

On an ongoing basis, we maintain contact and confer with local government, civic, and business leaders, as well as members of the general public, about what they perceive as top-of-mind issues important to the communities we serve.

Recurring priority topics:

- Education
- Health care
- Opportunities for young people, and perhaps related neighborhood crime
- Employment opportunities and the labor pool
- Health of the local retail economy
- Drug and alcohol abuse

We strive to provide responsive and helpful programming. Further, we also work to educate and inform the people we are privileged to serve through a variety of public service announcements, local news coverage, community calendars, and other programs.

Issues and Responsive Programming

WYEA-AM broadcast programming dealing with various issues important to the community.

1. Business of the Month: In cooperation with the Sylacauga Chamber of Commerce, and as a way of promoting local businesses, we selected a local business of the month each month and interviewed the principals for 4-6 minute features airing three times daily for several days each month. This program was intended to create more excitement about and awareness of key local businesses that make a significant local impact and have a tradition of local community support. April: Davis Family Medicine, interviewing Drs. Clay and Renee Davis. May: Head Chiropractic Center, interviewing Dr. David Head. TempForce Staffing, interviewing manager Gwen Saffold.
2. Veteran of the Month: In cooperation with Radney Smith Funeral Home and American Legion Post #45, we profiled and interviewed armed forces veterans with 4-8 minute features airing three times daily for several days each month. April: Charlie Terrell. May: Mark Hoffman. June: Tom Fancher.
3. Community Calendar: Our community calendar aired five times each weekday in the 7:00 a.m., 8:00 a.m., noon, 3:00 p.m., and 4:00 p.m. hours. Length averaged three minutes and included local news and well as information solicited from and contributed by listeners, local organizations, and local government agencies.
4. Pledge of Allegiance: Each weekday morning at 7:20 a.m., in cooperation with Heritage South Credit Union, we featured a local elementary or middle school class reciting the

Pledge of Allegiance. Promoting patriotism, participating schools were B.B. Comer Elementary School, Childersburg Elementary School, Childersburg Middle School, Indian Valley Elementary School, and Pinecrest Elementary School.

5. Pet of the Week: WYEA partners with the Sylacauga Animal Shelter and SylacaugaNews.com to feature a Pet of the Week available for adoption. The mission of the Shelter, operated by the City of Sylacauga, includes rescuing, rehabilitating, and finding homes for animals that have nowhere else to go. The organization also supports animals through affordable veterinary care, community outreach, and education.

April 3 - Bob
April 10 - Macy
April 17 - Hallie
April 24 - Kane
May 1 - Susie
May 8 - Jackie
May 15 - Dominic
May 22 - Cindy
May 29 - Sandy
June 5 - Nola
June 12 – Alexa
June 19 – All cats and kittens due to overload
June 26 - Waverly

6. Public Affairs: Each Sunday morning at 4:30 a.m., we aired InfoTrak, a half-hour program. Details are attached.
7. Public Affairs: Each Sunday morning at 5:00 a.m., we aired Viewpoints, a half-hour program. Details are attached.
8. Health & Wellness: Each Sunday morning at 5:30 a.m., we aired Radio Health Journal, a half-hour program. Details are attached.
9. Public Service Campaigns: In addition to long-form public affairs programming, we broadcast public service messages for many local, state, and national organizations including:

Alabama Bicentennial Commission
Alabama Childhood Food Solutions
Alabama Department of Human Resources
Alabama Department of Public Health
Alabama Department of Transportation
Alabama Housing Finance Authority
Alabama National Guard
AlabamaWorks
American Diabetes Association
American Heart Association

Centers for Disease Control
First Presbyterian Church
National Highway Traffic Safety Administration
Sylacauga Alliance for Family Enhancement
U.S. Department of Agriculture
U.S. Department of Health & Human Services
U.S. Department of Veterans Affairs

WYEA aired a total of 2,361 scheduled public service announcements during this quarter.

More specifically:

The State of Alabama will celebrate its Bicentennial in 2019. The Alabama legislature established a Bicentennial Commission to plan for the celebration of the state's 200th year, and public service announcements featured related venues, events, and contributors.

The Alabama Department of Human Resources is working to increase the number of adoptions and foster care families for in-state children. PSAs featured University of Alabama star running back Bobby Humphrey, Auburn University Athletic Director Jay Jacobs, University of Alabama Head Football Coach Nick Saban.

The Alabama Housing Finance Authority is working to raise awareness to a federally funded foreclosure prevention program known as "Hardest Hit Alabama", which has already helped thousands of Alabamians save their homes. Counselors are available to speak with individuals to determine eligibility for mortgage assistance and assist in the process.

The Alabama Department of Labor is tasked with providing workers and employers with resources to help train and employ a skilled workforce. They also have resources to connect potential employees with employers across the state. To assist people across the state, the DOL has opened Career Centers in numerous locations.



Weekly Public Affairs Program

Call Letters: WYEA

QUARTERLY ISSUES REPORT, APRIL-JUNE, 2018

Pgm # 2018-13

Date aired: 04/01/18 **Time Aired:** 4:30 a.m.

John R. Baker, PhD, Professor of Political Science at Wittenberg University, author of "*Government in the Twilight Zone: Volunteers to Small-City Boards and Commissions*"

97 percent of all American cities have a population fewer than 50,000 and Dr. Baker studies the workings of these smaller local governments. He discussed how local board systems operate, who the board members are and what motivates them to serve. He explained why it is important for citizens to understand how government functions, even in small towns.

Issues covered:

Length: 6:54

Citizenship

Government Policies

Lennard J. Davis, PhD, Professor in the English Department in the School of Arts and Sciences at the University of Illinois at Chicago, Professor of Disability and Human Development in the School of Applied Health Sciences of the University of Illinois at Chicago, Professor of Medical Education in the College of Medicine, author of "*Enabling Acts: The Hidden Story of How the Americans with Disabilities Act Gave the Largest US Minority Its Rights*"

Disabled Americans are the largest minority group in the country. Dr. Davis believes the Americans with Disabilities Act (ADA) is the widest-ranging and most comprehensive piece of civil rights legislation in history. He explained the unusual path the law took to passage, some of the challenges in implementing it and the enormous impact of the ADA, 25 years after its adoption. He also outlined several potential reforms which he believes could improve it.

Issues covered:

Length: 10:21

Disabilities

Civil Rights

Government Policies

Pgm # 2018-14

Date aired: 04/08/18 **Time Aired:** 4:30 a.m.

Mark J. Perry, Ph.D., Scholar at The American Enterprise Institute, Professor of Finance and Business Economics in the School of Management at the University of Michigan-Flint, creator and editor of the popular economics blog *Carpe Diem*

Dr. Perry discussed a recent report from S&P Dow Jones that noted that in the past 15 years, only 5% of actively managed mutual funds performed better than index funds. He said index funds have become much more popular in recent years. He explained why nearly half of investors still gravitate to managed funds.

Issues covered:
Personal Finance
Retirement Planning

Length: 7:58

Ned Johnson, education expert, founder of PrepMatters, a tutoring service in Washington, DC, co-author of *"The Self-Driven Child: The Science and Sense of Giving Your Kids More Control Over Their Lives"*

In the past few years, Mr. Johnson and his co-author found that high-performing kids were coming to them acutely stressed and lacking motivation. Many complained they had no control over their lives. He believes the best antidote to stress is to give kids a greater sense of control over their lives, while still maintaining authority as parents. He discussed several ways that parents can give children of all ages a healthy dose of self determination and control.

Issues covered:
Parenting
Mental Health
Education

Length: 9:12

Pgm # 2018-15

Date aired: 04/15/18 **Time Aired:** 4:30 a.m.

Angela C. Santomero, M.A., co-creator of the educational children's TV program *"Blue's Clues,"* author of *"Preschool Clues: Raising Smart, Inspired, and Engaged Kids in a Screen-Filled World"*

Ms. Santomero explained why healthy, research-based television programs and other media actually help preschoolers flourish academically, socially, and emotionally. She outlined the ways that parents can evaluate and monitor their child's exposure to a rapidly expanding array of media choices.

Issues covered:
Parenting
Education
Media

Length: 8:05

Jason Fung, MD, weight loss and diabetes expert, author of *"The Diabetes Code: Prevent and Reverse Type 2 Diabetes Naturally"*

Nearly ten percent of all Americans have some form of diabetes. Dr. Fung talked about the causes behind this epidemic and the wide array of dangerous conditions it spurs. He also explained how dietary changes and weight loss can often eliminate the disease.

Issues covered:
Diabetes
Nutrition

Length: 9:01

Pgm # 2018-16

Date aired: 04/22/18 **Time Aired:** 4:30 a.m.

Sally Helgesen, women's leadership consultant and speaker, author of *"How Women Rise: Break the 12 Habits Holding You Back from Your Next Raise, Promotion, or Job"*

Ms. Helgesen believes that women face specific and different roadblocks from men as they seek to advance in the workplace. She discussed the most common errors made by women, and what they can do to get proper credit for their achievements at work. She also discussed how the #MeToo movement has affected job opportunities for women.

Issues covered:
Women's Issues
Career
Sexual Harassment

Length: 8:43

Sara Goldrick-Rab, PhD, Professor of Higher Education Policy and Sociology at Temple University

Prof. Goldrick-Rab was the lead author of study that found that 36 percent of students at 66 surveyed colleges and universities do not get enough to eat, and a similar number lack a secure place to live. She said skyrocketing college tuition and other fees, inadequate aid packages and growing enrollment among low-income students are some of the factors. She outlined several policy changes that could help.

Issues covered:
Poverty
Homelessness
Education

Length: 8:19

Pgm # 2018-17

Date aired: 04/29/18 **Time Aired:** 4:30 a.m.

Cary Funk, Associate Director of Research at Pew Research Center

A survey by the Pew Research Center found that Americans' grasp of common science topics could be better. She outlined the results of the survey, including differences between genders, ages and education levels. She explained why a basic understanding of scientific principles is important for Americans to understand many of today's civic issues.

Issues covered:
Education
Science
Citizenship

Length: 7:07

Julie Lythcott-Haims, former Dean of Freshmen and Undergraduate Advising at Stanford University, author of "*How to Raise an Adult: Break Free of the Overparenting Trap and Prepare Your Kid for Success*"

Ms. Lythcott-Haims believes that overparenting is out of control in America, and that it harms children, their stressed-out parents, and society at large. She explained how parents can allow children to make their own mistakes and develop the resilience, resourcefulness, and inner determination necessary for success.

Issues covered:
Parenting

Length: 10:11

Pgm # 2018-18

Date aired: 05/06/18 **Time Aired:** 4:30 a.m.

Philip Pauli, Policy and Practice Director of RespectAbility, a nonprofit organization dedicated to empowerment and self-advocacy for individuals with disabilities

Mr. Pauli said nearly 1 in 5 Americans live with some form of disability. He discussed some of the challenges they face, and explained how the Americans with Disabilities Act has improved many

aspects of their lives. He also talked about the role that the media plays in perceptions of the disabled, and how technology improvements have improved mobility for many disabled people.

Issues covered:

Length: 7:42

Disabilities

Government Regulation

Natasha Ravinand, author of *"Girls With Dreams: Inspiring Girls to Code and Create in the New Generation"*

Only 29% of all science and engineering workers are female, and far fewer are minorities. Natasha Ravinand is a high school junior with a passion for STEM (Science, Technology, Engineering, and Math), who is striving to close the gender gap in tech. She talked about the reasons that girls lose interest in STEM subjects, and why the inclusion of women and minorities in technical workplaces is so important.

Issues covered:

Length: 9:23

Women's Issues

Minority Concerns

Education/STEM

Pgm # 2018-19

Date aired: 05/13/18 **Time Aired:** 4:30 a.m.

Marc Morial, President of the National Urban League

Mr. Morial discussed the contents of the Urban League's 2018 State of Black America report. He said African-Americans are among the top owners of mobile devices, but aren't being fairly considered for jobs at social media and technology companies. He also talked about improving unemployment rates and growing civic engagement among African-Americans.

Issues covered:

Length: 8:32

Minority Concerns

Workplace Diversity

Civic Engagement

Stanford Chihuri, MPH, Biostatistician/Data Analyst, Epidemiologist at Columbia University College of Physicians and Surgeons

Mr. Chihuri was the co-author of a study that found evidence of prescription opioids in fatal car crashes in the United States has increased 700% in the past two decades. He said women drivers and those over age 65 were more likely to be involved in opioid-related fatal crashes. The study also found significant numbers of drivers under the influence of opioids also had alcohol and other drugs in their systems.

Issues covered:

Length: 8:45

Substance Abuse

Traffic Safety

Pgm # 2018-20

Date aired: 05/20/18 **Time Aired:** 4:30 a.m.

Lorenzo Cohen, PhD, Richard E. Haynes Distinguished Professor in Clinical Cancer Prevention and Director of the Integrative Medicine Program at the University of Texas MD Anderson Cancer Center in Houston, co-author of *"Anti Cancer Living"*

Cancer remains one of the leading causes of death worldwide, and within the next 20 years, the number of new cancer cases is expected to increase by 70 percent. Dr. Cohen believes that if Americans focused on social and emotional support, stress management, sleep, exercise, diet, and minimizing exposure to environmental toxins, 50 to 70 percent of cancers could be prevented.

Issues covered:
Cancer Prevention
Personal Health

Length: 8:51

András Tilcsik, PhD, Canada Research Chair in Strategy, Organizations, and Society, and Associate Professor of Strategic Management at the University of Toronto's Rotman School of Management, author of *"Meltdown: Why Our Systems Fail and What We Can Do About It"*

From train derailments and massive oil spills to bankruptcies and medical errors, system failures are all too common -- and they're becoming more frequent. Dr. Tilzscik explained the common denominator in these system meltdowns. He believes that the increasing complexity and lack of slack in our systems create conditions ripe for failure and corruption. He also explained why diversity in design teams is crucial in preventing serious failures.

Issues covered:
Disaster Preparedness
Diversity
Government Regulation
Transportation

Length: 8:17

Pgm # 2018-21

Date aired: 05/27/18 **Time Aired:** 4:30 a.m.

Norman Bates, attorney, expert on the prevention of sexual violence against children, co-author of *"Preventing Child Sexual Abuse in Youth-Serving Organizations: Guidelines for Managers and Parents"*

Many parents will soon send their children off to summer camp, scouting events and sports activities. But without proper safeguards in place, these environments can provide opportunities for sexual misconduct and abuse to occur. Mr. Bates outlined the abuse prevention policies that youth-serving organizations need to implement, and the questions parents must ask to ensure that they are.

Issues covered:
Sexual Abuse
Youth at Risk
Parenting

Length: 8:12

Paul Sullivan, NY Times financial columnist, author of *"The Thin Green Line: The Money Secrets of the Super Wealthy"*

Mr. Sullivan explained why some people, even "rich" people, never find true wealth, and why other people, even those who have far less are much wealthier. He offered tips on how middle-class consumers can make better financial decisions, and come to terms with what money truly means. He said changing how Americans think about wealth can lead to more secure and less stressful lives.

Issues covered:
Personal Finance
Consumer Matters

Length: 9:02

Pgm # 2018-22

Date aired: 06/03/18

Time Aired: 4:30 a.m.

Denise Pope, Senior Lecturer, Co-Founder, Challenge Success at Stanford University Graduate, co-author of "Overloaded and Underprepared"

Dr. Pope explained why parents and teachers should be concerned that many of America's students are stressed out or have given up. She outlined steps that schools can take to provide kids with academic, social and emotional skills needed to succeed in school now and as adults later. She talked about the Challenge Success program at Stanford and how the program is customized for each school in which it is applied.

Issues covered:

Education

Parenting

Length: 9:53

Brooks Palmer, professional organizer, author of "*Clutter Busting: Letting Go of What's Holding You Back*" and "*Clutter Busting Your Life: Clearing Physical and Emotional Clutter to Reconnect with Yourself and Others*"

Most Americans struggle with clutter and disorganization. Mr. Palmer talked about the emotionally suffocating effects of clutter and why people have problems letting go of items they no longer need or use. He offered suggestions for how to get started and how to look at items in a different way to assess whether they are worth keeping.

Issues covered:

Personal Productivity

Workplace Matters

Mental Health

Length: 7:27

Pgm # 2018-23

Date aired: 06/10/18

Time Aired: 4:30 a.m.

Erin E. Murphy, expert on DNA and forensic evidence, Professor of Law at New York University

Ms. Murphy discussed the privacy and legal concerns raised by the Golden State Killer case, in which a notorious serial killer was captured via DNA submitted to a publically available genealogy website. She noted that the type of DNA testing used by genealogy sites is a much broader and more powerful tool than the version permitted in criminal justice databases. She also discussed recent advances that will make DNA testing much faster and even more useful to law enforcement.

Issues covered:

Privacy Concerns

Criminal Justice

Legal

Length: 8:31

David Ballard, PhD, Director of the American Psychological Association's Center for Organizational Excellence

The #MeToo movement has gripped the nation for months, but a recent study from the American Psychological Association found that in its aftermath, corporations have taken weak steps, at best, to prevent sexual harassment and inappropriate conduct. He said most policy and training changes have been aimed at limiting the liability of the company, rather than to effect real change. He found that organizations with women in senior leadership roles were much more likely to have taken new steps to prevent harassment and to encourage employees to report it.

Issues covered:
Sexual Harassment
Women's Concerns
Workplace Matters

Length: 8:43

Pgm # 2018-24

Date aired: 06/17/18 **Time Aired:** 4:30 a.m.

Jacquelyn C. Campbell, PHD, RN, FAAN, expert on domestic violence, violence against women and intimate partner violence, Professor and the Anna D. Wolf Chair at the Johns Hopkins School of Nursing, National Program Director for the Robert Wood Johnson Foundation's Nurse Faculty Scholars Program

Dr. Campbell developed the Danger Assessment, a groundbreaking questionnaire designed to assess a woman's risk of being killed by an abusive partner. She talked about recent updates to the tool that address concerns for immigrant women and same-sex partners. She said it's helpful for an abused woman to document for herself how often abuse is happening, levels of abuse and other patterns.

Issues covered:
Domestic Violence
Women's Concerns

Length: 9:21

Bryan Caplan, PhD, Professor of Economics at George Mason University, blogger for EconLog, author of *"The Case against Education: Why the Education System Is a Waste of Time and Money"*

Although it is immensely popular--and immensely lucrative--Dr. Caplan believes that higher education is grossly overrated. He said that decades of growing access to education have not resulted in better jobs for the average worker, but instead in runaway credential inflation. He is in favor of serious cuts in government education funding to curb this wasteful rat race, along with a renewed emphasis on vocational education.

Issues covered:
Education
Career
Government Spending

Length: 8:01

Pgm # 2018-25

Date aired: 06/24/18 **Time Aired:** 4:30 a.m.

John Hooker, PhD, T. Jerome Holleran Professor of Business Ethics and Social Responsibility, and Professor of Operations Research, at Carnegie Mellon University, author of *"Taking Ethics Seriously: Why Ethics Is an Essential Tool for the Modern Workplace"*

Dr. Hooker discussed common ethical dilemmas that occur in workplace environments, and how employers and employees should react. He explained how the advent of social media and the #MeToo movement has affected ethical decisions in the workplace. He listed factors than an employee should weigh before risking their job by blowing the whistle on misconduct.

Issues covered:
Ethics
Workplace
Career

Length: 9:05

W. Chris Winter, MD, board-certified and internationally recognized sleep medicine specialist, board certified neurologist, author of *"The Sleep Solution: Why Your Sleep is Broken and How to Fix It,"*

Dr. Winter said the state of sleep in America is better than typically portrayed in the media, but he did note that it has gotten slightly worse because of all of the distractions available today. He said shift workers are at greatest risk of sleep related health issues. He suggested that people should try to wake up at the same time every day, even if their bedtime varies.

Issues covered:
Personal Health

Length: 8:12



Program Log for *Viewpoints Radio*

2018-Q2 (April-June) Viewpoints Radio Quarterly Report
Compliance Issues covered this quarter:

Agriculture	Literature
American cities	Live events
American issues	Media
Awards	Memorials
Business	Men's issues
Children	Mental health
Comedy	Movies
Community issues	Music
Cooking	Nature
Crime	Parenting
Criticism	Personality
Culture	Politics
Dieting	Prisons
Diversity	Privacy
Economics	Psychology
Education	Public issues
Employment	Racism
Environment	Refugees
Ethics	Religion
Exploring	Scams
Family issues	Science
Feminism	Self help
Film	Social media
Film history	Storytelling
Finance	Students
Food	Teamwork
Genetics	Technology
Government	Television
Higher education	Theater
History	Travel
Home life	Violence
International relations	War
Internet	Weather
Journalism	Work Issues
Law	World history
LGBTQ issues	



Program Log for *Viewpoints Radio*

Program 18-13 Producers Reed Pence, Evan Rook
Air Week 4/1 – 4/7/2018 Production Director Sean Waldron

Time Segment Dur.
1:47 SEGMENT 1: A Spy in the Civil Rights Movement 9:22

Synopsis: Ernest Withers is a famed Civil Rights photographer who took some of the iconic photos that propelled the movement to the front pages across America. He was also working as a spy inside the movement for the FBI. Author Marc Perrusquia joins the show to tell Withers' story and help us parse through what it all means.

Host: Gary Price. Guests: Marc Perrusquia, author, *A Spy in Canaan: How the FBI used a famous photographer to infiltrate the Civil Rights movement*

Links for more info: <https://www.mhpbooks.com/books/a-spy-in-canaan/>, <https://twitter.com/MarcPerrusquia>

Compliance Issues Covered: History, Government, Racism, Journalism

14:39 SEGMENT 2: Practicing Kindness 9:56

Synopsis: Often, it can seem like bad news outweighs the good. But one expert says that connecting with ourselves and practicing kindness can make it all a lot more bearable.

Host: Marty Peterson. Guests: Tara Cousineau, clinical psychologist and author, *The Kindness Cure: How the science of compassion can heal your heart & your world*

Links for more info: <https://www.newharbinger.com/kindness-cure>, <http://www.taracousineau.com/>

Compliance Issues Covered: Mental health, Psychology, Self help

24:27 Culture Crash: Spoilers in Trailers 2:26

Synopsis: Movie trailers are more hyped than ever. Studios announce their release days in advance and fans pour over every screenshot and detail included in them... but what happens when some of the trailer turns out to be a spoiler?

Host: Evan Rook Compliance Issues Covered: Media, Culture, Movies



Program Log for *Viewpoints Radio*

Program 18-14 Producers Reed Pence, Evan Rook
Air Week 4/8 – 4/14/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: A Peek Into the Minds of Real Life Con Men	9:22

Synopsis: When you think of a con man, do you picture a charmer, like George Clooney in *Ocean's 11*? Our guest discusses what con men are like in real life. She takes us through some of the most famous cons from the past and the techniques that make us all vulnerable to being swindled.

Host: Gary Price. **Guests:** Maria Konnikova, psychologist and author, *The Confidence Game: Why we fall for it... every time*

Links for more info: <http://www.mariakonnikova.com/>

Compliance Issues Covered: Economics, Business, Scams

13:35	SEGMENT 2: Religious Strife & Refugees: The 1947 Partition of India	9:56
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Synopsis: In 1947, India was split into two countries: India and Pakistan. Now, author Veera Hiranandani is telling the story of the partition in her young adult novel, *The Night Diary*. She talks about the history of the partition and how that history is still tragically relevant in 2018.

Host: Marty Peterson. **Guests:** Veera Hiranandani, author, *The Night Diary*

Links for more info: <https://www.penguinrandomhouse.com/books/549250/the-night-diary-by-veera-hiranandani/9780735228511/>,
http://wapo.st/2fF1TUI?tid=ss_mail&utm_term=.6e77fa9dca3b

Compliance Issues Covered: History, Religion, World history, Refugees, Politics

23:56	Culture Crash: Concerts	2:26
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Synopsis: Summer is getting closer, which means concerts are selling out across the country. We discuss the magic of live music and what makes it such a memorable night out.

Host: Evan Rook

Compliance Issues Covered: Media, Culture, Music, Live events



Program Log for *Viewpoints Radio*

Program 18-15 **Producers** Reed Pence, Evan Rook, Pat Reuter
Air Week 4/15 – 4/21/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: The Rise of Confrontational Politics	9:22

Synopsis: Politicians have always stirred up controversy as a way to get ahead. But no politician has ever done it as often, or as successfully as Donald Trump. What is the attraction to these high-conflict politicians, and how do they argue their ways to the top?

Host: Gary Price. **Guests:** Bill Eddy, president of the High Conflict Institute and author, *Trump Bubbles: The dramatic rise and fall of high-conflict politicians*; Lauren A. Wright, PhD: political scientist and author, *On Behalf of the President: Presidential spouses and White House communications strategy today*

Links for more info: <http://www.unhookedbooks.com/>, <http://www.highconflictinstitute.com/>, <http://www.laurenawright.com/>

Compliance Issues Covered: Politics, Government, History, Personality

12:09	SEGMENT 2: The Overblown Importance of What College You Attend	9:56
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Synopsis: When a high school student isn't accepted into the college of their dreams it can be devastating. But we look at whether college choice really matters as much as we may think, and how students can thrive at smaller schools.

Host: Marty Peterson. **Guests:** Frank Bruni, columnist for The New York Times, author, *Where You Go Is Not Who You'll Be: An antidote to the college admissions mania*; Joshua Steckel, counselor at a New York high school and co-author, *Hold Fast to Dreams*

Links for more info: <http://www.frankbrunibooks.com/>, <http://thenewpress.com/search/hold%20to%20fast%20dreams>

Compliance Issues Covered: Family issues, Students, Higher education, Education

23:17	Culture Crash: Robert Ebert's Legendary Criticism	2:26
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Synopsis: Movie criticism these days typically boils down to numbers and general consensus. But when Roger Ebert was alive, he cultivated a following that considered his opinions and perspective above all else.

Host: Evan Rook **Compliance Issues Covered:** Media, Culture, Movies, Criticism



Program Log for *Viewpoints Radio*

Program 18-16 Producers Reed Pence, Evan Rook
Air Week 4/22 – 4/28/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: Adventures & Explorations	10:26

Synopsis: Being an explorer may seem like a childhood fantasy, but it's a real thing people do. We talk to two experts about some notable explorers of the past and ways you can see the world through fresh eyes yourself.

Host: Gary Price. Guests: Dr. Huw Lewis-Jones, historian, explorer, author, *Explorers' Sketchbooks: The Art of Discovery & Adventure*; Dr. Nick Middleton, professor at Oxford University, author, *An Atlas of Countries That Don't Exist*

Links for more info: http://www.thamesandhudson.com/Explorers_Sketchbooks/9780500252192, <http://www.nickmiddleton.net/project/an-atlas-of-countries-that-dont-exist/>

Compliance Issues Covered: History, War, International Relations

13:15	SEGMENT 2: Tips and Tricks for Cooking at Home	9:54
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Synopsis: Cooking at home can help you eat on a budget, or keep your diet on track. Chef Alison Roman joins the show to give advice on cooking at home to make sure you can eat deliciously even without spending a night out.

Host: Marty Peterson. Guests: Alison Roman, chef and author, *Dining In*

Links for more info: <https://www.alisoneroman.com/>

Compliance Issues Covered: Cooking, Home Life, Food, Dieting

24:09	Culture Crash: HBO's <i>Westworld</i>	2:15
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Synopsis: *Westworld*, the show that mystified audience when it stormed onto the scene in 2016, is back tonight. We discuss the show and take a look at the perils of reading fan theories online.

Host: Evan Rook Compliance Issues Covered: Television, Media, Culture



Program Log for *Viewpoints Radio*

Program 18-17 Producers Reed Pence, Evan Rook, Polly Hansen
Air Week 4/29 – 5/5/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: Our Right to Privacy in the Social Media Age	10:26

Synopsis: After the Cambridge Analytica scandal rocked Facebook; many of us have been left questioning what our right to privacy looks like in an increasingly digital world. When it comes to social media, who owns what information, and how do we assert the rights we do have? We talk to a professor of law about the legal issues associated with all those online profiles

Host: Gary Price. Guests: Jennifer E. Rothman, Professor of Law at Loyola Law School in Los Angeles

Links for more info: <https://www.rightofpublicityroadmap.com/>

Compliance Issues Covered: Privacy, Internet, Social media, Law

13:55	SEGMENT 2: Religion in America's Prisons	9:54
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Synopsis: Since the beginning of the US prison system, religion has been suggested as a way to help rehabilitate criminals. We talk to Tanya Erzen, a professor of religion, about why that is and what role prison ministries play in the lives of inmates.

Host: Marty Peterson. Guests: Tanya Erzen, author of *God In Captivity: The Rise of Faith-Based Prison Ministries in the Age of Mass Incarceration*

Links for more info: <https://tanyaerzen.com/>, <http://www.beacon.org/God-in-Captivity-P1256.aspx>

Compliance Issues Covered: Religion, Prisons, American issues, Education

24:02	Culture Crash: Netflix's Battle Against Film Traditionalists	2:15
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Synopsis: Netflix is becoming a bigger and bigger player in the film world, which is leaving a bad taste in some people's mouths. We look at the arguments for and against Netflix as a film distributor.

Host: Evan Rook Compliance Issues Covered: Movies, Media, Culture, Business



Program Log for *Viewpoints Radio*

Program 18-18 Producers Reed Pence, Evan Rook
Air Week 5/6 – 5/12/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: Parenting A Transgender Child	9:58

Synopsis: What should you do if your child tells you they feel they were born as the wrong gender? Do you force them to conform to their born gender or do you support their feeling of being born into the wrong body? We talk to the parent and the doctor of a transgender child to sort through the confusion and discover what science says about gender transitions and how one family navigated the issues associated with having a child you suddenly don't fully understand.

Host: Gary Price. **Guests:** Dr. Michele Angello, therapist and gender specialist; Alisa Bowman, journalist, author, mother

Links for more info: <http://micheleangello.com/>, <http://www.barnesandnoble.com/w/raising-the-transgender-child-michele-angello/1123537769>

Compliance Issues Covered: Parenting, LGBTQ issues, Family issues

13:47	SEGMENT 2: The Ethical Implications of Genetic Screenings on Children	8:34
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Synopsis: Science enables us to know much more than ever before. We can be aware of what disorders we could pass on to our kids and we can conduct screenings on children to discover irregularities in their genes. Such screenings can help doctors catch issues early but they can also put a huge burden on families.

Host: Marty Peterson. **Guests:** Bonnie Rochman, journalist and author of *The Gene Machine: How genetic technologies are changing the way we have kids—and the kids we have*

Links for more info: <http://www.bonnierochman.com/>, <http://us.macmillan.com/thegenemachine/bonnierochman/9780374160784/>

Compliance Issues Covered: Ethics, Genetics, Science, Technology, Family issues

23:21	Culture Crash: True Crime	3:07
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Synopsis: True crime stories fascinate us, but they can also have a big impact. We look at true crime and specifically, Michelle McNamera's book, *I'll Be Gone in The Dark*.

Host: Evan Rook **Compliance Issues Covered:** Media, Culture, Crime



Program Log for *Viewpoints Radio*

Program 18-19 Producers Reed Pence, Evan Rook
Air Week 5/13 – 5/19/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: <i>Honoring the Soldiers Who Fought in Vietnam</i>	10:26

Synopsis: The Vietnam War was an unpopular war. As such, soldiers would come home to a society that didn't approve of what they did... even if they themselves were drafted into the war. We talk to a former Vietnam War protester about what we can do now to honor and remember those who served in Vietnam.

Host: Gary Price. **Guests:** Elizabeth Partridge, Former Vietnam protestor and author of *Boots on the Ground: America's War in Vietnam*

Links for more info: <https://www.elizabethpartridge.com/>, <https://www.amazon.com/Boots-Ground-Americas-War-Vietnam/dp/0670785067>, <https://www.veteranscrisisline.net/>

Compliance Issues Covered: War, History, Politics, Memorials, American Issues

14:15	SEGMENT 2: Men's Place in the #MeToo Movement	9:00
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Synopsis: The #MeToo movement has been getting headlines for months now. The movement was started by women, but what men still have a role to serve in the fight for equality and in the elimination of sexism and misogyny.

Host: Karen Hand. **Guests:** Brendan Kiely, author, *Tradition*

Links for more info: <http://www.simonandschuster.com/books/Tradition/Brendan-Kiely/9781481480345>
<https://metoomvmt.org/>

Compliance Issues Covered: Feminism, Men's Issues, Politics

24:15	Culture Crash: The Hamilton Mixtape, Hamildrops and the Hamiltome: Keeping Hamilton alive	2:13
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Synopsis: Hamilton is over 3 years old, but it still tops the iTunes and Spotify charts every few weeks or so thanks to the "Hamildrops," where creator Lin-Manuel Miranda releases new Hamilton-adjacent material every few weeks or so.

Host: Evan Rook **Compliance Issues Covered:** Media, Culture, Theater, Music



Program Log for *Viewpoints Radio*

Program 18-20 Producers Reed Pence, Evan Rook, Polly Hansen
Air Week 5/20 – 5/26/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: Helping Save the Bees	10:02

Synopsis: You've probably heard that bees are in trouble, and that we need bees for many of the foods and plants we have come to love. We learn what we can all be doing to do our part and help save the bees before it's too late.

Host: Gary Price. Guests: Lynn Brunelle, writer for Bill Nye the Science Guy and author, *Turn This Book Into a Beehive and 19 Other Experiments and Activities That Explore the Amazing World of Bees*

Links for more info: <https://www.workman.com/products/turn-this-book-into-a-beehive>

Compliance Issues Covered: Nature, Food, Science

13:54	SEGMENT 2: Financial Corruption and The Fed's Pursuit of SAC Capital	9:06
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Synopsis: The financial world was shocked when the FBI began investigating Wall Street big shot Steve Cohen and his company SAC Capital. We discuss what they were looking for, what they found, and what it all means going forward.

Host: Karen Hand. Guests: Sheelah Kolhatkar, author of *Black Edge: Inside information, dirty money and the quest to bring down the most wanted man on Wall Street*

Links for more info: <https://www.sheelahkolhatkar.com/>

Compliance Issues Covered: American Issues, Finance, Business

24:00	Culture Crash: Should We Really 'Save Barnes & Noble?'	2:24
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Synopsis: For years, Barnes & Noble was the big enemy to independent bookstores. Now, Amazon is the big bad and some are calling for consumers to 'save' Barnes & Noble...but should we?

Host: Evan Rook Compliance Issues Covered: Media, Culture, Literature, Business



Program Log for *Viewpoints Radio*

Program 18-21 Producers Reed Pence, Evan Rook
Air Week 5/27 – 6/2/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: Discovering the Maya Civilization	7:32

Synopsis: Discovering one of the most well known ancient civilizations was no easy task. We talk to author William Carlsen about the two men who ventured into the jungle and discovered the Mayans.

Host: Gary Price. **Guests:** William Carlsen, author of *Jungle of Stone: The true story of two men, their extraordinary journey, and the discovery of the lost civilization of the Maya*

Links for more info: <http://www.williamcarlsen.com/>, https://www.amazon.com/dp/B0105V62Z0/ref=dp-kindle-redirect?_encoding=UTF8&btkr=1

Compliance Issues Covered: History, Exploring, Travel

11:21	SEGMENT 2: Communicating with School-Aged Boys: A Psychologist's Advice	11:58
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Synopsis: Most parents with adolescent boys at home can tell you all about the difficulties of communicating clearly with them. We talk to a clinical psychologist about how to best talk with young men and understand their perspective better.

Host: Marty Peterson. **Guests:** Dr. Adam Cox, a clinical psychologist and author, *Cracking the Boy Code: How to understand and talk with boys*

Links for more info: <http://dradamcox.com/>, <https://www.amazon.com/Cracking-Boy-Code-Understand-Talk/dp/0865718768>

Compliance Issues Covered: Parenting, Education, Family issues, Psychology

24:19	Culture Crash: The End of New Girl	2:04
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Synopsis: Fox's hit sitcom *New Girl* ended this month after 7 seasons. We take a look back at the show's run and what makes sitcoms so special to us

Host: Evan Rook

Compliance Issues Covered: Media, Culture, Television



Program Log for *Viewpoints Radio*

Program 18-22 Producers Reed Pence, Evan Rook
Air Week 6/3 – 6/9/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: Is Cursive Still Worth It?	9:42

Synopsis: With all of our technology and reliance on computers, many schools are phasing out some handwriting lessons. Specifically, schools have stopped teaching cursive. We talk to two experts about whether that's a good idea.

Host: Gary Price. Guests: Jan Olsen, occupational therapist, President of Handwriting Without Tears; Margaret Shepherd, calligrapher & artist, author of *Learn World Calligraphy*

Links for more info: <http://hwtears.com>, <http://margaretshepherd.com>

Compliance Issues Covered: Education, Children, Technology

13:31	SEGMENT 2: The Fight for Paternity Leave	9:07
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Synopsis: Bringing a new baby home is exciting... and chaotic. The last thing parents want to worry about is their work life. But for many dads, the stigma and financial burdens of trying to stay home means they have little time to bond at home. We talk to Josh Levs, a journalist who took the fight for paternity leave head-on.

Host: Marty Peterson. Guests: Josh Levs, journalist, father of 3, author of the book, *All In: How our work-first culture fails dads, families, and businesses – and how we can fix it together*

Links for more info: <http://joshlevs.com/>, https://www.amazon.com/dp/B00NEPGXJA/ref=dp-kindle-redirect?_encoding=UTF8&btcr=1

Compliance Issues Covered: Family Issues, Work Issues, Parenting

23:38	Culture Crash: Watching Film Classics in a Streaming World	2:41
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Synopsis: Netflix and Amazon are go-tos for many Americans looking for a movie to watch. But how can people watch classics like *The Maltese Falcon* or *Singin' in the Rain* in this new world?

Host: Evan Rook Compliance Issues Covered: Media, Culture, Film, Film History



Program Log for *Viewpoints Radio*

Program 18-23 Producers Reed Pence, Evan Rook, Polly Hansen
Air Week 6/10 – 6/16/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: Farming in Cities	9:45

Synopsis: Tending to crops is typically something that brings the rolling fields of rural America to mind. We talk to two experts about the growing trend of urban farming, and how cities have implemented programs that not only help feed their communities, but can also teach discipline and offer employment.

Host: Gary Price. **Guests:** Michael Ableman, co-founder and director of Sole Food Street Farms in Vancouver, BC, and author of the book, *Street Farm: Growing food, jobs and hope on the urban frontier*; Deirdre Bradley-Turner, director of Community Service and Service Learning at Emmanuel College, Boston, which is part of the Mission and Ministry Office at the college.

Links for more info: <http://www.emmanuel.edu/>, www.solefoodfarms.com/, <http://www.chelseagreen.com/>

Compliance Issues Covered: Agriculture, American Cities, Employment, Environment

13:34	SEGMENT 2: Weather: Past and Future	9:07
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Synopsis: Most of us have been caught in a bad storm or seen some big hail. We talk to a weather expert and historian about some of the notable weather of the past and a look into the climate of the future.

Host: Marty Peterson. **Guests:** Andrew Revkin, weather expert and historian, author of the book *Weather: An illustrated history from cloud atlases to climate change*

Links for more info: [https://www.barnesandnoble.com/w/weather-andrew-revkin/1127201858 -/](https://www.barnesandnoble.com/w/weather-andrew-revkin/1127201858-/)

Compliance Issues Covered: Environment, Weather, Science, History

23:33	Culture Crash: Books to Read This Summer	2:41
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Synopsis: It's summer, which is a great time to do some reading. We discuss four books that will keep you turning those pages all summer long.

Host: Evan Rook

Compliance Issues Covered: Media, Culture, Books



Program Log for *Viewpoints Radio*

Program 18-24 Producers Reed Pence, Evan Rook
Air Week 6/17 – 6/23/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: Creating Better Teams	10:07

Synopsis: Teamwork is seen as a premium in our culture. We believe that two is better than one. But entrepreneur and author Shane Snow says that we often don't use our groups and teams to their fullest potential. He gives us the science behind why, and how we can improve our communities.

Host: Gary Price. **Guests:** Shane Snow, entrepreneur and author, *Dream Teams: Working together without falling apart*

Links for more info: <http://www.shanesnow.com/>, <https://www.amazon.com/Dream-Teams-Working-Together-Without/dp/0735217793>

Compliance Issues Covered: Business, Community issues, Teamwork

13:56	SEGMENT 2: The Value of Our Public Libraries	9:32
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Synopsis: Public libraries have existed for generations and have long been one of our most cherished community services. But with budget cuts has come a pinch on library staff and technology centers. Our guests discuss the value libraries still bring and why we should support these institutions of our citizenry.

Host: Marty Peterson. **Guests:** Dr. Timothy Crist, president of the Board of Trustees for The Newark Public Library (Newark, NJ); Karin Slaughter, author and founder of Save the Libraries

Links for more info: <http://www.npl.org/>, <http://www.karinslaughter.com/>, <http://www.savethelibraries.com/>

Compliance Issues Covered: Education, Community issues, American issues, Literature, Public issues

24:28	Culture Crash: What's a comedy award to do when no books are funny?	1:59
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Synopsis: The Bollinger Everyman Wodehouse Prize is given annually to what a panel of judges deem to be the funniest book of the year. But this year, the judges hit a snag: they didn't think any of them were funny.

Host: Evan Rook **Compliance Issues Covered:** Media, Culture, Literature, Comedy, Awards



Program Log for *Viewpoints Radio*

Program 18-25 Producers Reed Pence, Evan Rook
Air Week 6/24 – 6/30/2018 Production Director Sean Waldron

Time	Segment	Dur.
1:47	SEGMENT 1: Domestic Violence: How It Happens and How to Stop It	09:05

Synopsis: Domestic abuse is something many women and men will experience in their lives. We talk to two psychologists familiar with the subject about what victims can do to remove themselves from the abuse and how being a witness to or a victim of abuse affects the intimate relationship, children, and the family dynamic.

Host: Gary Price. **Guests:** Dr. Shannon Karl, Associate Professor in School of Psychology at Nova Southeastern University, Ft. Lauderdale, FL; Dr. Jay Richards, forensic psychologist on the faculty of Washington University and Seattle University, author of the novel, *Silhouette of Virtue*

Links for more info: <http://psychology.nova.edu/faculty/profile/Karl.html>, <https://www.amazon.com/Silhouette-Virtue-Novel-Jay-Richards/dp/0988589001>

Compliance Issues Covered: Family Issues, Violence, American Issues

12:56	SEGMENT 2: How Comedy Became King	9:19
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Synopsis: Comedy is all around us: all over social media, in advertisements, even on church signs. Former Jeopardy champion Ken Jennings says that while it can be fun, it does come at a cost when jokes are made in arenas where they're inappropriate. We discuss the history and impact of jokes on our culture.

Host: Marty Peterson. **Guests:** Ken Jennings, former Jeopardy champion and author, *Planet Funny*

Links for more info: <http://www.simonandschuster.com/books/Planet-Funny/Ken-Jennings/9781501100581>, <http://www.ken-jennings.com/>

Compliance Issues Covered: Culture, History, Comedy

23:13	Culture Crash: A new <i>Spider-Man</i> movie worth getting excited for	3:10
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Synopsis: Spider-Man movies have been done and redone several times now, but a new animated movie about the web-slinger is coming out in December, and it will finally tell the story from a fresh perspective

Host: Evan Rook **Compliance Issues Covered:** Media, Culture, Film, Storytelling, Diversity

**2018-Q2 (April-June) Radio Health Journal Quarterly Report
Compliance Issues covered this quarter:**

Addictions and treatment	Health care
Adolescents	Insurance
Alcohol and substance abuse and treatment	Interpersonal relationships
Animal welfare	Legal and justice system
Anti-trust	Local government
Autism	Medicare
Business and industry	Mental health and suicide
Consumer safety	Military
Consumerism	Opioid crisis
Crime and justice system	Parenting
Disabilities	Patient safety
Drug and substance abuse and treatment	Public health
Economics	Public safety
Education	Religion
Emergency response	Sexual assault and abuse
Ethics	Social media
Family and parenting issues	Sports, recreation and entertainment
Federal government, laws, legislation and regulation	State government regulation
First responders	Underage drinking
Food safety	Vaccines
Foreign trade	Water safety
Gifted youth	Women's issues
Government regulation	Workplace issues
Harm reduction	Youth at risk

Program Log for *Radio Health Journal*

Program 18-13 **Producers** Polly Hansen, Reed Pence
Air Week 4/1 – 4/7/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
2:33	SEGMENT 1: SEXUALLY ABUSIVE DOCTORS	12:10

Synopsis: The Dr. Larry Nasser case has publicized doctors who sexually abuse patients. However, the extent of these assaults is unknown, as few doctors are ever punished and their misdeeds are never known. A reporter who investigated the official response to the problem and a physician who has worked on a sexual assault crisis line discuss the issue.

Host: Reed Pence. **Guests:** Dr. Altaf Saadi, neurologist and former sexual assault crisis line worker; Danny Robbins, investigative reporter, *Atlanta Journal-Constitution*

Compliance issues covered: sexual assault and abuse, crime and justice system, women's issues, state government regulation

Links for more information: <https://www.huffingtonpost.com/author/altaf-saadi>, <https://www.ajc.com/news/danny-robbins/bOyk2t5r6yheu3XxAFNa8J/>

15:15	SEGMENT 2: TEACHING DOCTORS TO LISTEN	7:34
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Synopsis: Studies have found that many doctors don't really listen to their patients, and so miss how illness is affected by the "other things" in life. Experts discuss how to help doctors consider the patient as a whole.

Host: Nancy Benson. **Guests:** Dr. Saul Jeremy Weiner, Prof. of Medicine, pediatrics & Medical Education, Univ. of Illinois and co-author, *Listening For What Matters: Avoiding Contextual Errors in Health Care*; Dr. Alan Schwartz, Michael Reese Endowed Prof. of Medical Education, Univ. of Illinois, Chicago, and co-author, *Listening For What Matters: Avoiding Contextual Errors in Health Care*.

Compliance issues covered: health care, education, consumerism, patient safety

Links for more information: <http://www.contextualizingcare.org>

Program Log for *Radio Health Journal*

Program 18-14 **Producers** Reed Pence, Polly Hansen
Air Week 4/8 – 4/14/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
2:06	SEGMENT 1: THE PRICE CONSEQUENCES OF DOCTOR CONSOLIDATION	12:04

Synopsis: Hospitals and very large medical groups are buying up independent physician practices to the point that in some areas, it's hard to find independent doctors. Studies show purchased practices cost more for patients. Experts discuss the incentives that have prompted consolidation and moves to eliminate them.

Host: Reed Pence. **Guests:** Dr. Laurence Baker, Prof. of Health Research and Policy, Stanford Univ. School of Medicine; Dr. Christopher Ody, Research Asst. Prof., Kellogg School of Management, Northwestern Univ.

Compliance issues covered: health care, economics, federal government and regulations, anti-trust

Links for more information: <https://profiles.stanford.edu/laurence-baker>,
http://www.kellogg.northwestern.edu/faculty/directory/ody_christopher.aspx

15:10	SEGMENT 2: THE VACCINE RACE AND ETHICS	7:38
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Synopsis: Millions of lives have been saved as a result of vaccines. But in the development of desperately needed vaccines, scientists cut corners in ways that wouldn't be allowed today. An expert discusses the balance of need and ethics in science and medicine.

Host: Nancy Benson. **Guest:** Dr. Meredith Wadman, reporter, Science magazine and author, *The Vaccine Race: Science, Politics, and the Human Costs of Defeating Disease*

Compliance issues covered: health care, public health, ethics, religion, vaccines

Links for more information: <http://meredithwadman.com>

Program Log for *Radio Health Journal*

Program 18-15 **Producers** Pat Reuter, Reed Pence
Air Week 4/15 – 4/21/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
2:05	SEGMENT 1: ADVENTURES OF A PARAMEDIC	11:46

Synopsis: Paramedics and EMTs are the first responders of the health system and often find violent, confusing situations on their arrival. A former paramedic describes the "inside story" of the job, its dangers and rewards.

Host: Reed Pence. **Guests:** Kevin Hazzard, author, *A Thousand Naked Strangers: A Paramedic's Wild Ride to the Edge and Back*

Compliance issues covered: health care, emergency response, public safety

Links for more information: <http://udayjanimd.com>, <http://glenvillemedicalconciergecare.com>

14:53	SEGMENT 2: THE MYSTERY OF MENIERE'S DISEASE	7:49
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Synopsis: Experts discuss symptoms and treatments of Meniere's disease, an often-misdiagnosed disorder producing loss of hearing and crippling vertigo.

Host: Nancy Benson. **Guest:** James Raath, business consultant and author, *Love Mondays*; Dr. David Friedland, Prof. and Vice Chair, Otolaryngology and Communication Sciences, Medical College of Wisconsin

Compliance issues covered: health care, disabilities

Links for more information: <https://www.nidcd.nih.gov/health/menieres-disease>, <http://www.lovemondays.global/#!/blog/iphv2>, <http://www.mcw.edu/ear-nose-throat/faculty/david-friedland.htm>

Program Log for *Radio Health Journal*

Program 18-16 **Producer** Reed Pence
Air Week 4/22 – 4/28/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
12:05	SEGMENT 1: DIAGNOSING PERINATAL DEPRESSION	12:56

Synopsis: Perinatal depression (previously known as postpartum depression) is seldom brought up by a new mother, so healthcare providers must screen for it carefully. However, sometimes they err on the side of caution in efforts to prevent the mother from harming herself or her baby. Experts discuss the balancing act.

Host: Reed Pence. **Guests:** Jessica Porten, new mother diagnosed with depression; Dr. Darby Saxbe, Asst. Prof. of Psychology, Univ. of Southern California; Dr. Tiffany Moore Simas, Assoc. Prof. of Obstetrics and Gynecology, Pediatrics, Psychiatry and Quantitative Health Sciences, Univ. of Massachusetts Medical School & co-chair, Maternal Mental Health Expert Work Group, Amer. College of Obstetrics and Gynecology

Compliance issues covered: health care, women's issues, youth at risk, public health and safety

Links for more information: https://dornsife.usc.edu/cf/psyc/psyc_faculty_display.cfm?person_id=1032709,
<https://profiles.umassmed.edu/display/129886>

16:03	SEGMENT 2: FOREIGN ACCENT SYNDROME	6:56
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Synopsis: People who suddenly speak with what sounds like a foreign accent often have a brain injury due to a stroke or other trauma. Experts discuss the symptoms the syndrome and chances of recovery.

Host: Nancy Benson. **Guests:** Dr. Sheila Blumstein, Albert D. Mead Prof. of Cognitive Linguistics and Psychological Sciences, Brown Univ.; Dr. Jack Ryalls, Prof. of Communication Sciences and Disorders, Univ. of Central Florida

Compliance issues covered: health care, disabilities

Link for more information: <https://www.brown.edu/Departments/CLPS/people/sheila-blumstein>,
<https://www.cohpa.ucf.edu/directory/john-ryalls/>

Program Log for *Radio Health Journal*

Program 18-17 **Producer** Reed Pence
Air Week 4/29 – 5/5/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
2:03	SEGMENT 1: MEDICARE TACKLES THE OPIOID EPIDEMIC	12:55

Synopsis: New limits on Medicare prescriptions of opioids are controversial, as some doctors believe patients could suffer more pain. Others believe the limits will achieve a much-needed brake on the temptation to overprescribe while allowing legitimate treatment. Experts discuss.

Host: Reed Pence. **Guests:** Dr. Anna Lembke, Assoc. Prof. and Chief, Addiction Medicine, Stanford Univ. School of Medicine; Dr. Sally Satel, addiction psychiatrist and lecturer, Yale Univ. School of Medicine & Resident Scholar, American Enterprise Institute

Compliance issues covered: health care, drug addiction, Medicare, federal government and regulation

Links for more information: <https://profiles.stanford.edu/anna-lembke>, <https://sallysatelmd.com/about/>

16:00	SEGMENT 2: CURING CHRONIC SINUSITIS	7:02
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Synopsis: Many people confuse allergies, colds, and sinus infections. A physician specializing in these maladies describes the differences, and the new ways sinusitis can be treated.

Host: Nancy Benson. **Guests:** Dr. Lisa Liberatore, otolaryngologist specializing in sinus and sleep issues, Totum Health, New York

Compliance issues covered: health care, consumerism

Links for more information: <http://livetotum.com>

Program Log for *Radio Health Journal*

Program 18-18 **Producer** Reed Pence
Air Week 5/6 – 5/12/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
1:54	SEGMENT 1: USING ANIMALS TO SNIFF OUT DISEASE	12:39

Synopsis: Diseases apparently have distinctive odors that humans can't detect. Researchers are using dogs, mice, rats and other animals to literally sniff out cancer and other diseases in the laboratory. In the 3rd World, rats are used to diagnose TB. Experts discuss the use of animals to diagnose disease and their efforts to build machines that can do the same thing.

Host: Reed Pence. **Guests:** Dr. Cindy Otto, Exec. Director, Penn Vet Working Dog Center, Univ. of Pennsylvania; Dr. Gary Beauchamp, Emeritus Director and President, Monell Chemical Senses Center; Dr. Christiaan Mulder, Director, TB program, Apopo

Compliance issues covered: health care, public health, animal welfare, consumerism, economics, federal government regulation

Links for more information: <http://pennvetwdc.org>, <http://www.monell.org>, <https://www.apopo.org/en/>

15:35	SEGMENT 2: PROCESSED FOOD ADDICTION	7:20
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Synopsis: Researchers are discovering that for some people, eating processed foods produces some of the same brain effects as people addicted to alcohol or drugs. An expert discusses how dietary adjustment can end this addiction and its effects.

Host: Nancy Benson. **Guests:** Dr. Joan Iffland, lead editor, *Processed Food Addiction: Foundations, Assessment and Recovery*

Compliance issues covered: addictions and treatment, public health, consumerism, food safety

Links for more information: <https://www.foodaddictionreset.com>

Program Log for *Radio Health Journal*

Program 18-19 **Producers** Reed Pence, Polly Hansen
Air Week 5/13 – 5/19/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
2:04	SEGMENT 1: FIREFIGHTERS AND PTSD	12:20

Synopsis: Firefighters have extremely high rates of PTSD, similar to combat soldiers, yet are very reluctant to seek help. Experts discuss reasons for this reluctance, results of it, and how new efforts at peer counseling may help ease the psychological strain.

Host: Reed Pence. **Guests:** Dan Robertson, Oakland CA fire lieutenant and President, Local 55, International Assn. of Firefighters; Dr. Suzy Bird Gulliver, Director and Chief, Warriors Research Institute, Baylor Scott & White health, Dallas, and Prof. of Psychiatry, Texas A&M College of Medicine Health Science Center

Compliance issues covered: health care, first responders, public safety, local government, military

Links for more information: <https://twitter.com/ofd20dr?lang=en>, <http://researchers.sw.org/wri/team>

15:26	SEGMENT 2: AUTISM AND PRODIGIES	7:30
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Synopsis: Behavioral similarities between prodigies and some people with autism have long been noted. Now some researchers are beginning to find genetic links between the two phenomena. Experts discuss findings and their implications for autism treatment.

Host: Nancy Benson. **Guest:** Dr. Joanne Ruthsatz, Asst. Prof. of Psychology, The Ohio State Univ. and author, *The Prodigy's Cousin: The Family Link Between Autism and Extraordinary Talent*; Dr. Jennifer Gerdts, Asst. Prof. of Psychiatry and Behavioral Sciences, Univ. of Washington and attending psychologist, Seattle Children's Autism Center

Compliance issues covered: youth at risk, gifted youth, health care

Links for more information: <http://www.prodigyscousin.com>, <http://theautismblog.seattlechildrens.org/author/jgerdts/>

Program Log for *Radio Health Journal*

Program 18-20 **Producer** Reed Pence
Air Week 5/20 – 5/26/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
2:04	SEGMENT 1: PRESENTEEISM	11:45

Synopsis: Presenteeism is when people go to work at less than peak efficiency due to illness, injury or distraction. Experts discuss the huge cost to the economy, the chronic illnesses that exact the most cost, and the accommodations that could save businesses billions of dollars.

Host: Reed Pence. **Guests:** Rob Hosking, Senior Vice President, Ranstad USA; Todd Whitthorne, President, ACAP Health; Michael Klachevsky, Practice Consultant for Absence Management, Standard Insurance Co.

Compliance issues covered: economy, business and industry, workplace issues, public health, disabilities, employment

Links for more information: <https://www.randstadusa.com/staffing-and-solutions/staffing/>, <http://www.acaphealth.com/leadership/>, <http://www.workplace-gps.com/about.htm>

14:51	SEGMENT 2: COPING WITH THE EMPTY NEST	8:05
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Synopsis: Parents who have spent 18 years or more raising children often feel lost when the last child leaves home for college or their own place. A psychotherapist discusses common reactions and strategies for renewing purpose living in the empty nest.

Host: Nancy Benson. **Guests:** Wendy Aronssen, psychotherapist and author, *Refathering the Empty Nest: Life After the Children Leave*

Compliance issues covered: interpersonal relationships, family and parenting issues, youth at risk

Links for more information: <http://www.wendyaronssonlcsw.com>

Program Log for *Radio Health Journal*

Program 18-21 **Producer** Reed Pence
Air Week 5/27 – 6/2/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
2:03	SEGMENT 1: AUTISM AND SUBSTANCE ABUSE	12:26

Synopsis: Recent studies show that people with autism are twice as likely as others to engage in substance abuse, contrary to previous belief that they are extremely unlikely to use drugs or alcohol. An expert and an author who has used alcohol to cope with his autism discuss the developments and their impact.

Host: Reed Pence. **Guests:** Elizabeth Kunreuther, Clinical Instructor, Univ. of North Carolina Wakebrook Addiction Treatment Center and co-author, *Drinking, Drug Use and Addiction in the Autism Community*; Matthew Tinsley, Asperger syndrome patient and co-author, *Asperger Syndrome and Alcohol: Drinking to Cope*

Compliance issues covered: autism, disabilities, alcohol and substance abuse and treatment, education

Links for more information: <https://www.med.unc.edu/psych/directories/faculty/elizabeth-kunreuther>,
<http://www.asperger-training.com/matthew-tinsley/>

15:31	SEGMENT 2: DROWNING: IT DOESN'T LOOK LIKE YOU THINK	8:05
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Synopsis: Seven hundred children under age 15 drown in the US each year, most within sight of a parent or other adult. Experts discuss one major reason: drowning doesn't look like most people picture it, and so are unaware the child is in trouble.

Host: Nancy Benson. **Guest:** Dr. Francesco Pia, water safety educator; Mario Vittone, Retired Marine Safety Specialist, US Coast Guard.

Compliance issues covered: public health, public safety, youth at risk, water safety, consumerism

Links for more information: <http://poolsafely.gov>, <https://www.youtube.com/watch?v=-dmYka7jLiA>

Program Log for *Radio Health Journal*

Program 18-22 **Producer** Reed Pence
Air Week 6/3 – 6/9/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
2:04	SEGMENT 1: DOCTOR SUICIDE	12:13

Synopsis: Doctors are attempting suicide in high numbers, and are much more likely than the general population to complete it. Experts discuss the coverup of doctor suicides, the reasons behind depression in doctors, and why doctors who are depressed are less likely than normal to get help.

Host: Reed Pence. **Guests:** Dr. Pamela Wible, founder, Ideal Medical Care movement and author, *Physician Suicide Letters, Answered*; Dr. Louise Andrew, founder, MD Mentor

Compliance issues covered: health care, public health, mental health and suicide, education, government regulation

Links for more information: <http://www.idealmedicalcare.org/blog>, <http://www.mdmentor.com/who-we-are/>

15:20	SEGMENT 2: ENHANCING FOOD SAFETY	7:27
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Synopsis: Increasing recalls for food contamination have scared many Americans. A noted expert discusses why contamination scares are becoming more common, what government and producers are doing to protect us, and what we can do in our own kitchens to make foods safer.

Host: Nancy Benson. **Guest:** Dr. Mark Tamplin, former food safety adviser, World Health Organization and US Centers for Disease Control and Prevention and author, *Phage*.

Compliance issues covered: food safety, consumer safety, health care, public health, government regulation, agriculture, business and industry

Links for more information: <http://marktampin.com/index.html>

Program Log for *Radio Health Journal*

Program 18-23 **Producer** Reed Pence
Air Week 6/10 – 6/16/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
2:05	SEGMENT 1: TACKLING HIGH DRUG PRICES	12:13

Synopsis: The White House has rolled out a plan to reduce the cost of prescription drugs nationally. Experts and those involved discuss elements of the plan and how it might work.

Host: Reed Pence. **Guests:** Donald Trump, President of the United States; Eric Hargan, Deputy Secretary, US Dept. of Health and Human Services; Dr. David Hyman, Prof. of Law, Georgetown Univ. Law Center and co-author, *Overcharged: Why Americans Pay Too Much for Healthcare*; Alex Azar, Secretary, US Department of Health and Human Services

Compliance issues covered: health care, public health, Medicare, federal government, laws, legislation and regulation, economics, foreign trade, insurance

Links for more information: <https://www.whitehouse.gov>, <https://www.hhs.gov/about/leadership/eric-d-hargan/index.html>, <https://www.law.georgetown.edu/faculty/david-hyman/>, <https://www.hhs.gov/about/leadership/secretary/alex-m-azar/index.html>

15:20	SEGMENT 2: THE “BASEBALL RULE”	7:35
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Synopsis: People injured by foul balls at major league baseball games have little chance of recovering damages against teams because of a more-than century old judicial rule that essentially says fans know the risk they’re taking by attending. Experts explain the rule and recent moves by teams to play it safe.

Host: Nancy Benson. **Guests:** Eldon Ham, sports attorney and faculty member, Chicago-Kent College of Law; Nathaniel Grow, Assoc. Prof. of Business Law and Ethics, Kelley School of Business, Indiana Univ.

Compliance issues covered: sports, recreation and entertainment, legal and justice system, youth at risk

Links for more information: <http://eldonham.com>, <https://kelley.iu.edu/faculty-research/faculty-directory/profile.cshhtml?id=GROWN>

Program Log for *Radio Health Journal*

Program 18-24 **Producer** Polly Hansen and Reed Pence
Air Week 6/17 – 6/23/2018 **Production Director** Sean Waldron

Time	Segment	Dur.
2:05	SEGMENT 1: DRUG ABUSE AND HARM REDUCTION	12:21

Synopsis: As the opioid crisis continues, the city of Vancouver, BC, has found that a harm reduction approach helps addicts move to safer drug use and eventually getting clean. An author who's watched the process discusses the controversial approach of officially allowing drug use, but in safer conditions.

Host: Reed Pence. **Guest:** Travis Lupick, author, *Fighting for Space: How a Group of Drug Users Transformed One City's Struggle With Addiction*

Compliance issues covered: drug and substance abuse and treatment, opioid crisis, local government, harm reduction

Links for more information: <https://www.fightingforspace.com>

15:28	SEGMENT 2: LIVING THROUGH EXCRUCIATING PAIN	6:59
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Synopsis: Pain is an often misunderstood reality for millions of people. A noted university professor who became a quadriplegic in a bicycle accident discusses her constant pain and the way it changes life.

Host: Nancy Benson. **Guest:** Dr. Christina Crosby, Prof. of English and Feminist, Gender and Sexuality Studies, Wesleyan Univ. and author, *A Body, Undone: Living On After Great Pain*

Compliance issues covered: consumerism, health care

Links for more information: <http://magazine.wesleyan.edu/2016/04/05/christina-crosby-a-body-undone/>

Program Log for *Radio Health Journal*

Program 18-25 Producer Reed Pence
Air Week 6/24 – 6/30/2018 Production Director Sean Waldron

Time	Segment	Dur.
2:05	SEGMENT 1: VANISHING TEEN RITES OF PASSAGE	12:39

Synopsis: Teenagers used to experience rites of passage including getting a driver's license, going out on dates, drinking, having sex, & getting a job. They're engaging in these activities much less often today. It means less risk, but may leave adolescents less ready for adulthood and independence. Experts discuss.

Host: Reed Pence. **Guests:** Dr. Jean Twenge, Prof. of Psychology, San Diego State Univ. & author, *I-Gen: Why Today's Superconnected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy and Completely Unprepared for Adulthood*; Rachel Simmons, Leadership Development Specialist, Smith College and author, *Enough As She Is: How to Help Girls Move Beyond Impossible Standards of Success to Live Happy, Healthy and Fulfilling Lives*; Dr. Dan Siegel, Clinical Prof. of Psychiatry, UCLA School of Medicine, Exec. Director, Mindsight Institute and author, *Brainstorm: The Power and Purpose of the Teenage Brain*

Compliance issues covered: youth at risk, adolescents, parenting, education, underage drinking, social media

Links for more information: <http://www.jeantwenge.com>, <https://www.rachelsimmons.com>, <http://www.drdansiegel.com>

15:42	SEGMENT 2: BABIES AND THEIR GUT BACTERIA	7:22
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Synopsis: Children have up to five times as much asthma and allergies as their grandparents, and a new study shows that an imbalance of gut bacteria in the first year of life may be why. An expert pediatrician discusses why this occurs and ways to address the problem.

Host: Nancy Benson. **Guest:** Dr. Tanya Altmann, Asst. Clinical Prof. of Pediatrics, UCLA Mattel Children's Hospital and Editor In Chief, American Academy of Pediatrics parenting book series

Compliance issues covered: youth at risk, public health, consumerism

Links for more information: <https://www.drtanya.com>