

KIAK-FM
Fairbanks, AK
Quarterly Issues/Programs List
4th Quarter 2018

January 10, 2019

Issues

KIAK-FM provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

- **Native Organizations/Cultural Diversity:** Indigenous studies programs and unanimous support acknowledges how contributions of Alaska Native peoples and indigenous knowledge enhance education.
- **New Drug Addiction Treatment:** New substance abuse medication is emerging as preferred drug to treat opioid addiction.
- **Drug Addiction:** Meth is becoming more prevalent and having an effect on our children.
- **Elderly:** How one organization is working to assist the State's aging population.

Section I

LOCAL PROGRAMMING

ISSUE	PROGRAM/ TITLE	DESCRIPTION	DATE/ TIME	DURATION
Government Issues/ Native Issues & Concerns/ Adult Education	Interior Scope	Julie Riley, Co-Op Extension Agent, and Sandra Kowalski, Director of Indigenous programs. Julie Riley talked about an upcoming master gardener class and Sandra talked about a day-long Indigenous Peoples Observance coming up at the University of Alaska Fairbanks.	10/7/18 6:07am	14:59
Elderly/ Seniors	Interior Scope	Wendy, Assistant Director of Community Development at the Fairbanks Resource Agency. She discussed the Fairbanks Resource Agency and what its mission is and how it works to assist the state's aging population. She also talked about the upcoming "City Sampler" event coming up and its music, food, and other attractions, plus how its purpose is to support FRA's outreach to seniors.	10/14/18 6:07am	14:45
Economic Development/	Interior Scope	Chip Hind, Access Alaska, and Tamara Shirley, Fairbanks Youth Soccer. They talked about Halloweentown and what it takes to	10/21/18 6:09am	12:1

Child Welfare		put on the event and all of the agencies involved. They also talked about what inspired this huge event, how many volunteers are needed, plus the prep time that is involved. Both of their organizations are also benefitting financially from this along with Pioneer Park, how the funds are divided up and how they will be used. This event helps the younger people as it gives them a place to go on Halloween.		
Public Safety/ Military/ Alcohol-Drug Abuse/ Senior Resources	Interior Scope	Rodney Gaskins, Fairbanks Rescue Mission, discussed the Rescue Mission's "No One Left Behind" event. He also talked about the community needs for the upcoming holiday season.	10/28/18 6:09am	15:3
Elderly/ Seniors/ The Poor Needs	Interior Scope	Anne Weaver, Fairbanks Food Bank, talked about their need for food donations for Thanksgiving to help the less fortunate people who don't have family or friends during the holiday.	11/4/18 6:10am	15:45
Native Issues- Concerns/ Public Health	Interior Scope	Michael Harris, Assoc. UAF Professor, Neuroscience Research Program, discussed why sudden infant death syndrome (SIDS) is 23 times greater for Alaskan Caucasian babies, and five times greater for Native babies than the national average.	11/11/18 6:08am	15:1
Public Safety- Health/ Public Medical Resources	Interior Scope	Jerry Brown, Pharmacist, discussed a drug recall, signing up for health insurance, and making sure prescriptions are filled out properly. Also, he talked about a virus making the rounds in children (AFM), as was a flu vaccine.	11/18/18 6:09am	20:11
Homeless/ Seniors/ The Poor	Interior Scope	Anne Weaver, Fairbanks Food Bank, thanked the community for the help they received over Thanksgiving and also talked about the coming needs at the Food Bank.	11/25/18 6:08am	16:51
Public Health`	Interior Scope	Allisabeth Thurston-Hicks, M.D., discussed Seasonal Affective Disorder (SAD) and how to deal with it with our Alaskan winters.	12/2/18 6:08am	15:56
Elderly/ The Poor/ Holiday Giving	Interior Scope	Les Nichols and 'Santa' for NS Community Foundation and Santa's helpers. He discussed how to help the less fortunate families this holiday season.	12/9/18 6:08am	13:10
Environmental Issues/ Climate Change	Interior Scope	Seth Danielson, UAF college fisheries and ocean services, and Link Olson, Curator at UA Museum of the North. Danielson talked about environmental concerns affecting mammals in the Bering Sea. Olson talked about research underway and UAF's role in a world class scientific study.	12/16/18 6:08am	15:9
Public Safety	Interior Scope	John Antonuk talked about HAM radio, how it works and how it's registered. He also talked about how it helped during the 1964 earthquake in Alaska, and how it can still help during emergencies. He talked about its voice/picture/Morris code uses.	12/23/18 6:09am	16:38
Homeless/ Children Programs	Interior Scope	Jason Kempthorne, Executive Director for Love Inc. He talked about the services that Love Inc. offers for the homeless and about their 'Kid-Fest' event coming up in January.	12/30/18 6:09am	15:0
Medicare/ Elderly/ Drug Addiction	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about Medicare changes for the elderly ages 65 and older. Also, he talked about opiate problems and how insurance covers it. Plus, he talked about problem drug interactions.	11/18/18 8:00am	27:00
Colds/ Flu Medications	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about colds and flu and the medications that work and those that don't. Also, he said if you take something you don't need you can have side effects.	11/25/18 8:00am	27:00
Winter Tips/ Vitamins	Pharmacy Today	Host: Jerry Brown, Pharmacist. He gave tips on staying warm and safe in the winter. He also talked about Omega 3's and anti-inflammatories.	12/2/18 8:00am	27:00
Prescriptions	Pharmacy	Host: Jerry Brown, Pharmacist. He discussed Rx symbols and	12/9/18	26:30

	Today	how to correctly read the instructions on your prescriptions.	8:00am	
Storage of Prescriptions	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about the proper way to store your prescriptions. Also, he talked about how to keep your prescriptions out of the reach of your children.	12/16/18 8:00am	27:00
Best Vitamin Practices	Pharmacy Today	Host: Jerry Brown, Pharmacist. He talked about the good and bad practices – vitamin C and vitamin D best practices. He also said beware of taking too much of any vitamins.	12/23/18 8:00am	26:7
Vitamin's Benefits	Pharmacy Today	Host: Jerry Brown, Pharmacist. He discussed antioxidants and essential vitamins. CO Q10=the benefits.	12/30/18 7:58am	26:31

Section II

SYNDICATED PROGRAMMING

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Alcohol/ Drug Abuse	STEPPIN' OUT HOUR 1	Reva's childhood was an unhappy one & she tried to commit suicide. She later found that alcohol helped quell her anxiety. Sobriety came later, and only with the clarity that came from controlling her disease.	Reva	10/07/18 6:51am	047:34
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 2	Raymond is an alcoholic and an addict. Growing up with an alcoholic mother, he now knows it was booze which killed his mom. His drinking took over his life to the point he twice attempted suicide. He would up in psychiatric care where a nurse told him that he wasn't mentally ill, but that he drank too much.	Raymond	10/07/18 8:01am	047:35
Alcohol Abuse /Gambling Addiction	STEPPIN' OUT HOUR 1	Adam thinks he was born an alcoholic. His drinking led to money problems, including divorce and jail for non-payment of debts. He eventually started attending AA meetings.	Adam	10/14/18 6:41am	047:34
Gambling Addiction	STEPPIN' OUT HOUR 2	Jeff is a recovering gambling addict. He got in so deep he lost his marriage; so far in debt he decided to take his own life.	Jeff	10/14/18 8:01am	047:35
Alcohol/ Drug Abuse	STEPPIN' OUT HOUR 1	Gary Mendell was a high-profile CEO of an exclusive hotel chain. His son, Brian, started abusing alcohol & drugs at 14 but sadly lost the battle. Now, Gary is the chairman of Shatterproof, an advocacy group seeking to increase funding for addiction research to spread awareness to families.	Gary	10/21/18 6:51am	047:34
Drug Addiction	STEPPIN'	Alessandra Rain, recognized expert on	Alessandra	10/21/18	047:49

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	OUT HOUR 2	addiction drugs. After an accident, she became addicted to pain killing medicine which made her depressed and insomniac.		8:00am	
Alcohol/ Drug Abuse	STEPPIN' OUT HOUR 1	Lee McCormick hit the road as a singer songwriter. He plunged into the lifestyle head first & headstrong. He barely woke up one day and realized he had an out-of-control drug problem. His inward journey took him to Native American & Mesoamerican shamans & healers who opened him up to a universal view of life & a new paradigm for addiction treatment.	Lee	10/28/18 6:59am	047:32
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 2	Michelle started taking a drink after school every day and kept repeating the drink daily. That led to drug use, including hard drugs like ecstasy.	Michelle	10/28/18 7:59am	047:33
Alcohol Abuse /Al-Anon	STEPPIN' OUT HOUR 1	Petra thought love was "taking care of someone." She always picked men who needed rescuing." This behavior almost sent her over the edge but she has found her way back through Al-Anon.	Petra	11/04/18 6:58am	048:28
Gambling Addiction	STEPPIN' OUT HOUR 2	Howard is a compulsive gambler. He's not sure why it appealed to him, but he can remember his father bragging about gambling wins. He even had a secret bank account, hidden from his wife.	Howard	11/04/18 7:58am	047:36
Alcohol/ Drug Abuse/Gambling Addiction	STEPPIN' OUT HOUR 1	Ron was introduced to alcohol at an early age. His drinking led to drugs, as he smoked pot & he soon became out-of-control. His mother gave him an ultimatum; her own brother committed suicide while in the throes of addiction. By the time Ron was 16 years old, he was sober.	Ron	11/11/18 6:58am	047:35
Gambling Addiction	STEPPIN' OUT HOUR 2	Ronnie's gambling began late in life. She moved to Las Vegas to find work but never found any work, the boyfriend she wanted then her brother passed away. She found the sport of gambling to be distraction and within a year was no longer gambling a few bucks, but the car payment.	Ronnie	11/11/18 7:58am	047:35
Alcohol/ Drug Abuse/Emotions Addicts	STEPPIN' OUT HOUR 1	Gerry Cooney went from an amateur boxer to professional prizefighter at age 19. But as quickly as he rose through the ranks, he fell from greatness into a pit of	Gerry Cooney	11/18/18 7:00am	047:36

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		alcohol. He drank to ease the pain but later realized he spent much of life trying to prove his father wrong.			
Alcohol/ Drug Abuse/ Compulsive Debtor	STEPPIN' OUT HOUR 1	John worked as a senior editor in NYC but crystal meth forced him to walk away from his well-paying job only to wind up on public assistance. He became focused on getting high and engaging in drug-fueled dangerous sex.	John	11/25/18 6:59am	047:37
Alcohol Abuse/ Gambling Addiction	STEPPIN' OUT HOUR 1	Andrew is a member of the "Double Winners" – people who achieved sobriety through both AA and Al-Anon. At age 15, his drinking had led to drug use, dropping out of school, getting kicked out of the house and getting in trouble with the law.	Andrew	12/02/18 6:58am	047:36
Alcohol/ Drug Abuse/Gambling Addiction	STEPPIN' OUT HOUR 1	Paul's last bet was many years ago. He started gambling when he was a youngster and as he grew up, he got married, but his gambling persisted, progressing to the point he was lying to his wife about his whereabouts.	Paul	12/09/18 6:58am	047:33
Sexual Abuse-Addiction/ Alcohol Abuse	STEPPIN' OUT HOUR 1	John is an Al-Anon member, who found he could not be stable in relationships. Both his parents were alcoholics and abusive. His own mother sexually abused him. From this, he adopted a mantra that all people were not to be trusted.	John	12/16/18 7:01am	047:36
Sex-Love Addiction	STEPPIN' OUT HOUR 1	Dave is a sex and love addict. His father was very success-oriented and there was a lot of pressure to perform to high expectations both in school and life. He's not sure why or how that might have translated to his adult dating life, but he says he has problems finding partners with whom he feels he could have love relationships.	Dave	12/23/18 7:00am	047:35
Alcohol Addiction	STEPPIN' OUT HOUR 1	Pete is an alcoholic who had his first drink at age 13. Despite being a child of alcoholics in recovery, he still became one himself.	Pete	12/30/18 6:58am	047:29

Section III

PUBLIC SERVICE ANNOUNCEMENTS

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
PUBLIC ASSISTANCE	PSA ALASKA 211	000:29	004
ALCOHOL ADDICTION	PSA ALCHOLICS ANONYMOUS	000:29	008
DRUG ADDICTION	PSA ANTI DRUG/SIMON SAYS/ANTI INHALANTS/ANTI METH/FORREST	000:30	013
SCHOOL ACTIVITIES	PSA ASAA/ALASKA SCHOOL ACTIVITIES ASSOC	001:00	050
PUBLIC SAFETY	PSA ATV SAFETY/HELMETS	000:30	020
NICOTINE ADDICTION	PSA DEPT OF HEALTH/QUIT SMOKING/CESSATION TIPS/TOBACCO CONTROL ALLIANCE	001:00	034
DOMESTIC VIOLENCE	PSA DOMESTIC VIOLENCE/ANDY GRIGGS	000:30	005
UNDERAGE DRINKING	PSA DON'T DRINK/DON'T SERVE TEENS	000:30	010
TEXTING/DRIVING	PSA DON'T TEXT & DRIVE	001:00	007
DRUG USE/ABUSE/PREVENTION	PSA DRUG ABUSE PREVENTION/SEAMLESS/UNISON/RECOVERY/HEAR THAT 2/JACKIE	000:30	039
PUBLIC HEALTH	PSA FIGHTING FLU/SARA EVANS	001:00	019
PUBLIC HEALTH	PSA IMMUNIZATIONS	000:59	008
DRUNK DRIVING	PSA MADD/BRAD PAISLEY	000:59	009
DRUG ADDICTION	PSA METH ADDICTION/AMANDA/GRAVE	000:30	022
DRUG ADDICTION	PSA METH ADDICTION/DEAN/KARA/MATT/MIKE/RUSSEL/THOMAS	000:59	093
OBESITY	PSA OBESITY/OBESITY ACTION COALITION	000:59	010
MILITARY AND VETERANS	PSA PARALYZED VETERANS OF AMERICA/BEN AFFLECK/MISSIE/ADVOCATING FOR OUR HEROES/CHANGING LIVES/SOLDIER SAYS THANKS/VETS HELPING VETS	000:59	053
MILITARY AND VETERANS	PSA PARALYZED VETS OF AMERICA/CHANGING LIVES/MISSION AE/SOLDIER SAYS THANKS/VETS HELPING VETS	000:30	014

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
NICOTINE ADDICTION	PSA QUIT TOBACCO/UCANQUIT2.ORG	001:00	030
SCHOOL SHOOTINGS	PSA SCHOOL SHOOTINGS	001:00	006
PUBLIC SAFETY	PSA SMOKE DETECTOR SAFETY	000:29	005
PUBLIC HEALTH	PSA STATE OF ALASKA/STD'S	000:30	010
BULLYING	PSA STOP BULLYING	001:00	009
TEEN SUICIDE	PSA TEEN SUICIDE	000:59	006
PUBLIC SAFETY	PSA TIRE MAINTENANCE	000:31	015
VOLUNTEERING	PSA YOUNG VOLUNTEERS	001:00	011
BULLYING	CRISIS TEXTLINE	000:30	005
COMMUNITY INVOLVEMENT	CRISIS TEXTLINE	000:30	017
COMMUNITY INVOLVEMENT	L'OREAL	000:30	010
DISASTER RELIEF	100 ROOFS	000:30	014
DISASTER RELIEF	RED CROSS	000:30	016
HEALTH AND FITNESS	RED	000:30	017
MOTOR VEHICLE SAFETY	PROJECT YELLOW LIGHT	000:30	012