

**WIHS-FM**  
**Middletown, Connecticut**  
**Quarterly Issues/Program List**  
**Fourth Quarter, 2019**

**10 Minute Programs Airing at 3:15am, 12:13 & 5:49pm Monday through Friday**  
**15 Minute Programs Airing at 3:15am, 12:15 & 5:10pm Saturday**  
**December 23-28, 2019**

**Monday:** On Mondays WIHS Journal, Anissa Porticelli will be speaking to the promotional directors of the award-winning Gracias choir Christmas cantata, it's coming for free at the Oakdale theater in Wallingford Connecticut on January 3rd. Today's interview will focus on all the details of what this free award-winning Christmas cantata will offer. You can tune in at 3:15 AM, 12:13 PM, and 5:49 PM right here I live in local WIHS!

**Tuesday & Wednesday:** On today's WIHS Journal with Paul Kretschmer, you'll hear the virtues of eating a wide variety of healthful foods, what speaker Sean McCarthy calls "Eating All the Colors of the Rainbows. He has spent years teaching himself and members of his family to eat fruits and vegetables, whether raw or cooked in ways that provide the most benefits for the human body. He'll share what he's learned on today's WIHS Journal. It airs at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

**Thursday & Friday:** On today's WIHS Journal with Paul Kretschmer, hear a conversation on the impeachment of President Donald Trump with President Richard Land from the Southern Evangelical Seminary in Charlotte, North Carolina. Dr. Land worked for a number of years in Washington, DC heading up an office on public affairs for the Southern Baptist Convention. Hear why Dr. Land doesn't believe this impeachment and trial should ever have taken place. The WIHS Journal airs today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

**Saturday:** On today's WIHS Journal with Paul Kretschmer, you'll hear some of the questions from Middletown Common Council member in December, and the answers they received from department heads. This session took place just before the regular month meeting of the council. Issues included the acquisition of land for open space and if the chief of police will be able to take care of his aged mother by living with her in Old Saybrook when the council expects him to respond to the residency requirement for his job a year or so from now. The WIHS Journal airs today at 3:15am; also at 12:15 & 5:10pm here on WIHS Middletown—Good News 4 Connecticut!

