

KIAK-FM
Fairbanks, AK
Quarterly Issues/Programs List
2nd Quarter 2018

July 10, 2018

Issues

KIAK-FM provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

- **Suicide Prevention:** Alaska has the highest suicide rate per capita in the nation.
- **Firewise:** Fire season is here. Burn permits are required and clearing space around structures.
- **Public Safety:** Property crime prevention and ways to secure your home and property.
- **Public Health:** Ways to reduce the incidence of suicide and opioid addiction.
- **Public Health:** Fairbanks has some of the highest birch/aspens pollen counts in the country.

Section I

LOCAL PROGRAMMING

ISSUE	PROGRAM/ TITLE	DESCRIPTION	DATE/ TIME	DURATION
Employer Workplace Awards	Interior Scope	Rachel Hanft & Brenda Riley, co-chairs of the Fairbanks North Star Borough family friendly workplace awards. This award has been around for a number years. They discussed how it came to be and what the nomination process is. They also talked about the impact on recruitment and retention.	4/1/18 6:06am & 7:13pm	12:6
Public Safety/ Government Issues	Interior Scope	Sgt. Peyton Merideth, Fairbanks Police Dept., talked about recruitment and some upcoming events.	4/8/18 6:06am & 7:15pm	18:9
Child Welfare/ Homeless/Poor	Interior Scope	Christa Mulder, UAF Professor/Camp Director, Bonanza Creek Science Adventure. She is the founder of the science camp that takes kids that in the care of the state to an outdoor camp. The camp is free.	4/15/18 6:06am & 7:11pm	13:49
Public Safety/ Fire Issues	Interior Scope	Tori Clyde, Ester Fire Department Chief, and Chair of the Fairbanks Local Emergency Planning Committee. Fire season	4/22/18 6:07am	14:42

		is coming and she talked about the “Firewise” program, which included burn permits, clearing space around structures such as burn barrels, campfires, smokers, debris burns, and grills. Keep roof and gutters free of branches, leaves and needles, and keep all firewood, vehicles (including recreation vehicles) and fuels out of the defensible space. Also, remove dead and dying trees, shrubs and brush.		
Public Medical Resources/ Hospice Services	Interior Scope	Monte Landis with Fairbanks Hospice Services, and Kim Huffington, Manager of the Services. They talked about the upcoming plant sale to benefit the hospice services, and what kind of help is available. The goal of hospice, as defined by the Hospice Foundation of America, is “to improve the quality of a patient’s last weeks, days and hours by offering comfort and dignity.” 100% of the proceeds from the fundraiser go to the Hospice Services.	4/29/18 6:06am	15:0
	Interior Scope	Did Not Air – Operator Error	5/6/18	
Public Safety/ Crime Prevention	Interior Scope	Anthony Laska, Detective with Fairbanks Police Dept., talked about property crime prevention and identifying ways to secure your home and property. He also talked about involving yourself in community efforts.	5/13/18 6:06am	11:58
Public Health/ Allergies	Interior Scope	Dr. Timothy Foote, M.D., Tanana Valley Clinic, talked about this spring’s allergy season and ways to reduce its impact on individuals. Fairbanks has some of the highest birch/aspen pollen counts in the country.	5/20/18 6:06am	14:57
Public Fitness Programs/ Health	Interior Scope	Theresa Groves, Fitness Instructor, talked about beginning a fitness program. She also discussed different exercises for all ages as well as the importance of nutrition and hydration.	5/27/18 6:09am	14:52
Child Welfare/ Youth Programs/ Economic Development	Interior Scope	Marla Lower, Agent, Tanana District 4-H. She talked about summer program offerings for youth, child safety and the role of agriculture and livestock on the local community.	6/3/18 6:06am	14:58
Local Non-Profits	Interior Scope	Cynthia Klepaski, acting Board President of GHCF & Ron Inouye, Advisory Board Member. They talked about the Golden Heart Community Foundation – when it was started, what it does (giving out grants to local non-profits and others in need. They also discussed how they’ve reached the half-million dollar mark and how the Foundation spends its money. It uses the interest generated. They look at the sizes of the grants given and some of the organizations who’ve received grants.	6/10/18 6:06am	15:17
Suicide/ Opioid Addiction	Interior Scope	Karen Taber, Fairbanks Wellness Coalition, talked/promoted their resilience film festival that works to reduce the incidence of suicide and opioid addiction.	6/17/18 6:07am	16:54
Public Safety/ Police Officers	Interior Scope	Sgt. Peyton Merideth, Fairbanks Police Dept., talked about the application and hiring process to become a police officer. Becoming a police officer is an important decision and it can be a lengthy and involved process. There are a lot of misconceptions, stereotypes, etc. about what it takes to get your foot in the door. He also talked about the process from the time a candidate turns in their application.	6/24/18 6:07am	19:20

Section II

SYNDICATED PROGRAMMING

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Alcohol/ Drug Abuse	STEPPIN' OUT HOUR 1	Dr. Howard Samuels is the founder of The Hills Treatment Center in L.A., who has written a new book about his experiences as an addict who is also the son of a prominent politician both nationally and in New York State.	Dr. Howard Samuels	04/01/2018 06:50 AM	047:37
Alcohol Abuse/ Sex Addiction	STEPPIN' OUT HOUR 2	Greg Williams' first drink was at age 12. In his middle teenage years, his parents put him in treatment programs to save his life. Barbara is a sex and love addict. SL addicts derive a dependency on sex and love from a perceived lack of approval of others. It lead to sex-driven relationships with men in order to satisfy a fear of being alone and disapproved of.	Greg/ Barbara	04/01/2018 08:00 AM	047:36
Alcohol Addiction	STEPPIN' OUT HOUR 1	Dennis drank so early in hopes it could help him fit in with the other kids. The first person to confront Dennis about his drinking was his bartender. Cynthia thinks her first drink was age 4 or 5. When she drank, her teenage insecurities melted away and she felt different, funny popular and sexy.	Dennis/ Cynthia	04/08/2018 06:50 AM	047:36
Alcohol Addiction	STEPPIN' OUT HOUR 2	John says his first drink was a child, at church. He was never comfortable with himself and thought it's odd that a child could detest himself so much. His drinking lead to deathly health problems that lead John to finally seek sobriety. Maggie's first experience with alcoholism was when she was a child. Her own mother died of alcohol-related illnesses at the age of 27. She pursued the alcohol because it allowed her to relax and enjoy herself, where she had no knowledge how to do that sober.	John/ Maggie	04/08/2018 08:00 AM	036:16
Alcohol Addiction	STEPPIN' OUT HOUR 1	Brian remembers his first blackout at age 13. He actually felt proud he could drink with the adults. Rick's first drinks came by way of an adult friend when he was in high school.	Brian/ Rick	04/15/2018 06:50 AM	047:37

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		Those drinks began a life spent chasing alcohol.			
Alcohol Addiction	STEPPIN' OUT HOUR 2	Dorothy's first drink came at age 16 but her alcoholic drinking didn't begin until her college years. She hoped to become a nurse, and she did, but she would quit her job to stay home and drink.	Dorothy	04/15/2018 07:59 AM	047:35
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 1	Pablo began doing drugs at age 12 with his older brother. When away from home for the first time at college, he learned to start drinking. He eventually tried crystal meth, which he says ruined his life. Adam decided to try designer pills in his college years. The worst came when trying crystal meth with a sex partner. He found something that caused insatiability with him & very quickly became a daily user of meth.	Pablo/ Adam	04/22/2018 06:59 AM	047:37
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 2	Bob says his use of crystal meth stems from a desire to be accepted. He is the gay son of southern Baptist blue-collar military parents. By the sixth grade he was a problem drinker and as an adult, the booze began to not be enough & he tried amphetamines.	Bob	04/22/2018 07:58 AM	047:36
Food Addiction	STEPPIN' OUT HOUR 1	Sue didn't know her desire to eat certain foods was an illness. She remembered hovering around candy dishes and taking way more than her share of special holiday treats. She was clean-cut and by no means obese. She now realizes she had trouble feeling love & she used the food to fill what she says was a feeling of emptiness.	Sue	04/29/2018 06:58 AM	047:34
Food Addiction	STEPPIN' OUT HOUR 2	Claire is a food addict. They are not overeaters, often, but they use food and its ingredients as a drug. She feels she was born with an addiction to sugary & floury foods, and she's now "sober."	Claire	04/29/2018 07:58 AM	047:37
Alcohol Addiction	STEPPIN' OUT HOUR 1	Bill drank himself through medical school, but the dean eventually asked him to leave due to his drinking. He was prompted to seek help one day in November of 1963 when emerging from a blackout to news that President Kennedy had been killed.	Bill	05/06/2018 06:47 AM	047:34

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Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 2	Joanne thinks her alcoholism began at age 12 or 13. She blamed all of her mishaps on anything but alcohol. She eventually turned to prescription drugs, both in pill & injectable forms. As a doctor she had access to drugs but one day she made a mistake, and injected herself with something that paralyzed her.	Joanne	05/06/2018 08:00 AM	047:32
Alcohol Addiction	STEPPIN' OUT HOUR 1	Michelle's first drink alone was at age 11. Her family home was complete with a bar that was never locked. She came home from school one day and found an open bottle of wine in the kitchen fridge, and so she tasted it. She felt guilty about the taking the sip, but she kept repeating the drink each day when coming home from school.	Michelle	05/13/2018 06:50 AM	047:37
Alcohol Addiction	STEPPIN' OUT HOUR 2	Jenn had her first drink in her first week of her freshman year in High School, but she had wanted to drink for a long time leading up to it. She was too scared to drink at home, but found friends a couple of hours away whose parents permitted the teenagers to drink. Her first drunk was with these friends, at a beach-side bonfire.	Jenn	05/13/2018 08:00 AM	047:35
Food Addiction	STEPPIN' OUT HOUR 1	Jill would worry constantly that if she ate just a bit too much at one meal, she would get fat; she would refrain from eating for the rest of the day. She thinks it started in childhood, when her very trim grandmother would make comments to her about her weight.	Jill	05/20/2018 06:50 AM	047:34
Food Addiction	STEPPIN' OUT HOUR 2	Joe's very large extended family regularly engorged themselves at Sunday dinners. He remembers the adults in his life praising his huge appetite which made him think that eating would earn him praise and love. But the reverse became true.	Joe	05/20/2018 08:00 AM	047:35
Gambling Addiction	STEPPIN' OUT HOUR 1	Larry started gambling as a child with marble games & pitching coins. As an adult he became a weekly visitor to Atlantic City. At age 49 he hit his bottom and was jobless and gambling. James played games for money as a kid but his first real rush from gambling	Larry/ James	05/27/2018 06:51 AM	047:34

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		<p>didn't come until his twenties. He decided to stay away from casinos for the next couple of years. He became a successful man but a trip to a casino with friends would turn his life upside down.</p>			
Gambling Addiction	STEPPIN' OUT HOUR 2	<p>Maria's addiction began in adulthood. She found the casinos to be a place of escape; she could forget about family & work problems. But as she lost money, she'd grow nasty & mean. Losses would make her suicidal & she soon started embezzling money to cover the debts. At age 57, she wound up in prison for her crimes.</p> <p>Dale started gambling in his teens, playing the ponies. That's when he got hooked. He went in and out of recovery through the years, losing money to the point he often considered ending his own life. He finally wound up in prison, getting caught stealing money from his employer.</p>	Maria/ Dale	05/27/2018 08:01 AM	047:35
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 1	<p>Harry's family would use alcohol for kids' ailments. His mother was verbally abusive, a gambler and an absentee parent. His father would beat him. Due to the lack of supervision, he never got past the 7th grade. He started to use and deal marijuana & hallucinogenic drugs in the 60's. Harry moved to cocaine, heroin and the discos. His narcotics use would continue for 16 years when he would end up in prison.</p> <p>Shane recalls he never fit in with his community; not his neighborhood or even his family. He tried AA but he didn't buy into the program & eventually started to drink and use drugs again. He hit lowest when beating up his girlfriend, who was trying to keep his drugs away from him.</p>	Harry/ Shane	06/03/2018 06:50 AM	047:37
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 2	<p>Dave started drinking at a late age but it wasn't enough. He tried all sorts of drugs, but cocaine became his "drug of no-choice." He eventually went to rehab but during a meeting, he'd do a line of coke in the bathroom.</p> <p>Raoul is a 15 year old young man in recovery. The issue of his using drugs</p>	Dave/ Raoul	06/03/2018 08:00 AM	047:36

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		came up at a family therapy session, and he was sent off to live at a rehab community with other kids, where he learned how to defeat the regular drug tests.			
Drug Addiction	STEPPIN' OUT HOUR 1	Judy admits she began abusing substances early. At age 23, she tried meth, or "crank" for the first time. She would find herself dropping out of school and becoming a welfare mom, and found that dealing meth gave her an income stream she never had previously.	Judy	06/10/2018 06:51 AM	047:27
Drug Addiction	STEPPIN' OUT HOUR 2	Nicki first used methamphetamine at age 13. At age 16, she re-acquainted with childhood friend Nick, who had long since stopped using drugs. The two became involved and became parents, but wound up using meth together while caring for a baby.	Nicki	06/10/2018 08:01 AM	047:35
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 1	Jerry did not grow up around alcohol but he was drawn to it. Upon coming of age, he drank in order to get drunk. He also experimented with marijuana, LSD & other drugs, but alcohol was always there. Jerry would marry, become a father, and continue to drink despite his professional life falling apart. He soon would be unable to earn a living & in trouble with the law. Brian's first drink came in high school & his first taste of sobriety came at age 26, but he always found himself in glass, drinking his life away. Brian says his sobriety was empty, meaningless, and that he was always waiting for a miracle. A pretty girl in a bar convinced him very easily to break his twelve-year sober run.	Jerry/ Brian	06/17/2018 06:50 AM	047:36
Alcohol Addiction	STEPPIN' OUT HOUR 2	Norman's first drink came at age 12 and continued until he was in his forties. Tom became a "blackout drinker" in high school. As a surgeon, he would work long weeks just to be able to drink during times off. He drank his way all the way through medical school.	Norman/ Rachel	06/17/2018 08:00 AM	047:35
Alcohol Addiction	STEPPIN' OUT HOUR 1	Rachel drank to make herself feel comfortable. She became a heavy drunk after college, living in different places overseas doing nothing but drinking. Her	Rachel/ Marianne	06/24/2018 06:49 AM	047:29

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		lowest came when she started wetting her bed out of laziness, not wanting to leave her bed. Marianne intended to become a nun, but at age 18 she had a cocktail and was easily convinced to take time to have fun first. After college, her drinking continued despite health problems.			
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 2	Jason's drinking filled an emotional void but he couldn't hold jobs and his personal relationships ended. Ray learned to drink in his youth by watching his father and other adults. His first rehab visit occurred at age 16, as he was not only drinking excessively, but stealing his sick mother's tranquilizers.	Jason/ Ray	06/24/2018 07:59 AM	047:31

Section III

PUBLIC SERVICE ANNOUNCEMENTS

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
PUBLIC ASSISTANCE	PSA ALASKA 211	000:29	007
ALCOHOL ABUSE	PSA ALCHOLICS ANONYMOUS/DON'T DRINK/ DON'T SERVE TEENS	000:30	030
ANTI DRUG	PSA ANTI DRUG/COMPUTER/INTERNET/MYSELF/PROM/SIMON SAYS/INHALANTS/FORREST	000:30	050
CHILDREN'S ACTIVITIES	PSA ASAA/ALASKA SCHOOL ACTIVITIES ASSOC	000:59	010
CHILDREN'S ACTIVITIES	PSA ASAA/ALASKA SCHOOL ACTIVITIES ASSOC	001:00	014
PUBLIC SAFETY	PSA ATV SAFETY/HELMETS	000:30	016
PUBLIC SAFETY	PSA ATV/HELMETS	001:00	005
TOBACCO ADDICTION	PSA DEPT OF HEALTH/QUIT SMOKING/CESSATION TIPS/JESSICA'S ASTHMA TIP/UCANQUIT2.ORG	000:30	049
TOBACCO ADDICTION	PSA DEPT OF HEALTH/QUIT SMOKING/CESSATION TIPS/TIFFANY'S TIP	001:00	030

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
DOMESTIC VIOLENCE	PSA DOMESTIC VIOLENCE/ANDY GRIGGS	000:30	011
PUBLIC SAFETY/ DISTRACTIONS	PSA DON'T TEXT & DRIVE	001:00	010
DRUG ABUSE PREVENTION	PSA DRUG ABUSE PREVENTION/SEAMLESS/UNISON/ DRUG RECOVERY/HEAR THAT 2/JACKIE	000:30	051
DRUNK DRIVING	PSA MADD	000:59	008
DRUNK DRIVING	PSA MADD/BRAD PAISLEY	000:30	011
MENTAL HEALTH	PSA MENTAL ILLNESS	000:58	011
PUBLIC HEALTH	PSA OBESITY	000:59	010
PUBLIC HEALTH	PSA OBESITY ACTION COALITION	000:29	006
MILITARY AND VETERANS	PSA PARALYZED VETERANS OF AMERICA/ MISSIE/ BEN AFFLECK/CHANGING LIVES/SOLDIER SAYS THANKS/VETS HELPING VETS/ADVOCATING FOR OUR HEROES	001:00	055
MILITARY AND VETERANS	PSA PARALYZED VETS OF AMERICA/CHANGING LIVES/ MISSION AE/SOLDIER SAYS THANKS/VETS HELPING VETS	000:30	034
CHILDREN'S SAFETY/ VIOLENCE AT SCHOOLS	PSA SCHOOL SHOOTINGS	001:00	009
PUBLIC SAFETY	PSA SMOKE DETECTOR SAFETY	000:29	015
PUBLIC HEALTH	PSA STATE OF ALASKA/STD'S	000:30	022
BULLYING	PSA STOP BULLYING	001:00	010
TEEN SUICIDE	PSA TEEN SUICIDE	000:59	007
PUBLIC SAFETY	PSA TIRE MAINTENANCE	000:30	015
VOLUNTEERING	PSA YOUNG VOLUNTEERS	000:30	007
VOLUNTEERING	PSA YOUNG VOLUNTEERS	001:00	007
COMMUNITY INVOLVEMENT	FARMERS INSURANCE	000:30	024
COMMUNITY INVOLVEMENT	GLOBAL CITIZEN FESTIVAL	000:30	014
COMMUNITY INVOLVEMENT	NO KID HUNGY CAMPAIGN	000:30	008

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
COMMUNITY INVOLVEMENT	PEACE IN THE STREETS	000:31	001
COMMUNITY INVOLVEMENT	PROSTATE CANCER FOUNDATION	000:30	013
HABITAT FOR HUMANITY	HABITAT FOR HUMANITY	000:31	015
TAKE OUR SONS & DAUGHTERS TO	TAKE YOUR KID TO WORK	000:30	010