

**KIAK-FM**  
**Fairbanks, AK**  
**Quarterly Issues/Programs List**  
**2<sup>nd</sup> Quarter 2016**

**July 10, 2016**

**Issues**

**KIAK-FM** provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

- **Youth Literacy:** Summer program offered to young people to get them interested in reading or listening to books.
- **Alaska's Budget Problems:** Due to the price of oil declining, Alaska has serious deficit problems.
- **Teen Suicide:** Alaska has the highest rate of teen suicide in our nation.
- **Substance Abuse/Addiction:** Substance abuse and addiction affects every local community.
- **Highway Safety/Drunk Driving:** A solution to this huge safety problem was discussed.
- **General Health Issues:** Addiction brings with it a host of health problems: obesity, disease caused by smoking, i.e. heart disease, lung problems, diabetes, cancer, and malnutrition are among the many.

**Section I**

**LOCAL PROGRAMMING**

<b>ISSUE</b>	<b>PROGRAM/TITLE</b>	<b>DESCRIPTION</b>	<b>DATE/TIME</b>	<b>DURATION</b>
Alaska's Budget Problems	Interior Scope	Heidi Drygas, Commissioner of Labor & Workforce Development, talked about Alaska's budget problems: what has led to the deficit, where things may go if it is not addressed properly and what some possible solutions are.	4/3/16 6:10am & 7:14pm	16:4
Education/ Outreach Programs	Interior Scope	Madera Mason & Peter Wesley, UAF Distance Education, Tammy Tragis-McCook, UAF School of Management, Fairbanks Police Chief Randal Aragon, City Outreach Programs. They talked about using technology to reach all corners of the state; Tammy was joined by Bob Hajdukovich	4/10/16 6:10am & 7:13pm	14:59

		who is UAF Business Leader of 2016.		
Issues and Budget Challenges	Interior Scope	Fairbanks City Councilman Jim Matherly talked about the issues and challenges the city of Fairbanks faces on a regular basis, namely, the projects and budget challenges. Also, briefly, Jim's run for City Mayor and his general approach to his job.	4/17/16 6:10am & 7:13pm	15:16
Suicide Prevention	Interior Scope	Morgan Clay & Linda Natrop talked about suicide prevention and the "Out of the Darkness" walk coming up.	4/24/16 6:10am & 7:13pm	16:3
FNSB Library Summer Programs	Interior Scope	Susan Jones, Fairbanks North Star Borough library, talked about their summer programs offered to young people. After signing up, kids can read (or listen to) books of their choice each week and earn a weekly incentive. They can also earn a free book by reading all weeks of the program. Programs include all sorts of animals (petting zoo, snakes), outdoor activities, puppet show, robotics, crafts, and more!	5/1/16 6:10am & 7:13pm	13:37
Allergy Season	Interior Scope	Dr. Tim Foote, M.D., talked about the allergy season. Fairbanks is reporting the highest pollen levels ever, according to Dr. Foote's monitoring at the Tanana Valley Clinic.	5/8/16 6:09am & 7:12pm	14:57
Education	Interior Scope	Holly Sevin, Fairbanks BEST Program, discussed the benefits of the Fairbanks BEST Program, which is a home schooled program within the Fairbanks School District, for Fairbanks families.	5/15/16 6:10am & 7:12pm	14:41
Transportation/ Public Safety/ Government Issues	Interior Scope	Tom George, Regional Manager for Aircraft Owners & Pilots Association (AOPA). Per capita, Alaska has more pilots than any state in the union. Tom talked about efforts to make general aviation in Alaska safer.	5/22/16 6:10pm & 7:12pm	14:59
Smoke Alarms/ Public Safety	Interior Scope	Kyle Green, Deputy Fire Marshall, Fairbanks Fire Dept., and the Executive Director of American Red Cross, Tanana Valley District, talked about having a smoke alarm installed (for free) in homes in the Bjerremark Subdivision of Fairbanks. He also talked about when to replace a smoke alarm and what to do if an alarm goes off without an emergency. New alarms that have a battery built in was also discussed.	5/29/16 6:10am & 7:14pm	14:55
Child Welfare	Interior Scope	Scooter Welch, Resource Center for Parents and Children, talked about what the center offers. It provides a broad range of programs that starts with pregnant moms and ends with grandparents. They provide nutrition counseling and supplemental food for families and children as old as 5. They are also a strong advocate for breast feeding, provide training and support for new moms.	6/5/16 6:10am & 7:12pm	15:28
Recycling/ Environment	Interior Scope	Becca Brado, Greenstar of Interior Alaska, talked about the Greenstar recycling and all of the services they offer the community.	6/12/16 6:10am & 7:14pm	15:2
Public Safety/ Outreach Programs	Interior Scope	Fairbanks Police Chief Randall Aragon talked about the various outreach programs to engage minorities, chronic alcoholism and public safety issues.	6/19/16 6:10am & 7:16pm	14:52
Teen Suicide Prevention	Interior Scope	Maria Weber talked about how Camp Nashii works with the youth in Interior villages to prevent suicide.	6/26/16 6:11am & 7:12pm	14:55

## Section II

### SYNDICATED PROGRAMMING

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 1	National Assoc. of Children of Alcoholics is a group that plays a vital mission in the fight of addiction. The people hurt most by alcohol and drugs don't even use them; they are the children of addicted parents. NACoA believes that none of these vulnerable children should grow up in isolation and without support and works to bring hope and help to them.	Mary Beth Collins	04/03/2016 06:58 AM	047:33
Alcohol Abuse	STEPPIN' OUT HOUR 2	Lee grew up with a family that never drank or smoked. He stayed away from drugs and alcohol until he turned 14 and engaged in his first bender.	Lee	04/03/2016 08:00 AM	047:33
Drug Addiction	STEPPIN' OUT HOUR 1	Ruth Pointer, of the famous Pointer Sisters music group, endured more than 40 years under the harsh heat of the media spotlight. Ruth's journey wasn't always a happy one. She finally reached sobriety through a near-death experience. John is a high-level strategist with tremendous passion for the business and an instinct to minimize the investment necessary to gain essential knowledge for evaluating future opportunities. His latest company is dedicated to finding people remedies for pain without the need for addictive opioid painkillers.	Ruth Pointer/ John Inclendon	04/10/2016 07:00 AM	047:33
Drug Abuse	STEPPIN' OUT HOUR 2	Anne's addict son caused her life to be complete hell. His behavior was atrocious; violent and belligerent. Her son descended into a horrible world of drug abuse. Brandon's daughter was never an addict, but she was overly defiant and confrontational. Only after severe counseling, did Brandon learn his daughter suffered from behavioral disorders such as Attention Deficit Disorder and Opposition & Defiance Disorder. Brandon turned to a support group to help heal his own self.	Anne/ Brandon	04/10/2016 08:00 AM	047:33
Depression/ Alcoholism	STEPPIN' OUT HOUR 1	Brian has a successful career but was diagnosed with severe depression and alcoholism and was placed in a co-occurring disorder partial hospitalization program.	Brian Bailys	04/17/2016 06:58 AM	047:24

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Gambling Addiction	STEPPIN' OUT HOUR 2	Ron's first gamble came at age 10, shooting dice on the street corner. He made so much money gambling and working for a bookie, he out-earned his father. He soon wound up in legal trouble when he started covering losses with money his clients gave him to invest. Kerrie never drank, never used drugs, but the act of gambling made her feel high.	Ron/ Kerri	04/17/2016 08:01 AM	047:29
Nicotine Addiction	STEPPIN' OUT HOUR 1	Laurie started smoking as a teenager. Her first try to stop smoking was when she became pregnant. Throughout her adult life, she quit smoking four times, but each time she would try to have "just one," but resumed her regular use. Vic's use of cigarettes started at 10 when he and his friends would steal them from their parents. His desire to smoke took him to stealing them from stores, all because he was underage and had no money.	Laurie/ Vic	04/24/2016 06:59 AM	047:31
Drug Addiction	STEPPIN' OUT HOUR 2	Harry came of age in the Hippie era, which allowed him the opportunity to use and deal marijuana & hallucinogenic drugs. He later moved to cocaine, heroin and the discos. Shane recalled he never fit in with his community, neighborhood or even his family. He began drinking while away at college. He later graduated to drugs.	Harry/ Shane	04/24/2016 07:58 AM	047:29
Drug Addiction	STEPPIN' OUT HOUR 1	Dr. Grinspoon was a respected doctor who seemed to have it all – a successful practice, adoring patients, top academic credentials, two great children and a lovely wife -- end up in trouble with the law? He was charged with three felony counts of fraudulently obtaining a controlled substance.	Dr. Peter Grinspoon	05/01/2016 07:01 AM	047:30
Alcohol Addiction	STEPPIN' OUT HOUR 2	Al's first drink was at age 13, having a sip of wine from a bottle belonging to his father. He felt great, and then was a weekend drinker, saving money from his teenage job to buy alcohol. Paula's first drink was at age 13 and soon became a weekend drinker. Her parents and siblings were all alcoholics.	Al/Paula	05/01/2016 08:01 AM	047:29
Alcohol Addiction/ Weight Loss	STEPPIN' OUT HOUR 1	Bobby Rydell was the Justin Bieber of the "Camelot" era. He just released his new autobiography about his vivid childhood and his more recent battles with alcoholism. Dr. Joe Luciani talked about his new book	Bobby Rydell/ Dr. Joe Luciani	05/08/2016 06:59 AM	047:29

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		that delves into the root causes of temptation and reveals why diets, alone, don't work. To lose weight and keep it off, you've got to retrain your brain.			
Alcohol Addiction	STEPPIN' OUT HOUR 2	Tommy's regular drinking started at age 13 with friends. His mother beat him when he came home drunk. Later on his drinking took up too much of his time and he soon lost his job and wound up homeless. Kim grew up as an only child of a "severe" alcoholic father. She wound up doing the same thing and soon needed the alcohol just to have the courage to leave the house.	Tommy/ Kim	05/08/2016 07:59 AM	047:25
Coping with Addictions	STEPPIN' OUT HOUR 1	Dr. Fishkin earned his Ph.D. in clinical psychology. His latest book is about dealing with shame. An expert in clinical and forensic hypnosis, he has worked with witnesses of violent crimes.	Dr. Gerald Fishkin	05/15/2016 06:59 AM	047:30
Substance Abuse Recovery	STEPPIN' OUT HOUR 2	Dr. Harris is the author of Women and Recovery-Finding Hope and co-editor of Substance Abuse Recovery.	Dr. Kitty Harris	05/15/2016 07:59 AM	047:32
Overeating/ Food Addiction	STEPPIN' OUT HOUR 1	Jill's life focused daily on how much she felt she should or should not be eating, and how her diet would affect her body size. She worried constantly.	Jill	05/22/2016 06:59 AM	047:30
Overeating/ Food Addiction	STEPPIN' OUT HOUR 2	Joe comes from a background of food. His Italian family revolved around meals. As he grew into his teens, when classmates would reject him due to his obesity.	Joe	05/22/2016 07:58 AM	047:27
Alcohol & Other Addictions	STEPPIN' OUT HOUR 1	Dr. Huckaby has spent his career helping people in times of crisis, providing both expert care and compassion. He believes that addictions are treatable diseases. Stacy McKinney is a commercial lines marketing executive, wife, mother and motivator, who got help with AA and has been sober since 5/17/15.	Dr. Timothy Huckaby/ Stacy McKinney	05/29/2016 07:00 AM	047:35
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 2	Ralph projected an image of success as an ambitious, successful businessman, and a competitive body-builder. His struggle and story of addiction began early. He grew familiar with living on the streets and was slipping through the cracks and reaching rock bottom, without a clue of what to do about it.	Ralph	05/29/2016 08:00 AM	047:30

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Food Addiction/ Weight Loss	STEPPIN' OUT HOUR 1	Nick was 456 pounds at one point, morbidly obese, when he got his wake-up call from his ten year old daughter. He then was sent on a path of weight loss and self-discovery.	Nick Mirrione	06/05/2016 06:58 AM	047:29
Drug Addiction	STEPPIN' OUT HOUR 2	Anthony Papa is an artist, writer, freedom fighter, noted advocate against the war on drugs. His stinging opinion pieces about the drug war have appeared in news sources across the country. He's written a memoir about his experience of being sentenced to state prison for a first-time nonviolent drug offense.	Anthony Papa	06/05/2016 07:58 AM	047:28
Healthy Living/ Eating	STEPPIN' OUT HOUR 1	Russell Simmons is a recording industry mogul and a long-time advocate of veganism.	Russell Simmons	06/12/2016 07:01 AM	047:33
Alcohol Addiction/ Philosophical Exploration	STEPPIN' OUT HOUR 2	Amber Tozer is the author of Sober Stick Figure. She has written and talked about sobriety on social media as well as writing blogs and talking about sobriety. Ryan Holiday is the author of "Ego Is The Enemy" which gives a philosophical exploration of difficulties we create for ourselves in life. In failure, ego magnifies each blow and makes recovery more difficult.	Amber Tozer/ Ryan Holiday	06/12/2016 08:00 AM	047:30
Debt Addiction	STEPPIN' OUT HOUR 1	Dan is a member of Debtors Anonymous. His path to fiscal sobriety came after many years spending more money than he had, and earning less than he needed to live on. He would up homeless, living in his car, stuffed with his possessions. Wendy & Ron would spend large amounts of time in their lives in crushing debt, addicted to spending or not earning enough.	Dan/Wendy/ Ron	06/19/2016 06:58 AM	047:21
Alcohol Addiction	STEPPIN' OUT HOUR 2	Meghan recalls how she spent her life in high school trying to impress her peers. Her teenage drinking lead to a manic existence; experimenting with drugs and dangerous behavior.	Meghan	06/19/2016 07:58 AM	047:28
Drug Abuse	STEPPIN' OUT HOUR 1	Anthony Papa is an artist, writer, freedom fighter, noted advocate against the war on drugs. His stinging opinion pieces about the drug war have appeared in news sources across the country. He's written a memoir about his experience of being sentenced to state prison for a first-time nonviolent drug offense.	Anthony Papa	06/26/2016 07:01 AM	047:32

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Drug Abuse	STEPPIN' OUT HOUR 2	Bret Boone was fingered as a steroids user by a fellow ball player, which he now strongly denies.	Bret Boone	06/26/2016 08:01 AM	047:28

### Section III

#### PUBLIC SERVICE ANNOUNCEMENTS

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
PUBLIC ASSISTANCE	PSA ALASKA 211	000:29	007
ALCOHOL ADDICTION	PSA ALCHOLICS ANONYMOUS	000:29	016
ANTI DRUG	PSA ANTI DRUG/COMPUTER/INTERNET/MYSELF/PROM/SIMON SAYS/INHALANTS/METH-FORREST	000:30	061
PUBLIC SAFETY	PSA ATV SAFETY/HELMETS	000:30	019
PUBLIC SAFETY	PSA ATV/HELMETS	001:00	008
ANIMAL WELFARE	PSA BEST FRIENDS ANIMAL SOCIETY	000:29	009
ANIMAL WELFARE	PSA BEST FRIENDS ANIMAL SOCIETY	001:00	011
PUBLIC HEALTH	PSA BREAST CANCER	001:00	033
ALCOHOL ABUSE	PSA DON'T DRINK/DON'T SERVE TEENS	000:30	031
TEXTING	PSA DON'T TEXT & DRIVE	001:00	012
DRUG ABUSE	PSA DRUG ABUSE PREVENTION/SEAMLESS/UNISON	000:30	028
DRUG ABUSE	PSA DRUG USE PREVENTION/HEAR THAT 2/JACKIE	000:30	019
ALCOHOL ABUSE	PSA MADD	000:59	009
ALCOHOL ABUSE	PSA MADD/BRAD PAISLEY	000:30	009
DRUG ADDICTION	PSA METH ADDICTION/AMANDA/GRAVE	000:30	037
DRUG ADDICTION	PSA METH ADDICTION/DEAN/KARA/MATT/MIKE/RUSSEL /THOMAS	000:59	079
DEPRESSION	PSA NAMI/DEPRESSION	001:00	019
OBESITY	PSA OBESITY	000:59	014
MILITARY AND VETERANS	PSA PARALYZED VETERANS OF AMERICA/BEN AFFLECK /ADVOCATING FOR OUR HEROES	000:59	027

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
TOBACCO ADDICTION	PSA QUIT TOBACCO/UCANQUIT2.ORG	000:29	028
TOBACCO ADDICTION	PSA QUIT TOBACCO	000:59	019
PUBLIC SAFETY	PSA SMOKE DETECTOR SAFETY	000:29	015
PUBLIC HEALTH	PSA STATE OF ALASKA/STD'S	000:30	022
SUICIDE	PSA TEEN SUICIDE	000:59	010
PUBLIC SAFETY	PSA TIRE MAINTENANCE	000:30	014
VOLUNTEERING	PSA YOUNG VOLUNTEERS	000:30	011
VOLUNTEERING	PSA YOUNG VOLUNTEERS	001:00	016
MILITARY AND VETERANS	PSA PARALYZED VETS OF AMERICA/CHANGING LE/MISSION ABE	000:15	147
COMMUNITY INVOLVEMENT	NATIONAL POLICE WEEK	000:30	001
COMMUNITY INVOLVEMENT	OUTNUMBER HUNGER	000:30	009
HEALTH AND FITNESS	PROSTATE CANCER FOUNDATION	000:33	024
MILITARY AND VETERANS	SHOW YOUR STRIPES	000:30	024