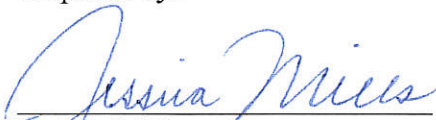


ISSUES AND PROGRAMS LIST
1st QUARTER 2015

Station WBAB 102.3 FM/ WHFM 95.3 determined that the following were of significant concern to the Long Island, New York community during the first quarter of 2015.

1. Health
2. Public Safety
3. Education
4. Economy/Economic Development
5. Environment
6. Community/Charity Events/Organizations

Prepared by:



Jessica Mills
Administrative Coordinator
Cox Radio Long Island
WBAB-FM, WHFM-FM, WBLI-FM

Cox Radio Long Island Program Descriptions

Plugged In To Long Island - Plugged In To Long Island is a one-half hour, station produced interview program focusing on Long Island area issues. It is heard Sunday mornings at 6:00AM and 6:30AM. Plugged In To Long Island is produced by WBAB/WBLI community affairs staff. **East End Report** is a monthly half-hour segment of Plugged In To Long Island dedicated to our East End listeners. It includes updates on ascertained issues such as the environment and land preservation of the East End. The show can be heard as part of Plugged In To Long Island.

Radio Health Journal - Radio Health Journal is a one-half hour radio magazine produced by Media Tracks Communications that keeps tabs on the latest in the world of medicine- breakthroughs, what medical advances to look for, and eye opening news. The show airs on Sunday morning at 5AM.

The Best Of Our Knowledge/Legislative Gazette –The Best Of Our Knowledge/Legislative Gazette is a one-half hour New York State (WAMC) produced discussion program focusing on education and New York State political issues. It is heard Sunday mornings between 6:00am and 6:30am, inside Sunday morning public affairs programming.

WBAB Rock’N’Roll Morning Show – WBAB Rock’N’Roll Morning Show with Roger & JP airs weekdays from 5:30AM-10AM. During morning drive, News Director Ted Lindner gives an hourly news and traffic update.

Cox Radio 1st Quarter 2015 Issues & Programs

Issue- Health

Radio Health Journal 1/4/15 at 5:13AM (8 minutes)

- Heart failure is a major source of death and disability. Experts discuss causes, consequences and new treatments that may greatly lessen its toll.

Radio Health Journal 1/18/15 at 5:13AM (8 minutes)

- The New Year is a time for people to stop bad habits and start new, good routines. An expert discusses the psychology of habits and how people can be more successful in changing their lives for the better.

Plugged Into Long Island 1/25/15 at 6-6:30AM (26 minutes)

- Summary: Al Levine and Staci Leavitt, Nutrition and Eating Disorder Clinician and owner of Mind and Body, Inc, talk about ways to eat healthier (especially during the summer months) promote healthy eating with your family, and dealing with eating disorders.

Radio Health Journal 1/25/15 at 5:00AM (13 minutes)

- Human papilloma viruses are responsible for many cancers, especially cervical cancer and throat cancer. Vaccines exist for the major HPV's that cause these cancers, yet relatively few eligible youths have gotten them.

Plugged Into Long Island 2/1/15 at 6:30-7AM (27 minutes)

- Summary: Ted Lindner meets with Ann Hughes to discuss Fidelis Health Care. Fidelis Care is a non-profit health insurance organization with more than one million members and offers coverage in all 62 counties of New York State (half from the five boroughs and Long Island). They believe that everyone has the right to quality, affordable health insurance coverage, and their goal is to provide insurance to anyone who needs it.

Radio Health Journal 2/1/15 at 5:13AM (8 minutes)

- The 2014-2015 flu season started much earlier than normal and so far has been much more severe than usual. Experts explain how this year's mismatch occurred between the flu vaccine and the predominant strain of flu, and how people can protect them in spite of the ineffective vaccine.

Plugged Into Long Island 2/8/15 6-6:30AM (26 minutes)

- Summary: Dana DiDinato meets with Dr. Ferrari, of Kahn, Ferrari Dental, to discuss general dental health. He also relays ways to get over the fear & anxiety people feel over a trip to the dentist, the latest advancements in dental technology and the importance of communication between doctor and patient.

Radio Health Journal 2/8/15 at 5:13AM (8 minutes)

- Eye exams are looking for a lot more than just eye diseases or how well you see. The eye is the window to the rest of our body's health, and many diseases can be spotted there first. An ophthalmologist explains.

Radio Health Journal 2/15/15 at 5:00AM (13 minutes)

- Scientists are learning that the bacteria living inside us, most notably in the intestines, influence our bodies far more than previously suspected. Our microbiome influences many other organs, particularly the liver, brain, and immune system. Different mixes of these bacteria may account for a great deal of the variability among people, particularly in our weight. Two researchers explain.

Radio Health Journal 2/15/15 at 5:13AM (8 minutes)

- People eat for reasons other than satisfying hunger, and those reasons play a great role in whether we eat too much or not. Experts discuss the role of the environment in our appetites and how we may use it to stay slim.

Radio Health Journal 2/22/15 at 5:13AM (8 minutes)

- The sense of touch is often taken lightly, yet it conveys more emotion than any other sense because it literally has a separate emotional wiring system. A neuroscientist explains the sense of touch, how it works, the power it has over everyday decisions, and what can happen when it's not working, as it should.

Radio Health Journal 3/1/15 at 5:00AM (13 minutes)

- Doctors can cure cancer in children better than ever, but decades later, many survivors suffer from serious, chronic disease as a result of powerful cancer treatments. Often those survivors don't get screening and treatment for late effects. Experts and survivors discuss how treatments influence life decades later.

Radio Health Journal 3/1/15 at 5:13AM (8 minutes)

- New parents are often at wits' end when their baby won't sleep. Infants who won't sleep and cry inconsolably are also at major risk of being victims of shaken baby syndrome. Experts discuss the connection and ways babies can be more reliable sleepers.

Radio Health Journal 3/8/15 at 5:00AM (13 minutes)

- Measles is more widespread than it has been in years. The current measles outbreak in several states has prompted questions about the responsibility of parents to have their children immunized against vaccine-preventable diseases.

Radio Health Journal 3/8/15 at 5:13AM (8 minutes)

- Many people are familiar with the use of Botox to reduce wrinkles and frown lines. But Botox can also be used to reduce the effects of depression.

Radio Health Journal 3/15/15 at 5:13AM (8 minutes)

- Hospitals and clinics often have to stock a huge variety of bandages and dressings to address the moisture needs of different kinds of wounds. Now a high-tech "smart dressing" can replace them. It absorbs moisture when necessary but can also supply the right amount of moisture in places where it's needed.

Radio Health Journal 3/22/15 at 5:13AM (8 minutes)

- An expert discusses his study of traditional native societies, which shows how human genetics have not adapted to change

Radio Health Journal 3/29/15 at 5:13AM (8 minutes)

- Anxiety is normal, but too much can be crippling; an author and anxiety sufferer discusses the nature of crippling anxiety and what people can do about it.

Issue – Public Safety

Plugged Into Long Island 1/4/15 at 6-6:30AM (26 minutes)

- Summary: Ted Lindner talks with Diana Nisito, from Brighter Tomorrows. Brighter Tomorrows is a non-profit dedicated to empowering survivors of domestic violence through the provision of safe housing, supportive counseling, and legal advocacy services on Long Island.

Radio Health Journal 1/4/15 at 5:00AM (13 minutes)

- Almost everyone is victimized at some point by a cutthroat co-worker who lies with ease and feels no remorse. These people may be "almost psychopaths," people with psychopathic characteristics too subtle to be diagnosed. Two experts explain how these people operate and how the rest of us can avoid being played.

WBAB's Rock'N'Roll Morning Show With Roger & JP, 1/7/15 5a, 7a, 8a (1 minute each hour)

- Suffolk police say yesterday a Newfield High School student in Selden suffered second-degree facial burns during an Earth science class experiment with alcohol and water that flared up. The student was taken to Stony Brook University Hospital for evaluation, and no other student or staff members were injured as the investigation into what happened continues.

WBAB's Rock'N'Roll Morning Show With Roger & JP, 1/19/15 5a, 7a, 8a (1 minute each hour)

- Suffolk County Police continue to investigate a car accident that killed a man early yesterday morning in Dix Hills. The driver was reportedly headed south bound on Deer Park Avenue when his vehicle struck a pedestrian who was attempting to cross from west to east at MacNeice Place around 6:20 in the morning. Detectives are asking anyone with information on this crash to call the Second Squad at 631-854-8252.

Plugged Into Long Island 2/15/15 at 6:30-7AM (26 minutes)

- Summary: Sandy Brewster talks to Alan Clark, Managing Partner at the Law firm of Alan W. Clark and Associates. They discuss patient safety and preventing medical errors. They also discuss the upcoming community event, Are Hospitals Safe? What You Need to Know to Protect Yourself, at the Levittown Public Library on March 26th.

WBAB's Rock'N'Roll Morning Show With Roger & JP, 2/23/15 5a, 7a, 8a (1 minute each hour)

- Yesterday afternoon a little after 2 an Amityville man was struck and killed by an LIRR train Sunday at the Copiague station. The MTA did not say why the man had been on the track and No one else was reportedly hurt in the incident.
- Rescuers called off a search Sunday night after receiving a call about a possible kayaker stranded off Jones Beach earlier in the day. The kayaker was reported west of the Meadowbrook State Parkway drawbridge around 4:30, .But by 6:15, the search was called off and police suspected the caller was mistaken about a kayaker being in distress.

Plugged Into Long Island 3/1/15 at 6-6:30AM (25 minutes)

- Summary: Rocky talks with Suffolk Legislator Tom Cilmi about the local drug problem and how it has developed over the years. They discuss proposed legislation to battle the issue and their partnership with Big Brother/Big Sister.

WBAB's Rock'N'Roll Morning Show With Roger & JP, 3/12/15 5a, 7a, 8a (1 minute each hour)

- A Suffolk Police officer is in serious condition after getting shot twice while patrolling Huntington Station last night. Officer Mark Collins, a 12-year-veteran, was making a traffic stop when he was shot on Mercer Court just before midnight according to Suffolk County executive Steve Bellone. Collins was taken to Stony Brook University Hospital, where he is recovering from non-life threatening injuries in neck and hip. Police have one person in custody. This morning Jericho Tpke is closed between Rt-110/Walt Whitman Rd and Melville Rd.

Radio Health Journal 3/15/15 at 5:00AM (13 minutes)

- Studies estimate that at some point in their careers, 35 percent of workers will be bullied badly enough to affect their health. Experts discuss the reasons for workplace bullying, the outcomes, and some of the few ways to prevent it.

Issue- Education

The Best of Our Knowledge 1/4/15 at 5:30-6am (25 minutes)

- You meet the most interesting people when putting together a radio show. Week after week we get to sit down and chat with remarkable people who have accomplished, well, remarkable things. Today on the Best Of Our Knowledge, we'll look back at a couple who really made an impression.

First we'll play back our visit with Captain William Shepherd, the first commander of the international space station. Then it's our chat with a mother and daughter who have written a superhero...where the heroes fight school bullies.

The Best of Our Knowledge 1/18/15 at 5:30-6am (25 minutes)

- You may have noticed that as he approaches his final two years in office, President Obama is trying harder to put his imprint on life in the US...and with his recent proposal on making two years college available to everyone, he has started a whole new conversation on the importance of school beyond grade 12.

Today on The Best Of Our Knowledge, we'll hear about the president's plan for universal community college.

We'll also open up the political science classroom and talk about the situation in France with a professor who specialized in European politics.

Radio Health Journal 1/25/15 at 5:13AM (8 minutes)

- Music Thanatology is a specialized practice of playing harp music for the dying. A practitioner of the art explains how there is also science to it as well.

The Best of Our Knowledge 1/25/15 at 5:30-6am (25 minutes)

- Arizona passed a law this month that made it the first state in the nation to mandate high school students pass a test in civics. We've been hearing about the decline of civics education for years...and one issue keeps arising: is it possible to keep politics out of civics?

For that matter, is keeping politics out of the classroom a good idea at all?

WBAB's Rock'N'Roll Morning Show With Roger & JP, 1/30/15 5a, 7a, 8a (1 minute each hour)

- A new policy says at the City University of New York, gender-specific salutations are now a no-no. School officials sent out a memo barring professors and other staffers within the graduate program from addressing students with titles like "Mr." and "Mrs.," according to the Wall Street Journal. Free speech advocates worry that policies like the one at CUNY lead to a slippery slope that intrudes on academic freedom.

Radio Health Journal 2/8/15 at 5:00AM (13 minutes)

- Few female role models exist at major research universities in scientific fields, subverting efforts to get more women into math and science. Many scientists have dismissed gender bias as a factor. However, new research shows that unintentional bias results in women being subconsciously considered less competent than their male scientific counterparts. Experts explain how unconscious bias exists and its pervasive effect in academia and society at large.

The Best of Our Knowledge 2/8/15 at 5:30-6am (25 minutes)

- Our lives are changing faster than in just about any period in human history. And, if you'll excuse the pun, that's not going to change anytime soon. And some of the biggest changes have come from the ways we create, and consume, the arts. While music and literature are now more available than ever, it's become almost impossible for someone to make the arts their life's work...at least if they want to keep, you know, eating.

Today on the Best Of Our Knowledge, a look at how the advances of the 21st century are pounding the creative class.

The Best of Our Knowledge 2/15/15 at 5:30-6am (25 minutes)

Black History Month began as Negro History Week back in 1926. It was held the second week of February to coincide with the birthdays of both Abraham Lincoln and Fredrick Douglass. It was officially recognized as Black History Month in 1976 as part of the United States Bicentennial Celebration. Today on the Best Of Our Knowledge, we'll celebrate first with a conversation about historically black colleges and universities in the US with Dr. Matthew Lynch from Virginia Union University.

Then we'll hear about the beginnings of the black power salute, made famous in the 1968 Olympics games by two African American medal-winning sprinters.

And we'll spend an academic minute looking for talk about race in the media.

The Best of Our Knowledge 3/1/15 at 5:30-6am (25 minutes)

- If you're a fan of Seinfeld, you know that was always called a show about nothing.

Well we won't be nearly as funny as Jerry and the gang, but today's program is about a whole lotta nothing. Today on the Best Of Our Knowledge, we'll talk to an astrophysicist and cosmologist, it's the same guy, about huge spaces in the universe called "cosmic voids"...and see how studying them might bring answers to some very fundamental questions about the universe.

The Best of Our Knowledge 3/8/15 at 5:30-6am (25 minutes)

If you were with us last week, you heard a fascinating conversation about the universe and the great cosmic voids of outer space and time.

I figured this week we'd stay out there, only instead of voids we'd have talking robots and laser battles. Today on the Best Of Our Knowledge we'll talk to Kevin J. Anderson, one of the most prolific and bestselling science fiction authors working today.

Then we'll come back to Earth and hear how student in Oregon are using language to learn just about everything else.

And we'll spend an academic minute with...uh...writers block.

Radio Health Journal 3/29/15 at 5:00AM (13 minutes)

- Millions of people can't carry a tune when they sing and believe they're tone deaf. However, most simply have trouble matching tones when they sing and would benefit from more practice. To the truly tone-deaf person, all pitches sound alike. No amount of practice would help. Experts discuss the concept and offer hope to the karaoke-challenged.

The Best of Our Knowledge 3/29/15 at 5:30-6am (25 minutes)

- How did we ever get along without the internet?

I'm sure you've heard that line more than a few times over the last decade or so. The amount of information on line has been a great tool for educators. But there are also cyber traps that more and more teachers are falling into. Today on the Best Of Our Knowledge we'll talk about the new book "Cyber Traps for Educators".

Then we'll meet a student from the UK who has overcome cyber-addiction and is trying to help others do the same.

Issue- Economy/Economic Development

Radio Health Journal 1/11/15 at 5:00AM (13 minutes)

- Professional musicians often suffer from repetitive motion injuries, while dancers suffer athletic injuries. Both often "play hurt," in part due to fear of losing position or income, or because they are more likely than most professions to have no health insurance.

Radio Health Journal 1/11/15 at 5:13AM (8 minutes)

- It's much more common today for 20-somethings to delay moving out of Mom and Dad's house to start an independent life.

The Best of Our Knowledge 1/11/15 at 5:30-6am (25 minutes)

- College costs money. A lot of money! And that's one of the many reasons that community colleges are becoming more popular with students. There are over 12 million students enrolled in community colleges in the US. That's over 45% of all college students. And over the past decade those numbers have been growing. But are community colleges getting the attention...and the money...they need to serve those students?

Today on The Best Of Our Knowledge, we'll talk about the state of community colleges in the US...and what needs to happen to keep them healthy and growing.

WBAB's Rock'N'Roll Morning Show With Roger & JP, 1/7/15 5a, 7a, 8a (1 minute each hour)

- Hempstead Supervisor Kate Murray yesterday announced her opposition to a plan to build a new gaming parlor with up to 1,000 video slot machines at the empty Fortunoff property in Westbury, while North Hempstead officials called for a halt to planning for the project. Nassau OTB said the project would create 200 jobs and increase sales tax revenue for the county.

WBAB's Rock'N'Roll Morning Show With Roger & JP, 1/19/15 5a, 7a, 8a (1 minute each hour)

- New York Gov. Andrew Cuomo (D) announced Sunday that he plans to submit a proposal to raise the minimum wage to \$11.50 an hour in New York City and \$10.50 an hour in the rest of the state. Cuomo will unveil his minimum wage plan in his proposal for the state budget on Wednesday. The current minimum wage in New York state is \$8.75 per hour, a figure that's set to rise to \$9 at the end of this year.

Plugged Into Long Island 1/25/15 at 6:30-7AM (26 minutes)

- Summary: Sandy Brewster talks with Dawn Grzan, from the Melville Chamber of Commerce, about the Women of Melville Empowerment Network (W.O.M.E.N.) and their upcoming panel: Making Money Matter. W.O.M.E.N. provides information and a networking forum for women of all levels of business who are also members of the Melville Chamber of Commerce.

WBAB's Rock'N'Roll Morning Show With Roger & JP, 1/30/15 5a, 7a, 8a (1 minute each hour)

- A new plan has an increase in the delivery charge portion of our electric bills coming. The delivery charge is set to jump nearly 4 percent a year under a three-year rate proposal by PSEG Long Island and LIPA. The plan is to be released Friday. The delivery charge represents about half of customer bills and PSEG says it is part of a \$221 million plan to continue system improvements, allow the Long Island Power Authority to set aside more cash to fund operations, and improve its credit rating and pay financing costs for system improvements.

Plugged Into Long Island 2/8/15 at 6:30-7AM (26 minutes)

- Summary: Ted Lindner and guests discuss elder care planning and "the talk" you need to have with your parents regarding aging, their health and financial issues. The mention the importance of naming a Power of Attorney and having a Health Care Proxy in place.

Plugged Into Long Island 2/22/15 at 6:30-7AM (25 minutes)

- Summary: Al Levine talks with Paul Hyl, from Genser Dubow Genser & Cona. They discuss estate planning for your online life and how protecting your digital assets can be a complex, daunting, yet important task. Most people overlook their virtual assets that may include Pay Pal and E Bay accounts, online games and gambling, banking, social media, email, website and blog ads, videos/pictures, entertainment files and anything else that is stored electronically.

WBAB's Rock'N'Roll Morning Show With Roger & JP, 3/12/15 5a, 7a, 8a (1 minute each hour)

- Nassau County Executive Edward Mangano last night in his state of the county address announced plans to build a new practice facility and corporate offices for the Islanders at Cantiague Park in Hicksville. Mangano said the project will "cement the Islanders in Nassau and provide hope that we will witness their full-time return" after the Nassau Coliseum undergoes a privately funded renovation beginning this summer. The Islanders signed a 25-year contract in 2012 to play at the Barclays Center in Brooklyn beginning this coming fall.

Plugged Into Long Island 3/15/15 at 6:30-7AM (28 minutes)

- Summary: Sandy Brewster and Nancy Rauch Douzinas, founder of the Rauch Foundation, discuss the Long Island Index. The Long Island Index is a source of unbiased, reliable data for businesses, nonprofits, civic organizations, educators, and townships throughout the region. The Index's goals are to measure where we are and show trends over time, encourage regional thinking, compare Long Island's situation with those in similar regions, increase awareness of issues and their interrelatedness, and inspire Long Islanders to work together to achieve shared goals.

Radio Health Journal 3/22/15 at 5:00AM (13 minutes)

- The US once led the world in proportion of women in the workplace, but that number has declined the last 15 years. Experts explain the social, economic, and governmental factors that are leading women to quit their jobs--often unwillingly--and stay home.

Issue- Environment

Plugged Into Long Island 2/15/15 at 6-6:30AM (27 minutes)

- Summary: Ted Lindner meets with Adrienne Esposito, Executive Director of the Citizens Campaign for the Environment. They discuss the Long Island Clean Water Partnership, which is a group of leading conservation organizations who are bringing together scientists, planners, advocates, public officials, and concerned community members, to address the issues related to declining water quality on Long Island.

The Best of Our Knowledge 3/15/15 at 5:30-6am (25 minutes)

- Through the years some artists have gotten their inspiration through science.

Scientists getting inspiration through art is another thing all together and could, perhaps, create a whole new discipline. Today on the Best Of Our Knowledge we'll hear from an art professor who uses art as an exo-discipline.

Then we'll try to find out why an overwhelming majority of students in Veterinary School are woman. And we'll spend an academic minute exploring the coral reefs.

The Best of Our Knowledge 3/22/15 at 5:30-6am (25 minutes)

- Whenever you saw Alan Alda on the big screen or the small, he usually played a practical, well-spoken character who knows how to communicate to the audience.

Now he is working to make sure that scientists around the worlds have those safe communication skills when getting their ideas across to the public. Today on the Best Of Our Knowledge we'll hear about the Alda Center for Scientific Communication...and find out where they are setting up shop.

Issue - Community/Charity Events/Organizations

Plugged Into Long Island 1/4/15 at 6:30-7AM (27 minutes)

- Summary: Sandy Brewster speaks with Dr. Andrew Jacono, a senior advisor and volunteer facial plastic and reconstructive surgeon for FACE to FACE: The National Domestic Violence Project. FACE to FACE provides pro bono consultations and surgery to domestic violence survivors who have suffered injuries to the face, head and neck.

Plugged Into Long Island 1/11/15 at 6-6:30AM (26 minutes)

- Summary: Ted Lindner meets with representatives from the Suffolk County United Veterans. Their housing programs provide emergency shelter, along with transitional and permanent housing. They also provide case management, peer support, educational assistance/job training, transportation, and two food pantries, all to support the Veteran to heal and reintegrate successfully back into the community.

Plugged Into Long Island 1/11/15 at 6:30-7AM (25 minutes)

- Summary: Sandy Brewster and guest, Randi Shubin Dresner, discuss Island Harvest and fighting hunger on Long Island. Island Harvest serves as a bridge between those who have surplus food and those that need it. Their volunteers and staff “rescue”, or collect, good surplus food from over 800 local restaurants, caterers, farms, and other food-related businesses; and distribute it to a network of close to 570 soup kitchens, food pantries, and other places where those in need can access it.

Plugged Into Long Island 1/18/15 at 6-6:30AM (20 minutes)

- Summary: Josh Emert speaks to Melissa Wayne, Prevention Coordinator for the Pederson Krag Center. They discuss the Problem Gambling Treatment Prevention Program and how problem gambling affects the entire family as a whole, as well as each and every member individually.

Plugged Into Long Island 1/18/15 at 6:30-7AM (28 minutes)

- Summary: Ted Lindner meets with Dr. Aaron Krasner, from Silver Hill Hospital in Connecticut, to discuss bullying. Statistics show bullying is becoming a huge problem. Silver Hill Hospital developed a web site to help educate the public on bullying issues; such as school bullying, workplace bullies, bullying teachers, adult bullies, and more. Their goal is to help teens, families, schools, and communities get the education and help they need to prevent being bullied.

Plugged Into Long Island 2/1/15 at 6-6:30AM (26 minutes)

- Summary: Chris Kosik discusses Honor Flight Long Island. They talk about how the national organization takes veterans to Washington DC to visit their memorials. It is a non for profit organization that includes volunteers including high school students.

Plugged Into Long Island 2/22/15 at 6-6:30AM (29 minutes)

- Summary: Ted Lindner talks with Pamela Loeser, Editor in Chief of Choice Magazine Listening. For more than 50 years, Choice Magazine Listening has been recording magazine articles for people who are blind, visually impaired, or physically disabled to where they cannot easily turn pages or hold a magazine. It is a free literary service.

Plugged Into Long Island 3/1/15 at 6:30-7AM (26 minutes)

- Summary: Ted Lindner meets with representatives from the Developmental Disabilities Institute (DDI) to discuss their upcoming annual Rockin’ for Autism concert taking place on Sunday, March 8th, at Mulcahys. The concert will feature some of Long Island’s best rock n roll bands. All proceeds will benefit children and adults with autism and other developmental disabilities.

Plugged Into Long Island 3/8/15 at 6-6:30AM (29 minutes)

- Summary: Donna Donna speaks to David Ceely from Little Shelter Animal Rescue and Adoption Center. Little Shelter is a non-profit, no-kill animal shelter in Huntington. They have been dedicated to saving abandoned dogs and cats and placing them into loving homes since 1927. All their pets receive the highest quality medical care and are spayed/neutered before adoption.

Plugged Into Long Island 3/15/15 at 6-6:30AM (26 minutes)

- Summary: Ted Lindner meets with Jason Lipset, from Friends of Karen. Friends of Karen provides support for families caring for a child with a life-threatening illness, thanks to the generosity of thousands of friends in the community, including corporations, foundations, community groups and individual donors.

Plugged Into Long Island 3/22/15 at 6-6:30AM (25 minutes)

- Summary: Al Levine meets with Roger Lynn to talk about Angels for Warriors, a not-for-profit volunteer organization providing information and guidance about the essential resources available to America's returning warriors and their families. Clients get a personal roadmap based on their individual needs that will help them locate and navigate the local, regional and national resources available to them.

Plugged Into Long Island 3/22/15 at 6:30-7AM (26 minutes)

- Summary: Ted Lindner speaks with representatives from the Salvation Army Rehabilitation Center (ARC). ARC provides an in-residence rehabilitation program with a focus on basic necessities. Each program participant receives a clean and health living environment, good food, work therapy, leisure time activities, group and individual counseling, spiritual direction and the resources needed to develop life skills and personal relationship with God.



WBAB COMMUNITY CALENDAR

The WBAB Community Calendar is a listing of Public Service Announcements and community events throughout Long Island. The WBAB Community Calendar runs once per daypart daily, (seven times a day), seven days a week. Events are also listed on www.wbab.com. The following are the public service announcements which ran during the 1st quarter of 2015.

#8054

Start: 1/1

End: 1/9

HERE'S YOUR BAB COMMUNITY CALENDAR...

THIS HOLIDAY SEASON, HELP MAKE A LONG ISLAND FAMILY'S HOLIDAY A LITTLE BRIGHER WITH A DONATION TO ISLAND HARVEST. NOW MORE THAN EVER, FELLOW LONG ISLANDERS NEED ASSISTANCE. LOST JOBS, DOWNSIZING AND OTHER EVENTS HAVE LED TO MORE ADULTS & CHILDREN HAVING EMPTY PLATES ON THEIR TABLE. JUST A \$10 DONATION CAN FEED A HUNGRY CHILD HERE ON LONG ISLAND FOR 7 DAYS. PLEDGE YOUR SUPPORT AND FIND OUT MORE INFORMATION BY VISITING ISLAND HARVEST DOT ORG AND SEE WHERE YOU CAN FIND DROP OFF SITES NEAREST TO YOU. ISLAND HARVEST...FIGHTING HUNGER, TOUCHING LIVES.

Want to feel what it's like to potentially help save up to three lives? The American Red Cross has an urgent need for blood donors right now to prevent an emergency shortage and ensure an adequate blood supply. Platelet donors and those with O negative, B negative and A negative blood types are especially needed. To find the nearest opportunity and schedule an appointment, call 1-800-RED CROSS or visit [red cross blood dot org](http://redcrossblood.org). Choose your day and give.

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 1/1

End: 1/9

HERE'S YOUR BAB COMMUNITY CALENDAR...

During the holidays, your home has more fire and burn hazards than any other time of the year. It's the tree you didn't water for 3 days. It's the candles left unattended. The pot handles on the stove. That hot tray of cookies your kids couldn't resist. This holiday, Shriners Hospitals for Children is sending its Love to the rescue to keep your homes fire safe and your kids burn free. Learn how you can Be Burn Aware at beburnaware.org

Looking for a local charity in need of your help? Mercy Center Ministries, Inc is a non-denominational not-for-profit, right in the Suffolk community! They shelter homeless teen girls ages 16-21 in Patchogue, and teen mothers and children in Blue Point and Sayville. They're now accepting donations to make the Holidays bright for these youth in need. Donations accepted Monday-Friday. For more information on how you can help call 631-447-3978 or visit them online at [www dot mercy center ministries dot org](http://www.mercycenterministries.org).

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8054

Start: 1/10

End: 1/21

HERE'S YOUR WBAB COMMUNITY CALENDAR...

The Supportive Services for Veteran Families (SSVF) Program provides assistance to Veterans in Nassau and Suffolk County who are homeless or on the verge of becoming homeless. SSVF will provide eligible Veterans with case management and housing search assistance, as well as help with employment and benefits. The program may also be able to provide time-limited payments to third parties for those in rental or utility arrears. For more information about the program contact Services for the Underserved in Amityville at 631-227-0777.

Want to feel what it's like to potentially help save up to three lives? The American Red Cross has an urgent need for blood donors right now to prevent an emergency shortage and ensure an adequate blood supply. Platelet donors and those with O negative, B negative and A negative blood types are especially needed. To find the nearest opportunity and schedule an appointment, call 1-800-RED CROSS or visit redcrossblood.org. Choose your day and give.

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 1/10

End: 1/21

HERE'S YOUR BAB COMMUNITY CALENDAR...

Imagine a world where sleep and wake violently collide. Where light becomes dark and dark becomes light. That's the real world of narcolepsy. A serious disease affecting 3 million people. Often beginning at childhood. Excessive daytime sleepiness, sleep paralysis, temporary loss of muscle control, poor nighttime sleep and hallucinations are just a few symptoms many endure. With proper treatment and support there is hope. Visit [wake up narcolepsy dot org](http://wakeupnarcolepsy.org) to learn how you can help. That's [wake up narcolepsy dot org](http://wakeupnarcolepsy.org).

Looking for a local charity in need of your help? Mercy Center Ministries, Inc is a non-denominational not-for-profit, right in the Suffolk community! They shelter homeless teen girls ages 16-21 in Patchogue, and teen mothers and children in Blue Point and Sayville. They're currently accepting donations to help Long Island youth in need. Donations accepted Monday-Friday. For more information on how you can help call 631-447-3978 or visit them online at [www dot mercy center ministries dot org](http://www.dotmercycenterministries.org).

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8054

Start: 1/22

End: 2/6

HERE'S YOUR WBAB COMMUNITY CALENDAR...

IT'S NOT JUST A MAN'S DISEASE. EACH YEAR, 1 IN 3 WOMEN DIE OF HEART DISEASE AND STROKE. BUT WE CAN CHANGE THAT BECAUSE 80 PERCENT OF CARDIAC EVENTS CAN BE PREVENTED WITH EDUCATION AND LIFESTYLE CHANGES. PARTICIPATE IN THE AMERICAN HEART ASSOCIATION'S 14TH ANNUAL GO RED FOR WOMEN LUNCHEON ON FEBRUARY 11TH AND HELP JOIN US IN OUR MISSION TO FIGHT HEART DISEASE IN WOMEN BY CHOOSING TO GO RED. FOR INFORMATION CALL 516-450-9131 OR VISIT LONG ISLAND GO RED LUNCHEON DOT HEART DOT ORG.

Want to feel what it's like to potentially help save up to three lives? The American Red Cross has an urgent need for blood donors right now to prevent an emergency shortage and ensure an adequate blood supply. Platelet donors and those with O negative, B negative and A negative blood types are especially needed. To find the nearest opportunity and schedule an appointment, call 1-800-RED CROSS or visit [red cross blood dot org](http://redcrossblood.org). Choose your day and give.

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 1/22

End: 2/6

HERE'S YOUR BAB COMMUNITY CALENDAR...

CARDIOVASCULAR DISEASES CAUSE ONE IN THREE WOMEN'S DEATHS EACH YEAR, KILLING APPROXIMATELY ONE WOMAN EVERY MINUTE.

UNFORTUNATELY, THE KILLER ISN'T AS EASY TO SEE. HEART DISEASE IS OFTEN SILENT, HIDDEN AND MISUNDERSTOOD. THAT'S WHY GO RED FOR WOMEN IS ASKING WOMEN TO PARTICIPATE IN THE AMERICAN HEART ASSOCIATION'S 12TH ANNUAL NATIONAL WEAR RED DAY ON FRIDAY, FEBRUARY 6th, TO MAKE ENDING HEART DISEASE A REALITY. VISIT GO RED FOR WOMEN DOT ORG OR CALL 516-450-9111 TO SIGN UP TODAY.

Did you know tests that could save your life from cancer are now available for little or no cost, thanks to the Affordable Care Act? Let this be the year you get screening tests that can prevent cancer or detect it early, when it's most treatable. Talk to a doctor or other medical professionals to learn more about the best cancer testing options for you. To learn more about how the health care law can help you, contact your American Cancer Society at cancer.org or call 1-800-227-2345.

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8054

Start: 2/7

End: 2/20

HERE'S YOUR BAB COMMUNITY CALENDAR...

THIS MARCH WE WILL BE FREEZIN FOR A REASON! JOIN WBAB'S JOE ROCK FOR THE 11TH ANNUAL TOWN OF NORTH HEMPSTEAD POLAR PLUNGE SATURDAY, MARCH 7TH AT NORTH HEMPSTEAD BEACH PARK IN PORT WASHINGTON. HELP RAISE MONEY FOR ATHLETES OF SPECIAL OLYMPICS NEW YORK BY ASKING YOUR FRIENDS AND FAMILY TO SUPPORT YOU IN TAKING THE PLUNGE! EVERY PLUNGER THAT RAISES \$125 RECEIVES AN OFFICIAL PLUNGE SWEATSHIRT. WHETHER YOU PLUNGE OR SUPPORT A PLUNGER, COME JOIN US IN MARCH! TO REGISTER VISIT WWW DOT POLAR PLUNGE NY DOT ORG SLASH TOBAY.

Want to feel what it's like to potentially help save up to three lives? The American Red Cross has an urgent need for blood donors right now to prevent an emergency shortage and ensure an adequate blood supply. Platelet donors and those with O negative, B negative and A negative blood types are especially needed. To find the nearest opportunity and schedule an appointment, call 1-800-RED CROSS or visit red cross blood dot org. Choose your day and give.

THAT'S YOUR WBAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 2/7

End: 2/20

HERE'S YOUR BAB COMMUNITY CALENDAR...

Sunday, March 8th join the Developmental Disabilities Institute for their 8th Annual Rockin' for Autism concert at Mulcahy's on Railroad Ave in Wantagh at 3:00 P.M. For a \$30.00 donation guests will enjoy the sounds of legendary local bands, gift baskets auction, raffles, food, cash bar and the company of hundreds of fellow Long Islanders. An all-star lineup of legendary Long Island bands will be set to hit the stage including One Step Ahead, Three, and RPM & Friends. For tickets call 631-366-2978 or visit www.rockinforautism.org.

Did you know tests that could save your life from cancer are now available for little or no cost, thanks to the Affordable Care Act? Let this be the year you get screening tests that can prevent cancer or detect it early, when it's most treatable. Talk to a doctor to learn more about the best cancer testing options for you. To learn more about how the health care law can help you, contact your American Cancer Society at cancer.org or call 1-800-227-2345.

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8054

Start: 2/21

End: 3/8

HERE'S YOUR BAB COMMUNITY CALENDAR...

THIS MARCH WE WILL BE FREEZIN FOR A REASON! JOIN WBAB'S JOE ROCK FOR THE 11TH ANNUAL TOWN OF NORTH HEMPSTEAD POLAR PLUNGE SATURDAY, MARCH 7TH AT NORTH HEMPSTEAD BEACH PARK IN PORT WASHINGTON. HELP RAISE MONEY FOR ATHLETES OF SPECIAL OLYMPICS NEW YORK BY ASKING YOUR FRIENDS AND FAMILY TO SUPPORT YOU IN TAKING THE PLUNGE! EVERY PLUNGER THAT RAISES \$125 RECEIVES AN OFFICIAL PLUNGE SWEATSHIRT. WHETHER YOU PLUNGE OR SUPPORT A PLUNGER, COME JOIN US IN MARCH! TO REGISTER VISIT WWW DOT POLAR PLUNGE NY DOT ORG SLASH TOBAY.

Want to feel what it's like to potentially help save up to three lives? The American Red Cross has an urgent need for blood donors right now to prevent an emergency shortage and ensure an adequate blood supply. Platelet donors and those with O negative, B negative and A negative blood types are especially needed. To find the nearest opportunity and schedule an appointment, call 1-800-RED CROSS or visit red cross blood dot org. Choose your day and give.

THAT'S YOUR WBAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 2/21

End: 3/8

HERE'S YOUR BAB COMMUNITY CALENDAR...

Sunday, March 8th join the Developmental Disabilities Institute for their 8th Annual Rockin' for Autism concert at Mulcahy's on Railroad Ave in Wantagh at 3:00 P.M. For a \$30.00 donation guests will enjoy the sounds of legendary local bands, gift baskets auction, raffles, food, cash bar and the company of hundreds of fellow Long Islanders. An all-star lineup of legendary Long Island bands will be set to hit the stage including One Step Ahead, Three, and RPM & Friends. For tickets call 631-366-2978 or visit www.rockinforautism.org.

Did you know tests that could save your life from cancer are now available for little or no cost, thanks to the Affordable Care Act? Let this be the year you get screening tests that can prevent cancer or detect it early, when it's most treatable. Talk to a doctor to learn more about the best cancer testing options for you. To learn more about how the health care law can help you, contact your American Cancer Society at cancer.org or call 1-800-227-2345.

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8054

Start: 3/9

End: 3/21

HERE'S YOUR WBAB COMMUNITY CALENDAR...

THIS MARCH WE WILL BE FREEZIN FOR A REASON! JOIN WBAB FOR THE 2ND ANNUAL TOWN OF OYSTER BAY POLAR PLUNGE SATURDAY, MARCH 21ST AT TOBAY BEACH. HELP RAISE MONEY FOR ATHLETES OF SPECIAL OLYMPICS NEW YORK BY ASKING YOUR FRIENDS AND FAMILY TO SUPPORT YOU IN TAKING THE PLUNGE! EVERY PLUNGER THAT RAISES \$125 RECEIVES AN OFFICIAL PLUNGE SWEATSHIRT. WHETHER YOU PLUNGE OR SUPPORT A PLUNGER, COME JOIN US IN MARCH! TO REGISTER VISIT WWW.DOT.POLAR.PLUNGE.NY.DOT.ORG/SLASH.TOBAY.

Want to feel what it's like to potentially help save up to three lives? The American Red Cross has an urgent need for blood donors right now to prevent an emergency shortage and ensure an adequate blood supply. Platelet donors and those with O negative, B negative and A negative blood types are especially needed. To find the nearest opportunity and schedule an appointment, call 1-800-RED CROSS or visit redcrossblood.org. Choose your day and give.

THAT'S YOUR WBAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 3/9

End: 3/21

HERE'S YOUR BAB COMMUNITY CALENDAR...

Saturday, May 9th join the Lupus Alliance of Long Island for their 2nd Annual 5K Run For Lupus from 8:30am to 11am. 3.1 miles, USATF sanctioned, professionally timed by Just Finish, Inc. with the RFID Race Timing Systems. Starts and Finishes at Central Islip High School. Pre-Race packet pick-up is available if registered before May 6th. T-Shirts guaranteed to the first 500 runners! Early bird registration going on now, \$20 per person if registered before April 20th. For more information call 516-783-3370.

Last Hope, Inc. located in Wantagh is dedicated to the rescue and rehabilitation of death-due pound, stray and abandoned animals. Through its many programs, Last Hope is attempting to reduce the cat and dog overpopulation problem on Long Island by spaying and neutering every cat, kitten, dog or puppy, offering a low-cost spay/neuter program for feral cats and advocating for the mandatory spay/neuter of all animals in the Island's municipal shelters and encourage responsible pet ownership. For more info on how you can help the animals, visit [www dot last hope animal rescue dot org](http://www.lasthopeanimalrescue.org).

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8054

Start: 3/22

End: 3/31

HERE'S YOUR WBAB COMMUNITY CALENDAR...

JOIN WBAB FOR COMMUNITY KIDNEY DAY AT FRESENIUS MEDICAL CARE CORAM ON APRIL 9TH FROM 4-7PM, AT 1500 MIDDLE COUNTY ROAD IN CENTEREACH. COME DOWN TO MEET FRESENIUS MEDICAL CARE'S LOCAL TEAM OF EXPERT MEDICAL PROFESSIONALS, LEARN TIPS AND TRICKS TO MAKE RECIPES TASTY AND HEALTHIER, UNDERSTAND DIALYSIS OPTIONS, AND TAKE ADVANTAGE OF FREE KIDNEY HEALTH RISK SCREENINGS.

Be prepared to save a life. Here's how: if you or someone you care for is fifty years or older, you can stop a killer: colon cancer. The American Cancer Society expects nearly fifty thousand deaths from colon cancer this year. By being screened, precancerous polyps can be removed and early detection and treatment of colon cancer could be most effective. March is colon cancer awareness month. March into wellness: get screened! Go to ccalliance.org for info or reach out to a provider like Gastroenterology Associates and the Long Island Center for Digestive Health at yourGIdocs.com. Catch the killer now.

THAT'S YOUR WBAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 3/22

End: 3/31

HERE'S YOUR BAB COMMUNITY CALENDAR...

Saturday, May 9th join WBAB and the Lupus Alliance of Long Island for their 2nd Annual 5K Run For Lupus from 8:30am to 11am. 3.1 miles, USATF sanctioned, professionally timed by Just Finish, Inc. with the RFID Race Timing Systems. Starts and Finishes at Central Islip High School. Pre-Race packet pick-up is available if registered before May 6th. T-Shirts guaranteed to the first 500 runners! Early bird registration going on now, \$20 per person if registered before April 20th. For more information call 516-783-3370.

Last Hope, Inc. located in Wantagh is dedicated to the rescue and rehabilitation of death-due pound, stray and abandoned animals. Through its many programs, Last Hope is attempting to reduce the cat and dog overpopulation problem on Long Island by spaying and neutering every cat, kitten, dog or puppy, offering a low-cost spay/neuter program for feral cats and advocating for the mandatory spay/neuter of all animals in the Island's municipal shelters and encourage responsible pet ownership. For more info on how you can help the animals, visit [www dot last hope animal rescue dot org](http://www.lasthopeanimalrescue.org).

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

Cox Radio's WBAB/WHFM 1st Quarter 2015 Community Affairs Promotions

WBAB/WHFM

During the first quarter of 2015, WBAB/WHFM took part in many fundraising events for local charities.

January:

- 10th Annual James McNaughton Fundraiser – Wounded Warrior Project – Mulcahys, Wantagh

February:

- Long Island Blood Services Blood Drive – Smith Haven Mall, Lake Grove

March:

- Long Island Blood Services Blood Drive – Bay Shore Fire Department, Bay Shore
- 11th Annual Town of North Hempstead Polar Plunge – Special Olympics – North Hempstead Beach Park, Port Washington
- Rockin for Autism – Developmental Disabilities Institute – Mulchays, Wantagh