices for a few days as the company prepares to inform corporate employees about layoffs. The Chicago fast-food giant said U.S. corporate staff and some employees overseas should work from home while the company notifies them of their job status. |
| News | 7:00/8:00 AM | 4-Apr-23 | A group in the community took to the streets to fight against violence. The anti-violence group, the Lynchburg Peacemakers, had their first neighborhood event, in an effort to cut down on crime. The point of the neighborhood walks are to go door to door to find out what the residents in high crime areas need with their ultimate goal to make the community safe. The group plans to go to different neighborhoods in Lynchburg every Sunday. |
| News | 6:30/7:30/8:30 AM | 4-Apr-23 | Former President Donald Trump confirmed he will travel to New York City where he will appear in court today following his indictment. The details of Trump's charges are still unknown because they are under seal until the arraignment takes place. |
| News | 7:00/8:00 AM | 4-Apr-23 | States are competing to get multibillion-dollar microchip, electric vehicle, and battery factories, to come to their states. Georgia, Kansas, Michigan, New York, North Carolina, Ohio, and Texas have made billion-dollar pledges for a microchip or EV plant. The projects come at a |

| | | | transformative time with automakers investing heavily in electrification and chipmakers expanding production in the U.S. |
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| News | 6:30/7:30/8:30 AM | 4-Apr-23 | Governor Glenn Youngkin announced \$4.5 million in new workforce grant opportunities for workforce development. The funds, awarded through the the Workforce Innovation and Opportunity Act are dedicated to efforts that boost workforce opportunities in Virginia. |
| News | 7:00/8:00 AM | 4-Apr-23 | If you live in the Outer Banks or find yourself visiting this summer, they finally have a Target! The new store on Croatan Highway in Kill Devil Hills is now open. It joins the Walmart in Kitty Hawk as the only two large retail stores on the Outer Banks. |
| News | 6:30/7:30/8:30 AM | 5-Apr-23 | Former President Donald Trump pleaded not guilty to 34 felony criminal charges yesterday. The former president has until August 8 to file any motions and the prosecution will respond by September 19. Then the judge will rule on the motions at the next in-person hearing, scheduled for December 4. |
| News | 7:00/8:00 AM | 5-Apr-23 | About 5,000 white-collar workers at General Motors took the company's buyout offers, which the automaker says is enough to avoid layoffs at this time. GM said the offers will save about \$1 billion per year in costs, about half of the \$2 billion it wants to cut annually by the end of 2024. The company now has about 58,000 salaried workers in the U.S. |
| News | 6:30/7:30/8:30 AM | 5-Apr-23 | Appalachian Power has submitted its triennial rate review application to the Virginia State Corporation Commission, asking to increase rates by about \$212 million or 16%. If the application is approved, you could see an increase in your energy bill, starting January 2024. |
| News | 7:00/8:00 AM | 5-Apr-23 | After 20 years with Roanoke Police, Jennifer Boswell is making history by becoming the first female captain in department history. Boswell hopes being the first-ever female captain in the department can serve as motivation for other girls thinking about joining law enforcement. |
| News | 6:30/7:30/8:30 AM | 5-Apr-23 | April is National Child Abuse Prevention Month and yesterday the City of Norfolk hosted a walk for awareness. Several other localities across the commonwealth also joined in with placing the blue and silver Pinwheels for Prevention around communities to serve as a reminder to keep children safe from abuse and neglect. They will remain planted through the end of April. |

| News | 7:00/8:00 AM | 5-Apr-23 | The North Carolina National Guard is getting an upgrade in early May. The state is receiving the world's most advanced, proven attack helicopter for the U.S. Army. The North Carolina National Guard is just one of six attack battalions in the U.S. Army that will possess the new aircraft. |
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| News | 6:30/7:30/8:30 AM | 5-Apr-23 | The Chesapeake Walmart where several lost their lives back in November is preparing to reopen on Apr. 19. The store has undergone significant design changes while it has been closed and will feature an outdoor memorial to honor the six victims who lost their lives. |
| News | 7:00/8:00 AM | 5-Apr-23 | Young bear cubs that were orphaned and injured have been staying at the Wildlife Center of Virginia. They will be released into the wild soon. WCV is the only wildlife hospital in Virginia permitted to provide long-term bear care. It's been nearly a decade since the center constructed its special Black Bear Complex and more than 120 black bears have passed through their care. |
| News | 6:30/7:30/8:30 AM | 6-Apr-23 | If you make at least \$600 a year with a side job of any kind, the way you pay taxes may soon change. New rules are going to make sure the Internal Revenue Service gets information about payments made to online apps used for informal work. Anyone that earn more than \$600 or more will receive a tax form as of the 2023 tax year and the IRS will too. That means companies like Venmo, Etsy and Airbnb will be required to issue these tax documents. |
| News | 7:00/8:00 AM | 6-Apr-23 | The manufacturer of eyedrops recently linked to deaths and injuries lacked measures to assure cleanliness at its factory in India, according to U.S. health inspectors. Food and Drug Administration officials uncovered about a dozen problems with how Global Pharma Healthcare made and tested thier eyedrops. The outbreak is particularly worrisome because the bacteria is resistant to antibiotics. |
| News | 6:30/7:30/8:30 AM | 6-Apr-23 | You might be surprised when you look at your Appalachian Power bill this month. All customers will see a credit made to your account after the Virginia State Corporation Commission issued an order in December for AEP to lower its monthly base rate for customers. This month the company is crediting you back the difference for the last four months. |
| News | 7:00/8:00 AM | 6-Apr-23 | A new beauty option is coming to the Hill City. JCPenney Beauty will open tomorrow at 10 a.m. at River Ridge Mall in Lynchburg. The store will offer skincare and makeup and the first 50 customers will get a free gift card. This comes after the announcement that ULTA will also be |

| | | | opening in River Ridge in August or September of this year. |
|------|----------------------|----------|--|
| News | 6:30/7:30/8:30 AM | 6-Apr-23 | President Joe Biden will travel to the United Kingdom and Ireland this month, marking the 25th anniversary of the Good Friday accord. The U.Sbrokered Good Friday Agreement helped end religious violence in Ireland. President Biden will first travel to Northern Ireland and then will travel to the Republic of Ireland from April 12-14. |
| News | 7:00/8:00 AM | 6-Apr-23 | More than 9 million lead pipes carry water into homes across the U.S., with more in Florida than any other state, according to a new Environmental Protection Agency survey. That survey will be used to steer billions of dollars from the Bipartisan Infrastructure Law to water infrastructure upgrades like finding and removing lead pipes in states that need it most. Lead can cause brain damage and the EPA says no amount is safe for children. The Biden administration has set a goal to remove all of the country's lead water pipes. |
| News | 6:30/7:30/8:30 AM | 6-Apr-23 | Virginia Gov. Glenn Youngkin will visit Taiwan, Japan, and South Korea later this month for his first overseas trade mission. The six-day trip, Youngkin's first trip to Asia as governor, and will focus on economic development opportunities, and national security. |
| News | 7:00/8:00 AM | 6-Apr-23 | A playground in Virginia Beach's resort-area are is being relocated to accommodate large crowds for major events at the Oceanfront. The castle-themed playground located on 31st Street near the King Neptune statute will be removed, and a new playground will be built on 35th Street, near the Virginia Beach Law Enforcement Memorial. The playground is expected to be complete by April 10. |
| News | 6:30/7:30/8:30 AM | 7-Apr-23 | China vowed punishments against Taiwan after a meeting between the United States House speaker and the island's president. The meeting showed U.S. support for the self-ruled island, which China claims as its own. The Biden administration maintains there is nothing provocative about the visit as the U.SChina relationship has fallen to historic lows. |
| News | 7:00/8:00 AM | 7-Apr-23 | A new financial aid initiative to provide free in-state tuition to qualifying Virginia students was announced at Ferrum College. The new initiative is titled the Panther Promise. According to the university qualifying students are Virginia residents who have an Estimated Family |

| | | | Contribution of \$2,900 or less and choose to live on campus. |
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| News | 6:30/7:30/8:30 AM | 7-Apr-23 | Lynchburg's Police Chief said that the department has needed a new headquarters since he arrived back in 1997 and that's finally about to happen come February 2025. The building is a massive upgrade on Odd Fellows Road, across from Outback Steakhouse and will feature secure parking, along with allowing the community into the building with a space that the department has never had before. |
| News | 7:00/8:00 AM | 7-Apr-23 | Yet another new store is coming to River Ridge Mall in Lynchburg. Zumiez (zoomies) provides customers with cutting-edge clothing, footwear, accessories, and goods for skate and snow activities. River Ridge said the opening date of the store is currently unknown. |
| News | 6:30/7:30/8:30 AM | 7-Apr-23 | The Florida Senate voted in favor to ban gender change procedures for minors. North Carolina has also proposed its own set of bills focusing on gender issues this week. One of the bills, the Youth Health Protection Act, would ban kids from obtaining gender treatments. |
| News | 7:00/8:00 AM | 7-Apr-23 | The CEO of Princo LLC in Norfolk Industrial Park says they will be making Premier Pro Pads in Hampton Roads, instead of having to rely on suppliers from Asia. A state-of-the-art production line will make the pads designed for the adult incontinence and puppy training markets. The nearly \$24 million investment in Norfolk's economy will also create 50 new jobs initially, with expansion to more than 280 jobs in a couple of years. |
| News | 6:30/7:30/8:30 AM | 7-Apr-23 | Mayor Bobby Dyer has announced he will be seeking re- election as Mayor of Virginia Beach. Dyer was elected Mayor in November 2018 and re-elected in 2020. During Dyer's term, he was named one of the top mayors in America and the number one mayor on the east coast. |
| News | 7:00/8:00 AM | 7-Apr-23 | The Elizabeth City-Pasquotank County Parks and Recreation Department received \$30,000 from Sentara Healthcare to build their first pickleball courts. The money from Sentara is one of the many investments the community is making to support the residents in the hospital and doctor's office, but also to proactively advocate their health and wellness. The demand for pickleball is so strong that the department is hoping to build as many as four courts in the coming months. |

| News | 6:30/7:30/8:30 AM | 10-Apr-23 | An investigation continues into a social media threat made against Chatham High School late last week. An increased police presence continues at the school this week. Also in Amherst, there was a threat on social media last week, and officials have been on high alert there as well. |
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| News | 7:00/8:00 AM | 10-Apr-23 | Appomattox will be reinstating their K-9 program. Two dogs will be purchased and begin training this summer. They should be ready to go on duty before the upcoming school year. |
| News | 6:30/7:30/8:30 AM | 10-Apr-23 | Three million dollars in federal money is going to go toward streetlights in the city of Norfolk. The federal grant will allow the city to upgrade about 28,000 street lights to LED's. |
| News | 7:00/8:00 AM | 10-Apr-23 | And, the US added about 236,000 jobs in March. That suggests that the economy is on good footingdespite interest rate hikes from The Fed. |
| News | 6:30/7:30/8:30 AM | 10-Apr-23 | A record 130 Million dollars has been announced for Roanoke County Public Schools. The Roanoke County Board of Supervisors said the funding has been approved for "critical need" projects. The school board will approve the funding at a upcoming school board meeting. |
| News | 7:00/8:00 AM | 10-Apr-23 | There's new ownership at the Tanglewood Mall in Roanoke. A Richmond based company bought the mall with a Chili's to open soon. |
| News | 6:30/7:30/8:30 AM | 10-Apr-23 | Officials broke ground on a new Food City in Pulaski. The Food City will be located on East Main Street and will open early next year. |
| News | 7:00/8:00 AM | 10-Apr-23 | And a 1932 Chrysler Imperial Custom Roadster sold at auction for \$1.6 million dollars in Lynchburg. The owner passed away back in November of last year. His collection of 80 cars were auctioned off. |
| News | 6:30/7:30/8:30 AM | 11-Apr-23 | More than 200 Russian and Ukrainian soldiers have returned home in a prisoner swap. 106 Russian soldiers were released from Ukrainian custody as part of an agreement with Ukraine and Russia freed 100 Ukrainian prisoners. |
| News | 7:00/8:00 AM | 11-Apr-23 | Life expectancy by states has been released with Virginia coming in at 25th with an age of 77.6 years and North Carolina was 28th with 76.1 years. West Virginia came in last with the average life expectancy of only 72.8 years. |
| News | 6:30/7:30/8:30 AM | 11-Apr-23 | Commerce Street and Jefferson Street in Downtown Lynchburg remain closed as crews work to prepare a water line break. Water service has been restored though and you are asked to run cold water for three to five minutes to allow the water to clear up, do not run hot water. |

| News | 7:00/8:00 AM | 11-Apr-23 | Saturday, April 22 from 10 a.m. to 2 p.m., a 1st Choice |
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| | | | Shredding will be at the Memorial Avenue library to |
| | | | provide document destruction on-site. You can bring |
| | | | personal, legal, and tax papers for shredding. The cost is |
| | | | \$10 for a large bag or box. |
| News | 6:30/7:30/8:30 | 11-Apr-23 | It's only a year until a total solar eclipse that will be visible |
| | AM | | in parts of the United States. On April 8, 2024, the moon |
| | | | will pass in between the Earth and the sun, blocking the |
| | | | sun's light from reaching us. Next year's eclipse will slice a |
| | | | diagonal line across North America from Texas and across |
| | | | parts of the Midwest and Northeast in the afternoon. |
| News | 7:00/8:00 AM | 11-Apr-23 | A series of salad kits have been recalled due to listeria |
| | | | concerns. The FDA said the Fresh Express salad kits were |
| | | | found to have listeria during a random sample test by the |
| | | | Georgia Department of Agriculture and were sent to retail |
| | | | stores across several states including Virginia and North |
| Marria | C-20/7-20/0-20 | 11 1 22 | Carolina. |
| News | 6:30/7:30/8:30 | 11-Apr-23 | The City of Roanoke has been selected to receive |
| | AM | | assistance through the US Department of Transportation's |
| | | | Thriving Communities Program. This program will provide |
| | | | Roanoke with support in community engagement and |
| | | | technical modeling to address safety improvements on Williamson Road. |
| News | 7:00/8:00 AM | 11-Apr-23 | The 22nd Annual Blue Ridge Kite Festival returns to Green |
| INCMS | 7.00/8.00 AIVI | 11-Apr-23 | Hill Park from 10 a.m. to 4 p.m. this Saturday. The event is |
| | | | free, and you will be able to fly kites, see kite |
| | | | demonstrations, and participate in kite contests. |
| News | 6:30/7:30/8:30 | 12-Apr-23 | A truck that was responsible for carrying 40,000 pounds of |
| 110113 | AM | 12 / 151 23 | contaminated soil from the Ohio train derailment |
| | 7 | | overturned. The Ohio Environmental Protection Agency |
| | | | said that roughly half of the soil that was on the truck |
| | | | ended up spilling along the highway. The EPA says the spill |
| | | | is contained and is not a threat to nearby waterways. |
| News | 7:00/8:00 AM | 12-Apr-23 | The U.S. Postal Service is honoring Chief Standing Bear |
| | • | ' | with a Forever stamp. In 1879, Standing Bear won a |
| | | | landmark court ruling that determined a Native American |
| | | | was a person under the law with an inherent right to life, |
| | | | liberty, and the pursuit of happiness conferring citizenship |
| | | | on all Native Americans born in the United States. |
| News | 6:30/7:30/8:30 | 12-Apr-23 | Michael Brennan is from Roanoke and is now the Director |
| | AM | | of NOAA's National Hurricane Center. The National |
| | | | Hurricane Center is tasked with forecasting the correct |
| | | | path and intensity of storms, but also being a calm and |
| | | | reasonable voice for the U.S. and other international |
| | | | waters. |

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| News | 7:00/8:00 AM | 12-Apr-23 | As the Altavista community is mourning the death of the late Fire Chief John Tucker, firefighters at his former company are set to hold a memorial in Tucker's honor. The service is this Saturday and will start with an emergency vehicle procession at 2 p.m. |
| News | 6:30/7:30/8:30 AM | 12-Apr-23 | The COVID-19 pandemic has ended. President Joe Biden signed a bipartisan congressional resolution to bring it to a close after three years. The national emergency allowed the government to take sweeping steps to respond to the virus and support the country's economic, health and welfare systems. More than 1.13 million in the U.S. have died from COVID-19 over the last three years. |
| News | 7:00/8:00 AM | 12-Apr-23 | Johnson Health Center has been awarded a \$500,000 grant to to establish an Advanced Education in General Dentistry residency program, with the goal of accepting residents by 2026. Johnson Health Center has locations in Amherst, Campbell, and Bedford counties as well as the city of Lynchburg. |
| News | 6:30/7:30/8:30 AM | 12-Apr-23 | Harris Teeters across the state of North Carolina will be hosting a hiring event today. The event will take place from 11 a.m. to 7 p.m. at all Harris Teeter locations. At their last three hiring events, the company made offers to more than 1,000 candidates. |
| News | 7:00/8:00 AM | 12-Apr-23 | A dolphin that was found stuck in Bennett's Creek in Suffolk has now moved on. The Virginia Aquarium's Stranding Team, NOAA, and Sea World confirmed that the dolphin is no longer in the creek. The dolphin had been stuck in Bennett's Creek for a little over a month and rescue teams were prepared to move it back to the ocean, but it moved out on its own. |
| News | 6:30/7:30/8:30 AM | 13-Apr-23 | Russia's invasion of Ukraine might be an inspiration for China to invade Taiwan. This would have serious consequences for since Taiwan is the global semiconductor manufacturer, producing 60 percent of all chips and 90 percent of the most advanced ones. |
| News | 7:00/8:00 AM | 13-Apr-23 | Mental Health America of Virginia is offering a peer-run phone line for Virginia residents, called the Warm Line. The phone support line is a non-emergency line for anyone who is looking for someone to talk to, is interested in mental health resources, or who has questions about their recovery journey. |
| News | 6:30/7:30/8:30 AM | 13-Apr-23 | An animal shelter in Halifax County is undergoing mandatory renovations beginning May 1. Because of this, Virginia Paws and Claws said all dogs will need to be moved into their forever homes by that day. There are currently 12 dogs that need homes. |

| News | 7:00/8:00 AM | 13-Apr-23 | TrailLifeUSA.com, the largest Christ-centered, boy-focused scout-type organization in the country, will be holding their fourth annual Nationwide Campout from April 28-30. Troops and families across the country will pitch tents, light fires, roast s'mores, and gather in the great outdoors. Over 100,000 have participated in the Backyard Campout during the last three years. |
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| News | 6:30/7:30/8:30 AM | 13-Apr-23 | New York's police force is now using a robotic dog to help fight crime. The remote-controlled, 70-pound Digidog will be deployed in risky situations like hostage standoffs starting this summer. |
| News | 7:00/8:00 AM | 13-Apr-23 | April is child abuse prevention month and Children's trust in Roanoke is having two events, A Giving Day on April 19, and then a Community Celebration from 1pm to 3pm on Saturday, April 29 at Mount Zion Church. Children's Trust works with the families through counseling and education to help children thrive. |
| News | 6:30/7:30/8:30 AM | 13-Apr-23 | A new form of occupational therapy is teaching children the building blocks of life using Legos. OT Tough Kids in Botetourt and Roanoke County, works on social skills with children through playing. |
| News | 7:00/8:00 AM | 13-Apr-23 | For the next 6 weeks the Lynchburg fire department will be conducting "walk about Wednesdays". A new program to help the community stay safe from house fires. The crew members plan to go door to door to talk with residents about how to prevent fires as well as distribute safety literature and check on smoke detectors. |
| News | 6:30/7:30/8:30 AM | 14-Apr-23 | Russia may be willing to discuss a potential prisoner swap involving a jailed Wall Street Journal reporter. Moscow says they will negotiate the possible exchange depending on the court's verdict in the espionage case against him. |
| News | 7:00/8:00 AM | 14-Apr-23 | You can now order an item from your phone, and within 30 minutes, it's delivered right out of the sky to your house. As long as your house is in 0.8 miles from Walmart's Salem, Kempsville or Red Mill locations. Those locations are now up and running as a part of Walmart's drone delivery test program. |
| News | 6:30/7:30/8:30 AM | 14-Apr-23 | The Virginia Department of Transportation is warning racing fans in Martinsville of increased traffic today through Sunday due to a weekend of races at the Martinsville Speedway. Fans are encouraged to follow traffic patterns and signs throughout the area as traffic is expected to be heavy. |
| News | 7:00/8:00 AM | 14-Apr-23 | A group led by Josh Harris that includes Magic Johnson has an agreement in to buy the NFL's Washington Commanders from longtime owner Dan Snyder for \$6 billion. With the end of Snyder's time, the N.F.L. begins to |

| | | | distance itself from a painful chapter in league history and hopefully a bright the future of the popular franchise. |
|------|----------------------|-----------|--|
| News | 6:30/7:30/8:30 AM | 14-Apr-23 | The Transportation Security Administration is looking to hire new officers to work at Roanoke-Blacksburg Regional Airport. TSA officials will be on-site at the Williamson Road Library from 10:30 a.m. to 12:30 p.m. on April 20. All new hires will receive a \$1,000 hiring bonus as well. |
| News | 7:00/8:00 AM | 14-Apr-23 | Last night a large migration of birds headed to Virginia. 142 million birds are stocked up on food and water before they headed north, and Virginia was one of several states seeing a large number. This will be the first big push of spring migration. |
| News | 6:30/7:30/8:30 AM | 14-Apr-23 | The Lynchburg Humane Society is partnering with a national nonprofit to help out pups across our community. The society will partner with Petco Love to distribute free vaccines for dogs on Monday at the Spay Neuter Clinic located on Mortimer Drive in Evington from 10 a.m. to 1 p.m. |
| News | 7:00/8:00 AM | 14-Apr-23 | Walk in Their Shoes is this weekend. It is a chance to support survivors of assault, and 20 local organizations will share resources to spread awareness. All of the funds raised support survivors. The event is tomorrow from 9am-11am at the Peninsula Town Center, in Hampton. |
| News | 6:30/7:30/8:30 AM | 17-Apr-23 | The tax filing deadline is tomorrow and about one-quarter of Americans wait until the last minute to file their taxes so make sure you get it done. Soon though there could be a new, free option for filing as the IRS is releasing the first report into how to create a government-operated electronic free-file tax return system for all. |
| News | 7:00/8:00 AM | 17-Apr-23 | Elon Musk's SpaceX is about to take a round-the-world test flight of its giant Starship. It's the biggest rocket ever built, with the goal of taking people to the moon and Mars. The test flight will last 11/2 hours and fall short of a full orbit of Earth. |
| News | 6:30/7:30/8:30 AM | 17-Apr-23 | LEGO broke ground on a new facility at Meadowville Technology Park in Chesterfield bringing over 1,700 jobs to the area. This is Lego's first facility in the U.S. and it will have a solar park big enough to power 100% of the facility. It should open in 2025. |
| News | 7:00/8:00 AM | 17-Apr-23 | The Danville Regional Airport is having a "Free Fly Day" and airport open house on Saturday, April 29 from 10 a.m. to 3 p.m., at the airport. 10 pilots are going to complete free airplane rides for children, ages 8 to 17. |

| News | 6:30/7:30/8:30 AM | 17-Apr-23 | Norfolk Southern has completed the excavation of the impacted soil beneath the tracks at the East Palestine derailment site in Ohio and is set to complete the track restoration in the coming days. Testing continues to show the air and water are safe, and remediation efforts are ongoing both at the derailment site and in the surrounding area. |
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| News | 7:00/8:00 AM | 17-Apr-23 | State regulators approved Dominion Energy Virginia's plans for new sola resources. The projects will help the utility meet the law that requires them to generate 100% of their electricity from carbon-free sources by 2045. Two of the solar projects will generate enough to power about 200,000 homes. The project will also add 38 cents your monthly bill. |
| News | 6:30/7:30/8:30 AM | 17-Apr-23 | Tyson Foods is closing their chicken plant in Central Virginia, eliminating 692 jobs. Tyson announced their decision to close the Glen Allen processing plant in March, while opening a new processing plant in Pittsylvania County creating 376 jobs. |
| News | 7:00/8:00 AM | 17-Apr-23 | A new EMS facility is going up just off Highway 12 in Southern Shores North Carolina. The new station will provide services for Duck and Kitty Hawk in addition to Southern Shores and is part of a multiphase project to modernize the county's outdated EMS facilities. |
| News | 6:30/7:30/8:30 AM | 24-Apr-23 | U.S. special operations forces carried out an evacuation of the American embassy in Sudan with helicopters on the ground for less than an hour. Thankfully no shots were fired, and no casualties were reported. Still many private American citizens have been left behind as the violence increases. U.S. officials said it would be too dangerous to carry out a broader evacuation mission at this time. |
| News | 7:00/8:00 AM | 24-Apr-23 | The USS George H.W. Bush returned to Naval Station Norfolk after an eight-month deployment. During its deployment it participated in NATO-led Neptune Strike and the largest U.S. Israeli exercise in history. |
| News | 6:30/7:30/8:30 AM | 24-Apr-23 | One couple in Bedford County is warning others about a check scam. They received a letter in the mail claiming they won the lottery but needed to pay the tax on it first. The letter also says to call the claim's agent before doing anything with the check. |
| News | 7:00/8:00 AM | 24-Apr-23 | The City of Norfolk says the demolition of Military Circle Mall will begin this week. Phase one is expected to take place through late June. Phase two of the demolition, which is the demolition of the main mall, is expected to take place later this summer. |

| News | 6:30/7:30/8:30 AM | 24-Apr-23 | Russia said that the United States has denied visas to their journalists who want to cover the Foreign Minister's trip to New York. Moscow has said that they will take strong retaliatory measures. There was no immediate comment from the U.S. State Department about the claim of refused visas. |
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| News | 7:00/8:00 AM | 24-Apr-23 | Lipari Foods has issued a voluntary recall of a specific lot of Lipari Branded Ground Cumin Tubs manufactured by International Food due to the potential presence of salmonella. The products were distributed to retail stores throughout several states including North Carolina, and Virginia. |
| News | 6:30/7:30/8:30 AM | 24-Apr-23 | Liberty University is warning its students about a growing trend in Lynchburg and surrounding areas where Apple Air Tags are being placed on vehicles or personal items, which could be used to track a person's location. The university advised students to immediately contact law enforcement if they see something like this happening to them or someone they know. |
| News | 7:00/8:00 AM | 24-Apr-23 | Roanoke College has an exciting announcement for students this week. The Board of Trustees has voted to reinstate football as a varsity sport and add varsity cheerleading and marching band as co-curricular programs. |
| News | 6:30/7:30/8:30 AM | 25-Apr-23 | The United States has begun facilitating the departure of private U.S. citizens who want to leave Sudan. They have placed intelligence, surveillance, and reconnaissance assets over the land evacuation route to help facilitate safe travel, but we do not have any U.S. troops on the ground. |
| News | 7:00/8:00 AM | 25-Apr-23 | Israel will celebrate her 75th anniversary this year on May 14. Christian leaders from across the United States are joining their voices to call believers everywhere to voice their appreciation and support. |
| News | 6:30/7:30/8:30 AM | 25-Apr-23 | Michelin is recalling more than 542,000 truck tires because they don't have enough traction to work in snowy conditions. Dealers will replace the tires at no cost to owners and you will get the first notification letter June 12 and another letter once the replacements are available. |
| News | 7:00/8:00 AM | 25-Apr-23 | Danville Parks and Recreation is hosting its annual tree week this week. The annual celebration is full of events to educate people about the importance of trees and encourage planting native trees. Friday night, there is a tree celebration event at Grove Park where there will be a reunion for those who planted trees last year and arts and crafts for kids. |

| News | 6:30/7:30/8:30 AM | 25-Apr-23 | President Joe Biden used this week's visit by South Korea's President to show that the U.S. is ready to step up its efforts to deter a North Korean attack on South Korea. President Biden announced specific new nuclear deterrence efforts as well as a new cyber security initiative, economic investments, and an educational partnership, highlighting the two countries' relationship |
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| News | 7:00/8:00 AM | 25-Apr-23 | as they mark the 70th anniversary of their alliance. Governor Glenn Youngkin traveled to Taiwan to meet with their President yesterday. They discussed the best practices for strengthening the business relationship between Virginia and Taiwan, including mutual trade and investment initiatives. |
| News | 6:30/7:30/8:30 AM | 25-Apr-23 | Two TSA Officers saved a pilot's life at Richmond International Airport. They were working when they saw an airplane pilot suddenly collapse. TSA says the pilot is recovering and that their family has expressed deep appreciation for the agents help. |
| News | 7:00/8:00 AM | 25-Apr-23 | The Virginia Department of Motor Vehicles released a new, fresh design of Virginia driver's licenses and ID cards. The DMV said the new cards incorporate the next generation of enhanced security features that are resistant to counterfeiting and illustrate the beauty of Virginia. |
| News | 6:30/7:30/8:30 AM | 26-Apr-23 | President Joe Biden has formally announced that he is running for reelection in 2024. President Biden, who would be 86 at the end of a second term, is hoping his first-term achievements will count for more than concerns over his age. |
| News | 7:00/8:00 AM | 4/26/2023 | Hampton's National Institute of Aerospace is laying off more than 100 employees at the end of next month. A WARN Notice posted on the Virginia Employment Commission website states 125 positions will be impacted by the layoff which will take effect on May 31. |
| News | 6:30/7:30/8:30 AM | 4/26/2023 | The Lynchburg Fire Department assisted with about a dozen rescues when they arrived at the Vistas at Dreaming Creek Apartments on Timberlake Road yesterday. The entire building was evacuated, 22 total units. It took firefighters about 20 minutes to bring the fire under control and the Red Cross was at the scene helping those displaced find shelter. The cause is under investigation. |
| News | 7:00/8:00 AM | 4/26/2023 | A 17-year-old Great Bridge High School student has been charged in connection with threats made to the school. The girl is facing charges of two counts of threat and two felony charges of communicating threats to commit serious harm on school property. |

| News | 6:30/7:30/8:30 AM | 4/26/2023 | General Motors and Samsung plan to invest more than \$3 billion in building a new electric vehicle battery cell plant |
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| | | | in the United States. They did not announce the intended location of the new factory but said that it is expected to begin operations in 2026 creating thousands of jobs. |
| News | 7:00/8:00 AM | 4/26/2023 | Bed Bath & Beyond has declared bankruptcy which means your stash of 20%-off coupons are useless as of today. They say they will be offering deep discounts on all merchandise until it's gone, and if you have completed a wedding registry there they will transfer it to a |
| News | 6:30/7:30/8:30 AM | 4/26/2023 | competitors store where you can buy similar items. Lynchburg City Schools needs your feedback regarding its school buildings and potential rezoning. Parents, guardians, and community members are welcome to attend one of the following feedback sessions at 6pm Monday, May 1, at Bedford Hills Elementary, Wednesday, May 3, at T. C. Miller Elementary, or Thursday, May 4, at Heritage Elementary. Transportation and childcare |
| News | 7:00/8:00 AM | 4/26/2023 | requests can be made for those who want to attend. Dr. Verletta White, Superintendent of Roanoke City Public Schools, was named Virginia Superintendent of the Year at the Annual Awards Luncheon in Roanoke. Dr. White was selected because of the advancement of students reading skills and efforts to expand the Career Technical Education center. |
| News | 6:30/7:30/8:30 AM | 4/27/2023 | Presidents Joe Biden has signed an agreement that includes plans to have U.S. nuclear-armed submarines dock in South Korea for the first time in more than 40 years. His visits with South Korea's President are a key element of the "Washington Declaration," aimed at deterring North Korea from carrying out an attack on South Korea. |
| News | 7:00/8:00 AM | 4/27/2023 | Two senators will soon introduce legislation to set a minimum age for children to use social media. Concerned with the effect social media has on children's mental health, Senators from Hawaii, and Arkansas, are leading the bipartisan effort to keep these platforms out of kids' reach. |
| News | 6:30/7:30/8:30 AM | 4/27/2023 | A Virginia Beach teacher has pleaded guilty after he made threats to Corporate Landing Middle School. John Dupont pleaded guilty to disturbing the peace and the judge said the charges would be dropped after one year pending good behavior. |
| News | 7:00/8:00 AM | 4/27/2023 | Mattel has introduced its first-ever version of the Barbie doll representing a person with Down syndrome. The new doll is part of Mattel Barbie Fashionistas line, which aims |

| | | | to offer kids more diverse representations of beauty and fight the stigma around physical disabilities. |
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| News | 6:30/7:30/8:30 AM | 4/27/2023 | China's leader and Ukrainian's President have finally spoken by phone, in their first known conversation since Russia's invasion of Ukraine. Beijing is potentially setting itself up to be a peacemaker in the conflict. China's Foreign Ministry said it would send an envoy to Ukraine to help conduct communication with all parties to achieve a political settlement. |
| News | 7:00/8:00 AM | 4/27/2023 | Portsmouth residents can expect a one-time, five-cent reduction in their real estate taxes. City Council moved unanimously to add that 5-cent reduction to the current tax rate in the proposed fiscal year 2023-24 budget. Lynchburg is also proposing reducing the real estate tax from \$1.10 to .89 cents. |
| News | 6:30/7:30/8:30 AM | 4/27/2023 | Crews are entering the second week of work on the fire that broke out in the Croatan National Forest. Right now, the fire remains at 32,400 acres burned with 30% contained. So far, no structures have been lost or threatened and the cause is under investigation. |
| News | 7:00/8:00 AM | 4/27/2023 | A majority of animal shelters in Southwest Virginia are at capacity so the Bedford Humane Society and Friends of Bedford County Animal Shelter are teaming up on Saturday for an Adopt-A-Thon. It at the Smith Mountain Lake Pavilion located in downtown Moneta from 10 a.m. to 1 p.m. All proceeds from the event go to support the animals and these shelters, which operate completely off of donations and grants. |
| News | 6:30/7:30/8:30 AM | 4/28/2023 | The Virginia Department of Historic Resources has approved five new historical state markers. They will be in Lexington, Mecklenburg County, Portsmouth, Roanoke, and Virginia Beach. |
| News | 7:00/8:00 AM | 4/28/2023 | DeWALT, Stanley and Craftsman Fiberglass Sledgehammers are being recalled because the head of the sledgehammers can loosen and detach unexpectedly during use. If you have one you can get a refund from where you purchased, it. |
| News | 6:30/7:30/8:30 AM | 4/28/2023 | Earlier this week we told you about a fire at a Lynchburg apartment complex that displaced serval residents, now a woman is facing several charges for that fire at the Vistas at Dreaming Creek on Timberlake Road. The Lynchburg Fire Department says while they were responding to the fire, they found several items of concern in her apartment. |

| News | 7:00/8:00 AM | 4/28/2023 | The 68th annual Dogwood Festival returns to Vinton today with music and a farmers market starting at 6pm. This is a chance to celebrate the history of Vinton. Then tomorrow the big Dogwood Parade starts at 2:30 p.m. This year's parade is honoring firefighters and other first responders who helped fight the fire in downtown Vinton last summer. Before you go check for weather cancelations. |
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| News | 6:30/7:30/8:30 AM | 4/28/2023 | The US House of Representatives narrowly passed a bill to raise the nation's \$31 trillion debt ceiling. The bill will increase Washington's borrowing authority by \$1.5 trillion or until March 31 next year, whichever comes first, potentially setting up another debt showdown ahead of the next election. |
| News | 7:00/8:00 AM | 4/28/2023 | Flossing your teeth can sometimes feel like a chore, but it's an important part of dental hygiene and believe it or not heart health. Research shows the association between gum disease and heart disease could be due in part to gum disease, leading to inflammation and bacteria in the heart. So be sure to floss. |
| News | 6:30/7:30/8:30 AM | 4/28/2023 | Kings Dominion now has a new chaperone policy. Guests 15 years old or younger must be accompanied by a chaperone who is at least 21 after 4 p.m. That chaperone is required to be with the child or young teen when entering the park, while inside of the park, and must be available by phone throughout their stay. |
| News | 7:00/8:00 AM | 4/28/2023 | It's a bird It's a plane It's a paper airplane! The world record for the farthest flight by paper airplane has been broken by three aerospace engineers from Boeing with a paper aircraft that flew 289 feet, nearly the length of a football field. The previous record was 252 feet, achieved in April 2022 by a trio in South Korea. |
| News | 6:30/7:30/8:30 AM | 5/1/2023 | A Chinese coast guard ship blocked a Philippine patrol vessel in the South China Sea, causing a near-collision in the latest act of aggression in the strategic waterway. The United States warned China saying that we stand with our Philippine allies and threatened to invoke the 1951 U.S. Philippines Mutual Defense Treaty. |
| News | 7:00/8:00 AM | 5/1/2023 | More than a half million of the poorest Americans could be left without health insurance under legislation that would require you to work in exchange for Medicaid. The work requirements say able-bodied adults ages 19 to 55 who don't have children would be required to work, train for a job or perform community service to stay on Medicaid. |

| News | 6:30/7:30/8:30 | 5/1/2023 | A bill sponsored by a Lynchburg lawmaker has been |
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| | AM | | signed into law by Governor Glenn Youngkin. Delegate |
| | | | Wendell Walker introduced a bill that aims to strengthen |
| | | | penalties for calling in a false threats to law enforcement. |
| | | | Governor Youngkin will come to Lynchburg for the |
| | | | celebratory signing at E.C. Glass High School Thursday, at |
| News | 7:00/8:00 AM | 5/1/2023 | 3:45 p.m. |
| ivews | 7.00/6.00 AIVI | 3/1/2023 | Smith Mountain Lake saw an increase in reported boating incidents from 2021 to 2022. There were also more boat |
| | | | incidents on Smith Mountain Lake than any other body of |
| | | | water in the state. Officials are asking you to brush up on |
| | | | your boating safety before taking to the water this |
| | | | summer to help cut back on incidents. |
| News | 6:30/7:30/8:30 | 5/1/2023 | The war in Ukraine is still ongoing and Ukraine is now in |
| | AM | | need of ground missiles. For most of the war the |
| | | | Ukrainian air-defenses have kept at bay Russia's modern |
| | | | bomber planes. But Ukraine's defense batteries are |
| | | | running out of missiles and if they run out before their |
| | | | allies can deliver more the barrier that has blocked |
| | | | Russian air-strikes could fall. |
| News | 7:00/8:00 AM | 5/1/2023 | Hundreds of Americans fleeing fighting in Sudan reached |
| | | | the east African nation's port in the first U.Srun |
| | | | evacuation under escort of armed drones. The American |
| | | | unmanned aircraft have been keeping an eye on |
| | | | evacuation routes and providing armed overwatch for a bus convoy carrying 200 to 300 Americans over 500 miles. |
| News | 6:30/7:30/8:30 | 5/1/2023 | The Lighthouse Group celebrated the construction of its |
| INCVVS | AM | 3/1/2023 | first energy-efficient, affordable home with the Lynchburg |
| | 7 | | community. The faith-based nonprofit built the net-zero |
| | | | home meaning it will produce as much energy per year as |
| | | | it consumes, saving the homeowner \$200 to \$300 per |
| | | | month in utilities. The home was also built to withstand a |
| | | | category 5 hurricane and is completely fire-resistant. |
| News | 7:00/8:00 AM | 5/1/2023 | Construction crews in Campbell County have begun |
| | | | tearing down the old Rustburg Middle School. The |
| | | | demolition phase of the project will last until August and |
| | | | the area will be turned into an athletic field complex after |
| | 6 20/7 62/2 25 | F /2 /2 22 2 | everything has been removed. |
| News | 6:30/7:30/8:30 | 5/2/2023 | The 2023 local National Day of Prayer event will be held at |
| | AM | | Halifax County High School auditorium at 6:30 p.m. on |
| | | | Thursday. This year's speaker is Charles Billingsley, |
| | | | worship leader and teaching pastor at Thomas Road Baptist Church in Lynchburg. Admission is free and |
| | | | complimentary refreshments will be served following the |
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| News | 7:00/8:00 AM | 5/2/2023 | General Mills announced a recall of two-, five- and 10-pound bags of its Gold Medal Unbleached and Bleached All Purpose Flour with a "better if used by" date of March 27, and 28, 2024. The recall is being issued for the potential presence of Salmonella. You should refrain from consuming any raw products made with the flour, however salmonella is killed by heat through cooking. |
| News | 6:30/7:30/8:30 AM | 5/2/2023 | Gleaning for the World is hosting their second blood drive of the year next Thursday, inside their Volunteer Center on Stage Road, in Concord. You can get signed up at RedCrossBlood.org, to find an appointment time search by zip code: 24538. |
| News | 7:00/8:00 AM | 5/2/2023 | Lynchburg has a Teacher of the Year for 2023! Cultural arts teacher Albert Carter was surprised with being named the 2023 Lynchburg City Schools Teacher of the Year. He works at Paul Laurence Dunbar Middle School for Innovation. |
| News | 6:30/7:30/8:30 AM | 5/2/2023 | Regulators took over First Republic Bank yesterday and sold all of its deposits and most of its assets to JPMorgan Chase Bank in a bid to stop further banking unrest. The San Francisco-based First Republic bank is the third midsize bank to fail in two months and the second-biggest bank failure in U.S. history. |
| News | 7:00/8:00 AM | 5/2/2023 | The Federal Trade Commission is proposing a click to cancel option requiring sellers to make it as easy for consumers to cancel their enrollment as it was to sign up. The new provision would go a long way to help consumers escape the struggle to cancel unwanted subscriptions and payment plans. |
| News | 6:30/7:30/8:30 AM | 5/2/2023 | This Saturday you can attend Latinas Dream Big from 11 a.m. to 1 p.m. at Thrasher Park. The Latinas Network is hosting the family-friendly event in honor of Mental Health Awareness Month. The event is open to everyone, and the hope is to connect the community. |
| News | 7:00/8:00 AM | 5/2/2023 | If you're in the mood for a superfood, or sweet snack, a new place in Lynchburg has got you covered! Nautical Bowls in the West Edge Shopping Center off of Timberlake Road is now open. They are gluten-free, dairy-free, soyfree, and plant-based. |
| News | 6:30/7:30/8:30 AM | 5/8/2023 | King Charles III was crowned over the weekend at Westminster Abbey. It was the culmination of a seven-decade journey for the king from heir to monarch. The occasion was a display of heritage, tradition, and spectacle unmatched around the world. |

| News | 7:00/8:00 AM | 5/8/2023 | A new motor recently seen in action at Paine Field in Washington State could move the airliners of the future without polluting the air. What's different is a hydrogen-electric propulsion system that makes the propellers turn. ZeroAvia says they will create a commercially viable zero-emission plane with fuel cell engines 5 times more powerful than anything that has come before it. |
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| News | 6:30/7:30/8:30 AM | 5/8/2023 | A newly opened fitness studio is now harnessing power with the goal of giving you an efficient and effective workout. The Exercise Coach uses bioadaptive robotic exercise equipment that's calibrated specifically to someone's fitness levels. The computerized machines modify their difficulty as the person progresses in strength and stamina. |
| News | 7:00/8:00 AM | 5/8/2023 | Over the weekend Governor Glenn Youngkin issued a flag order in honor of the National Fallen Firefighters Memorial Service Day. That day is a day of remembrance for those that have lost their lives in the line of duty and made the ultimate sacrifice protecting their communities. |
| News | 6:30/7:30/8:30 AM | 5/8/2023 | The head of the United Nations' nuclear watchdog is expressing growing anxiety about the safety of a Nuclear Power Plant in Ukraine, after the governor of the Russia-occupied area ordered the evacuation of a town where most plant staff live amid ongoing attacks in the area. The settlements affected are about 30 to 40 miles from the front line of fighting between Ukraine and Russia. |
| News | 7:00/8:00 AM | 5/8/2023 | Thousands turned out for Franklin Graham's God Loves You tour at the Atlantic Union Bank Pavilion in Portsmouth. More than 125 Hampton Roads churches worked with Graham and the Billy Graham Evangelistic Association for the event, which featured music by Newsboys. The six-city God Loves You Tour has been attended by approximately 28,000. |
| News | 6:30/7:30/8:30 AM | 5/8/2023 | A 17-year-old Chesapeake boy passed away over the weekend after he was trapped under several feet of sand at Cape Hatteras National Seashore. The incident is under investigation. |
| News | 7:00/8:00 AM | 5/8/2023 | After seven deaths raised questions about the future of horse racing, the horse Mage earned a surprising Kentucky Derby victory. Mage had only one win in his career before but overtook Two Phil's to win. Forte, the early favorite, scratched in the morning with a bruised foot. |

| News | 6:30/7:30/8:30 AM | 5/9/2023 | The Biden administration is working on new regulations that would require airlines to compensate passengers and cover their meals and hotel rooms if they are stranded for reasons within the airline's control. The Transportation Department is also working with airlines to reduce cancellations this summer when air travel could exceed pre-coronavirus pandemic records. |
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| News | 7:00/8:00 AM | 5/9/2023 | It's National Teacher Appreciation Week, and a new study from the National Education Association shows Virginia's teacher pay is falling behind the rest of the country. According to the study, Virginia's estimated average teacher salary is \$62,000 which is more than \$6,000 below the national average. |
| News | 6:30/7:30/8:30 AM | 5/9/2023 | U.S. Senator Mark Warner is working to fund training that aims to help AI fight cyber-attacks. Senator Warner says the University of Virginia and Norfolk State University were chosen for their expertise in cybersecurity. UVA is receiving \$845,000, and \$975,000 is going to NSU. |
| News | 7:00/8:00 AM | 5/9/2023 | A special guest is on board the Norfolk-based aircraft carrier USS Gerald R. Ford. Sage, a 3-year-old yellow Labrador Retriever, joined the crew. The Ford is the first U.S. Navy ship to have an operational stress control canine throughout deployment to help the Sailors cope with stress while deployed. |
| News | 6:30/7:30/8:30 AM | 5/9/2023 | Tech regulation has been gathering momentum on Capitol Hill amid concerns about China's ownership of TikTok and as parents are increasingly worried about the effects of social media on mental health. Lawmakers have introduced a slew of bipartisan bills to regulate tech, and it's one of the few major policy issues where Republicans and Democrats generally align. |
| News | 7:00/8:00 AM | 5/9/2023 | Appalachian Power says it has a plan to promote job growth and investments in Southwest Virginia. The plan includes construction of several miles of high-voltage power lines and a new substation at Wildwood Commerce Park in Carroll County. If approved, AEP plans to begin construction this year with the completion of the project expected in late 2024. |
| News | 6:30/7:30/8:30 AM | 5/9/2023 | To kick off bike month, PedalSafe ROA in Ronaoke is promoting biking and bike safety. The organization is hosting a number of events to speak to the community about the importance of cycling. Another way the organization is promoting bike month is on Bike to Work day, May 19 you can join other commuters and post on social media about why biking is important to you. |

| News | 7:00/8:00 AM | 5/9/2023 | Liberty University in Lynchburg is expected to welcome up to 60,000 guests to the Hill City for various events around graduation this week. The University said this includes over 10,000 graduates. The Main Ceremony will be held at 7 p.m. Friday, at Williams Stadium featuring a keynote address from evangelist Franklin Graham. |
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| News | 6:30/7:30/8:30 AM | 5/10/2023 | Before President Joe Biden and congressional leaders can even try to avert an unprecedented U.S. government default, their initial challenge is to agree on what exactly they're talking about. While the financial markets have started to show some fears, the business community has thus far largely avoided backing either side in the debt showdown and instead called for a deal to be struck. |
| News | 7:00/8:00 AM | 5/10/2023 | Women should start getting every-other-year mammograms at age 40 now instead of 50, according to the federal task force. The recommendation applies to women at average risk of breast cancer. The recommendation is open for public comment through June 5, after which the task force will decide whether to finalize it. |
| News | 6:30/7:30/8:30 AM | 5/10/2023 | Chesapeake School Board voted to move forward with new policies that allow for armed school security officers or SSOs. Before, only school resource officers, or SROs, could be armed on campus. SSOs will focus on watching over elementary schools and will have to have a law enforcement background. Chesapeake Public Schools is also working to test metal detectors in three schools. |
| News | 7:00/8:00 AM | 5/10/2023 | Setting your children up for success, is the goal of Big Brothers Big Sisters of Central Virginia and this month they are hosting a Career Day Luncheon in Lynchburg. A variety of industry professionals will be speaking at the event and sharing insight into their jobs. It will take place on the lawn out front of Big Brothers Big Sisters on Langhorne Rd on Saturday, May 27 from 11:30 a.m. until 1 p.m. |
| News | 6:30/7:30/8:30 AM | 5/10/2023 | Joined by Jewish faith and community leaders, Governor Glenn Youngkin ceremonially sign a bill that will help Virginia better track and combat growing instances of antisemitism. Under the legislation, which will take effect July 1, Virginia will adopt a definition of antisemitism used by the International Holocaust Remembrance Alliance which will be used to teach others how to identify antisemitism. |

| News | 7:00/8:00 AM | 5/10/2023 | Amazon wants you to buy something while you're having fun. The company has now launched a new service, called "Amazon Anywhere," that will allow customers to purchase physical products from its online store while playing video games or interacting in virtual reality. With the new service, customers can purchase items from Amazon without having to leave the game, or whatever mobile app they might be using. |
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| News | 6:30/7:30/8:30 AM | 5/10/2023 | Homeowners in Bedford County will start to pay around \$3.00 more in real estate taxes. The County said they are expecting to see some of the revenue from this increase this summer and that it will go to fund several Capital Improvement Projects and critical school improvements. |
| News | 7:00/8:00 AM | 5/10/2023 | Dollar Tree plans to lay off close to 90 employees from its headquarters at Summit Pointe in Chesapeake. The company opened in Hampton Roads in 1986 and is estimated to currently employ more than 1,000. The affected employees will be notified by June 23 and will receive transition support, severance pay and outplacement services. |
| News | 6:30/7:30/8:30 AM | 5/11/2023 | Beginning today President Joe Biden will deny asylum to migrants who show up at the U.SMexico border without first applying online. It's part of new measures meant to crack down on illegal border crossings while creating new legal pathways, including a plan to open 100 regional migration hubs across the Western Hemisphere. |
| News | 7:00/8:00 AM | 5/11/2023 | After a recent wave of violence in Lynchburg, a city council member is suggesting a curfew be put in place. The curfew would be from 11 p.m. until 5 a.m. for kids 17 and under. Exceptions will be made for kids who have extracurricular activities or to go to work. Council plans to vote on this on May 23. |
| News | 6:30/7:30/8:30 AM | 5/11/2023 | The mechanical incident that forced Clifton Middle School and Mountain View Elementary School in Covington to close yesterday has been addressed, and the buildings have been deemed safe for students and staff. School will resume as normal today. |
| News | 7:00/8:00 AM | 5/11/2023 | According to the Department of Wildlife Resources, the spring months are a busy time for black bears as they emerge from their winter dens hungry and in search of an easy meal. In order to reduce bear sightings on your property the main thing to do is secure all potential food sources. |
| News | 6:30/7:30/8:30 AM | 5/11/2023 | Now that the Supreme Court has heard oral arguments over student loan forgiveness, borrowers are wondering: What's next? The discussions lasted only a day, but the justices can take months to reach a decision which could |

| | | | come in late June. The decision will determine whether borrowers get up to \$20,000 of their debt canceled. |
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| News | 7:00/8:00 AM | 5/11/2023 | For the first time in seven years, the Hampton Redevelopment & Housing Authority will accept applications for its Housing Choice Voucher Program. For three days, starting today at 8 a.m. through Saturday, residents can sign up for the program's waiting list. A housing choice voucher allows someone the ability to search for a home with a landlord that will accept that voucher. Currently, the housing authority assists over 3,000 families with the voucher program. |
| News | 6:30/7:30/8:30 AM | 5/11/2023 | The Richmond Metropolitan Transit Authority Board of Directors has voted to increase the price of tolls on Powhite Parkway and the Downtown Expressway in Richmond. The changes will go into effect Sept. 1. Tolls will increase from \$.70 to \$.90 for E-ZPass users and to \$1 for those paying cash. |
| News | 7:00/8:00 AM | 5/11/2023 | Hundreds of bikers embarked on a 250-mile trek to honor fallen police officers who lost their lives in the line of duty. The three-day bicycle tour, called "Road to Hope," is organized by Law Enforcement United. The nonprofit does fundraising efforts to support the families of fallen officers. Cyclers from Chesapeake, Roanoke, New Jersey, and Pennsylvania are all making the 250-mile journey to the nation's capital. |
| News | 6:30/7:30/8:30 AM | 5/12/2023 | Several wildlife officials are asking Texans to turn off lights at their homes and businesses in the evening and early morning through June 15 because of bird migration. One out of every three birds migrating through the U.S. passes through Texas and most fly under the cover of darkness, making them vulnerable to fatal collisions with buildings due to light attracting, and confusing them. |
| News | 7:00/8:00 AM | 5/12/2023 | Peloton is recalling more than 2 million bikes because the seat post assembly can break during use, posing fall and injury hazards. The recall includes Peloton Bikes Model PL01 that were sold from January 2018 through May 2023 for about \$1,400. They were sold at Peloton and Dick's Sporting Goods stores nationwide and online on Amazon. |
| News | 6:30/7:30/8:30 AM | 5/12/2023 | Literacy and education programs in Virginia are getting a boost through a \$220,000 award from the Dollar General Literacy Foundation. Nonprofits, schools, and libraries will all benefit from the literacy grants awarded in the state. Dollar General said the grants will positively impact the lives of more than 54,000 individuals. |

| News | 7:00/8:00 AM | 5/12/2023 | The public park Amazon renovated as part of its HQ2 development will host to a farmers market beginning in June. The market will be located at the corner of 13th Street South. It will offer a variety of items including fresh vegetables, fruits, meats, poultry, seafood, eggs, cheeses, and flowers. |
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| News | 6:30/7:30/8:30 AM | 5/12/2023 | The World Health Organization declared on May 5, that the COVID-19 pandemic is no longer a public health emergency which means travel this summer is expected to increase dramatically. The only hold up is that it can now take up to 13 weeks to process passport applications. The government says staffing issues are contributing to the delays. |
| News | 7:00/8:00 AM | 5/12/2023 | A medication has been approved to treat symptoms of dementia. It's an oral tablet and is the first FDA-approved treatment that eases the agitation that often comes with dementia caused by Alzheimer's. |
| News | 6:30/7:30/8:30 AM | 5/12/2023 | North Carolina continues to be praised as the best state for companies to locate in the nation. That's not just a note from the Chamber of Commerce or a statement by political leaders but the evaluation of "Site Selection" magazine, which for the third consecutive year has ranked NC as No. 1 for businesses. |
| News | 7:00/8:00 AM | 5/12/2023 | The Roanoke Ballet Theatre is putting on a special performance for those who are deaf and hard of hearing called Poetry in Motion. While dancers are performing, their hand gestures and movements will also be a form of sign language. Poetry in Motion premiers on Saturday, at the Trinkle Stage at Center in the Square at 5 p.m. |
| News | 6:30/7:30/8:30 AM | 5/15/2023 | Governor Glenn Youngkin announced a \$16 million competitive grant program to improve security in highneed school divisions. The "Stronger Connections" grant program prioritizes divisions where students are at increased risk of violence and chronic absenteeism. |
| News | 7:00/8:00 AM | 5/15/2023 | Virginia's Board of Education held an emergency meeting to automatically renew thousands of teacher licenses set to expire at the end of June, a decision the state said would help address a record-high backlog and keep delays from impacting schools next year. |
| News | 6:30/7:30/8:30 AM | 5/15/2023 | The Lynchburg Fire Marshal's Office has been monitoring the release of a chemical from a holding tank at Cathcart Rail on Hydro Street that has been producing strong odors in the area. Officials say the chemical is flammable but there is no risk to public health from the leak. |

| News | 7:00/8:00 AM | 5/15/2023 | A boat hit the underside of the Route 168 Bypass Bridge in Chesapeake over the weekend. The city says they were alerted about the crash by the Coast Guard, and that inspectors deemed the bridge still safe to drive. The cause of the crash has not been released at this time. |
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| News | 6:30/7:30/8:30 AM | 5/15/2023 | Four Russian aircraft have been shot down near the Ukrainian border. Which might be the most Russian aircraft lost in a single day during the war. Ukraine has not claimed responsibility for the attack. |
| News | 7:00/8:00 AM | 5/15/2023 | A new Virginia grant program that helps families provide tutoring for students is now open. The K-12 Learning Acceleration Grants program will offer \$1,500 grants to families of all school-aged children in the state and families with incomes below 300% of the federal poverty level are eligible for a \$3,000 grant. |
| News | 6:30/7:30/8:30 AM | 5/15/2023 | Governor Glenn Youngkin has issued a flag order in honor of Peace Officers Memorial Day, an observance that remembers local, state, and federal law enforcement officers who have lost their lives or who have been disabled in the line of duty. Flags will be lowered from sunrise to sunset. |
| News | 7:00/8:00 AM | 5/15/2023 | A group led by Josh Harris that includes Magic Johnson has agreed to buy the NFL's Washington Commanders from longtime owner Dan Snyder and his family. The sides announced the sale for a record \$6 billion making it the largest for a North American professional sports franchise. |
| News | 6:30/7:30/8:30 AM | 5/16/2023 | There is a new TSA project that might change the way you travel. Now you would slip your ID card into a slot and look into a camera that would take a photo of you to complete your check-in eliminating the need to hand over identification to the TSA officer sitting behind the screen. The technology is currently in 16 airports. |
| News | 7:00/8:00 AM | 5/16/2023 | Virginia is set to receive \$2.4M for a statewide active attacker response training program called Advanced Law Enforcement Rapid Response Training, or ALERRT. This program will help first responders and civilians alike learn how to respond to emergencies. |
| News | 6:30/7:30/8:30 AM | 5/16/2023 | Several Civil War-era structures have been discovered under a construction site in downtown Richmond. In 2021, city leaders announced that the CoStar Group was expanding its campus in Richmond by building a new 26 story building. According to the Virginia Department of Historic Resources, the tunnel-like structure is identified in the Virginia Cultural Resource database as part of the old Confederate Arsenal and Armory in Richmond. |

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| News | 7:00/8:00 AM | 5/16/2023 | Chick Fil A will now sell its salad dressings in stores nationwide. The flavors, Avocado Lime Ranch, Garden Herb Ranch, Creamy Salsa and Zesty Apple Cider Vinaigrette. They will be in groceries and Walmart stores over the next few weeks. |
| News | 6:30/7:30/8:30 AM | 5/16/2023 | The IRS wants to pay you money, and the agency is going to great lengths to get the word out. If you qualify, you might get \$900 or more but you only have a couple of months left to claim your money. To qualify for the refund, you need to submit your 2019 return by July 17, 2023. |
| News | 7:00/8:00 AM | 5/16/2023 | Centra's \$500M investment plan will include a new Labor & Delivery Unit, Mother/Baby Unit, and Intensive Care Nursery that will be located within the new five-story care tower at Lynchburg General Hospital. The Mother/Baby Services at LGH are expected to open by the fall of 2027 when the new care tower is estimated to be completed. |
| News | 6:30/7:30/8:30 AM | 5/16/2023 | Wawa is moving into North Carolina. The store's location will be in Kill Devil Hills. Construction is projected to last months with the estimated opening date in the first quarter of 2024. |
| News | 7:00/8:00 AM | 5/16/2023 | Danville Parks and Recreation has some cool new additions coming to the Southside this summer. Right now, they are in the process of constructing two splash pads in the city. One project is set to be finished in mid-to-late June and the other in September. |
| News | 6:30/7:30/8:30 AM | 5/17/2023 | Russia's President and Ukraie's President have agreed to separate meetings with a delegation of leaders from six African countries to discuss a possible plan to end the war in Ukraine. South Africa's President said they both agreed to host an African leader's peace mission. A time frame for the possible peace talks has not yet been given. |
| News | 7:00/8:00 AM | 5/17/2023 | Inspectors are continuing to assess the damage done to the 168 Bypass Bridge in Chesapeake after it was struck by a boat. The bridge is safe for use but will remain at one southbound lane until further notice. The City is also aware of the impact that the upcoming Centerville Turnpike Bridge closure will have on traffic which is still on schedule for tonight at 8:00 p.m. through tomorrow, at 8:00 p.m. |
| News | 6:30/7:30/8:30 AM | 5/17/2023 | Goodwill Industries of the Valleys is hosting community events including a job fair on Saturday, from 11 a.m. to 3 p.m., outside of the Goodwill Roanoke Jobs Campus on Melrose Avenue. The Resource Fair will provide families with job opportunities available in the community including working at Goodwill. |

| News | 7:00/8:00 AM | 5/17/2023 | Miriam's House, a nonprofit organization that provides shelter and supportive services to individuals and families experiencing homelessness in Lynchburg received a \$10,000 GraceWorks grant. The donation will go towards supporting their efforts to provide shelter, meals, and other essential services to those in need. |
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| News | 6:30/7:30/8:30 AM | 5/17/2023 | President Joe Biden is ready to discuss the debt ceiling with congressional leaders at the White House. Yesterday's session came as President Biden is preparing to depart for the Group of Seven summit in Japan later this week. The president and House Speaker are trying to strike a budget deal before the U.S. Treasury runs out of cash to pay the nation's bills, which could occur as soon as June 1. |
| News | 7:00/8:00 AM | 5/17/2023 | Stellantis is telling owners of nearly 220,000 Jeep Cherokee SUVs worldwide to park them outdoors and away from other vehicles because the power liftgates can catch fire even when the engines are off. Owners of Cherokees from the 2014 through 2016 model years will get notification letters starting June 30. |
| News | 6:30/7:30/8:30 AM | 5/17/2023 | Virginia's Attorney General said local police departments all across the state are dealing with staffing shortages that need to be fixed. Roanoke police is down 55 officers and Lynchburg is down 23. Operation Bold Blue Line has been launched by the Governor to recruit officers by showing them they are appreciated by the community. |
| News | 7:00/8:00 AM | 5/17/2023 | Richmond is offering several summer programs as schools are coming to an end. One new one is called Late Night Gym at Fairfield Elementary and George Wythe High School. The gyms will stay open Friday and Saturday nights to those ages 15 to 20 and security will be provided by Richmond Police who are also restarting a partnership with Virginia State Police called Operation Safe Summer. |
| News | 6:30/7:30/8:30 AM | 5/18/2023 | Prince Harry and his wife Meghan were in a car chase involving paparazzi in New York City. Harry was accompanying Meghan at the Women of Vision Awards, when highly aggressive paparazzi pursued them for over two hours, resulting in multiple near collisions involving other drivers on the road, pedestrians and two NYPD officers. |
| News | 7:00/8:00 AM | 5/18/2023 | Senators Mark Warner and Tim Kaine announced that Newport News/Williams Airport will be one of three Virginia Airports that will be receiving federal funding. It will be awarded \$1.3 million which will go towards updating to the Airport Master Plan. |

| News | 6:30/7:30/8:30 AM | 5/18/2023 | The State Corporation Commission is giving the public a chance to weigh in on a proposed Appalachian Power rate increase. If the rate request is approved, the average residential customer could see their monthly bill go up by \$25. To voice your concerns, visit the SCC website, you have until Aug. 17 to do so. |
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| News | 7:00/8:00 AM | 5/18/2023 | Roanoke's largest free multicultural festival is taking over Elmwood Park on Saturday. Local Colors Festival is celebrating its 32nd year. You can enjoy a Parade of Nations, performances and dozens of vendor booths representing cultures from around the world. The festival runs from 11 a.m. to 5 p.m. |
| News | 6:30/7:30/8:30 AM | 5/18/2023 | Student loan payments could resume in the next two months. The supreme court is supposed to decide between now and June whether to approve President Biden's forgiveness plan meaning payments could resume as early as July. |
| News | 7:00/8:00 AM | 5/18/2023 | A temporary emergency assistance program in North Carolina is coming to an end on May 31. The Water Assistance Program helps eligible households and families afford water services by paying their bills through utility companies. Households can still apply for this program until the end of May or until the funds run out. |
| News | 6:30/7:30/8:30 AM | 5/18/2023 | A Virginia Congresswoman has introduced a new bipartisan bill that will improve the mental health of Navy Sailors. The Sailor Standard of Care Act would increase mental health resources and would require mental health screenings for sailors that are assigned to limited duty. |
| News | 7:00/8:00 AM | 5/18/2023 | The month of May is Bike to Work Month and tomorrow is Bike to Workday. In Lynchburg, a gathering at the Lynchburg Community Market on Main Street will celebrate the day beginning at 8 a.m. Suggested routes are available and anyone who logs their trip on the RIDE Solutions app will be entered to win a \$100 gift card. |
| News | 6:30/7:30/8:30 AM | 5/19/2023 | The Biden administration has awarded \$500,000 to the Chickahominy Indian Tribe located between Richmond and Williamsburg in Chase City so they can get high-speed internet. Ten Indian tribes are receiving funds totaling nearly \$5 million as part of the Tribal Broadband Connectivity Program. |
| News | 7:00/8:00 AM | 5/19/2023 | Traffic continues to be an issue after a barge struck the underside of the 168 bypass in Chesapeake last weekend. The southbound lane still remains closed. Currently they are working on a plan to close the center of the bridge so that they can create two lanes for traffic. Right now, the bridge remains closed to commercial trucks, dump trucks, and tractor trailers. |

| News | 6:30/7:30/8:30 | 5/19/2023 | The Bedford Regional Water Authority Board has |
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| News | AM | 3/19/2023 | approved new rates for the 2023-2024 fiscal year. The new rates will go into effect on June 1 and will be used for all billing statements after June 30. The average customer using 4,000 gallons of water per month will see a rate increase of approximately \$4 to \$6 per month for water and an increase of .30 cents per month for sewer. |
| News | 7:00/8:00 AM | 5/19/2023 | The new Chick-fil-A on Timberlake Road is set to open soon bringing in 150 new jobs. They are currently hiring, and their opening date should be June 1st. |
| News | 6:30/7:30/8:30 AM | 5/19/2023 | Global wheat prices have fallen despite the war in Ukraine. Ukraine and Russia have agreed to extend a deal allowing grain to be exported from Ukrainian ports in the Black Sea citing that the agreement is a matter of global food security. The deal has been extended for another 2 months. |
| News | 7:00/8:00 AM | 5/19/2023 | If you haven't logged into your Google account in a long time, you better use it, or you might lose it. Google announced that it will start deleting accounts in December that have been inactive for at least two years, a move that the company says is intended to prevent security risks. To save your account, all you need to do is sign into it. |
| News | 6:30/7:30/8:30 AM | 5/19/2023 | A portion of Florida Avenue in downtown Lynchburg was closed to all drivers, including emergency vehicles, yesterday as crews worked to repair a water main break. All is back to normal now and the cause of the break is under investigation. |
| News | 7:00/8:00 AM | 5/19/2023 | Are you ready to race into the weekend? Hyperfest returns to Virginia International Raceway today tomorrow and Sunday. This is the largest automotive event on the East Coast. You can ride with a world-class professional drifter around the track, enjoy live music from a number of different artists and eat from a variety of food trucks. |
| News | 6:30/7:30/8:30 AM | 5/22/2023 | World leaders are looking to put pressure on Russia for its war against Ukraine. Ukraine's president was at the G7 meeting over the weekend where Ukraine was the main focus. The leaders of Japan, the United States, the United Kingdom, France, Germany, Canada and Italy, as well as the European Union, also addressed climate change, AI, poverty, economic instability and nuclear production. |
| News | 7:00/8:00 AM | 5/22/2023 | The Navy is establishing a new acquisition cell tasked with responding to ongoing crises around the world, with its initial focus set on the war in Ukraine and a potential future conflict over Taiwan. The Maritime Accelerated Response Capability Cell will take up the mission that the Pentagon has had to organize on the fly as it continually |

| | | | arms Ukraine with different weapons and vehicles to defend itself against Russia. |
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| News | 6:30/7:30/8:30 AM | 5/22/2023 | ALDI is coming soon to Wards Road in Lynchburg! It will replace the old Bed Bath and Beyond in the Wards Road shopping center. |
| News | 7:00/8:00 AM | 5/22/2023 | By the time she was 85 years old, Joy Ryan from Ohio started traveling to national parks around the world with her grandson, and now at 93 they have visited all 63 national parks! You can check out all their adventuring on the Instagram account Grandma Joy's Road Trip. |
| News | 6:30/7:30/8:30 AM | 5/22/2023 | The Debt negotiations came to a standstill over the weekend. President Joe Biden and world leaders watched from afar at the G7 summit hoping the discussions would make progress on avoiding a federal default. The two sides are up against a deadline as soon as June 1 to raise the borrowing limit, now at \$31 trillion, so the government can keep paying the nation's bills. |
| News | 7:00/8:00 AM | 5/22/2023 | Breeze Airways announced four new nonstop flights from Norfolk International Airport. Starting in June, they will be offering flights to Los Angeles, CA, Akron-Canton, OH, Syracuse, NY, and Portland, ME. |
| News | 6:30/7:30/8:30 AM | 5/22/2023 | The York-Poquoson Sheriff's Office announced it is hosting another free gun safety class. Citizens of York and Poquoson 18 years of age and older are invited to attend the class on June 6 at Goodwin Neck Road from 6 p.m. until 8 p.m. |
| News | 7:00/8:00 AM | 5/22/2023 | The passenger ferry between Hatteras and Ocracoke islands will resume for the 2023 summer season tomorrow. This is the fifth season for the Ocracoke Express, which carries up to 129 passengers on three daily roundtrips between the islands in the Outer Banks. Oneway fares are \$7.50, and kids three and under who can share a seat with an adult ride for free. |
| News | 6:30/7:30/8:30 AM | 5/23/2023 | The U.S. may be approaching a default on its debt in as short as 10 days if lawmakers don't find a compromise to raise the debt ceiling before the Treasury Department runs out of money. What happens next is somewhat unknown due to the unprecedented nature of a default, but it could affect key programs many low-income Americans rely on to get by. |

| News | 7:00/8:00 AM | 5/23/2023 | The Public Service Loan Forgiveness program has provided canceled debts for more than 615,000 borrowers in the past 18 months. The loan is open to teachers, librarians, nurses, public interest lawyers, military members, and other public workers canceling student debt after 10 years of public interest work, or 120 monthly payments. This is separate from President Joe Biden's student debt relief plan, that the U.S. Supreme Court is currently considering. |
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| News | 6:30/7:30/8:30 AM | 5/23/2023 | School may not be in session over the summer, but Lynchburg City Schools are still working to make sure children are fed with the 2023 Summer Food Service Program. Meals will be provided to kids free of charge and are the same for all children. The food will be provided on a first come, first serve basis at times and places marked by a schedule that you can find online. |
| News | 7:00/8:00 AM | 5/23/2023 | The future is bright for Hidden Valley High School junior, Fran-siska Born-ef, as she took home a first-place award at the Regeneron International Science and Engineering Fair in Dallas, Texas. She won in the 'Earth and Environmental Sciences' category with her project titled, 'Measuring the Effects of Climate Change on Arctic Rivers.' Two other Roanoke County students also competed in this year's competition. |
| News | 6:30/7:30/8:30 AM | 5/23/2023 | The Virginia Department of Transportation will hold a public hearing tonight to get feedback and share information about a \$181 million project that will improve the Interstate 64/Interstate 464 interchange. The public hearing will take place from 4 to 7 p.m. at Crestwood Elementary School in Chesapeake. You can submit comments about the project during the hearing or by email until June 2. |
| News | 7:00/8:00 AM | 5/23/2023 | For those living in remote areas of the Eastern Shore, getting medication may soon become easier. Riverside Shore Memorial Hospital recently received a \$1.9 million federal grant to begin a drone program to deliver medication. Tangier Island is a remote island off the west coast of the Eastern Shore and getting there is difficult. The drone will start delivering in Onancock this summer, with service beginning to Tangier Island later this year. |
| News | 6:30/7:30/8:30 AM | 5/23/2023 | The revitalization of USS Iowa Battleship Barrel #270 is complete, and as of 4am this morning it arrived at its final resting place, near the Old Cape Henry Lighthouse to honor veterans and those lost. The 120-ton barrel moved on a special, heavy-duty trailer through the streets and highways of Portsmouth overnight. |

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| News | 7:00/8:00 AM | 5/23/2023 | It might be a good time to stop and smell the flowers. Shenandoah Peonies farm has opened for its second season. Located on the outskirts of Waynesboro off Stuarts Draft Highway in addition to the long rows of peonies, this year, you can take pictures with a love sign made from daffodils to represent Virginia's slogan, "Virginia is for Lovers." Shenandoah Peonies is open from 3 to 8 p.m. on weekdays and from 10 a.m. to 8 p.m. on the weekends through May 29. |
| News | 6:30/7:30/8:30 AM | 5/24/2023 | There are millions of families that have swapped store visits for doorstep deliveries in recent years, meaning that the labor negotiations now underway at UPS could become vastly more disruptive than the last time it happened in 1997. Now UPS workers are considering going on strike for better pay and more reasonable hours. |
| News | 7:00/8:00 AM | 5/24/2023 | Police have arrested a Missouri man they believe intentionally crashed a U-Haul truck into a security barrier at a park across from the White House. The driver smashed into the barrier near the north side of Lafayette Square, no one was injured during the crash. Officials searched the vehicle, but no other items were found. |
| News | 6:30/7:30/8:30 AM | 5/24/2023 | A curfew will be in effect for kids under 18-years-old in Lynchburg for the next six months. The curfew will be from 11 p.m. to 5 a.m. for anyone 17-years-old or younger, with exceptions like working late or extracurricular activities. |
| News | 7:00/8:00 AM | 5/24/2023 | Our friends at the Claire Parker Foundation are hosting a blood drive on May 31st from 12pm-6pm at their headquarters on 9th street in Altavista. You can get signed up online at redcrossbloog.org and those who doNATE will get a free doNUT while supplies last. |
| News | 6:30/7:30/8:30 AM | 5/24/2023 | Are Russian troops fighting against Russian President Valdimir Putin? There has been land seized along the border of Ukraine and Russia but it's not sure by who. Moscow blames Ukraine, but Ukraine claims these forces are Russians who have had it with the failed war and the Putin dictatorship. Neither side can prove whether this is true or not. |
| News | 7:00/8:00 AM | 5/24/2023 | Altec Industries, a global industrial machinery manufacturer, will invest \$1.4 million to expand the production of Altec's construction equipment product line in Botetourt County. Virginia successfully competed with other states for the project which will create 150 new jobs. |

| News | 6:30/7:30/8:30 AM | 5/24/2023 | A fire broke out at the Piedmont Waste Facility in Pittsylvania County, on Clarks Mill Road in Ringgold. Landfill personnel reported the fire, but the cause is unknown. Thankfully it was contained quickly and there is no environmental threat or injuries. |
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| News | 7:00/8:00 AM | 5/24/2023 | Tickets are now on sale for the 2023 St. Jude Dream Home in Lynchburg. St. Jude Children's Research Hospital helps children fighting cancer and other illnesses and all the proceeds from tickets sales go towards the organization. Over the last five years, you have helped raise more than \$3 million. The home is a three-bedroom, two-bathroom house valued at \$425,000. |
| News | 6:30/7:30/8:30 AM | 5/25/2023 | There's great news for drivers just ahead of Memorial Day weekend. The Route 168 Bypass Bridge, the main artery to the Outer Banks from Virginia, is now fully reopened after being hit by a barge two weeks ago. The city of Chesapeake says it will seek full reimbursement from the dredging company that damaged the bridge. |
| News | 7:00/8:00 AM | 5/25/2023 | Centra has recently earned a new accreditation for stroke care in Lynchburg. They have received the Joint Commission Gold Seal of Approval and the American Stroke Association Heart-Check mark as a Certified Thrombectomy-Capable Stroke Center. This accreditation is significant because it is based upon a hospital's ability to provide interventions and advanced care for patients with acute stroke. |
| News | 6:30/7:30/8:30 AM | 5/25/2023 | There's a center dedicated to teaching students coping skills during their suspension instead of having them serve it at home. The new Restorative Suspension Center has the time and resources to make a difference by working on changing a student's behavior, so it doesn't happen again. This also prevents absences, and they do schoolwork teachers send over so they don't get behind in classes. |
| News | 7:00/8:00 AM | 5/25/2023 | The Lynchburg Humane Society has new funds to help more adoptable pets coming from Campbell County. LHS received a Rachael Ray Save Them All grant from Best Friends Animal Society for its Transfer to Happiness program. This grant allows them to transfer more at-risk pets from Campbell County improving the number of lives saved in that area. |
| News | 6:30/7:30/8:30 AM | 5/25/2023 | There is still no deal and progress once again has been described as minimal at best on debt negotiations at the White House. With only a few days left to reach a deal many are wondering if the United States will default on |

| | | | their loan payments affecting things like Medicare, Medicaid, and snap benefits. |
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| News | 7:00/8:00 AM | 5/25/2023 | Chesapeake has extended its deadline to pay personal property taxes after another year of issues with the city treasurer's office delivering timely tax bill information to residents. The new deadline is now June 30, instead of June 5. |
| News | 6:30/7:30/8:30 AM | 5/25/2023 | The Virginia DMV had a system outage yesterday causing it to be unable to process transactions. Online transactions were also unavailable. All is back up and running as of this morning, |
| News | 7:00/8:00 AM | 5/25/2023 | Grab your popcorn! Regal Cinemas is looking to help families save big this summer. Now through Sept. 6, the movie theatre chain will be offering \$2 tickets for movies that you and your kids can enjoy. |
| News | 6:30/7:30/8:30 AM | 5/26/2023 | Forecasters are predicting near-normal hurricane activity in the Atlantic this year. Their 2023 Atlantic hurricane season, which goes from June 1 to November 30, predicts a 40% chance of a near-normal season, a 30% chance of an above-normal season and a 30% chance of a belownormal season with a range of 12 to 17 total named storms. |
| News | 7:00/8:00 AM | 5/26/2023 | There are complaints about a homeless camp that has popped up in Virginia Beach on a vacant lot on Wesleyan Drive. Two members of Virginia Beach City Council are looking into the issue and will brief staff June 13 about what needs to be done. |
| News | 6:30/7:30/8:30 AM | 5/26/2023 | The City of Chesapeake, along with the U.S. Army Corps of Engineers, had a groundbreaking ceremony for the Deep Creek Bridge replacement project. This \$59.9 million, multi-year project will replace the Atlantic Intracoastal Waterway Deep Creek Bridge, which is one of the oldest bridges in the city. |
| News | 7:00/8:00 AM | 5/26/2023 | The Blue Ridge Area Food Bank is able to come to the aid of thousands in need thanks to the 2023 Stamp Out Hunger Food Drive. This year the food bank collected over 115,000 pounds of food which is great for the summer months when they see a decline in donations and an increase in demand with kids home from school. |
| News | 6:30/7:30/8:30 AM | 5/26/2023 | The former commander of the US army in Europe said that America must ensure that Ukraine defeats Russia if it is to avoid fighting a war with China. The ideal outcome of the war would be Ukraine getting all its territory back, rebuilding their economy, returning thousands of |

| | | | Ukrainian children deported to Russia and hold Russia accountable for war crimes. |
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| News | 7:00/8:00 AM | 5/26/2023 | Virginia State Police, and Danville Police joined the U.S. Attorney in Danville to address crime in the region. The conference focused on how the different departments can work together to deal with violence. |
| News | 6:30/7:30/8:30 AM | 5/26/2023 | Get ready Lynchburg! Miller Park Pool will be open for Memorial Day celebrations kicking off the summer on Monday. The pool is located on Park Avenue in Lynchburg and admission for the holiday opening, or any other special event, is \$5 per person, for ages 3 and up. Children under 2 are free. Regular admission during the season will be \$3 per person. |
| News | 7:00/8:00 AM | 5/26/2023 | On June 2, Duck Donuts will celebrate National Donut Day with a sweet deal for customers. The store will give away free cinnamon sugar donuts to all guests. Each customer will get one donut, in-store only, with no purchase necessary. |
| News | 6:30/7:30/8:30 AM | 6/5/2023 | Unfortunately, no survivors were found at the crash site of a plane whose pilot was unresponsive as it flew near the Washington, DC, area yesterday prompting military fighter jets to attempt to intercept the aircraft before it crashed. Virginia State police said they will identify the plane's passengers when the information becomes available. Four people were on board the aircraft. |
| News | 7:00/8:00 AM | 6/5/2023 | Trails of Purpose, a Chesapeake-based nonprofit that uses horses to support military members, is preparing to expand its services to a new facility to accommodate a growing need for mental health resources. In working with One Red Maple Farm in Virginia Beach, the nonprofit will be able to hire three additional licensed professional counselors and lease seven new horses. |
| News | 6:30/7:30/8:30 AM | 6/5/2023 | Pulaski County leaders are seeking donations to help rebuild the pool house at Randolph Park. After a fire the pool house was a total loss. The goal is to raise \$10,000. |
| News | 7:00/8:00 AM | 6/5/2023 | Fans of the 611 locomotive had their chance to pay respects to the Queen of Steam over the weekend. The "Blow the Whistle" event held at the Virginia Museum of Transportation in Roanoke signals its arrival back home. It's been more than four years since the Queen of Steam was in the Star City. |
| News | 6:30/7:30/8:30 AM | 6/5/2023 | A Chinese warship came within 150 yards of hitting a U.S. destroyer as the US Ship was conducting joint exercises |

| | | | with Canada in the Taiwan Strait. The incident occurred as U.SChinese tensions remain high in the South China Sea. |
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| News | 7:00/8:00 AM | 6/5/2023 | British Columbia health officials will send hundreds of cancer patients across the international border for treatment in Washington State beginning this week. This multimillion-dollar deal with the United States will help those dealing with too long of wait times in British Columbia. |
| News | 6:30/7:30/8:30 AM | 6/5/2023 | Attention Lynchburg Drivers! There are several lane closures occurring this week all between 8:30am and 3:30pm. Today, Rivermont Ave will be down to one lane for Columbia Gas to work. Fort Ave will also have a closure tomorrow for gas work. Graves Mill will be closed tomorrow too for work from Appalachian Power, and Old Forest Road will have a lane closure Wednesday again for gas line maintenance. |
| News | 7:00/8:00 AM | 6/5/2023 | Fort Bragg in North Carolina is now Fort Liberty. The change is part of a broad Department of Defense initiative to rename military installations that were named after confederate soldiers. |
| News | 6:30/7:30/8:30 AM | 6/6/2023 | Former Vice President Mike Pence has declared his campaign for president in 2024, setting up to challenge to his former boss, Donald Trump, just two years after their time in the White House together. His bid for the Republican nomination will go live with a video tomorrow and kickoff event in Des Moines, Iowa. |
| News | 7:00/8:00 AM | 6/6/2023 | Today is d-day. The day that allied troops stormed the beaches in Normandy, France in 1944 and dozens of World War II veterans, mostly Americans and British, traveled to Normandy this week to mark the 79th anniversary. If you are looking to commemorate the day yourself no need to head overseas, the National D-Day memorial is in Bedford Virginia. |
| News | 6:30/7:30/8:30 AM | 6/6/2023 | Salem High School students may soon be able to take college courses thanks to a Lab School Planning grant with Roanoke College. A Lab School is a dual-enrollment program for high school students who might otherwise fall through the cracks of college and career preparation. |
| News | 7:00/8:00 AM | 6/6/2023 | In Central Virginia, there will now be a new way for you to get rid of your old American flags in a safe and respectful way. A repository station for the collection of faded, old, and/or torn American flags is now in place at Smith Mountain Lake's Bridgewater Plaza. The community is invited to a dedication ceremony and ribbon cutting at 11 a.m. on Flag Day which is June 14, next Wednesday. |

| News | 6:30/7:30/8:30 AM | 6/6/2023 | The White House announced that President Joe Biden and First Lady Jill Biden will travel to two areas of central |
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| | | | North Carolina this week. The pair is expected to visit Rocky Mount and Fort Liberty, formerly Fort Bragg, on Friday. |
| News | 7:00/8:00 AM | 6/6/2023 | A crowd of about 70,000 overflowed the Seoul World Cup Stadium on as Franklin Graham, president, and CEO of the Billy Graham Evangelistic Association, gave a passionate sermon on the 50th anniversary of his father Billy Graham's historic outreach in South Korea. The event was attended well beyond the stadium's capacity, and thousands made life-changing decisions for Christ. |
| News | 6:30/7:30/8:30 AM | 6/6/2023 | A fire at the Metro Richmond Zoo took the life of one animal. Several buildings caught fire including the animal hospital where a meerkat who was receiving care passed away. No other animals where harmed and the cause is under investigation. |
| News | 7:00/8:00 AM | 6/6/2023 | Patients at a children's hospital in West Virginia have found comfort in a recent service project, thanks to the help of an area Eagle Scout troop. The troop donated more than 100 handmade "comfort bears" to pediatric patients at Hoops Family Children's Hospital in Huntington, West Virginia. |
| News | 6:30/7:30/8:30 AM | 6/7/2023 | A major dam in southern Ukraine collapsed, flooding villages, endangering crops, and threatening drinking water supplies as both sides in the war scrambled to evacuate residents and blamed each other for the destruction. Both Russian and Ukrainian authorities brought in trains and buses to move residents to safety. |
| News | 7:00/8:00 AM | 6/7/2023 | The City of Norfolk is preparing to buy MacArthur Center in the heart of downtown Norfolk. City Council is set to vote on the purchase at a special council meeting tomorrow. They plan on voting on allocating \$18 million to be used toward the purchase, but there is no word yet what the city will do with the property if they buy it. |
| News | 6:30/7:30/8:30 AM | 6/7/2023 | Big news from the world of Golf, the US-based PGA Tour is set to partner with the Saudi-backed LIV Golf, ending a feud that has persisted in the men's professional game for the past year. LIV Golf fractured the sport earlier when it offered more money for less competitions drawing some of golfs biggest names away from the PGA. |
| News | 7:00/8:00 AM | 6/7/2023 | Roanoke City Council has approved amending the city's curfew for minors until the end of the summer. For teens 14-16 years old, the curfew is 11 p.m. to 5 a.m. Sunday to Thursday, and midnight to 5 a.m. Friday and Saturday. For children 13 and under, the curfew is 10 p.m. to 5 a.m. |

| | | | Sunday to Thursday and 11 p.m. to 5 a.m. Friday and Saturday. |
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| News | 6:30/7:30/8:30 AM | 6/7/2023 | Thick wildfire smoke from multiple blazes in Canada has reached the skies across the Northeast, prompting air quality alerts for New York City and much of the northeastern U.S. Officials are asking those sensitive to smoke to stay indoors as air quality reaches unhealthy levels. |
| News | 7:00/8:00 AM | 6/7/2023 | Only minutes after takeoff that aircraft that crashed in the mountains 60 miles southwest of Charlottesville Virginia was not responding to air traffic control. Family and friends identified two of the victims as an entrepreneur known in New York real-estate circles and her 2-year-old daughter. Outside aviation experts continue to speculate that the pilot likely lost consciousness from a lack of oxygen. |
| News | 6:30/7:30/8:30 AM | 6/7/2023 | Warning to beachgoers from Chesapeake to the Outer Banks, Portuguese man o' wars have been spotted washing ashore on beaches. If you happen to come across one washed up on the sand, keep your distance and watch your step. Their long stingers can remain active for days or even weeks after being out of the water. |
| News | 7:00/8:00 AM | 6/7/2023 | Thousands of Downtown Lynchburg residents and businesses were without power after an outage yesterday caused by a squirrel that made contact with the equipment in one of the substations. All was restored within a few hours. |
| News | 6:30/7:30/8:30 AM | 6/8/2023 | Smoke from Canadian wildfires is still affecting the U.S. East Coast and Midwest. The haze is actually holding up flights at major airports. Canadian officials have asked other countries for help fighting the more than 400 blazes. The U.S. has rated the air quality as hazardous from Indiana all the way to Virginia. |
| News | 7:00/8:00 AM | 6/8/2023 | Potentially life changing results have come from two new cancer drug studies and were introduced at the American Society of Clinical Oncology. For lung cancer patients a pill taken once daily was shown to reduce the risk of deaths by more than 50%, and for breast cancer patients, a new pill increased survival rates and prevented the disease from recurring. |
| News | 6:30/7:30/8:30 AM | 6/8/2023 | Roanoke-Blacksburg Regional Airport has announced its second meeting, giving you an opportunity to contribute to the airport's Master Plan. The public workshop is today from 4 to 6 p.m. at the Holiday Inn Roanoke Airport |

| | | | Conference Center, where you can learn more about the Master Plan, exchange ideas, and ask questions. |
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| News | 7:00/8:00 AM | 6/8/2023 | When in doubt, stay out! The Virginia Department of Health is warning swimmers of a harmful algal bloom located in a portion of Smith Mountain Lake. The Blackwater River arm of the lake in Bedford, Franklin, and Pittsylvania counties is experiencing the bloom. They say to avoid contact with the water until algal concentrations return to acceptable levels. |
| News | 6:30/7:30/8:30 AM | 6/8/2023 | Pope Francis underwent surgery to repair a hernia in his abdomen. The Vatican said there were no complications during the three-hour surgery, which required him to be under general anesthesia. The pope will remain at the hospital for several days. As a precaution, all papal audiences were canceled through June 18. |
| News | 7:00/8:00 AM | 6/8/2023 | Federal safety regulators are urging consumers to stop using baby pillows that have been linked to 10 infant deaths but are still being sold on Facebook Marketplace. The U.S. Consumer Product Safety Commission said that Boppy Newborn Loungers are no longer legally for sale but thousands of them are on Facebook. The agency wrote to Facebook to have the recalled items taken down. |
| News | 6:30/7:30/8:30 AM | 6/8/2023 | Unaccompanied migrant children crossing into the United States could soon be living temporarily in the Kings Grant area of Virginia Beach. Commonwealth Catholic Charities has put forward a proposal to house children between the ages of 5 and 17 on the campus of St. Nicholas Catholic Church. The goal is to reunite them with family members living in the United States. |
| News | 7:00/8:00 AM | 6/8/2023 | We mentioned earlier in the week the fire that at the Metro Richmond Zoo, and they are now asking for your help to recover. Some things you can do are visit the Zoo, it is fully open. You can also shop the Amazon wish list of items they created with what they need, or you can donate directly to the zoo online, and you can also volunteer to help clean up at the zoo. |
| News | 6:30/7:30/8:30 AM | 6/9/2023 | The smoky blanket of poor air quality from wildfires in Canada is still around several states in the U.S. So far baseball games and many outdoor activities have been canceled and many flights have been delayed. Be sure to check the air quality before spending significant time outside. |

| News | 7:00/8:00 AM | 6/9/2023 | Pat Robertson, a religious broadcaster who turned a tiny Virginia station into the global Christian Broadcasting Network, passed away yesterday at 93. Still no cause has been given. His legacy also included Regent University, an evangelical Christian school in Virginia Beach and Operation Blessing. |
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| News | 6:30/7:30/8:30 AM | 6/9/2023 | Richmond Public Schools will be closed for the remainder of the school year and graduations have been rescheduled after an incident at the Huguenot High School graduation ceremony that took the lives of two, including a graduate. Richmond Public Schools also canceled all end-of-year celebrations and all remaining high school graduations have been moved inside school buildings. |
| News | 7:00/8:00 AM | 6/9/2023 | Non-profits in the New River Valley are getting ready for 10th anniversary of GiveLocalNRV Day. The Community Foundation has more than 100 non-profits lined up for this year's fundraiser. The Give Local Day runs from noon to noon on June 28-29, but you can donate to your favorite organizations now. Overall, the goal is to raise over \$500,000 for non-profits. |
| News | 6:30/7:30/8:30 AM | 6/9/2023 | Former President Donald Trump has been indicted for a second time, this time on federal charges in relation to his handling of classified information while out of office. The former president faces at least seven charges with a maximum sentence ranging from five to 20 years. Trump is set to be arraigned in federal court in Miami on Tuesday at 3 p.m. |
| News | 7:00/8:00 AM | 6/9/2023 | China has reached a deal with Cuba to establish a facility on the island roughly 100 miles from Florida. Such an installation would allow Beijing to gather electronic communications from the southeastern U.S., which houses many U.S. military bases, as well as monitor ship traffic. |
| News | 6:30/7:30/8:30 AM | 6/9/2023 | The kickoff of the North Carolina Republican Party Convention was yesterday in Greensboro and the event will run through Sunday. Some of the guest speakers include former president Donald Trump, former vice president Mike Pence and Florida Governor Ron DeSantis. |
| News | 7:00/8:00 AM | 6/9/2023 | You might have noticed a giant military plane flying over Lynchburg earlier this week. Well according to the Lynchburg Regional Airport, the plane, a C-17 GlobeMaster III, was a military transport aircraft practicing takeoffs and landings. |
| News | 6:30/7:30/8:30 AM | 6/12/2023 | The destruction of the Dam in the Ukraine is quickly becoming a long-term environmental catastrophe affecting drinking water, food supplies and ecosystems |

| | | | reaching into the Black Sea. The short-term dangers can be seen from outer space. |
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| News | 7:00/8:00 AM | 6/12/2023 | A recent poll from the University of Maryland shows that 83% of Americans support congressional term limits. That's why some candidates for General Assembly in Virginia are renewing the push. The Constitution provides two avenues for ratifying an amendment. The first requires two-thirds of both the U.S. House of Representatives and Senate to propose the amendment, then at least 38 state legislatures must ratify it. The second would require at least 34 states to call for a constitutional convention, something that has never happened before. |
| News | 6:30/7:30/8:30 AM | 6/12/2023 | Park officials from the Booker T. Washington National Monument are having a Juneteenth Celebration of Freedom. The celebration will be held Saturday, June 17 from 11:00 a.m. to 4:00 p.m. and it is a free event! The 'Friends of Booker T. Washington National Monument' group will also have a presentation. |
| News | 7:00/8:00 AM | 6/12/2023 | Members in Botetourt County presented around a dozen local veterans with "Quilts of Valor" over the weekend. Each quilt was a different pattern, unique in its own way. The group "Sirens and Salutes" also pinned Vietnam veterans which is something that some veterans thought they'd never see. |
| News | 6:30/7:30/8:30 AM | 6/12/2023 | A vehicle fire shut down I-95 in both directions after an elevated portion of the heavily traveled interstate collapsed in Philadelphia. The Pennsylvania Department of Transportation said the fire closed all lanes, and runoff from the fire or compromised gas lines that caused explosions underground collapsing the bridge. Thankfully there were no injuries. |
| News | 7:00/8:00 AM | 6/12/2023 | Four young children were found alive after more than a month wandering in the Amazon jungle after a plane crash that took the lives of the adults on board. The children were all together when they were found, and received physical and mental treatment upon being rescued. |
| News | 6:30/7:30/8:30 AM | 6/12/2023 | Appalachian Power and the AEP Foundation have provided a new boat for the Water Quality Monitoring Program with the Smith Mountain Lake Association, and Ferrum College. Leaders say the boat is key in detecting toxic algae blooms and keeping the community safe. Currently there are nine algae blooms on the lake, the most reports in the last three years. |

| News | 7:00/8:00 AM | 6/12/2023 | As summer get into full swing, hundreds are headed to |
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| News | 7.00/0.007 | 0, 12, 2023 | the James River. James River Park experts gathered at the First Break rapids on Belle Isle to teach the community how to safely enjoy the water. James River Park staff along with some of the Richmond Fire Departments swift water team set up in the water to help guide swimmers from one point to the next over a small rapid. |
| News | 6:30/7:30/8:30 AM | 6/13/2023 | Former President Donald Trump is set to have his federal court appearance this week on dozens of felony charges accusing him of illegally hoarding classified documents and interfering with the Justice Department's efforts to get the records back. His afternoon appearance today in Miami will mark his second time since April facing a judge on criminal charges. |
| News | 7:00/8:00 AM | 6/13/2023 | El Niño is officially here, and while it's still weak right now, federal forecasters expect this global disrupter of worldwide weather patterns to gradually strengthen. Normally El Niño years are warmer globally. |
| News | 6:30/7:30/8:30 AM | 6/13/2023 | Sentara Health is announcing key services that will be available at the new acute care hospital. The new hospital will have inpatient medical and surgical beds, a cardiac catheterization suite, an emergency department, an intensive care unit, imaging services, laboratory, pathology, pharmacy, rehabilitation, respiratory therapy, and more. |
| News | 7:00/8:00 AM | 6/13/2023 | For the first time in over 20 years, Virginia's Drug Abuse Resistance Program is making a return to Henry County. Three deputies with the Sheriff's Office recently graduated from the Virginia D.A.R.E Training Center. Now they can educate Henry County's youth on drug and alcohol awareness, vaping, online and social media safety, bullying prevention, and teen mental health. |
| News | 6:30/7:30/8:30 AM | 6/13/2023 | The U.N. cultural and scientific agency announced that the United States plans to rejoin and pay more than \$600 million in back dues. U.S. officials say the decision to return was motivated by concern that China is filling the gap left by the U.S. in policymaking, notably in setting standards for artificial intelligence and technology education around the world. |
| News | 7:00/8:00 AM | 6/13/2023 | The nine nuclear-armed countries continue to modernize their arsenals and several have deployed new nuclear-armed or nuclear-capable weapon systems. The Stockholm International Peace Research Institute listed the nuclear-armed states as the United States, Russia, the United Kingdom, France, China, India, Pakistan, North Korea, and Israel. |

| News | 6:30/7:30/8:30 AM | 6/13/2023 | For the fourth year in a row, Roanoke City is launching a traffic safety campaign. This year the city is trying to educate the public about how to correctly pass a cyclist on the road. As biking grows, so has the number of collisions and now the rule they are trying to get across is to change lanes completely when passing a cyclist. |
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| News | 7:00/8:00 AM | 6/13/2023 | Colonial Williamsburg is offering free admission to the historic area and Art Museums on both June 19 and July 4 in honor of Juneteenth and Independence Day. Visitors can pre-register to claim complimentary tickets to the American history museum online. |
| News | 6:30/7:30/8:30 AM | 6/14/2023 | The fires in Canada that caused 14,000 to evacuate and sent smoke all across the US last week are still burning. Currently there are 450 active fires across the country. Canada has committed all national resources to fight the fires and President Joe Biden said that America is deploying more than 600 firefighters and support personnel to help. |
| News | 7:00/8:00 AM | 6/14/2023 | The USA Cycling Amateur Road National Championship returns to Southwest Virginia this week. The best amateur cyclists in the nation are testing their abilities in the Roanoke Valley. Explore Park will host the first event this morning. This is the individual time trial where riders will see how fast they can complete a course on the Blue Ridge Parkway. Be aware that traffic will be impacted. |
| News | 6:30/7:30/8:30 AM | 6/14/2023 | World Blood Donor Day is today and the Red Cross is working to raise awareness for the need of blood. To donate blood, just make an appointment by downloading the American Red Cross Blood Donor App, visiting their website, or by calling 1-800-RED-CROSS. |
| News | 7:00/8:00 AM | 6/14/2023 | Krispy Kreme is looking for a Chief Doughnut Dreamer. Now through June 18, any fan can "apply" via social media for the chance to be crowned the so-called Chief Doughnut Dreamer. You'll be flown to the company's headquarters and join their Innovation Team to develop their future Fan Fav doughnut. You'll also receive free doughnuts for a year. |
| News | 6:30/7:30/8:30 AM | 6/14/2023 | Former President Donald Trump was placed under arrest by deputy US Marshals and his booking process has been completed. He has entered a not guilty plea through his attorneys and did not speak at all during the court appearance. |
| News | 7:00/8:00 AM | 6/14/2023 | Virginia Governor Glenn Youngkin will travel to France later this month to visit the gravesites of Virginia service members that lost their lives during World War II's D-Day invasion and attend an international air show. The visit will run from Saturday to Tuesday, June 20 and will mark |

| | | | Youngkin's second announced official trip overseas since he took office in Jan. 2022. |
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| News | 6:30/7:30/8:30 AM | 6/14/2023 | The Bedford County Sheriff's Office is working to get some new gear for their officers. They are looking to apply for a grant from the Department of Justice for more body-worn cameras. The board of supervisors will vote on Monday on whether to approve the department's grant application submission. |
| News | 7:00/8:00 AM | 6/14/2023 | Norfolk city leaders are working to address coastal storm flooding and damage. The city of Norfolk and the U.S. Army Corps of Engineers signed a Project Partnership Agreement to jump start the 'Resilient Norfolk' project. The \$2.6 billion project will feature storm-surge barriers and a nearly eight-mile flood wall. It will also include one mile of levees, 11 tide gates and ten pump stations. The project will take about 10 years to complete. |
| News | 6:30/7:30/8:30 AM | 6/15/2023 | Earlier this week we talked about the crash and gas leak that cause part of I-95 in Pennsylvania to collapse. Now a truck carrying 2,000 tons of lightweight glass nuggets is helping to rebuild the collapsed section. Crews are working 24 hours a day until they can reopen the critical section of the interstate. |
| News | 7:00/8:00 AM | 6/15/2023 | Stellantis is recalling more than 354,000 Jeeps worldwide because the rear coil springs can fall off while they're being driven. The recall covers 2022 and 2023 Grand Cherokee and 2021 to 2023 Grand Cherokee L SUVs. Owners are to be notified by letter starting July 28. |
| News | 6:30/7:30/8:30 AM | 6/15/2023 | Some students at Roanoke City Schools will be heading to the classroom at a different time next year. The Roanoke City School Board passed a staggered bell schedule to help children get to class on time. The school system says the changes will allow bus transportation to be more consistent and reliable, increasing the number of buses and drivers available. |
| News | 7:00/8:00 AM | 6/15/2023 | All aboard the Zoo Choo! The historic train is back at the Mill Mountain Zoo after almost a two-year hiatus due to renovations. An official ribbon cutting for the train took place yesterday and now the train is open to the public giving children and adults a ride around the zoo on its 1,010-foot-long track. |

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| News | 6:30/7:30/8:30 AM | 6/15/2023 | Despite the seriousness of the charges, former President Trump, sought to maximize any political benefits from his appearance in court where he plead not guilty to several charges of mishandling sensitive information. The Republican encouraged supporters to show up at the federal courthouse and hundreds did while he turned the event into an opportunity for his 2024 presidential run. |
| News | 7:00/8:00 AM | 6/15/2023 | The Federal Reserve has kept its key interest rate unchanged after having raised it 10 straight times to combat high inflation. But in a surprise move, the Fed signaled that it may raise rates twice more this year, beginning as soon as next month. It's already at 5.1% the highest it's been in 16 years. |
| News | 6:30/7:30/8:30 AM | 6/15/2023 | Senators Mark Warner and Tim Kaine announced more than \$4 million in federal funding for Virginia airport improvements. The Lynchburg regional airport, the Newport News airport, and the New Kent airport near Richmond are among those receiving money for improvements. |
| News | 7:00/8:00 AM | 6/15/2023 | A word of warning about what might be lurking in your backyard this summer. Virginia Wildlife Management and Control says this is the worst year they've seen for copperhead snake sightings in the Central Virginia. Copperheads are venomous and found throughout Virginia, including Hampton Roads as well, if you see one avoid it. |
| News | 6:30/7:30/8:30 AM | 6/16/2023 | The Vatican has released the first images of Pope Francis since his June 7 abdominal surgery, showing him in his wheelchair visiting the children's cancer ward meeting with children, their parents, and medical staff. A sign he is getting ready to be discharged. |
| News | 7:00/8:00 AM | 6/16/2023 | The Supreme Court has preserved the system that gives preference to Native American families in foster care and adoption proceedings of Native children. The court left in place the 1978 Indian Child Welfare Act, which was enacted to address concerns that Native children were being separated from their families and, too frequently, placed in non-Native homes. Tribal leaders have backed the law as a means of preserving their families, traditions, and cultures. |
| News | 6:30/7:30/8:30 AM | 6/16/2023 | Suffolk Public Schools are taking a proactive approach to combat the national teacher shortage. Administrators are promising some high school graduates teaching jobs in the school division after they earn their college degrees. Suffolk Public Schools are also having a virtual job fair from 2 to 5 p.m. Wednesday, June 28. |

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| News | 7:00/8:00 AM | 6/16/2023 | The Lynchburg Humane Society has issued a plea for help because they currently have over 100 dogs. Right now, they are waiving adoption fees for dogs, excluding VIPs. |
| News | 6:30/7:30/8:30 AM | 6/16/2023 | Supply chain issues have been averted as West Coast dockworkers reached a tentative contract agreement after more than a year of negotiations and several work disruptions that caused shipping traffic at some of the largest ports. The new six-year contract affects 22,000 dockworkers at 29 ports from Washington state through California. |
| News | 7:00/8:00 AM | 6/16/2023 | U.S. Air Force B1-B bombers flew over the Middle East accompanied by fighter aircraft from five Middle East allies in a show of force intended for Iran. The joint operation was aimed at projecting U.S. force in the region and reassuring key regional allies of Washington's commitment to security in the area. |
| News | 6:30/7:30/8:30 AM | 6/16/2023 | Common complaints about Interstate 81 range from truck traffic to crashes and safety. But there's a multi-billion-dollar plan that will make it better for everyone. Part of the solution is widening 99 miles of the interstate from two to three lanes, from Christiansburg to Troutville. |
| News | 7:00/8:00 AM | 6/16/2023 | The Smith Mountain Lake Association is offering a new resource to keep visitors informed on the harmful algal bloom affecting parts of the lake. The new resource center features questions and answers, links to the Virginia Department of Health and Virginia Department of Environmental Quality websites, actions residents can take to protect the water, and news reports. |
| News | 6:30/7:30/8:30 AM | 6/19/2023 | Two days after being discharged from the hospital, Pope Francis resumed his Sunday custom of greeting the public in St. Peter's Square. The 86-year-old pope sounded a bit breathless and hoarse at times, but he looked delighted to be back to his routine. |
| News | 7:00/8:00 AM | 6/19/2023 | A 31-year-old police officer with the Wintergreen Police Department passed away after an incident over the weekend. Two other men were injured, and the investigation is still ongoing. The Wintergreen Police Department and Nelson County Sheriff's Office took the suspect into custody, and he was hospitalized with non-life-threatening injuries. |
| News | 6:30/7:30/8:30 AM | 6/19/2023 | VDOT has suspended HRBT Expansion Project lane closures after many drivers experienced delays during their morning commute on I-64. Work won't continue until they coordinate with the contractor to make sure work in the future can be done during the designated lane closure hours. VDOT said they will be determining |

| | | | financial penalties for the contractor for going over lane those hours. |
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| News | 7:00/8:00 AM | 6/19/2023 | The Wytheville Fire & Rescue Department recently made history with its first all-female crew! This is the first female officer and driver pair for the department. |
| News | 6:30/7:30/8:30 AM | 6/19/2023 | The U.S. Secretary of State is in Beijing on a high-stakes diplomatic mission to try to cool the U.SChina tensions. While there he will be talking with senior Chinese officials, he is the first secretary of state to make the trip in five years. |
| News | 7:00/8:00 AM | 6/19/2023 | Two students from Virginia are winners in the national Kids Safe Online poster contest designed to encourage their peers to use the internet safely. The Virginia Information Technologies Agency and the Virginia Department of Education named Faith as the first-place winner, she just graduated from Williamsburg-James City County Virtual Academy and Rosalind, a junior from Radford High School, claimed a spot in the top 10. |
| News | 6:30/7:30/8:30 AM | 6/19/2023 | Buc-ee's super-sized convenience store and gas station is expanding its original plan for its first Virginia location in New Kent. The new Buc-ee's Super Center will be located on the exit 211 interchange just off I-64. The company now says that the property will be expanding its retail space and their available parking spaces will accommodate 650 cars, including buses and RV parking. The company is planning to open four locations in the Commonwealth over the next few years. |
| News | 7:00/8:00 AM | 6/19/2023 | Today is Juneteenth, a federal holiday celebrated on June 19 to commemorate the emancipation of those enslaved in the US. The holiday was first celebrated in Texas, where on this day in 1865, in the aftermath of the Civil War, those that were enslaved were declared free under the terms of the 1862 Emancipation Proclamation. |
| News | 6:30/7:30/8:30 AM | 6/20/2023 | The search is still ongoing for a missing submarine that carries tourists to view the wreckage of the Titanic. The U.S. Coast Guard said the search was underway off the coast of Newfoundland Canada. In addition to archaeologists and marine biologists, the expedition also included roughly 40 paid tourists. |

| News | 7:00/8:00 AM | 6/20/2023 | The U.S. National Highway Traffic Safety Administration issued multiple recalls, including more than 979,000 Ford |
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| | | | Expedition, Lincoln Navigator, F-Super Duty, and SuperCab vehicles for a head restraint issue. Chrysler is also recalling over 80,000 of its 2014-19 Ram 1500 and 2014-20 Jeep |
| | | | Grand Cherokee vehicles for a crankshaft failure and |
| | | | nearly 12,500 of its 2022 Jeep Grand Cherokee vehicles for potential engine failure. Car owners can check USA |
| | | | TODAY's automotive recall database for new recalls. |
| News | 6:30/7:30/8:30 | 6/20/2023 | The WoodWick Outlet Store in Blairs Virginia will be |
| | AM | | closing soon, according to the Virginia Employment |
| | | | Commission. It appears that the company will close down |
| Novice | 7.00/0.00 ANA | c /20 /2022 | by July 31 impacting 58 employees. |
| News | 7:00/8:00 AM | 6/20/2023 | Carroll County Sheriff's Office is warning of a new scam that is impacting retail locations and store clerks. Deputies |
| | | | said suspects are using new manipulation tactics to |
| | | | defraud businesses by having funds deposited to |
| | | | debit/credit cards from the register. |
| News | 6:30/7:30/8:30 | 6/20/2023 | A private memorial service for Pat Robertson was held |
| | AM | | yesterday, in Virginia Beach. Robertson was born in |
| | | | Lexington, Virginia, but much of his legacy lives in Virginia |
| | | | Beach, where he founded Regent University, which is where the service took place. Robertson died on June 8 at |
| | | | the age of 93. |
| News | 7:00/8:00 AM | 6/20/2023 | This June, the Miss Virginia Organization will select one |
| | | | candidate to be named the new Miss Virginia. The |
| | | | Pageant is June 29 through July 1 in Roanoke at The |
| | | | Berglund Center. You can visit missva.org to learn more |
| Nous | 6:30/7:30/8:30 | 6/20/2023 | about the pageant and view the contestants. This summer, the Foodbank of Southeastern Virginia and |
| News | AM | 0/20/2023 | the Eastern Shore is once again providing free meals to |
| | Alvi | | children through the Summer Food Service Program. |
| | | | The free meals will be served at seven locations in |
| | | | Hampton Roads from Monday through Friday. Five |
| | | | locations will begin serving meals today, and the other |
| | | | two will open on Monday, June 26. The foodbank says it's |
| | | | timely that the start of the program aligns with the end of |
| News | 7:00/8:00 AM | 6/20/2023 | the school year. Four horses are now on the road to recovery with |
| 14000 | 7.00,0.00 / 1111 | 0, 20, 2023 | Richmond Animal Care and Control after being seized |
| | | | alongside more than 100 others from a farm in |
| | | | Shenandoah County. The horses were in a situation where |
| | | | they didn't have enough to eat, and did not receive |
| | | | proper hoof, teeth, or medical maintenance. |

| NI | C-20/7-20/0 20 | C /24 /2022 | Turning Change Book is according to a solution of the section. |
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| News | 6:30/7:30/8:30 AM | 6/21/2023 | Tropical Storm Bret is moving toward the eastern Caribbean as forecasters are warning that it could strengthen into a hurricane. Currently Bret has maximum sustained winds of 40 mph and is moving across the Atlantic Ocean. A watch has been issued for the eastern Caribbean islands for tomorrow and Friday. |
| News | 7:00/8:00 AM | 6/21/2023 | Hunter Biden has reached a deal with federal prosecutors to plead guilty to two minor tax crimes and a false statement related to a weapon purchase, according to court documents. The White House did not comment on the deal other than to say the president and first lady support Hunter. |
| News | 6:30/7:30/8:30 AM | 6/21/2023 | Johnsonville Sausage is recalling more than 42,000 pounds of its "Beddar with Cheddar" sausages as they may contain strands of plastic. The recall covers 14-ounce packages of Johnsonville "Beddar with Cheddar smoked sausage links" produced on Jan. 26, 2023. |
| News | 7:00/8:00 AM | 6/21/2023 | Virginia State Parks are hoping to get more visitors out on the water and enjoying the outdoors with their new 'Wandering Waters Paddle Quest' rewards program. Paddle Quest is a hands-on experience now offered at 31 parks across the state that will reward explorers with prizes and achievement stickers as they visit new parks and participate in a mixture of ranger-guided programs and self-led adventures along rivers, lakes, and the Chesapeake Bay. |
| News | 6:30/7:30/8:30 AM | 6/21/2023 | As of last night, the 5 members on the Titan Submarine that has been missing since Sunday had less than 40 hours of breathable air left. Crews from the U.S. Coast Guard, Canadian coast guard, U.S. Navy and Air National Guard had collectively searched about 7,600 square miles since the sub vanished near the wreckage of the Titanic. |
| News | 7:00/8:00 AM | 6/21/2023 | The U.S.'s two-day meeting with China went as good as expected. The visit helped restore top-level ties, but China rejected a U.S. request to resume military-to-military contacts. The U.S. is also trying to repair its relationships in regions where China has made inroads, particularly Africa and the Indo-Pacific, where we plan to open at least five new embassies this year. |
| News | 6:30/7:30/8:30 AM | 6/21/2023 | Wreaths Across America's Mobile Education Exhibit national tour will make several stops in Virginia to honor those who served. The stops include Norfolk on Thurs., July 6, at Waterside Drive from 10am – 4pm, Williamsburg Fri., July 7, at Merchant Square, in downtown Historic Williamsburg also from 10am – 4pm. Then finally in Arlington on Sun., July 9, at Arlington National Cemetery at the Women's Memorial from 12pm – 5pm. |

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| News | 7:00/8:00 AM | 6/21/2023 | A new playground was unveiled in Troutville Town Park in Botetourt, only this one's for adults. The new senior fitness equipment gives adults a place to stay active and work out while watching their kids. |
| News | 6:30/7:30/8:30 AM | 6/22/2023 | The Federal Trade Commission has sued Amazon for enrolling consumers into its Prime program without their consent and making it difficult for them to cancel. Sometimes consumers were presented with the button to complete their purchase and that button was unknowingly also enrolling you into Prime. |
| News | 7:00/8:00 AM | 6/22/2023 | The Biden administration proposed new rules that would require airlines to compensate passengers whose flights are canceled because of causes, that are under the control of the airlines. If approved the airlines would offer meal vouchers, overnight accommodations, and ground transportation to and from a hotel when customers are stranded. |
| News | 6:30/7:30/8:30 AM | 6/22/2023 | The Virginia Department of Environmental Quality isn't having much luck searching for algae blooms at Smith Mountain Lake. With the cloudy skies and rain the bluegreen colored blooms are out of sight until the sun comes back out. The state is doing extra testing of the lake's water since high activity also makes the blooms hard to spot. You can report and track the algae bloom, as well as see warnings on the Virginia Department of Health's website. |
| News | 7:00/8:00 AM | 6/22/2023 | Winners of the Soap Box Derby race in Roanoke are now headed to the All-American Soap Box Derby National Championship next month in Akron, Ohio. Children and teens competed in two different age/weight classes while they learned about geometry, physics, and aerodynamics while building their cars. |
| News | 6:30/7:30/8:30 AM | 6/22/2023 | Additional vessels joined the search for the missing submersible that was touring the Titanic wreckage after more noises were heard underwater yesterday during the operation to find them. The oxygen supply is expected to run out by 8am this morning as rescue efforts continue for the five passengers. Coast Guard Air Station Elizabeth City from North Carolina is helping in the search. |
| News | 7:00/8:00 AM | 6/22/2023 | Jill Biden took India's Prime Minister on a side trip to Virginia yesterday before his formal state visit and dinner at the White House. They went to the National Science Foundation in Alexandria, Virginia, for an event highlighting workforce training programs. Tonight he will dine at the White House as President Biden hopes to firm up his relationship with him. |

| News | 6:30/7:30/8:30 AM | 6/22/2023 | Calling all Amazon shoppers! Amazon Prime Day is happening from July 11 – 12 this year. The annual event offers some of the online retailer's best deals on a variety of items, including televisions, kitchen appliances, clothing and more. As usual, more Prime Day deals and discounts will be announced as the event nears and all you need to do to take advantage of the deals is make sure you have Prime. |
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| News | 7:00/8:00 AM | 6/22/2023 | Danya Smith never intended to devote her life to baking. The 30-year-old Richmond native graduated from Virginia Commonwealth University with a Bachelor of Fine Arts in sculpture. Now she creates hyper realistic cakes inspired by the 90s and is competing in the show "is it cake?" as one of 10 chefs hoping to take home their share of a \$120,000 prize pot on June 30. |
| News | 6:30/7:30/8:30 AM | 6/23/2023 | The U.S. Coast Guard said a debris field was located near the Titanic in the search for the missing submersible with five aboard. The search passed the critical 96-hour mark Thursday when breathable air could have run out, but experts are now saying the ship imploded after the tail cone was found near the Titanic shipwreck. |
| News | 7:00/8:00 AM | 6/23/2023 | Virginia, like the rest of the country, has a shortage of healthcare workers, and it's predicted to get worse. Sentara Health hopes to inspire the next generation of medical professionals with a hands-on camp happening at Sentara CarePlex in Hampton. It's an invitation to explore different careers in the health care field. |
| News | 6:30/7:30/8:30 AM | 6/23/2023 | Heavy rain over the last several days has caused several power outages. Nearly 1500 customers were without power in Central Virginia yesterday afternoon. Thankfully Appalachian power has been able to get power restored within a few hours. |
| News | 7:00/8:00 AM | 6/23/2023 | A 28-year-old man pleaded guilty to stealing mail from USPS collection boxes at the Westhampton Post Office in Richmond. He is scheduled to be sentenced on Oct. 13 and faces a maximum penalty of five years in prison. |
| News | 6:30/7:30/8:30 AM | 6/23/2023 | The Titanic-bound submersible that went missing on Sunday with five people on board suffered an implosion, taking the lives of everyone on board. A remotely operated vehicle found the tail cone of the Titan about 1,600 feet away from the bow of the Titanic shipwreck. |
| News | 7:00/8:00 AM | 6/23/2023 | The top Republican budget negotiator says he's aiming to meet with his Democratic counterparts next week as the two sides look to reach a compromise on changes to Virginia's two-year spending plan, including a proposal for \$1 billion in tax cuts. However, they are not in a rush to agree on a deal because Virginia is in the middle of a two- |

| | | | year budget and there's no threat of a government shutdown. |
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| News | 6:30/7:30/8:30 AM | 6/23/2023 | Tropical Storm Bret is bringing winds and heavy rain to islands in the eastern Caribbean this morning. Its maximum sustained winds are 60 mph. Airports, businesses, schools, and offices are closed today, and forecasters are warning that the storm might pass directly over St. Lucia. |
| News | 7:00/8:00 AM | 6/23/2023 | Remember to drive carefully with the access rain around. A lane on US-460 was closed near Oxford Furnace Road yesterday after a car hydroplaned and flipped over. The driver was treated on the scene for minor injuries. |
| News | 6:30/7:30/8:30 AM | 6/26/2023 | Russian government troops withdrew from the streets of Moscow following a short-lived revolt by internal forces that weakened President Vladimir Putin and raised questions about his ability to wage war in Ukraine. U.S. Secretary of State said 16 months ago Putin appeared poised to seize the capital of Ukraine and now he has had to defend Moscow from forces led by his onetime protege. |
| News | 7:00/8:00 AM | 6/26/2023 | A bridge that crosses the Yellowstone River in Montana collapsed causing a freight train carrying hazardous materials to spill into the water. The train cars were carrying hot asphalt and molten sulfur. Officials shut down drinking water intakes downstream while they evaluate the danger. The cause of the collapse is under investigation. |
| News | 6:30/7:30/8:30 AM | 6/26/2023 | The National Highway Traffic Safety Administration is investigating a Ford Motor Co. recall of more than a quarter-million Explorer SUVs after receiving complaints about repairs intended to prevent the vehicles from rolling away even while placed in park. A Ford representative said the company is working with the National Highway Safety Administration on the matter. |
| News | 7:00/8:00 AM | 6/26/2023 | Norfolk has been named one of the top 10 cities for the best dog parks in the country. The survey compared 98 of the largest cities and analyzed the climate, dog park accessibility, and quality. Norfolk ranks number 10 on the list and Boise, Idaho came in first. |
| News | 6:30/7:30/8:30 AM | 6/26/2023 | Moscow had braced for the arrival of rebel forces by putting in checkpoints with armored vehicles and troops on the city's southern edge as troops marched against President Putin over the weekend. The march is 16 months after Russia launched its invasion of Ukraine, |

| | | | Europe's largest conflict since World War II. Ukrainians hoped the Russian infighting would create opportunities for their army to take back territory seized by Russian forces. |
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| News | 7:00/8:00 AM | 6/26/2023 | After three years, the pandemic-era freeze on student loan payments will end. Student loan interest will start accruing on September 1 and payments are starting in October. It might seem tempting to just keep not making payments, but the consequences include a hit to your credit score and exclusion from future benefits. |
| News | 6:30/7:30/8:30 AM | 6/26/2023 | A new online program in Virginia is aiming to address teacher shortages across the Commonwealth. The program is called iTeach and it offers an online path to getting teacher certification. You would be able to get into the classroom on a provisional license and work toward your full license online, costing around \$3,000. |
| News | 7:00/8:00 AM | 6/26/2023 | A dive crew has recovered the driver whose tractor-trailer crashed off the side of the Chesapeake Bay Bridge-Tunnel. The driver of the vehicle has been identified as Christopher Scott, 36, of Henrico. The crash and its cause are still under investigation. |
| News | 6:30/7:30/8:30 AM | 6/27/2023 | The Supreme Court is getting ready to decide some of its biggest cases of the term. The high court has 10 opinions left to release over the next week before the justices begin their summer break. Some of those decisions include student loan forgiveness, religious rights, and voting. |
| News | 7:00/8:00 AM | 6/27/2023 | Honda is recalling nearly 1.2 million vehicles in the U.S. because the rear-view camera image may not appear on the dashboard screen. The recall covers Odyssey minivans from 2018 to 2023, as well as Pilot SUVs from 2019 to 2022 and Passport SUVs from 2019 to 2023. Owners, who will be notified by letter starting July 24. |
| News | 6:30/7:30/8:30 AM | 6/27/2023 | Downed power lines caused a vehicle crash and lane closures yesterday on Interstate 64 in Virginia Beach. A Dominion power line snapped and dropped on the eastbound and westbound lanes near Indian River Rd. causing a two-vehicle crash. Police say there were no injuries reported. |
| News | 7:00/8:00 AM | 6/27/2023 | The Kids and Pros youth football camp will return to Lynchburg and Danville later this summer. The camp, led by former NFL player Buddy Curry from the Atlanta Falcons, visits. Lynchburg City Stadium on July 17th, and Danville's Averett University on July 18th. Both events are free to athletes ages 7-13. |

| News | 6:30/7:30/8:30 AM | 6/27/2023 | President Joe Biden said that the United States and NATO were not involved in the short-lived insurrection in Russia and that it's too early to assess the impact on the war in Ukraine. President Biden also spoke with Ukraine's President about the situation and said he intends to speak |
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| News | 7:00/8:00 AM | 6/27/2023 | with him again this week. Interstate 95 in Philadelphia has reopened after a deadly collapse, when a truck on fire caused the highway above to buckle. The temporary fix allowed the interstate to reopened ahead of schedule. There will be no shoulders on the roadway, and drivers are asked to drive carefully as workers continue to build a permanent replacement. |
| News | 6:30/7:30/8:30 AM | 6/27/2023 | A dorm that's been closed since late 2021 is now officially on Virginia Commonwealth University's capital projects to-do list. The university Board of Visitors added a \$70 million renovation project at Johnson Hall, in addition to other new projects. |
| News | 7:00/8:00 AM | 6/27/2023 | Somebody deserves a round of a-paws! A new pooch has been crowned "World's Ugliest Dog." Scooter, a 7-year-old hairless Chinese Crested dog was honored with the top prize at the Sonoma Fair in California. |
| News | 6:30/7:30/8:30 AM | 6/28/2023 | The Supreme Court rejected a legal theory that would have reshaped how federal elections are conducted by giving state legislatures unchecked power to set rules for federal elections and to draw congressional maps. They said that the Elections Clause in the constitution does not protect state legislatures from the ordinary exercise of judicial review just like other areas of government. |
| News | 7:00/8:00 AM | 6/28/2023 | If you typically take advantage of the annual sales tax holiday weekend usually held in August, then there's some bad news. It's not happening this year. The sales tax holiday expires on July 1 and it has not been renewed. That weekend was normally when many would shop for school supplies because they were part of the tax exemption. |
| News | 6:30/7:30/8:30 AM | 6/28/2023 | The Lynchburg Police Department is investigating after receiving multiple reports of scam phone calls. LPD said that a caller is impersonating an LPD Detective to try and obtain money. Anyone with information about the scam should contact LPD, an \$1,000 reward is up for information on this case. |
| News | 7:00/8:00 AM | 6/28/2023 | Soon, a new host will be telling "Wheel of Fortune" contestants to "spin the wheel." Two weeks after Pat Sajak, host of the show for the last four decades, announced his retirement, Ryan Seacrest the host of American Idol said he will be taking over starting in 2024. |

| News | 6:30/7:30/8:30 AM | 6/28/2023 | President Joe Biden announced plans to distribute \$42.5 billion nationwide to provide reliable and affordable internet service for every home and business in the U.S. by 2030. Achieving that ambitious goal could transform places and allow new businesses, remote learning, telemedicine, and other services that require reliable internet service. |
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| News | 7:00/8:00 AM | 6/28/2023 | The Ford Motor Co. is planning to cut at least 1,000 employees in North America, largely from its engineering department. The company began informing some salaried employees that their jobs will be cut in the following weeks. |
| News | 6:30/7:30/8:30 AM | 6/28/2023 | The Norfolk Animal Care & Adoption Center's dog kennels are at critical capacity, and you can help! They are waiving all dog adoption fees for a "Red, White and Woof" promotion for the Fourth of July. The special adoption event runs through July 9 and includes spay and neuter, vaccinations, and microchipping. |
| News | 7:00/8:00 AM | 6/28/2023 | The Lynchburg community will gather by the hundreds on Friday evening for a special event to ring in the Independence Day holiday. The Downtown Lynchburg Association is hosting "Fireworks on the Riverfront" for the third consecutive year. The display will begin just after dark, approximately 9:15 p.m., and visitors are encouraged to arrive any time after 6 p.m. to enjoy music, food, and activities. |
| News | 6:30/7:30/8:30 AM | 6/29/2023 | Today is the biggest travel day of the holiday weekend so hopefully you packed your patience. Travelers are getting hit with delays and cancelations at U.S. airports again with most being along the East Coast as travel has picked up steadily every year since the pandemic. Understaffing is being blamed for the issues. |
| News | 7:00/8:00 AM | 6/29/2023 | Simone Biles is back. The gymnastics superstar plans to return to competition at the U.S. Classic outside Chicago in early August, her first event since the 2020 Tokyo Olympics where she got the twisties and sat out of the competition. USA Gymnastics announced that she is part of the women's field for the single-day event set for Aug. 5. She has also hinted at the Paris Olympics next year. |
| News | 6:30/7:30/8:30 AM | 6/29/2023 | Top Virginia legislators said that talks in Richmond about the updates to the state budget have broken down and negotiators have been sent home. Republicans who control the House of Delegates and Democrats who control the Senate have been at odds for months over adjustments to the spending plan that was signed into law last year. |

| News | 7:00/8:00 AM | 6/29/2023 | The Princess Anne Library in Virginia Beach is helping you enjoy you summer by allowing users to check out surfboards, gardening tools, pickleball sets, and more. The "Explore Outdoors Collection" allows members to use their library cards to check out an item for free for up to 3 weeks. For now, it is a test program until they find out how long the products last, then they will refine it and expand it to other libraries. |
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| News | 6:30/7:30/8:30 AM | 6/29/2023 | Drifting smoke from the wildfires in Canada has created haze across the United States, pushing into southern Illinois, Indiana, and Ohio, and moving into parts of West Virginia and Virginia. The AirNow.gov site listed air quality as "very unhealthy" in many places. There are still over 100 fires burning in Canada covering around 19.5 million acres. |
| News | 7:00/8:00 AM | 6/29/2023 | Parts of the 22-foot submersible came ashore at a Canadian Coast Guard pier from the lost submersible Titan and have become part of an investigation into why it imploded, taking the lives of all five on board during its voyage to the wreck of the Titanic. The National Transportation Safety Board has said the Coast Guard has declared the loss of the Titan to be a "major marine casualty" and the Coast Guard will lead the investigation. |
| News | 6:30/7:30/8:30 AM | 6/29/2023 | While some airports are dropping flights rights now, Lynchburg Regional Airport hopes they can add some. Right now, they are looking at creating additional flights to Charlotte and a new non-stop flight to Chicago. It would take about \$600,000 in grant money from the Department of Transportation for this to happen. |
| News | 7:00/8:00 AM | 6/29/2023 | A 35-acre solar farm is coming to a former landfill in the Campostella area of Norfolk. Norfolk City Council unanimously approved the project. The agreement also allows for residents to save an estimated 5-10% on their electric bill by signing up for a community solar program. |
| News | 6:30/7:30/8:30 AM | 6/30/2023 | The Mountain Valley Pipeline project has been given the green light after years of pushback. This week, the Federal Energy Regulatory Commission granted all remaining permits needed to continue construction on the pipeline. There are only 20 miles left to build and estimates show it could be done by the end of the year. |
| News | 7:00/8:00 AM | 6/30/2023 | A new enterprise to prevent veteran's from taking their own lives launched yesterday backed by \$41 million in grant money. "Face the Fight" has the bold goal of cutting the veteran death rate in half by 2030 by seeking to break the stigma around asking for help, fostering conversations about the issue, and complement existing prevention efforts from the Department of Veterans Affairs. |

| News | 6:30/7:30/8:30 AM | 6/30/2023 | LewisGale's Behavioral Health Hospital is making the move from Salem to Botetourt County. The hospital aims to provide in-patient and out-patient services, including adolescent programs, adult programs, alcohol and drug treatment and crisis evaluation. |
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| News | 7:00/8:00 AM | 6/30/2023 | The Lynchburg Humane Society is waiving adoption fees for National Adoption Weekend. The shelter is teaming up with Best Friends Animal Society now through July 2. If you're interested in adopting stop by the Lynchburg Humane Society from 12 p.m. to 7 p.m. today or 11 a.m. to 5 p.m. tomorrow or Sunday. |
| News | 6:30/7:30/8:30 AM | 6/30/2023 | Americans 60 and older can get a new RSV vaccine but should discuss it with their doctor first. The newly approved vaccines are expected to be ready in the fall, a time when flu shots and updated COVID-19 shots will also be available. Adults with chronic heart or lung disease, weakened immune systems and those living in long-term care facilities are at higher risk for the respiratory infection. |
| News | 7:00/8:00 AM | 6/30/2023 | Chesterfield Police are implementing a crime hub in the county. It's basically a public safety hub where law enforcement can have all their crime-fighting technologies in one place, allowing for constant camera surveillance, immediate access to identifying information, and tracking emergencies as they happen. Multiple jurisdictions across the country and in Virginia have established these centers or are in the process of creating one, including Richmond and Norfolk. |
| News | 6:30/7:30/8:30 AM | 6/30/2023 | Virginians can't add blue headlights to their cars, motorcycles, bicycles, or mopeds starting tomorrow. A new state law taking effect July 1 will ban installing all aftermarket modifications that cause the headlights to appear as a blue. The concern is drivers can't see due to glare when approaching a car with blue headlights during the night. |
| News | 7:00/8:00 AM | 6/30/2023 | A community-wide, 24-hour online event that engages New River Valley nonprofits in raising funds and awareness for 115 organizations has kicked off. The Give Local NRV Giving Day has raised more than \$500,000 each year for the last two years. This year already more than \$600,000 has been raised so far. |