

People & Perspectives

Airs Sundays at 6 AM
Program length: 20 minutes

Date: January 7, 2018

Issue: Forum on Loss and Grief. Twenty-three years ago, Lynn Shiner's ex-husband murdered her two children, Jen and Dave, 10 and 8, on Christmas Day. This nightmare, her despair and anger, left her numb, afraid, and "zombielike," with intense, overwhelming feelings, visions and memories. She suffered feelings of inadequacy and anxiety as she struggled to fit her experience into the wisdom of traditional psychiatric models, stages and timelines, designed to help. She wrote a book designed for a less structured approach to grief, that allows griever's to focus on their journey rather than on stages, timeframes, expectations and the elimination of closure.

Guest: Lynn Shiner, author & Lisa Zoll, Clinical Psychiatric Specialist

Date: January 14, 2017

Issue: Elder Financial Abuse & Men's Health.

Elder Financial Abuse. A study finds many elders face financial abuse problems alone. Just talking with friends and family and legal professionals can help identify and prevent this type of abuse. Katy talked about who is most at risk for elder financial abuse, why it is so important for seniors to educate themselves and what can be done to prevent abuse. Men's Health. Dr. Klein talked about men's health and "Bromance Day" coming up in August. This is a day when guys can finally drop the machismo and open up to each other about anything including their health. Health problems such as prostate cancer and erectile dysfunction are common, but are often not a topic of conversation for men. That means many men don't know when they should be screened or other information that could be helpful in treatments.

Guest: Katy Libby, Allianz Life & Dr. Eric Klein, urologist

Date: January 21, 2018

Issue: Cedar Cliff Mini-Thon. Participants of the Mini-Thon are joining more than 90,000 students in a powerful movement to conquer childhood cancer. Four Diamonds supports more than 80 pediatric oncology research professionals at Penn State College of Medicine.

Guest: Reed Bertram, Head of Corporate Sponsors & Allison Dalby, Head of Registration

Date: January 28, 2018

Issue: Radon. Radon is an odorless, invisible, radioactive gas that can enter your home from the ground through cracks in the foundation. Radon is the 2nd leading cause of lung cancer. January is National Radon Awareness Month, so Bob and Deb are working to promote awareness and urge everyone to test their homes.

Guest: Bob Lewis, DEP Radon Program Manager and Bureau of Radiation Protection & Deb Klenotic, DEP Deputy Communications Director

Date: February 4, 2018

Issue: Camp Dragonfly. Camp Dragonfly is a service of Hospice of Central PA and is a special weekend camp for youth grieving the death of a family member. Susan spoke about the family services offered by Hospice, including Camp Dragonfly. Caitlin talked about what kids do at the camp and why it's important to provide this support to kids. She is in charge of the volunteers and stressed how beneficial volunteering is and the need for all kinds of volunteers for the Camp.

Guest: Susan Resavy, Director of Family Service & Caitlin Carmody, Volunteer Coordinator

Date: February 11, 2018

Issue: Cocoa Packs. Cocoa Packs is hosting the 2nd annual Heart 4 Hunger Dinner & Auction at the Hotel Hershey on Feb. 17th, offering a wide variety of unique bidding items, dinner and dancing. Cocoa Packs sponsors summer program students, expands assistance to schools and is committed to fighting childhood hunger by distributing supplemental food to students in Derry Township who face food insecurities.

Guest: Meg Lawall, Director of Fundraising & Peggy Bravacos, Heart 4 Hunger Chair

Date: February 18, 2018

Issue: DVI of Lebanon County. Michael is promoting the Domestic Violence Intervention of Lebanon County's upcoming Trauma Awareness & Resilience mini-seminar training series. He also talked about the organization and the impact domestic violence has on everyone involved, including children.

Guest: Michael Ritter, Public Education Coordinator & Volunteer Coordinator

Date: February 25, 2018

Issue: Diabetes & Heart Disease. Adults with diabetes are 2-4 times more likely to die from heart disease than those without diabetes. February is American Heart Month and the perfect time to talk about the link. Dr. Schachner talked about the risks and why it's important to know your numbers!

Guest: Holly Schachner, MD

Date: March 4, 2018

Issue: PAGI & Colon Cancer. Colorectal cancer is the 3rd leading cause of cancer death in the U.S. March is National Colorectal Cancer Awareness Month, so PAGI is teaming up with the American Cancer Society to raise awareness and encourage colon cancer screenings. Dr. Panchal talked about the process of a colon cancer screening and symptoms of a potential problem.

Guest: Dr. Purvi Panchal, gastroenterologist with PAGI & Joan Bradbury, American Cancer Society spokesperson

Date: March 11, 2018

Issue: PFSA. PFSA is the commonwealth's leading child abuse prevention organization. According to the PA Dept. of Human Services, 46 children in the commonwealth died of child abuse-related causes in 2016. PFSA is honoring heroes who report suspected abuse to ChildLine. The organization is also launching the PA Blue Ribbon Champions for Safe Kids campaign.

Guests: Angela Liddle, President & CEO of Pennsylvania Family Support Alliance

Date: March 18, 2018

Issue: Organ Donation. Organ Donation. Dwendy talked about the need for organ donations and how anyone can register to be a donor. John is a heart transplant recipient. He talked about his journey and why it's important to donate your organs. Ashley donated a kidney to her father and spoke about being a living donor and what it meant to her, her father and entire family.

Guest: Dwendy Johnson, Community Relations, Donate Life PA, John Mudge, heart transplant recipient, Ashley Duross, living kidney donor

Date: March 25, 2018

Issue: PCAR. Kristen is promoting PCAR's upcoming Vision of Hope Gala happening April 21st. PCAR works to end sexual violence and advocates for the rights and needs of sexual assault victims. Sexual violence can be prevented. Every person can work to prevent sexual violence by promoting healthy and positive relationships that are based on respect, safety, and equality.

Guests: Kristen Houser, Chief Public Affairs Officer