



WHGL-FM 9am WTTC-FM 7AM WTZN/WTTC-AM AM

Date aired: 01/20/2019

Weekly Public Affairs Program

Show # 2019-03

Total running time: 29:30 (with optional exit at 24:00)

1. **Alan Schroeder, MD**, Clinical Professor of Pediatrics at the Stanford University School of Medicine

Each year, thousands of teenagers and young adults are prescribed opioids for pain relief after having their wisdom teeth removed. Dr. Schroeder led a study that found almost 6 percent of these patients were diagnosed with opioid abuse during the 12 months after the initial prescription. He discussed alternate options for pain relief. He said wisdom tooth extraction is by far the most common surgical procedure for adolescents and young adults but there is very little research that supports the widespread use of the procedure.

Issues covered:

Length: 7:26

**Drug Abuse
Personal Health**

2. **Elizabeth Emens, PhD**, Isidor and Seville Sulzbacher Professor of Law at Columbia Law School, author of "*Life Admin: How I Learned to Do Less, Do Better, and Live More*"

Every day an unseen form of labor creeps into our lives—the kind of secretarial and managerial work necessary to run a life and a household. Dr. Emens discussed how this labor is created, how it affects our lives, and how we might avoid, reduce, and redistribute admin whenever possible—as individuals and as a society.

Issues covered:

Length: 9:40

**Personal Productivity
Parenting
Career
Education**