

**WIHS-FM  
Middletown, Connecticut  
Quarterly Issues/Program List  
Fourth Quarter, 2018**

**10 Minute Programs Airing at 3:15am, 12:13 & 5:49pm Monday through Friday**

**15 Minute Programs Airing at 3:15am, 12:15 & 5:10pm Saturday**

**December 24-29, 2018**

**Monday & Tuesday:** On today's WIHS Journal you'll hear about a ministry to women primarily in the America's called "Belle & Sparrows." It's about Teaching them skills for economic sustainability, providing encouragement as they brave the struggles of addiction and/or incarceration, helping them overcome the trauma of being trafficked or escaping the sex trade industry, helping them find their worth after exiting an abusive relationship and sharing a Bible study, time of prayer, and sharing of testimonies. Paul Kretschmer interviews Lynde (LIN-dee) Griggs and Tiffany Savage about a ministry whose name means beautiful and not forgotten. The WIHS Journal airs today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

**Wednesday:** Cheryl Denise Smith-Davis is a 5 time pro athlete in 3 different body building categories in 2 organizations, and certified trainer. Hear Gerry Williams conversation with her today at 3:15 a.m., 12:13 p.m. and 5:49 p.m. on the WIHS Journal its NEWS AND PUBLIC AFFAIRS!

**Thursday:** Hear Part 2 of Gerry Williams conversation with 5 time pro athlete in 3 different body building categories in 2 organizations, and certified trainer, Cheryl Denise Smith - Davis. That's happening today at 3:15 a.m., 12:13 p.m. and 5:49 p.m. on the WIHS Journal it's NEWS AND PUBLIC AFFAIRS!

**Friday:** On today's WIHS Journal you'll hear about the hazards of school backpacks that are too heavy and cumbersome to be safely used by school children, some as young as grammar school. Dr Clifford Steele is a chiropractor that specializes in treating children with skeletal disorders. Hear this broadcast with Paul Kretschmer on the WIHS Journal airing today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

**Saturday:** The subject of today's WIHS Journal is the opioid crisis, this time from the perspective of member lawyers from the Connecticut Bar Association. Lawyers are concerned about the impact of opioids that results in court action by families and recovering victims. The WIHS Journal airs today at 3:15am; also at 12:15 & 5:10pm here on WIHS Middletown—Good News 4 Connecticut!