

Description of Program	Program Title	Program Description	Time	Date
local talk forum	Speak Up	Host Barbara Carpenter & guests, Pastors Ken and Les Lawrence discuss the state of Israel.	5A-5:30A	January 7th, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guest, Dr. Adam Manenem from North Idaho Spine Clinic.	5A-5:30A	January 16th, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guests, from East Bonner County Library Joyce Jowdy & Jeannie Higbee and from Suzuki String Academy, & Ruth Klingsmith.	5A-5:30A	January 23rd, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guest County Commisioner Mike Rosedale discussing election procedures and more.	5A-5:30A	January 30th, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guest Lorrie Morris R.N. Program Director from N.I. Cardiac Rehab Facility reminds us what is good in heart health.	5A-5:30A	February 4th, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guest Kelly Emerson, Founder of Momentum Medical Massage	5A-5:30A	February 11th, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guest Dr. Byron Haney discusses multiple medical strategies.	5A-5:30A	February 19th, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guest ,Travis Stolley, a candidate for Sheriff for Boundary County.	5A-5:30A	February 26th, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guest, Rick Oster and Nurse Rebecca Cloyee discuss cardiac care.	5A-5:30A	March 3rd, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guests, Kootenai County Chair of the Repulican Cantral Committee, Brent Regan and also State Treasurer Julie Ellsworth.	5A-5:30A	March 10th, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guests, Ruth Klingensmith of Suzuki String Academy as well as Bonner County Clerk, Mike Rosedale.	5A-5:30A	March 17th, 2024
local talk forum	N.I. Thursday	Host Bob Witte & guests, City of Sandpoint's Heather Upton, from Chafe 150, David Keyes, and some students from Spacepoint	5A-5:30A	March 24th, 2024
local talk forum	Speak Up	Host Barbara Carpenter & guests, Sheriff Daryl Wheeler & Commisioner Steve Bradshaw, both running for Sheriff in the upcoming vote.	5A-5:30A	March 31th, 2024