

KIAK-FM
Fairbanks, AK
Quarterly Issues/Programs List
2nd Quarter 2017

July 10, 2017

Issues

KIAK-FM provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

Adult and Youth Literacy: Summer programs offered to adult and young people to get them interested in reading or listening to books.

Suicide Prevention: Alaska has the highest suicide rate in the nation.

Allergy Season: Fairbanks has some of the highest pollen count (birch) in the country.

School District Budget: Opportunities for community members to advocate for education funding.

Free Meals for Children: Ways to have free meals for children that are out of school for the summer.

Section I

LOCAL PROGRAMMING

ISSUE	PROGRAM/TITLE	DESCRIPTION	DATE/TIME	DURATION
Spring/ Summer Gardening	Interior Scope	Steven Seefeldt, PhD, Horticulturist, Cooperative Extension, talked about everything we need to know to get ready to plant the garden, soil preparation, starting seeds, fertilizing, etc.	4/2/17 6:11am & 7:11pm	15:3
Education/ Student-focused Partnerships	Interior Scope	Heather Rauenhorst, Director of Grants, Resources, and Strategic Partnerships, and Tim Erickson, active in Partners in Education participants, and a member of the Bright Futures Fairbanks leadership group. They talked about when organizations connect with the Fairbanks North Star Borough School District, they allow schools and programs to reach beyond their immediate resources to create a stronger learning environment for students. Building student-focused partnerships leads directly to enhanced student learning and success.	4/9/17 6:11am & 7:12pm	16:59

Suicide Prevention	Interior Scope	Morgan Clay, Local Chapter of American Foundation for Suicide Prevention (AFSP), discussed suicide prevention plus local avenues for people to find help, along with the annual Out of the Darkness community walk.	4/16/17 6:10am & 7:15pm	15:3
Indigenous People	Interior Scope	Thomas McGovern, guest speaker, and Dr. Mary Erlander, Professor of History, talked about the impact of Western Europeans on indigenous Alaskans.	4/23/17 6:10am & 7:17pm	15:6
Environmental Protection/ Sustainable Development	Interior Scope	Larry Hinzman, Vice-Chancellor for Research at UAF, and David Vandenberg, Executive Director of the Downtown Assoc. of Fairbanks. The discussed the upcoming "Week of the Arctic," and how it is highlighting Fairbanks' strategic importance, being where it is in relation to the Arctic region. The upcoming visits by high-level government officials were discussed as was Fairbanks status as research hub and business spot. The community event – as part of "Week of the Arctic" – was also discussed along with its vendors and food, and entertainment.	4/30/17 6:10am & 7:05pm	15:1
Elderly/ Seniors/ The Poor	Interior Scope	Ann Weaver and Mike Shultz for the Fairbanks Food Bank talked about the food they provide for the community and how people can help.	5/7/17 6:10am & 7:15pm	15:48
Public Health/ Skin Care for Summers in Fairbanks	Interior Scope	Dr. Kimberly Wonderlich, Dermatologist at Wonderlich Dermatology in Fairbanks. She talked about what the #1 rule is for good summer skin care with all of the daylight we have, and the differences in skin care for different age and gender groups. Plus, she discussed some of the issues unique to us like mosquitos, eczema, sun, wind, water burns, skin cancer, and how do we treat them, plus at what point should we seek care or treatment from a medical professional.	5/14/17 6:10am & 7:14pm	16:35
School District Budget/ Education Funding/ Free Meals for Children	Interior Scope	Dr. Karen Gaborik, Fairbanks North Star Borough School District, talked about the school district budget for next year and what opportunities for community members to advocate for education funding. She also talked about having free meals available for children this summer, plus the Administrative Center instituting summer hours, and where else community members will see a school district presence?	5/21/17 6:10pm & 7:12pm	15:23
Adult Literacy/ Cross Age Tutoring/ School Age Literacy	Interior Scope	Mike Kolasa, Literacy Council of Alaska, discussed the Literacy Council's adult literacy program to address the needs of learners studying English as a second language or improving reading and writing skills. He also discussed the school age literacy program which they are serving nearly 40 at-risk youth in Fairbanks. He talked about the summer cross age tutoring program that involves teens, aged 14-18, who volunteer to tutor elementary school children.	5/28/17 6:09am & 7:14pm	15:26
Public Health/ Allergies	Interior Scope	Dr. Timothy Foote, M.D., Tanana Valley Clinic, talked about this year's allergy season and ways to reduce its impact on individuals. Fairbanks has some of the highest pollen count (birch) in the country.	6/4/17 6:11am & 7:15pm	15:0
Child Welfare/ Elderly/ Seniors/ The Poor	Interior Scope	Jolee Giuchici, Development Director for the United Way of the Tanana Valley, discussed what United Way does (bringing charitable organizations the funds they need, through donors and fundraisers). She also talked about a couple of upcoming events: the Dessert auction on 8/29/17 and "Day of Caring" on 9/11/17.	6/11/17 6:10am & 7:13pm	15:23
Economic Development/	Interior Scope	Jeremiah Schrok, Fairbanks Downtown Association, shared details of the Midnight Sun Festival, and talked about	6/18/17 6:09am &	16:21

Downtown Development		downtown development and what downtown has to offer.	7:13pm	
Public Health/ Child Welfare/ Public Medical Resources	Interior Scope	Dr. Jon Woller, Woller Family Dentistry, discussed how poor oral health can impact your overall health. He also talked about the new research linking our oral health to things like heart and breathing issues.	6/25/17 6:10am & 7:14pm	17:38

Section II

SYNDICATED PROGRAMMING

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Debt Addiction	STEPPIN' OUT HOUR 1	Trish is a personal trainer who earns good money per hour, but would not take on enough work to live the lifestyle she preferred. Credit cards would help make up the difference. Soon she hit "rock bottom" when she realized the money was just not enough. Justin attends Debtors' Anonymous not because he has a debt problem, but because he won't spend. He would hoard his money, and go without basic necessities, out of fear of not being able to control his finances.	Trish/ Justin	04/02/2017 06:59 AM	047:35
Alcohol Addiction	STEPPIN' OUT HOUR 2	Lauren had a taste of beer at age six or seven it felt good. But by age 14, she became a regular drinker. She had dreams of being an actress which she now knows she derailed by her using alcohol. Frank grew up in Ireland, where he learned to drink. He began a life of partying and drinking and was so excessive he found himself near penniless. His drinking changed his personality, and he was no longer the happy, fun drunk, but a man who outwardly was depressed and mean.	Lauren/ Frank	04/02/2017 07:58 AM	047:34
Food & Alcohol Addiction	STEPPIN' OUT HOUR 1	Pat was a food addict in recovery when she began drinking. Most of her life she was overweight and had a severe addiction to food. Through the course of normal celebrations, Pat would drink alcohol.	Pat	04/09/2017 06:59 AM	047:35

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Gambling & Debt Addiction	STEPPIN' OUT HOUR 2	Arnie today owns a line for those seeking an end to their addiction to gambling. He thinks online gambling is the newest form of crack cocaine, as it affects people across racial, social and economic lines. But it wasn't long ago that Arnie himself was a slave to his need to make bets.	Arnie	04/09/2017 07:59 AM	047:35
Sex Addicts in Recovery	STEPPIN' OUT HOUR 1	Tim is recovering from addiction to sex. He can look back at his family and see the genesis of his addiction. Following his parents' divorce, his mother would insist on being sexually explicit with him while he was a teenager. Dan begins by admitting to being a sex addict. He would seek sex from prostitutes in NYC – 4 nights a week. One day he wondered if he could go without buying sex, and though he tried, he could not.	Tim/ Dan	04/16/2017 06:58 AM	047:33
Alcohol Addiction	STEPPIN' OUT HOUR 2	Dean insists he grew up in a “normal” family in the New Jersey suburbs. His first drinks came in his early teens. By 19, he became a daily drinker and by 21 he drank himself into a 2 ½ month-long blackout. LaRoco is celebrating four years sobriety at the age of 31. She rarely ever drank as a teenager and had a true fear of drugs. But after graduating college, life for her started to become difficult, and she felt she was willing to be destroyed by substance abuse.	Dean/ LaRoco	04/16/2017 07:58 AM	047:33
Alcohol Addictions & Families	STEPPIN' OUT HOUR 1	Andrew achieved sobriety through both Alcoholics Anonymous and Al-Anon. At age 15, his drinking had led to drug use, dropping out of school, getting kicked out of the house and getting in trouble with the law. John is both a recovering alcoholic, and seeks support from Al-Anon, the fellowship aimed at helping family members of alcoholics.	Andrew/ John	04/23/2017 06:59 AM	047:35
Alcohol / Drug Addiction	STEPPIN' OUT HOUR 2	Adam never used drugs as a child due to a strange desire always to be a “good kid.” Drinking led to drugs. The worst came when trying crystal meth with a sex partner. Very quickly he became a daily user of meth.	Adam/ Pablo	04/23/2017 07:58 AM	047:30

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		Pablo started doing drugs at age 12 with his older brother. His first time at college, he learned to start drinking, which led to hard drugs like crystal meth, which he says ruined his life.			
Food Addiction	STEPPIN' OUT HOUR 1	Claire is a food addict, which she says is a bit different from being an "overeater." They are not overeaters, often, but they use food and its ingredients as a drug. Claire feels she was born with an addiction to sugary and floury foods, and she's now "sober." Sue didn't know her desire to eat certain foods was an illness. She put on significant weight as a teen. She now realizes she had trouble feeling love and that she used the food to fill what she says was a feeling of emptiness.	Claire/ Sue	04/30/2017 07:01 AM	047:31
Food Addiction	STEPPIN' OUT HOUR 2	Jim's relationship with food has always been painful. He was an obese child whose life was focused on eating. As an adult, he can now look back and see how his entire family would use food as their drug. Millie was rarely permitted to eat sweets as a child. She never felt she had a problem, though, as she was feeling free to eat the way she wanted. She changed from a slim teenager to an obese adult.	Jim/Millie	04/30/2017 08:00 AM	047:33
Pitfalls of Addiction	STEPPIN' OUT HOUR 1	Actor Jeff Wincott has appeared in 30 movies, 150 appearances on television and the lead in the award winning TV series. He just made his directorial debut with the short film "Behind Bars." It's a dramatic look at the pitfalls of addiction. Dr. Gerald Fishkin earned his PhD in clinical psychology, and has been in private practice since 1970. He is an expert in clinical and forensic hypnosis, and has worked with witnesses of violent crimes in scene reconstruction as well as aided in suspect identification.	Actor Jeff Wincott/ Dr. Gerald Fishkin	05/07/2017 06:59 AM	047:31
Addiction/ Recovery	STEPPIN' OUT HOUR 2	Dr. Kitty Harris Wilkes is the author of Women and Recovery-Finding Hope, and co-editor of Substance Abuse Recovery in college. She served for twelve years as the Director of the Center for the Study of Addiction & Recovery (CSAR).	Dr. Kitty Harris Wilkes	05/07/2017 07:58 AM	047:30

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Personal Evolution	STEPPIN' OUT HOUR 1	With two #1 Comedy Central specials to his credit, comedian and transformational speaker, Kyle Cease is a keynote speaker, igniting audiences through his unique blend of comedy and personal evolution.	Kyle Cease	05/14/2017 06:59 AM	047:30
Food Addiction	STEPPIN' OUT HOUR 2	Joe comes from a background of food. His Italian family revolved around meals; the grocery shopping, the preparation, and the family fathering around the table. He remembers the adults in his life praising his huge appetite which made him think that eating would earn him praise and love. But the reverse became true for Joe as he grew into his teens, when classmates would reject him due to obesity.	Joe	05/14/2017 07:58 AM	047:34
Codependents Anonymous	STEPPIN' OUT HOUR 1	Joya is a recovering alcoholic who found herself part of another group suffering from a dysfunction involving relationships with other people. She began dating another person in her AA program despite her sponsor's warning against it. She found herself often repulsed by him but unable to break off her relationship with him, seeking his affection constantly.	Joya	05/21/2017 07:00 AM	047:33
Alcohol Addiction	STEPPIN' OUT HOUR 2	Richard has spent many years under the influence of alcohol. His drinking began at age 12. He now knows he would spend the next 20 years chasing that high. Booze gave way to drug use. One night while drinking, he was in a horrible car accident that left him in the hospital for nearly a year.	Richard	05/21/2017 08:00 AM	047:35
Addiction Experts	STEPPIN' OUT HOUR 1	Dr. Huckaby has spent his career helping people in times of crisis, providing both expert care and compassion. He is passionate in his belief that addictions are treatable diseases and that addiction experts must carry this message to all patients and physicians. Stacy McKinney is a commercial lines marketing executive at a large insurance agency. She has been sober since 2015.	Stacy McKinney/ Dr. Timothy Huckaby	05/28/2017 06:59 AM	047:27
Depression-Bipolar Support Alliance	STEPPIN' OUT HOUR 2	Ralph projected an image of success as an ambitious, successful businessman, and a competitive body-builder. His	Ralph	05/28/2017 07:59 AM	047:31

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		struggle and story of addiction began early, as he self-medicated; seeking escape with steroids, alcohol, heroin, crack & anything else he could get his hands on.			
Family of Addicts/ Al-Anon	STEPPIN' OUT HOUR 1	Ananda entered the recovery process via Al-Anon after wanting to end her own life. She grew up in a home with alcoholic and drug-addicted parents. Her parents later became cocaine users & dealers, got divorced, and used 8 year-old Ananda to traffic the drugs. Her mother's new husband would sexually abuse Ananda. Irene is a part of a special group of people who are members of the fellowship of both Alcoholics Anonymous and Al-Anon. Both her parents and her brothers were daily drinkers. She herself began drinking at 15. She would eventually lose her oldest brother to alcoholism.	Ananda/ Irene	06/04/2017 07:01 AM	047:32
Family of Addicts/ Al-Anon	STEPPIN' OUT HOUR 2	Dylan grew up in an immediate family in which nobody drank. What Dylan came to learn is that his parents were so damaged by other relatives who were addicts that they didn't know how to act any differently despite their non-substance abuse. Laura says alcohol has been pervasive in her family; she even recently learned that when her family first arrived in the New World, they operated a whiskey importing business. Her father hired a male caretaker for both her and her mother, and only years later would Laura admit to herself that this caretaker would sexually abuse her.	Dylan/ Laura	06/04/2017 08:01 AM	047:34
Nicotine Addiction	STEPPIN' OUT HOUR 1	Bill looks back at his life and sees what should have been a normal life. At age 13, he smoked cigarettes with the "cool kids." He would smoke longer than 30 years. But while using nicotine, he would constantly chase that feeling of "being cool." Bill's quest led him to abuse alcohol.	Bill	06/11/2017 06:58 AM	047:34
Nicotine Addiction	STEPPIN' OUT HOUR 2	Linda began smoking out of hopes it could make her look "cool" and "grown up" but that it could also help her stay	Linda	06/11/2017 07:58 AM	047:30

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		thin. While Linda avoided becoming an alcoholic like her mother, she wound up with a multi-pack per day use, thinking she could stop anytime she wanted.			
Cocaine Addiction	STEPPIN' OUT HOUR 1	Giovanni distinctly remembers why he started drinking – it felt good. But after a time, alcohol would no longer fill that void. He turned to hard drugs instead. Alan would wake up late and show up for work late, all because he was high on cocaine the night before. When he tried cocaine, he swears he morphed into the handsome and suave man he always wished he was.	Giovanni/ Alan	06/18/2017 06:58 AM	047:32
Alcohol/Narcotics Addiction	STEPPIN' OUT HOUR 2	Aaron started using drugs and alcohol at school. He got expelled and his drug use continued into adulthood. Roberto was born in Peru and claims his family was full of drinkers. He would look at himself in the mirror and think something was wrong about the way he looked, having typical, darker Latino features. His father died when he was still a child, and to cope with pain and anger, he took his first drink.	Aaron/ Roberto	06/18/2017 08:00 AM	047:34
Alcohol Addiction	STEPPIN' OUT HOUR 1	Bobby Rydell is a multi-talented entertainer for more than half a century. He talked about his vivid childhood on the fabled mid-20 th century streets of South Philadelphia through his more recent battles with alcoholism, and his lifesaving double-transplant surgery.	Bobby Rydell	06/25/2017 07:00 AM	047:28
Alcohol Addiction	STEPPIN' OUT HOUR 2	Tommy took his first drink at age 11. By 13, he drank regularly. His mother beat him when he came home drunk. His drinking continued through his teenage years, dropping out of school by age 16. But his drinking took up too much of his time and he soon lost his job and wound up homeless. Kim grew up as an only child of a “severe” alcoholic father. In her early teens, she began drinking herself. Soon she needed the alcohol just to have the courage to leave the house.	Tommy/ Kim	06/25/2017 08:00 AM	047:33

Section III

PUBLIC SERVICE ANNOUNCEMENTS

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
FIRE SAFETY	GCI (CAMPFIRE-PSA)	000:31	085
PUBLIC ASSISTANCE	PSA ALASKA 211	000:29	007
ANTI DRUG	PSA ANTI DRUG/COMPUTER/INTERNET/MYSELF/PROM/SIMON SAYS/INHALANTS/METH	000:30	047
YOUTH SUMMER PROGRAMS	PSA ASAA/ALASKA SCHOOL ACTIVITIES ASSOC	000:59	021
PUBLIC SAFETY	PSA ATV SAFETY/HELMETS	000:30	030
PET ADOPTION	PSA BEST FRIENDS ANIMAL SOCIETY	000:29	020
TOBACCO USE	PSA DEPT OF HEALTH/QUIT SMOKING/CESSATION TIPS/JESSICA'S ASTHMA TIP	000:30	020
TOBACCO USE	PSA DEPT OF HEALTH/QUIT SMOKING/CESSATION TIPS	001:00	018
PUBLIC SAFETY	PSA DOG BITE PREVENTION	001:00	012
DOMESTIC VIOLENCE	PSA DOMESTIC VIOLENCE/ANDY GRIGGS	000:30	008
TEXTING/ DRIVING	PSA DON'T TEXT & DRIVE	001:00	010
DRUG ABUSE	PSA DRUG ABUSE PREVENTION/SEAMLESS/UNISON/RECOVERY/HEAR THAT 2/JACKIE	000:30	060
DRUNK DRIVING	PSA MADD	000:59	023
DRUG ADDICTION	PSA METH ADDICTION/AMANDA/GRAVE	000:30	016
DRUG ADDICTION	PSA METH ADDICTION/DEAN/KARA/MATT/MIKE/RUSSEL/THOMAS	000:59	064
OBESITY	PSA OBESITY	000:59	015
MILITARY AND VETERANS	PSA PARALYZED VETERANS OF AMERICA/BEN AFFLECK/MISSIE/ADVOCATING FOR OUR HEROES/CHANGING LIVES/SOLDIER SAYS THANKS/VETS HELPING VETS	000:59	071
MILITARY AND VETERANS	PSA PARALYZED VETS OF AMERICA/CHANGING LIVES/MISSION AE/SOLDIER SAYS THANKS/VETS HELPING VETS	000:29	037
TOBACCO ABUSE	PSA QUIT TOBACCO	000:29	038

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
TOBACCO ABUSE	PSA QUIT TOBACCO	000:59	020
PUBLIC SAFETY	PSA SMOKE DETECTOR SAFETY	000:29	017
PUBLIC HEALTH	PSA STATE OF ALASKA/STD'S	000:30	022
BULLYING	PSA STOP BULLYING	001:00	012
TEEN SUICIDE	PSA TEEN SUICIDE	000:59	009
COMMUNITY INVOLVEMENT	TAKE YOUR KID TO WORK	000:30	006
EDUCATION	NATIONAL SUMMER LEARNING	000:30	004
HEALTH AND FITNESS	ERASE MS	000:30	007
HEALTH AND FITNESS	PROSTATE CANCER FOUNDATION	000:31	015
HEALTH AND FITNESS	RACE TO ERASE MS	000:30	008
LAW ENFORCEMENT OFFICERS	POLICE WEEK	000:30	003
POVERTY	HABITAT FOR HUMANITY	000:31	007
SAFE DRIVING	PROJECT YELLOW LIGHT	000:29	001
SAFE DRIVING	PROJECT YELLOW LIGHT	000:30	004
SAFE DRIVING	TOGETHER FOR SAFER ROADS	000:30	004
SAFE DRIVING	TOGETHER FOR SAFER ROADS	000:31	003