

KIAK-FM

Fairbanks, AK Quarterly Issues/Programs List

1st Quarter 2020

April 10, 2020

Issues

KIAK-FM provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

- **Air Pollution:** It is caused by wood stoves. The problem is so severe that the stillest and coldest winter days, fine particulate concentrations exceed double the U.S. air quality standard.
- **Public Health:** Seasonal Affective Disorder (SAD) affects all Alaskans due to the extreme cold and long dark days of winter.
- **Recycling Programs:** Fairbanks Rescue Mission's Green Collar Jobs Program in conjunction with the FNSB's central recycling facility teach people about recycling and how it helps people get back on their feet.

Section I

LOCAL PROGRAMMING

ISSUE	PROGRAM/ TITLE	DESCRIPTION	DATE/ TIME	DURATION
Education/ Scholarships	Interior Scope	Ashley Monroe, Assoc. Director of Finance at Univ. of Alaska Fairbanks. She talked about academic scholarship opportunities available at UAF. Keith Champaign, Vice Chancellor for Student Affairs at UAF. He talked about athletic scholarships available	1/5/20 6:06am	15:3
Public Health	Interior Scope	Dr. Jon Carlile talked about S.A.D. (Seasonal Affective Disorder), and specifically how to treat it. Also, light for the eyes, proper vitamin D intake, proper sleep and proper exercise were discussed. Proper circulation through chiropractic care and the need for proper mental attitude and lack of stress were talked about.	1/12/20 6:09am	13:55
Child Welfare	Interior	Marylee Bates, Fairbanks Youth Advocates, discussed seeking	1/19/20	15:26

Homelessness	Scope	community support for Fairbanks Youth Advocates' mission to end teen homelessness.	6:08am	
Child Welfare / Native Issues/ Education	Interior Scope	John Manthei, Founder of The Folk School, and Kerri Hamos, Program Director. TFS is a program here in Fairbanks that teaches skills we often associate with pioneer times but are pertinent to living in Alaska. A lot of the skills they're teaching were usually passed down through generations of family members. And then advances in technology and mass market production kicked in and these skills started disappearing. Now area youth have the opportunity to learn traditional lifestyle activities such as organic gardening, healthy choice living, and special emphasis on mentoring of youth.	1/26/20 6:06am	13:34
Recycling	Interior Scope	Allan Lampre, Green Collar Jobs Program Manager (Fairbanks Rescue Mission), and Krystel Marino, Development Director. They talked about the Rescue Mission's Green Collar Jobs Program and its involvement with the Fairbanks North Star Borough's Central Recycling Facility. Also, they talked about their process of handling recycled materials and how this helps people in the program get back on their feet. Also, what kinds of material can be recycled were talked about.	2/2/20 6:07am	14:59
Public Health/ Child Welfare /Childhood Cancer	Interior Scope	Justin Boddy, St. Baldricks, talked about raising money for childhood cancer research. St. Baldricks is a volunteer-powered charity that funds more in cancer research grants than any other organization except the U.S. Government. It gives hope to infants, children, teens and young adults fighting childhood cancer.	2/9/20 6:09am	15:14
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about opiates and how to keep you safe from addiction and out of the hands of others.	1/5/20 8:00am	28:43
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about taking medication and how to watch your caffeine consumption.	1/12/20 8:00am	29:17
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about thyroid disease January is Thyroid Awareness month.	1/19/20 7:58am	29:14
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. With the cold temperatures, beware of frostbite and how to prevent it. Also, the colder temperatures and darkness, affects your sleep and what some of the issues are.	1/26/20 7:59am	29:46
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about mental health support in our community. He also talked about Seasonal Affective Disorder (SAD).	2/2/20 7:58am	28:57
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about how to safely store and dispose of medication, especially opiates. Also, how to keep medication out of the reach of children and others.	2/9/20 7:58am	29:56
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about balanced biotics and good bacteria and intestinal health.	2/16/20 8:01am	29:23
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about detoxing from accidental over medicating and the benefits of magnesium.	2/23/20 8:00am	29:43
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about the benefits of getting enough sleep and just released research.	3/1/20 7:59am	29:25
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about the best tricks for avoiding the flu this season.	3/8/20 7:59am	29:32
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about treating inflammation and the benefits of stretching.	3/15/20 8:00am	29:32
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about the safe storage of medications and how to keep opioids away from	3/22/20 8:01am	29:14

		children and others.		
Public Health & Safety	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about the prevention of hypertension.	3/29/20 8:01am	29:51

Section II

SYNDICATED PROGRAMMING

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Alcohol Addiction	STEPPIN' OUT HOUR 1	Ralph is enjoying a multi-year stretch of sobriety. Before that, he spent 43 years using alcohol, being drunk all throughout the time he spent in the Navy. His sobriety began when his grandson refused to kiss him because he "stank." Alana came from an affluent family and thinks her first drug was food; she ate to feel good about herself, but her weight gains caused her to binge-and-purge and try cigarettes to lose weight. Her drinking started when she was a teenager and she loved it.	Ralph/ Alana	01/05/2020 07:00 AM	047:41
Debt Addiction	STEPPIN' OUT HOUR 1	Dan is a member of Debtors Anonymous. After many years spending more money than he had, and earning less than he needed to live on. He wound up homeless, living in his car, stuffed with his possessions. Wendy woke up one day to find herself in more than \$19,000 in debt, months behind in rent, & relying on her parents. Her eye-opening moment came when she asked her parents again for money, & they told her she was draining their retirement assets.	Dan/ Wendy	01/12/2020 07:00 AM	047:32
Alcohol Addiction	STEPPIN' OUT HOUR 1	In the heart of downtown Seattle, a diverse group of men & women will come together to climb out of homelessness and drug addiction through an unorthodox recovery program that uses mountain climbing as a means of rehabilitation.		01/19/2020 06:58 AM	047:33
Al-Anon/ Alcoholic Addiction	STEPPIN' OUT HOUR 1	Father Roger, Priest, Retreat Master, Author, Actor, Playwright and Sinner, tells us his intriguing story of addiction and recovery. Father Roger says, "By the age of 3 years old, I needed to go on the wagon. If they had Kiddie AA I would have qualified!" After years of abusing alcohol, he came out of a blackout,	Father Rogers	01/26/2020 06:58 AM	047:38

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		standing on the ledge of the Brooklyn Bridge, ready to jump. After getting himself down off the cables, he ran looking for an AA meeting. He is now sober for 15 years.			
Gambling Addiction	STEPPIN' OUT HOUR 1	<p>Petra thought love was “taking care of someone.” She always picked men who “needed rescuing.” Her absorption with “care taking” almost sent her over the edge. She is now an active member of Al-Anon.</p> <p>Greg felt the only way he could earn love was to completely devote himself to taking care of “her.” It led to a life of isolation. Not until he entered Al-Anon, could he see that his issues with women stemmed from his unhealthy relationship with his mother.</p>	Petra/ Greg	02/02/2020 06:58 AM	047:35
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 1	<p>Robert felt he had a difficult childhood, dealing with an alcoholic father. He started drinking at 5 years old and by sixth grade, he was smoking marijuana. It wasn't long after he progressed to cocaine and heroin.</p> <p>Paul grew up and always felt different and inadequate. In high school, Paul would begin to use marijuana and experiment with narcotics and soon became a drug dealer.</p>	Robert/ Paul	02/09/2020 06:58 AM	047:34
Alcohol/ Drug Abuse	STEPPIN' OUT HOUR 1	<p>Barbara is addicted to sex and love & she asserts that much of this stems from a need to be approved and accepted. She was encouraged by her mother to have sex often as a teenager, under the guise that unless she was having sex, people wouldn't like her.</p>	Barbara	02/16/2020 06:58 AM	047:31
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 1	<p>Jenn had her first drink in her first week of her freshman year in high school, but she wanted to drink for a long time leading up to it. She found the drinking alleviated the stress of her home life and her parents' divorce.</p>	Jenn	02/23/2020 06:59 AM	047:34
Food/ Alcohol Addiction	STEPPIN' OUT HOUR 1	<p>Trish is a personal trainer who earns good money per hour, but would not take on enough work to really have enough to live the lifestyle she preferred. She maxed out her credit cards and soon hit “rock bottom” when she realized she would have to live on \$1.65 a day.</p>	Trish/ Justin	03/01/2020 06:59 AM	047:30

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		Justin had a debt problem, but because he won't spend. He would hoard his money and go without basic necessities. His friends suggested DA as a means to help him understand money and proper budgeting.			
Gambling Addiction	STEPPIN' OUT HOUR 1	Andy is a compulsive gambler and his game of choice was poker, but he would gamble on anything he could. His wife Joan watched her husband's downward spiral. At first Joan thought Andy's gambling was good for him, as it helped him become more social. But his gambling increased in frequency, and he began to hide money from her, she fell into a deep state herself.	Andy	03/08/2020 06:59 AM	047:33
Unhealthy Relationships	STEPPIN' OUT HOUR 1	Paul's last bet was many years ago. He grew up and got married, but his gambling persisted, progressing to the point he was lying to his wife about his whereabouts. Sophie's problematic compulsive gambling started later in life, when she was 60 years old. She had achieved sobriety from other addiction much earlier but started gambling as an activity and it quickly progressed into a problem.	Paul/ Sophie	03/15/2020 07:00 AM	047:34
Gambling Addiction	STEPPIN' OUT HOUR 1	Born in Europe, Reva's childhood was an unhappy one, and depression set in so badly she tried taking her own life at age 13. She started drinking in college. Instead of class, she was at a bar because the booze helped quell her anxiety. Raymond grew up with an alcoholic mother and when his drinking took over his life to the point he twice attempted suicide, he wound up in psychiatric care.	Reva/ Raymond	03/22/2020 07:01 AM	047:31
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 1	Johnny and Adrienne were drawn together because of the demons of their respective mothers who would tear their fragile young lives apart. Their story takes them from the depths of despair and near death to their first serendipitous introduction. It is a story of pain, loss, and the undying human quest for happiness.	Johnny/ Adrienne	03/29/2020 06:58 AM	047:34

Section III

PUBLIC SERVICE ANNOUNCEMENTS

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
ADDICTION AND RECOVERY	PSA AK. TOBACCO CONTROL ALLIANCE	000:31	003
PUBLIC SERVICE	PSA ALASKA 211	000:29	002
ADDICTION AND RECOVERY	PSA ALCOHOLICS ANONYMOUS	000:29	002
ADDICTION AND RECOVERY	PSA ANTI DRUG/COMPUTER/INTERNET/MYSELF/PROM/SIMON SAYS/INHALANTS/METH	000:30	024
HEALTH AND WELLNESS	AMERICAN HEART ASSOCIATION	000:29	7
HEALTH AND WELLNESS	AMERICAN HEART ASSOCIATION	000:29	13
HEALTH AND WELLNESS	AMERICAN HEART ASSOCIATION	000:30	14
MENTAL HEALTH	CHILD MIND INSTITUTE	000:33	10
MENTAL HEALTH	CHILD MIND INSTITUTE	000:33	3
MENTAL HEALTH	CHILD MIND INSTITUTE	000:33	7
MENTAL HEALTH	CHILD MIND INSTITUTE	000:36	3
MENTAL HEALTH	CHILD MIND INSTITUTE	000:36	6
MENTAL HEALTH	MAGIC	000:31	6
CIVIL REST	PEACE IN THE STREETS	000:31	7
CIVIL REST	PROJECT YELLOW LIGHT	000:29	1
HEALTH AND WELLNESS	PSA AAOS/SENIORS	000:29	14
HEALTH AND WELLNESS	PSA AAOS/SENIORS	000:59	2
HEALTH AND WELLNESS	PSA ADULT VACCINATIONS/SHINGLES	001:00	41
HEALTH AND WELLNESS	PSA ADULT VACCINATIONS/WHOOPING COUGH	000:20	3
HEALTH AND	PSA AHA/PEGGY FLEMMING	000:28	9

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
WELLNESS			
MILITARY	PSA AIR FORCE RESERVE	000:29	21
MILITARY	PSA AIR FORCE RESERVE	000:59	1
MILITARY	PSA AK - SELECTIVE SERVICE/BOARD MEMBER	000:59	44
ADDICTION AND RECOVERY	PSA AK. TOBACCO CONTROL ALLIANCE	000:30	10
PUBLIC SERVICE	PSA ALASKA 211	000:28	11
ADDICTION AND RECOVERY	PSA ALCHOLICS ANONYMOUS	000:28	24
ADDICTION AND RECOVERY	PSA ALCHOLICS ANONYMOUS	000:28	7
ENERGY	PSA ALLIANCE TO SAVE ENERGY	001:00	30
HEALTH AND WELLNESS	PSA AMERICAN HEART ASSOC/GO RED FOR WOMEN	000:29	8
HEALTH AND WELLNESS	PSA AMERICAN HEART ASSOCIATION/MISSISSIPPI	000:59	27
PUBLIC SERVICE	PSA AMERICAN LEGION/FOUR PILLARS OF SER	000:29	15
HEALTH AND WELLNESS	PSA AMERICAN LUNG ASSN.	000:59	43
PUBLIC SERVICE	PSA AMERICORPS/JOSE	000:58	4
ADDICTION AND RECOVERY	PSA ANTI DRUG/COMPUTER	000:29	12
ADDICTION AND RECOVERY	PSA ANTI DRUG/INTERNET	000:29	27
ADDICTION AND RECOVERY	PSA ANTI DRUG/MYSELF	000:29	7
ADDICTION AND RECOVERY	PSA ANTI DRUG/NATIVE AMERICANS	000:59	3
ADDICTION AND RECOVERY	PSA ANTI DRUG/PROM	000:30	11
ADDICTION AND RECOVERY	PSA ANTI DRUG/SIMON SAYS	000:30	13
ADDICTION AND RECOVERY	PSA ANTI INHALANTS	000:31	4
ADDICTION AND	PSA ANTI METH/FORREST	000:29	12

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
RECOVERY			
MILITARY	PSA ARMED FORCES RELIEF TRUST	000:29	11
HEALTH AND WELLNESS	PSA ARTHRITIS	000:59	44
EDUCATION	PSA AS TIMES CHANGE/I DIDN'T KNOW	000:19	142
EDUCATION	PSA ASAA/ALASKA SCHOOL ACTIVITIES ASSOC	000:59	47
EDUCATION	PSA ASAA/ALASKA SCHOOL ACTIVITIES ASSOC	000:59	48
HEALTH AND WELLNESS	PSA ASTHMA	000:19	1
HEALTH AND WELLNESS	PSA ASTHMA/CAUSES	000:30	17
SAFETY	PSA ATV SAFETY	000:29	12
SAFETY	PSA ATV'S/HELMETS	000:29	13
SAFETY	PSA ATV/HELMETS	000:59	32
AUTISM	PSA AUTISM/JAMIE MCMURRAY	000:29	17
AUTISM	PSA AUTISM/TOMMY HILFIGER	000:29	9
AUTISM	PSA AUTISM/TONI BRAXTON	000:29	11
EDUCATION	PSA BEST BEGINNINGS/KINDERGARTEN READY	000:30	8
ANIMALS AND PETS	PSA BEST FRIENDS ANIMAL SOCIETY	000:29	14
ANIMALS AND PETS	PSA BEST FRIENDS ANIMAL SOCIETY	000:59	27
HEALTH AND WELLNESS	PSA BREAST CANCER	000:59	40
HEALTH AND WELLNESS	PSA BREAST CANCER	000:59	47
HEALTH AND WELLNESS	PSA BREASTFEEDING/IT'S ONLY NATRUAL/HHS	001:00	55
HEALTH AND WELLNESS	PSA BREASTFEEDING/IT'S ONLY NATURAL/HHS	000:29	12
DISABILITIES	PSA CAMPAIGN FOR DISABILITY EMPLOYMENT	000:59	33
HEALTH AND WELLNESS	PSA CEREBRAL PALSY	000:19	3
HEALTH AND	PSA CHILDHOOD INFLUENZA	000:58	2

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
WELLNESS			
HEALTH AND WELLNESS	PSA CHRONIC FATIGUE SYNDROM	000:59	48
HEALTH AND WELLNESS	PSA COALITION TO PREVENT DVT	000:29	11
EDUCATION	PSA COLLEGE.GOV	000:59	37
EDUCATION	PSA COLLEGE.GOV	001:00	39
HEALTH AND WELLNESS	PSA COLORECTAL CANCER/MORGAN FREEMAN	000:59	39
HEALTH AND WELLNESS	PSA COLORECTAL CANCER/TERRANCE HOWARD	000:19	29
HEALTH AND WELLNESS	PSA CONQUERING PAIN	000:59	3
HEALTH AND WELLNESS	PSA COPD	000:59	53
HEALTH AND WELLNESS	PSA COPING WITH ASTHMA	000:19	1
DEBT AND FINANCE	PSA CREDIT COUNSELING	000:30	7
DEBT AND FINANCE	PSA CREDIT COUNSELING	000:59	1
DEBT AND FINANCE	PSA CTIA/SOUNDS OF A CRASH	000:29	15
DEBT AND FINANCE	PSA DEBT ELIMINATION SCAMS	000:29	17
DEBT AND FINANCE	PSA DEBT SETTLEMENT	000:20	1
MENTAL HEALTH	PSA DEPRESSION	000:29	2
MENTAL HEALTH	PSA DEPRESSION	000:58	4
ADDICTION AND RECOVERY	PSA DEPT OF HEALTH/QUIT SMOKING/CESSATION TIPS	000:29	12
ADDICTION AND RECOVERY	PSA DEPT OF HEALTH/QUIT SMOKING/CESSATION TIPS	000:59	35
ADDICTION AND RECOVERY	PSA DEPT OF HEALTH/QUIT SMOKING/JESSICA'S ASTHMA TIP	000:29	4
ADDICTION AND	PSA DEPT OF HEALTH/QUIT SMOKING/TIFFANY'S TIP	001:00	33

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
RECOVERY			
HEALTH AND WELLNESS	PSA DIABETES/IT'S NOT THAT HARD	000:57	1
ANIMALS AND PETS	PSA DOG BITE PREVENTION	001:00	36
ANIMALS AND PETS	PSA DOG BITE PREVENTION	001:00	3
DOMESTIC VIOLENCE	PSA DOMESTIC VIOLENCE/ANDY GRIGGS	000:29	61
ADDICTION AND RECOVERY	PSA DON'T DRINK	000:30	24
MENTAL HEALTH	PSA DONATE LIFE	000:58	32
MENTAL HEALTH	PSA DOVE SELF ESTEEM/AMY POLEHLER	000:58	5
ADDICTION AND RECOVERY	PSA DRUG ABUSE PREVENTION/SEAMLESS	000:30	4
ADDICTION AND RECOVERY	PSA DRUG ABUSE PREVENTION/UNISON	000:29	11
ADDICTION AND RECOVERY	PSA DRUG PREVENTION	000:29	9
ADDICTION AND RECOVERY	PSA DRUG RECOVERY	000:19	24
ADDICTION AND RECOVERY	PSA DRUG USE PREVENTION/HEAR THAT 2	000:30	19
ADDICTION AND RECOVERY	PSA DRUG USE PREVENTION/JACKIE	000:29	15
ENERGY	PSA ENERGY SAVING LIGHTBULBS 2	000:29	10
HEALTH AND WELLNESS	PSA EPILEPSY	000:19	2
MILITARY	PSA EVERYDAY HEROS	000:58	32
MILITARY	PSA EVERYDAY HEROS	000:59	36
FAMILY	PSA FAMILIES FOR ALL	000:30	49
FAMILY	PSA FAMILIES FOR ALL	000:59	66
FAMILY	PSA FAMILY DAY	000:29	7
FAMILY	PSA FAMILY DAY	000:59	2

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
HEALTH AND WELLNESS	PSA FIGHTING FLU/SARA EVANS	000:29	49
HEALTH AND WELLNESS	PSA FIGHTING FLU/SARA EVANS	000:59	5
EDUCATION	PSA FINANCIAL EDUCATION/CHECK TO CHECK	000:30	1
EDUCATION	PSA FINANCIAL EDUCATION/RETIREMENT	000:29	10
DEBT AND FINANCE	PSA FINANCIAL SURVIVAL GUIDE/NEW START	000:59	3
PUBLIC SERVICE	PSA FOOD STAMP OUTREACH	000:59	4
PUBLIC SERVICE	PSA FOOD STAMP OUTREACH	000:59	43
PUBLIC SERVICE	PSA FOOD STAMP OUTREACH	000:59	4
FAMILY	PSA FOR A BETTER LIFE	000:29	17
FAMILY	PSA FOR A BETTER LIFE	000:29	8
FAMILY	PSA FOR A BETTER LIFE	000:29	12
DEBT AND FINANCE	PSA FORCLOSURE PREVENTION	000:59	6
DEBT AND FINANCE	PSA FORECLOSURE HELP	000:20	1
HEALTH AND WELLNESS	PSA FOUNDATION FIGHTING BLINDNESS/MACULAR DEGENERATIO	000:29	15
HEALTH AND WELLNESS	PSA FOUNDATION FIGHTING BLINDNESS/MACULAR DEGENERATIO	000:59	45
SAFETY	PSA GAS TIPS	001:00	3
EDUCATION	PSA GED	001:00	4
MILITARY	PSA GI BILL	000:29	12
PUBLIC SERVICE	PSA GIFT CARDS/WHAT YOU NEED TO KNOW	000:58	2
PUBLIC SERVICE	PSA HABITAT FOR HUMANITY	000:29	5
PUBLIC SERVICE	PSA HABITAT FOR HUMANITY	000:31	3
PUBLIC SERVICE	PSA HABITAT FOR HUMANITY	000:59	37
ANIMALS AND PETS	PSA HEALTHY PETS	000:30	2
ANIMALS AND PETS	PSA HEALTHY PETS	000:59	2

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
PUBLIC SERVICE	PSA ICE/EMERGENCY NUMBERS	000:20	3
HEALTH AND WELLNESS	PSA IMMUNIZATIONS	000:59	41
SAFETY	PSA INTERNET SAFETY	000:30	20
SAFETY	PSA INTERNET SAFETY	000:59	42
SAFETY	PSA INTERNET SAFETY	001:00	40
PUBLIC SERVICE	PSA LIBRARY CARDS	000:20	2
DEBT AND FINANCE	PSA LOAN SCAM	000:59	29
ADDICTION AND RECOVERY	PSA MADD	000:59	32
ADDICTION AND RECOVERY	PSA MADD	000:59	3
ADDICTION AND RECOVERY	PSA MADD/BRAD PAISLEY	000:30	8
PUBLIC SERVICE	PSA MAKE A WISH	001:00	35
PUBLIC SERVICE	PSA MARCH OF DIMES/HILLARY DUFF	000:29	2
PUBLIC SERVICE	PSA MARCH OF DIMES/MILESTONES & MIRACLES	000:29	14
PUBLIC SERVICE	PSA MARCH OF DIMES/MILESTONES & MIRACLES	001:00	36
PUBLIC SERVICE	PSA MARCH OF DIMES/SHAWN JOHNSON	000:30	6
PUBLIC SERVICE	PSA MARCH OF DIMES/THALIA	000:29	1
MILITARY	PSA MARINES/DARRELL	000:59	4
MILITARY	PSA MARINES/KEITH	000:59	35
MILITARY	PSA MARINES/SUMMER	000:29	26
HEALTH AND WELLNESS	PSA MARROW DONATION/BE HIS	001:00	32
HEALTH AND WELLNESS	PSA MARROW DONATION/WHAT IF	000:59	2
HEALTH AND WELLNESS	PSA MEDICAL GRANTS	000:59	2
HEALTH AND WELLNESS	PSA MEDICARE PART D	000:59	34
MENTAL HEALTH	PSA MENTAL ILLNESS	000:58	32

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
MENTAL HEALTH	PSA NAMI OCD	000:59	30
MENTAL HEALTH	PSA NAMI/BI POLAR	001:00	5
MENTAL HEALTH	PSA NAMI/DEPRESSION	000:59	37
MENTAL HEALTH	PSA NAMI/SCHIZOPHRENIA	000:59	26
MENTAL HEALTH	PSA NAMM/PLAY MUSIC/BETTER LIFE	000:30	8
MENTAL HEALTH	PSA NAMM/PLAY MUSIC/WHY WAIT	000:30	4
MENTAL HEALTH	PSA NAMM/PLAY MUSIC/WHY WAIT	000:59	46
NASA	PSA NASA/ASTRONAUT RECRUITMENT	000:29	20
PUBLIC SERVICE	PSA NPMA/INTERROGATION	000:29	18
PUBLIC SERVICE	PSA NPMA/LAND THREAT	000:59	30
PUBLIC SERVICE	PSA NPMA/LEAST WANTED	000:30	8
HEALTH AND WELLNESS	PSA OBESITY	000:58	37
HEALTH AND WELLNESS	PSA OBESITY ACTION COALITION	000:29	2
FAMILY	PSA ORPHAN FOUNDATION OF AMERICA	000:30	6
DEBT AND FINANCE	PSA OVERCOMING DEBT	000:19	3
DEBT AND FINANCE	PSA OVERCOMING DEBT	000:59	47
HEALTH AND WELLNESS	PSA PAD/NO WARNING	000:59	19
HEALTH AND WELLNESS	PSA PAD/NOT JUST YOUR LUNGS	001:00	1
HEALTH AND WELLNESS	PSA PAD/WALK IN THE PARK	000:59	39
MILITARY	PSA PARALYZED VETERANS OF AMERICA/BEN AFFLECK	000:59	33
MILITARY	PSA PARALYZED VETERANS OF AMERICA/MISSIE	000:59	26
MILITARY	PSA PARALYZED VETERANS/ADVOCATING FOR OUR HEROS	000:59	34
MILITARY	PSA PARALYZED VETERANS/ALAN BABIN	000:19	1
MILITARY	PSA PARALYZED VETS OF AMERICA/CHANGING LIVES	000:29	9

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
MILITARY	PSA PARALYZED VETS OF AMERICA/CHANGING LIVES	000:59	30
MILITARY	PSA PARALYZED VETS OF AMERICA/MISSION AE	000:29	21
MILITARY	PSA PARALYZED VETS/SOLDIER SAYS THANKS	000:29	4
MILITARY	PSA PARALYZED VETS/SOLDIER SAYS THANKS	000:59	36
MILITARY	PSA PARALYZED VETS/VETS HELPING VETS	000:29	17
MILITARY	PSA PARALYZED VETS/VETS HELPING VETS	000:59	41
ANIMALS AND PETS	PSA PETA/SPAY & NEUTER	000:30	2
HEALTH AND WELLNESS	PSA PRE TEEN VACCINATIONS	001:00	31
HEALTH AND WELLNESS	PSA PRODUCE FOR BETTER HEALTH/FROZEN BARRIER	000:59	6
SAFETY	PSA PROTECT YOUR IDENTITY	000:59	1
PUBLIC SERVICE	PSA PVA/REBUILDING LIVES	000:59	2
ADDICTION AND RECOVERY	PSA QUIT TOBACCO	000:28	11
ADDICTION AND RECOVERY	PSA QUIT TOBACCO	000:28	19
ADDICTION AND RECOVERY	PSA QUIT TOBACCO	000:29	32
ADDICTION AND RECOVERY	PSA QUIT TOBACCO	000:59	36
ADDICTION AND RECOVERY	PSA QUIT TOBACCO	000:59	36
SAFETY	PSA RADON	000:29	10
SAFETY	PSA RADON/COUNTRY	000:59	37
SAFETY	PSA RADON/GREEN	001:00	1
SAFETY	PSA RADON/KIDS	000:59	4
SAFETY	PSA RAINN/IT'S NEVER YOUR FAULT	000:29	1
MILITARY	PSA RED CROSS/MILITARY	000:29	4
ANIMALS AND PETS	PSA RED CROSS/PET FIRST AID	000:28	15
PUBLIC SERVICE	PSA RED CROSS/PREPARE	000:29	9

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
PUBLIC SERVICE	PSA ROTARY	000:19	1
PUBLIC SERVICE	PSA ROTARY/LENDING A HAND	000:29	20
DEBT AND FINANCE	PSA SAVING MONEY	000:59	5
PUBLIC SERVICE	PSA SELECTIVE SERVICE	000:29	39
PUBLIC SERVICE	PSA SELECTIVE SERVICE	000:58	32
PUBLIC SERVICE	PSA SELECTIVE SERVICE	000:59	38
PUBLIC SERVICE	PSA SELECTIVE SERVICE	001:00	49
HEALTH AND WELLNESS	PSA SHRINERS HOSPITALS	000:29	15
HEALTH AND WELLNESS	PSA SHRINERS HOSPITALS	000:59	39
SAFETY	PSA SMOKE DETECTOR SAFETY	000:29	24
GOVERNMENT	PSA SOCIAL SECURITY/INSTANT STATUS	000:58	29
GOVERNMENT	PSA SOCIAL SECURITY/PROOF OF INCOME	000:45	265
GOVERNMENT	PSA SOCIAL SECURITY/RETIREMENT ESTIMATOR	000:59	4
HEALTH AND WELLNESS	PSA STATE OF ALASKA/STD'S	000:29	13
HEALTH AND WELLNESS	PSA STATE OF ALASKA/STD'S	000:29	2
HEALTH AND WELLNESS	PSA STATE OF ALASKA/STD'S	000:30	18
MENTAL HEALTH	PSA STOP BULLYING	000:59	60
HEALTH AND WELLNESS	PSA STOP DIABETES/IT	000:58	3
MENTAL HEALTH	PSA STOP TOXIC LITTER/RETHINK BUTTS/LEGACY	000:29	16
MENTAL HEALTH	PSA STUTTERIBG - STOSSEL	000:29	14
MENTAL HEALTH	PSA TALK TO YOUR KIDS/PUDDINHEAD	000:29	11
MENTAL HEALTH	PSA TEEN SUICIDE	000:59	50
MENTAL HEALTH	PSA TEENS/MISTAKES	000:20	2
MENTAL HEALTH	PSA TEENS/MISTAKES	001:00	2
SAFETY	PSA TIRE MAINTENANCE	000:29	15

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
SAFETY	PSA TIRE MAINTENANCE	000:31	17
SAFETY	PSA UCANQUIT2.ORG	000:29	19
PUBLIC SERVICE	PSA USO/OVERNIGHT DELIVERY	000:30	2
PUBLIC SERVICE	PSA USO/OVERNIGHT DELIVERY	000:59	3
HEALTH AND WELLNESS	PSA VACCINES/AMERICAN ACAD OF PEDIATRICS	000:59	31
GOVERNMENT	PSA WOMEN IN GOV'T/COPD AWARENESS	000:29	10
GOVERNMENT	PSA WOMEN IN GOV'T/COPD AWARENESS	000:59	44
GOVERNMENT	PSA WOMEN IN GOVT/PUBLIC HEALTH/SAVING LIVES	000:29	6
ANIMALS AND PETS	PSA WWF/DON'T WAIT	000:59	42
ANIMALS AND PETS	PSA WWF/PEOPLE AND PLACES	000:59	43
PUBLIC SERVICE	PSA YOUNG VOLUNTEERS	000:29	4
PUBLIC SERVICE	PSA YOUNG VOLUNTEERS	000:59	28
DEBT AND FINANCE	PSA BEST BEGINNINGS/SMART INVESTMENT	000:29	8
COVID-19	PSA/AD COUNCIL-CORONAVIRUS ALONE	000:30	2
COVID-19	PSA/AD COUNCIL-CORONAVIRUS CONTACT	000:30	2
MENTAL HEALTH	PSA/NAMI	000:30	2
MENTAL HEALTH	PSA/NAT ALLIANCE ON MENTAL ILLNESS	000:30	7
COVID-19	PSA/TWO PSAS ONE	000:30	5