

Health Public File January 2014

Date=1/1/2014
Time=4:20
Slug=EPI-PEN ACT

A NEW FEDERAL LAW GOES INTO EFFECT TODAY TO HELP PROTECT KIDS IN SCHOOL WHO HAVE ALLERGIES. IT URGES SCHOOLS TO KEEP EXTRA EPINEPHRINE ON HAND IN CASE OF EMERGENCY. I SAT DOWN WITH A LOCAL MOTHER AND FOOD ALLERGY ADVOCATE WHO KNOWS ALL TOO WELL ABOUT SEVERE ALLERGIES. SHE EXPLAINED WHAT THIS NEW LAW MEANS AND WHAT'S HAPPENING IN MASSACHUSETTS TO PROTECT CHILDREN WITH ALLERGIES.

Date=1/1/2014
Time=5:07
Slug=SICK KIDS & FAMILIES

IT'S THAT TIME OF YEAR - GERMS ARE RUNNING RAMPANT THROUGH DAY CARES AND SCHOOLS - PUTTING KIDS RISK. WHICH MEANS - PARENTS ARE ULTIMATELY RESPONSIBLE AND SUSEPTIBLE TO GETTING SICK. THAT CAN SPELL TROUBLE. I SAT DOWN WITH GLOBAL PARENTING EXPERT KATIE BUGBEE FROM CARE DOT COM.

Date=1/1/2014
Time=4:30
Slug=FITNESS PLAN

GETTING IN SHAPE IS ONE OF THE TOP RESOLUTIONS EVERY YEAR. GYMS ARE PACKED AFTER THE FIRST OF THE YEAR. BUT IT CAN BE HARD TO START IF YOU HAVEN'T DONE IT FOR AWHILE. WE BRING IN JANELLE NICK-O-LOH, OWNER AND PERSONAL TRAINER AT B-A FITNESS OUT OF MIDDLETON.

Date=1/5/2014
Time=4:06
Slug=FROST BITE

THIS WEEK'S DEEP FREEZE MAKING FROSTBITE A REAL DANGER. OUR MARK OCKERBLOOM SPOKE WITH NATALIE STAVAS OF BOSTON CHILDREN'S PEDIATRICS ABOUT HOW TO KEEP OURSELVES AND OUR LITTLE ONES SAFE.

Date=1/6/2014
Time=4:00
Slug=ORGAN CONSENT

BECOMING AN ORGAN DONOR IS GOING TO BECOME MORE COMPLICATED. THE GOVERNMENT IS PREPARING TO REGULATE THE NEW FIELD OF HAND AND FACE TRANSPLANTS LIKE IT DOES FOR STANDARD ORGAN TRANSPLANTS. THE HOPE IS TO GIVE MORE AMERICANS WHO ARE DISABLED OR DISFIGURED A CHANCE AT THIS RADICAL KIND OF RECONSTRUCTION. HERE TO TELL US MORE, RICHARD LUSKIN PRESIDENT, CEO OF NEW ENGLAND ORGAN BANK. HE'S ALSO ON THE COMMITTEE FOR THE GROUP OVERSEEING THE NEW REGULATIONS - UNITED NETWORK FOR ORGAN SHARING, OR UNOS.

Date=1/6/2014
Time=4:00
Slug=BARRY'S BOOT CAMP

NEW YEAR, NEW YOU! DUSTIN MARTIN AND BRIAN WELLER WANT YOU TO BE IN THE SHAPE OF YOUR LIFE, WITH WHAT THEY SAY IS THE BEST WORKOUT IN THE WORLD. BARRY'S BOOTCAMP JUST ARRIVED IN BOSTON, AFTER MAKING ITS MARK IN NEW YORK AND L-A AND FETURED ON SEVERAL REALITY T-V SHOWS. THIS MORNING, THE BOSTON BRANCH IS HERE TO EXPLAIN WHAT MAKES THIS WORKOUT SO EFFECTIVE.

Date=1/7/2014
Time=3:30
Slug=FOX MEDICAL TEAM

THE #1 INJURY CONCERN FOR PARENTS OF KIDS PLAYING YOUTH SPORTS-- CONCUSSIONS. ITS BEEN SUCH A CONCERN, PARTICIPATION LEVELS IN YOUTH FOOTBALL ARE NOTICIBLY DOWN ACROSS THE COUNTRY. BUT THERE ARE SOME INTERESTING DEVELOPMENTS WHEN IT COMES TO TREATING CONCUSSIONS WHICH MIGHT MAKE PARENTS FEEL A LITTLE BIT BETTER. THE FOX MEDICAL TEAM'S DOCTOR JO JOINS US. SHE'S LIVE IN TAMPA TO EXPLAIN.

Date=1/7/2014
Time=4:30
Slug=DOCTOR ON COLD WEATHER

LET'S TALK MORE ABOUT THE EXTREME COLD. HERE WITH US AT OUR BEACON HILL STUDIO IS DR. JONATHAN ADLER FROM MASS. GENERAL HOSPITAL. YOU WORK IN THE DIVISION OF WILDERNESS MEDICINE. THANKS FOR BEING HERE.

Date=1/10/2014
Time=1:48
Slug=BOSTON FLU DEATH

HEALTH OFFICIALS SPREADING THE WORD TO PROTECT YOURSELF FROM THE FLU, FOLLOWING THE STATE'S FIRST FLU DEATH OF THE SEASON. WHAT'S THE LATEST? FOX25'S JOHN MONAHAN JOINS US NOW FROM OUR BEACON HILL STUDIO.

Date=1/13/2014
Time=4:00
Slug=FLU TRACKER

THE FLU IS A SERIOUS THREAT AND ONE LOCAL DOCTOR IS TRYING TO GET A BETTER HANDLE ON THE SICKNESS WITH YOUR HELP. IT'S CALLED 'FLU NEAR YOU' AND IT'S A TOOL THAT'S BEING STUDIED AT BOSTON'S CHILDREN'S HOSPITAL. JOINING US THIS MORNING IS THE LEAD RESEARCHER OF THE STUDY, DR. RUMI CHUNARA.

Date=1/13/2014
Time=4:00
Slug=NEW WEIGHT LOSS

ARE YOU FRUSTRATED WITH YOUR DIET AND EXERCISE ROUTINE? IF YOU ARE, YOU'RE CERTAINLY NOT ALONE, BUT THERE ARE REVOLUTIONARY NEW WEIGHT LOSS TREATMENTS COMING OUT FOR PEOPLE WHO HAVE TRIED CONTROLLING WEIGHT WITH DIET AND EXERCISE AND HAVE NOT SEEN RESULTS. THESE DEVICES PROVIDE FURTHER PROOF OF HOW TECHNOLOGY IS TAKING THE FOREFRONT IN OUR LIVES. JOINING US WITH MORE IS NOTED EXPERT IN THE FIELD OF OBESITY AND NUTRITION, DR. CAROLINE APOVIAN, DIRECTOR OF THE CENTER FOR NUTRITION AND WEIGHT MANAGEMENT AT BOSTON MEDICAL CENTER.

Date=1/14/2014
Time=4:00
Slug=FOX MEDICAL

COMMON ADVICE TO NEW PARENTS IS THAT THE MORE WORDS BABIES HEAR, THE FASTER THEIR VOCABULARY GROWS. NOW - NEW FINDINGS SHOW WHAT SPURS EARLY LANGUAGE DEVELOPMENT ISN'T SO MUCH THE QUANTITY OF WORDS - BUT THE STYLE OF SPEECH AND SOCIAL CONTEXT IN WHICH IT'S USED. JOINING US WITH MORE IS FOX MEDICAL TEAM'S DR. MIKE.

Date=1/15/2014
Time=4:15
Slug=SURGERY GLUE

LOCAL RESEARCHERS HAVE DEVELOPED A "NEW" SUPER GLUE THAT COULD HELP HEAL A BAD HEART. ACCORDING TO RESEARCHERS AT BOSTON CHILDREN'S HOSPITAL AND BRIGHAM AND WOMEN'S -SUTURING AND STAPLING HAS BEEN THE GO-TO METHOD FOR CLOSING UP HEART DEFECTS AND INJURIES. BUT THIS NEW GLUE MAY BE MORE HELPFUL IN THE FUTURE. DR. JEFFREY KARP IS CO-FOUNDER OF GECKO BIOMEDICAL, THE COMPANY THAT IS NOW DEVELOPING AND A BIOENGINEER WITH BRIGHAM AND WOMEN'S HOSPITAL.

Date=1/19/2014
Time=1:55
Slug=HEART TRANSPLANT BLOOD SHORTAGE

A LOCAL GIRL IN NEED OF LIFESAVING SURGERY CAN'T GET IT BECAUSE OF A NATIONWIDE SHORTAGE OF A SPECIFIC TYPE OF BLOOD. AND THE WEATHER IS PARTIALLY TO BLAME. WE SAT DOWN WITH THIS BRAVE LITTLE GIRL FROM BILLERICA TO FIND OUT HOW SHE'S DOING AND HOW YOU CAN HELP.

Date=1/20/2014
Time=4:00
Slug=EATING/YOUNGER

THE ANTI-AGING SKINCARE MARKET HAS GROWN TO OVER 2 BILLION DOLLARS A YEAR! BUT LOOKING YOUNGER CAN BE AS SIMPLE AS EATING THE RIGHT FOODS. HERE TO SHOW US HOW OUR DIET CAN PLAY A ROLE IN ANTI-AGING IS JOAN SALGE BLAKE, BOSTON UNIVERSITY NUTRITION PROFESSOR AND BLOGGER FOR BOSTON.COM.

Date=1/20/2014
Time=3:30
Slug=TONSILS STUDY

KIDS HAVING THEIR TONSILS OUT. HAPPENS ALL THE TIME. BUT THERE'S NEW RESEARCH OUT THERE THAT SHOWING THAT SOME KIDS HAVE TO GO BACK TO THE HOSPITAL BECAUSE OF COMPLICATIONS. DR. NATALIE STAVAS IS A BOSTON PEDIATRICIAN. SHE IS HERE TONIGHT TO EXPLAIN WHAT THIS RESEARCH MEANS.

Date=1/20/2014
Time=2:32
Slug=S. SHORE HOSPITAL

WHAT HAPPENED TO THIS YOUNG South SHORE MOTHER HAS A LOCAL HOSPITAL INVESTIGATING TONIGHT, AFTER TWO WOMEN DIE IN CHILDBIRTH AT SOUTH SHORE HOSPITAL IN JUST THE PAST MONTH. FOX 25'S JOHN MONAHAN IS LIVE THERE WITH MORE TONIGHT.

Date=1/21/2014
Time=3:45
Slug=STAIR CLIMBING

YOU'VE HEARD SHIRI ALL MORNING, WARNING OF THE BIG SNOW STORM HEADED OUR WAY. JUST ANOTHER EXCUSE *NOT TO GET OUT AND EXERCISE, AT THE TIME OF YEAR WHEN MANY OF US START STRUGGLING TO KEEP THOSE FITNESS RESOLUTIONS. BUT DON'T GIVE UP YET. HERE WITH SOME ADVICE ON HOW TO STAY FIT *INSIDE, DR. JOANNE FOODY FROM BRIGHAM & WOMEN'S HOSPITAL.

Date=1/21/2014
Time=3:30
Slug=FOX MEDICAL

EACH AND EVERY MORNING, WE TUNE IN TO WATCH SHIRI GIVE US A DETAILED AND ACCURATE FORECAST. AFTERALL, WE LIKE TO PLAN FOR THE BEST AND WORST OUR WEATHER CAN BRING US. TODAY, WE'RE GETTING A BETTER LOOK AT A DIFFERENT KIND OF FORECAST. THIS ONE PREDICTS THE FLU. THE FOX MEDICAL TEAM'S DOCTOR JO IS TRACKING THIS.

Date=1/23/2014
Time=3:30
Slug=BACK PAIN

A LOT OF PEOPLE MIGHT BE SORE THIS MORNING AFTER DIGGING OUT FROM YESTERDAY'S SNOW. A NEW STUDY IS SHEDDING LIGHT ON THE BEST TREATMENTS FOR BACK PAIN, AND IT'S NOT ALWAYS WHAT WE THINK. HEAR TO EXPLAIN IS THE LEAD AUTHOR OF THE STUDY DR. JOHN MAFI FROM BETH ISREAL DEACONESS MEDICAL CENTER.

Date=1/27/2014
Time=4:30
Slug=AUTISM ADVANCES

NEW CRITERIA TO DIAGNOSE AUTISM COULD DECREASE THE NUMBER OF DIAGNOSES GOING FORWARD, BUT FOR THOSE WHO HAVE BEEN DIAGNOSED, OR WILL BE, THERE'S PROMISING NEW RESEARCH ON THE HORIZON. I'M JOINED BY NORTHEASTER PROFESSOR MATTHEW GOODWIN WHO HAS HELPED CREATE WEARABLE TECHNOLOGY TO BETTER MEASURE, UNDERSTAND, AND SUPPORT INDIVIDUALS WITH AUTISM.

Date=1/28/2014

Time=4:00

Slug=FOX MEDICAL TEAM

DESPITE WHAT YOU'VE HEARD, FEVER-REDUCING DRUGS MAY UNEXPECTEDLY CAUSE MORE HARM THAN GOOD. NEW RESEARCH SHOWS IT COULD LEAD TO THE FLU! FOX MEDICAL TEAM'S DR. MIKE HAS DETAILS.

Date=1/29/2014

Time=4:00

Slug=DEPRESSION TREATMENT

IT'S A CONDITION MANY ARE TOO ASHAMED TO ADMIT THEY HAVE-- DEPRESSION. 19 MILLION AMERICANS SUFFER FROM IT, AND FOR MANY, TREATMENT IS A CHALLENGE. HERE TO TALK ABOUT A POSSIBLE BREAKTHROUGH IN TREATING DEPRESSION, PSYCHIATRIST DR. BRUCE KASTER.

Date=1/30/2014

Time=4:00

Slug=PEANUT ALLERGY THERAPY

SOME IMPORTANT HEALTH NEWS WHEN IT COMES TO YOUR KIDS. COULD FEEDING YOUR KID PEANUTS STOP THEM FROM BEING ALLERGIC TO PEANUTS - SOUNDS CRAZY RIGHT? MAYBE NOT. BOSTON PEDIATRIC PHYSICIAN DR. NATALIE STAVAS IS LIVE AT OUR BEACON HILL STUDIO.