

Issues and Programs

Fourth Quarter 2022

Community Affairs Programming

KPPF 1040AM Monument, CO

K239CH 95.7FM, Colorado Springs - K2253AH 98.5, Colorado Springs

Note:

Access to the website to upload issues & programs have been an issue up to 6 Jan 2023 preventing upload of documents. The following notice is on the site: Users may experience unusual slowness with the system. We are in the process of troubleshooting and hope to resolve this issue soon. Thank you.

ISSUES

1 Health

2 Social Issues

3 Military

1 Health

The Cerebral Edge Show with Coach Kris discuss topics regarding athletic and physical fitness and interviews local community guests with regards to their fitness activities			
Date	Time	Title	Description
1 Oct	13:00 – 13: 30	EP 33 with Johnny Joy	In this episode of The Cerebral Edge I interview Johnny Joy; who went from being a full blown alcoholic to living a sober and meaningful life. Johnny's vision for the future is to help give guidance and hope to those struggling with addiction through his app Sobritree. So listen in and see if this app could help you or someone you love. Stay Strong!
2 Oct	10:30 – 11:00		
8 Oct	13:00 – 13: 30	EP 34 with Kevin Hays	In this episode of The Cerebral Edge Show Coach Kris speaks on motivation. What motivation is and some and strategies you can use to build it. Coach Kris also goes into how he has helped older adults build muscle and stay
9 Oct	10:30 – 11: 00		

			healthy. You are never too old to grow. Stay Strong!
15 Oct 16 Oct	13:00 – 13: 30 10:30 – 11: 00	EP 36 Pat Marques	In this episode of the Cerebral Edge I talk with my guest Coach Pat Marques on exercises that are completely useless in building strength and muscle size. A lot of personal trainers are bringing in pt exercises to the gym setting and have no idea how to implement them. Pat and I dissect each exercise and give you a smarter way to train. Pat Marques is a Z health master trainer and personal trainer for NeuroAthlete in Monument, Colorado.
22 Oct 23 Oct	13:00 – 13: 30 10:30 – 11: 00	EP 36 Joe Ruggiero	In this episode I talk with Joe Ruggiero and we discuss what is in the way of most peoples fitness. How do we implement plans that people can do no matter what their lifestyle is. Training takes many forms for many different people. Some like the gym, others like to hike, and others may enjoy martial arts. Joe and I talk about finding your style of strong, how and when to give yourself grace, and how to keep going with what you are doing. Stay Strong!
29 Oct 30 Oct	13:00 – 13: 30 10:30 – 11: 00	EP 37 Pat Marques	In this episode of The Cerebral Edge I interview owner and operator of Mental Strengths. Marquis is a retired U.S Army Engineer and combat veteran of the Afghan war on terror. Today Marquis owns a company called Mental Strengths which helps veterans overcome their own mental blocks that are keeping them from achieving their success. Marquis is a believer in putting the strength of positivity in place of our weakness. This is a great episode that we not only cover staying physically fit but financially, and spiritually fit as well. That is the power of living a productive and generous lifestyle. Stay Strong.
5 Nov 6 Nov	13:00 – 13: 30 10:30 – 11: 00	EP 38 Pat Marquez	In this episode of the Cerebral Edge Coach Pat Marques from NeuroAthlete and I discuss how long does a workout really need to be to build muscle? Can you really build muscle with just 1 set? How did high intensity training get started and how you can implement it in your program. Pat Marques is a Z health master trainer and certified personal trainer who has worked with tactical and professional athletes for over 10 years. Sit down as Coach Pat and I tear down

			myths about building muscle and give you the correct advise to build muscle and to keep you from overtraining. Stay Strong!
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17 Dec 18 Dec	13:00 – 13: 30 10:30 – 11: 00	EP 14 Mary Wilson	Mary is an exercise therapist with nearly 30 years of experience, having worked with world-class doctors and rehabilitation settings. She worked both as the therapist and the clinic director for these same facilities. As a mother and active woman herself, Mary began to see women have unique challenges that often get overlooked and become issues in their recovery from seemingly "common" pain and performance issues. Because of this, she has strived to learn about women's health and special techniques to help them. As a result, Mary steeped herself in women's health issues and techniques, including pregnancy, postpartum, pelvic floor health, functional breathing, and joint mobility. As a result, she has helped many women overcome dysfunction and pain and dramatically improved their quality of life.
24 Dec 25 Dec	13:00 – 13: 30 10:30 – 11: 00	EP 38 Pat Marquez	In this episode of the Cerebral Edge Coach Pat Marques from NeuroAthlete and I discuss how long does a workout really need to be to build muscle? Can you really build muscle with just 1 set? How did high intensity training get started and how you can implement it in your program. Pat Marques is a Z health master trainer and certified personal trainer who has worked with

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31 Dec	13:00 – 13: 30	EP 34 with Kevin Hays	In this episode of The Cerebral Edge Show Coach Kris speaks on motivation. What motivation is and some and strategies you can use to build it. Coach Kris also goes into how he has helped older adults build muscle and stay healthy. You are never too old to grow. Stay Strong!

2 Social Issues

Truth & Liberty discuss conservative, religious and political issues of Colorado through interviews of local community leaders.			
Date	Time	Title	Description
1 Oct	12:00 – 13:00	Bob McEwen	Preserving America’s Foundations of Freedom. Former Congressman Bob McEwen is the Executive Director of the Council for National Policy, a nonprofit educational foundation whose members are united by their belief in limited government, a strong national defense, and support for traditional western values.
8 Oct	12:00 – 13:00	Mohamad Faridi	Finding Freedom in the Muslim World. Mohamad Amin Faridi was born and raised in a devout Muslim family in the country of Iran. After years of faithfully following the Muslim faith his goal ultimately became to be a martyr in Jihad. This all changed after a divine encounter with Jesus Christ in Iran.
15 Oct	12:00 – 13:00	Craig DeRoche	Standing for Family Values and Freedom. Craig DeRoche is president and CEO of Family Policy Alliance. He is a man whose life and family have been completely transformed by Jesus Christ. Craig has been married to Stacey DeRoche since 1998. They live in Michigan with their three daughters and their dog Remington. Craig was one of the youngest persons ever elected as Speaker of the House in Michigan, and former president of Justice Fellowship, founded by Chuck Colson.

22 Oct	12:00 – 13:00	Bishop Joshua Lwere	<p>Discipling Nations and Influencing Culture. Bishop Joshua Lwere is the general overseer of the National Fellowship of Born Again Pentecostal Churches of Uganda (NFBPC). He is the founder and senior pastor of Grace Assembly and is also a local council chief of his village. Bishop Joshua is very passionate about national transformation and particularly operations in the areas of business, civil society, conflict resolution, development, internally displaced, humanitarian relief, and social entrepreneurship. He has been instrumental in leading a revival and great growth of the church in Uganda. He chose to pursue a grander vision. After opening three housing communities and organizing a National Day of Repentance, Joshua now pursues national reconciliation and discipleship of the leaders of the nation of Uganda. He is married to Margaret Lwere and God has blessed them with four children, including twins.</p>
29 Oct	12:00 – 13:00	Mat Staver	<p>Protecting Religious Liberty. Mat Staver serves as Senior Pastor, Founder and Chairman of Liberty Counsel; Chairman of Liberty Counsel Action, Faith and Liberty, National Pro-life Center, Freedom Federation, Salt & Light Council, and National House of Hope; Founder and Chairman of Liberty Relief International; Vice President and Chief Counsel of the National Hispanic Christian Leadership Conference (which includes over 42,000 Evangelical Hispanic churches); former Vice President of Liberty University; former dean and tenured professor of law at Liberty University School of Law; Trustee of Timothy Plan, a New York and Tel-Aviv Stock Exchange-traded family of mutual funds; Trustee of the Supreme Court Historical Society; Member of the Board of Reference of the Christian Film and Television Commission; Member of the Board of Advisors of Care for Pastors; Founder and former President of Staver & Associates; and Founder and former President of The Staver Group.</p>
5 Nov	12:00 – 13:00	Sam Brownback	<p>Standing for Religious Freedom. Sam Brownback served as Ambassador at Large for International Religious Freedom from February</p>

			<p>2018 to January 2021. He served as Governor of Kansas from 2011 to 2018.</p> <p>Prior to that he represented his home state in the United States Senate and the House of Representatives. While a member of the Senate, he worked actively on the issue of religious freedom in multiple countries and was a key sponsor of the International Religious Freedom Act of 1998.</p>
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The Huntington Way Show with Lenie de Castro and Peal Sonnenschein discuss local community issues with regards to K-12 education

Date	Time	Title	Description
1 Oct	13:30 – 14:00	EP 09 Jennifer Matyas	<p>Jennifer Matyas (pronounced Mattis) is a mother of three kids and a military spouse. Before having kids, I spent 8 years working in the field of Human Resources. I have been a stay at home mom for 17 years.</p> <p>As far as any opportunities for community members to promote: Each school is unique to their specific needs but parents and caregivers can volunteer as much or as little as they would like - whether it be helping in a classroom, shelving books in the library, serving on the PTO or PTA or choosing one event at the school you are passionate about and help with the event. If a community member doesn't have school age children but would like to be involved in D20, they can join a School Accountability Committee as a neighborhood representative.</p>
2 Oct	10:00 – 10:30	EP 10 Yvonne Strachman	<p>Yvonne is the author of Inspirational Homeschooling. Her work has been published In Christian Home Educators of Colorado's Update Magazine and the book, "Just Like You: A Collection of Homeschool Journeys" from HomeWorks by Precept. She also writes blog posts for HomeschoolHelp.com, the Christian Home Educators of Colorado (CHEC) blog, MyHomeschoolHub.com. and InspirationalHomeschooling.com.</p>
8 Oct	13:30 – 14:00	EP 11 David Hamby	<p>Mr. Hamby currently works at the Huntington Learning Center in Colorado Springs as a tutor for ACT/SAT math test preparation and help with homework in different math subjects. He enjoys sports (he has coached recreational soccer and</p>

			middle school track & field and soccer), reading, movies, music, flying, and spending time with his family.
9 Oct	10:00 – 10:30	EP 12 Sarah Knox	In October 2021 Sarah moved into the role of Director where she continues to share the "hands-on/minds-on" STARBASE program with students throughout the Colorado Springs area.
15 Oct	13:30 – 14:00	EP 13 Dr Margaret B. Wright	Dr. Margaret B. Wright, President/CEO of Collaborative Educational Supportive Services, LLC (CESS, LLC) in Pueblo, is an author, an education advocate/consultant/; a Formational Prayer Counselor; a Colorado Certified Addiction Specialist; a Competency Restoration Education Provider; an ordained minister of the gospel; and a professional performing artist. She holds a PhD in educational research and policy analysis with a concentration in curriculum and instruction; a MSA in School Administration and a BA and MFA in Theatre Arts.
16 Oct	10:00 – 10:30	EP 14 Abbie Holman & Theresa Klinitski	Abbie Kohlman currently serves as the Program Support Specialist for the Pikes Peak Business and Education Alliance (PPBEA). Theresa Klinitski, Operations Manager and Education Coordinator with the Pikes Peak Business and Education Alliance (PPBEA).
22 Oct	13:30 – 14:00	EP 01 Ethan Gonzales	Based in Colorado, USA, Ethan Gonzales has always been proud to share and express his identity and culture to people around him. Alongside martial arts and learning different languages such as Spanish and Korean, Ethan is an aspiring video-creator on YouTube, known on his several platforms as TheEthanGonzales.
23 Oct	10:00 – 10:30	EP 02 Katy Crumpton	Katy Crumpton has been homeschooling her four boys for almost 12 years.
29 Oct	13:30 – 14:00	EP 03 Kevin Honeycutt	Kevin grew up in poverty, attending school in more than 20 states before becoming the first high school and college graduate in his family. He taught K-12 art, summer art camps and wrote and directed high school plays for 13 years.
30 Oct	10:00 – 10:30	EP 04 Debra Hendrix	Deborah Hendrix – Is an Advocate for education and is currently the Executive Director for Parents Challenge, an organization that supports parental choice in education. She believes in volunteering and serves on several boards in the community.

5 Nov	13:30 – 14:00	EP 05 Ben Honeycutt	Benjamin Honeycutt is a Middle School Technology and STEAM Teacher at Woodland Park Middle School.
6 Nov	10:00 – 10:30	EP 06 Lenie de Castro	Lenie de Castro has been a school teacher in the Philippines, Child Development Lead for the US Air Force’s Child Development Center and the owner of Huntington Learning Center Colorado Springs
12 Nov	13:30 – 14:00	EP 07 Steve Schuck	Steve Schuck’s career resume reads more like an adventure, a mission to succeed and to lead. Steve talks about how our schools are failing are children.
13 Nov	10:00 – 10:30	EP 08 Jenna Hinkle	Jenna is the Assistant Director of Development for Alpenglw Music Program is an organization of small ensembles providing affordable and flexible music education to students of all ages and skill levels.
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18 Dec	10:00 – 10:30	EP 13 Dr Margaret B. Wright	<p>Dr. Margaret B. Wright, President/CEO of Collaborative Educational Supportive Services, LLC (CESS, LLC) in Pueblo, is an author, an education advocate/consultant/; a Formational Prayer Counselor; a Colorado Certified Addiction Specialist; a Competency Restoration Education Provider; an ordained minister of the gospel; and a professional performing artist. She holds a PhD in educational research and policy analysis with a concentration in curriculum and instruction; a MSA in School Administration and a BA and MFA in Theatre Arts.</p>

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The Encourage-Preneur Show interviews local business owners and community leaders discussing issues with regards to their business and community

Date	Time	Title	Description
2 Oct	11:00 – 11:30	Janet Duncan	Janet talks about how she got into accounting and establishing her business, Duncan Accounting.
2 Oct	11:30 – 12:00	Jackie Gonzalez	Executive at ABC Bank talks about her journey and what she is doing in her career and community.
9 Oct	11:00 – 11:30	Lauren Chessmore	Clarity for your Chaos, talks about ADHD and how she overcame or deal with the issues and starting her own business
9 Oct	11:30 – 12:00	Angela Rose	Executive Director for Court Appointed Special Advocates (CASA) for Children. Angela describes how she started out as a counselor to eventually becoming the Executive Director and her passion for the mission of CASA.
16 Oct	11:00 – 11:30	Ally Jencson	President & CEO of Frontline Floor Coating talks about how her family got started 10-years ago in the construction trade. She talks about starting an organization, Girder Skirt, to help other women within the construction industry.
16 Oct	11:30 – 12:00	Ryan Van Orum	Ryan runs the Wolfpack Summit Group, real estate team with Keller Williams, with the goal of enhancing the home buying process. Ryan is a military veteran.
23 Oct	11:00 – 11:30	Phoenix & Trinity with Family Flavors the Slide	Phoenix & Trinity talks about their show Family Flavors, conducting events and helping nonprofits
23 Oct	11:30 – 12:00	Delaine Elsroad	Community Liaison for Face It Together, an organization for people who are struggling with

			addiction. Delaine talks about her own alcohol addiction and how she got through her addiction.
30 Oct	11:00 – 11:30	Clarence Bumpus	Mental health practitioner from A Strong Mind Psychiatry. A Colorado native, former professional athlete talks about helping people like him.
30 Oct	11:30 – 12:00	Sorcha Sylvester	Colorado native, cystic fibrosis survivor, talks about her struggles and how she overcame the mental health aspects of her struggles.
6 Nov	11:00 – 11:30	Kevin Kokinda	Finding your career, Kevin is a military veteran who helps others through his business coaching company.
6 Nov	11:30 – 12:00	Mark Masters	Colorado's Second Cleanest comedian, author of Not Good Yet, shares his passion for making people laugh.
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4 Dec	11:00 – 11:30	Miriam Wilson	Owner of Colorado Insurance, born & raised in Memphis Tennessee, single mother, talks about the struggles of raising a child as well as starting a business.
4 Dec	11:30 – 12:00	Jennisue Jessen	Co-Founder of Compass 31, an organization that fights human trafficking and developing restorations programs in Asia and the Middle East. Talks about her experience and expertise with regards to Federal counter-trafficking policies.
11 Dec	11:00 – 11:30	Janet Duncan	Duncan Accounting
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3 Military

American Warrior Radio (AWR) hosted by Ben Buehler-Garcia. AWR tells the stories of the men and women of the military who have served or sacrificed, succeeds in life or have dedicated their lives in service to others			
Date	Time	Title	Description
1 Oct	02:00 – 03:00	Black Snow – James M. Scott	“Black Snow; Curtis LeMay, the Firebombing of Tokyo and the Road to the Atomic Bomb” is author James M. Scott’s latest release. In some wBlack Snoways it is a sequel to his previous book “Rampage” about the battle for Manila. I consider James to be one of the greatest historical writers of our generation.
2 Oct	07:00 – 08:00 09:00 – 10:00	Black Snow – James M. Scott	“Black Snow; Curtis LeMay, the Firebombing of Tokyo and the Road to the Atomic Bomb” is author James M. Scott’s latest release. In some wBlack Snoways it is a sequel to his previous book “Rampage” about the battle for Manila. I consider James to be one of the greatest historical writers of our generation.
9 Oct	09:00 – 10:00	Scott Mills	Isn’t listed as awr just says scott mills
15 Oct	02:00 – 03:00	Operation Pineapple Express – Scott Mann	Operation Pineapple Express will likely go down as one of the greatest rescue missions in history. What makes it even more interesting and inspirational is the fact that it was mostly organized by civilians – retired Special Forces

			<p>operators, Congressional staff, and state department personnel. In the midst of the horror and chaos of our withdrawal from Kabul, Pineapple Express was able to get approximately 1,000 Afghan allies and their families on evacuation flights. It was just one among several operations conducted by volunteer groups.</p> <p>Lt. Col Scott Mann is a retired Green Beret and was one of the principle organizers of the effort. He describes the events in his book “Operation Pineapple Express”. It all began with a plea Scott received from Nezam, an Afghan Army Special Forces NCO who had served with Scott. Nezam was receiving threatening texts from the Taliban and knew he had to get out of the country, but his application for the special visa he was promised was mired in bureaucracy.</p>
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22 Oct	09:00 – 10:00	Delta Force – Tom & Jen Satterly	<p>Delta Force attracted Tom Satterly because he wanted to serve with the best. It must have been a good fit – Tom served with 1st Special Forces Operational Detachment – Delta for twenty years. His struggle reintegrating into post Delta Force</p>

			life led he and his wife Jen to create the All Secure Foundation in order to help other Special Forces operators and their families get access to the resources they need.
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29 Oct	09:00 – 10:00	TBI	Traumatic Brain Injuries have been diagnosed in more than 450,000 service members between the years 2000 and 2021. These “invisible wounds” can cause physical, mental and emotional damage. A recent short film titled “Brainstorms” shows the impacts that these wounds can have upon the victims and their families. Two medical professionals join us to discuss this issue. Dr. Chrisanne Gordon is founder of the Resurrecting Lives Foundation and Dr. Josh Appel is Chief of Emergency Medicine at the Southern Arizona VA and a former Air Force Pararescueman.
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5 Nov	02:00 – 03:00	Transition – Havok Journal Editor Scott Faith	The transition from military to civilian life is the principle focus of our regular Havok Journal update with Editor Scott Faith. The transition can be more difficult for some than it is for others.

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27 Nov	07:00 – 08:00 09:00 – 10:00	Transition – Havok Journal Editor Scott Faith	The transition from military to civilian life is the principle focus of our regular Havok Journal update with Editor Scott Faith. The transition can be more difficult for some than it is for others. Scott himself is retiring from the Army soon after 28 years in service.

3 Dec	02:00 – 03:00 12:00 – 13:00 13:00 – 14:00	Nate Boyer	Nate Boyer is the embodiment of the idea that anything can be achieved with the proper dedication and focused effort.
4 Dec	07:00 – 08:00 09:00 – 10:00	Nate Boyer	Nate Boyer is the embodiment of the idea that anything can be achieved with the proper dedication and focused effort.
10 Dec	02:00 – 03:00 12:00 – 13:00 13:00 – 14:00	Mustang – Birth of the P-51	The P-51 Mustang changed the course of the air war in Europe, but it almost didn't make it off the assembly line. The story of the Mustang's evolution and the pilots that flew it in combat is the subject of a great new book by David & Margaret White titled "Wings of War; The World War II Fighter Plane That Saved the Allies and the Believers Who Made It Fly."
11 Dec	07:00 – 08:00 09:00 – 10:00	Mustang – Birth of the P-51	The P-51 Mustang changed the course of the air war in Europe, but it almost didn't make it off the assembly line. The story of the Mustang's evolution and the pilots that flew it in combat is the subject of a great new book by David & Margaret White titled "Wings of War; The World War II Fighter Plane That Saved the Allies and the Believers Who Made It Fly."
17 Dec	02:00 – 03:00 12:00 – 13:00 13:00 – 14:00	WW II Medic Andrew Kiniry	Andrew Kiniry was with the 45th Evacuation hospital. He says more than one infantryman said he would NEVER trade duty with Andrew. That proved right when Andrew's unit was moved into the Buchenwald concentration camp to care for the survivors.
18 Dec	07:00 – 08:00 09:00 – 10:00	WW II Medic Andrew Kiniry	Andrew Kiniry was with the 45th Evacuation hospital. He says more than one infantryman said he would NEVER trade duty with Andrew. That proved right when Andrew's unit was moved into the Buchenwald concentration camp to care for the survivors.
24 Dec	02:00 – 03:00 12:00 – 13:00 13:00 – 14:00	Douglas Dillard – Christmas at Battle of the Bulge	Douglas Dillard convinced his mother to let him enlist on July 3rd, 1942 when he was still 16 years old. He spent a number of Christmas holidays away from home – the Battle of the Bulge was his first.
25 Dec	07:00 – 08:00 09:00 – 10:00	Douglas Dillard – Christmas at Battle of the Bulge	Douglas Dillard convinced his mother to let him enlist on July 3rd, 1942 when he was still 16 years old. He spent a number of Christmas holidays away from home – the Battle of the Bulge was his first.
31 Dec	02:00 – 03:00 12:00 – 13:00	Wade Hubbard	Wade Hubbard only spent five years in the Air Force. During that time he was awarded FIVE

	13:00 – 14:00		Distinguished Flying Cross medals, Thirty Air Medals and the Purple Heart. “Mother” Hubbard joins us for our regular feature in partnership with the Distinguished Flying Cross Society. The mission of the DFC Society is to honor, preserve and teach the legacy or heroism or extraordinary achievement in aerial flight for which the Distinguished Flying Cross is awarded.
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