

Issues and Programs Report
Third Quarter 2012

2012
Problems and Needs Report
Third Quarter
KTTC

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KTTC airs many broadcasts that contain stories dealing with the problems and important issues of the communities we serve. Listed below, by problem and need category, are topics of those stories that were broadcast during this quarter

2012 LISTING OF PROBLEMS AND NEEDS

1. Economic & Downtown Development/Jobs/Tourism
2. Political/Governmental
3. Health Care Developments
4. Education
5. Crime Prevention & Domestic Violence
6. Elderly/Handicapped/Minority Groups/Racism
7. Environment
8. Youth
9. Substance Abuse

2012 3rd Quarter Issues and Programs Report - KTTC NewsCenter

1. Economic & Downtown Development/Jobs/Tourism

7-4 Thousands of people are packing into the small town of Blooming Prairie for an Old Fashioned 4th of July get-together.

7-9 It's a conversation that's been going on for years. Will freight train traffic continue to run through downtown Rochester, or will it go around the Med City? A new study is looking at all alternatives as well as the current line.

7-12 A new sign tonight the Rochester economy has *really* bounced back from the recession. Home sales are up 17 percent from the pace of a year ago across metro Rochester. And the median sales price of "sold" listings is up five percent from June of a year ago.

7-18 The Slatterly Park neighborhood could experience some major changes in the future. It coincides with Rochester's Downtown Master Plan... a vision of what downtown can become as the city continues to grow. But as NewsCenter's Heidi Wigdahl found out... not everyone is on board with the vision.

7-18 In St. Charles, the frac sand stats can be tough to decipher for those trying to keep track. A meeting tonight was set to bring residents up to speed on the process, and also inform them of the latest on the proposed facility near the city limits.

7-23 Albert Lea's Bancroft Bay is the focus of a controversy among some outdoor enthusiasts and city officials. The dispute involves a new 18-hole disc golf course, near the park's lake shore.

8-16 July marked the second month in a row Minnesota gained jobs. Despite the gains.. the number of people unemployed climbed slightly. So -- where are the jobs?

8-26 Senator Al Franken was in Rochester talking jobs. This morning Franken joined members of the Rochester Area Chamber of Commerce and a group of students to address issues such as job creation, education, and health care.

8-27 As local communities continue to have their state funding cut... the effects are continuing to be felt. In Albert Lea, the fire department's staff may be reduced from five firefighters per crew... down to four. NewsCenter's Katie Lange just returned from Albert Lea's City Council meeting where a number of people voiced their concerns.

9-6 Last November, the Vatican announced the parish church of St. Stanislaus Kostka in Winona would become a minor basilica. And the time has arrived as plans for a celebration are set for this weekend.

9-18 Minnesota's first electronic pull-tabs are up and running - they went live tonight in five bars and will soon be available across the state. It's all part of the funding plan for the new Vikings stadium.

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9-20 The Southeast Minnesota Association of Realtors reported 182 homes sold in August. That's up 17 percent from last year and 1 percent from July. Analysts say low interest rates and home affordability are boosting the market.

9-24 Roads leading to the Olmsted County Road 14 and Highway 63 interchange are closed for construction on a new roundabout.

9-26 In the next eight years, Workforce 2020 plans on creating more than 10-thousand jobs in Rochester. As the city continues to grow, the demand for housing is high.

9-27 The process dragged on longer than expected - but MnDOT officials believe they're closing in on a new Highway 43 bridge. That's good news for residents looking to ease traffic over the Mississippi. NewsCenter's Peter Schuneman was in Winona today and joins us now from the newsroom with the proposed plan.

2. Political/Governmental

7-2 It was an emotional city council meeting this evening, as some people bid farewell to beloved city council President, Dennis Hanson. Council members had a tough decision to make - who will be interim president and fill Hanson's shoes.

7-2 Iowa Governor Terry Branstad and Lieutenant Governor Kim Reynolds say they're going to start paying 20-percent of their health care insurance premiums starting August 1st. They're trying to set an example for other state employees who now have a new option to pay 20 percent of their premiums themselves.

7-11 The political battle is heating up between Republican candidates for the first congressional district. Mike Parry and Allen Quist are differentiating themselves ahead of next month's primary. The winner takes on DFL Congressman Tim Walz.

7-11 Minnesota lawmakers expect to convene for a special session in late August to approve state relief for recent natural disasters across the state.

7-13 The city of Lake City is being sued by a former employee and it's getting messy. In a 79-page complaint, former library administrator Sherry Mooers outlines the details of 20 allegations of wrongdoing by the city and its employees, including Mayor Dunbar and two city council members.

7-16 Tonight, Austin City Council voted in favor of euthanizing a pitbull. The decision comes after the pitbull killed a chihuahua three weeks ago at the city's new dog park.

7-17 It's now up to the Minnesota Supreme Court to decide whether the voter I-D amendment will go on the November ballot. The high court today took arguments on the issue of whether the ballot question is misleading, because it makes no mention of the new provisional voting

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system. The A-A-R-P and other groups say the question should be taken off the ballot because voters won't understand the full impact.

7-23 A fired Minnesota Senate aide is suing over his termination last December after being involved in an affair with then top Senate leader - Amy Koch. Michael Brodkorb filed the lawsuit today in Ramsey County court against the state of Minnesota, the Senate, and a top senate official.

7-25 A move by the Wabasha County Sheriff has drawn some criticism after buying two new squad cars earlier this year without informing the county board first.

7-31 The Supreme Court is hearing arguments over the wording of the voter I-D and marriage amendments. Supporters of the amendments sued Democratic Secretary of State Mark Ritchie after he changed the titles that will appear above the questions on the November ballot. They say he is trying to sway voters.

8-1 We're within the final two weeks before the first congressional district elections on August 14th. The two candidates have their eyes on Tim Walz's seat as the deadline slowly approaches.

8-13 Medicaid.... government funded health care for the poor... has been a political football for years. And with Paul Ryan as Mitt Romney's running mate, the topic has come to the forefront in the presidential race. Tonight, a new twist, as Mayo Clinic's voice is heard in St. Paul.

8-14 At the G-O-P district convention, it was vote after vote, and delegates still deadlocked. So State Senator Mike Parry of Waseca and Allen Quist of St. Peter are facing off in the primary. So far... Allen Quist is in a strong lead.

8-21 Vice President Joe Biden is hitting the campaign trail before the November election. He's met with a lot of criticism after he said Mitt Romney and other Republicans would put Americans quote- "back in chains." Biden kicked off his day in Minnesota with a rally in Minneapolis to defend the Obama Administration's efforts to reform Wall Street. Then earlier this afternoon he headed here to Rochester and the Olmsted County Fairgrounds.

8-27 The Minnesota Supreme Court rejected a legal challenge today, and as a result, the voter ID amendment will remain on the November ballot.

8-29 Tonight the focus was on marriage both inside and outside of Saint Francis of Assisi Catholic Church. Outside, people from about 6 different churches, mostly Catholics, held a silent vigil. They walked with signs, asking voters to say no to banning same-sex marriage in Minnesota. Inside the church, the Diocese of Winona declared today a day of prayer for marriage.

9-6 People across the country tuned in tonight as President Barack Obama took center stage at the National Democratic Convention... including our local DFL'ers watching tonight from the Wicked Moose here in Rochester.

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9-10 It's that time of year again. How much will you pay in property taxes for 2013? If you live in Rochester, you could expect an increase.

9-13 The Mayo Civic Center expansion project got some bad news today. Once again, it is denied state funding. Governor Mark Dayton announced the recipients of grant money from the Department of Employment and Economic Development. The Department ranked each project based on specific criteria... and the Civic Center project ranked 11th on that list, not high enough to receive any of the 47-point-5 million dollars.

9-17 We're inching closer to the November election... and it's this election Governor Mark Dayton is calling the most important election in his lifetime. He was in Rochester today talking "jobs"... but Republican leaders remain at odds with the governor on how more employment can be created in Minnesota.

9-19 The debate over the Voter ID amendment is heating up. Voters in Minnesota can now log on and take a look at their ballot before election day... but not everyone is pleased with the new feature.

9-20 In not quite a month and a half... nearly 6 weeks... 47 days to be exact, until the November election... and as it draws near... the marriage amendment battle is a hot button issue and is gaining more attention across the state.

9-20 The Rochester Tea Party Patriots hosted a meeting this evening in Rochester with their guests of honor, Senate candidate Kurt Bills and Congressional District-1 candidate Allen Quist.

9-27 The Republican trying to un-seat DFL Congressman Tim Walz in Minnesota's First District... came out on the attack in the first debate between the two - earlier today. It was a wild exchange moderated by our very own Tom Overlie at Somerby Golf Club in Byron. A question from the Chamber of Commerce audience -- what would Walz and challenger Allen Quist do if elected... what was the *most important* thing--?

9-27 In Iowa... two U.S. congressional candidates also battled it out earlier tonight in a live debate. Republican incumbent Steve King and Democratic challenger Christie Vilsack went head to head in Orange City Iowa... and NewsCenter's Tom Overlie also participated in that debate - and has more.

3. Health Care Developments

7-3 People across the country are experiencing sweltering temperatures today... Rochester as we said is no exception. While many are taking refuge at local lakes and pools or in air-conditioned homes, it's important to remember heat can be more than bothersome - it can also put your health at risk. Heat stroke is caused by long exposure to high temperatures or when doing physical activity in hot weather.

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7-10 Tonight... something to crow about in the Med City -- federal officials have concluded that Minnesota has the best "clinic health care" in the country. Now -- the not-so-happy part.

The Agency for Healthcare Research and Quality ranks Minnesota 43rd in "home health care."

7-16 Researchers at Mayo Clinic have found a way to make a certain type of brain surgery more effective in their patients. The discovery is being called groundbreaking because it can help people with not only brain disorders, but psychological disorders as well. The procedure of Deep Brain Stimulation has been around for about 20 years, but its what is being added that's making it a game-changer.

8-17 If you've been to the dentist lately, you know how quickly the bill can rack up. Many Minnesota families struggle just to put food on the table....so going to the dentist is considered a luxury many can't afford... putting a patient's health at risk. But that's about to change for thousands of people.

8-29 It's not flu season, but we are all still capable of getting it. One spot you could pick up the latest strain is at the State Fair. Right now, three pigs are in isolation at the fair's swine barn. Veterinarians hired by the State Fair are always there to make sure you and the pigs stay healthy. One of the vets, Dr. Tom Hagerty, says they watch the pigs closely - checking each animal up to six times a day to make sure they don't have any flu-like symptoms.

9-4 The Minnesota Supreme Court heard oral arguments today in a case involving online doctor reviews. Dr. David McKee of Duluth sued the son of one of his patients who posted negative reviews. A complaint says the son posted the reviews on three rate-your-doctor websites after Dr. McKee treated his father.

9-10 Health officials have linked another case of a new swine flu strain to the Minnesota State Fair. The Minnesota Department of Health says a teenage boy who exhibited a pig during the fair developed a flu-like illness after he returned home... and just recently tested positive for a variant strain of H-1 N-2.

9-12 Flu season is here and health officials are reminding you to get a flu shot. Many companies are offering the flu vaccine for their employees, but for those who don't have health insurance, there are other options.

9-13 Most of us have taken pain-relief medication, but a new study may have you thinking twice before reaching for another. for some people, it's common to take this type of medication quite frequently. But certain popular pain-relieving medicines are now being linked to hearing loss in women.

9-18 An employee with Hormel Foods has been diagnosed with tuberculosis. Mower County Public Health notified Hormel of the person's TB - prompting the meat packing plant to have other employees tested. Hormel says so far, no other cases have been identified, Minnesota Department of Health officials say T-B is not a risk to food safety.

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9-26 This morning, students at Byron Elementary rolled up their sleeves to get a flu shot! Byron is one of 30 schools in Olmsted County partnering with Olmsted Medical Center, Mayo Clinic, and Olmsted County Public Health to offer the vaccine at school. Both flu shots and the nasal mist are available to students over the next three weeks.

9-26 The next new cancer treatment may be a 50-year-old diabetes drug. Scientists say early tests found the drug metformin prevented tumors in mice and reduced the likelihood diabetics would develop a malignancy.

4. Education

8-3 A town in Iowa came together tonight to save programs in its school district. Parents and students in the Riceville Community School District held a meal and auction at Farmers Feed and Grain. All proceeds will go towards the Riceville School Foundation that will help bring back programs that were eliminated due to all the budget cuts.

8-7 After months of debate, Rochester Public Schools will move forward with iPads in the classrooms. This afternoon, the school board approved the district's technology plan.

8-21 If you have a youngster at home under the age of five, you'll want to hear this. They could now be starting school as young as early as four years old.

8-21 East Park in Rochester was bustling with young people today...for the 6th annual back-to-school rally. Olmsted County's PACE or Parents and Children Excel program put on today's event. The organization works with youth who have attendance or behavior issues at home and school. Today's event was open to the public and included activities for the kids - like a dunk machine, inflatable slides, a petting zoo and a tasty barbecue.

9-3 While many college students are enjoying the day off there is a group who may be diving into the books on this Labor Day and it's a trend growing in popularity. Online college courses are in session 24 hours a day, seven days a week.

9-4 The new school year is officially underway across the area ... and we're finding out tonight that enrollment is up in Rochester Public Schools.

9-5 Typically on the first day of school it's the students trying to figure out their schedules, where to be and when. A process one would hope to be settled days beforehand - especially if it's the busing schedule. NewsCenter's Peter Schuneman was in Plainview today... to see if things went a little more smoothly after a rough start yesterday.

9-6 iPad technology in Rochester Public Schools is closer to becoming a reality - for each and every student. The district will add its first phase of iPads into the classrooms during the 2013 to 2014 school year. NewsCenter's Heidi Wigdahl tells us how an iPad open house is helping parents and students get up to high-tech speed.

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9-18 The Rochester School Board is discussing why parents are opting to enroll their kids in schools outside the district. At tonight's meeting a researcher showed findings of a study conducted addressing the issue and why parents are enrolling them in nearby schools like Byron, Dover-Eyota, or Stewartville. Some of those reasons include religion, class size, the quality of teachers, and opportunities for academic achievement.

9-24 The boards for Austin Public Schools and Albert Lea Area schools approved preliminary 2013 property tax levies tonight.

9-25 Tonight, Chatfield Elementary School kicked off its new reading program. Parents came out to learn more about the "100 Book Challenge." It's a huge new program at the school... and one teachers are hoping will have a lasting impact in each child's life.

9-29 If you have kids going to school in the *Plainview, Elgin, Millville* school district - and they ride the bus - you're going to want to hear this. Inspectors have been at the Plainview bus company twice already this week to inspect their school buses.

5. Crime Prevention & Domestic Violence

7-10 A Mason City man is facing first degree murder charges after a woman is found dead in her apartment.

7-12 There's a place in Rochester right now this moment... where a man is about to commit a crime. At least... that's what the Best and Brightest on our police force believe NewsCenter's Brie Groves is live with a whole new way of catching criminals... it's all about knowing where crimes are about to be committed.

7-13 The Lyle man involved in a domestic dispute leading to a man hunt appeared in Mower County Court this morning. We are now learning the deputy who shot at Brian Jansen actually missed. Early reports show 42-year-old Brian Jansen was tazed and then grazed in the arm by a gunshot from Deputy Jason Bresser.

7-19 It was hard to believe... here in Rochester... a bomb found in a parked car on the second level of a parking ramp near St. Marys Hospital. Just after 5 o'clock tonight, a bomb squad from the Twin Cities successfully removed it from the woman's car.

7-20 Movie theaters across the country are tightening security after the fatal shooting in Colorado last night. Paragon Chateau 14 is one of those movie theaters. Director of Marketing for Paragon, Niki Wilson, says tonight... all its theaters have heightened security.

7-26 Authorities have made an arrest in the bomb scare that forced the evacuation of a Mayo Clinic parking ramp for hours. The 17-year-old son of the woman who reported the pipe bomb in the trunk of her car on Thursday is charged with the crime.

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8-7 Tonight people are coming out of their homes and joining in the excitement of block parties throughout their communities. The 29th annual National Night Out gives neighbors the opportunity to get to know one another and develop a relationship with law enforcement.

8-8 The F-B-I looked at it... there have been internal and outside investigations... and two county employees have been reprimanded. Punished for using government time and property... to make pirate or duplicate DVDs of movies. NewsCenter's Brie Groves reports the most astonishing part of this, is that it occurred inside the Sheriff's office in Caledonia.

8-23 Investigators believe a level three sex offender who was recently re-arrested may have other victims no one knows about. 40-year-old Brian Broulick was arrested for possession of child porn after a search warrant was executed on May 24th.

8-28 An Albert Lea man with two previous convictions of sexual abuse against children is charged again. 46-year-old Randy Morrow faces first-degree criminal sexual conduct and failing to register as a predatory offender.

9-3 A Cedar Falls child care provider is asking the state for a uniform standard on how a missing child case is handled.

9-6 An Olmsted County sheriff's deputy was hit by a golf ball while driving on Interstate 90...and it doesn't appear to be an accident. The golf balls were being dropped from the county road 19 bridge over I-90 near Eyota. While searching the ditches last night and today... authorities found more than 25 golf balls.

9-18 People living in the Kutzky Park neighborhood are staying vigilant after a woman was raped inside her home last week. Police have identified 3 other assaults within the past 4 months... all occurring in the area.

9-20 Charges are filed today against a 17-year-old suspect in a string of sexual assaults in the Kutzky Park neighborhood. The man was arrested Tuesday on probation charges... and while in custody investigators developed a case linking him to three of four recent attacks by using physical evidence, victim testimony, a photo line-up and self admission.

9-25 Criminal complaints are released today on the sexual assaults in the Kutzky Park neighborhood. A 17-year-old boy has been charged in the three cases dating back to May 4th.

9-26 Rochester police are investigating another sexual assault in the Kutzky Park neighborhood.

6. Elderly/Handicapped/Minority Groups/Racism

7-11 For those who served or are serving our country, a special event in Pine Island is honoring them. It's called Operation Free Ride. Rideability is an organization that helps children

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and adults with disabilities through horseback riding. For the very first time, it teamed up with Horses for Heroes... as a way to say "thank you."

7-30 Taking a dip at the local swimming pool - will be easier this time next year for those with physical impairments - thanks to a new rule by the American Disabilities Act. The upgrades need to be made by January of 2013.

8-1 A new Minnesota law went into effect today... making it a felony, now, to neglect vulnerable adults or cause harm to children.

8-6 There's controversy over a billboard in Albert Lea. Some local residents say the electronic sign implies illegal immigration... At one point the sign read "Catch and release no, deport illegals si." But now it says "Check dictionary illegal is criminal."

8-7 Latino community leaders in Owatonna are trying to find who's responsible for spreading a pro-deportation message. The Owatonna People's Press reports an airplane flew over Owatonna last night carrying a banner reading... "Catch and Release No! Deport Illegals Si."

8-10 We have an update tonight on the woman who was run over by her own car last night in Stewartville. Officials responded to the scene on Prairie Stone Court around 8 last night. Neighbors say 74-year-old Tove Jorgensen was opening the door of her vehicle in the driveway... but it wasn't in "park." The SUV started rolling backwards... and that's when Jorgensen fell underneath. It rolled over her from foot to head.

8-17 Some of our WW-2 veterans were treated to breakfast this morning at the Vincent Berg Farm near Rochester. They gathered for pancakes where they shared stories of their war experiences. Vince Berg, a veteran, hosted the event and he says it all started over a pancake recipe years ago from 1850 but now getting together has another meaning as it becomes harder for veterans to gather together.

8-20 Owners of a mobile home park are accused of discrimination....and now, the U.S. Department of Housing and Urban Development is pressing charges. HUD says the owners and manager of Rainbow Terrace Mobile Home Park violated the Fair Housing Act. The charge alleges the manager told a Mexican American couple wanting to lease a lot - that she didn't want any more Mexicans living there.

9-5 A former American Idol contestant was in Red Wing today... Reed Grim was a keynote at tonight's "floats and notes" benefit. It's an event by the Deer Crest Memory Care Facility to raise funds for this year's Walk to End Alzheimer's.

7. Environment

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7-3 The heat wave continues until Friday and on top of the heat there is one more concern to worry about. An air pollution health advisory takes effect tomorrow in Rochester from noon until midnight.

7-6 We may be seeing the end of this heat wave, but the temperatures have already done A LOT damage, including to the fish inhabiting our state lakes.

7-9 As we first reported last week hundreds of dead fish are washing up on the shores of area lakes. And now that problem is being seen along shorelines here in Rochester. NewsCenter's Katie Lange joins us live after spending the afternoon at the Silver Creek Reservoir.

7-13 An environmental committee is urging Minnesota legislators to take notice and stop the threat of invasive species. The Legislative-Citizen Commission on Minnesota Resources is recommending more than 36 million dollars in environmental projects.

7-24 Hundreds of community members are rallying against a proposed frac sand plant. Developer - Glacier Sands LLC, is hoping to build the plant near the Cochrane-Fountain City Public School. NewsCenter's Katie Lange just returned from a public meeting in Alma where the zoning board was set to decide whether or not to approve the plants conditional use permit.

7-24 St. Charles City and Winona County officials travelled to Chippewa Valley, Wisconsin to see what a silica sand processing plant looks like. Tonight they're sharing their findings with the Winona County Board.

7-25 Typically farmers are able to cut and bale about four crops of hay during the summer. But the lack of rain and excessive heat is changing that.

7-25 It's one of the roughest summers for farmers in recent history with drought consuming much of the Midwest. One Iowa college is hoping to lend its expertise to help area farmers. Experts from Iowa State University are offering their thoughts on the current weather conditions and their predictions on corn and soybean crops.

7-30 A moratorium on frac sand mining is extended in Goodhue County. The decision was made this evening before a packed house at the Goodhue County Planning and Zoning Commission meeting in Red Wing.

8-6 It's possible that Rochester's coal-fired power generators near Silver Lake might soon be de-commissioned. On Tuesday... the Rochester Public Utilities board will consider advice from experts to move away from burning coal and rely on natural gas to power the Silver Lake plant. The new CAPX2020 high voltage power lines being built also represent a new source of outside power that might be safer and less expensive than burning coal here in Rochester.

8-7 The future of the Silver Lake Power Plant has been decided. The Rochester Public Utilities Board voted unanimously to shut down the 63-year-old facility. The decision is in response to the EPA's Clean Air Act, increased regulations on coal energy-generation, and money.

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8-9 Turns out there's "gold" in them thar hills... the newest Gold Rush is to mine frac sand in western Wisconsin and southeastern Minnesota... all along the Mississippi. But where economic developers and businessmen see jobs and profit... others see evil -- they're determined to "save the planet" from frac sand mining.

8-17 The Winona County Planning Commission has approved an application for a new frac sand mine near Utica. The committee voted 6 to 3 in favor of the proposed 20-acre mine west of Winona County Road 113. Opponents say they're concerned about truck traffic to the site and the number of acres the mine is proposed for.

8-28 Protestors in Winona are at it again... Raising their voices against frac sand mining in the county. They stationed themselves in Levee Park this afternoon in what they're calling an awareness day to bring attention to the possibility of frac sand mining in Winona County. They're concerned about the environmental impact it could have.

8-29 Some barges traveling on the Mississippi may be delayed because of Tropical Storm Isaac. Co-owner of C-D Corporation, Dan Nisbit, says the company hasn't seen any direct effects but he should have a better idea in the next week or so. Nisbit says there could be some delays in their salt shipments coming out of Louisiana.

9-20 The battle over frac sand mining continues as a state environmental group proposes a moratorium on any future mining projects. They feel more health and environmental studies are needed.

9-26 It's been a good year for some crops... and not so good for others. One of those suffering might have an impact on your Halloween... that is if you're wanting a giant pumpkin. Back when those giant pumpkins do their growing, things were just way too hot. This year because of our extremely hot July, those giant pumpkins are a bit smaller.

8. Youth

7-6 The community is coming together to support two young victims of last weekend's campfire explosion at Money Creek in Houston. If you would like to help - the local community is holding a fundraiser called Pancakes for Princesses and will take place tomorrow morning from 7 to 10 a.m. at the Money Creek Haven Campground pavillion.

7-6 He's a familiar face on the basketball court as well as in the realm of reality TV... but today Kris Humphries spent the day with kids in Rochester at the YMCA.

7-12 By this time tomorrow, more than 13-thousand soccer players will have taken over Blaine... to compete in the Schwan's USA Cup. Tonight, we're getting a taste of what that will look like... as a local soccer club had some international visitors. NewsCenter's Heidi Wigdahl joins us live with the story.

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7-19 The father of a Rochester Public School student is outraged after learning his daughter has been meeting older men on the Internet.... while at school. He now wants answers from Superintendent Michael Munoz.

7-30 While the regular Olympics are in the spotlight right now...some local younger athletes got a taste of them today. The Boys and Girls Club of Rochester arranged some events for the kids during this year's Olympics. They included A 100-meter dash, softball toss for shot put, a shuttle relay and other olympic type events. They can even win medals in different categories and age groups. Organizers say it's a great way for the kids to experience what the Olympics are like and help them find hidden talents.

8-3 Good things are also happening at the Dodge County State Fair. Four young girls are doing their part to help fight cancer. They dedicated hours and hours this summer to creating about 800 friendship pins which they're selling through the night at the Relay for Life event at the Dodge County Fair Grounds.

8-6 We now know the name of the boy struck by lightning over the weekend. 11-year old Gunnar Starks of Byron was at the Lake Hendricks Park Campground just outside of Riceville Saturday morning when lightning struck a tree near him, injuring Starks.

8-9 The U.S. Women's soccer team defeated Japan for the gold medal today. A local soccer team celebrated the big win. The Rochester Youth Soccer Association U-11 girls watched as the U.S. took first place. It's the kind of ending that these girls can relate to.

8-15 After recent teen suicides, the issue of bullying has really taken center stage across the state. Governor Mark Dayton is now endorsing the need for Minnesota to toughen its anti-bullying law. In Stewartville, Cody Mason delivers the paper, door to door. It's a new job and a new school year. Like others entering 7th grade, he's already seen his fair share of bullying in school.

8-16 The Minnesota Conservatory of the Arts' annual Concert on the Lawn had to be moved inside due to possible rain. But that didn't stop about 20 students from performing at the Valencia Arts Center in Winona. The concert included performances by students who are taking private lessons at the Conservatory.

8-23 A Zumbrota teenager is breaking barriers in the world of race-car driving. The 17-year-old is making history... not only locally, but nationally. Casey Trom will go for another championship this weekend.

9-4 It was a frightening way to start the school year and certainly not the way two Byron students intended to end the first day of school. On their way home, their bus was rear-ended by a van.

9-5 What a difficult second day of school for Byron High School students. They returned to class today after learning of the loss of one of their classmates - who was killed after her first day as a senior.

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9-12 A Mayo High School student is saying... *enough is enough* when it comes to bullying in schools. The senior has created an anti-bullying group... where students receive training on how to stick up for their peers.

9-18 There is some concern in schools regarding the new guidelines set by the federal government limiting the calories of school lunches. There's a fear students who participate in athletic activities aren't getting enough to sustain them through afterschool workouts. School entrees are being cut back to meet new calorie standards.

9. Substance Abuse

7-25 For several months now, Rochester has been exploring a new way to get homeless alcoholics off the streets. After years of hauling people to the "drunk tank" to sober up, again and again, Olmsted County created a different kind of treatment program more than seven months ago. Some call it "the wet house"... alcoholics are allowed to live *and* drink there. NewsCenter's Heidi Wigdahl joins us live with an update on how things are going.

7-26 It's something that's concerning authorities... heroin use is skyrocketing here in Rochester. Sergeant Paul Wilson with the Narcotics Unit says there have been three heroin overdoses in Rochester since July 13th. And Lieutenant Mike Sadauskis says the city is seeing a younger population turn to heroin... since it's now pure enough to snort.

7-26 A new state law that will go into effect next month will make it a felony to sell synthetic drugs....it's all part of a nationwide crackdown.

7-31 A sentence was handed down today in the case of a woman who drove her vehicle down the wrong side of Highway 14 killing two young men and critically injuring another. Judge Joseph Chase sentenced 23-year-old Sondra Dewerd to 69-months in prison and the possibility of being released under supervision after 46. She was intoxicated at the time of the crash.

7-31 A Stewartville school bus driver is charged with third degree D-U-I. Deputies say 40-year-old Robert Mielke was driving a school bus for Engel Bus Service yesterday morning in Hayfield... when someone reported him driving poorly.

8-1 Stewartville bus driver Robert Mielke was fired and arrested for driving more than a dozen summer school students from Stewartville to Hayfield, while under the influence of alcohol.

9-10 A taxi cab driver is arrested after his passengers called police to report he was driving drunk.

9-13 Drug and alcohol abuse is a growing problem in Minnesota and for the first time, the state has developed a strategy to prevent it. A 2011 report from the Minnesota Department of Health shows the impact of alcohol use alone costs the state 5-billion-dollars a year. The new

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plan calls for long-term action from treatment to recovery and increases coordination among law enforcement to fight the production and sale of illegal drugs.

9-24 A Rochester father is fighting to get his child back. He says he lost his 3-year-old after seeking help for a substance abuse problem. It was common for people to avoid treatment because of fear of being prosecuted... which is why federal confidentiality regulations were put in place during the early 70s. But there are times when information can be passed on... which has people like Ron Banks wondering... who can you trust?

LOCALLY/QNI PRODUCED PROGRAMMING

KTTC-TV is very community-oriented and interested in community problems and issues. It devotes a considerable amount of its news time to the coverage of significant problems, needs and issues facing the community. KTTC has broadcast the following programming in response to the issues and programs during this quarter.

- KTTC Newscenter "Around Town"
Saturday 7:26am, 7:56am, 8:26am, 8:56am
Sunday 7:26am
"Around Town" is a 2 ½ minute segment that has interviews with individuals in the community. These interviews provide information and discussion of events in the area, usually by non-profit organizations.

2012 Around Town 3rd Quarter Schedule

July 7 – Charter House Sidewalk Sale; ARC Golf Tournament

July 14 – Pink Poker Tournament; Quarry Hill Nature Tour

July 21 – Ironwood Springs Christian Ranch "Miracles Happen Festival;"
Assisi Heights summer programs

August 4 – St. Pius Church Musical "Nunsence"; local author Julie Kramer
book-signing at Apache Mall for "Shunning Sarah"

August 11 – "Paint Your Wagon;" GEV Quilt Project

August 18 – "Who's on First?" by Words Players Theatre; Austin ArtWorks
Festival

August 25 – Taste of Stewartville; Black Data Processors Association

September 1 – "Taste of the Trail" from Lanesboro to Whalen to Peterson;

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Hesper-Mabel "Steam Engine Days"

September 8 – Bear Creek Services; ARC Apollo & RT Autism

September 15 – Mitchell Co. Historical Society movie; Recovery Walk

September 22 – "Legally Blonde" at Jon Hassler Theatre, Plainview;
Mantorville Theatre Season

September 29 – Fair Trade Market, Our Savior's Lutheran; RNeighbors

KTTC NewsCenter

NewsCenter Today	Monday-Friday	5:30-7:00am
NewsCenter at Noon	Monday-Friday	12:00-12:30pm
NewsCenter at Five	Monday-Friday	5:00-5:30pm
NewsCenter at Five	Sunday	5:00-5:30pm
NewsCenter at Six	Monday-Saturday	6:00-6:30pm
NewsCenter at Ten	Sunday-Friday	10:00-10:35pm
NewsCenter at Ten	Saturday	10:00-10:30pm
NewsCenter at Ten (R)	Monday-Thursday	3:00-3:35am
	Friday	3:30-4:05am

SYNDICATED PROGRAMMING

KTTC-TV has broadcast the following syndicated programming material in response to the problems and needs of our viewing area-

- Ag Day Monday-Friday 5:00-5:30am

Daily syndicated program of agriculturally related topics.

NETWORK (NBC) PROGRAMMING

KTTC has broadcast the following network programming which addresses many of the problems and needs of our viewing area.

- Early Today Monday – Friday 4:30-5:00am

KTTC/KTTC-DT

Television

Rochester, Minnesota

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As the first broadcast of the day on the NBC Network, "Early Today" provides a comprehensive look at the news that occurred overnight as well as previewing the day's upcoming events

- Today Show Monday – Friday 7:00-11:00am
 Saturday 7:00-9:00am
 Sunday 7:00-8:00am

A news program that provides the latest in international and domestic news, weather reports and interviews with newsmakers from the world of politics, business, media, entertainment and sports.

- Meet The Press Sunday 8:00-9:00am

NBC moderator interviews top newsmakers from the week

- NBC Nightly News Monday-Sunday 5:30-6:00pm

Provides reports and analysis of the day's most newsworthy national and international events.

- Dateline Various dates/times

Prime-time news magazine program that comprises segments on a wide range of topics, including investigative reports, human-interest stories and newsmaker profiles.

SHORT FORM PROGRAMMING

KTTC demonstrates a strong commitment to our community by broadcasting public service announcements (PSA's) for many area non-profit organizations. The PSA's are listed below which aired during the quarter. Specific dates/times are not given here, but are available on request.

The following PSA's ran during the 3rd quarter of 2012

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Third Quarter 2012 – KTTC Television

Advertiser	Title
Ad Council	Veteran Support/College Access
Air Force Reserve	"Guiding & Protecting America"
Al-Anon/Alateen SE Minnesota	Al-Anon Family Group
Big Brothers Big Sisters Mentoring	Big Bros/Big Sis "Start Something"
Bolder Options	First Ever Tailgate Party 2012
Boys & Girls Club of Rochester	Great Futures Start Here
Clearway Minnesota	Second Hand Smoke/QuitPlan
Dave Thomas Foundation for Adoption	Adoption "I Am"
Focus on the Family	Focus on the Family/Camping
Foundation for a Better Life	Values/Opportunity/Sportsmanship
Girl Scouts	Girl Scouts "Park Girls"
Got Your Six	Support Veterans
Habitat for Humanity Domestic US	Habitat for Humanity
Iowa Dept of Public Health	Too Busy/Jim
KTTC Community Calendar	Community Calendar
KTTC Missing Iowa Girls	MISSING – Evansdale Girls
KTTC Women with Drive	Women with Drive Awards
KTTC Young Hero	KTTC Young Hero Award 2012
Laketrails Base Camp	Lake of the Woods Teen Camp
LDS Family Services	Adoption "Spend a Day"
Lions International	Join Lions Club
Lupus Foundation of Minnesota	Lupus Walk for Hope 5K Trail Run
MADD Rochester	Austin Melville "Don't Drink & Drive"
Make a Wish Foundation	Make a Wish "Waiting Room"

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Minnesota Cancer Alliance/SAGE Scopes	Colorectal Cancer
Minnesota National Guard	Storm/Fire/Flood
MN Dept of Public Safety	Don't Drink & Drive
MN Dept of Public Safety	Don't Text & Drive
NAB Education Foundation	No Kid Hungry/Jeff Bridges
NAB Education Foundation	Bring Change 2 Mind/Glenn Close
NBC "More You Know"	More You Know - Education/ Environment/Fitness Health
Olmsted County Fair	Olmsted County Fair 2012
QUBO FCC Report Location	QUBO - FCC
Recreational Boating & Fishing Foundation	Take Me Fishing "Protecting Memories"
Rochester Area Chamber of Commerce	Hiring our Heroes SE MN Job Fair
Shoplifting/Tangerine	Shoplifting-Nothing's Worth Stealing
StopTextsStopWrecks.org	Texting and Driving "5 Seconds"
The Arc Southeastern Minnesota	The Arc SE-MN "Adrian"
The Arc Southeastern Minnesota	Arc Celebrity Mulligan Golf Tourney
United States Marine Corps	Marines "For Us All"
United Way of Olmsted County	Give. Advocate. Volunteer.
United Way of Olmsted County	APPLE Volunteer
Universal Marine & RV	Local Heroes Days 2012
US Conference of Catholic Bishops	"Marriage Takes Teamwork"
US Dept of Veteran's Affairs	Veterans Crisis Line "It's Your Call"
Wounded Warrior Project	Wounded Warrior "Living Logo"
YMCA	YMCA "This is Why"
Zumbro Valley Mental Health Center	New Leash on Life Dog Run/Fun Walk

THE CW

Public Issues Report 3rd Quarter 2012

Public File – 3rd Quarter 2012

July 1 – September 16

News at

6:01am 7:01 8:01
6:15 7:15 8:15
6:31 7:31 8:31
6:45 7:45 8:45

September 17 - 30

6:01am 7:01
6:15 7:15
6:31 7:31
6:45 7:45

July 2012

July 2nd

Millions are still without power this morning after massive storms on Friday and a weekend of record-setting, triple-digit heat left at least 16 people dead. Mid-atlantic authorities are urging patience as utilities scramble to restore electricity - and much needed air conditioning. Ohio, Virginia and Maryland all described damage to their power grids as catastrophic, and officials warn repairs could take up to a week in some areas.

With creep-o Jerry Sandusky behind bars, attention now turns to a set of e-mails which reportedly indicate that former university officials Graham Spanier, Gary Shultz and Tim Curley knew about Sandusky's infamous 2001 shower incident, but decided to handle it using a, quote, "humane" approach. In other words, they covered it up. Schultz and Curley are currently charged with perjury.

July 3rd

It could be sunday before a million people can power back up!

At least 19 people are dead from storms fueled in part by the heat. More than 1.7 million are still in the dark in ten states and d-c. Shopping malls are turning into cooling centers and power stations for people desperate for a-c and an outlet to charge their laptop! The power outages are also causing major traffic headaches and safety concerns

YOU'VE BEEN BUSTING YOUR BUTT AT WORK AND YOU FEEL LIKE ITS TIME TO ASK FOR A RAISE.

BUT WHAT DO YOU DO?

SEND THEM AN EMAIL?

MENTION IT IN WATER COOLER CONVERSATION?

WELL YOU CAN STOP STRESSING.

WE'VE GOT THE BEST WAYS TO ASK FOR A RAISE IN TODAYS HEAD DRAMA.

BUT FIRST HERE'S THE QUESTION OF THE DAY

HAVE YOU EVER HAD THE NERVE TO ASK YOUR BOSS FOR A RAISE?

ALRIGHT SO BEFORE YOU DECIDE TO ASK YOUR BOSS FOR MORE MONEY...HERE'S WHAT YOU NEED TO DO.

MAKE AN APPOINTMENT.

SCHEDULING TIME TO TALK WILL GET YOU MORE ATTENTION.

AND WHEN THEY ASK WHAT YOU WANT TO MEET ABOUT, DON'T MENTION A RAISE RIGHT OFF THE BAT.
SAY YOU WANT TO TALK ABOUT YOUR JOB PERFORMANCE.

COME PREPARED.

MAKE SURE YOU HAVE A LIST OF EXAMPLES THAT PROVE YOU'VE GONE ABOVE AND BEYOND.

AND DON'T COMPARE YOURSELF TO OTHERS.

IF YOU DO..SO WILL YOUR BOSS....AND YOU DON'T WANT TO ACCIDENTALLY HAND THAT RAISE OFF TO SOMEONE ELSE.

BE REASONABLE.

WE ALL KNOW THAT THE ECONOMY ISN'T EXACTLY ON THE UP AND UP...SO EMPLOYERS ARE HAVING TO MAKE BUDGET CUTS.

SO KEEP THAT IN MIND.

WE'D ALL LIKE TO MAKE THOUSANDS MORE A YEAR...BUT MAKE SURE YOUR REQUEST IS FAIR.

July 4th

WANT TO MAKE A DIFFERENCE ON OUR NATION'S 236TH BIRTHDAY BUT DON'T WANT TO MISS OUT ON THE FUN? THIS IS HOW YOU can DO IT.

SEND A big THANK you TO OUR TROOPS DEFENDING OUR FREEDOM ABROAD.... GO TO U-S-O-DOT-ORG TO LEAVE YOUR MESSAGE AND BE INSPIRED BY OTHER MESSAGES OF gratitude.

ANOTHER GREAT WAY TO SUPPORT OUR TROOPS....

VISIT OLD NAVY and donate EVERYDAY ITEMS that WILL BE PACKAGED AND SENT TO AFGHANISTAN. IN EXCHANGE CUSTOMERS WILL GET 10-PERCENT OFF THEIR ENTIRE PURCHASE IN-STORE THAT DAY. THAT DEAL ENDS TOMORROW.

AND HERE'S ANOTHER CAUSE you can support today.

HELP END CHILD TRAFFICKING BY JOINING THE "FORSAKEN GENERATION'S" FIRST "FREEDOM WALK" to RAISE AWARENESS.

You'll find walking zones IN FLORIDA, GEORGIA, UTAH, DENVER, NEW YORK, COLORADO, MARYLAND, AND CALIFORNIA!

July 5th

Nearly 700-thousand American households are still without power this morning.

And states from South Dakota through Kentucky are again under extreme heat advisories with another round of triple digit temps in some areas today. Food supplies are dangerously low in states like West Virginia, where officials have praised relief efforts by FEMA.

AND now for some news from the apple RUMOR MILL.

word has it a SMALLER, LESS EXPENSIVE I-PAD IS ON THE WAY.

*ON WEDNESDAY, BLOOMBERG news said "TWO PEOPLE WITH KNOWLEDGE OF THE PLANS" confirmed APPLE WILL RELEASE A SMALLER IPAD BY THE END OF THE YEAR.

*the new smaller ipad will be a SEVEN OR EIGHT INCH VERSION OF THE TABLET... THE CURRENT MODEL is approximately 10-INCH SCREEN DIAGONALLY

*it WILL NOT HAVE THE HIGH-DEF "RETINA DISPLAY" SCREEN the NEW IPAD sports.

*SAME THICKNESS OF I-PAD 2

*COST TO BE AROUND \$250-\$300

*TO BE RELEASED before the end of the year

July 6th

Attention all windows users... You could get *kicked off* of the Internet Monday! Get ready to feel isolated from the rest of the cyber world when malware is expected to hold your internet hostage! The f-b-i says A sophisticated online fraud scheme infected more than four million computers in more than 100 countries. it will redirect them to sites that allow the scammers to be paid for every click and visit

The question for George Zimmerman this morning is whether he can come up with both the cash and the collateral.

Judge Kenneth Lester Jr. - who'd revoked his initial bail after he and his wife Shellie hid donations they'd received - set his new bail at \$1 million. Zimmerman would only have to post 10% to meet the requirement for bail, but also find a bail bond company willing to work with him on the requirement of \$1 million in collateral -- an amount Zimmerman's attorney Mark O'Mara says they do "not have anywhere near."

July 9th

President Obama will call for a one-year extension on some of the Bush tax cuts
The extension applies to families earning less than 250-grand a year. Republicans in congress aren't so enthusiastic because they want the tax cuts to be permanent. Obama has made what he calls "tax fairness" a key feature of his campaign for re-election on November 6th. Experts warn the impact of rising taxes and lower federal spending could tip the economy back into recession.

WE ALL KNOW HOW CRAZY the economy has been and how it's AFFECTED HOME OWNERSHIP
MANY OF YOU MAY BE CONSIDERING RE WORKING YOUR HOME LOAN
BUT BEFORE YOU re-fi...HERE ARE SOME COMMON MISTAKES TO AVOID THAT COULD COST YOU YOUR title.
TAKING BAD ADVICE.
WHEN YOU'RE IN THE FIGHT OF YOUR LIFE TO KEEP YOUR HOME IT USUALLY PUTS YOU IN A DESPERATE PLACE.
FRIENDS AND FAMILY MEAN WELL BUT THEY ARE RARELY EXPERTS.. SO MAKE SURE YOU'RE ASKING THE RIGHT PEOPLE FOR THE RIGHT INFORMATION.
NOT INVESTIGATING.
IF YOU DO APPLY FOR A LOAN AND ARE REJECTED...FIND OUT WHY,
THE WAY LOAN APPLICATIONS ARE FLYING IN THESE DAYS...MANY BUSINESS MAKE MISTAKES AND ERRORS.
SO DOUBLE CHECK THEIR REASONING.
NOT KNOWING YOUR HOUSEHOLD INCOME AND EXPENSES.
THIS IS ONE OF THE MOST COMMON MISTAKES PEOPLE MAKE.
IF YOU DON'T have a handle of what's going in and out of your bank account regarding your mortgage...THERE'S A GOOD CHANCE YOU'LL BE IN OVER YOUR HEAD IF YOU try to refinance

July 10th

With the uprise of online dating, it seems as though cruising for a date has become a lost art. Today, we're bringing it back and hooking you up with some places you can troll for a date!

- go on a scavenger hunt
- take a class
- try ballroom dancing

THE u-s has experienced the hottest twelve months on record since experts started keeping track in 18-95!

More than two-thousand record high temps were either met or broken during the first week of july! In the last half of June, 170 all-time temperature records were matched or smashed in cities across the lower 48 states. The Climate Extremes Committee is reviewing the 113-degree temps in South Carolina and 112-degree heat in Georgia as all-time record setters in those two states

July 11th

Here we go again. The house plans to vote today... to repeal obama's healthcare law. The vote will be the latest of more than 30- House G-O-P efforts to undermine the Affordable-Care- Act. If the vote passes, it will surely be defeated, in the Democratic-led Senate. That has not stopped politicians from busting out pop culture while talking about it though. Democrats have likened the vote to- groundhog day and one rep said the g-o-p's obsession is like- fatal attraction. To which a republican responded, obama is like "boss hog." yes, your tax dollars at work!

One day soon, you may be able to upload vacation photos, change your status update and do your banking all on facebook.

A new application is expected to launch sometime this year to customers.

July 12th

IT'S SUPPOSED TO BE FUN...BUT LET'S BE HONEST...PLANNING A WEDDING CAN BE DOWN RIGHT STRESSFUL!

MERGING FAMILIES...FINDING THE DRESS..MEETING THE BUDGET!

IF YOU NEED HELP STAYING UNDER YOUR BUDGET HERE ARE A FEW FRUGAL TIPS
AVOID THE CROWDS.

MAY THROUGH OCTOBER ARE THE MOST POPULAR TIME OF YEAR FOR WEDDINGS
MEANING CATERERS AND RECEPTION HALLS HIKE THE PRICE.

SO OPT FOR SLOWER MONTHS LIKE JANUARY...MARCH...OR NOVEMBER.

SET SMART PRIORITIES

IF YOU FIND YOURSELF IN A BUDGET CRUNCH...REMEMBER TO SPEND MONEY ON
THINGS THAT WILL REALLY LAST.

LIKE A GREAT PHOTOGRAPHER...AND FLOWERS THAT ARE IN SEASON.

THINK OUTSIDE THE (DRESS) BOX

BUYING A WEDDING DRESS FROM A FANCY BOUTIQUE CAN REALLY BREAK THE BANK
TRY SHOPPING FOR YOUR DAY-OF-DRESS AT A PROM SHOP.

OR SEE IF A FAMILY MEMBER HAS A NICE DRESS YOU CAN TAILOR TO YOUR STYLE

July 13th

If you have a yahoo account, change your password!

Hackers have posted online what they say is login information for more than 450 thousand Yahoo users.

-The hack, which of course was conducted anonymously, was meant to be a warning, according to the Web page where the documents were dumped.

-"We hope that the parties responsible for managing the security of this subdomain will take this as a wake-up call, and not as a threat," a note on the page said. "There have been many

security holes exploited in Web servers belonging to Yahoo! Inc. that have caused far greater damage than our disclosure. Please do not take them lightly."

-Hack impacted users of Yahoo Voices, a Web news product

-Sequential lists of numbers, like "12345," were used 2,295 times, and "password" was used 780 times, out of the 450,000 passwords.

THE U-S OLYMPIC ATHLETES WILL BE SPORTING RALPH LAUREN RED, WHITE, AND BLUE UNIFORMS BUT DON'T BE FOOLED BECAUSE THEY WERE ACTUALLY MANUFACTURED IN CHINA... AND THAT HAS CAPITOL HILL OUTRAGED.

July 16th

One of america's most wanted was finally caught in mexico after 24 years on the run!

Vincent Legrend Walters was busted friday working under the alias "oscar rivera" at the cancun international airport!

Walters had been selling time-share vacation packages at an information booth in the airport for the last decade. The 45 year old has been on the u-s marshalls "most wanted" list for the murder and kidnapping of a woman in san diego during a drug deal gone bad back in 19-88

Looks like Ford can't escape a recall mess.

More than 10-thousand 20-13 Escape S-U-V's are being recalled to fix carpeting that could inhibit braking. Ford says the poorly positioned carpet padding could reduce space around the pedals and cause drivers to hit the side of the brake pedal when switching from the accelerator. Dealers will remove the padding at no charge starting next week. There's more info on our site.

July 17th

THE F-D-A approved a drug yesterday that could reduce the risk of contracting H-I-V, the virus that causes AIDS. The pill called Truvada has been shown to cut transmission of the virus that causes AIDS by up to 75 percent. Some fear its approval could encourage unprotected sex. Patients must be tested for h-i-v before getting a prescription.

July 18th

THE WHITE HOUSE WILL LAYOUT A NEW ONE-BILLION DOLLAR PLAN FOR AN ELITE GROUP OF MATH AND SCIENCE TEACHERS TODAY

TEACHERS SELECTED FOR THE "MASTER TEACHERS CORP" WILL BANK AN EXTRA 20-GRAND A YEAR AND MUST COMMIT TO A MULTI-YEAR CONTRACT.

PRESIDENT OBAMA HOPES THE PLAN WILL extend EXPERT KNOWLEDGE TO OTHER TEACHERS.

100-MILLION BUCKs IS ON DECK TO GET IT STARTED BUT THE REST WILL COME FROM NEXT YEAR'S BUDGET.

July 19th

LL THOSE SUMMER ACTIVITIES CAN cost you some serious cash. Especially when it comes to vacays and utility bills.

So... HERE ARE SOME COOL WAYS TO SAVE THIS SUMMER.

THE STAYCATION.

DITCH THE ROAD TRIPS... EXPENSIVE FLIGHTS AND HOTELS.

TAKE YOUR VACATION from work...AND but JUST RELAX AT HOME instead.

Vacation in the comfort of your own home!

Watch a movie at home.

BEFORE YOU drop a week's worth of pay for tickets and a bucket of POPCORN...TRY A checking out a new release FROM YOUR LOCAL LIBRARY. OR hit up A RED BOX!

Total cost for a night in at the movies WITH Store bought soda and snacks WILL COST YOU less than TEN BUCKS.

JUST ADD WATER

FORGET THE WATER PARK AND GET WET AND WILD AT HOME.

HAVE FUN IN YOUR POOL OR THE NEIGHBORHOOD POOL INSTEAD.

July 20th

BREAKING NEWS THIS MORNING... THERE'S BEEN A MASS SHOOTING AT A premier showing of DARK KNIGHT RISES IN COLORADO.

WORD IS AT LEAST 14 PEOPLE ARE DEAD IN AURORA... And AS MANY AS 50 HAVE BEEN HURT.

A SUSPECT IN HIS 20'S WAS TAKEN INTO CUSTODY...

COPS SAY HE THREW TEAR GAS BEFORE "APPEARING" IN A THEATER, and then began FIRing SHOTS INTO the CROWD WATCHING THE FILM.

HE WAS CAUGHT BEHIND THE BACK of the THEATER near HIS CAR.

WITNESSES SAY THERE WAS A LOT OF CONFUSION, BECAUSE THEY THOUGHT THE GUNSHOTS WHERE COMING FROM THE FILM...

WE'LL CONTINUE TO FOLLOW THIS AS IT DEVELOPS.

July 23rd

The guman in Colorado's deadly "dark knight" shooting will be in court this morning! and Based on evidence in his booby trapped apartment -- investigators believe james holmes was planning the massacre for months."suspect a" as people in colorado are calling him... was dressed in body armor and toting three guns when he opened fire at a packed midnight screening of the Batman movie Friday.The casualties numbered 12 but could have been ten times that if one of his weapons hadn't jammed. Fifty-eight people were wounded in the shooting.. Dozens are still in the hospital. President obama attended vigils for the victims in colorado yesterday.

WE ARE HAVING THE WORST DROUGHT IN THE COUNTRY SINCE THE DUST BOWL IN 1956. THERE ARE A LOT OF CONCERNS WITH THE DRY WEATHER CONDITION -- ESPECIALLY WHEN IT COMES TO CIGARETTES. SOME LAW AUTHORITIES ACROSS THE NATION ARE NOW CONSIDERING THEM AS "WEAPONS." ESPECIALLY IN ILLINOIS AND INDIANA -- KEEPING AN EYE ON CIGARETTE DISPOSAL" ZERO

- Indiana's heavy enforcement on discarded cigarettes --> "zero tolerance" stance on cigarettes thrown from car windows.

- ASKING everyone to be sensitive to the drought conditions when depositing lit cigarettes.

- IMPROPER CIGARETTE DISPOSAL FINE - UP TO 1,500

- BUT IF DRIVERS THROW A LIT CIGARETTE, CAGAR, MATCH OR OTHER BURNING MATERIAL FROM A MOVING VEHICLE -- FINE UP TO 10K.

- DROUGHT ALERT IN ILLIOIS

- About 80 percent of Indiana is listed in severe drought

July 24th

check your freezer! 30-THOUSAND pounds of ground beef have been recalled! The u-s-d-a announced an immediate recall of cargill ground beef because it might be contaminated by salmonella. The recall follows a multi-state outbreak of Salmonella involving 33 patients from seven states. Consumers can use cargill's website or call the company's toll-free number for more recall info. We'll link you up on our website dailybuzznation-dot-com

July 25th

BEFORE YOU GO CHAT IT UP ON SKYPE KNOW THIS.... BIG BROTHER IS WATCHING.

THE SERVICE RECENTLY MADE CHANGES TO HOW IT ROUTES CALLS AND HACKERS AND BLOGGERS ARE SOUNDING OFF SAYING THE NEW CHANGES MAKES IT EASIER FOR PEOPLE TO SPY ON YOU.

*THE NEWS HAS PEOPLE WORRIES THE COMPANY COULD 'WIRETAP' VIDEO CALLS AT THE REQUEST OF THE GOVERNMENT.

*MICROSOFT IS SUPPOSEDLY RE-ENGINEERING THIRD PARTY COMPUTERS TO MAKE IT EASIER FOR COPS TO MONITOR CALLS BY ALLOWING THE COMPUTERS TO ROUTE THE VOICE DATA OF THE CALLS

*CHANGES WERE MADE BECAUSE PREVIOUSLY SKYPE'S COMLEX PEER-TO-PEER NETWORK CONNECTIONS MADE IT VIRTUALLY IMPOSSIBLE FOR COPS TO WIRETAP SPECIFIC USERS.

SHOULD THE GOVERNMENT/LAW ENFORCEMENT BE ALLOWED TO MONITOR OUR SKYPING?

July 26th

TRESSED OVER THE 1ST AND 15TH NOT GETTING HERE QUICK ENOUGH??
YOU'RE NOT ALONE!

CONSUMER REPORT SAYS THAT TWO OUT OF FIVE PEOPLE LIVE PAYCHECK TO PAYCHECK....

AS A MATTER OF FACT

43% OF AMERICANS DON'T HAVE ENOUGH MONEY SAVED UP FOR A FINANCIAL EMERGENCY.

"bottom line".... 127.5 MILLION PEOPLE ARE ONE MISHAP AWAY FROM JOINING THE RANKS OF THE 46 MILLION AMERICANS LIVING BELOW THE POVERTY LINE

ONE OF THE CLEVELAND BRIDGE BOMBERS IS ASKING THE JUDGE FOR SOME SLACK IN EXCHANGE FOR RATTIN' ON HIS BUDDIES.

THE PLAIN DEALER SAYS 35-YEAR-OLD ANTHONY HAYNE PLEADED GUILTY YESTERDAY FOR PLANTING WHAT TURNED OUT TO BE A DUD BOMB ON A CLEVELAND BRIDGE. HE'S AGREED TO TESTIFY AGAINST THE FOUR GUYS WHO SUPPOSEDLY HAD A HAND IN THE CRIME.

July 27th

FACEBOOK'S STOCK IS STILL JACKED UP THIS MORNING THANKS TO LESS THAN STELLAR FIRST QUARTER EARNINGS.

A NEW REPORT SAYS ITS STOCK TOOK A NET LOSS OF 157-MILLION BUCKS BETWEEN APRIL TO JUNE...

INVESTORS JUMPED SHIP AFTER YESTERDAY'S REPORT... DRIVING STOCK PRICES DOWN TO ABOUT 26-BUCKS A SHARE.

THAT'S ABOUT 40-PERCENT LESS THAN IT'S FIRST PUBLIC OFFERING OF 38-bucks.

FACEBOOK'S REVENUE STILL TOPPED ONE-BILLION BUCKS DESPITE THE LOSS.

BAD NEWS PARENTS... EBAY WANTS TO INVITE YOUR KIDS TO SHOP ITS WEBSITE.

THE SITE IS AIMING TO OFFER MINORS THE OPTION OF OPENING UP THEIR OWN ACCOUNTS WITHIN THE NEXT NINE MONTHS.

July 30th

UNLESS YOU'VE BEEN LIVING UNDER A ROCK... OR FORGOT... OR *TRIED TO FORGET... THE OPENING CEREMONY FOR THE 30TH SUMMER OLYMPICS IS GOING TO HAPPEN LATER TODAY. AND CHECK THIS OUT! 10-THOUSAND PERFORMERS... 70 SHEEP... 12 HORSES... TEN CHICKENS... THREE COWS... AND TWO GOATS WILL ENTERTAIN A CROWD OF 80-THOUSAND IN THE STANDS OF OLYMPIC STADIUM IN LONDON. THAT'S NOT INCLUDING THE MORE THAN 1 BILLION PEOPLE AROUND THE WORLD THAT ARE EXPECTED TO TUNE IN TO THE BOOB TUBE TO WATCH.

July 31st

TURNING TO POLITICS... OPEN MOUTH INSERT FOOT SEEMS TO BE THE THEME FOR OUR PRESIDENTIAL CANDIDATES THIS WEEK.

MITT ROMNEY owns the latest "oh no he didn't" statement. While IN ISREAL trying to VOICE his STAUNCH SUPPORT FOR THE COUNTRY.... He MANAGED TO PISS OFF THE PALESTINIANS, SAYING ISRAEL HAS PROSPERED MORE because of their SUPERIOR "CULTURE." PALESTINIANS CALL IT BIGOTRY. THIS COMES ON THE HEELS OF ROMNEY ticking off THE BRITS BY SAYING THEY WEREN'T READY to host THE OLYMPICS!

August 1st

LADIES... GOOD NEWS FOR 47 MILLION OF US.

STARTING TODAY... ALL NEW HEALTH INSURANCE PLANS WILL BE REQUIRED TO PROVIDE 8 PREVENTATIVE HEALTH BENEFITS TO WOMEN... FOR FREE. IT'S PART OF OBAMACARE. HERE'S WHAT IT INCLUDES:

BIRTH CONTROL

BREAST FEEDING SUPPLIES

SCREENINGS FOR GESTATIONAL DIABETES... S-T-D's... AND DOMESTIC VIOLENCE

ROUTINE CHECKS-UPS FOR BREAST & PELVIC EXAMS

PAP TESTS

PRENATAL CARE

NOT EVERYONE WHO HAS HEALTH INSURANCE IS COVERED UNDER THIS.SO BE SURE TO CHECK WITH YOUR JOB.

August 2nd

THIS DROUGHT WE'RE IN JUST CONTINUES TO GET WORSE AND WORSE. 220 COUNTIES... THAT'S MORE THAN HALF OF OUR COUNTRY... Are now DESIGNATED DISASTER ZONES.

AND FARMERS WITH CROPS... MAINLY CORN AND SOYBEAN... ARE THE ONES FEELING THE burn.

IT IS SO DRY DOWN BENEATH, BEING 14 INCHES BEHIND MEANS WE NEED 14 INCHES OF RAIN TO GET BACK TO NORMAL.

CROP INSURERS HAVE AGREED TO PROVIDE FARMERS FACING CASH-FLOW ISSUES A PENALTY-FREE, 30-DAY GRACE PERIOD ON PREMIUMS THIS YEAR - which will help us out at the grocery store!

Forbes is out with their list of top colleges for this year and we've got it.

PRINCETON UNIVERISTY TOPS THE CHART.

-HIGH CAREER SUCCESS RATES AND LOW DEBT

-TUITION: 54-THOUSAND DOLLARS A YEAR

2. WILLIAMS COLLEGE

- LOW LEVEL OF STUDENTS DEFAULTING ON THEIR DEBT.

3. STANFORD UNIVERSITY

- 3RD HIGHEST GRADUATE PAY

4. University of Chicago

5. Yale University

6. Harvard University

7. United States Military Academy - TUITION FREE

8. Columbia University

9. Pomona College

10. Swarthmore College

August 3rd

AND SPEAKING OF OLYMPICS... MICHAEL PHELPS ADDS ANOTHER GOLD MEDAL TO HIS TROPHY CASE.

PHELPS BEAT OUT HOTTIE, RYAN LOCHTE... WHICH GAVE HIM HIS FIRST *INDIVIDUAL GOLD OF THE LONDON GAMES.

He's also the first MALE SWIMMER TO WIN THE SAME INDIVIDUAL EVENT IN 3 STRAIGHT OLYMPICS.

AND THE FLYING SQUIRREL... AKA GABBY DOUGLAS... BECOMES THE THIRD STRAIGHT AMERICAN TO WIN GYMNASTICS BIGGEST PRIZE... AND THE FIRST AFRICAN AMERICAN TO WIN THE ALL-AROUND TITLE.IT'S the 16-year old's SECOND GOLD OF THE games.

STORIES OF SUMMER MEMORIES ARE GREAT BUT, OF COURSE, PHOTOS ARE BEST - AND WE'RE NOT TALKIN' ABOUT YOU "INSTAGRAM-AHOLICS..."

FOR THOSE OF YOU WHO ACTUALLY USE A CAMERA RESPONSIBLY - WE'VE GOT SEVEN TIPS TO GREAT SUMMER PICS IN TODAY'S GAL TIME.

FIRST: GET OUT THERE AND SHOOT!
SECOND TIP: EMBRACE EDITING...
ALSO, CHECK YOUR LIGHTING...
NEXT, USE YOUR SCENE SETTINGS.
TRY TO SNAP CANDID SHOTS...
ALSO, TRY TO TELL A STORY.
FINALLY, ORGANIZE AND SHARE IT.

August 6th

HERE'S SOME EXCITING NEWS... CURIOSITY... A NASA ROVER THE SIZE OF AN S-U-V LANDED ON MARS JUST HOURS AGO!
THAT WAS MISSION CONTROL AT THE JET PROPULSION LAB IN CALIFORNIA WHERE THE ROVER IS BEING CONTROLLED. IT LANDED AT 1:30 THIS MORNING EASTERN TIME. CURIOSITY WILL EXPLORE THE RED PLANET AND FIGURE OUT IF MARS EVER HAD AN ENVIRONMENT THAT COULD SUSTAIN LIFE. CURIOSITY LAUNCHED FROM EARTH NOVEMBER 26TH... AND TRAVELED ABOUT 352 MILLION MILES.

IF YOU'VE GOT MONEY IN THE STOCK MARKET... YOU MIGHT WANT TO PAY ATTENTION TO THIS STORY.
U.S. STOCKS COULD HAVE A CHOPPY WEEK.
THAT'S BECAUSE INVESTORS ARE LOOKING TO A STRING OF ECONOMIC REPORTS FOR ANY SIGNS OF SLOWING GROWTH THAT MIGHT SPUR THE FED TO TAKE ACTION. THE FED LEFT ITS ECONOMIC POLICIES UNCHANGED LAST WEEK... BUT INDICATED THAT OUR ECONOMY IS SLOWING AND MORE ACTION COULD BE IN THE CARDS SOON.

August 7th

WELL, HOW YOU LIKE THEM APPLES?!
APPLE STOCKS ARE CLOSING IN ON THEIR ALL-TIME HIGH... AGAIN... DESPITE GETTING SLAMMED RECENTLY. SHARES OF APPLE WERE AT 625 BUCKS YESTERDAY... About 19 bucks off it's record set LAST APRIL. All that CHATTER ABOUT THE I-PHONE 5's release is at "the core" of the rise!

When it comes to taking a vacation, lots of people have been sticking close to home. budget travel just released their list of places every american should see in america, and of course we have it for you to maybe help spark a few vacation ideas.

YELLOWSTONE NATIONAL PARK

- IN WYOMING
- AMERICA'S FIRST NATIONAL PARK

CALIFORNIA'S HIGHWAY 1

- CENTRAL CALIFORNIA FROM SANTA BARBARA TOWARD SAN FRANCISCO
- 100-MILE STRETCH OF CALIFORNIA'S PACIFIC HIGHWAY 1

OTHER MUST-SEE PLACES

- TIMES SQUARE, NEW YORK CITY
- GRAND CANYON, AZ
- SOUTH BEACH, FL

- GETTYSBURG NAT'L MILITARY PARK

August 8th

IF YOU PLAN ON GETTING BEHIND THE WHEEL IN CALI... YOU BETTER BRING ALONG A LITTLE EXTRA CASH.

GAS PRICES COULD SURGE AT LEAST 35 CENTS A GALLON THIS WEEK... PUSHING GAS PRICES UP OVER THE 4 DOLLAR A GALLON MARK. THAT'S BECAUSE OF THAT CHEVRON REFINERY FIRE IN THE SAN FRANCISCO BAY AREA THAT BROKE OUT MONDAY AFTERNOON. THAT REFINERY ALONE PRODUCES 16-PERCENT OF THAT AREA'S DAILY GASOLINE USE.

August 9th

TURNING TO POLITICS... PRESIDENT BARACK OBAMA'S RE-ELECTION CAMPAIGN IS WASHING ITS HANDS OF AN INDEPENDENT GROUP'S AD EFFECTIVELY BLAMING MITT ROMNEY FOR THE DEATH OF A LAID-OFF STEELWORKER'S WIFE FROM CANCER.

THEY SAY THEY KNEW NOTHING ABOUT THIS GUY'S STORY. BUT HERE'S THE PROBLEM: THIS GUY TOLD THEM THE SAME SCHPEEL IN A CONFERENCE CALL IN MAY. ROMNEY'S CAMPAIGN SPOKESPERSON RESPONDED... SAYING OBAMA AND HIS CAMPAIGN ARE WILLING TO SAY AND DO ANYTHING TO HIDE THE PRESIDENT'S DISAPPOINTING RECORD.

August 10th

The aurora shooter's legal eagles are LAYING THE GROUNDWORK FOR AN INSANITY PLEA.

JAMES HOLMES' LAWYER TOLD THE JUDGE YESTERDAY HIS CLIENT IS MENTALLY ILL... THAT HE TRIED TO GET HELP BEFORE THE SHOOTINGS... AND COMPLAINED PROSECUTORS HAVEN'T TURNED OVER ENOUGH INFO TO PROPERLY ASSESS THE DEPTH OF holmes' craziness. The MEDIA is also fighting TO GET SEALED DOCUMENTS released!

Whether you are on the beach, by the pool, or chillin' on the couch, there's nothing better than a good book to add to your relaxation, so today we are showing you some the the summer's hottest reads.

If you like entertainment and drama, "the next best thing" by jennifer weiner might be for you.

If thrillers are more your style, you can try "night watch" by linda fairstein.

Finally , there's the futuristic novel, "the age of miracles" by karen thompson walker.

August 13th

GAS PRICES SAW THEIR BIGGEST JUMP OF THE YEAR!

THEY'VE JUMPED 18 CENTS OVER THE PAST 2 WEEKS ALONE.

THE AVERAGE COST OF A GALLON OF REGULAR IS 3 DOLLARS 69 CENTS NATIONWIDE.

THAT'S 8 CENTS HIGHER THAN A YEAR AGO... BUT STILL 28 CENTS LOWER THAN WHAT IT WAS IN APRIL.

THE HIGHEST AVERAGE PRICE WAS IN CHICAGO.

THE LOWEST?! TUCSON, ARIZONA

CRUDE OIL PRICES, THE DROUGHT, AND REFINERY PROBLEMS CONTRIBUTED TO THE PRICE HIKE.

WHEN YOU PAY HUNDREDS OF DOLLARS for a hotel room, THE LAST THING YOU WANT TO DO IS TO PAY FOR EXPENSIVE HOTEL WI-FI. BUT DON'T WORRY. TODAY WE'RE SHARING SOME TRICKS ON HOW TO AVOID PAYING FOR HOTEL WI-FI ACCESS.

#1. TETHER YOUR MOBILE DEVICE.

- TETHER YOUR 3G OR 4G CONNECTION FROM YOUR SMART-PHONE TO YOUR COMPUTER.

#2. CHECK THE LOBBY

- HOTELS CHARGE YOU FOR WI-FI ACCESS IN YOUR HOTEL ROOM. BUT FREE WI-FI IN THE LOBBY.

#3. FIND NEARBY CONNECTIVITY

- USE SOFTWARE AND APP FOR FINDING AND CONNECTING TO WIRELESS NETWORKS.

August 14th

COLLEGE COMMUNITY TRYING TO COME TO GRIPS with a deadly NEAR campus shoot-out.

The SCARY EVENTS near TEXAS A-AND-M university.... captured BY A CELL PHONE.... Started when a county officer tried to serve 35-year old Thomas Caffall eviction papers. The crazy bird opened fire, killing the officer. A 43-year old bystander was also killed in the cross-fire and cops eventually killed the gunman! Four others were hurt, including a cop and a MOTHER HELPING HER DAUGHTER MOVE.

We live in an age where everything is replaceable. Vacuum broke, buy a new one...

Something is really dirty, throw it out.

but why not try and recycle a few things to use for something else.

KETCHUP BOTTLE AS PANCAKE BATTER DISPENSER

CONTACT LENS CASE FOR MEDS

STICKY NOTES

August 15th

They may not be life threatening but boy are they annoying. We're little body problems and their fixes. First up, water logged ears can leave you feeling like this...

It happens when water makes its way into the ear canal. So how do you fix it?

Fix: tilt your head to the side and see if the water comes out. If not, you can try a hair dryer on a gentle setting to dry it up.

Hiccups happen when your diaphragm is contracting involuntarily.

Holding your breath or drinking a glass of water should help. If not, wait a few minutes and it should stop. If they go on for a few hours you may want to head to the doctor.

Finally the old charlie horse. caused by dehydration or low potassium levels.

Fix: eat foods with more potassium like bananas and avacados and make sure you stay hydrated.

August 16th

ROMNEY IS ACCUSING OBAMA OF INCLUDING HATRED IN HIS CAMPAIGN... BUT MICHELLE SHOWED ONLY LOVE AS HER HUBBY WRAPPED UP HIS THREE DAY IOWA BUS TOUR.

THIS WAS THEIR FIRST JOINT APPEARANCE IN THE CRITICAL BATTLEGROUND STATE SINCE OH-EIGHT.

THE FIRST LADY... WHO MANY SEE AS A CRITICAL ASSET TO HIS CAMPAIGN... HAS BEEN CRISSCROSSING THE COUNTRY LATELY ON HER HUBBY'S BEHALF. THE PREZ THANKED HIS WIFE AND THEN JOKED "IT'S TRUE I HAVE NOT SEEN HER IN FIVE DAYS... EXCEPT I DID CATCH THE END OF LENO."

YOU MAY FEEL A LITTLE SAFER ABOUT YOUR BEAUTY AND BABY PRODUCTS, thanks to JOHNSON AND JOHNSON!

AFTER YEARS OF PRESSURE FROM CONSUMERS AND THE CAMPAIGN FOR SAFE COSMETICS....J-and-J PLANS TO REMOVE TOXIC AND CANCER-CAUSING CHEMICALS FROM ITS ADULT TOILETRIES AND COSMETIC PRODUCTS. Reps say it'll happen by 2015, making it the first major consumer products company to make such a major commitment! J-and-J had already pledged to remove certain chemicals from its baby products by next year.

August 17th

WE'VE GOT SOME GREAT MOVIE RELEASES THIS WEEKEND!! AND I AM SO READY FOR THIS!!!

YES! "SPARKLE" IS OUT TODAY AND WE ALL KNOW THIS MOVIE HOLDS SPECIAL MEANING BECAUSE IT'S THE LAST FILM THE LATE WHITNEY HOUSTON STARRED IN!

ALSO OUT THIS WEEKEND, ARMED WITH SYLVESTER STALLONE AND BRUCE WILLIS JUST TO NAME A FEW, IS "EXPENDABLES 2." YES THE BAD BOYS OR MEN OR GRANDPAS OR WHATEVER YOU WANT TO CALL THEM ARE BACK!

BAD NEWS FOR MARK ZUCKERBERG... AND THOSE WHO HAVE ALREADY SNATCHED UP THE FACE-BOOK SHARES... They have hit an all time new low. THE SHARES ENDED AT 19 DOLLARS AND 87 CENTS at yesterday's closing bell. That's almost half the price of the initial public offer THREE MONTHS AGO.

Company insiders got their first chance to dump the stock because the first of many lock up periods expired.

In total, about 157 million shares were traded.

August 20th

EXPERTS BELIEVE THEY HAVE FINALLY SOLVED THE MYSTERY OF THE DISAPPEARANCE OF AMELIA EARHART.

AN EXPEDITION LED BY THE INTERNATIONAL GROUP FOR HISTORIC AIRCRAFT RECOVERY HAS BEEN SEARCHING A DEBRIS FIELD IN THE SOUTH PACIFIC FOR WHAT APPEARS TO BE THE REMAINS OF EARHART'S LOCKHEED ELECTRA AIRCRAFT.

THIS PICTURE shows WHAT MANY BELIEVE TO BE THE PLANE'S LANDING GEAR. THE THEORY NOW IS THAT AMELIA AND HER NAVIGATOR, LANDED ON A

NEARBY ISLAND AND were STRANDED when THE PLANE WASHED OUT TO SEA.

EVERY YEAR, WOMEN SPEND THOUSANDS OF DOLLARS ON BEAUTY PRODUCTS. IF YOU ADD TRIPS TO BEAUTY SALONS... WE could EASILY SPEND MORE THAN 30-THOUSAND DOLLARS OVER A DECADE. so, today we're showing you how you can look hot and keep your money where it belongs... in your wallet!

#1. YOU CAN USE STUFF STRAIGHT OUT OF THE FRIDGE

LEMON FOR FACIAL SCRUB

- LEMON JUICE

- OLIVE OIL

- SUGAR

#2. BABY OIL AS SHAVING CREAM

- SMOOTH, MOISTURIZING SHAVE FOR YOUR LEGS, ETC

- GREAT FOR SENSITIVE SKIN

- A LOT CHEAPER THAN BUYING A SEPARATE SHAVING CREAM

#3. RENT INSTEAD OF BUYING

- RENT THE RUNWAY DOT COM

- LENDING LUXURY DOT COM

- BAG BORROW OR STEAL DOT COM

August 21st

APPLE IS NOT ONLY THE MOST VALUABLE COMPANY IN THE WORLD... IT JUST BECAME THE MOST VALUABLE IN HISTORY!!!

It's MARKET VALUE HIT 623-BILLION BUCKS YESTERDAY... SURPASSING MICROSOFT'S 1999 RECORD. APPLE IS WORTH ALMOST *TWICE* AS MUCH AS THE runner up.... EXXON MOBIL! It's hard to believe apple ALMOST FILED FOR BANKRUPTCY 16 YEARS AGO?!

Like the late steve jobs said.... If you don't have passion for what you're doing, you "will" give up! So keep keepin' on!

She died peacefully in her sleep with a smile on her face....

that's how the manager of PHYLLIS DILLER, described her PASSing.

DILLER WAS probably best known for her CONTAGIOUS CACKLE AND CRAZY HAIR... BUT was the queen of comedy one-liners and self-deprecation! SHE WAS 95 YEARS OLD.

August 22nd

CONGRESSMAN TODD AKIN IS *STILL BACKPEDALING, DOing DAMAGE CONTROL AFTER HIS "LEGITIMATE RAPE" COMMENT.

THAT WAS AN ONLINE VIDEO JUST RELEASED BY HIS CAMP. and even though he's refusing to drop out of the SENATE RACE.... HE'S LOST BIG BUCKS IN HIS BID TO OUST HIS DEMOCRATIC rival.

WHAT HAPPENS IN VEGAS STAY IN VEGAS...THAT IS UNLESS YOU'RE PRINCE HARRY!!

LOOK A HERE LOOK A HERE...YES...HOMEBOY GOT BUCK WILD AND NAKED

WHILE HANGING OUT IN VEGAS...ACCORDING TO TMZ THE CRAZYNESS WENT DOWN AFTER HARRY AND HIS BOYS INVITED SOME CHICKS BACK TO HIS V-I-P SUITE TO PLAY A GAME OF STRIP POOL...

BY THE LOOKS OF THESE PICS WE CAN ASSUME WHO LOST NOW THE BIG QUESTION IS WHO THE HELL IS THAT WOMAN? AS FOR WORD FROM THE ROYAL FAMILY...RIGHT NOW...NO COMMENT!!

August 23rd

THE MIDDLE CLASS in this country continues to dwindle!

New PEW numbers show that IN JUST TEN YEARS... THE MEDIAN HOUSEHOLD INCOME... DROPPED FROM about 73-THOUSAND... TO 69-POINT-5. MEDIAN NET WORTH... PLUMMETED FROM ABOUT 153-THOUSAND TO 93-THOUSAND. AND probably most shocking...

THE MIDDLE CLASS REPRESENTED 62 PERCENT OF THE INCOME IN THE U-S back in 1970.... AND THE UPPER CLASS 29-PERCENT. TODAY.... It's almost dead even. So much for that "trickle down" theory!

August 24th

Why pay for stuff when you can get it for free? Here's a quicky version of freebie friday for you!

- FREE BOOKS
- PUBLIC LIBRARY LIBRARY
- FREE E-BOOKS
- YARD SALES
- 4-1-1 INFORMATION SERVICES
- CREDIT REPORT

Casey anthony is waking up a free woman this morning, more than a year after she was acquitted of her daughter, kaylee's murder.

The probation she got for the check fraud conviction ended at midnight. Anthony has spent most of her time during probation in hiding. One of her defense lawyers, cheney mason, said he doesn't think she will ever have a normal life again. No word on what her plans are for the future.

August 27th

TROPICAL STORM ISAAC HAS HIS EYES SET ON THE CRESCENT CITY.

Louisiana is under a state of emergency and evacuations in and around new orleans are underway! ISAAC is expected to HIT THERE WEDNESDAY, WHICH happens to be THE 7-YEAR ANNIVERSARY OF HURRICANE KATRINA. Meanwhile, MISSISSIPPI....

ALABAMA.... AND FLORIDA are also under STATES OF EMERGENCY! TENS OF THOUSANDS of people in "so-flo" are still in the dark after taking a beating from isaac's outer bands....And airlines are scrambling to get back on track after CANCELLING ABOUT 750 FLIGHTS.

What is better than sitting poolside somewhere and sipping a cocktail? Not much, so bust out the kiddie pool if you have to, and your blender because we've got some drinks to keep you cool!

PINA COLADA
MINTY PEACH COOLER
WHAT YOU NEED
- PEELED, DICED PEACHES
- MINT
- HONEY
- LIME JUICE
- LILLET BLANC
- CLUB SODA
BLACKBERRY CAIPIRINHA

August 28th

THE REPUBLICANS ARE ONE STEP CLOSER TO HAVING THEIR *OFFICIAL PRESIDENTIAL CANDIDATE.

**TODAY... THE 22-HUNDRED PLUS DELEGATES WILL VOTE ON A PARTY PLATFORM. AND IN ORDER TO HIGHLIGHT ONE OF THEIR KEY ELECTION ISSUES... THEY'VE INSTALLED 2 GINORMOUS DEBT CLOCKS.

We also want to draw your attention to the unprecedented recklessness of the Obama administration>

THE grand ole party officially kicks off tonight with SPEECHES FROM BIG WIGS ANN ROMNEY... AND KEYNOTE SPEAKER, NEW JERSEY GOVERNOR CHRIS CHRISTIE.

VACATION...HOLIDAY..MINI-BREAK...RELATION-TRIP..NO MATTER WHAT YOU CALL IT, GOING AWAY WITH SOMEONE YOU'RE DATING CAN BE A HUGE MILESTONE IN A RELATIONSHIP.

SO HERE ARE SOME IMPORTANT THINGS TO CONSIDER BEFORE YOUR FIRST VACAY AS A COUPLE

#1. DECIDE WHETHER YOU ARE READY FOR THE FIRST COUPLE'S TRIP

- DON'T MOVE TOO FAST
- MUST BUILD TRUST
- IF IT FEELS TOO SOON, PUT IT OFF

IF YOU'RE READY, PLAN YOUR TRIP CAREFULLY-

- LOCATION, LOCATION, LOCATION!
- LENGTH
- WHAT TO DO

#3. PROCESS THE VACATION AFTER YOU RETURN HOME

August 29th

IF YOU'RE A BIG MANGO FAN... PAY ATTENTION.

THE SWEET FRUIT COULD BE TAINTED WITH SALMONELLA. MORE THAN 100 PEOPLE HERE AND IN CANADA GOT SICK thanks to MANGOES FROM MEXICO. So far, only a *VOLUNTARY RECALL OF DANIELLA BRAND MANGOES has been issued.

Hurricane Isaac will be making a late morning landfall in new orleans today... On the 7th anniversary of katrina... Which is stirring up emotions about a worse case scenario. I don't like myself... Reason when i'm ready.

MAXIMUM SUSTAINED WINDS

Katrina: Category 3, maximum sustained winds near 125 mph.

Isaac: A Category 1 storm, maximum sustained winds near 80 mph

Katrina: a large storm with hurricane force winds extending outward up to 125 miles from its center.

Isaac: hurricane force winds extend outward only about 60 miles from its center.

STORM SURGE

Katrina: 15 to 20 feet

Isaac: expected to be 6 to 12 feet

EVACUATIONS

Katrina: Evacuation orders were issued for millions. Many did not heed the evacuation order and later had to be rescued from flooded homes.

Isaac: tens of thousands were told to evacuate. Some decided to leave, while others have decided to hunker down and ride out the relatively weaker storm.

August 30th

HERE'S A SCARY NUMBER FOR YOU: THE CENTERS FOR DISEASE CONTROL SAYS THE NUMBER OF WEST NILE VIRUS CASES shot UP 40-PERCENT IN JUST ONE WEEK!

THERE ARE NEARLY 16-HUNDRED REPORTED CASES across the country... AND 66 PEOPLE HAVE DIED. TEXAS IS THE HOT BED OF WEST NILE ACTIVITY with 738 REPORTED CASES and 31 DEATHS. AND EXPERTS SAY THIS IS ONLY THE BEGINNING. THEY THINK SEPTEMBER AND OCTOBER WILL BE THE PEAK MONTHS.

We've been talking fall fever all morning and in honor of that we are delving in a little early with a starbucks pumpkin spiced latte. It's kind of a tradition to welcome fall in. As it turns out, the starbucks here by the studio are already making them.... But if you don't want to go out to get one, here's a d-i-y recipe for home.

Here's what you will need

milk, canned pumpkin or pumpkin spice syrup, sugar, vanilla, pumpkin pie spice, and espresso or coffee.

You put the milk, pumpkin and sugar in a pan and heat on medium. Then you stir in the vanilla and spice and throw it in a blender until its foamy. If you don't have a blender you can whisk it. Then you pour it in a mug and pour the coffee on top!

We have the entire recipe and instructions on our website, the d-b-z dot com

August 31st

IF YOU'RE HITTING THE ROAD THIS LABOR DAY WEEKEND GET READY TO SHELL OUT MORE AT THE PUMP.... Shocking! ISAAC HAS FORCED 93-PERCENT OF OIL PRODUCTION IN THE GULF OF MEXICO TO COME TO A SCREECHING HALT. And TEMPORARILY CLOSED FIVE GASOLINE REFINERIES IN THE GULF. SO IT'S NOT SURPRISING THAT GAS PRICES ARE NOW hovering around \$3.80 PER GALLON.

September 3rd

Here's some good news, you should start seeing some relief at the pump!

NOW THAT THE TRAVEL SEASON IS OVER, PRICES WILL COME DOWN ABOUT 20

CENTS A GALLON OVER THE NEXT MONTH OR SO. ALSO... SINCE THE DAMAGES FROM HURRICANE ISAAC WERE NOT TOO SEVERE, GULF COAST REFINERIES CAN GET BACK TO WORK QUICKLY.

September 4th

THE PREZ HAS A LOT ON HIS PLATE between DEALING WITH ISAAC'S AFTERMATH AND BURNING UP THE CAMPAIGN TRAIL. BUT STARTING TONIGHT... ALL EYES ARE ON THE PRIZE... AS THE DEMOCRATIC NATIONAL CONVENTION KICKS OFF IN CHARLOTTE, NORTH CAROLINA. BUT tonight, he'll BE ON DADDY DUTY BACK IN D-C... AS MICHELLE TAKES THE STAGE FOR HER BIG SPEECH. THE FIRST LADY SAID SHE HOPES THE GIRLS WILL WATCH... BUT UNDERSTANDS IF THEY HAVE HOMEWORK TO DO INSTEAD.

A RAGING WILDFIRE NORTHEAST OF LOS ANGELES HAS NOW GROWN TO MORE THAN 41-HUNDRED ACRES AND FIREFIGHTERS ARE REQUESTING MORE HELP TO BATTLE THE BLAZE.

The blaze SPOILED LABOR DAY weekend for THOUSANDS OF VISITORS TO THE ANGELES NATIONAL FOREST... AS CAMPERS AND HIKERS... PLUS DOZENS OF RESIDENTS WERE EVACUATED. THE CAMPGROUNDS TYPICALLY ATTRACT ABOUT 12-THOUSAND VISITORS DURING HOLIDAY WEEKENDS. GOOD NEWS... THE FIRE IS BURNING DEEPER IN TO WILDERNESS AREAS AND AWAY FROM ANY STRUCTURES.

September 5th

It's confirmed. Apple will have an event on September 12th and there is wide speculation they will show the new I-PHONE 5.

APPLE SENT OUT INVITATIONS yesterday TO ITS LATEST EVENT.

Rumors have been swirling for months as to what the new i-phone will have and TECH EXPERTS agree, you can EXPECT A LARGER SCREEN. Don't hold your breath for a new i-pad though. You won't likely see that until october.

September 6th

Bill clinton will be a TOUGH ACT for PRESIDENT obama TO FOLLOW!

"IF YOU WANT A WINNER TAKE ALL, YOU'RE ON YOUR OWN SOCIETY, YOU SHOULD SUPPORT THE REPUBLICAN TICKET. BUT IF YOU WANT A COUNTRY OF SHARED OPPORTUNITY AND SHARED RESPONSIBILITY THEN YOU SHOULD VOTE FOR BARACK OBAMA AND JOE BIDEN."

FORMER PREZ BILL CLINTON FIRED UP THE D-N-C LAST NIGHT. HE reportedly WROTE HIS SPEECH LAST MINUTE AND AD-LIBBED A LARGE CHUNK OF IT...

Going 20 minutes longer than "allotted." HE ATTACKED THE G-O-P FOR QUOTE, ""THE SAME OLD POLICIES THAT GOT AMERICA INTO TROUBLE".... and touted obama's stance on the auto industry, health-care and women's rights! Obama will close the show tonight!

LET'S FACE IT. MONEY CAN BE TIGHT FOR EVERYONE THESE DAYS. BUT WHILE JUGGLING FAMILY AND OTHER THINGS, YOU CAN'T SEEM TO FIND TIME TO MAKE MONEY. SO TODAY WE'RE SHOWING YOU SOME PART-TIME JOBS WITH

FULL-TIME PAY.
INFORMATION TECHNOLOGY CONSULTANT
VETERINARIAN: \$46,700
ACUPUNCTURIST: \$44,200
PHYSICAL THERAPIST: \$40,800

September 7th

IN LIFE, WE HIT SOME BUMPS IN THE ROAD. BUT WE'VE GOT TO BOUNCE BACK SOMEHOW. TODAY WE'RE SHARING SOME TIPS ON HOW TO GET YOUR MOJO BACK.

#1. LISTEN TO DESTINY'S CHILD. YOU NEED TO CHOOSE TO BE A SURVIVOR

#2. DON'T DO IT ALONE.

#3 OTHER TIPS ON HOW TO BOUNCE BACK.

- VIEW SETBACKS AS TEMPORARY
- STAY HEALTHY
- BE MORE FLEXIBLE

September 10th

An educational storm is brewing in the windy city!

For the first time in 25 years, chicago public school teachers are striking!

29-thousand teachers and staffers will hit the picket line instead of the classroom this morning, leaving about 350-thousand students hanging.

The union sticking point, progression of longer school days over the next few years without appropriate compensation.

By the way, only about 60 percent of Chicago students graduate, compared to 75-percent nationally.

You might not be a list person, but when it comes to the grocery store, nothing is worse than forgetting the 1 thing you need to make dinner that night. So, today we are helping you out with some handy grocery list apps.

- OurGroceries
- BuyMeAPie
- Out Of Milk

September 11th

When life throws you an occasion you absolutely have to nail.... Getting dressed correctly is the first step to success. We're showing you the essentials for a job interview.

DRESS PROFESSIONALLY

keep it classy

carry a big bag

something personal

Just because the seasons are changing, doesn't mean your healthy habits have to as well. WE HAVE SOME OF SUMMER HEALTH HABITS THAT CAN HELP YOU TRANSITION RIGHT INTO AUTUMN.

#1. EAT HEALTHY BY STOCKING UP ON IN-SEASON PRODUCTS

FALL SUPERFOODS

- PUMPKINS
 - APPLES
 - BRUSSELS SPROUTS
- BIKINI SEASON MAY BE OVER BUT DON'T FORGET TO KEEP WORKING OUT
MOVE MORE DURING THE DAY
OTHER HEALTHY HABITS
- STICK WITH SUNSCREEN
 - WEAR SUNGLASSES
 - PROTECT AGAINST MOSQUITOES

September 12th

And health news is making national headlines this morning! APPARENTLY WE'VE BEEN swallowing those NASTY TASTING FISH OIL PILLS FOR NO REASON! A JUST-RELEASED STUDY finds the SUPPLEMENTs MAY *NOT* DECREASE YOUR RISK OF HEART ATTACK... STROKE... OR PREMATURE DEATH. IN OTHER WORDS... You're better off eating the fish, not popping the pill.

When you are at work and the mid-afternoon hunger sets in, it's easy to hit the vending machine for a quick snack. However, some choices are better than others, so before you hit b-3 listen up.

Skip the chips

Go for triscuits instead.

Skip the skittles

Go for trail mix instead

Skip the honey bun.

Forget it, just stand there and stare at it.

September 13th

THIS MORNING, NERDS ALL AROUND THE WORLD ARE DOING THIS.
AND THAT'S BECAUSE APPLE OFFICIALLY ANNOUNCED THE RELEASE OF THE IPHONE-FIVE.

so what's new?....Well, it HAS A BIGGER but THINNER SCREEN, AND is SPEEDIER THAN ITS PREDeCESSORS. IT HITS STORES ON SEPTEMBER 21ST AND WILL SELL FOR THE SAME PRICE AS THE OLDER MODELS, STARTING AT 199... "but" old iphone users will have to buy an adapter!

IF YOU'RE CRANKY BECAUSE THE WEEKEND IS NOT HERE YET, we've got some naTURAL WAYS TO IMPROVE YOUR MOOD WITHOUT popping pills.

STICK TO REAL, WHOLE FOODS

PASS ON THE COFEE

DON'T FORGET YOUR BREAKFAST

September 14th

Operation "pump up the economy" starts today!

The federal reserve unveiled its new 40-billion dollar stimulus plan to boost the employment rate and housing market! Here's the deal... It will....

IT WILL BUY 40-BILLION DOLLARS IN MORTGAGE BACKED SECURITIES "each"

MONTH.... to help CUT BORROWING COSTS FOR HOME BUYERS and potentially push mortgage rates even lower. IT ALSO PLEDGED TO KEEP the "federal funds" interest RATES NEAR ZERO UNTIL AT LEAST 20-15. And on that news yesterday.... Stocks surged to their highest level since late 2007.

September 17th

WHEN YOU ARE dining OUT, it's easy to go with the side of fries, but there are other things you can order that will help keep your waist line in check.

ROASTED POTATOES

SEARED TUNA

- SOUP

- BROCCOLI

- BLACK BEANS

TODAY IS THE ONE YEAR ANNIVERSARY OF THE OCCUPY WALL STREET MOVEMENT... But "new york city" won't be the only CITY CELEBRATING! MARCHES AND birthday bashes are EXPECTED IN MORE THAN 30 CITIES.... AROUND THE WORLD! But the party did start early in the "occupiers hometown"....AT LEAST A DOZEN PEOPLE OBSERVING THE ANNIVERSARY WERE ARRESTED IN n-y-c OVER THE WEEKEND... MOSTLY for DISORDERLY CONDUCT.

September 18th

WE KNOW DRINKING WATER IS IMPORTANT. BUT HOW IMPORTANT? IT TURNS OUT -- WATER SERVES MANY DIFFERENT PURPOSES OTHER THAN JUST HYDRATING YOUR BODY. WATER BOOSTS METABOLISM -- WHICH MEANS IT COULD HELP WITH YOUR WAISTLINE. WATER ALSO PREVENT HEADACHES. OTHER BENEFITS OF WATER:

WATER BOOSTS BRAINPOWER

WATER MAKES YOU RICH

WATER KEEPS YOU ALERT

TEACHERS IN CHI-TOWN are scheduled to READ OVER DETAILS OF A TENTATIVE CONTRACT THIS MORNING then VOTE this afternoon ON WHETHER TO END THE TEACHERS STRIKE!

That could stop the courts from jumping in....MAYOR RAHM EMMANUEL'S requested a court injunction to end THE 7-DAY STRIKE, BUT A JUDGE SAID HE WOULDN'T HEAR ARGUMENTS UNTIL AT LEAST TOMORROW. But PARENTS are getting impatient.

"These kids are missing out on educational classroom time.// We are collateral damage right here. And it's time to get back in the classroom" THE UNIONS ARE SCHEDULED TO MEET AT 3 pm "central time" FOR THAT VOTE.

September 19th

It's back to school they go this morning in CHICAGO!

THE TEACHERS UNION "AGREED" last night to suspend the strike until the final vote is taken. Teachers got.... a 7-percent increase in base salary over the next 3 years and successfully warded off controversial "merit pay" and evaluations. Parents are happy but say the public schools have a long way to go! Parents and community organizers are

planning a march in washington d-c to rally for more support!

WANT TO KICK YOUR CLOTHING UP A NOTCH WITHOUT BREAKING THE BANK?
WE'VE GOT SOME DO IT YOURSELF FASHION TIPS FOR YOU.

***NEON TIPPED SHOES**

*choose how much of the shoe you want to paint and mark it off with masking tape.

*if your shoes are dark, paint the selected area white first

*Wait until the white paint dries and paint over it with your neon paint.

*apply a coat of outdoor glass sealer for that shiny look

*finally remove the tape

***DIY ELBOW PATCHES. HERE'S HOW TO MAKE IT...**

*Mark your leather or suede patch placement on a sweater with pins or a sewing pencil

*Smear fabric glue on the patch, let it dry, and pin it down

*then sew in a circle around the edge of your patch down

*then look at your final product

September 20th

Get ready to raise the roof y'all..... The money pit HOUSING MARKET is showing signs of recovery! (*show crew raising roof*)

HOME SALES AND CONSTRUCTION have JUMPED TO THEIR HIGHEST LEVELS IN MORE THAN TWO YEARS. That combo should HELP THE ECONOMY IN TWO WAYS. RISING PRICES COULD REASSURE BUYERS THAT IT'S NO LONGER SILLY TO BUY A HOME. AND MORE NEW-HOME CONSTRUCTION... MEANS MORE JOBS!

September 21st

A new war on cancer is declared....

HOUSTON'S M-D ANDERSON... THE NATION'S LARGEST CANCER CENTER... IS MOUNTING A MASSIVE, 3 BILLION, 10-YEAR WAR ON EIGHT SPECIFIC FORMS OF CANCER.

it's DUBBED THE "MOON SHOTS PROGRAM" because the effort is SIMILAR TO NASA'S ALL-OUT EFFORT IN THE 60S TO LAND AN ASTRONAUT ON THE MOON. THE CANCERS BEING TARGETED ARE the DEADLIEST FORMS OF BREAST AND OVARIAN CANCER ALONG WITH LUNG, PROSTATE, MELANOMA, AND LEUKEMIA. 1.6 MILLION PEOPLE ARE DIAGNOSED WITH CANCER EVERY YEAR.

IF YOU'RE PLANNING ON GETTING HITCHED SOON HERE'S SOMETHING THAT WILL MAKE YOU LOOK GREAT!

YEP BOOZE! BUT I'M NOT TALKING BEER GOGGLES. YOU CAN USE THE HARD STUFF TO MIX SOME D-I-Y BEAUTY TREATMENTS.

*Margarita body mask

*Beer makes your hair shiny and strong

*Make a face mask out of red wine

September 24th

You can be the smartest guy on your block, but you won't be truly successful until other people know what you have to offer.

THERE ARE WAYS TO EXUDE SUCCESS AND CONFIDENCE WITHOUT

OBNOXIOUSLY BRAGGING...

DRESS WELL

HAVE GOOD MANNERS

Say "please" and "thank you"

Look people in the eye when you talk to them

Don't interrupt others

Have proper table etiquette

OTHER WAYS TO EXUDE SUCCESS

Keep A Network Of Contacts

Have A Positive Attitude

BE WORLDLY

September 25th

Listen up PEANUT BUTTER LOVERS... A recall at TRADER JOES is "spreading."

SUNLAND INC... WHICH MANUFACTURES AND PACKAGES TRADER JOE'S

PRODUCTS, IS now RECALLING 76 TYPES OF P-B AND ALMOND BUTTER

BECAUSE OF A SALMONELLA OUTBREAK.THE F-D-A AND C-D-C SAID 29 PEOPLE

IN 18 STATES GOT SICK FROM TRADER JOE'S CREAMY SALTED VALENCIA

PEANUT BUTTER, but the recall was extended to cover all the bases.for specifics, LOG

ON TO THE D-B-Z DOT COM.

September 26th

MORE GOOD NEWS FOR THE REAL ESTATE MARKET-- HOME PRICES ARE BOUNCING BACK.

AVERAGE HOME PRICES REBOUNDED 1-POINT-6 PERCENT IN JULY. AND NOW

THE PRICES ARE BACK ON THE SAME LEVEL AS THEY WERE 9 YEARS

AGO.HOME PRICES IN major markets HAVE increased FOR THREE STRAIGHT

MONTHS now, REACHing THE HIGHEST LEVEL prices have been IN TWO YEARS.

YOU DON'T HAVE TO PAY A TON TO HAVE A PEARLY WHITE SMILE. here's SOME QUICK ways to INSTANTLY WHITEN YOUR TEETH.

LADIES - USE BRONZER

GENTLEMEN - TRY SPRAY-TAN

AND HERE'S ONE FOR LADIES -- WEAR RED LIPSTICK. MEN CAN TRY IT TO IF THEY'D LIKE.

OTHER TIPS TO INSTANTLY POP YOUR WHITE SMILE

Swig a Shot of Vodka

Chew Crunchy Fruits and Veggies

Strawberries

September 27th

NFL REACHES DEAL WITH REFS. Many are calling this a "good call."

A deal to put pro referees back on the pro football field was struck at the stroke of midnight! It comes after two days of marathon negotiations... and backlash from p-oed coaches, players, and fans. the tentative eight-year deal must now be ratified by 51 percent of the union's 121 members.

the old refs will be back on the field tonight for Cleveland at Baltimore.

September 28th

Facebook Cracks Down on Fake Friends. As you wake up this morning and check Facebook for the first of 10,000 times today, you may notice you have less friends. That's because Facebook is purging fake accounts and "likes" as part of its improvement project. Most of these Facebook "fakes" come from malware and by users deceived into "liking" something they may not have intended to. So don't worry you're still popular!