Tuesday: On today's WIHS Journal with Paul Kretschmer, you'll hear about a program that encourages volunteerism by members of the labor force at utility company Eversource. Participants can also apply for grants from the company that help non-profit organizations perform the work of their mission. Danielle Poulin (POOL-un) from Meriden is our guest today. The WIHS Journal airs at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local 24/7!

Wednesday: On today's WIHS Journal with Paul Kretschmer, hear about a program intended to help people give up and become clean and sober after being hooked on drugs. The program is called, "Just Pray No" and was started by Steven Sherman. The program began small in 2000 and now has a website and outreach around the globe. Hear the WIHS Journal at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local 24/7!

Thursday: World Vision sponsors in annual 6K walk for water for those in need abroad. Learn how you can be apart of this event locally when you hear Gerry Williams conversation with Denise Saylor. That's happening today at 3:15 a.m.; 12:13 p.m. and 5:49 p.m. on the WIHS Journal it's News & Public Affairs!

Friday: The passion And The Cross 2019 is in the books. Gerry Williams was on the scene for one of the five shows getting thoughts and comments from various attendees. Hear this and more today at 3:15 a.m., 12:13 p.m. and 5:49 p.m. on the WIHS Journal it's News & Public Affairs!

Saturday: Helping to cut College cost is the topic on today's Journal. Gerry Williams caught up with Elvin Turner who spoke about an event happening Saturday May 4th that will have expert panelist discussing what families can do to cut College cost. Hear this conversation happening today at 3:15 a.m. 12:15 p.m. and 5:10 p.m. on the WIHS Journal its News & Public Affairs!