

Issue	Organization	Date/Time/Duration	Program Segment		
Education, Remediation of Poverty, Pandemic Information	Center for Disease Control	October 1 - TFN, 2020	COVID-19, or Novel Coronavirus, is a new respiratory virus. The symptoms of COVID-19 are fever, cough, difficulty breathing, and severe respiratory illness. Symptoms may appear in as few as 2 or as many as 14 days. If any of these apply to you, call your medical provider. To prevent the spread of COVID-19, wash your hands with soap and water, avoid touching your face with unwashed hands, avoid contact with people who are sick, disinfect frequently touched surfaces, stay home when you are sick, and cough or sneeze into a tissue or sleeve. More information available at cdc.gov		
Education, Remediation of Poverty, Pandemic Information	Alzheimer's Foundation of America	October 1 - December 31	If you're caring for someone with Alzheimer's disease, the Alzheimer's Foundation of America's Helpline is open seven days a week to answer questions about caregiving during the Coronavirus outbreak, ways to keep your loved one safe, what to do at home and more. The Alzheimer's Foundation of America's Helpline is 866-232-8484 or the website is www.alzfdn.org		
Education, Cultural Identity	Knox County Library	October 5 - October 27, 2020	This October, the City of Knoxville and the Knox County Public Library are bringing outdoor movies to Chilhowee Park in lieu of the long-running "Movies on Market Square" series. Each vehicle may bring in the number of passengers based on the number of seatbelts in the car. Vehicles will also have an adjacent parking space for blankets or lawn chairs. Attendees must have an FM radio to hear the movie. Guests will adhere to the five Core Actions set by the Board of Health. Moviegoers can bring their own provisions. For more info and movie schedule, knoxlib.org		
Education, Remediation of Poverty, Pandemic Information	CDC	October 1 - TFN	COVID-19 testing for Tennesseans can be found on the Tennessee Department of Health's map which includes information on where mobile testing sites are located. All East Tennessee county health departments are coordinating these efforts and can be accessed by making an appointment through them. WDVX encourages you to check with your local county health department for up to date information on testing.		
Education, Cultural Identity	Museum of Appalachia	October 1 - November 12, 2020	The Museum of Appalachia has reopened its grounds to visitors from 9am-5pm. In addition to curbside service, the restaurant is open for in-house dining from 11am-2pm. The Museum will continue to abide by the regulations and guidelines set by local and state governments, and will be adding measures to allow for appropriate social distancing for the safety of both guests and staff. For more information, museumofappalachia.org		
Education, sustainability, remediation of Poverty	Keep Knoxville Beautiful	October 27 - November 12, 2020	Keep Knoxville Beautiful will hold its annual summit, Individual Pathways to Sustainability, on November 13 from 9am to 12:30pm via Zoom Webinar. The summit will consist of three presentations including reducing your carbon footprint, reducing your home energy and water bill, and creative reuse. Participants can attend all three presentations or join for the topic of their choice. There is no cost and registration is available at the website keepknoxvillebeautiful.org under the events tab.		
Education, Cultural Identity	Museum of Appalachia	November 12 - December 13, 2020	The Museum of Appalachia will be open for Appalachian Christmas, December 12 & 13! The centerpiece of this holiday event is an evening tour of the Museum's pioneer village. The cabins will be adorned with old-fashioned Christmas decoration. Activities will include storytelling, music, and wagon rides. Demonstrations will include blacksmithing, sorghum making, apple butter churning, and more. Tickets are limited. Attendees will be required to wear a mask and practice social distancing. For more information, 865-494-7680.		
Education, Cultural Identity	Friends of the Knox County Public Library	November 12 - December 31, 2020	Friends of the Knox County Public Library are seeking new members. As part of their 50th anniversary celebration, the Friends presented a gift to the library to enhance the collection of ebooks and audiobooks, one of its most-used collections this year. And as they begin their 51st year, they invite a new groups of citizens to join and work together to help keep the Knox County Public Library strong. To learn more about Friends of the Knox County Public Library or to join online, knoxfriends.org.		

Education, sustainability, remediation of Poverty	CAC Beardsley Farm	December 14 - December 31	CAC Beardsley Farm works to increase food security in Knoxville by providing fresh produce, accessible education, and land and resources for gardening. Their annual Snow Day benefit is moving online. The 13th annual Snow Day will take place January 11 through the 31st, with soup pick-ups, an online silent auction, and an art scavenger hunt! For more information, beardsley farm dot org		
Remediation of food insecurity	The Nashville Food Project	October 3, 10, 2020, 9A	Amy visits with the the kitchen manager, head chef, and development director of The Nashville Food Project to deliver the message of the important work of this organization. https://www.thenashvillefoodproject.org/ Duration 14 minutes.		
Regional Biological, Culinary & Cultural History	University of Tennessee	10/17/2020, 9A	The Wild, Appalachian Persimmon, a biological perspective on the native Appalachian Persimmon tree and fruit with Charlie Kwit, Professor of Biology from University of Tennessee. Duration 8 minutes		
Culinary & Cultural History	for general listener interest	10/17/2020, 9A	Mary "Dee Dee" Constantine (retired food writer for the Knoxville News Sentinel) shared a recipe for Persimmon Bread by way of Morgan Simmons (Outdoor writer for the Knoxville News Sentinel) Duration 3 minutes		
Culinary & Cultural History	ETSU Appalachian Studies Department	10/17/2020, 9A	Fred Sauceman's "Pot Luck Radio" series features Kentucky's "Ale-1 8" soda pop which has been in continuous production since 1902 from Winchester, Kentucky. Duration 3 minutes		
Regional Culinary & Cultural History	for general listener interest	10/24/2020, 9A	In this episode, we were joined by singer songwriter Verlon Thompson, his food memory of chocolate gravy, and what it meant to him as a kid growing up in Oklahoma. In addition, we will also hear Verlin Thompson's song "DinnerBell". Duration 7 minutes		
Regional Culinary & Cultural History	ETSU Appalachian Studies Department	10/24/2020, 9A	Fred Sauceman shared a segment about the annual "Lord's Acre Sale" at Hilton's United Methodist Church in Scott County Virginia that in usual times takes place every year in normal non Covid 19 times. Duration 2 minutes.		
Regional Culinary & Cultural History	for general listener interest	10/24/2020, 9A	Amy shared a recipe and directions on how to make chocolate gravy. Duration 6 minutes		
Regional Culinary & Cultural History	for general listener interest	10/31/2020, 9A	Country Ham is the subject of this episode and how through the dry aged process, and sliced paper thin, is then called "Prosciutto". Our guests on the show today is Allan Benton, of Madisonville, TN - he shares his story on how he learned what the word Prosciutto meant, and how he positioned his product to the world of fine dining - and now, his prosciutto goes to to tow with some of the most expensive, and well known high dollar prosciuttos from all over the world. And Allan Benton's dry aged, country hams are produced right down the road, in East, Tennessee. Duration 14 minutes.		
Regional Culinary & Cultural History	ETSU Appalachian Studies Department	10/31/2020, 9A	Fred Sauceman's Pot Luck Radio series features sisters "Joyce and Nancy McCarrell" who until the end of 2018 ran the restaurant at Traveler's Restaurant in Traveler's Rest, South Carolina. Duration 2 minutes		
Regional Culinary & Cultural History	for general listener interest	11/7/2020, 9A	Derek Blankenship, Occupational Therapist, at an East, Tennessee long term health and health care facility. He and his family keep a family tradition of making apple butter each year at this time of the year in Fall Branch, TN. The recipe that they use dates back to 1905. Duration 12 minutes		
Regional Culinary & Cultural History	ETSU Appalachian Studies Department	11/7/2020, 9A	Fred Sauceman shares history and story of apple butter making in Tennessee in his Pot Luck Radio series. Duration 2 minutes		
Culinary Education	for general listener interest	11/14/2020, 9A	Amy Campbell shares 2 recipes from Nadalyn Larson for "Stewed Cushaw", and "Cushaw Coffee Cake." These recipes are posted on her sister's food blog and are inspired from their Mother Sally. Duration 6 minutes.		
Culinary Education, Regional	ETSU Appalachian Studies Department	11/14/2020, 9A	Fred and Jill Sauceman of Johnson City, Tennessee share how they bake an entire cushaw without peeling it in the oven. Duration 4 minutes		
Regional Culinary & Cultural History	ETSU Appalachian Studies Department	11/14/2020, 9A	Fred Sauceman shares historic information of the cushaw and it's roots in Native American culinary traditions. He also shares a recipe for "Cushaw Custard". Duration 2 minutes.		
Regional Culinary & Cultural History	Great Smoky Mountains Heritage Center	11/21/2020, 9A	James Gann of Townsend Tennessee, the specific type of pumpkin he grows and his pumpkin pie that won a ribbon at the Blue Ribbon Country Fair at the Great Smoky Mountain Heritage Center in Townsend, Tennessee. Duration 6 minutes.		

Regional Culinary, Culinary education	for general listener interest	11/21/2020, 9A	We also will be joined by Haylee Giebudowski who also is an East, TN resident, from Maryville, TN. She'll share with us her recipe for gluten free, dairy free pumpkin pie that is absolutely delicious.. She will also let us know how you process the pumpkin from it's original form into a puree to make pies with. Duration 5 minutes		
Regional Culinary & Cultural History	ETSU Appalachian Studies Department	11/21/2020, 9A	In Fred Sauceman's Pot Luck Radio series New York Times Novelist Adriana Trigiani shares autumn memories of growing in up in Big Stone Gap, and a little story involving the late actress Elizabeth Taylor. Duration 2 minutes		
Regional Culinary & Cultural History	ETSU Appalachian Studies Department	11/28/2020, 9A	Fred Sauceman shares a segment with Dr Mike Fleenor, Sorghum Maker. Duration 2 minutes.		
Regional Culinary & Cultural History	for general listener interest	11/28/2020, 9A	Ronni Lundy, 2 x James Beard award winning food writer on differences between sorghum and molasses. Duration 10 minutes		
Regional Culinary & Cultural History	for general listener interest	11/28/2020, 9A	Mary "Dee Dee" Constantine shares a recipe for Butternut Squash and Apple Bake using a recipe from Ronni Lundy's book "Sorghum Savor". Duration 5 minutes		
Regional Culinary & Cultural History	for general listener interest	12/5/2020, 9A	Seed saver John Coykendall shares a cute little story about a young man who was tired of eating beans. Duration 2 minutes		
Regional Culinary & Cultural History	for general listener interest	12/5/2020, 9A	Why are pinto beans synonymouse with "Soup Beans"? 2 time James Beard award winning food writer Ronni Lundy explains how poverty, mining camps, mining camp housing, the company store, and a lack of the ability to save garden seed from generation to generation has contributed. Duration 12 minutes.		
Regional Culinary & Cultural History	ETSU Appalachian Studies Department	12/5/2020, 9A	In Fred Sauceman's Pot luck radio segment, he shares a story about a festive red and green pear salad from a frugal family is upper North East Tennessee. Duration 2 minutes.		
Regional Culinary & Cultural History	for general listener interest	12/12/2020, 9A	Jessi Baker co-creator and owner of Ole Smoky Moonshine, Yee-Haw Brewing, 6th and Peabody Nashville, and cookbook Author shares a short story on how her Grandparents created "The Ole Smoky Candy Kitchen" in 1952 in Gatlinburg TN. Duration 5 minutes		
Regional Culinary & Cultural History	for general listener interest	12/12/2020, 9A	Mary "Dee Dee" Constantine (retired food writer from the Knoxville News Sentinel) presents a short story about Shirley McMurtrie of Union County and Shirley's process of "dry canning" black walnuts along with Shirley's black walnut candy recipe. Duration 4 minutes		
Regional Culinary & Cultural History	ETSU Appalachian Studies Department	12/12/2020, 9A	Fred Sauceman presents his "Pot Luck Radio" series with a feature on Helm's Candy of Bristol Virginia, this company has been making old-fashioned stick candy since 1909. Duration 2 minutes		
Regional Culinary & Cultural History	for general listener interest	12/12/2020, 9A	Tammy Smith of Savannah, GA shares 2 old family stories by way of her Daddy involving a raccoon for dinner and a hog's head story from her Marcum Grandpa, her Daddy, and her mother Lula Davenport Marcum. Her Mother Lula was cousin to 1992 National Heritage Fellow, Old-time fiddler and banjo player Clyde Davenport. Lula herself picked the banjo. Duration 3 minutes.		
Regional Culinary & Cultural History	for general listener interest	12/19/2020, 9A	Rachel and John Davis of Blount County, TN on how to cook Squirrel Dumplings. Duration 6 minutes		
Culinary Cultural Heritage	for general listener interest	12/19/2020, 9A	A story from singer, songwriter Shawn Camp on growing up in Arkansas with his Grandpa, and eating squirrel with his Grandpa. Shawn has also given me permission to include the song he co-wrote along with Tim Mensy "The Grandpa That I Know" to include in this episode which relates directly to his Grandpa described in his culinary story. Duration 5 minutes		