

**2024 FIRST QUARTERLY REPORT  
KNDD HD-2  
KNDD HD CH-2  
SEATTLE, WASHINGTON**

**QUARTERLY ISSUES/PROGRAMMING REPORT FOR THE FIRST  
QUARTER, JANUARY 1 – MARCH 31, 2024:**

**KNDD HD-2 PUBLIC AFFAIRS PROGRAMMING:**

"CONVERSATIONS" is comprised of 4, 12:30 minute interviews airing on Sundays between 6:00 – 7:00am. It's hosted and produced by AUDACY's Public Affairs hosts Greg Shishman, Ron Koons and Doug Duin, which focuses on a wide variety of issues that affect people in the greater Puget Sound area. Their guests include individuals from business, medicine, government, environmental and education groups. Four 'Conversations' shows air over the course of an hour for a total of 60 minutes. Contact: Danny Vigil, 206-577-8600.

KNDD 107.7 FM PUBLIC AFFAIRS PROGRAMMING SORTED BY DATE  
BY ISSUE AS DETERMINED THROUGH INTERVIEWS DONE WITH  
INDIVIDUALS AND LOCAL RESIDENTS ON A QUARTERLY BASIS.

ASCERTAINED COMMUNITY ISSUES:

1. BUSINESS/ECONOMY/LABOR/TECHNOLOGY
2. COMMUNITY ACTIVITIES/FAMILIES/YOUTH
3. CRIME/DRUG ABUSE/VIOLENCE
4. EDUCATION/CULTURE/COMMUNICATION
5. ENVIRONMENT/TRANSPORTATION
6. GOVERNMENT/TERRORISM
7. HEALTH
8. AGING/GENDER-SPECIFIC/MINORITIES/POVERTY

DESCRIPTION OF ASCERTAINED ISSUES:

1. BUSINESS/ECONOMY/LABOR/TECHNOLOGY – INCLUDING ISSUES AFFECTING THE ECONOMIC CONDITION OF THE PUGET SOUND REGION, THE OUTLOOK FOR EMPLOYMENT AND IT'S RAMIFICATIONS, INFLATION, JOB TRAINING, LABOR RELATIONS, FOREIGN TRADE, THE INTERNET AND INTERNET ISSUES, TECHNOLOGY, CONSUMER ISSUES AND ISSUES AFFECTING ENTREPRENEURS.

2. COMMUNITY ACTIVITIES/ FAMILIES/ YOUTH – INCLUDING ISSUES REGARDING NEIGHBORHOODS, FAMILIES, YOUNG PEOPLE, COMMUNITY

ORGANIZING, NEIGHBORHOOD ASSOCIATIONS, PARENTING SKILLS, CHILD SUPPORT, MARRIAGE, DIVORCE, ABUSE, NEGLECT, CHILD SUPPORT, AND OTHER ISSUES.

3. CRIME/DRUG ABUSE/VIOLENCE – INCLUDING POLICE/COMMUNITY RELATIONS, GANG ACTIVITIES, GUN CONTROL, LAW ENFORCEMENT, THE CRIMINAL JUSTICE SYSTEM, THE CORRECTIONAL SYSTEM, REHABILITATION, DRUNK DRIVING, RECOVERY, ILLEGAL DRUGS, SUBSTANCE ABUSE REHABILITATION, FIRE FIGHTING, AND OTHER ISSUES INVOLVING VIOLENCE.

4. EDUCATION/ARTS/CULTURE– INCLUDING CHILDHOOD EDUCATION, PUBLIC EDUCATION, REFORM EFFORTS, SCHOOL BUSING, SCHOOL VIOLENCE, HIGHER EDUCATION, THE ADULT ROLE IN CHILDREN'S EDUCATION, ADULT EDUCATION, THE IMPORTANCE OF CREATIVE ENDEAVORS INCLUDING THE ARTS, LITERATURE, POETRY, AND COMPUTER, INTERNET, AND RELATED ISSUES SUCH AS ACCESS, LIABILITY AND CENSORSHIP ISSUES, AND CULTURAL ISSUES.

5. ENVIRONMENT/TRANSPORTATION – INCLUDING AIR AND WATER POLLUTION, FOREST ISSUES, SOLID WASTE DISPOSAL, RECYCLING, ALTERNATIVE ENERGY, ENDANGERED AND THREATENED SPECIES, ANIMAL RIGHTS, CONSERVATION, SCIENCE AND SCIENCE ISSUES, TRANSPORTATION, FOOD SYSTEM SUSTAINABILITY ISSUES, WEATHER PHENOMENON AND NATURAL DISASTERS.

6. GOVERNMENT/TERRORISM – INCLUDING GOVERNMENT SPENDING, GOVERNMENT SERVICES, GOVERNMENT ABUSES, TERRORISM AGAINST THE GOVERNMENT/OR COUNTRY, ANTI-TERRORISM MEASURES, PEOPLES' REACTIONS TO TERRORISM, TAXES, ELECTIONS, CAMPAIGN FINANCE REFORM AND OTHER REFORM EFFORTS, THIRD PARTY ACTIVITIES, AND GENERAL POLITICAL DEBATE.

7. HEALTH (WELLNESS) – INCLUDING NUTRITION, PHYSICAL FITNESS, MENTAL HEALTH, PREVENTIVE HEALTH CARE, GOVERNMENT HEALTH CARE POLICY, NATIONAL AND LOCAL REFORM EFFORTS AND ALTERNATIVE MEDICAL PRACTICES, AND TOTAL WELLNESS AMONG OTHER ISSUES.

8. AGING/GENDER-SPECIFIC/MINORITIES/POVERTY ISSUES – INCLUDING DISCRIMINATION AND OTHER PROBLEMS SPECIFIC TO RACIAL OR ETHNIC MINORITIES, IMMIGRATION ISSUES, PEOPLE WHO ARE DISABLED, WOMEN, MEN, SENIOR CITIZENS, GAYS AND LESBIANS, RELIGIOUS GROUPS, COVERAGE OF ISSUES REGARDING SPIRITUALITY, AND ISSUES AFFECTING PEOPLE WHO ARE HOMELESS, AND PEOPLE WHO GO WITHOUT REGULAR MEALS LOCALLY AND GLOBALLY.

**KNDD HD-2 PUBLIC AFFAIRS PROGRAMMING FOR: JANUARY 1 – MARCH 31, 2024:**

**CONVERSATIONS:**

Guest: Jane Buckner

Contact: [dhowland@feareygroup.com](mailto:dhowland@feareygroup.com)

Link: <https://www.benaroyaresearch.org/>

Airdate: 01-07-24

Category: HEALTH/WELLNESS

Description: BRI is powering discoveries in order to learn how to rebalance the immune system in all autoimmune and immune system diseases. Their ultimate goal is to achieve a healthy immune system for each individual.

LENGTH: 12:38

Guest: Shannon Walker

Contact: [ceo@nwbb.org](mailto:ceo@nwbb.org)

Link: <https://northwestbattlebuddies.org/>

Airdate: 01-07-24

Category: COMMUNITY/ACTIVITIES/FAMILIES/YOUTH

Description: Shannon is the CEO and founder of NWBB. She is dedicated to training service dogs for local veterans suffering from PTSD.

LENGTH: 13:08

Guest: Dominique Alex

Contact: [Linda Mitchell](#)

Link: [marysplaceseattle.org](http://marysplaceseattle.org)

Airdate: 01/07/24

Category: FAMILIES/GENDER-SPECIFIC

Description: Dominique Alex talks to us about the homeless crisis, and the work being done by Mary's Place to help. She talks about the programs available, and resources that Mary's Place provides.

LENGTH: 13:13

Guest: Heather Snavely

Contact: [jgairrett@feareygroup.com](mailto:jgairrett@feareygroup.com)

Link: [aaa.com](http://aaa.com)

Airdate: 01-14-23

Category: ENVIRONMENT/TRANSPORTATION

Description: AAA is on a mission to keep Washington green. They have had a big and growing focus on improving the electric vehicle infrastructure in Washington from putting in new charging stations, to hosting battery health & recycling events, to the region's first-of-its-kind mobile charging unit, and more.

LENGTH: 12:44

Guest: Michael Mathis

Contact: [bcrfdirector@gmail.com](mailto:bcrfdirector@gmail.com)

Link <https://www.burnedchildrenrecovery.org/>

Airdate: 01-14-23

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description: The BCRF helps children deal with the physical and emotional trauma of surviving severe burns.

LENGTH: 12:42

Guest: Christina Gerhardt

Contact: Javier Perez

[pgturnerpub@aol.com](mailto:pgturnerpub@aol.com)

Link:

Airdate: 01/14/24

Category: CULTURE/GOVERNMENT/ENVIRONMENT

Description: Christina talks about the rising sea level and it's effect not only on island nations, but coastal cities and the impact it will have on the rest of the world.

Guest: Scott Cleveland, VP of Program Ministries

Contact: Ashley Carver

Marketing Manager

Seattle's Union Gospel Mission

3800 S Othello St, Seattle WA 98118

206-723-0767 ext 427 | acarver@ugm.org

Link: [ugm.org](http://ugm.org)

Airdate: 1/14/24

Category: SPIRITUALITY, CRIME/DRUG ABUSE/VIOLENCE, GOVERNMENT

Description: The hard work that Union Gospel Mission does to lookout for people on the streets, our homeless population in Seattle. It's more than just shelter we're talking about today.

LENGTH: 13:11

Guest: John Park

Contact: [jwpark44@comcast.net](mailto:jwpark44@comcast.net)

Link <https://www.fisherhousevaps.org/>

Airdate: 01-21-24

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description The Fisher House is a local nonprofit organization established to ease the burden of our Military and Veteran families during difficult times

LENGTH: 13:23

Guest: Caleb Marshall

Contact: [cmarshall@rtseattle.org](mailto:cmarshall@rtseattle.org)

Link: [rtseattle.org](http://rtseattle.org)

Airdate: 01-21-24

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description: Rebuild Together Seattle serves low-income homeowners who are elderly, living with a disability, families with children, or veterans in need. We also serve nonprofit organizations in need of facility repairs.

LENGTH: 13:54

Guest: Alicia Crank

Contact: Alicia Crank

AliciaC@atworkwa.org

Link: atworkwa.org

Airdate: 01/21/24

Category: HEALTH/WELLNESS/COMMUNITY

Description: Alicia talks about programs to help disabled individuals find independence, self worth and sense of community through employment opportunities

LENGTH: 13:15

Guest: Luke Minor

Contact: Luke Minor

lucasm@wsac.wa.gov

Link: <https://529.wa.gov/>

Airdate: 1/21/24

Category: FAMILIES/YOUTH, GOVERNMENT, EDUCATION/ARTS/COMMUNICATION/CULTURE

Description: Today we're all about helping you save and plan to send kids to college with programs offered by Washington state.

LENGTH: 13:55

Guest: Alicia Crank

Contact: Alicia Crank

AliciaC@atworkwa.org

Link: atworkwa.org

Airdate: 01/28/24

Category: CRIME/CULTURE/FAMILIES/YOUTH

Description: Amy Friedman, author, editor and cofounder of POPS the club stops by to talk about the lives of children living with a parent behind bars. The challenges children face when a parent is incarcerated is not often talked about, and with 1 in 14 children having a parent who is or has been incarcerated, she talks about their needs and the work being done at the Pathfinder Club to help connect those children, and provide them with resources to navigate this challenging time.

LENGTH: 13:35

Contact: Jess Karpilo

King County Library System Foundation

Office: 425.369.3262

Link: <https://www.kclsfoundation.org/>

Airdate:

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH, GOVERNMENT, EDUCATION/ARTS/COMMUNICATION/CULTURE

Description: 1/28/24

Seattle is in King County but there are both Seattle public libraries and King County - why? Today we find out the differences but also the similarities and cooperation between the two entities and programs and opportunities for the community to have free services to improve their lives.

LENGTH: 12:30

## **I'm Listening / January / Mental Health Seg 1**

Guest: Dr. Christine Moutier, AFSP and Paul Augustyniak, AFSP

Contact: David O'Leary, Host

Link:

Airdate: 01-28-2024

Category: Mental Health

Description: Talk Away the Dark: How to Have Open and Honest Conversations with Loved Ones. We speak with Dr. Christine Moutier, Chief Medical Officer for the American Foundation for Suicide Prevention and Paul Augustyniak about how to have open and honest conversations with loved ones about suicide, suicidal ideation. Through a series of open and honest conversations we demonstrate the importance of talking to people directly about suicide and show what those conversations help to prevent suicide and give people hope.

LENGTH: 12:30

### **I'm Listening / January / Mental Health Seg 2**

Guest: Dr. Christine Moutier, AFSP and Paul Augustyniak, AFSP

Contact: David O'Leary, Host

Link:

Airdate: 01-28-2024

Category: Mental Health

Description: Talk Away the Dark: How to Have Open and Honest Conversations with Loved Ones. We speak with Dr. Christine Moutier, Chief Medical Officer for the American Foundation for Suicide Prevention and Paul Augustyniak about how to have open and honest conversations with loved ones about suicide, suicidal ideation. Through a series of open and honest conversations we demonstrate the importance of talking to people directly about suicide and show what those conversations help to prevent suicide and give people hope.

LENGTH: 12:30

Guest: Ryan Orrison

Contact: ryan@seattleapg.com

Link:<https://seattleapg.org/>

Airdate: 02-04-24

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description: Bridges is A Safe, Sober Space For Teens To Recover. We are a youth peer support group for adolescents in recovery from addiction serving the greater Seattle area. Our services are empirically based and effective at providing both immediate and long-term benefits to teens living with addiction.

LENGTH: 12:28



Guest: [Denise Burnside](#)

Contact: [Denise Burnside](#)

[denise@smashseattle.org](mailto:denise@smashseattle.org)

Link: [www.smashseattle.org](http://www.smashseattle.org)

Airdate: 02/04/24

Category: ARTS/HEALTH/WELLNESS

Description: Denise talks about the seattle music scene and how musicians face barriers to access health care. She talks about how SMASH works to eliminate those barriers and help find and fund the health needs of our local musicians.

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LENGTH: 13:37

Guest: Rebecca Murch

Contact: [rmurch@theseattlestanddown.org](mailto:rmurch@theseattlestanddown.org)

Link: <https://theseattlestanddown.org/index.html>

Airdate: 02-04-24

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description: Peace, Hope, and Dignity for all who have served. A community where every Veteran counts and never stands alone in their time of need.

LENGTH: 12:54

Contact: Jess Karpilo

King County Library System Foundation

Office: 425.369.3262

Link: <https://www.kclsfoundation.org/>

Airdate: 2/4/24

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH, GOVERNMENT, EDUCATION/ARTS/COMMUNICATION/CULTURE

Description:

Seattle is in King County but there are both Seattle public libraries and King County - why? Today we find out the differences but also the similarities and cooperation between the two entities and programs and opportunities for the community to have free services to improve their lives.

LENGTH: 12:30

Guest: Chase Gunnell

Puget Sound Region Communications Manager

Washington Department of Fish and Wildlife

Contact: Chase.Gunnell@dfw.wa.gov

Link: <https://wdfw.wa.gov/>

Airdate: 2/4/24

Category: Environment, Government, Community Activities, Labor, Minorities

Description:

The department of fish and wildlife serves so many purposes and covers so much area in a big western state like Washington. Today we'll find out some of those specifics, what critters are impacted - presumably fish and other wildlife - and how it impacts the humans around the animals. Plus, we'll find out more about how the WA Department of Fish and Wildlife works with tribal communities to manage wildlife populations.

LENGTH: 12:30

Guest: Dan Jaffee

Contact: [Javier Perez](#)

[pgtturnerpub@aol.com](mailto:pgtturnerpub@aol.com)

Link:

Airdate: 02/11/24

Category: GOVERNMENT/HEALTH/ENVIRONMENT

Description: Daniel Jaffee, author of the book 'Unbottled' stops by to have a conversation about the water bottle crisis and the fight against it. We talk about the effects of water bottles on community, social groups, and the planet. In addition, Daniel talks about what is being done to make water more available, as well as the actions of social groups to reduce our reliance on packaged water.

LENGTH: 13:31

Guest: Maria Novotny

Contact: [Javier Perez](#)

pghturnerpub@aol.com

Link:

Airdate: 02/11/24

Category:HEALTH/WELLNESS/ENVIRONMENT

Description: There are some topics that don't get discussed a lot, or can be somewhat taboo to discuss in social circles, so Maria Novotny stops by to discuss infertility and help break the stigma. She discusses the many causes, treatment options, and support available to those dealing with infertility. Maria is an author, and co-editor of the book, 'Infertilities: a curation'

LENGTH: 12:58

### **Audacy Conversations-State of the Entertainment Industry / February / Seg 1**

Guest: Ron Perlman, Cynthia Littleton-Variety, Karina Manashil-Mad Solar Productions, Patrick Gomez-Entertainment Weekly, Duncan Crabtree Ireland-SAG/AFTRA

Contact: KNX Charles Feldman and Mike Simpson-Hosts

Link:

Airdate: 02-18-2024

Category: Media/Entertainment

Description: Hollywood has always reflected the changing world around it. But we are at a reflection point, coming off a 6 month strike. Streaming services are on the rise and older business models are falling. We discuss what the future of what the entertainment industry looks like and what it means for what we will see and consume.

LENGTH: 12:58

## **Audacity Conversations-State of the Entertainment Industry / February / Seg 2**

Guest: Ron Perlman, Cynthia Littleton-Variety, Karina Manashil-Mad Solar Productions, Patrick Gomez-Entertainment Weekly, Duncan Crabtree Ireland-SAG/AFTRA

Contact: KNX Charles Feldman and Mike Simpson-Hosts

Link:

Airdate: 02-18-2024

Category: Media/Entertainment

Description: Hollywood has always reflected the changing world around it. But we are at a reflection point, coming off a 6 month strike. Streaming services are on the rise and older business models are falling. We discuss what the future of what the entertainment industry looks like and what it means for what we will see and consume.

LENGTH: 12:58

Guest: John Simpson

Contact: johns@bethanycompassioncenter.com

Link: bethanycompassioncenter.com

Airdate: 02-25-23

Category: AGING/GENDER-SPECIFIC/MINORITIES/SPIRITUALITY

Description: The Bethany Compassion Center was founded by The Bethany Church in Everett. Their goal is to help the community.

LENGTH: 12:35

Guest: Kaylee Jaech

Contact: kaylee@issaquahteencafe.org

Link: <https://www.issaquahteencafe.org/>

Airdate: 02-25-23

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description: The Garage provides a safe, after-school drop-in place for teens where they can gather with their friends and access programming and services as needed.

LENGTH:13:23

Guest: Yasmina Dorrough

Contact:ashley@iwantrest.com

Link: <https://iwantrest.com/>

Airdate: 3-3-24

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description: REST offers holistic, survivor-centered services, seeking to walk alongside survivors of sex trafficking no matter where they are in their healing journey.

LENGTH: 12:33

Guest: Shana Pennington-Baird

Contact: [Valerie Koch](#)

Link: heart.org

Airdate: 02/25/24

Category:HEALTH/WELLNESS/ENVIRONMENT

Description: There are some topics that don't get discussed a lot, or can be somewhat taboo to discuss in social circles, so Maria Novotny stops by to discuss infertility and help break the stigma. She discusses the many causes, treatment options, and support available to those dealing with infertility. Maria is an author, and co-editor of the book, 'Infertilities: a curation'

LENGTH: 12:58

Shana talks with us about living with heart disease, and her experience. She gives us info on how we can help support the American Heart Association's Go Red for Women campaign, and gives us her insight on ways to mitigate risks, and manage heart disease.

Guest: Kia Guarino

Contact: Sarah Muir

[sarahmuir@prochoicewashington.org](mailto:sarahmuir@prochoicewashington.org)

Link: [prochoicewashington.org](http://prochoicewashington.org)

Airdate: 02/25/24

Category: FAMILIES/HEALTH/WELLNESS/GOVERNMENT/GENDER-SPECIFIC

Description: Executive Director of Pro Choice Washington, Kia Guarino joins us again to talk about the state of abortion access both federally and locally in Washington state. Where we're at, the fight ahead to make sure that this essential medical procedure is protected, and steps you can take to get involved.

LENGTH: 13:02

Guest: Bob Keefe

Contact: Javier Perez

[pgturnerpub@aol.com](mailto:pgturnerpub@aol.com)

Link: [e2.org](http://e2.org)

Airdate: 03/03/24

Category: ENVIRONMENT/GOVERNMENT/HEALTH/ECONOMY/BUSINESS

Description: Bob talks about how the inflation reduction act and the debt ceiling limits work, and how the conversation about them should be shaped.

LENGTH: 13:28

Guest: Jane Spinak

Contact: Javier Perez

[pgturnerpub@aol.com](mailto:pgturnerpub@aol.com)

Airdate: 03/03/24

Category: GOVERNMENT/FAMILIES/YOUTH

Description: Jane M. Spinak indicts our family court system for its long history of failures and legacy of harm and makes a compelling case that dismantling the family court is a critical part of abolishing family policing and radically reimagines care for children without destructive state interventions

LENGTH: 13:48

Guest: Victor Zamora

Contact: Victor Zamora

Executive Director

e: victor.zamora@mindsmatterseattle.org

m: 206.369.4187

Link: <https://mindsmatterseattle.org/>

Airdate: 3/3/24

Category: EDUCATION/ARTS/COMMUNICATION/CULTURE, MINORITIES, FAMILIES/YOUTH

Description:

Minds Matter are the connection point we need between kids that have potential to be the thought leaders of the future and the educational opportunities they need to succeed. It's never been more expensive to get post-public highschool education than in 2024 but we can't as a culture leave some of our best minds behind and today we'll learn how to bring them along!

LENGTH: 12:30

Guest: Daniel Keene

Contact: [Thevalhallaflagproject@gmail.com](mailto:Thevalhallaflagproject@gmail.com)

Link: <https://thevalhallaflagproject.com/>

Airdate: 3-10-24

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description: Ensure every veteran who passes in my current hospital is given the opportunity to have a Final Salute shortly after death.

LENGTH: 12:36

Guest: Bob Keefe

Contact: Javier Perez

[pgturnerpub@aol.com](mailto:pgturnerpub@aol.com)

Link: [e2.org](http://e2.org)

Airdate: 03/10/24

Category: ENVIRONMENT/GOVERNMENT/HEALTH/ECONOMY/BUSINESS

Description: Bob talks about how the inflation reduction act and the debt ceiling limits work, and how the conversation about them should be shaped.

LENGTH: 13:28

Guest: Jane Spinak

Contact: Javier Perez

[pjturnerpub@aol.com](mailto:pjturnerpub@aol.com)

Airdate: 03/10/24

Category: GOVERNMENT/FAMILIES/YOUTH

Description: Jane M. Spinak indicts our family court system for its long history of failures and legacy of harm and makes a compelling case that dismantling the family court is a critical part of abolishing family policing and radically reimagines care for children without destructive state interventions

LENGTH: 13:48

Guest: Tony Lopez

Contact: Tony Lopez

[tony.lopez@knowobstacles.org](mailto:tony.lopez@knowobstacles.org)

Link: [knowobstacles.org](http://knowobstacles.org)

Airdate: 3/10/24

Category: MINORITIES/SPIRITUALITY, COMMUNICATION/CULTURE

Description:

Tony's story is one of surviving and persevering as in childhood he overcame what surely could have been a death sentence to now half a life later be talking to us about breaking down barriers and surviving. We'll hear his story now on Conversations.

LENGTH: 13:30

### **I'm Listening / March / Mental Health Seg 1**

Guest: Victor Armstrong-AFSP, Steve Siple-AFSP Contributor

Contact: David Glover, Host

Link:



Airdate: 03-17-2024

Category: Mental Health

Description: Talk Away the Dark: How to Have Open and Honest Conversations with Men. Men are less likely to talk about their mental health struggles than women, which is why it's so important to break down stigma and open the door for these conversations. Community and friendships are huge protective factors against suicide. We seek to emphasize the critical role that asking someone directly about suicide plays in suicide prevention and demonstrate how to have supportive conversations with loved ones about mental health and suicide prevention.

LENGTH: 13:30

### **I'm Listening / March / Mental Health Seg 2**

Guest: **Alex Silva-AFSP, Dan Miller-Wounded Warrior Project and Dr. Erin Fletcher-Wounded Warrior Project**

Contact: David Glover, Host

Link:

Airdate: 03-17-2024

Category: Mental Health

Description: Talk Away the Dark: How to Have Open and Honest Conversations with Military and Veterans. Veteran populations face difficulties transitioning from military life and have higher rates of suicide compared to the civilian population. We seek to Understand how Veteran and military culture contributes to existing stigmas is essential to being open about mental health challenges and encouraging those who need it to seek help. Support and resources are available for Veterans that can make a major difference to save lives.

LENGTH: 13:30

Guest: Jeffrey Steuby

Contact: jeffrey.steuby@seattle.gov

Link: <https://seattlepolicefoundation.org/courageous-lions/>

Airdate: 03-24-24

Category: CRIME/DRUG ABUSE/VIOLENCE

Description: Each of the Seattle Police Department's five precincts plus headquarters will be equipped with a supply of plush lions, blank certificates of courage, and informational brochures from the Harborview Abuse and Trauma Center.

LENGTH: 12:22

Guest: Michael Mathis

Contact: [bcrfdirector@gmail.com](mailto:bcrfdirector@gmail.com)

Link <https://www.burnedchildrenrecovery.org/>

Airdate: 03-24-23

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description: The BCRF helps children deal with the physical and emotional trauma of surviving severe burns.

LENGTH: 12:42

Guest: Charley Rawlings and Dee England

Contact: [Charley.Rawlings@seattle.gov](mailto:Charley.Rawlings@seattle.gov)

Airdate: 03/24/24

Category: GOVERNMENT/FAMILIES/YOUTH/COMMUNITY ACTIVITIES

Description: Charley and Dee talk about the Associated Recreation Council's annual Fund the Fun breakfast, which this year supports Seattle Swim and No More Under, and anti-drowning initiative aimed at providing more access and instruction in swimming.

LENGTH: 13:01

Guest: Kevin Dixon - Assistant Director of the Working Families Tax Credit Division at the Washington State Department of Revenue

Contact: Perla Gamboa

[PerlaG@dor.wa.gov](mailto:PerlaG@dor.wa.gov)

Link: [dor.wa.gov](http://dor.wa.gov)

[www.workingfamiliescredit.wa.gov](http://www.workingfamiliescredit.wa.gov)

Airdate:

Category: GOVERNMENT, FAMILIES, MINORITIES, ECONOMY

Description: 3/24/24

The Washington Family Tax Credit is a program to return money to families that need it most and the process to apply is rather straightforward and easily available. Learn what the criteria is to access it and the process to get started.

LENGTH: 12:30

Guest: Anita Isler

Contact: anita@colonstars.org

Link:<https://www.colonstars.org/>

Airdate: 3-31-24

Category: HEALTH/WELLNESS

Description: Colorectal cancer is the second leading cancer killer in the United States. Our vision is to provide exceptional, quality information to every life we touch.

LENGTH: 12:43

Guest: Brandon Macz

Contact: brandon@seattlehumane.org

Link:[seattlehumane.org](http://seattlehumane.org)

Airdate: 03/31/2023

Category: COMMUNITY ACTIVITIES/WELLNESS

Description: Brandon talks about the various services that Seattle Humane offers, including vet services, pet food banks and adoption. He talks about the challenges pet owners and pets face in the current economic situation and what you can do to help as well as the upcoming Tuxes and Tails Gala

LENGTH: 13:24

Guest: Maggie Humphreys

Contact: Lisa Lederer @ MomsRising

202-371-1996

Link: [momsrising.org](http://momsrising.org)

Airdate: 3/31/24

Category: EDUCATION/ARTS/COMMUNICATION/CULTURE, GOVERNMENT, GENDER-SPECIFIC/MINORITIES

Description:

MomsRising which started here in Washington state found some significant success in the passing of house bill 2331 pertaining to banned books in libraries in Washington. We learn how and about the organization.

LENGTH: 12:30

Guest: Kevin Dixon - Assistant Director of the Working Families Tax Credit Division at the Washington State Department of Revenue

Contact: Perla Gamboa

[PerlaG@dor.wa.gov](mailto:PerlaG@dor.wa.gov)

Link: [dor.wa.gov](http://dor.wa.gov)

[www.workingfamiliescredit.wa.gov](http://www.workingfamiliescredit.wa.gov)

Airdate:

Category: GOVERNMENT, FAMILIES, MINORITIES, ECONOMY

Description: 3/31/24

The Washington Family Tax Credit is a program to return money to families that need it most and the process to apply is rather straightforward and easily available. Learn what the criteria is to access it and the process to get started.

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