KIAK-FM

Fairbanks, AK Quarterly Issues/Programs List 4th Quarter 2017

January 10, 2018

Issues

KIAK-FM provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

- Native Organizations/Cultural Diversity: Indigenous studies programs and unanimous support acknowledges how contributions of Alaska Native peoples and indigenous knowledge enhance education.
- New Drug Addiction Treatment: New substance abuse medication is emerging as preferred drug to treat opioid addiction.
- **Domestic Violence:** Program that helps those who commit domestic violence or abuse.
- Vocational Education: The non-traditional student vocational education was discussed.
- Veterans & Active-Duty Military: Program to offer therapeutic intervention by teaching veterans how to train service dogs.

Section I

LOCAL PROGRAMMING

ISSUE	PROGRAM/ TITLE	DESCRIPTION	DATE/ TIME	DURATION
Youth Court	Interior	Jolee Giuchici, United Way Development Director and Jazzanne	10/1/17	15:20
Process	Scope	Gordon-Fretwell, Executive Director of North Star Youth Court.	6:11am &	
	_	They discussed the North Star Youth Court, a peer diversion	7:16pm	
		program for youth; how it works, and where it operates and who	_	
		can participate. It operates as a court would and is recognized by		
		the state. They also talked about its member agency with United		
		Way and how they both can be contacted for support.		
Native	Interior	Evon Peter, UAF Chancellor for rural, community and native	10/8/17	14:32
Organizations/	Scope	education. He talked about Indigenous Peoples Day which is	6:11am &	
History/	1	celebrated throughout the University of Alaska system.	7:14pm	
Cultural		Highlighted is indigenous studies programs, native student	_	
Diversity		organizations, history, language and cultural diversity. The		
•		unanimous support for this special day acknowledges how the		
		contributions of Alaska Native peoples and indigenous		

		knowledge enhance education provided by the University of Alaska.		
New Addiction Treatment Clinic/ Public Health/ Alcoholism	Interior Scope	Bob Hilleman, PAC Ideal Option Clinic. Mr. Hilleman is a physician assistant with nearly 20 years of experience in emergency, family and substance abuse medicine. He talked about suboxone, which is emerging as a preferred drug to treat opioid addiction.	10/15/17 6:09am & 7:16pm	15:53
Economic Development/ Government Issues/ Native Issues-Concerns	Interior Scope	Andrew Gray, research ecologist & leader of Vegetation Monitoring Science & Applications Team; Kate Legner and Brendt Mueller, Alaska-based supervisory biological scientists. They talked about, this summer, their research team inventorying portions of interior Alaska as part of the national Forest Inventory and Analysis (FIA) Program, essentially the nation's "Forest Census." The vast Interior – whose forests represent 15% of total U.S. forest land – was only recently added to the inventory program.	10/22/17 6:09am & 7:14pm	15:49
Public Health/ Elderly/ Seniors	Interior Scope	Joan Adams, Fairbanks Alzheimer's Resource of Alaska, discussed programs available for patients and caregivers of Alzheimer's patients.	10/29/17 6:10am & 7:12pm	16:19
Public Health/ Alcohol/ Drug Abuse/ Native Issues	Interior Scope	Leslie Shallcross, Assoc. Professor, Bob Parr, Community Technical College addiction counseling training, and Patti Picha, academic advisor at CTC. Leslie talked about nutrition and meal planning; Bob talked about human services and addiction counselors; Patti talked about how to become involved with vocational training.	11/5/17 6:10am & 7:11pm	14:56
Child Welfare/ Elderly/ Seniors The Poor/ Child Welfare/ Military Issues	Interior Scope	Anne Weaver, Executive Director, Fairbanks Community Food Bank, talked about the Thanksgiving boxes the Food Bank gives out. This year is a bit more important because donations are down and, the numbers of families in need are also up. She also talked about what comes after the holidays when people don't feel they can be as generous.	11/12/17 6:10am & 7:15pm	16:14
Domestic Violence	Interior Scope	Lisa Hay & Giles, staff members with the L.E.A.P. program. They talked about L.E.A.P. (Learning to End Abuse Permanently) program that helps those who commit domestic violence or abuse, and the different perspectives and situations of those who abuse. They also talked about the positive feedback from those who have been helped.	11/19/17 6:10am & 7:15pm	16:1
Child Welfare/ Elderly/Seniors/ The Poor	Interior Scope	Bill Wright with United Way spoke about how people could give through the United Way.	11/26/17 6:09am & 7:15pm	16:2
Child Welfare/ Elderly/Seniors/ The Poor	Interior Scope	Bill Wright with United Way spoke about how people could give through the United Way.	12/3/17 6:10am & 7:09pm	16:2
Military Issues/ Elderly/ Senior Programs	Interior Scope	Betsey Jacobs, Paws for Purple Hearts, discussed the Paws for Purple Hearts program and how it benefits veterans in Fairbanks. It is the first program of its kind to offer therapeutic intervention for veterans and active-duty military personnel. It teaches those with post-traumatic stress disorder (PTSD) to train service dogs for fellow veterans with combat-related disabilities. The dog/veteran trust is built upon the tradition of veterans helping veterans.	12/10/17 6:09am & 7:12pm	17:12
Fire Safety/ Non-traditional Students/ Vocational	Interior Scope	Andy Anger, Professor/Advisor Community Tech College, and Mark Young, Professor at CTC, both talked about the adult non-traditional student vocational education. Julie Riley, Cooperative Extension Horticulturist, talked about fire safety with live	12/17/17 6:10am & 7:13pm	14:55

Education		Christmas trees in the house.		
			10/04/17	15.45
City Jobs/	Interior	Jim Matherly, Fairbanks Mayor, discussed the mayor's priorities	12/24/17	15:45
Government	Scope	for the city and the issues facing the city: revenue and income,	6:07am &	
Issues/ Drug		homelessness and drug use/abuse. Cannabis income was	7:16pm	
Abuse/		discussed as were road construction projects and the need for		
Alcoholism/		dispatchers at the police department. He also talked about snow		
Homelessness		plowing of dilapidated properties.		
Child Welfare	Interior	Marylee Bates, Fairbanks Youth Advocates, talked about their	12/31/17	16:44
	Scope	shelter for homeless youth.	6:07am &	
			7:15pm	

Section II
SYNDICATED PROGRAMMING

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Harold Owens/ Musicares	STEPPIN' OUT HOUR 1	In 1999, Harold Owens was hired by the Musicares Foundation, the charity arm of The Recording Academy (the Grammy Organization). As a senior director of the MusiCares/MAP Fund, he is responsible for the implementation of all aspects of its addiction recovery programs including treatment services, case management and provider contracts. He is also a frequent moderator and panelist at a number of national music industry conferences that address the problems of addiction in the music and entertainment communities.	Harold Owens	10/01/2017 07:00 AM	047:36
Alcohol Addiction	STEPPIN' OUT HOUR 2	Meghan recalls how she spent her life in high school trying to impress her peers. She had her first drink at age 16, which years later when entering recovery she believed was too late in life to be considered an alcoholic. Her teenage drinking led to a manic existence; experimenting with drugs and dangerous behavior but also trying to maintain her grades, even into college.	Meghan	10/01/2017 08:00 AM	047:33
Parental Abuse	STEPPIN' OUT HOUR 1	The Painting and the Piano is an improbable story of survival and love. Growing up more than a thousand miles apart and worlds away from each other, Johnny Lipscomb & Adrianne Lugo seemed to have all that children could ask for. However, the demons of their	John Lipscomb & Adrianne Lugo	10/08/2017 06:58 AM	047:32

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		respective mothers would tear their fragile young lives apart. Eventually, destiny would bring them together, but first they had to endure the painful toll that alcohol, drugs, and a negligent court system would take on them.			
Gambling	STEPPIN' OUT HOUR 2	Sean Grew up in a neighborhood in which if you didn't gamble, you didn't belong. He started gambling at a young age. He started working a normal job later but would take his paycheck gambling. His descent increased and he lost everything. David's first time gambling was at age six. His father taught him to play poker, making penny bets, and it soon became a family activity. As an adult, David now knows his father, who showed him how to gamble, had a gambling problem himself. Gambling began to consume his life.	Sean/ David	10/08/2017 07:58 AM	047:33
Alcohol Addiction	STEPPIN' OUT HOUR 1	Born in Europe, Reva's childhood was an unhappy one, and depression set in so badly she tried taking her own life at age 13. She survived but upon waking from a deep sleep, she learned nobody in her family had even noticed. When she turned 21 she started drinking to quell her anxiety. Raymond is an alcoholic and an addict. He grew up with an alcoholic mother and he would sneak drinks as a child. His drinking persisted and it took over his life to the point he twice attempted suicide. He would up in psychiatric care where a nurse told him he wasn't mentally ill, but that he drank too much.	Reva/ Raymond	10/15/2017 07:01 AM	047:34
Alcohol Addiction	STEPPIN' OUT HOUR 2	Tommy took his first drink at age 11. His regular drinking started at 13. His mother beat him when he came home drunk. He dropped out of school by age 16 and started working. His drinking took up too much of his time and he soon lost his job & would up homeless. Kim grew up in a "beautiful suburb" as an only child of a "severe" alcoholic father. In her early teens, she began drinking herself. She soon had a new favorite activity and she needed the	Tommy/Kim	10/15/2017 08:01 AM	047:34

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		alcohol just to have the courage to leave the house.			· · · · · · · · · · · · · · · · · · ·
Family of Addicts	STEPPIN' OUT HOUR 1	Petra though love was "taking care of someone." She always picked men who "needed rescuing." Her absorption with "care-taking" almost sent her over the edge. Greg has been married three times, to two different women. He felt the only way he could earn love was to completely devote himself to making their lives better. It led to a life of isolation, and not until he entered recovery could he see that his issues with women stemmed from his unhealthy relationship with his mother.	Petra/Greg	10/22/2017 06:59 AM	047:34
Gambling	STEPPIN' OUT HOUR 2	Howard is a compulsive gambler. He started as a young man making innocuous bets, but soon lost his control. Anthony grew up in a gambling-free household. Anthony's luck was unreal; he made enough money in one summer to buy a house. But his luck ran out soon later, leaving him desperate.	Howard/ Anthony	10/22/2017 07:58 AM	047:33
Couples in Recovery	STEPPIN' OUT HOUR 1	Adam thinks he was born an alcoholic. His drinking led to money problems, including divorce and jail for non-payment of debts. Come one future day during a business trip, Adam met Susan. While they hit it off, Adam didn't keep in contact, but by chance they met again in an AA meeting.	Adam	10/29/2017 07:01 AM	047:32
Families in Recovery	STEPPIN' OUT HOUR 2	Jeff is a recovering gambling addict, and his adult son Michael is a member of Gam-Anon which has helped him return to his own life to his control after growing up raised by an addict. He got in so deep he lost his marriage so far in debt he decided to take his own life. When his suicide attempt failed, he called his son. Instead of asking for real help, Jeff asked Michael for money.	Jeff	10/29/2017 08:01 AM	047:33
Sexual Addiction	STEPPIN' OUT HOUR 1	Tim is recovering from addiction to sex. Tim's mother had "poor boundaries" with regard to how she dressed around him as a young child. Following his parents' divorce, his mother would	Tim/ Dan	11/05/2017 06:59 AM	047:36

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		insist on being sexually explicit with him while he was a teenager. Dan admits to being a sex addict. He would seek sex from prostitutes 4 nights a week. He got a high from seeking out a prostitute that would fit his fancy, and he was married.			
Alcohol Addiction	STEPPIN' OUT HOUR 2	Dean's first drinks came in his early teens, sneaking drinks from the parents' liquor cabinet. By 19, he became a daily drinker and by 21, he drank himself into a 2 ½ month long blackout. LaRoco is celebrating four years sobriety at the age of 31. After graduating college, life for her started to become difficult. A weird expedition around the world exposed her to drugs, alcohol and the escape it appeared to provide. While she could agree it was a poor decision, she also felt she was willing to be destroyed by the substance abuse.	Dean/ LaRoco	11/05/2017 07:59 AM	047:32
Drug Addiction	STEPPIN' OUT HOUR 1	Guy is a crystal meth addict who began his addiction while in recovery from alcoholism. He says the two are completely different. Like many, he took meth as a club drug and he found it made him incredibly hypersexual. But it also made him detached from people, even himself, forgetting about hygiene and employment. John worked as a senior editor in NYC, but crystal meth forced him to walk away from his well-paying job only to wind up on public assistance. His drug abuse began later in life, almost as if a mid-life crisis. And so his life became focused on getting high and engaging in drug-fueled dangerous sex. He burned through his cash, his savings and his retirement funds.	Guy/ John	11/12/2017 06:58 AM	047:37
Debt Addiction	STEPPIN' OUT HOUR 2	Wendy woke up one day to find herself in more than \$19,000 in debt, months behind in rent, and reliable on her parents generosity to pay for most of her basic needs. Her life was unbearable come the first of each month, but she felt entitled to buy things she couldn't afford on credit. Her eye-opening	Wendy/Roy	11/12/2017 07:58 AM	047:39

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		moment came when asking her parents again for money, and they told her she was draining their retirement assets. Roy is a compulsive debtor and underearner. His first debts were incurred during his childhood, as he would borrow from his parents who never required him to repay these "loans." He now thinks that's how his bad relationship with money began. He worked freelance, for the most part, and many of accounts payable that he neglected collecting from went bankrupt and he soon found himself without income and behind on the rent.			
Family of Addicts	STEPPIN' OUT HOUR 1	Ananda entered recovery via Al-Anon after wanting to end her own life. She grew up in a home with alcoholic and drug-addicted parents. Her parents were cocaine users and eventually dealers, using her to traffic drugs. Irene is a "double winner" – part of a special group of people who are members of the fellowship of both Alcoholics Anonymous and Al-Anon. Both of her parents and her brothers were daily drinkers. She herself began drinking at 15. She would eventually lose her oldest brother to alcoholism, and her parents would not admit the alcohol was a factor.	Ananda/ Irene	11/19/2017 07:00 AM	047:38
Family of Addicts	STEPPIN' OUT HOUR 2	While nobody drank, Dylan's mother was in recovery for substance abuse. His father was emotionally inaccessible. All of this leads Dylan to believe his parents were so damaged by other relatives' addictions they never learned, or couldn't grasp, how to act any differently than people who were addicts. Alcohol has been pervasive in Laura's family and booze made her childhood complicated. Hi bi-polar mother entered a major depression when Laura was born and work ensured her father's absence. For help, the father hired a male caretaker for both Laura and her mother, a man who would drink on duty and molest her.	Dylan/ Laura	11/19/2017 08:00 AM	047:37

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Alcohol Addiction	STEPPIN' OUT HOUR 1	Rachel's first drink came at age 8, and she says that when the booze hit her stomach, it was the most amazing feeling she ever knew. Her drinking grew out of hand very quickly. She became a heavy drunk after college. Her lowest came when she started wetting her bed out of laziness, not wanting to leave her bed. Marianne thinks that even if she never picked up a drink, she would still be an alcoholic. Alcohol was always present in her home growing up Her problem drinking began in high school and continued despite health problems.	Rachel/ Marianne	11/26/2017 07:00 AM	047:38
Alcohol Addiction	STEPPIN' OUT HOUR 2	Jason began drinking in high school and it would eventually cause him to accept the unacceptable in life. He couldn't hold jobs, and his personal relationships ended. He ended up living in homes riddled with pest problems. Ray learned to drink in his youth, by watching his father and other adults. His first rehab visit occurred at age 16, as he was not only drinking excessively, but stealing his sick mother's tranquilizers.	Jason/ Ray	11/26/2017 08:00 AM	047:37
Alcohol/ Drug Addiction	STEPPIN' OUT HOUR 1	Richie Supa is a New York singer/ songwriter with over 300 songs recorded and four solo albums to his name. His greatest personal accomplishment is his 27, year recovery. Over this time, Richie has helped thousands of addicts with his personal insight and inspiring music.	Richie Supa	12/03/2017 06:58 AM	047:33
Tobacco Addiction	STEPPIN' OUT HOUR 2	Jim stopped smoking cigarettes about 8 years ago after trying to quit "about 2,000 times." He said he tried everything available to quit, from pharmaceuticals to hypnosis, and was an early adopter of e-cigarettes. He found out about Swedish snus through the internet and found it satisfied his craving for nicotine and it enabled him to switch from smoking completely.	Jim	12/03/2017 07:58 AM	047:37
Nicotine Addiction	STEPPIN' OUT HOUR 1	Bill had self-esteem issues, and when the "cool kids" offered him to come smoke a cigarette, he jumped at the chance. Now, as an adult, he knows he	Bill	12/10/2017 06:59 AM	047:36

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		had been chasing that feeling of loving the cool feeling. By the time he quit, he was smoking four packs of cigarettes each day.			
Sexual Compulsives Anonymous	STEPPIN' OUT HOUR 2	Even as a young child, Carlito would "play doctor" with anyone; he knew at that early age he was bisexual. As an adolescent, that aspect of his life became more apparent to him. His insecurities, he found, would be alleviated by alcohol and drugs, and that's when he found himself seeking sex as a form of escape and acceptance.	Carlito	12/10/2017 07:59 AM	047:34
Young People in Recovery	STEPPIN' OUT HOUR 1	Pete is an alcoholic who had his first drink at age 13. Despite being a child of alcoholics in recovery, he still became one himself. His drinking was relentless and he was increasingly alone and self-conscious. Jennifer didn't begin drinking until 18 years of age when she went to college. Her high school years were spent in depressive hazes, and so therapists, who sent her brain into a tizzy, medicated her.	Pete/ Jennifer	12/17/2017 07:00 AM	047:30
Young People in Recovery	STEPPIN' OUT HOUR 2	Josh ended his drinking at age 15. His first drink came at age 8 or 9 and he loved it from the very first taste, but his life soon began to disappear. Heading into middle school, he was known as the kid who was constantly intoxicated. His parents, while aware, were powerless. Growing up in South America, Anna was often offered tastes of alcohol at family gatherings when she was a small child, and even then she knew she wanted to drink.	Josh/ Anna	12/17/2017 08:00 AM	047:34
Sex Addiction	STEPPIN' OUT HOUR 1	Barbara is addicted to sex and love, and she shared her story in hopes others can begin to understand the difference between normal sex, love and romance, and those who use them as a "drug of no choice." Her own issues began in childhood and she was encouraged by her mother to have sex often as a teenager. But when her mother passed away, she would engage in sex with numerous men, often strangers.	Barbara	12/24/2017 06:49 AM	047:29

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Sex Addiction	STEPPIN' OUT HOUR 2	Dave is a sex and love addict. His father was very success-oriented, and there was a lot of pressure to perform to high expectations both in school & life. And because of that, Dave found his father was putting himself in control of his life. He's not sure why or how that might have translated to his adult dating life, but Dave has problems finding partners with whom he feels he could have loving relationships.	Dave	12/24/2017 07:59 AM	047:33
Alcohol Addiction	STEPPIN' OUT HOUR 1	Ralph is enjoying a multi-year stretch of sobriety. But before his sobriety began, he spent 43 years using alcohol, being drunk all throughout the time he spent in the Navy, attempting to run a business, being married and raising kids. But his sobriety came when his little grandson refused to kiss him goodnight due to the stench of alcohol; telling him he "stank." Alana went to all the best schools. She and her friends all came from affluent families residing on Park Avenue. Her thinks her first drug was food; she ate to feel good about herself. She then started drinking in her teenage years.	Ralph/ Alana	12/31/2017 06:50 AM	047:29
Alcohol Addiction	STEPPIN' OUT HOUR 2	Bob's taste for alcohol started in childhood, as his father was a drinker. They lived in a home with no heat or indoor plumbing, and alcohol helped him feel warm. Dorothy has decades of sobriety under belt. She provided some tips and motivation for the recovering addict who finds himself surrounded by the ceremonial toasts traditional for New Year's Eve. She said that any city in the world will hold meetings. She recounts how she would spend the holiday alone in her apartment, drinking herself into oblivion.	Bob/ Dorothy	12/31/2017 08:00 AM	047:33

Section III
PUBLIC SERVICE ANNOUNCEMENTS

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
PUBLIC ASSISTANCE	PSA ALASKA 211	000:29	006
ALCOHOL ADDICTION	PSA ALCHOLICS ANONYMOUS	000:29	014
ANTI DRUGS	PSA ANTI DRUG/COMPUTER/INTERNET/MYSELF/ PROM/SIMON SAYS	000:30	044
EDUCATION	PSA ASAA/ALASKA SCHOOL ACTIVITIES ASSOC	000:59	024
PUBLIC SAFETY	PSA ATV SAFETY/HELMETS	000:30	015
PUBLIC SAFETY	PSA ATV/HELMETS	001:00	009
PET ADOPTION	PSA BEST FRIENDS ANIMAL SOCIETY	000:29	025
NICOTINE ADDICTION	PSA DEPT OF HEALTH/QUIT SMOKING/CESSATION TIPS/JESSICA'S ASTHMA TIPS	000:30	015
NICOTINE ADDICTION	PSA DEPT OF HEALTH/QUIT SMOKING/CESSATION TIPS/TIFFANY'S TIPS	001:00	029
DOMESTIC VIOLENCE	PSA DOMESTIC VIOLENCE/ANDY GRIGGS	000:30	008
DRUG USE & ABUSE	PSA DRUG ABUSE PREVENTION/SEAMLESS/UNISON/ HEAR THAT 2/JACKIE/RECOVERY	000:30	052
PUBLIC HEALTH	PSA FIGHTING FLU/SARA EVANS	000:30	008
PUBLIC HEALTH	PSA FIGHTING FLU/SARA EVANS	001:00	013
DRUNK DRIVING	PSA MADD/BRAD PAISLEY	000:59	019
DRUG ADDICTION	PSA METH ADDICTION/AMANDA/GRAVE	000:30	019
DRUG ADDICTION	PSA METH ADDICTION/DEAN/KARA/MATT/MIKE/ RUSSEL/THOMAS	000:59	066
MILITARY AND VETERANS	PSA PARALYZED VETERANS OF AMERICA/BEN AFFLECK/MISSIE/ADVOCATING FOR OUR HEROES/ CHANGING LIVES/SOLDIER SAYS THANKS	000:59	067
MILITARY AND VETERANS	PSA PARALYZED VETS OF AMERICA/CHANGING LIVES/ MISSION AE/SOLDIER SAYS THANKS/VETS HELPING VETS	000:29	040
PUBLIC SAFETY	PSA SMOKE DETECTOR SAFETY	000:29	013
PUBLIC HEALTH	PSA STATE OF ALASKA/STD'S	000:30	032

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
BULLYING	PSA STOP BULLYING	001:00	014
SUICIDE	PSA TEEN SUICIDE	000:59	800
VOLUNTEERING	PSA YOUNG VOLUNTEERS	000:30	007
VOLUNTEERING	PSA YOUNG VOLUNTEERS	001:00	007
COMMUNITY INVOLVEMENT	SMALL BUSINESS SATURDAY	000:30	008
DISTRACTED DRIVING	PROJECT YELLOW LIGHT	000:30	009
HEALTH AND FITNESS	SAVE THE MALES	000:30	006
PUBLIC SAFETY	DEPT OF HOMELAND SECURITY	000:30	014
RED	RED	000:29	015
PUBLIC HEALTH	RED WORLD AIDS DAY	000:30	032