COMMUNITY ISSUES PROGRAM LIST-KKMR(FM) First Quarter 2021 (January-March)

The following is a listing of some of the significant issues responded to by KKMR(FM), ARIZONA CITY, ARIZONA, for the period of January 1 – March 31, 2021. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific Standard/Daylight Savings Time.

- 1. MENTAL HEALTH
- 2. PARENTING
- 3. HEALTH & WELLNESS
- 4. SPECIAL NEEDS

Issue	Program	Date	Time	Duration	Description of Program
Parenting	Closer Look	Jan 3	7:00	29 minutes	Better Dads Have A Plan
			pm		
					"We know in business, we know in work that you
					have goals you have you have to meet: well
					what's your fathering plan?" K-LOVE's Bob
					Dittman talks with Dr. Ken Canfield of the National
					Center For Fathering about learning how to be
					good dad. "We're creating this sense of destiny for
					our lives that will be played out over and over."
					Related Links:
					National Center for Fathering
					Dr. Ken Canfield (bio)

Parenting	Closer Look	Mar 21	7:00 pm	29 minutes	'Solo' Parent Society Hosts Free Online Support Groups After 13 years of marriage, Robert Beeson suddenly found himself single. "My wife left me and left me with our three daughters who were 9, 7 and 4 at the time. It was the darkest season." Grappling with this new solo responsibility, the divorced dad turned to his church for comfort and support. He was saddened to find very few Christian resources address the deep loneliness and doubt that many single parents endure. Out of his own need to be part of a welcoming faith community, Beeson founded the Solo Parent Society.
Human Trafficking	Closer Look	Mar 28	7:00 pm	13 minutes	'Without Permission' Educates Parents And Police On Human Trafficking Your teen meets a nice stranger at the mall. Or a guy she doesn't know likes all her posts on Instagram. What begins as flattery and flirtation has led thousands of kids kids just like yours down the dark and demeaning path to human trafficking. Groups like Without Permission urge parents to warn their teens about the tricks child predators use to trap victims. K-LOVE's Kindra Ponzio talks with CEO Debbie Johnson, CEO of Without Permission. 1509 K St, Modesto, CA 95354 209.622.0156 Related Links: Without Permission provides a free guide for families to become aware of dangers and to be safe 'digital citizens.'

Hunger – Food Needs	Closer Look	Feb 21 Mar 21	7:30 pm	20 minutes	The growing need for food and aid in Pima County is being addressed by groups like Interfaith Community Services. They are a coalition of about 120 churches and groups serving the county. Tom McKinney, CEO of ICS. www.icstucson.org.
Seniors	Closer Look	Jan 17 Feb 14	7:30 pm	20 minutes	The Golden Years Project Joel Reagan spoke with Jamie Anderson, founder and CEO of The Golden Years Project. This organization is setting up a system to help keep seniors from being homeless. They accomplish this by providing temporary relief for those waiting for federal and state housing programs. They also aim to spur new affordable housing developments for seniors. This non-profit organization working with the cities of Dallas, TX, Fort Worth, TX, Phoenix, AZ and Tucson, AZ. Mr. Anderson discussed the upcoming "silver tsunami" as the baby boomer generation continues to age. He discussed the way the model works and how listeners can help. Contact information was broadcast.

Health & Wellness Closer Look Wellness State of the State	Jan 10	7:00 pm	22 minutes	Dr. Mimi Secor Prescribes P.A.N.D.E.M.I.C. Weight-Loss And Self-Care Dr. Mimi Secor didn't get truly serious about her own weight-management and overall health until her early 60's. Building on her personal success and with a nod to current events, she offers advice cleverly corresponding with each of the letters of the word "pandemic." K-LOVE's Marya Morgan talks with Dr. Mimi about what she calls the '8 pillars of health.' P.lanning/Preparing A.ccountibility N.ighttime D.iet E.xercise M.indset
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		RELATED LINKS:
		HealthConfidenceSuccess.com

Health &	Closer Look	Jan 31	7:00	28 minutes	'Rest' Is More Than Sleep - What Kind Of
Wellness			pm		Tired Are You?
					Rest is the root of the word 'restoration' – and
					restoration is a principle that medical internist Dr.
					Saundra Dalton-Smith sees as crucial to seven
					distinct areas of your life. "Rest isn't just the
					cessation of activity," she says, suggesting that
					for optimal health "you have to get to the point of
					knowing what restores you. What fills you back
					up?"
					7 types of Rest: Physical, Mental, Emotional,
					Spiritual, Social, Sensory and Creative.
					Delete d Links
					Related Links:
					Dr. Saundra Dalton-Smith - REST QUIZ - What Kind
					Of Rest Do You Need?

Health & Wellness	Closer Look	Mar 14	7:00 pm	27 minutes	Vaping Often Fails As Alternative to Smoking Vaping is marketed as a safe alternative to traditional cigarettes, but 'dual use' plus dramatic surge in teen addiction and recent links to lung disease send most e-cig claims up in smoke. K-LOVE's Billie Branham talks with Linda Richter of the Center on Addiction and Dr. Michael Blaha, cardiovascular research director at Johns Hopkins Hospital. RELATED LINKS: 10 Surprising Facts About E-Cigarettes (Center on Addiction) Outbreak of Lung Injury Associated with the Use of E-Cigarette, or Vaping, Products (Centers for Disease Control) "5 Vaping Facts You Need to Know," by Dr. Michael Blaha M.D., M.D.H. Linda Richter, Dir. of the Policy of Research and Analysis for the Center on Addiction (bio)
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Health & Wellness Pandemic Relief - Kids	K-LOVE's Positive People	March	Monthly Feature	60 second weekly promo Podcast 2:13	Pandemic Relief: Engaging Youth Through Sports Kevin Drake Making a Difference Via Upward Sports "Children have been put away in their homes and cooped up for a year now. And kids need exercise." Kevin Drake works hard to provide a safe place for youngsters to get outside again. Children connect through sports leagues, like basketball and football. They learn teamwork and build friendships. Kevin works with churches through the national organization Upward Sports. His focus these days is on rebuilding relationships. "Churches are trying to figure out how to reconvene communities and get their people to come back. Sports offers and excellent way to do that." For those families involved in the sports programs who may not know Christ, they get a chance to learn more through devotionals read during each game's halftime. Kevin explains why he loves what he does. "You almost have to see it to believe it. To see how much enjoyment that the
					Kevin explains why he loves what he does. "You almost have to see it to believe it. To see how much enjoyment that the kids get from playing our leagues."

Health & Wellness - Cancer	K-LOVE's Positive People	March	Monthly Feature	60 second weekly promo Podcast 8:35	Matthew West Encourages Families Fighting Cancer Matthew West is a super successful Christian music artist who lends his talent and support to select ministries and projects that help others. "What separates Christian music from the rest of the world is God at work through the lyrics and the melodies, shooting straight to the hearts of people." And when a song he has written and performed can be of benefit to an outreach helping others, Matthew is often willing to come alongside and lend his name and talent to their project. That's the case with a ministry called Cancer Companions. On their web site, they offer hope and practical help: "Cancer Companions has Christian Bible Studies available in 21 states and online for any cancer patients, survivor, caregivers and loved ones." Bible studies are often available at churches, where specific cancer support, including prayer, is offered. When it comes to the anxiety that often accompanies a cancer diagnosis, Matthew looks at it this way: "I really think it does revolve around that word uncertainty. The unknown. A cancer diagnosis means you're about to walk a road. It's a road you've never walked before and you don't know how long that road is going to take you. You don't know what's on the other side of it, so my heart goes out to anybody who's dealing with a cancer diagnosis," Matthew speaks from his heart. As for the ongoing COVID situation, Matthew shares that "this past year of the pandemic has been a great opportunity for me to sort of get my priorities in check and sort of come off the road for a little while and take a deep breath and reexamine what matters. And I think that's a good key for all of us in our lives to just make sure that we're always checking our priorities, always checking our motivations, and then taking some inventory and making the changes that need to be made."
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Education	Closer Look	Jan 17	7:00 pm	29 minutes	SCHOOL-AT-HOME: Advice For Distance Learning, Homeschooling
					Socially-distanced schooling in the age of COVID-
					19 has been bumpy for parents who feel
					inadequate as teachers. For some families, the
					shutdown drove disillusionment with public school
					curriculum, prompting a leap to homeschooling.
					Whether you homeschool or embrace distance
					learning, experts insist that school-at-home can
					indeed work for you. K-LOVE's Billie Branham
					reports.
					Guests:
					"Keeping it simple" is key says Arlene Pellicane,
					mom, author and host of <u>Accessmore</u> podcast <i>A</i>
					Happy Home. "Master the basics. Just focus on
					like two things that would help this distance
					learning thing work."
					As homeschoolers, parents take full responsibility
					for what their children learn, a method mentor
					and coach Kayla Weller finds effective, flexible

		and fun. "You can teach them what they're interested in and there's no set rules for how to teach," and "you would be surprised how much kids absorb when you take the time work with them."

Faith & Spirituality	K-LOVE's Positive People	Jan March	Monthly Feature	60 second feature promo	Steven Dyer Uses Horses to Help Humans Understand God's Guidance
				Podcast	At his <u>SBH horse stable business</u> near rural Grove,
				7:55	Oklahoma, former Pastor Steven Dyer is very active on
					YouTube. Video topics include "Wild Mustang Challenge"
					and "Teaching a Pony to Not be Afraid." With deep
					experience and plenty of patience, Steve demonstrates
					various ways to befriend and train a horse. But as he works
					with horses, he is constantly reminded of God. "The more
					I'm around horses, I see the beauty of how they are created
					and how we interact with them. And one of my little
					personal theories is that I believe God created the horse just
					for us to ride. They are perfectly suited, as no other animal
					is in creation, to carry us from place to place," he marvels.
					Because of that, some of his <u>YouTube videos</u> are in a series
					called "Sermon by Horse." One teaching is called
					"Boundaries: This mustang needs boundaries, even if he
					doesn't want them. So do we." There's a definite backstory
					to that video teaching. "I guess I got the idea for that from
					when I was a teenager and people would say, 'God
					says don't do thisand God says don't do that.' And I
					remember thinking, 'God must not want me to have any fun'

					(he laughs) And then as I matured and began to serve the Lord, I realized that those boundaries are there for our protection and other peoples' protection as well." So, when Steve was training a horse recently, he thought, "You know, he'd really like to get out of this pen and run away and be free, but if he did, something bad would happen. So, I just saw the connection, the analogy, between boundaries we give to the horse to the boundaries that God gives us," and that inspired the bible teaching video on Boundaries, which we feature further below.
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Mental Health Veterans	Closer Look	Feb 7	7:00 pm	12 minutes	Over the years, Steve has trained horses and taught people to ride in such diverse places as the Navajo Reservation and Saudi Arabia. And he consistently found by way or horses he was able to share faith in Christ with others. Steve has always been fond of horses. "The first time my parents put me on a horse, I was about five years old and I grabbed the reigns, whacked the horse, and said 'ya!,' and the horse took off runningand my mom started screaming and I had the time of my life, loved it!" Arts & Crafts Ease PTSD In Veterans Help Heal Vets has distributed more than 30-million arts and crafts kits – model cars, leather work, jewelry, needlepoint, clock-making – provided to veterans free of charge. But does art therapy work? "Yes," assures CEO Captain Joe McClain. "Got its start in WWI and has been used by clinicians in every conflict throughout."
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Mental Health Veterans & PTSD	Closer Look	Feb 7	7:15 pm	16 minutes	PTSD Foundation of America works to free veterans of debilitating anguish that can lead to a breakdown in mental health. K-LOVE's Bob Dittman talks with Ryan Rogers about healing from the 'moral injury' of combat. Peer-to-peer Warrior Groups are available in cities nationwide. 24/7 Veterans Crisis Line for you or a loved one: Call 800-273-8255, then select 1. Start a confidential chat. or Text 838255. If you have hearing loss, call TTY: 800-799-4889.
Mental Health Children	Closer Look	Feb 14	7:00 pm	27 minutes	Help for Kids Suffering Sadness, Anxiety In Pandemic The digital age exposes modern kids to bad news and bitter opinions their parents never knew. "Social media, media, news, political unrest, all these things that once kids were mostly sheltered from – now they're seeing them 24 hours a day," notes Julie Lowe, licensed counselor and author of Childproof and Building Bridges: Biblical Counseling for Children and Teens

Abuse	Closer Look	Mar 7	7:00	28 minutes	Quarantine Drives Spike In Domestic Abuse
			pm		Pastor Paul Cole, president of the Christian Men's
					Network, has been deeply concerned by the
					quarantine effect on families already stuffed in a
					pressure cooker of unhealthy reactions.
					"A lot of times, we as men act out of anger, rage,
					disappointment – and we lash out at people," he
					says, and urges men in this trap to reach out for
					help. K-LOVE's Billie Branham reports.
					RELATED LINKS:
					The National Domestic Abuse Hotline 1-800-
					799-7233
					https://www.thehotline.org/
					The MEND Project - Educate. Equip. Restore
					<u>Christian Men's Network</u>

Special Needs – Autism	K-LOVE's Positive People	Jan	Monthly Feature	60 second feature promo	Discovering He's on The Autism Spectrum, Pastor Jim Is Now Helping Others With Special Needs
				Podcast 10:29	Pastor Jim McCaffrey was struggling with life issues that
					didn't make much sense - job losses, relational and social
					road bumps. "Early on, I always struggled with being able to
					keep a job, was horrible with interviews especially, just
					could never get he right words and things out to make a
					good interview or impression during an interview. So,
					ministry jobs, just regular employment, all those kinds of
					things were very difficult. Relationships-wise, it was hard
					making friends, understanding people, different things like
					that. So, yeah, it was definitely a struggle." At age 35, he
					knew he had to understand what he was dealing with. "I was
					sick of moving. I was sick and tired of having to pack up the
					house (with his wife and five daughters) and move after two
					years, uproot my family, my kids from schools and friends.
					This really got to the point of frustration not understanding
					what was going on at that time." Then there was a
					revelation. It took time and considerable research, but Jim
					was diagnosed as being on the autism spectrum. And that

		has opened the door to beneficial workarounds and has
		even led to new forms of ministry to help others.
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Jim explains that autism caused him to be focused - heavily focused - on different things, like reptiles and drums. "I'm a drummer and musician and I love it. And I would just dive right into learning as much as I can. It consumes a lot of my time and energy and so forth. And this is one of the things that happens with those on the autism spectrum, you just get this crystal-clear focus on it and that's what your emphasis goes to." Pastor Jim acknowledges "I had a lot of weird quirks and my wife can definitely tell you they're weird, and that's okay (he laughs)." On our podcast, below, he explains some of those quirks. He still misses cues at times. "I am not good with small talk and things like that" and "reading people is not a good area for me." But now, knowing it's autism he's dealing with, he has been able to understand relational gaps and work on improving. Life is better. Not perfect. Having experienced what autism can bring, Jim, the pastor at Gunpowder Baptist Church in Freeland, Maryland, is active in helping churches find ways to minister to people with all sorts of special needs. He has even worked on a project with the Tim Tebow Foundation, a Night to Shine, held in Puerto Rico. Jim believes special needs have often been "overlooked" by churches, but is

		seeing considerable interest taking place. And, with two Master's degrees and life experiences, he's willing to do what he can to help foster better understanding and serving people in Christ's name.

Special Needs - Canine Companions	Closer Look	Jan 24	7:00 pm	15 minutes	Tails Wag for People In Need: Canines For Christ Dogsjust get us. They have this innate ability to sense when we are in pain, to share in our joy, to cuddle up when we need it most. A dog ministry, Canines for Christ, reaches into people's lives when they need that comfort. Related Links:
Special Needs	Closer Look	Mar 28	7:15 pm	15 minutes	Canines for Christ Special Needs Families Get 'Buddy Breaks' With Nathaniel's Hope Special Needs families frequently suffer isolation. Nathaniel's Hope trains churches to provide respite care. Volunteers learn to do crafts and play games with the children for 3-hour blocks of time. "There's no better cup of cold water you can give to a family impacted by disability than a break," says NH and Buddy Break co-founder Marie Kuck. It starts, she says, with having a willing heart. "Tear down those walls and build friendships." K-LOVE's Monika Kelly reports. RELATED LINKS: Nathaniel's Hope - Buddy Breaks Nathaniel's Hope - VIP Birthday Club

Animal Rescue	Closer Look	Jan 24	7:15 pm	13 minutes	Dog Is Their Co-Pilot: Pittsburgh Aviation Animal Rescue (PAART) Co-pilots John Plesset and Brad Childs fly single-engine planes based out of Pittsburgh, PA. They didn't set out to use their 1974 Piper Warrior to relocate dogs from overcrowded shelters, but one phone call back in 2009 changed the game. Their mission is moving the excess population of dogs, cats and other surrendered or abandoned pets from one city to another can give the animal a better chance of finding a "furever" home.
Finances	Closer Look	Feb 28	7:00 pm	28 minutes	Related Links: Pittsburgh Aviation Animal Rescue Team (PAART) Families Living on One-Income, Possible? (K-LOVE Closer Look) – Families with two working parents sometimes wonder – could we make it if one of us lost our job? COVID-19 layoffs forced the question on thousands of households, and for others the pandemic reignited serious table talk about money. "We live in a culture that I would call a 'two-income world,'" says budgeting expert Mary Hunt. She readily admits the challenges of living on one income. "But here's the good news – yes! yes you can do this."

Job Loss Employment	K-LOVE's Positive People	March	Monthly Feature	60 second feature promo Podcast 14:42	If You've Lost A Job, Dale Kreienkamp Offers Biblical & Practical Guidance Dale Kreienkamp has as heart for people who've lost their jobs. His professional & ministry mission? To help those in a crisis, one he knows all too well. Kreienkamp - "I twice went through a journey of being unemployed, and it was that journey that led me to the place where I am today that is, how do I give back and help others who are going through that journey of unemployment." Losing a job is tough but to move forward, Dale says, you've got to look ahead Kreienkamp - "It's okay to grieve. It's okay to be sad that we've lost that job. But we're going to have to move past that in order to move forward, so we have to let go of the past before we can move to the future." and trusting God is key: Kreienkamp - "It's an opportunity to let go and let Him take over and use this process to draw us closer to Him and help us move forward to the next opportunity that's going to be there for us." So, be hopeful! Dale says finding a new job is just a matter of time.
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