

Hawaii Matters
Quarterly Report
Jan Feb Mar 2017

Air Date: January 1, 2017

Air Time: 6:30am
Duration: 30mins

Topic: Aloha United Way's Great Aloha Run

Guests: Carole Kai

Synopsis: Here with us today is Carole Kai to talk about the upcoming 2017 Kaiser Permanente Great Aloha Run! For the past 32 years The Great Aloha Run has achieved many milestones including being nationally recognized by Runner's World Magazine as one of the top "100 Great Road Races." Over the years, The Great Aloha Run has raised over \$11 million dollars for more than 150 non-profit groups throughout Hawaii!

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Air Date: January 8, 2017

Air Time: 6:30am

Duration: 30mins

Topic: Alien Pests Species Hawaii

Guests: Kristy Martin, Coordinating Group on Alien Pest Species (CGAPS)

Synopsis: On the topic of invasive species in Hawaii. Discussing the importance of community awareness. Discussing the role of the CGAPS group in protecting Hawaii's environment from invasive species.

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Air Date: January 15, 2017

Air Time: 6:30am

Duration: 30mins

Topic: Love Gives Hawaii

Guests:

- Nichole Shin, President, Love Gives Hawaii
- Diana Caro-Salvador, Love Gives Hawaii
- Christy Macpherson, Family Promise of Hawai'i

Synopsis: Discussing the Love Gives Hawaii Fundraising event for the Family Promise of Hawaii program. Discussing the role of the Family Promise of Hawaii group in supporting Hawaii's homeless families with children.

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Air Date: January 22, 2017

Air Time: 6:30am

Duration: 30mins

Topic: Prenatal Care

Guest: Reina Harris, MD OB/GYN Kaiser Permanente

Synopsis: On this episode of Hawaii Matters, Dr. Harris discusses why prenatal care is important and what people should know if they're thinking about getting pregnant. Dr. Harris addresses questions women may have during pregnancy and about traveling, vaccines and foods to avoid.

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Air Date: February 5, 2017

Air Time: 6:30am

Duration: 30mins

Topic: Heart Health

Guest: Dr. Merchant, Kaiser Permanente

Synopsis: On the topic of Heart Health. Discussing risks and causes of heart diseases and heart attacks. Discussing the warning signs and tips for improving heart health.

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Air Date: February 12, 2017

Air Time: 6:30am

Duration: 30mins

Topic: Family Homelessness

Guest: Jan Harada, President and Chief Executive Officer, Helping Hands Hawai'i

Synopsis: On the issue of Family Homelessness. Discussing the Adopt-a-Family homelessness support program. Discussing the role of the Helping Hands Hawaii group in developing community self-sufficiency.

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Air Date: February 19, 2017

Air Time: 6:30am

Duration: 30mins

Topic: Sex Abuse

Guest: Brooke Conway, Education and Community Outreach of Sex Abuse Treatment Center of the Kapi'olani Medical Center for Women and Children

Synopsis: On this episode of Hawaii Matters, Brooke Conway manager of Education and Community Outreach for The Sex Abuse Treatment Center discusses sex abuse. Brooke answers questions such as what should you do if you suspect someone is the victim of sexual abuse, the psychological impacts of sex abuse, the online dangers children face in the 21st century. The interview ends with resources available for victims of sex abuse.

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Air Date: February 26, 2017

Air Time: 6:30am
Duration: 30mins

Topic: Crisis Text Line

Guests: Natalie Marchant, Head of Corporate Partnerships

Synopsis: On this episode of “Hawaii Matters” we are joined by Natalie Marchant from Crisis Text Line. Michael T. talks with Natalie about how listeners can use the Crisis Text Line service to receive 24/7 support. Natalie also shares volunteer opportunities with listeners and ways they can lend their support to those dealing with a crisis.

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Air Date: March 5, 2017

Air Time: 6:30am

Duration: 30mins

Topic: Hawaii Humanitarian Services

Guest: Coralie Matayoshi, American Red Cross of Hawaii, CEO

Synopsis: March is Red Cross Month. Discussing the mission of the American Red Cross organization and its role in providing humanitarian services in the community of Hawaii.

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Air Date: March 12, 2017

Air Time: 6:30am

Duration: 30mins

Topic: Hawaii Humanitarian Services

Guest: Coralie Matayoshi, American Red Cross of Hawaii, CEO

Synopsis: March is Red Cross Month. Discussing the mission of the American Red Cross organization and its role in providing humanitarian services in the community of Hawaii.

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Air Date: March 19, 2017

Air Time: 6:30am

Duration: 30mins

Topic: Learning Disabilities

Guests: Rosie Rowe

Synopsis: October is Learning Disabilities Awareness Month and Rosie Rowe, The Education & Training Coordinator of Learning Disabilities Association of Hawaii joins us today to answer questions.

Rosie informs listeners about the different types of learning disorders, the symptoms of having a learning disorder and what someone should do if they suspect themselves or their child has a learning disorder.

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Air Date: March 26, 2017

Air Time: 6:30

Duration: 30 minutes

Issues: Colon Cancer

Guests: Kelly Shimabukuro, MD

Synopsis: Discussion of colon cancer and the signs and symptoms to catch the cancer early. Screening tools and the frequency of getting screened was also discussed. Also, treatment options, risk factors, and survival rates were touched on as well.