

Quarterly Issues and Programs List – 2nd Quarter 2023

Each station is required to place in its Public File a quarterly list of community issues addressed by the station's programming during the previous three months.

The list must be placed in the File within 10 days of the end of the preceding quarter.

Station Staff Activities in the Community		
Date	Staff Members	Activity or Event
4/1/2023	Luke & Rose Rogers	Gave an update on radio stations and got feedback at a regional church meeting in Dadeville, AL.
5/13/2023	Rose Rogers	Gave an update on radio stations and got feedback at a church in Adamsville, AL.

Emergency Alert System
Received weekly and monthly tests from at least 2 of 3 sources every week.
Sent required weekly and monthly tests every week/month.
Eleven severe thunderstorm warnings were relayed.
One child abduction alert was relayed.

Public Service Announcements Created and Aired for Non-Profit Organizations		
Non-Profit Group	Event or Message	Times Aired
Alabaster Community Givebackers	Assistance for community members in need and opportunities for volunteers	29
Ephesus Academy	Enrollment and Scholarship Opportunities	24
International Children's Care	Requesting support for orphaned children world-wide	34
Breast Cancer Research Assoc. of Alabama	Breast cancer research information	31
K9 for Christ	Volunteer and service animal opportunities	29
(any)	Invitation for non-profits to submit PSAs to Elijah Radio	85
Shelby County Retired Seniors Volunteer Program	Volunteer opportunities	27
Ephesus SDA Church	Food pantry hours, free to the public	82
New Beacon Hospice	Volunteer opportunities	28
Adamsville 1 st SDA Church	City-wide health and wellness fair	49
Birmingham 1 st SDA Church	Free community Vacation Bible School	33
Birmingham Ephesus SDA Church	Revival meetings	33
Adamsville 1 st SDA Church	Bobby Peter Skills Camp	35

Ad Council Public Service Announcements Aired		
Number of PSAs	Total Times Aired	Topics Addressed
116	190	Adopting foster children, adult education (getting a diploma), Alzheimer's awareness, living with asthma, autism, caregiver assistance, child passenger safety, children's oral health, community engagement (volunteering), diabetes prevention, discovering nature, diversity and inclusion, emergency preparedness, emergency vehicle safety, fatherhood involvement, Fentanyl awareness, foreclosure prevention, gun safety, Hardest Hit Alabama (mortgage foreclosure), high blood pressure, highschool equivalency, hunger prevention, job training and employment, learning and attention issues, litter prevention, Meals on Wheels, pathway to employment, public parks, railroad crossing safety, retirement saving, Samaritan's Purse Operation Christmas Child, saving cranes, seat belt safety, shelter pet adoption, teaching as a career, texting and driving, underage drinking and driving prevention, wildfire prevention, youth vaping prevention, anxiety, chronic pain, laughter and health, natural health, blood pressure, stress, cognition & nutrition, inflammation, pets and health, rest and worship, sleep, and Type 2 Diabetes, Christian Record Braille Foundation Stories of Hope.

Issue: Money Management and the Economy

Programs (broadcast times are approximate):

- Faith and Finance, 25 minutes, Sunday through Friday at 8:30 am and 6:30pm.
- Moneywise Minute, 1 minute, weekdays 9:30 pm.
- Hey Howard, 1 minute, weekdays at 3:30 pm.

Examples of these programs are given in the table below.

Date and Time	Length	Program Title	Samples of Issues Covered
04/03/2023 8:33 am	25:00	Faith and Finance	How to prepare for a possible recession in 2023.
04/20/2023 8:32 am	25:00	Faith and Finance	How be financially free.
05/02/2023 8:34 am	25:00	Faith and Finance	How to avoid credit card fees.
04/17/2023 9:31 pm	0:59	Moneywise Min.	Restrictions on debt collectors.
05/11/2023 9:28pm	0.59	Moneywise Min.	How to get out of a time share.
06/16/2023 9:31pm	0.59	Moneywise Min.	How to accumulate what you will need for later years.
04/14/2023 3:31 pm	0:58	Hey Howard	Wise financial decisions about a debt-free car.
05/05/2023 3:31 pm	0:58	Hey Howard	Paying off a mortgage versus saving for retirement.
06/12/2023 3:32pm	0.58	Hey Howard	Can debt be a financial asset?

Issue: Diet and Health

Programs:

- Heartwise with Dr. James Marcum, 25 minutes, Monday, Wednesday, and Friday at 12:00 pm and daily at 5:30 pm.
- American Indian Living with Dr. David DeRose, 60 minutes, Monday, Wednesday, and Friday at 10:00 am.
- Health for a Lifetime, Tuesday and Thursday at 4:30 am and 10:00 am.
- CHIP Healthy by Choice, 28 minutes, Tuesday and Thursday at 1:00 pm and 11:00 pm.
- Various Health Programs, 30 minutes, weekdays at 9:00 pm (through 06/04) and 3:00 am.
- Family Health Checkup, 1 minute, weekdays at 10:30 am and 10:30 pm.
- Health and Longevity, 29 minutes, Sunday at 7:00 am and 3:30 pm.
- Lifestyle Magazine, Saturday and Sunday at 1:30 am.
- Healthy Inside and Out, 2 minutes, Sunday at 9:30 am.
- Healthy Living, 2 minutes, Sunday at 12:30 pm.

Examples of these programs are given in this table and the three following tables.

Date and Time	Length	Program Title	Issues Covered
05/01/2023 05:30pm	24:30	Heartwise	How to prevent hyperthermia.
05/02/2023 05:30 pm	24:30	Heartwise	Nutrition as a way to prevent and treat disease.
05/19/2023 05:30pm	24:30	Heartwise	Vision Health: Your questions answered.
04/25/2023 10:01am	28:30	Health for a Lifetime	World health and nutrition.
04/08/2023 01:02 pm	28:30	CHIP	The essential need of water for health.
04/13/2023 01:01 pm	28:20	CHIP	Calcium needs and healthy bones.
04/07/2023 10:02am	57:58	American Indian Living	How to get the most nutritional value from the food you eat.
04/21/2023 10:32pm	1:00	Family Health Checkup	How nuts help reduce disease and help health.

Issue: Disease—Identification, Prevention, and Cure

(See above for programs and times.)

Date and Time	Length	Program Title	Issues Covered
04/23/2023 05:30 pm	24:30	Heartwise	Stroke: Its causes and its prevention.
05/06/2023 05:30 pm	24:30	Heartwise	Answering questions you have about surgery.
06/11/2023 05:30pm	24:30	Heartwise	Obesity: how best to reduce your weight.
05/25/2023 10:02am	26:15	Health for a Lifetime	Cancer: its causes and how you can prevent it.
05/11/2023 10:02am	26:30	Health for a Lifetime	Osteoporosis: what is it and how to prevent it.
06/01/2023 01:02 pm	28:30	CHIP	The limitations of modern medicine.
04/01/2023 01:01 pm	28:30	CHIP	The role genes play in your health.
04/28/2023 10:31pm	1:00	Family Health Checkup	How vitamin C helps your immunity.

Issue: Lifestyle Health, Exercise			
(See above for programs and times.)			
Date and Time	Length	Program Title	Issue Covered
05/02/2023 05:30pm	24:29	Heartwise	Foods that make for better health.
06/15/2023 05:29pm	24:30	Heartwise	Moving with balance, mobility and seniors.
05/09/2023 10:02am	28:30	Health for a Lifetime	Women's health issues Q&A.
05/20/2023 01:02pm	28:30	CHIP	How to be healthy in your work place.
04/02/2023 04:40pm	57:58	American Indian Living	How fasting is good for your health.
04/07/2023 10:31pm	01:00	Family Health Checkup	How hiking can improve you core muscles.
05/13/2023 09:30am	02:00	Healthy Inside and Out	How deep breathing benefits your body and mind.

Issue: Mental Health, Depression, and Addictions			
(See above for programs and times.)			
Date and Time	Length	Program Title	Issue Covered
04/18/2023 05:30pm	24:30	Heartwise	Suicide: what are the risk factors and how to help.
05/16/2023 05:30pm	24:27	Heartwise	Almost addicted: Is my drug use a problem?
06/22/2023 05:30pm	24:30	Heartwise	Depression: its causes and what you can do.
06/27/2023 05:30pm	26:30	Heartwise	How the mind affects the body.
04/04/2023 10:01am	28:30	Health for a Lifetime	Stress: How to manage it.
04/01/2023 09:26am	02:00	Healthy Inside and Out	How anger affects your body.

Issue: Healthy Marriages and Families			
Programs:			
<ul style="list-style-type: none"> • Homeschool Companion, 25 min, Saturday at 8:00 pm. • Got a Minute for Your Family with Dr. Kay Kuzma, 1 minute, weekdays at 11:30 pm. • Winning at Home Family Moments, 1 minute, daily at 5:30 am and 2:15 pm. • Keys for Kids, 5 minutes, daily at 7:30 am and 8:30 pm. • Homeschool Heartbeat, 2 minutes, weekdays at 2:00 pm and 7:30 pm. 			
Examples of these programs are given in the following two tables.			
Date and Time	Length	Program Title	Issue Covered
04/05/2023 02:18pm	01:00	Winning at Home	Making your home a safe place to share.
05/03/2023 02:19pm	01:00	Winning at Home	Fix yourself not your spouse.
04/13/2023 07:31	02:00	Home School Heart	Weaving your family's genealogy into a history course.
04/17/2023 10:33pm	1:00	Family Health Checkup	How game night can increase family connections.

Issue: Parenting

(See above for programs and times.)			
Date and Time	Length	Program Title	Issue Covered
04/04/2023 11:30pm	01:00	Got a Minute	How to encourage your learning disabled child.
04/18/2023 11:30pm	01:00	Got A Minute	How to recognize if your child may be sexually abused.
04/28/2023 02:22pm	01:00	Winning at Home	How parents can create a problem with their kids rather than a be a solution
05/29/2023 10:31pm	00:59	Family Health Checkup	How to encourage your picky eater.

Reviewed and approved by Luke Rogers Signature  Date 3-Jul-2023