

KIAK-FM
Fairbanks, AK
Quarterly Issues/Programs List
1st Quarter 2016

April 10, 2016

Issues

KIAK-FM provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

- **Local Economy:** Recent legalization of marijuana in Alaska and how it will impact our economy.
- **Emergency Preparedness:** CERT offering training to students in life-saving skills and doing the greatest good for the greatest number.
- **Youth Literacy:** Program to get pre-teen boys and girls to become more interested in reading.
- **Child Welfare:** Autism facts and figures discussed in conference.

Section I

LOCAL PROGRAMMING

ISSUE	PROGRAM/TITLE	DESCRIPTION	DATE/TIME	DURATION
Veterans and Military Families	Interior Scope	Fisher House Foundation provided a one-hour holiday special for the Foundation. Fisher House provides free or low cost housing to veterans and military families receiving treatment at military medical centers.	1/3/16 6:09am & 7:13pm	15:0
Marijuana Legalization	Interior Scope	Cory Wray, Alaska Cannabis Institute, discussed the recent legalization of marijuana in Alaska and how it will impact our economy.	1/10/16 6:09am & 7:12pm	15:1
Youth Literacy	Interior Scope	Greg Hill, "Guys/Gals Read" program, talked about getting pre-teen boys and girls to become more interested in reading in the public schools.	1/17/16 6:09am & 7:15pm	15:0
Downtown Development	Interior Scope	Bob Eley, Fairbanks Community Museum, talked about the Museum – what it features, when it operates and what its needs are. He also talked about the rejuvenation of the Co-Op Plaza downtown, and how it's part of the renewed downtown development.	1/24/16 6:09am & 7:13pm	15:22
Youth Activities/Counseling	Interior Scope	Keeley Kaveoluk, This Generation Ministries, promoted the "Winter Xtreme", a youth event with fun activities and counseling was available too.	1/31/16 6:09am & 7:13pm	14:54

Community Emergency Response Team	Interior Scope	Lorna Illingworth, CERT Coordinator, talked about what CERT does and who joins the team. She also talked about the upcoming classes which are limited to 20 students who are trained to provide emergency preparedness information in their neighborhoods. Members are also trained in life-saving skills, with emphasis on decision-making ability, rescuer safety, and doing the greatest good for the greatest number.	2/7/16 6:09am & 7:14pm	16:19
Learning Opportunities For Adults Over 50	Interior Scope	Rich Seifert, Osher Lifelong Learning Institute (OLLI) at UAF, talked about the rich array of classes offered and learning opportunities for adults who are 50 or older. You can explore academic and general interest classes in an atmosphere that is intellectually challenging, but without the stress of tests and grades.	2/14/16 6:10am & 7:13pm	16:32
Public Health/ Child Welfare	Interior Scope	Brandy Raby, Autism Society of Alaska, discussed autism facts and figures. She also talked about the upcoming conference.	2/21/16 6:10pm & 7:12pm	14:42
Managing Finances/ Native Arts	Interior Scope	Marsha Munsell, Cooperative Extension Service, talked about budgeting. She said the year is still young enough for you to get on a budget plan for your household. Adrian Titus & Cathy Brooks, Festival Native Arts, talked about the community involvement with the Festival of Native Arts.	2/28/16 6:10am & 7:12pm	14:59
Child Welfare/ Education/ Literacy	Interior Scope	Mike Kolasa, Literacy Council of Alaska, discussed the Literacy Council's programs for Fairbanks, the book store and the spring book sweep. He also talked about how the Literacy Council promotes literacy.	3/6/16 6:09am & 7:13pm	14:53
Children's Health	Interior Scope	Jim Baddy, St. Baldricks, talked about raising money to fund children's cancer research.	3/13/16 6:10am & 7:15pm	15:1
Economic Development	Interior Scope	Steven Seefeldt, PhD, Cooperative Extension, talked about getting ready for spring planting, soil preparation and fertilizing.	3/20/16 6:10am & 7:13pm	15:3
Education/ Children-Young Adults Programs	Interior Scope	Lynette Dunn, ASRA Administrative Asst., and Christa Mulder, ASRA Director both discussed the upcoming Alaska Summer Research Academy programs, which promotes creativity and intellectual curiosity through hands-on, open-ended experiences in STEM (science, technology, engineering, and mathematics). ASRA students engage with mentors and peers to explore scientific concepts, investigate student-driven questions, and solve problems.	3/27/16 6:09am & 7:07pm	15:34

Section II

SYNDICATED PROGRAMMING

ISSUE	PROGRAM /TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Alcohol Addiction	STEPPIN' OUT HOUR 1	Ralph is enjoying a multi-year stretch of sobriety. Before that, he spent 43 years using alcohol, being drunk all throughout the time he spent in the Navy. His sobriety	Ralph/ Alana	01/03/2016 06:58 AM	047:36

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		<p>began when his grandson refused to kiss him cause he "stank."</p> <p>Alana came from an affluent family and thinks her first drug was food; she ate to feel good about herself, but her weight gains caused her to binge-and-purge and try cigarettes to lose weight. Her drinking started when she was a teenager and she loved it.</p>			
Alcohol Addiction	STEPPIN' OUT HOUR 2	<p>Bob's taste for alcohol started in childhood. In his teens, he started working with his father painting house. But one day his father suffered a stroke. It was the same day the plane carrying three superstar musicians crashed, killing his heroes.</p>	Bob	01/03/2016 07:58 AM	047:38
Debt Addiction	STEPPIN' OUT HOUR 1	<p>Dan is a member of Debtors Anonymous. After many years spending more money than he had, and earning less than he needed to live on. He wound up homeless, living in his car, stuffed with his possessions. Wendy woke up one day to find herself in more than \$19,000 in debt, months behind in rent, & relying on her parents. Her eye-opening moment came when she asked her parents again for money, & they told her she was draining their retirement assets.</p>	Dan/ Wendy	01/10/2016 07:00 AM	047:37
Debt Addiction	STEPPIN' OUT HOUR 2	<p>Roy is a compulsive debtor and under-earner. He worked freelance and after 9/11, many of his accounts payable that he neglected collecting from went bankrupt and he soon found himself without income and behind on the rent.</p>	Roy	01/10/2016 08:00 AM	047:37
A New High	STEPPIN' OUT HOUR 1	<p>In the heart of downtown Seattle, a diverse group of men & women will come together to climb out of homelessness and drug addiction through an unorthodox recovery program that uses mountain climbing as a means of rehabilitation.</p>	Diverse Group of Men and Women	01/17/2016 06:59 AM	047:38
Clutter Addiction	STEPPIN' OUT HOUR 2	<p>Bob can look back in his childhood and see he had a problem with collecting clutter. As a young man, living on his own, his apartment was packed with everything; every item, every piece of clothing, every magazine he read, etc. Roberto thinks that his proclivity to clutter started as a child. As an adult, he would hoard magazines, knick-knacks & VCR tapes.</p>	-----	01/17/2016 07:59 AM	047:30

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Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 1	Father Roger, Priest, Retreat Master, Author, Actor, Playwright and Sinner, tells us his intriguing story of addiction and recovery. Father Roger says, "By the age of 3 years old, I needed to go on the wagon. If they had Kiddie AA I would have qualified!" After years of abusing alcohol, he came out of a blackout, standing on the ledge of the Brooklyn Bridge, ready to jump. After getting himself down off the cables, he ran looking for an AA meeting. He is now sober for 15 years. (Both hours)	Father Roger	01/24/2016 07:00 AM	047:36
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 2	Father Roger, Priest, Retreat Master, Author, Actor, Playwright and Sinner, tells us his intriguing story of addiction and recovery. Father Roger says, "By the age of 3 years old, I needed to go on the wagon. If they had Kiddie AA I would have qualified!" After years of abusing alcohol, he came out of a blackout, standing on the ledge of the Brooklyn Bridge, ready to jump. After getting himself down off the cables, he ran looking for an AA meeting. He is now sober for 15 years. (Both hours)	Father Roger	01/24/2016 08:00 AM	047:32
Family of Addicts	STEPPIN' OUT HOUR 1	Petra thought love was "taking care of someone." She always picked men who "needed rescuing." Her absorption with "care taking" almost sent her over the edge. She is now an active member of Al-Anon. Greg felt the only way he could earn love was to completely devote himself to taking care of "her." It led to a life of isolation. Not until he entered Al-Anon, could he see that his issues with women stemmed from his unhealthy relationship with his mother.	Petra/ Greg	01/31/2016 06:59 AM	047:35
Gambling Addiction	STEPPIN' OUT HOUR 2	Howard was a compulsive gambler which started when he was a young man making innocuous bets, but soon he lost his control. Anthony was a compulsive gambler. His luck was unreal; he made enough money in one summer to buy a house but his luck ran out soon later, leaving him desperate.	Howard/ Anthony	01/31/2016 07:59 AM	047:37
Narcotics Addiction	STEPPIN' OUT HOUR 1	Robert felt he had a difficult childhood, dealing with an alcoholic father. He started drinking at 5 years old and by sixth grade, he was smoking marijuana. It wasn't long after he progressed to cocaine and heroin. Paul grew up and always felt different and inadequate. In high school, Paul would	Robert/ Paul	02/07/2016 06:59 AM	047:38

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		begin to use marijuana and experiment with narcotics and soon became a drug dealer.			
Narcotics Addiction	STEPPIN' OUT HOUR 2	Fred thought he used drugs in order to deal with pain. He later recognized his home life was drug-centered and his father being a drug dealer. Bob's major use of drugs and alcohol started after high school, following a bad breakup. He was not only an addict, but a serial abuser of his wife and kids. And in jail, under physical threat by the other inmates, he decided to get sober for good.	Fred/ Bob	02/07/2016 07:59 AM	047:38
Sex Addiction	STEPPIN' OUT HOUR 1	Barbara is addicted to sex and love & she asserts that much of this stems from a need to be approved and accepted. She was encouraged by her mother to have sex often as a teenager, under the guise that unless she was having sex, people wouldn't like her.	Barbara	02/14/2016 06:59 AM	047:37
Sex Addiction	STEPPIN' OUT HOUR 2	Dave is a sex and love addict. His father was very success-oriented, and there was a lot of pressure to perform to high expectations both in school and life. He's not sure why or how that might have translated to his adult dating life.	Dave	02/14/2016 07:59 AM	047:38
Young People in Recovery	STEPPIN' OUT HOUR 1	Jenn had her first drink in her first week of her freshman year in high school, but she wanted to drink for a long time leading up to it. She found the drinking alleviated the stress of her home life and her parents' divorce.	Jenn	02/21/2016 06:58 AM	036:23
Young People in Recovery	STEPPIN' OUT HOUR 2	Michelle's first drink alone was at age 11. Her family home was complete with a bar that was never locked. After coming home from school one day, she found an open bottle of wine so she tasted it. She kept repeating the drink each day when coming home from school.	Michelle	02/21/2016 08:00 AM	047:38
Debt Addiction	STEPPIN' OUT HOUR 1	Trish is a personal trainer who earns good money per hour, but would not take on enough work to really have enough to live the lifestyle she preferred. She maxed out her credit cards and soon hit "rock bottom" when she realized she would have to live on \$1.65 a day. Justin had a debt problem, but because he won't spend. He would hoard his money and go without basic necessities. His	Trish/ Justin	02/28/2016 07:01 AM	047:28

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		friends suggested DA as a means to help him understand money and proper budgeting.			
Alcohol Addiction	STEPPIN' OUT HOUR 2	Lauren was a regular drinker by age 14. She eventually got a job as a bartender, where nobody minded her drinking. She had dreams of being an actress which she now knows she derailed by her using alcohol. Frank grew up in Ireland, where he learned to drink. He then began a life of partying. He was soon no longer the happy, fun drunk, but a man who outwardly was depressed and mean.	Lauren/ Frank	02/28/2016 08:01 AM	047:37
Gambling Addiction	STEPPIN' OUT HOUR 1	Andy is a compulsive gambler and his game of choice was poker, but he would gamble on anything he could. His wife Joan watched her husband's downward spiral. At first Joan thought Andy's gambling was good for him, as it helped him become more social. But his gambling increased in frequency, and he began to hide money from her, she fell into a deep state herself.	Andy	03/06/2016 06:59 AM	047:34
Gambling Addiction	STEPPIN' OUT HOUR 2	Joel is a compulsive gambler and he was a fantastic marble player and it progressed to him thinking he could make money his whole life. His wife Susan could tell something was amiss; a descendant of a dysfunctional family herself, she knew for her marriage to work she would need to seek recovery. But she also needed to confront him.	Joel	03/06/2016 07:59 AM	047:29
Gambling Addiction	STEPPIN' OUT HOUR 1	Paul's last bet was many years ago. He grew up and got married, but his gambling persisted, progressing to the point he was lying to his wife about his whereabouts. Sophie's problematic compulsive gambling started later in life, when she was 60 years old. She had achieved sobriety from other addiction much earlier but started gambling as an activity and it quickly progressed into a problem.	Paul/ Sophie	03/13/2016 07:01 AM	047:33
Gambling Addiction	STEPPIN' OUT HOUR 2	Sean grew up in a neighborhood in which if you didn't gamble, you didn't belong. His descent began with a stroke of luck, winning a five-figure bet when he didn't have the money to cover it on the chance he lost. David's first gambling was at age six. His	Sean/ David	03/13/2016 08:01 AM	047:31

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		father taught him to play poker. In his teen years, he would spend his money from his after school jobs to gamble and it came to consume his life.			
Alcohol Addiction	STEPPIN' OUT HOUR 1	Born in Europe, Reva's childhood was an unhappy one, and depression set in so badly she tried taking her own life at age 13. She started drinking in college. Instead of class, she at a bar because the booze helped quell her anxiety. Raymond grew up with an alcoholic mother and when his drinking took over his life to the point he twice attempted suicide, he would up in psychiatric care.	Reva/ Raymond	03/20/2016 06:59 AM	047:34
Alcohol Addiction	STEPPIN' OUT HOUR 2	Tommy's first drink was at age 11 but his regular drinking started at age 13 and his mother would beat him when he came home drunk. After school, he started working but it took up too much of his time and he soon lost his job and wound up homeless. Kim was an only child of a "severe" alcoholic father. She began drinking herself and found her new favorite activity. Soon she needed the alcohol just to have the courage to leave her house.	Tommy/ Kim	03/20/2016 07:59 AM	047:34
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 1	Johnny and Adrienne were drawn together because of the demons of their respective mothers who would tear their fragile young lives apart. Their story takes them from the depths of despair and near death to their first serendipitous introduction. It is a story of pain, loss, and the undying human quest for happiness.	Johnny/ Adrienne	03/27/2016 06:58 AM	048:24
Gambling Addiction	STEPPIN' OUT HOUR 2	Sean grew up in a neighborhood in which if you didn't gamble, you didn't belong. His descent began with a stroke of luck, winning a five-figure bet when he didn't have the money to cover it on the chance he lost. David's first gambling was at age six. His father taught him to play poker. In his teen years, he would spend his money from his after school jobs to gamble and it came to consume his life.	Sean/ David	03/27/2016 07:59 AM	047:33

Section III

PUBLIC SERVICE ANNOUNCEMENTS

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
PUBLIC ASSISTANCE	PSA ALASKA 211	000:29	010
ALCOHOL ADDICTION	PSA ALCHOLICS ANONYMOUS/DON'T DRINK/DON'T SERVE TEENS	000:29	036
DRUG ADDICTION	PSA ANTI DRUG/COMPUTER/INTERNET/MYSELF/PROM/ INHALANTS/ANTI METH/FORREST	000:30	061
PUBLIC SAFETY	PSA ATV SAFETY/HELMETS	000:30	018
PUBLIC SAFETY	PSA ATV/HELMETS	001:00	018
PUBLIC HEALTH	PSA BREAST CANCER	001:00	021
DOMESTIC VIOLENCE	PSA DOMESTIC VIOLENCE/ANDY GRIGGS	000:30	012
DRUG ABUSE PREVENTION	PSA DRUG ABUSE PREVENTION/SEAMLESS/UNISON/HEAR THAT 2/ JACKIE	000:30	045
DRUNK DRIVING	PSA MADD	000:59	012
DRUNK DRIVING	PSA MADD/BRAD PAISLEY	000:30	011
DRUG ADDICTION	PSA METH ADDICTION/AMANDA/GRAVE	000:30	023
DRUG ADDICTION	PSA METH ADDICTION/DEAN/KARA/MATT/MIKE/RUSSEL/ THOMAS	000:59	068
OBESITY	PSA OBESITY	000:59	011
MILITARY AND VETERANS	PSA PARALYZED VETERANS OF AMERICA/BEN AFFLECK/ ADVOCATING FOR OUR HEROES	000:59	027
TOBACCO ADDICTION	PSA QUIT TOBACCO/UCANQUIT2.ORG	000:29	039
TOBACCO ADDICTION	PSA QUIT TOBACCO	000:59	022
PUBLIC HEALTH	PSA STATE OF ALASKA/STD'S	000:30	033
SUICIDE	PSA TEEN SUICIDE	000:59	016
PUBLIC SAFETY	PSA TIRE MAINTENANCE	000:30	028
MILITARY AND VETERANS	PSA PARALYZED VETS OF AMERICA/CHANGING LE/ MISSION ABE	000:15	197

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
HEALTH AND FITNESS	AMERICAN HEART ASSOCIATION	000:30	012
MILITARY AND VETERANS	SHOW YOUR STRIPES	000:30	015
MILITARY AND VETERANS	SHOW YOUR STRIPES	000:31	001
PEACE	PEACE IN THE STREETS	000:31	003
PEACE	PEACE IN THE STREETS	000:32	006