

**KIAK-FM**  
**Fairbanks, AK**  
**Quarterly Issues/Programs List**  
**3<sup>rd</sup> Quarter 2016**

**October 10, 2016**

**Issues**

**KIAK-FM** provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

- **Summer Fires:** Fire Safety and how the Smart 911 system benefits.
- **State Budget Deficit:** Fairbanks' financial situation and the state's budget deficit.
- **Recycling:** The electronics recycling program and the process of recycling.
- **Youth Drug Abuse:** The AME Project, with funding assistance, has continued the important work of reducing the number of young people who try meth.
- **Elderly/Senior Programs:** Meal replacement for geriatric nutrition.
- **Children's Education:** The importance of music education in schools.
- **Economic Development:** The cannabis industry in Alaska and its potential for economic prosperity.

**Section I**

**LOCAL PROGRAMMING**

<b>ISSUE</b>	<b>PROGRAM/ TITLE</b>	<b>DESCRIPTION</b>	<b>DATE/ TIME</b>	<b>DURATION</b>
Public Safety/ Science/ Biology	Interior Scope	UAF Fire Chief, Doug Schrage, talked about summer fire safety and the Smart 911 system benefits. Beth Shipard, University of California, talked about research into bears and environmental impacts on the breeds.	7/3/16 6:09am & 7:14pm	14:58
State Deficit/ City Budget	Interior Scope	Jerry Cleworth, Fairbanks City Councilman, talked about the Fairbanks' financial situation and how the state's budget deficit issues might also affect it. He also talked about how the city budget can fluctuate and the future of funding for roadwork in the Fairbanks area.	7/10/16 6:10am & 7:12pm	15:3

Elderly/ Senior/ The Poor Medical Assistance	Interior Scope	Dr. Katherine Johnson, MD, Ophthalmologist hosted a "Bike for Sight" event raising money to restore vision in people in underdeveloped countries.	7/17/16 6:10am & 7:12pm	15:34
Recycling Services	Interior Scope	Becca Brado, Executive Director of Greenstar of Interior Alaska, talked about the electronics recycling program and the process of recycling. She also talked about the upcoming events/services they provide for many large and small community events. She talked about how e-recycling is funded.	7/24/16 6:10am & 7:11pm	16:8
Public Safety/ Health/ Drug Abuse	Interior Scope	Lorna Weese, Advisor for Fairbanks Police Dept. and Volunteers in Policing. She talked about the Alaska Meth Education Project: what is meth? The AME Project, with funding assistance, has continued the important work of reducing the number of young people who try meth and of educating all Alaskans on the dangers of the drug.	7/31/16 6:09am & 7:14pm	14:56
	Interior Scope	DNA – Operator error	8/7/16 6:10am & 7:13pm	16:0
Elderly/Senior Programs/ Public Health/Arctic Innovation	Interior Scope	Trey Coker, Assoc. Professor/Researcher-Institute of Arctic Biology, talked about meal replacement for geriatric nutrition. Tammy Tragus McCook, UAF School of Management, talked about the Arctic Innovation Original Idea Competition underway at the University of Alaska Fairbanks.	8/14/16 6:10am & 7:13pm	14:58
Scientific Study of the Aurora	Interior Scope	Dr. Christopher Fallen & Sue Mitchell, University of Alaska Fairbanks' Geophysical Institute, talked about H.A.A.R.P. (High Frequency Active Auroral Research Program). They discussed what it is and what it does and how the aurora is studied and the effects on the aurora and the altitude it's done at. Studying it from space vs. land, and the overall goal of finding out how radio waves interact with the atmosphere were also discussed, plus an upcoming lecture and open house with HAARP.	8/21/16 6:12am & 7:17pm	15:21
Child Welfare	Interior Scope	Scooter Welch, Resource Center for Parents and Children, talked about what the center offers. It provides a broad range of programs that starts with pregnant moms and ends with grandparents. They provide nutrition counseling and supplemental food for families and children as old as 5. They are also a strong advocate for breast feeding, provide training and support for new moms.	8/28/16 6:10am & 7:15pm	15:29
Child Safety/ School Safety Tips	Interior Scope	Investigator Andrew "Ace" Adams, Fairbanks Police Dept., talked about school year safety tips. The various things discussed were: riding the bus, walking tips, biking to school, driving to school, and watching out for other drivers. Also, he talked about bullying, harassment, drugs, and physical and sexual abuse.	9/4/16 6:11am & 7:11pm	14:18
Children's Education/ Economic Development	Interior Scope	Dr. Andrew Cox, Far North Fiddle Fest, talked about the importance of music education in schools. Professor Matthew Strum, Geophysical Institute, talked about building on permafrost in the Interior of Alaska.	9/11/16 6:10am & 7:14pm	14:59
Economic Development/ Government Issues	Interior Scope	Cory Wray, Alaska Cannabis Institute, talked about the cannabis industry in Alaska and its potential for economic prosperity.	9/18/16 6:10am & 7:14pm	15:1
Drug Abuse	Interior Scope	Loretta Lynch, Attorney General, DOT, and Mike Gill, Chief of Staff, DEA. This program was provided by iHeartRadio communities dealing with opioid abuse.	9/25/16 6:10am & 7:16pm	14:55

## Section II

### SYNDICATED PROGRAMMING

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Drug/ Alcohol Abuse	STEPPIN' OUT HOUR 1	Giovanni distinctly remembers why he started drinking. All his inhibitions, insecurities & precognition disappeared. After a time, alcohol would no longer fill that void and he turned to hard drugs instead. Roberto was born in Peru and claims his family was full of drinkers. Alcohol was around at all times, at every activity. When his father died, Roberto was still a child, and to cope with pain & anger, he took his first drink.	Giovanni/ Roberto	07/03/2016 07:00 AM	047:31
Drug/ Alcohol Abuse	STEPPIN' OUT HOUR 2	Alan would wake up late and show up for work late, all because he was high on cocaine the night before. His first time using drugs came in college, when he first tried marijuana. It wasn't long before he tried cocaine. On that day, he swears he morphed into the handsome & suave man he always wished he was. It was a feeling he would spend more than two decades chasing.	Alan	07/03/2016 08:00 AM	047:30
Youth in Recovery	STEPPIN' OUT HOUR 1	Justin Luke Riley serves as President and CEO of Young People in Recovery (YPR). YPR is a national grassroots organization focused on peer-to-peer services for young people in, or seeking, recovery from substance use disorder. YPR aims to improve access to treatment educational resources, employment opportunities and housing that sustains young people in their recovery.	Justin Luke Riley	07/10/2016 07:01 AM	047:31
Gambling Addiction	STEPPIN' OUT HOUR 2	Ron's first gamble came at age 10. Growing up in New York City, he learned how to shoot dice on the street corner at night. But with gambling came lying. After college, he joined an investment firm on Wall Street. His job now involved a sort of gambling, but it wasn't enough for Ron. He wound up in legal trouble when he started covering gambling losses with money his clients gave him to invest.	Ron	07/10/2016 08:00 AM	047:30
Infinite Recovery	STEPPIN' OUT HOUR 1	Michael Dadashi is the founder and CEO of Infinite Recovery, a progressive Austin-based addiction rehabilitation center. He had his first drink and subsequent blackout when he was 15, which began a years-long battle with	Michael Dadashi/ Dr. Harry Haroutunian	07/17/2016 07:00 AM	047:33

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		<p>substance abuse. A natural salesman even from a young age, he was soon selling and using drugs, including marijuana, prescription pills and eventually heroin, and barely graduated from high school. He is now a successful 32-year-old entrepreneur, and also a recovered heroin addict and alcoholic. Harry Haroutunian, MD, is an internationally known speaker and authority on addiction-oriented topics – including, drug misuse among older adults. He is certified in both addiction and family medicine.</p>			
Gambling Addiction	STEPPIN' OUT HOUR 2	<p>Kerri thinks her gambling addiction began at age 21, when she first visited a casino. She never drank, never used drugs, but the act of gambling made her feel high. Her addiction intensified, finding reasons to visit casinos as often as she could.</p>	Kerri	07/17/2016 08:00 AM	047:31
Drug Addiction	STEPPIN' OUT HOUR 1	<p>Lee McCormick hit the road as a singer songwriter in the late 1970s and 1980s. He plunged into the lifestyle head first and headstrong. His tipping point came in 1997 when he barely woke up one day, realized he had an out-of-control drug problem and he checked himself into rehab.</p>	Lee McCormick	07/24/2016 07:00 AM	047:38
Alcohol Addiction	STEPPIN' OUT HOUR 2	<p>Michelle's first drink alone was at age 11. Her family home was complete with a bar that was never locked. She came home from school one day and found an open bottle of wine in the kitchen fridge, and so she tasted it. She kept repeating the drink each day when coming home from school, which led to her addiction.</p>	Michelle	07/24/2016 08:00 AM	047:34
Alcohol/ Drug Addiction /Burnout	STEPPIN' OUT HOUR 1	<p>Actor Jeff Wincott has appeared in 30 movies, 150 appearances on television and the lead in the award winning TV series "Night Heat." He made his directorial debut with a short film, which is a dramatic look at the pitfalls of addiction.</p> <p>Years of clinical practice and extensive research provided the background for The Science of Shame. He earned his PhD in clinical psychology, and has been in private practice since 1970. He has authored 3 books that pertain to burnout. He is an expert in clinical and forensic hypnosis and has worked with witnesses of violent crimes in scene reconstruction as well as aided in suspect identification.</p>	Jeff Wincott /Dr. Fishkin	07/31/2016 06:59 AM	047:37

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Substance Abuse Recovery	STEPPIN' OUT HOUR 2	Dr. Harris Wilkes is the author of Women and Recovery-Finding Hope, and co-editor of Substance Abuse Recovery in College. She served for twelve years as the Director of the Center for the Study of Addiction and Recovery (CSAR). Under her leadership, the CSAR gained national attention.	Dr. Kitty Harris Wilkes	07/31/2016 07:59 AM	047:34
Compulsive Overeating	STEPPIN' OUT HOUR 1	Paul's issue with eating began in childhood. In eighth grade, he began his compulsivity by sticking to a diet and lost 60 lbs., but after high school, while enlisted in the military, he found ways to stock and hoard food and he ballooned again. He was constantly sent to exercise more in the military due to his weight. Thus began years of failed diets and submitting himself to "fat farms." Carol realized in the seventh grade she would eat constantly. Her bingeing became severe when being sent off to a boarding school; after meals she would leave her campus to buy snacks and other junk food. In hopes of keeping the weight controlled, she started abusing laxatives, diet pills and diuretics.	Paul/ Carol	08/07/2016 06:58 AM	047:35
Living With Alcoholics	STEPPIN' OUT HOUR 2	Kelly was born and raised in a family of addicts. Her parents still drink. Her three brothers are drug addicts, and only two of them are in recovery. Kelly says her parents were functional alcoholics, but relied on alcohol to get through their day. But her parents neglected her and allowed her drug-using brothers to raise her. It led Kelly to abuse alcohol and drugs herself. Katya's father is a drug addict. He has years of sobriety under his belt, but the damage done with the relationship with his daughter is through. As she grew older, her father's drug use made her feel distant from her family to the point she sought the approval of other people; seeking praise and love from friends and strangers.	Kelly/Katya	08/07/2016 07:58 AM	047:34
Overeating/ Food Addiction	STEPPIN' OUT HOUR 1	Lindsey is a compulsive overeater, but he never knew it. Looking back, he can honestly say he's been a compulsive overeater his whole life. By age 13, he weighed 200 lbs. His size resulted in him being bullied by other kids. Depression followed, which led to more eating and more weight gain. Before Raquel entered a twelve-step fellowship for compulsive eaters, she'd eat	Lindsey/ Raquel	08/14/2016 06:58 AM	047:33

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		anything. Upon entering her fellowship, she weighed in excess of 200 lbs. on her small frame. She now knows how she abused certain foods.			
Overeating/ Food Addiction	STEPPIN' OUT HOUR 2	Paul's issue with eating began in childhood. In eighth grade, he began his compulsivity by sticking to a diet and lost 60 lbs., but after high school, while enlisted in the military, he found ways to stock and hoard food and he ballooned again. He was constantly sent to exercise more in the military due to his weight. Thus began years of failed diets and submitting himself to "fat farms." Carol realized in the seventh grade she would eat constantly. Her bingeing became severe when being sent off to a boarding school; after meals she would leave her campus to buy snacks and other junk food. In hopes of keeping the weight controlled, she started abusing laxatives, diet pills and diuretics.	Paul/Carol	08/14/2016 07:58 AM	047:33
Nicotine Addiction	STEPPIN' OUT HOUR 1	Bill could never feel comfortable in his own skin as a kid. In school, he often felt like a loner, but he jumped at the chance one day at age 13 to smoke cigarettes with the "cool kids." He then ended up smoking more than 30 years. Bill's quest led him to also abuse alcohol.	Bill	08/21/2016 06:58 AM	047:34
Sexual Compulsiveness	STEPPIN' OUT HOUR 2	Even as a young child, Carlito would "play doctor" with anyone; he knew at that early age he was bisexual. He learned about his sexuality "on the street." His insecurities, he found, would be alleviated by alcohol and drugs, and that's when he found himself seeking sex as a form of escape and acceptance.	Carlito	08/21/2016 07:58 AM	047:29
Parents of Addicted Children	STEPPIN' OUT HOUR 1	Gary Mendell was a high-profile CEO of an exclusive hotel chain, but he is also the father of an addict. His son, Brian, started abusing alcohol and drugs at age 14, and sadly lost the battle. Now, Gary is the chairman of Shatterproof, an advocacy group seeking to increase funding for addiction research and spreading awareness to families about identifying children and others with addiction problems and getting them into treatment before it's too late.	Gary Mendell	08/28/2016 07:00 AM	047:34
Drug/Alcohol Addiction	STEPPIN' OUT	Alessandra Rain is a nationally recognized expert on addiction drugs and the founder of	Alessandra Rain/ Bob	08/28/2016 08:00 AM	047:33

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Programs	HOUR 2	<p>“Point of Return” which assists those addicted to prescription painkillers go through at-home withdrawal.</p> <p>Bob Richards is the President of the National Assoc. of Addition Professionals, or NAADAC. He advises listeners how to find an appropriate addiction counselor or physician.</p>	Richards		
Mental Illness/ Bi-polar Disorder/ Bulimia/ Depression	STEPPIN' OUT HOUR 1	<p>During the 1990s, Suzy Favor Hamilton was the darling of American track &amp; field. An all-American beauty, a national and international champion, a spokesperson for numerous major companies, and a happily married wife. But her perfect façade masked a dark truth: bipolar disorder that drove her obsession to perform and win. For years, Suzy wrestled with her condition, as well as the guilt-stricken memories of her brother Dan, who had similar symptoms and took his own life, as well as the loss of her best friend to cancer. From a three-time Olympic athlete &amp; decorated middle distance runner, she revealed what fueled her double life as a celebrated track hero by day and a high-priced Vegas escort by night, &amp; how she is trying to move forward with life right now.</p>	Suzy Favor Hamilton	09/04/2016 06:58 AM	047:32
Alcohol Addiction	STEPPIN' OUT HOUR 2	<p>Dorothy has been sober for 25 years, but even today she'll tell you she is an alcoholic. Her first drink came at age 16, but her alcoholic drinking didn't begin until her college years.</p>	Dorothy	09/04/2016 08:01 AM	047:33
Drug/ Alcohol Addiction	STEPPIN' OUT HOUR 1	<p>Giovanni distinctly remembers why he started drinking. All his inhibitions, insecurities &amp; precognition disappeared. After a time, alcohol would no longer fill that void and he turned to hard drugs instead.</p> <p>Roberto was born in Peru and claims his family was full of drinkers. Alcohol was around at all times, at every activity. When his father died, Roberto was still a child, and to cope with pain &amp; anger, he took his first drink.</p>	Giovanni/ Roberto	09/11/2016 07:00 AM	047:32
Drug/ Alcohol Addiction	STEPPIN' OUT HOUR 2	<p>Aaron was raised in a very upscale Jewish neighborhood, with parents who provided a loving home as best they could – they tried to hide pain by buying whatever their children wanted. But home wasn't a happy place for Aaron or his two sisters. He learned he could find all the alcohol he could get in boarding school. His drug use continued into adulthood.</p>	Aaron	09/11/2016 08:00 AM	047:34

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Substance Abuse	STEPPIN' OUT HOUR 1	During his 15 years in professional baseball, "Sudden Sam" McDowell threw hard and partied harder. Sam had low self-esteem but lived to impress people. Now clean and sober, he lives to help people and works with many teams to help players avoid and overcome substance abuse and emotional problems.	"Sudden" Sam McDowell	09/18/2016 07:00 AM	047:30
Drug/ Alcohol Addiction/ Children of Addicts	STEPPIN' OUT HOUR 2	Both of Christopher's parents drank. He says their alcoholism created atmospheres in which they could not love him as a child. While his relationship with his parents has improved during his adulthood, they are both still active alcoholics. Tia's father was a cocaine addict, and her mother an alcoholic. She can remember her parents abusing drugs & alcohol as far back as she can remember. Her mother was never home to care for Tia and her siblings, and her father would also beat her and her brothers, and from that she acted out; becoming a violent child herself.	Christopher/ Tia	09/18/2016 08:00 AM	047:31
Alcohol Addiction	STEPPIN' OUT HOUR 1	Born in Europe, Reva's childhood was an unhappy one, and depression set in so badly she tried taking her own life at age 13 by swallowing 100 aspirins. She survived the suicide attempt, but upon waking from a deep sleep she learned nobody in her family noticed that she had tried to kill herself. She didn't start drinking until she turned 21 in college, but instead of going to class, she was at a bar. Raymond is an alcoholic and an addict. His true drinking began at age 14 and it took over his life to the point he twice attempted suicide.	Reva/ Raymond	09/25/2016 07:00 AM	047:30
Alcohol Addiction	STEPPIN' OUT HOUR 2	Tommy's first drink was at age 11. His regular drinking started at age 13 with friends. His mother beat him when he came home drunk. By age 16 he had dropped out of school and started working for a living. But his drinking took up too much of his time and he soon lost his job and wound up homeless. Kim grew up in a beautiful suburb as an only child of a "severe" alcoholic father. But in her early teens, she began drinking herself. Soon she needed the alcohol just to have the courage to leave the house.	Tommy/ Kim	09/25/2016 08:00 AM	047:34



### Section III

#### PUBLIC SERVICE ANNOUNCEMENTS

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
PUBLIC ASSISTANCE	PSA ALASKA 211	000:29	008
ALCOHOL ADDICTION	PSA ALCHOLICS ANONYMOUS	000:29	016
DRUG ABUSE	PSA ANTI DRUG/COMPUTER/INTERNET/MYSELF/PROM/SIMON SAYS/INHALANTS/METH/FORREST	000:30	070
PUBLIC SAFETY	PSA ATV SAFETY/HELMETS	000:30	021
PUBLIC SAFETY	PSA ATV/HELMETS	001:00	011
DOMESTIC VIOLENCE	PSA DOMESTIC VIOLENCE/ANDY GRIGGS	000:30	012
DRUNK DRIVING	PSA DON'T DRINK/DON'T SERVE TEENS	000:30	018
DRUG ABUSE	PSA DRUG ABUSE PREVENTION/SEAMLESS/UNISON/ HEAR THAT2/JACKIE	000:30	054
DRUNK DRIVING	PSA MADD/DEAN/KARA/MATT/MIKE/RUSSEL/THOMAS	000:59	088
DRUNK DRIVING	PSA MADD/BRAD PAISLEY/AMANDA/GRAVE	000:30	040
MILITARY AND VETERANS	PSA PARALYZED VETERANS OF AMERICA/BEN AFFLECK/ ADVOCATING FOR OUR HEROES	000:59	011
NICOTINE ADDICTION	PSA QUIT TOBACCO	000:29	027
NICOTINE ADDICTION	PSA QUIT TOBACCO	000:59	020
PUBLIC HEALTH	PSA RED CROSS/CPR TRAINING	000:30	034
PUBLIC SAFETY	PSA SMOKE DETECTOR SAFETY	000:29	015
RETIREMENT	PSA SOCIAL SECURITY/PROOF OF INCOME	000:46	149
PUBLIC HEALTH	PSA STATE OF ALASKA/STD'S	000:30	020
SUICIDE	PSA TEEN SUICIDE	000:59	010
PUBLIC SAFETY	PSA TIRE MAINTENANCE	000:30	018

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
MILITARY AND VETERANS	PSA PARALYZED VETS OF AMERICA/CHANGING LE/MISSION ABE	000:15	121
EDUCATION	GLOBAL CITIZEN FESTIVAL	000:31	002
EDUCATION	SUMMER LEARNING	000:31	023
GENDER EQUITY	GLOBAL CITIZEN FESTIVAL	000:32	002
MILITARY AND VETERANS	BOB WOODRUFF FOUNDATION	000:30	011
MILITARY AND VETERANS	SHOW YOUR STRIPES	000:30	002
POVERTY	GLOBAL CITIZEN FESTIVAL	000:28	003