

KIAK-FM
Fairbanks, AK
Quarterly Issues/Programs List
1st Quarter 2017

April 10, 2017

Issues

KIAK-FM provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

Public Safety: Home invasion crimes are on the rise in Fairbanks. Safety in our homes and in our cars is more prevalent now than ever before.

Native Subsistence: The declining seal population and the impact it will have on native subsistence.

Pioneers of Alaska: The preservation of Alaska’s history is vital so future generations will not forget its languages, customs and lineage.

Public Health: Poor oral health can impact your overall health.

Economic Development: Senator Dan Sullivan talked about various issues that affect Alaska, such as coal mining, regulations rollbacks, and a gas pipeline.

Section I

LOCAL PROGRAMMING

ISSUE	PROGRAM/TITLE	DESCRIPTION	DATE/TIME	DURATION
Children’s Welfare/ Programs	Interior Scope	Brenda Riley, Fairbanks Children’s Museum, talked about the various programs offered at FCM that encourage the very serious business of play. Playing allows children to interact with others, learn, explore and communicate and to make sense of the big and sometimes scary world. She also talked about the ways the public can help support FCM.	1/1/17 6:11am & 7:15pm	15:46
Public Health	Interior Scope	Dr. Kimberly Wonderlich, Dermatologist, talked about what we need to know about taking care of our skin during these cold, dark months. She talked about what could happen if we don’t take care of our skin on a regular basis, such as: acne, eczema, psoriasis and cancer.	1/8/17 6:10am & 7:16pm	17:22
Federal	Interior	Dr. Don Hampton, Optical Science Manager at Poker Flat	1/15/17	15:34

Program/ Tourism	Scope	Research Range. The 2017 launch season takes place in January through March. Poker Flat Research Range is the largest land-based rocket research range in the world and the only high-latitude rocket range in the U.S. It is situated beneath the auroral oval – a ring across circumpolar north where auroras typically occur.	6:11am & 7:16pm	
Public Safety	Interior Scope	Police Officer Ace Adams, Fairbanks Police Department, discussed public safety in our homes and in our cars. He also talked about police policies and citizen responsibilities.	1/22/17 6:11am & 7:13pm	14:57
Public Safety/ Economy Building	Interior Scope	Dr. Matthew Strum – Permafrost problems in the Interior, and Natalia Ruppert – Earthquake monitoring the Interior. They both talked about safety issues and building.	1/29/17 6:09am & 7:13pm	15:02
Public Health/ Medical Issues	Interior Scope	Matthew, Natalie, Cadence and Malcolm (8 th graders at North Pole Middle School), talked about the App idea they've developed, as part of a national App challenge. It is to help people diagnose and treat Post Traumatic Stress Disorder (PTSD). They talked about how the process works to come up with the App concept to begin with, what their roles involved, and where it goes from here, in the national challenge.	2/5/17 6:10am & 7:13pm	15:15
Public Health	Interior Scope	Karina Huffaker and Jerusha Connect, Fairbanks Memorial Hospital nurses, discussed tips on how to get healthy and prevent cancer, as this is Cancer Prevention Month.	2/12/17 6:09am & 7:13pm	14:49
Public Health/ Child Welfare/ Public Medical Resources	Interior Scope	Dr. Jon Woller, Woller Family Dentistry, discussed how poor oral health can impact your overall health. He talked about the new research linking our oral health to things like heart and breathing issues.	2/19/17 6:09pm & 7:11pm	17:38
Economic Development/ Government Issues/ Military Issues	Interior Scope	Senator Dan Sullivan talked about various issues that affect Alaska, such as coal mining regulations rollbacks, and a gas pipeline. He also talked about waiting for Secretary of Interior to be appointed so we may be able to proceed with oil drilling in ANWR. He discussed the F35 jets coming to Eielson Air Force Base and the impact that will have on our economy, as well as national security.	2/26/17 6:10am & 7:12pm	15:57
Child Welfare/ Public Health	Interior Scope	Justin Boddy, St. Baldrick's Foundation, talked about an upcoming head-shaving event that raises money for research grants to fight childhood cancer. St. Baldrick's Foundation is a volunteer-powered charity committed to funding the most promising research to finding cures.	3/5/17 6:12am & 7:11pm	16:39
Economic Development/ Native Issues	Interior Scope	Darryl Allen, UAF Culinary Arts Program, talked about job training. Roxanne Beltran, UAF Institute Arctic Biology, talked about the declining seal population and the impact it will have on native subsistence.	3/12/17 6:10am & 7:13pm	14:35
Preservation of History	Interior Scope	Marilyn Nigro & Sandberg, Pioneers of Alaska, discussed what it is about (preservation of Alaska's history), its activities and history. Also, how many members it has statewide, and its need for new members. Notable past members were also talked about, as was their meeting place in Fairbanks.	3/19/17 6:10am & 7:12pm	15:19
Public Safety/ Security/ Domestic Abuse	Interior Scope	Helen & Laurian, Interior Alaska Center for Non-Violent Living, talked about programs for people who are victims of domestic abuse. They also talked about events to raise awareness in the community.	3/26/17 6:10am & 7:15pm	15:1

Section II

SYNDICATED PROGRAMMING

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Alcohol Addiction	STEPPIN' OUT HOUR 1	<p>Ralph is enjoying a multi-year stretch of sobriety. But before his sobriety began, he spent 43 years using alcohol, being drunk all throughout the time he spent in the Navy, attempting to run a business, being married and raising kids. But his sobriety came when his little grandson refused to kiss him goodnight due to the stench of alcohol; telling him he "stank."</p> <p>Alana went to all the best schools, and she and her friends all came from affluent families residing on Park Ave. She thinks her first drug was food; she ate to feel good about herself, but weight gains caused her to binge-and-purge and try cigarettes to lose weight. Her drinking started with friends during her teenage years; despite being underage.</p>	Ralph/ Alana	01/01/2017 07:01 AM	047:35
Alcohol Addiction	STEPPIN' OUT HOUR 2	<p>Bob's taste for alcohol started in childhood, as his father was a drinker. The family lived in a home with heat or indoor plumbing and alcohol helped him feel warm. But one day, his father suffered a stroke. It was the same day the plane carrying three superstar musicians crashed, killing his heroes.</p> <p>Dorothy has decades of sobriety under belt. She provided some tips and motivation for the recovering addict who finds themselves surrounded by the ceremonial toasts traditional for New Year's Eve.</p>	Bob/ Dorothy	01/01/2017 07:58 AM	047:35
Addiction Recovery Programs	STEPPIN' OUT HOUR 1	<p>In 1999, Harold Owens was hired as senior director of the MusiCares/MAP Fund. He is responsible for the implementation of all aspects of its addiction recovery programs.</p>	Harold Owens	01/08/2017 06:59 AM	047:34
Alcohol Addiction	STEPPIN' OUT HOUR 2	<p>Meghan had her first drink at age 16, which years later when entering recovery she believed was too late in life to be considered an alcoholic. Her teenage drinking lead to a manic</p>	Meghan	01/08/2017 07:59 AM	047:34

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		existence; experimenting with drugs and dangerous behavior.			
Life in Recovery	STEPPIN' OUT HOUR 1	BA Austin is an author of her powerful fictional memoir about relationships and the challenges of being a Southern Belle baby-boomer born into significant wealth.	BA Austin	01/15/2017 07:00 AM	047:27
Clutter Addiction	STEPPIN' OUT HOUR 2	Bob can look back in his childhood and see he had a problem with collecting clutter. His parents never enforced a 'clean room rule' and that might have been what started his lifestyle as a clutterer.	Bob	01/15/2017 07:59 AM	047:34
Young People in Recovery/ Alcohol Abuse	STEPPIN' OUT HOUR 1	Charlie first started drinking at age 12 and got sober by 19. He wasn't a big drinker at first, but thought it exciting. His intoxication led him to seek other types of highs, often from illegal substances. Tom's first drink was at age 16. For him, drinking & getting drunk was a rite of passage. He thought being an alcoholic was cool, and even a sign of maturity.	Charlie/ Tom	01/22/2017 07:00 AM	047:27
Food Addiction	STEPPIN' OUT HOUR 2	Claire is a food addict, which she says is a bit different from being an "Overeater." They are not overeaters, often, but they use food and its ingredients as a drug. Claire feels she was born with an addiction to sugary and floury foods. Sue didn't know her desire to eat certain foods was an illness. She now realizes she had trouble feeling love and that she used the food to fill what she says was a feeling of emptiness.	Claire/ Sue	01/22/2017 07:59 AM	047:34
Al-Anon/ Family of Addicts	STEPPIN' OUT HOUR 1	Petra thought love was "taking care of someone." She always picked men who "needed rescuing." Her absorption with care-taking" almost sent her over the edge, and how she found her way back. Greg has been married 3 times, to 2 different women. He felt the only way he could earn love was to completely devote himself to taking care of "her" – whoever "her" happened to be. It led to a life of isolation, and not until	Petra/ Greg	01/29/2017 07:00 AM	047:27

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		he entered recovery, could he see that his issues with women stemmed from his unhealthy relationship with his mother.			
Gambling Addiction	STEPPIN' OUT HOUR 2	Howard is a compulsive gambler – a prolific sports gambler. He started as a young man but soon lost his control. He even had a secret bank account, hidden from his wife, in which he stashed his gambling money. Anthony grew up in Pennsylvania in a gambling-free household. After a night of gambling and a big payout, he would later return to the casinos in hopes of recreating that same effect; making a bee-line for the high-stakes games. His luck was unreal; he made enough money in one summer to buy a house. But his luck ran out soon, later leaving him desperate.	Howard/ Anthony	01/29/2017 07:59 AM	047:34
Emotions Anonymous	STEPPIN' OUT HOUR 1	Alan remembers having trouble controlling his feelings throughout childhood. In fifth grade, he couldn't read words of a play aloud and it led him to being teased and growing angry. He vowed to never speak in front of a crowd again. His father was a "rage-a-holic" who often left Alan scared to express himself. A suicide attempt in early adulthood convinced Alan to seek help. Sheila had to learn she was an addict to anger through a long battle that started in childhood but manifested through postpartum depression.	Alan/ Sheila	02/05/2017 07:01 AM	047:34
Alcohol Addiction	STEPPIN' OUT HOUR 2	Larry's first drink came in childhood, perhaps age 12 or so. His father was an alcoholic and it caused Larry to feel different as a child. He would act out as a child and teen, often getting into trouble with the law. He knows now that much of this was caused by fear and insecurity. He started drinking and all of the fears vanished. Bill never believed he was an alcoholic, but knew early he had a "drinking problem." He knew of a lot of successful and famous people with drinking problems, but he also knew	Larry/ Bill	02/05/2017 08:01 AM	047:29

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		that once identified as an “alcoholic” it meant one must stop drinking – and Bill was deathly afraid to stop. He says his drinking came after he stopped smoking cigarettes – an addiction he says was consuming his life, smoking 4 packs each day.			
Drug Addiction-Recovery	STEPPIN' OUT HOUR 1	Chris Herren’s meteoric rise in college & professional basketball was only overshadowed by his quick fall into the world of addiction and recovery. His substance abuse began while playing in college, and continued during his NBA career, and soon Herren found himself convicted of multiple drug felonies. Now he is an activist, author and mentor for young & professional athletes through his organization Hoop Dreams with Chris Herren.	Chris Herren/ Basketball Junkie	02/12/2017 07:00 AM	047:35
Food & Overeating Addiction	STEPPIN' OUT HOUR 2	Lindsey is a compulsive overeater, but he never knew it. By age 13, he weighed 200 pounds and it resulted in him being bullied by other kids. Depression followed, which lead to more eating and more weight gains. Raquel was a compulsive eater, she’d eat anything. She weighed in excess of 200 pounds on her small frame. She knows now she abused certain foods; like dairy, flour & sugar. As a child, her sisters remained thin while she would wear a size 15 dress even at ten or eleven.	Lindsey/ Raquel	02/12/2017 08:00 AM	047:35
Young People in Recovery/ Alcohol Addiction	STEPPIN' OUT HOUR 1	Jenn has yet to buy alcohol lawfully, having gotten sober by age 19. She spent the previous 5 years drinking, however, Jenn’s family were all sober alcoholics, and she feared her parents would send her to treatment. And so Jenn, ironically, used alcohol to quell the fear of her parents anger over drinking.	Jenn	02/19/2017 06:59 AM	047:34
Young People in Recovery/ Alcohol Addiction	STEPPIN' OUT HOUR 2	Michelle’s first drink alone was at age 11. Her family home was complete with a bar that was never locked. She came home from school one day and found an open bottle of wine in the kitchen fridge, and so she tasted it.	Michelle	02/19/2017 07:59 AM	047:36

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		She felt guilty about taking the sip, but she kept repeating the drink each day when coming home from school.			
Gambling Addiction	STEPPIN' OUT HOUR 1	Rick's first big win as a gambler came early, though he didn't realize how "high" he could get gambling his money. In boarding school, he found a classmate who also had a talent gambling. In retrospect, Rick can see how much of drug gambling was for him, considering he began to use drugs heavily in college and he found no need at that time to gamble.	Rick	02/26/2017 07:00 AM	047:34
Gambling Addiction	STEPPIN' OUT HOUR 2	Eddy is a compulsive gambler who began his career as a gambler in his college years, betting on sports after his own college sports career came to an end. He felt the competition aspect of gambling fulfilled his conditioned need for competing in sports. For his first couple of years, he considered himself a professional gambler, and he also found luck in the rest of his life. But soon, winnings would end. He entered his losing phase, and would borrow money from his business to pay debts to bookmakers.	Eddy	02/26/2017 07:59 AM	047:33
Drug Addiction	STEPPIN' OUT HOUR 1	In the late 1970's and 1980's, Lee McCormick hit the road as a singer songwriter. He plunged into the lifestyle head first and headstrong. His tipping point came in 1997 when he bare woke up one day, realized he had an out-of-control drug problem and checked himself into rehab. There he had a profound awakening and set out on a personal quest to find real truth & healing in his life.	Lee McCormick/ Dreaming Heaven	03/05/2017 06:58 AM	047:28
Young People in Recovery/ Drug Addiction	STEPPIN' OUT HOUR 2	Aaron was always rebellious, even as a young child. At 13 he started smoking marijuana & drinking at 14. He was addicted to Oxycontin for a year and a half. At age 20, he was arrested for writing fake prescriptions for pills. This led to his bottoming-out, in 2001, when he entered an in-patient rehab center and has been sober ever since.	Aaron	03/05/2017 07:58 AM	046:22

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Nicotine Addiction	STEPPIN' OUT HOUR 1	Bill's first time smoking tobacco was at age 12 or 13; he thought, as the line goes, it would make him "cool." He remembers, as a child, never feeling comfortable in his own skin, being extremely shy. Cigarettes helped him come out of skin. He remembers his father keeping a bottle of pure nicotine with a skull and crossbones label. It was used as a pesticide.	Bill	03/12/2017 06:59 AM	047:30
Nicotine Addiction	STEPPIN' OUT HOUR 2	Linda began smoking as a teenager because not only did she think it made her look "cool" but it helped her keep her appetite in check. As a sensitive young woman, Linda felt she ate too much when stressed & feared putting on too much weight. While avoiding to repeating her mother's alcoholism, she engaged in nicotine usage and pretty quickly, she was smoking more than three packs a day.	Linda	03/12/2017 07:59 AM	047:33
Families Anonymous	STEPPIN' OUT HOUR 1	Nancy is a mother of an alcoholic daughter. She talks of the fellowship between parents of addicts, who often feel a collective or embarrassing guilt that not only the parents place on themselves, but that society places on them. When Carol's son was in Junior High, he had to transfer from a private school to a public school, and she thinks that's where her son was exposed to groups of kids who were drinking & using marijuana. Her son gravitated more towards substance abuse, and by the time he was in 10 th grade, he was using cocaine.	Nancy/ Carol	03/19/2017 06:58 AM	047:26
Clutter Addiction	STEPPIN' OUT HOUR 2	Bob can look back in his childhood and see he had a problem with collecting clutter. His parents never enforced a 'clean room rule' and that might have been what started his lifestyle as a clutterer.	Bob	03/19/2017 07:58 AM	047:35
Alcoholics Anonymous/ AI-Anon	STEPPIN' OUT HOUR 1	Dina is another of the "double winners" club in that she is a member of both Alcoholics Anonymous as well as being a member of AI-Anon. Looking back, Dina can see she was born into a family of alcoholics and	Dina	03/26/2017 06:59 AM	047:34

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		drinking was inevitable. Her parents were drinkers, as is she and all her siblings, suffered from all sorts of addictions. Due to this, Dina grew up thinking her childhood was normal and happy when it certainly wasn't.			
Alcohol Addiction/ Food Addiction	STEPPIN' OUT HOUR 2	Lacey belongs to two separate fellowships, which by some metrics would qualify her as a "double winner." She is both an alcoholic addict and a food addict. Food was her first "drug" and she discovered it in high school. She loved to eat but she feared the weight gain, and so she forced herself to purge. Her bulimic acts ceased at age 18 when she became pregnant and she made herself eat and not purge. After she had her child, she vowed never to binge & purge again, but she replaced the "drug" of food with alcohol and cigarettes.	Lacey	03/26/2017 07:59 AM	047:30

Section III

PUBLIC SERVICE ANNOUNCEMENTS

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
PUBLIC ASSISTANCE	PSA ALASKA 211	000:29	006
ALCOHOL ADDICTION	PSA ALCHOLICS ANONYMOUS	000:29	013
ANTI DRUGS	PSA ANTI DRUG/COMPUTER/INTERNET/MYSELF/PROM/SIMON SAYS/ANTI INHALANTS/METH-FORREST	000:30	071
SCHOOL ACTIVITIES	PSA ASAA/ALASKA SCHOOL ACTIVITIES ASSOC	000:59	003
PUBLIC SAFETY	PSA ATV SAFETY/HELMETS	000:30	030
PET CARE/ ADOPTION	PSA BEST FRIENDS ANIMAL SOCIETY	000:29	022
TEXTING/DRIVING	PSA CTIA/SOUNDS OF A CRASH/DON'T TEXT AND DRIVE	000:30	016

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
QUIT SMOKING	PSA DEPT OF HEALTH/QUIT SMOKING/CESSATION TIPS/QUIT SMOKING/TIFFANY'S TIP/QUIT SMOKING/UCANQUIT2.ORG	001:00	051
DOMESTIC VIOLENCE	PSA DOMESTIC VIOLENCE/ANDY GRIGGS	000:30	009
TEENS DRINKING	PSA DON'T SERVE TEENS	000:30	022
DRUG ABUSE	PSA DRUG ABUSE PREVENTION/SEAMLESS/UNISON/HEAR THAT2/JACKIE	000:30	050
DRUNK DRIVING	PSA MADD/BRAD PAISLEY	000:59	022
PUBLIC HEALTH	PSA MENTAL ILLNESS	000:58	013
DRUG ADDICTION	PSA METH ADDICTION/AMANDA/GRAVE	000:30	027
DRUG ADDICTION	PSA METH ADDICTION/DEAN/KARA/MATT/MIKE/RUSSEL/THOMAS	000:59	062
PUBLIC HEALTH	PSA OBESITY	000:59	008
MILITARY AND VETERANS	PSA PARALYZED VETERANS OF AMERICA/BEN AFFLECK/MISSIE/ADVOCATING FOR OUR HEROES/SOLDIER SAYS THANKS/VETS HELPING VETS	000:59	031
MILITARY AND VETERANS	PSA PARALYZED VETS OF AMERICA/CHANGING LIVES /SOLDIER SAYS THANKS	000:29	004
PUBLIC SAFETY	PSA SMOKE DETECTOR SAFETY	000:29	012
SENIOR CITIZENS	PSA SOCIAL SECURITY/PROOF OF INCOME	000:46	102
PUBLIC HEALTH	PSA STATE OF ALASKA/STD'S	000:30	026
TEEN SUICIDE	PSA TEEN SUICIDE	000:59	014
PUBLIC SAFETY	PSA TIRE MAINTENANCE	000:30	024
VOLUNTEERISM	PSA YOUNG VOLUNTEERS	001:00	025
HEALTH AND FITNESS	FRUITS AND VEGGIES	000:28	004
HEALTH AND FITNESS	FRUITS AND VEGGIES	000:29	005
HEALTH AND FITNESS	FRUITS AND VEGGIES	000:30	007
MILITARY AND VETERANS	SHOW YOUR STRIPES	000:30	010
PEACE	PEACE IN THE STREETS	000:31	009